



# Spring 2008 Course Catalog





703-228-2144 www.ArlingtonLRI.org

### Arlington Learning in Retirement Institute

#### **BOARD OF DIRECTORS**

John Sprott Jack Royer Bob Gibson Ann Wolfe Henry Brown Robert Howe Joan Reed Carolyn Gosling Richard Barton Jerry LaRusso Gary Lee Marti Conlon Jeanne Sprott Cindy Hatcher President Vice President Vice President, Registrar Secretary Treasurer Academic Programs Co-Chair Academic Programs Co-Chair Class Aides Chair Class Aides Chair Community Advisory Council Chair Information Technology Support Chair Membership Co-Chair Membership Co-Chair Publications Chair Special Events Chair

Administrator

Marjorie Varner

#### **COMMUNITY ADVISORY COUNCIL**

Mrs. Ellen Bozman The Honorable Robert H. Brink Mr. Joseph B. Bruns Dr. James E. Bundschuh The Honorable Karen Darner The Honorable Barbara Favola The Honorable David M. Foster Mrs. Delores Leckey Mr. Scott McGeary Mr. Michael Morton Dr. Kenneth C. Rogers Dr. Robert G. Smith Dr. Alfred O. Taylor Mr. Stanley E. Taylor The Honorable Richard E. Trodden The Honorable Mary Margaret Whipple Dr. Joseph S. Wholey The Honorable Frank K. Wilson

ALRI is a 501(c)(3) nonprofit organization.

ALRI Catalog Spring 2008





# Spring 2008 Course Catalog

Arlington Learning in Retirement Institute

2801 Clarendon Boulevard, Suite 306 Arlington, VA 22201 Phone: (703) 228-2144 Email: ALRI@ArlingtonLRI.org Website: www.ArlingtonLRI.org

Copyright © 2008 Arlington Learning in Retirement Institute. All rights reserved.

ALRI Catalog Spring 2008

# ALRI Course Catalog Spring Term 2008 Table of Contents

Board of Directors	
Community Advisory Council	Inside Front Cover
Course Offerings by Category and Number	3
General Information	4
Spring Term Courses	7
Fine Arts, Theater & Music	7
Health & Wellness	11
History	12
Law, Politics & Political Affairs	
Literature & Writing	23
Science & Technology	24
Social Sciences	27
Membership Application/Course Registration Form	
Online Registration Instructions	
Open House Announcement	35
Volunteering as a Class Aide	
Special Events	
Clubs	
Volunteers	40
Locations, Maps and Directions to ALRI Course Sites	41
Courses by Calendar View	Inside Back Cover

# Course Offerings by Category and Number—Spring 2008

Category	Short Title	Day	Start Date	End Date	Start Time	End Time	Site	Course No.
	Folk Music in America	Wednesday	April 16	May 21	1:00	2:30	MAD	103
Fine Arts,	Behind Footlights in Arl.	Monday	March 10	April 28	11:00	12:30	Various	110
Theater	Italian Renaissance Paint	Monday	March 3	April 21	10:30	12:00	GMU	115
& Music	Ragtime	Monday	April 14	May 5	1:00	2:30	GMU	124
Health &	Estate Planning Secrets	Friday	March 7	April 11	9:30	11:00	GMU	205
Wellness	Health Care over 65	Tuesday	April 1	April 22	10:00	11:30	GMU	215
	Ancient Egypt	Thursday	March 6	May 8	9:30	11:30	JEF	303
	Arlington History	Thursday	April 10	May 22	3:00	4:30	Various	305
History	Foods from the Americas	Monday	March 10	April 14	1:00	2:30	CEC	307
	War Along Shenandoah	Tuesday	March 4	April 29	3:00	4:30	CEC	315
	Civil War Background	Monday	April 14	May 5	10:30	12:00	CEC	320
	Geopolitics Biblical Times	Thursday	April 3	May 8	1:00	2:30	GMU	323
	US Submarines in WWII	Tuesday	March 4	May 13	12:30	2:30	CEC	324
	Virginia in the Revolution	Wednesday	March 5	April 2	9:00	10:30	MU	325
	The Bill of Rights	Thursday	March 13	April 10	1:30	3:00	MAD	402
Law,	Russia's Energy Policies	Friday	March 7	May 2	3:30	5:00	GMU	405
Politics &	Federal Reserve System	Monday	March 3	April 14	10:00	12:00	JEF	408
Political	The Middle East Crucible	Friday	April 18	May 23	10:00	11:30	GMU	410
Affairs	Global Hot Spots	Thursday	March 13	May 8	11:00	12:30	GMU	412
	China	Thursday	April 3	May 8	9:00	10:30	GMU	420
	Conflicts in Africa	Tuesday	March 4	April 1	2:00	3:30	WRC	425
	Church-State Issues	Friday	March 28	May 2	10:30	12:00	CEC	430
Literature	Art in Shakespeare	Wednesday	March 5	April 23	1:00	2:30	GMU	506
& Writing	Writing About Your Life	Wednesday	March 19	April 30	10:00	12:00	WETA	515
	Israel's Kings & Prophets	Wednesday	April 9	May 14	9:30	11:00	MU	525
Science & Tech- nology	Naturalist's Tour Arlington	Wednesday	March 26	April 30	1:00	3:00	Various	603
	Environmentally Friendly	Wednesday	March 5	April 23	10:00	11:30	FCC	611
	Profession of Engineering	Thursday	March 27	May 1	10:00	12:00	WETA	612
	Meet the Invertebrates	Thursday	March 6	April 24	1:00	2:30	WETA	615
	Science in Government	Wednesday	March 5	May 7	1:00	2:30	PI	616
Social Sciences	The Post Covers Politics	Wednesday	March 12	April 30	10:00	11:30	CEC	703
	Science and Philosophy	Tuesday	April 8	May 13	2:00	3:30	WRC	710
	How Arlington Works	Thursday	March 20	May 8	10:30	12:00	CEC	712
	Generosity and Altruism	Wednesday	March 12	April 2	10:30	12:00	CEC	718

