## ARLINGTON LEARNING IN RETIREMENT INSTITUTE



# ALRI NEWSLETTER

FALL 2010 Volume 7, Issue 2

www.ArlingtonLRI.org



Volunteers are the lifeblood of ALRI. Without volunteers, there would be no courses, special events or clubs, no catalogs or newsletters. ALRI is always looking for new volunteers for all of its activities, but right now, there are particular needs to be addressed. None of these jobs involve a heavy or long time commitment, and in each case, there is someone who will "show you the ropes" until you're fully comfortable in your role.

The Academic Programs Committee works with our volunteer instructors to develop new courses and decide which courses to offer again, and searches out new instructors to fill unmet needs for courses in new subject areas. This committee meets about every two weeks for a six-week period in the fall (usually late September to mid-November) and for an eight-week period in the spring (typically early March through early May). Interested in serving on the committee? Contact either Bob Howe (bobjoanhowe@verizon.net) or Lee Nash (hometown30@verizon.net).

The **Information Technology** Committee is looking for volunteers with experience in web design to help redesign ALRI's website. Contact Stephen Spangler (stephen.spangler@gmail.com) if you'd like to contribute your expertise.

The **Membership** Committee is seeking volunteers for its functions: recruiting new members by staffing tables at the Arlington County Fair and other events, contacting persons whose memberships have expired and arranging venues and refreshments for the semi-annual course previews, the annual meeting and instructor/new member socials. Let Grace Schmitt (gracemarie1@comcast.net) know if you'd like to help.

Got a big smile, a positive attitude and a willingness to learn a few ropes? Then why not join the **Office Management Support** Team! This group staffs the ALRI office from noon to 3 p.m. Monday through Thursday, answering the phone, explaining ALRI to potential members who walk in or call, performing simple computer tasks (emailing, looking up info on our website and our database interface), mailing out letters using a postage meter, photocopying and some minor filing. One of our professional staff is always there or reachable by phone to help out. OMS needs people who can commit to one afternoon each week during the fall, winter and spring (the roster schedule is changed seasonally to accommodate changes in volunteers' schedules). Can't make a commitment to help out every week? Then consider volunteering as a sub to fill in on an occasional basis. Get in touch with administrator Donna Banks (ALRI@ArlingtonLRI.org) if you'd like to help.

The **Publications** Committee is seeking a new **managing editor** for the twice yearly newsletter. No, this position *doesn't* require writing copy, taking photos or designing graphics. We have a wonderful group of volunteer writers, copy editors, proofers and photographers to choose from (though new volunteers in these areas are welcome, too!). The newsletter managing editor is a grand "traffic cop" who devel-

(Help Needed continued on page 10)



## **President's Note**

Thanks to all of you who participated in the annual ALRI membership meeting back in June. As always it was a great opportunity to see and visit with fellow members. So was the fall course preview in September, which drew over 120 attendees. The instructor-speakers did an excellent job of promoting their courses which, I'm sure, helped to boost registrations.

A particular highlight was the attendance of Dr. Pat Murphy, superintendent of Arlington Public Schools, who spoke on the continued growth in student numbers, the need to improve facilities and the ongoing support to help teachers improve and update their knowledge and skills. The superintendent is a strong supporter of ALRI.

During the next months your board will be working to revamp the ALRI website and to employ other electronic media to appeal to the "new 50s" in our community, increase our general presence around the region and solicit new members. As I noted during the annual meeting, we are also looking to redesign our logo and perhaps make an adjustment to our name. If any of you have experience in any of these areas and would like to add your knowledge/skill to these endeavors, just send an email to Grace Schmitt, gracemarie1@comcast.net, noting your interest and how you can be contacted.

I look forward to seeing you in class.

— John Sprott



## Staff Corner: Office Move at CEC

This summer ALRI received an offer we couldn't refuse: more space in an

office in the Arlington Public Schools' Adult Education suite in the Clarendon Education Center, in exchange for the conversion of the old office (room 304) into a new classroom. Hmmm. Win-win for ALRI. So we took it!