# **GENERAL INFORMATION**

### WHAT IS ALRI?

The Arlington Learning in Retirement Institute (ALRI) is a 501(c)(3) nonprofit volunteer organization offering a wide variety of college-level noncredit courses, lectures, special events and activities to help meet the continuing educational and social interests of anyone over age 50 regardless of residence location. ALRI is governed, supported and financed by its members.

Our volunteer instructors—retired or working professionals—create a stimulating learning environment through an exciting array of subjects. No tests, no requirements. Members explore new ideas and develop new friendships inside and outside of classrooms.

ALRI obtains classroom space and other assistance through its association with George Mason University, Marymount University, the Arlington Public Schools Adult Education Program, Arlington County's Senior Adult Program, Sunrise Senior Living at the Jefferson and WETA. It is also affiliated with The Elderhostel Institute Network.

#### **VOLUNTEER OPPORTUNITIES**

#### COMMITTEES

Member involvement is essential to ALRI, an open, all-volunteer organization. While participation is certainly not mandatory, members are encouraged to join any of ALRI's committees to help plan future events and lectures, to develop ideas for courses and/or to teach courses themselves and to support our administration. The fellowship and accomplishments from these volunteer activities are self-enriching and benefit the entire membership.

#### CLASSROOM AIDES

Classroom aides provide an essential interface between other ALRI volunteers, instructors, the ALRI Administrator and class attendees. By serving in this capacity for a course, members also gain an excellent opportunity to participate in ALRI affairs. In recognition of this tremendously important responsibility, ALRI covers aides' parking expenses while they assist their classes. Class aide functions include communicating ALRI information to the instructors and their fellow class participants and assisting instructors with their equipment and copying needs. There is space on the Membership/Registration form to volunteer for this activity. See page 36.

### **BECOMING A 'FRIEND OF ALRI'**

Members, friends and organizations can support ALRI with financial gifts. All contributions will go toward building a solid underpinning for the Institute. These funds help ALRI acquire classroom equipment – and may help acquire space in the future. Since ALRI is a nonprofit 501(c)(3) organization, any donation is a charitable contribution deductible from income taxes to the full extent permitted by law.

### **ALRI ACTIVITIES**

#### SEMESTER-LONG COURSES

Classes are scheduled Monday through Friday, 9 to 5. Classes meet once a week from 1 1/2 to 2 hours and the courses last from 4 to 10 weeks. Class sizes generally range from 6 to 25. Courses take place at several Arlington locations as listed later in this catalog. Refer to the maps and locations in the back of this catalog for transportation and parking options.

#### **OPEN HOUSE**

ALRI holds an open house before each semester where many of the instructors describe their course material. It's a great opportunity to choose courses for the new term. Nonmembers with a possible interest in joining are invited. See page 35 for more information.

#### SPECIAL EVENTS

Special events for ALRI members throughout the year include tours, lectures, concerts and other activities. They offer opportunities to join in small-group excursions and to expand intellectual and cultural experiences in the DC area. Advance announcements allow members to coordinate their schedules. See page 37 for upcoming activities.

For the most up-to-date information and to register for member-only events, go to the ALRI website www.ArlingtonLRI.org.

#### CLUBS

ALRI encourages establishing educational and social clubs within the organization as a means of promoting lifelong learning and personal growth. Club membership is open to all ALRI members in good standing. There are currently six active clubs: Travel, Cinema, Bridge, Book, Ethnic Lunch and Current Issues. More information on page 39. Visit the ALRI website for details.

#### **ANNUAL MEMBERSHIP MEETING**

ALRI holds an annual membership meeting, normally in June, to elect Board members from a slate of candidates prepared by the annual Nominating Committee and to discuss future courses and events.

#### **ALRI MEMBERSHIP**

ALRI membership is \$55 per year beginning the first month in which the dues are paid. The membership fee is nonrefundable. All memberships are individual; each family member must join separately. ALRI is a nonprofit 501(c)(3) organization. The membership fee is a charitable contribution deductible from income taxes to the full extent permitted by law. Only ALRI members may register for a course, special event, or club. **NOTE: Your membership expiration date is printed on the address label of your catalog for your convenience.**  ALRI encourages the use of its website for online membership processing (see page 33).

However, for those who prefer to mail in or to hand-deliver their check or credit card payment, a printable Membership/Registration Form is available on our website and on page 32 of this catalog.

#### COURSE REGISTRATION PROCEDURES

Only ALRI members may register for a course. The fee for each course is \$45. See page 33 for information on using the online process. Unless registering online, the membership/registration form, accompanied by check or credit card information, should be mailed or delivered to the address on the form.

Acceptances will begin February 7 for both online and paper registrations. The online course registration fields will be locked until 9 AM on February 7. Course registration requests may be mailed as soon as the spring catalog is online. Registration requests received prior to February 7 will be processed randomly that day. Requests received thereafter will be processed in the order received. No phone registrations are accepted. Late registration may be possible with the permission of the instructor. Current registration levels are posted on the Course Availability page on the ALRI website: www.ArlingtonLRI.org.

### **NOTIFICATION AND REFUNDS**

#### Notification

Members who register online receive an immediate confirmation message on the payment screen along with a confirming e-mail notification. Registration acceptance letters will be sent to those who mail or deliver their course registrations.

#### **Refunds and Transfers**

The course fee for any oversubscribed or otherwise closed course, or for a course for which ALRI makes a schedule or location change that prevents or limits the student's attendance, will be refunded in full or applied to an alternate course at the member's option. Members desiring to withdraw from a course may enroll in an alternate course in which there is an opening or receive a full refund of the course fee if a written request (mail, email, or phone with immediate written follow-up) is received by ALRI at least one week before the course begins. For withdrawal requests received after this time, but within two working days after the first class meeting of the course, the member may apply the course fee to an alternate unfilled course or have it refunded, minus a \$10 service charge.

### INCLEMENT WEATHER POLICY – OTHER SPECIAL CLOSINGS

Cancellation policies related to inclement weather or other civil emergencies vary from site to site. In general, classes scheduled to begin after delayed openings will take place as scheduled. Your class aide can provide further information at the outset of each course.

To learn the most up-to-date information:

- Listen to the radio or watch television
- View Arlington Cable
- Go to www.arlington.k12.va.us
- Call the APS toll-free hotline at: 1-866-322-4APS (277)
- Call GMU at 703-993-1000 or access
  www.gmu.edu

Other rare cancellations or postponements because of special circumstances, such as instructor difficulties, will be announced by email (and telephone if necessary) in advance of the class.

#### ADA COMPLIANT FACILITIES

All ALRI sites have facilities that meet ADA Standards. If a member experiences disabilityrelated difficulties in class participation or has other concerns, he or she should contact the classroom aide or call ALRI.

#### **VISITOR POLICY**

Visitors will be allowed to attend a single course session if the requests meet the following criteria:

- The visitor is not already a member of ALRI;
- The course is not fully subscribed;
- The instructor agrees; and
- The request is made in advance to the ALRI Administrator.