Our new space in Suite 306 is located directly behind the adult ed reception area opposite the elevators on the third floor of the CEC. This open door area allows easy contact with our members and with the APS staff who support our program. It is also adjacent to the mail room and photocopying machines we have been using for over seven years. Donna Banks, our administrator, continues to work from this office, along with our staunch Office Management Support volunteers.

There is dedicated space for our publications volunteers, a locking storage room and a small conference room. The office has large windows facing the trees lining North Edgewood Street and on east to D.C. Please come by and visit us at our new quarters.

Office hours at 2801 Clarendon Boulevard: staffed from 10 a.m. to 3 p.m., Mondays through Thursdays. Closed most holidays. See the ALRI calendar on our website for specific dates. You may reach ALRI staff and volunteers by phoning 703-228-2144 or emailing ALRI@ArlingtonLRI.org.

– Marjorie Varner



Donna Banks in ALRI's new office

## **ALRI Awards First Scholarship**

A Wakefield High School graduate received the first annual ALRI scholarship at the Arlington Community Foundation's annual scholarship awards ceremony in early June.

ALRI President John Sprott and Vice-President Jack Royer presented the \$1,000 scholarship to Travis Snider, who now majors in applied computer science at George Mason University. More than 200 attended the ceremony at Kenmore Middle School, including the superintendent of Arlington Public Schools and many civic leaders.

The Community Foundation administers the ALRI scholarship program and uses ALRI's criteria to select among applicants from Arlington public schools. Candidates are evaluated on financial need and community service, with special consideration given for service that benefits elders. Through an Eagle Scout project, Snider oversaw the interviewing of 25 World War II veterans, recording of their stories and submission of the stories to the Library of Congress for the library's veterans' history project.

The ALRI scholarship was endowed with an



From left: Jack Royer, Travis Snider, John Sprott

initial \$10,000, which the foundation invests. ALRI members donated over \$1,000 to the fund last year. The institute currently awards only one scholarship annually but will be able to consider additional, or longer-term, awards as the fund grows.

ALRI members may make tax-deductible contributions to the scholarship fund to help maintain and expand the program by sending a check to ALRI with a notation that the money is for the ACF scholarship. – Jack Royer

## In Fall, Spring Class Roster Takes Form

While most of us are still focused on our fall classes, members of ALRI's Academic Program Committee, looking ahead to 2011, have nearly completed the spring course schedule. In February you'll receive the result of their work – the catalog with the complete listings – and have a chance to meet with class instructors at the class preview. Spring classes are scheduled to begin March 7.

One of the new courses will be "The Post-Carbon Era," taught by Tom Whipple. He is a retired CIA analyst who edits a newsletter for the Association for the Study of Peak Oil. For the past five years he has been writing a weekly newspaper column exploring many aspects of the coming crisis. He is also a fellow of the Post Carbon Institute, which researches the transition to a world without carbon fuels.

Many regular instructors will be returning, including Dr. Tom Connally, whose classes on medicine help students stay on top of a fastmoving field, and Karl Van NewKirk, who teaches about Arlington's history with tours to a variety of sites. If you missed Sarah Park's class on estate planning, she'll be teaching it again in

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## Members Visit Pompeii

Once a year the Travel Club tries to do a "big" trip, open to all ALRI members and instructors. In 2010 the club took two trips – to Central America in February and to Pompeii in May.

Club members made their own travel arrangements for the Pompeii trip, meeting up in Naples, where member Joanne Jones had made hotel reservations. We spent the following day at the National Museum

touring the Pompeii finds. Tom Wukitsch, who led the trip and taught the ALRI class on Pompeii, was a wonderfully knowledgeable guide through the various collections. We became very aware of the benefit of moving delicate art objects into a museum and thereby protecting them from the ravages of the weather.

We spent only one day in Naples, but a week in Pompeii, including three full days touring the archeological site. The art, architecture, history, politics, economics – we covered it all. From Pompeii we visited Herculaneum, Oplantis, Stabiae and Boscoreale to see Roman villas varying from a small farm-type to a large "royal" villa.

> We could not find a commercial tour package that resembled this trip. Most group tours visit Pompeii for a day or less and exclude the other towns and villas. We owe a huge thanks to Tom for including these sites and explaining their importance.