# DISCRIMINATION AND ACADEMIC FREEDOM

The Arlington Learning in Retirement Institute does not discriminate on the basis of age, sex, race, color, religion, disabilities, or national origin in membership, employment, or its educational programs or activities. As a learning organization, ALRI subscribes to the American Association of University Professors (AAUP) principle of academic freedom: All views should be respected, regardless of their conformance with generally, or currently, accepted views.

#### **PRIVACY POLICY**

The Arlington Learning in Retirement Institute (ALRI) is committed to protecting member privacy and to ensuring the security of personal information collected. ALRI does not sell or lend out member information. A complete ALRI Privacy Policy Statement is available from the ALRI Administrator and on the ALRI website at www.ArlingtonLRI.org.

While strictly adhering to this policy, ALRI does urge all members to provide email addresses for internal use. The email addresses in the ALRI database are especially valuable for communicating last-minute scheduling changes, as well as special event announcements. Members are urged to keep ALRI's administration informed when their email addresses or phone numbers are changed.

Members can update their own contact information, including e-mail address, using the On-line Transactions/Edit Membership Record function on the ALRI website.

# Spring Term Courses—2008

# Fine Arts, Theater & Music

103 – Folk Music in America: A Personal Journey with the Son of John Jacob Niles, John Edward Niles

Instructor: John Edward Niles

Wednesday, 1:00 – 2:30 April 16 – May 21 MAD 6 Sessions



Singer, composer, transcriber and instrument maker, John Jacob Niles was known as the "Dean of Balladeers" during his long, productive career. His transcription and publication of traditional American folk music, and his ability to capture the spirit of that music in his own compositions, made him a major contributor to the works performed by folk musicians from mid-20th century until today.

In this course, the instructor will introduce students to the world of his famous father, including performers who were his contemporaries, such as Joan Baez, Woodie Guthrie, Burl Ives, Pete Seeger and the Weavers. He will discuss the origins of American folk music and show how John Jacob Niles helped preserve this distinctive music for future generations.

**John Edward Niles** is Artistic Director and Conductor of the Opera Theater of Northern Virginia, Musical Director of Colva Productions, Inc. USA, and Program Director of the Evelyn Lear and Thomas Stewart Emerging Singers Program of the Wagner Society of Washington, D.C. From 1987 to 1998, he worked with European-American productions in Hannover, Germany. He also has conducted at the Prague Eurofest, ScanMus in Helsinki, WorldMusic, Inc. in Linz, Austria, and at the Virginia Opera.

# 110 – Behind the Footlights in Arlington

Instructors: Jon Palmer Claridge, Jack Marshall, Mark Rhea, Eric Schaeffer, Keith Bridges, Paata Tsikurishvili, Nucky Walder, Christopher Henley

#### Monday, 11:00 – 12:30 March 10 – April 28 Signature & Theatre on the Run 8 Sessions

Arlington has become one of the area's most exciting and vibrant theater scenes, with companies producing award-winning plays and musicals for ever more discerning audiences. For this course, classes will be held in two of the county's theater spaces: the new Signature Theatre in Shirlington (4200 Campbell Avenue) and Theatre on the Run (3700 S. Four Mile Run Drive). The creator of the county's Arts Incubator program for professional theater will explain how this phenomenal growth in the performing arts got started. The founders and artistic directors of seven different theaters, each with its own distinctive style and mission, will discuss the unique role of each company and what is involved in bringing artistic productions to the stage. This is an opportunity to discuss the challenges and rewards "behind the footlights" with experienced theatrical producers and to hear about their current and upcoming shows.

1. The Arts Incubator Program (Jon Palmer Claridge at Signature)

Join us as we explore the origins of Arlington's professional theater program. How did Arlington go from having no professional theater in 1990 to hosting FIVE companies in just a matter of months? Who ended up on the front page of *The Washington Post* and why? What is the Arts Incubator and how did it become an international benchmark? What plans are in the works for new theater space? Which theater's artistic director was once imprisoned and why? The answers to these and many other questions lay the groundwork for our exploration of Arlington's rich professional theater scene.

2. The American Century Theater (Jack Marshall at Signature) The American Century Theater's mission is to promote 20th century theater as a vital part of our national cultural dialogue, revive worthy plays and musicals at risk of being forgotten, restore missing or incomplete works, and inspire other companies to produce these works by proving they can garner critical praise and engage audiences.