After the planned trip, we took off in different directions. One couple went to discover their Italian family roots, another to see friends living in Rome. Connie Collins and Marlene Platt went to Paestum (old Roman ruins, in great condition) and to Capri.

- Lois Chadbourne

## The Route of the Maya

Between the two major snowstorms last February, an ALRI Travel Club group left on a two-week trip to

Guatemala, Honduras and Belize, exploring "The Route of the Maya." The ruins in Copan, Tikal, Yaxha and Lamanai provided glimpses of the elaborate temples, magnificent pyramids and intricate carvings of the ancient Mayan world.

Our visits to colorful markets, museums and churches, a visit to an elementary school and lunch with a local family provided a glimpse of modern life. Extra excitement was available for those who went on the hanging bridges and zipline tour, and for a few who went to see an active volcano and got a closer look than intended! A grand adventure, made even better by the chance to travel with congenial friends.

- Sharon Schoumacher

## Club Members Head to Spain



Looking for a snowfree vacation in February? The ALRI Travel Club's next trip leaves on February 9 for two weeks in Spain. This trip, called "Classic

Costa del Sol," is with Grand Circle Travel and costs \$1,995, including airfare. For more information call 1-800-597-2452, option #2, providing Group # G121406. Further details are available on the web at www.gct.com/cba.





## Jeannie Sprott: The Katharine Graham of ALRI

Despite all efforts to resist – "I told my husband I wasn't getting involved!" – Jeannie Sprott had a clear sense of direction for ALRI from its earliest days in 2002.

Drawn in when husband and ALRI President John Sprott needed help, Jeannie subsequently had a hand in all aspects of the organization. At various points she wrote the newsletters, co-chaired the former Public Relations Committee, co-chaired the Membership Committee, and, since 2006, established and then led the Publications Committee. Jeannie stepped down from the Publication Committee in June, but remains as co-chair emerita at the request of her successors, Dick Juhnke and Mildred Patterson.

"We in turn salute Jeannie for her far-sighted vision that helped ALRI become the dynamic community of learning that it is today"

Jeannie recalls when there was no ALRI office and everyone associated with

ALRI's various outreach efforts worked from home. Because there was so little connection among the volunteers, when they moved away, they often forgot to pass along their knowledge and contacts, leaving ALRI to reinvent its policies and procedures.

By 2006, Jeannie saw the need for more consistency and coherence as well as for just one committee to oversee all of ALRI's publications. She recruited volunteers with key skills, drafted the oper-



ating procedures and developed today's Publications Committee. She found this satisfying because "the people on the committee made the difference."

Looking back, Jeannie says that the speed at which the ALRI concept caught on in Arlington and the growth of its membership surprised her most. "I never expected the membership numbers to take off so fast." She also continues to be impressed by the commitment of the instructors to their courses and to ALRI.

Having accomplished her long-time goal of replacing herself on the Publications Committee, Jeannie leaves the ALRI Board proud of ALRI's attractive catalog, newsletter and brochures and of the structure she put in place to produce them.

"We in turn salute Jeannie for her far-sighted vision that helped ALRI become the dynamic community of learning that it is today," say publications co-chairs Juhnke and Patterson.

## **Another Semester Underway**

More than 569 members registered for class this semester; 528 enrolled in the spring semester. Some 18 instructors spoke to the 120 ALRI members at the September class preview, which helped members make their class decisions and gave them a chance to socialize. Joe Furgal took these photographs at the preview.



(Class Preview continued on page 10)

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# ALRI at a Glance

## **GENERAL INTEREST**

Thursday, Nov. 11 – CEC and ALRI offices closed.

Wednesday, Nov. 24, through Friday, Nov. 26 – ALRI offices closed.

Friday, December 17 – Fall semester ends.

Monday, Dec. 20, through Friday, Dec. 31 – ALRI offices closed.

Monday, Jan. 17, and Tuesday, Jan. 18 – ALRI offices closed.

**Saturday, Feb. 5** – Spring course preview at Washington-Lee High School. See details on website or in catalog.

Monday, Feb. 7 – Online class registration begins at 10 a.m.

Monday, Feb. 21 – ALRI offices closed for President's Day.

Monday, Mar. 7 – First class in spring semester begins.