Website: www.AmericanCentury.org

3. Keegan Theatre (Mark Rhea at Theatre on the Run)

Now in its 10th anniversary season, **Keegan Theatre** produces work in Arlington and Washington, DC. It is also an internationally acclaimed touring company presenting American productions in Ireland and Northern Ireland. The company believes that theater as an art form succeeds only insofar as it presents an honest, pure exploration of the human condition; that American audiences can be profoundly enhanced by the richness and depth of Ireland's theatrical tradition – and vice versa; and that all people deserve the opportunity to safely explore and freely develop their creative potential.

Website: www.keegantheatre.com

4. Signature Theatre (Eric Schaeffer at Signature)

**Signature Theatre**, now in its 17th season, began life as part of the Arlington Arts Incubator program, with 136 subscribers. Today, with more than 4,500 subscribers, it earns rave reviews in *The New York Times, Variety, The Washington Post,* and other national and international publications. A renowned center for new work, Signature has presented 22 world premiere commissions to date. Expanding artistic vision, growing audiences and deepening service to the community have led the theater to a unique partnership with the county in developing Signature's new home in the Village at Shirlington.

Website: www.Signature-Theatre.org

5. Charter Theatre (Keith Bridges at Theatre on the Run)

Charter Theatre has been developing new playwrights and new works and exclusively producing world-premiere productions in the Washington area since 1998. Throughout this period, Charter has been recognized by audiences, critics, The Theater Lobby Awards Helen Haves Awards and the (12 nominations, 4 awards). In 2007, Charter began producing New Plays for Young Audiences at its Theatre on the Run location. Website: www.chartertheatre.org

6. Synetic Theater (Paata Tsikurishvili at Signature)

**Synetic Theater** was founded in 2002. The name, from SYNthesis and kiNETIC, brings together classical elements of drama, dance, music, pantomime and movement into a distinctive form of nonrealistic theater. The company has received numerous Helen Hayes awards. Productions are staged at the Rosslyn Spectrum Theatre in Arlington and at The John F. Kennedy Center for the Performing Arts in Washington, DC, where Synetic serves as a constituent company.

Website: www.synetictheater.org

7. Teatro de la Luna (Nucky Walder at Theatre on the Run)

**Teatro de la Luna's** mission, since 1991, has been to promote Hispanic culture and foster cross-cultural understanding between the Spanish- and English-speaking communities in the metropolitan area through Spanishlanguage theater and bilingual theatrical activities. The goal is to promote theater as a tribute to our constantly changing, evolving Hispanic culture, going beyond national boundaries, as a contribution to cosmopolitan society.

Website: www.teatrodelaluna.org

8. Washington Shakespeare Company (Christopher Henley at Signature) The Washington Shakespeare Company (WSC), founded in 1990, is dedicated to producing both time-tested and contemporary classic works; emphasizing a provocative, bold approach in an intimate setting; and showcasing the best emerging talent, mentored by seasoned professional theater

### Fine Arts, Theater & Music

artists. WSC has a history of edgy, innovative productions of Shakespeare as well as Samuel Beckett, Tennessee Williams, Edward Albee and other literary giants. The Clark Street Playhouse has been its home since 1995, but WSC must soon say goodbye to this unique theater space.

Website:www.washingtonshakespeare.org

**Jon Palmer Claridge** created the professional theater program of Arlington's award-winning Arts Incubator model after a decade of acting/ directing/designing. He is a Helen Hayes judge, former vice-president of the League of Washington Theaters and former president of the Washington Area Performing Arts Video Archive. He earned a BFA from Florida State and an MFA from Catholic University.

Jack Marshall is the founding Artistic Director of The American Century Theater (TACT). A graduate of Harvard and Georgetown Law Center (where the student-operated theater company he founded will soon celebrate its 35th anniversary), he has directed more than 50 plays, musicals, special events and revues in the DC area. For TACT, he received a Helen Hayes nomination for direction of "The Cradle Will Rock," which was nominated as Outstanding Resident Musical. He also directed TACT's production of "The Andersonville Trial," which was nominated for Outstanding Resident Play.

**Mark Rhea** is the Producing Artistic Director of the internationally acclaimed **Keegan Theatre**. He has received a Helen Hayes nomination for Outstanding Direction for Brian Friel's "Translations" and his production of "Dancing at Lughnasa" received the Theatre Lobby Mary Goldwater Award. He was instrumental in developing the Keegan Theatre's Ireland Tour, which presents American productions throughout Ireland and Northern Ireland, performing in eight to ten cities annually. In 2006 he was one of the recipients of the Canadian Washington Theatre Partnership Award.