## **SPECIAL EVENTS**

*To register for special events*, go to ArlingtonLRI.org, call 703-228-2144 *or* email ALRI@ArlingtonLRI.org

**Wednesday, Nov. 10 – Society of the Cincinnati Tour**. Anderson House, 1:30 p.m. Registration required. Small donation. Limit 15.

**Friday, Nov. 19 – Grass Roots – African Origins of an American Art.** National Museum of African Art, 10:30 a.m. Registration required. Free. Limit 25.

**Monday, Nov. 29 – Issues in Contemporary Islam**. Arlington Central Library, 3:00 p.m. No registration required. Free. All are welcome.

**Friday, Dec. 3** – **Word, Shout, Song!** The Smithsonian Anacostia Community Museum, 11:00 a.m. Registration required. Free. Limit 15.

Thursday, Dec. 9 – Willard Hotel. Willard Hotel, 4:30 p.m. This event is FILLED.

**Saturday, Dec. 11 – Encore Chorales: Welcome the Most Wonderful Time of the Year**. Kenmore Middle School Auditorium, 3:00 p.m. No registration required. Free. All are welcome.

**Friday, Dec. 17 – Telling Stories – tour of the Norman Rockwell exhibit.** Smithsonian American Art Museum, 2:00 p.m. Registration required. Free. Limit 15.

## **CLUBS**

**Book Club.** Alternating months at Arlington Central Library, 1:30-3:30 p.m. For information contact Marge Alia (noting ALRI Book Club in subject line) at Malia04@comcast.net.

**Breakfast Club.** Wednesdays, 8 a.m. at La Madeleine at Bailey's Crossroads, intersection of Columbia Pike and Rt. 7 (Leesburg Pike). Contact Karen Cavanaugh at kcavanaugh6@verizon.net.

**Bridge Club.** Monthly on irregular schedule in members' homes. Contact Bernice Foster at fosterbf@aol.com.

**Cinema Club.** Monthly on an irregular schedule. Contact Leanne Peters at peterslp@aol.com or Janice Yeadon at jnyeadon@hotmail.com for next movie date and details.

**Current Issues Club.** Third Tuesday of every month, 1:30 p.m., Lubber Run Community Center. Contact James Walsh at 703-920-1709 or walsh22204@aol.com.

**Ethnic Lunch Club.** Usually the last Thursday of each month. Call ALRI, 703-228-2144, and leave message for coordinator Arlene Kigin.

**Travel Club**. Monthly on first Wednesday, 2:30 p.m., Langston Senior Center, 2121 N. Culpepper St., Arlington. For information contact Sharon Schoumacher at 703-522-9014 or Sharon@earthwave.net.

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## **SPOTLIGHT ON INSTRUCTORS**



## Iska Alter: A Passion for the Bard

"A chance to have fun" is one reason Dr. Iska Alter is enthusiastic about teaching at ALRI. Teaching is an opportunity to convey enthusiasm for one's subject matter to a captive audience. Because adults have a level of experience in life and intellectual development that brings a "deeper, broader range of thought to any material," she can talk *with* her ALRI students, not *at* them.

Alter views ALRI's role as a valuable one. Too often, the older one gets, the more likely one is to be dismissed as unable to keep up with a changing world, she says, and seniors are somehow regarded as old-fashioned, less competent, satisfied with what they already

know. ALRI disproves such assumptions. First, the courses allow seniors to continue to learn about the way the world works-from politics to policy, from the arts to the sciences-and, second, the very existence of ALRI indicates the extent to which members see themselves as part of that world.

This semester Alter teaches "All You Need Is Love. Or Not: Romeo and Juliet, Troilus and Cressida, Antony and Cleopatra." Her earlier ALRI courses were on Shakespearean topics and the short story. Alter has a particular passion for Shakespeare that began early in her career and evolved from her dual interests in literature and history. Studying Shakespeare has allowed her to combine those interests. For example, in her scholarly work, she has studied Shakespeare on the Yiddish stage, an opportunity to blend her interest in Jewish history with her love of "the bard."

Alter is emerita professor of English at Hofstra University, where she taught for many years. Watching undergraduates mature both personally and intellectually during their college years has been one of her greatest rewards.

- Peggy Stearns

## Andrea Farsakh: A First in Saudi Arabia

As instructor for "Issues in Contemporary Islam," Andrea Farsakh, draws on almost 35 years' experience with the Mideast as an academic and a Foreign Service Officer.

Fluent in Arabic, Farsakh was the first woman in the Foreign Service to serve as a political officer in Saudi Arabia and only the second female officer to serve in the Kingdom when she arrived in Dhahran in 1978. Other assignments included the United Arab Emirates, Egypt and Tunisia. Since retiring in 2001, Farsakh summers on the Israeli-occupied West Bank, where she has a home with her husband, a Palestinian-American.

She considers her role in the Oslo Agreement between Israel and the Palestinians in 1993 the most significant achievement of her 25-year career. She



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#### (Instructors continued from page 7)

was the embassy's principal interlocutor with the PLO and therefore the chief liaison for the U.S. with the PLO and its leaders in Tunis then. Her final assignment was with the Office of Inspector General, and since retirement she has worked with that office, as well as on the Iraq, Afghan and Kuwait/Bahrain desks and the Future of Iraq Project. She travels and works widely in the Middle East, including Turkey, to study Middle East affairs and to attend lectures and conferences. In 2009, she taught an ALRI course on Islam. Earlier, she lectured on Israel-Palestine for the Global Hot Spots course. In addition, she lectures for the American Foreign Service Association, speaks to church groups in Ft. Wayne, Ind., and Washington, D.C., and lectured on a wide variety of subjects at the Sarasota, Fla., Institute of Lifetime Learning (SILL).

Farsakh earned a BA in political science cum laude from Mt. Holyoke College, received an MA in Arab Studies from the American University of Beirut and completed all but the dissertation for a PhD in Islamic Studies at the Hartford Seminary Foundation. She also taught at Central Connecticut State College, the University of Hartford and the Hartford Seminary Foundation.

- Susan Lively

## **Eldor Pederson: Reaching Out**

As a university professor, Dr. Eldor Pederson taught urban geography and urban studies with a specialty in urban transportation. Since retiring, however, he has explored an eclectic variety of interests and taught about two of them – South America and pilgrimages.

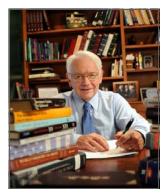
Pederson's interest in South America goes back such a long time that he isn't sure how or why it started. His pursuit of a greater understanding of South America includes spending a lot of time there, most recently a month in

Peru. He reads a daily Buenos Aires newspaper among other regional papers online, and he monitors media sources for information related to his interests. He is attempting to build greater fluency in Spanish by traveling to Spanish-speaking countries in and outside of South America.

This semester at ALRI Pederson is teaching "South America's Southern Cone in the World Economy." The course considers geographic, social and economic conditions in Argentina, Bolivia, Chile, Paraguay and Uruguay and how they link to the global economy. This is his second time teaching the course. He taught it last year at the Osher Lifelong Learning Institute (OLLI) in Fairfax – and looks forward to using lessons learned from that session to make this second go-round even better.

Pederson's first course for ALRI, in fall 2009, was "Pilgrimages," a look at the concept of religious pilgrimages among various religions and populations.

- Peggy Higgins



## Peter N. Stearns: Historical Passions

Some have a single lifelong passion. Some follow rabbit trails, finding passion for new and different interests at almost every turn. Dr. Peter N. Stearns, provost and history professor at George Mason University, has followed trail after trail in social history, a field he helped promote by founding the *Journal of Social History* in 1967.

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#### (Instructors continued from page 8)

These many paths have led him to write or edit more than 100 books about social and cultural history, from surveys of world history and the industrial revolution to books on modern American parenting, emotions and bodies and beauty in Western society. "I like trying to identify continuing life issues and focusing historical perspective on them," he says.

Among his proudest career achievements: developing the history of emotion, spreading the movement for teaching world history and establishing the journal.

Stearns also likes being in the classroom, where he finds a sense of excitement crucial for success. He sees teaching as a conversation, with discussion contributing to a good class. Besides GMU, he has taught at Harvard (his alma mater), the University of Chicago, Rutgers and Carnegie Mellon.