**Eric Schaeffer** is co-founder and Artistic Director of **Signature Theatre**, the recipient of four Helen Hayes Awards for Outstanding Direction, and 2002 Washingtonian of the Year. His work has been seen on Broadway, off Broadway, in London and at the Kennedy Center. He recently directed the Ford's Theatre production of "Meet John Doe." A native of Pennsylvania, he received his BFA training at Kutztown University with extended studies in England at Crewe and Alsanger College of Visual Arts.

**Keith Bridges** is a playwright, director and the founder and artistic director of **Charter Theatre.** His play "Watching Left" was nominated for a Helen Hayes award in 2004 and is currently in development for adaptation into a film. He directs workshops and readings of new plays all over DC and is a founding coordinator of the Kennedy Center's annual Page to Stage Labor Day Festival.

**Paata Tsikurishvili**, Artistic Director and co-founder of Synetic Theater, is a native of the Republic of Georgia. In 2002 his inaugural production for Synetic of "Hamlet...the rest is silence" received Helen Hayes awards for Best Director, Best Resident Play and Outstanding Choreography. He holds an MFA in Film Directing from Tbilisi State University and a BFA in Acting from the Tbilisi Institute of Theater and Film. Before moving to Washington, DC, he created the Mimodrama Theater Company in Germany and toured with their productions throughout Europe.

**Nucky Walder**, co-founder of *Teatro de la Luna*, is also an accomplished actor and producer. Her special interest in youth led her to begin the company's Experience Theater program in 1996. In her native Paraguay she performed for several theaters. Locally she was awarded the 1999 Tony Taylor Award by the Cultural Alliance of Greater Washington. She is executive producer of all la Luna plays, director of the Experience Theater program, and office manager to the theater.

**Christopher Henley** is Artistic Director and founding ensemble member of the **Washington Shakespeare Company** (WSC). He received two Helen Hayes nominations and has accepted three Theatre Lobby Mary Goldwater awards: on behalf of WSC in 1993 for his production of "Uncle Vanya"; in 1997 on behalf of WSC for his first two shows as Artistic Director; and in 2003 as an actor, for Julian in "Tiny Alice." He has directed productions of Shakespeare including "Hamlet", "The Tempest", "Lear" and "The Merchant of Venice" as well as classics such as "The Grapes of Wrath" and "A Streetcar Named Desire."



### 115 – Early and High Italian Renaissance Painting

Instructor: John M. Schnorrenberg

Monday, 10:30 – 12:00 March 3 – April 21 GMU 8 Sessions Maximum of 30 participants

What do we consider Italian Renaissance painting, and how is it distinguished from the art that preceded it? In this course, we will trace the development of Renaissance art from its early beginnings with painters in Florence to the High Renaissance period and artists in other parts of Italy, particularly Rome and Venice. The time period covered will be from about 1400 to around 1550. Viewing slides, we will focus on 25 painters, with greatest emphasis on Masaccio, Piero della Francesca, Botticelli, Mantegna, Giovanni Bellini, Leonardo, Michelangelo, Raphael, and Titian. There also will be brief references to the architecture and sculpture of the period.

After the eight scheduled classes, the instructor will offer an optional guided tour in the National Gallery to show students paintings of some of the artists studied during the course.

Recommended Reading: *Art in Renaissance Italy* by John T. Paoletti and Gary M. Radke, 2<sup>nd</sup> ed., New York: Harry N. Abrams, 2002. Introduction and Chapters 4 through 8.

Field Trip: Optional – see above.

**John M. Schnorrenberg** taught art and architectural history for 41 years at the University of North Carolina at Chapel Hill and at the University of Alabama at Birmingham. He has taught classes for ALRI since spring 2003. The author of three books, he is now working on a fourth.

# 124 – Ragtime: An Introduction

Instructor: Seth D. Zinman

Monday, 1:00 – 2:30 April 14 – May 5 GMU 4 Sessions Maximum of 50 participants

What did Scott Joplin, Eubie Blake, Jelly Roll Morton and George Gershwin have in common? Ragtime--a musical form that suddenly burst forth onto the American scene at the turn of the 19th Century. It took America by storm and captivated classical composers such as Claude Debussy, Antonin Dvorak and Igor Stravinsky. What was this music? Where did it come from? Who were its creators? What happened to it? Participants in this course will have the chance to sample some of the many delights of this truly original American music form and to learn how ragtime profoundly changed the American popular music scene and made a lasting impact on the world of classical music.