Despite his responsibilities as provost (a position he has held for 11 years) and his research and writing, Stearns teaches each semester, either graduate students or a freshman class in world history. "I like freshmen," he says. "I like seeing them move along, and seeing that it makes a difference."

Yet, at the other end of the spectrum, Stearns likes the dynamics of teaching at ALRI and the lifelong learning institute in Fairfax. (His first acquaintance with such institutes came at Carnegie Mellon.) "It's a pleasure," he says. "The students are intelligent and alert, they come from a variety of backgrounds, and they participate in the discussion."

Last year he taught an ALRI class on "History of Globalization," and he'll be back on the 2011 schedule with another class.

- Jody Goulden

## **Dave Rudgers: A Different Perspective**

A retired CIA analyst who covered Latin America, Dave Rudgers teaches "The Geopolitics of the Ancient Middle East," a course offered in the spring semester for the last few years and updated



each year.

Rudgers' interest in this period dates from watching Biblical epic movies as a youth. He eventually developed a class that became Bible education, then turned it into his ALRI course. (The course was originally titled "The Geopolitics of the Bible," but he changed it to reflect the fact that the content is secular, not religious.)

After working as a staff archivist at the National Archives, Rudgers – who has a doctorate from George Washington University – spent 22 years at the CIA, first as an editor, then for his last 12 years as a senior intelligence analyst.

His most significant achievement as a scholar was writing the book *Creating the Secret State: The Origins of the Central Intelligence Agency,* 1943-1947, published in 2000 and described by a reviewer as "an accu-

rate and balanced account that brings America's undercover army in from the cold and out from under the cult of personality. An indispensable resource for future studies of the CIA, *Creating the Secret State* tells the inside story of why and how the agency was called into existence as it stimulates thinking about its future relevance in a rapidly changing world."

An ALRI student as well as instructor, Rudgers is currently enrolled in three courses. But a changing work schedule sometimes interferes with his class attendance. (He was hired as a part-time visitor services representative at the Newseum in 2008, after serving as a volunteer at the Newseum when it was in Rosslyn.)

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#### (Instructors continued from page 9)

He's reluctant to teach about the contemporary Middle East, he says, with so many experts in this area, but he likes his subject and tries to pass on his enjoyment and interest to others as he shares his knowledge.

Teaching at ALRI is a particular pleasure, he adds, because of seeing retirees showing interest in various subjects and wanting to exchange ideas. So he teaches what he calls his low tech course, using maps and blackboard, with his philosophy that "everyone is entitled to my opinion."

– Mike Leber

#### (Help Needed continued from page 1)

ops a schedule, seeks ideas for articles and parcels out the writing and editing assignments. The entire newsletter production process is spread out over roughly a six-week period in the early fall and early spring. Contact Dick Juhnke (rjuhnke1@verizon.net) or Mildred Patterson (MildredAPatterson@comcast.net) to help.

The **Special Events** Committee, which organizes all sorts of lectures and local tours, is looking for new people and new ideas for events. This committee meets monthly, and members take turns serving as coordinators of particular events. Contact Earle Young

(efyjr@metronets.com) if you'd like to contribute to this committee.

In addition to these standing committees of

ALRI, the board is organizing a **Social Media Task Force** to look into the use of social media such as blogs, Facebook, Twitter, YouTube, webcasts and other communication technologies to reach out to our members, potential members and others interested in our programs and activities. The task force is looking for volunteers who have expertise in social media. Contact Grace Schmitt (gracemarie1@comcast.net) if you'd like to participate in this task force.

And if you'd like to get more involved in ALRI through volunteering, but don't see yourself fitting into any of these slots, please get in touch with Grace Schmitt (gracemarie1@comcast.net) and let her know your interests. Likewise, if you're already volunteering and have a problem you can't resolve, she will help you sort it out.

– Dick Juhnke



(Class Preview continued from page 5)

(Academic Committee continued from page 3) the spring. John Barclay Burns, who teaches "Abraham's Children: Jews, Christians and Muslims" this semester, will be back with a course on religion in literature.

To prepare for a semester of classes, the academic committee meets four to six times. Each committee member uses personal contacts and member recommendations to find instructors. Frequently an instructor will volunteer to teach without prior contact. As a group, members discuss the appropriateness of each proposed course for the ALRI audience and its potential interest to members.

Bob Howe and Lee Nash co-chair the academic committee. Other members include Jerry Greenwald, Joan Reed, Sharon Schoumacher, Bernie Alter, Georgia Lindroth, Connie Collins, Joanne Gibson, Herb Weinstein and Eileen Doheny.

**ALRI welcomes 128 new members** who have joined between October 13, 2009, and September 21, 2010. They bring ALRI membership to 616. The names of the new members follow.

Michael H. Anderson Frank M. Applin Catherine B. Applin Gale E. Baker Helene T. Beale John P. Becker Michael W. Bell Patrick Bogenberger Jackie Borgel Kit Britton Harriette U. Brown Judith S. Burkitt Patricia J. Callahan Jeanette E. Calland Andrew J. Callegari Mary Callow Margaret Carpenter Marian Carter Donna V. Cartwright Susan M. Cheatham Margaret S. Church Frederic Clarke Emma Clay Ronna J. Cook Virginia Cooper Charlotte Cromer Paul D'Addario Patricia A. Dalby Susan D. Dawson Peggy S. Day Joseph L. Deering Anne H. Di Capua Jane A. Dixon Dan R. Dixon Ralph Driscoll Helene G. Ebrill Fred C. Edwards Robert E. Eland John Elligers Sandra Elligers Constance W. Elsberg **Evelyn Englander** Thomas J. Falvev Marcia L. Fine-Maron Dolores M. Fitch Virginia R. Franco Jackson Fray

Marilyn Gaizband Natalie T. Ganley Paula Garner Ellen E. Goss Nancy A. Gray Peggy L. Halpern Wentworth Harned Barbara Blandford Helm Chervl Herndon Janine Hornicek Hazel B. Houston Pauline C. Howard Maxine Jackson Christine P. Jones Kerry L. Jones Angela Karban Don Karban Dean L. Kauffman Marilvn A. Keel Mildred A. Kozar Nancy Zoe Kula Beverly C. Laub Margaret V. Lee Laura B. Lewis Joan Madden June Malina Devra Massey Milagros Mateu Judy McDowell Laurene T. Mckillop Elizabeth E. McPherson Christine Milliken Eliseo Morales Margaret M. Mulhall Carolyn Muse Catherine M. Nemmert Geroline I. Newstead Ellen E. Notar Russell C. Notar Elizabeth Onesty Susan J. Osburn Robert N. Panfil Mary F. Pankin Karen L. Peterson Douglass E. Post Edward Rader Vang Ramp

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#### **Arlington Learning in Retirement Institute**

Write to us: Adult Education Program/ALRI 2801 Clarendon Blvd., Suite 306 Arlington, VA 22201 Voice: 703-228-2144 E-mail: ALRI@ArlingtonLRI.org Website: www.ArlingtonLRI.org We welcome your articles, questions, and suggestions. Editor: Jody Goulden Writers: Lois Chadbourne, Jody Goulden, Peggy Higgins, Donna Howell, Dick Juhnke, Susan Lively, Mike Leber, Mildred Patterson, Jack Royer, Sharon Schoumacher, John Sprott, Marjorie Varner Copy Editor: Ann Kurzius Proofreaders: Jody Goulden, Dick Juhnke Photographers: Joe Furgal, Marjorie Varner Desktop Publishing: Carolyn Gosling, Margaret Susank

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## **VCVDEWIC EBEEDOW FOLICY**

As a learning organization, ALRI subscribes to the American Association of University Professors (AAUP) principle of Academic Freedom: "All views should be respected regardless of their conformance with generally, or currently, accepted views."

## Arlington Learning in Retirement Institute

ALRI offers college-level noncredit daytime courses, lectures, special events and activities to help meet the continuing educational and social needs of any interested persons over 50 years of age. ALRI is supported, governed, and financed by its members. ALRI is a non-profit, equal opportunity organization without regard to gender, race, color, religion, national origin or disability.

Affiliations: George Mason University, Arlington Public Schools Career, Technical and Adult Education Program, Arlington County Office of Senior Adult Programs, Sunrise Senior Living at The Jefferson, Marymount University, Elderhostel Institute Network