**Seth Zinman** is a longtime student and aficionado of ragtime music, although much of his career was as a lawyer with the US Department of Labor. A graduate of Harvard Law School, he served the Labor Department many years as its Associate Solicitor for Legislation and Legal Counsel and won the Department's highest honor, the Philip Arnow Award. He is the author of a scholarly article on government ethics and has lectured widely on many subjects.



# Health & Wellness

# 205 – Estate Planning Secrets of the Rich and Famous

Instructor: Richard Mayberry

Friday, 9:30 – 11:00 March 7 – April 11 GMU 5 Sessions (No class March 21)

Have some fun and learn how to plan your estate! You will learn the "ins and outs" of revocable living trust planning for the middle class from the mistakes of the rich and famous. An example of such mistakes: Marilyn Monroe died at age 36 with a will that left 75 percent of her estate, including licensing and royalty fees, to her acting coach, Lee Strasberg. Marilyn's will stated her wishes that Strasberg donate this to a certain charity at his death. Strasberg later married, and when he died in 1982, his estate, including Monroe's bequest, went to his widow and not to Marilyn's charity. The licensing fees alone now generate over \$1 million annually!

We will take the lessons learned from such unfortunate errors and explore how to use trusts to ensure your assets will go to whom you want, when you want, the way you want, at the lowest possible administrative cost. Some of the other teaching examples will include Elvis Presley, Groucho Marx, and James Dean.

Recommended Reading: *Estate Planning Success for Virginia Residents* by Mark L. James and Lynne Marie Kohm, *250 Estate Planning Questions Everyone Should Ask* (paperback) by Lila Epstein, publisher Adams Media Corp.(to be published March 2008), or any other estate planning book.

**Richard (Dick) Mayberry** resides in Arlington and regularly lectures on eldercare, Medicaid and estate planning. He is an instructor for Arlington Adult Education and teaches courses on Medicaid and Estate Planning for adult children with elderly parents or family members facing a nursing home crisis. He also lectures on technical aspects of the law to financial professionals and attorneys. Dick is a practicing lawyer and received his Masters of Law degree from the George Washington University Law School in 1977.

## 215 – Health Care Over 65

Instructors: Martha Trunk and Joel Mekler

Tuesday, 10:00 – 11:30 April 1 – April 22 GMU 4 Sessions Maximum of 25 participants

Enrollment under the Medicare system at age 65 is a milestone that creates benefits but requires understanding to navigate the system. The Medicare Modernization Act of 2003 created a Medicare Drug Benefit and a new delivery system for Medicare called Medicare Advantage plans. These changes and their implementation have resulted in many questions and options, both for people who have had Medicare for a while and for those who are new to Medicare. The first session will be on Medicare Part A: benefits, gaps and what to look for in discharge The second will concentrate on planning. Medicare Part B: what is covered under Part B, who accepts assignments, preventive services and how to file an appeal. The third session will focus on Medicare Advantage plans and Medicare Supplemental Insurance (Medigap plans). The last session will address Medicare prescription drug coverage: strategies for the "doughnut hole" and what to do if your plan doesn't cover a medication. The course will be taught by Virginia-certified insurance counselors. and no product will be sold or recommended.

**Martha Trunk**, a certified Virginia Insurance Counseling Advocacy Program counselor through the Arlington Agency on Aging, has taught "New to Medicare" sessions in Arlington and the City of Alexandria and has counseled many residents on aspects of Medicare, including the various Medicare Part D plans and manufacturers' programs to help lessen the impact of the doughnut hole. She does not sell insurance and does not advocate a particular product or company.

### Health & Wellness/History

**Joel Mekler**, a certified Virginia Insurance Counseling Advocacy Program counselor through the Arlington Agency on Aging, has counseled many residents on aspects of Medicare, including the various Medicare Advantage and Medicare Part D Plans. He does not sell insurance and does not advocate a particular product or company.

# **History**

### 303 – Ancient Egypt

Instructor: Tom K. Wukitsch

Thursday, 9:30 – 11:30 March 6 – May 8 JEF 10 Sessions



Maximum of 50 participants

Ancient Egypt is being repeated by popular demand for those ALRI members who could not attend in the fall of 2007. Egypt is in its seventh historic millennium, but we will cover only the first five - plus a few hundred thousand years of prehistory. We will look at pyramids, obelisks, temples and mummies (no daddies) and take a brief look at hieroglyphic writing and the hieratic ("priestly") and demotic ("popular") scripts that followed. In addition to the early dynastic period, we'll see some characteristics of the Early, Middle, New and Late Kingdoms – 31 dynasties in all - and then the Greek Ptolemaic and Roman imperial periods. There will be hundreds of projected images -- artifacts, monuments, satellite imagery and a few Egyptians who have been dead for a long time.

Assigned readings: Handouts will be provided

Website:http://www.mmdtkw.org/ALRItkwPage s.html#AncientEgypt, which has course information and links to more than 700 captioned course images.

**Tom Wukitsch**'s educational background is in archeology and ancient history. He served in the US Navy and as a member of the US Foreign Service in the Middle East and Western Europe. He was Division Chief for the Middle East Division and the Western Europe Division in the State Department Bureau of Intelligence and Research. After retiring, he studied and taught for four years in Rome. He is a Board member of SMATCH (Scientific Methodologies Applied to Cultural Heritage), an international nonprofit organization, and has led tours to Rome, Florence, Venice, and Egypt for the ALRI Travel Club.

# **305 – Arlington History**

#### Instructor: N. Karl VanNewkirk

Thursday, 3:00 – 4:30 Apr 10 – May 22 Various Arlington locations 7 Sessions Maximum of 15 participants

Living your daily life in Arlington, did you ever wonder who trod on this ground before you? This is a survey of the history of Arlington from the time before the arrival of European settlers to the present. Several historic buildings and neighborhoods will be visited. The course will be presented in seven sessions:

- 1. Overview and guided tour of the Arlington Historical Museum
- 2. Arlington before the Europeans
- 3. Eighteenth Century Arlington
- 4. Early Nineteenth Century and the Civil War
- 5. Some Arlington Black History
- 6. Reconstruction and the Beginning of Modern Arlington
- 7. Arlington in the Twentieth Century

Note: The first class will meet at the Arlington Historical Museum, 1805 S. Arlington Ridge Road (directions below). Locations and directions for subsequent sessions will be provided at the first class meeting. A moderate amount of walking will be involved in touring the historic Arlington locations.

Karl VanNewkirk is a past president of the Arlington Historical Society and has edited its annual magazine since 1992. He has been a member of the board of directors of the Arlington Black Heritage Museum since its inception, works as a volunteer for the archaeology department at Gunston Hall and is currently working on the genealogy of his family. He

### History

is a member of a variety of local historical, genealogical, and archaeological organizations.

Course Location: From North Arlington, take Arlington Boulevard or Washington Boulevard to their intersection. Follow Washington Boulevard (Rte. 27) toward the Pentagon and I-395. Just past Columbia Pike, follow the signs to Ridge Road. After crossing the bridge, turn right at the yield sign; the Arlington Historical Museum is 200 yards on the left. From South Arlington, take Columbia Pike east (toward the Pentagon). Take the ramp to Washington Boulevard and I-395, but DO NOT merge; instead, take the SECOND (left) exit from the ramp to Ridge Road. After crossing the bridge, turn right at the yield sign; the museum is 200 yards on the left. From Crystal City, take 23rd Street west (up the hill). At the traffic light at the top of the hill, turn right on Arlington Ridge Road; the museum is 0.4 mile on the right.



## 307 – The World's Pantry: Foods from the Americas

Instructor: Herbert Weinstein

Monday, 1:00 – 2:30 March 10 – April 14 CEC 6 Sessions Maximum of 32 participants

What's for dinner tonight? This is a daily household question that we answer without

really appreciating the great opportunities we have in selecting foods. The dishes we choose to eat and the ingredients used in their preparation seem to have been there all the time. But is this true? What are the origins of the ingredients and the evolution of their preparation in the many succulent dishes we customarily consume?

This course will focus on the origin, history and development of foods from the Western hemisphere that have become an integral part of our diet. We will discuss foods that were native to the Americas and trace the expansion and evolution of their use in other sections of the world. We also will review the influence on native foods of those who came and settled in different regions of the American continent. As examples, the Spaniards brought foods that altered native American diets, and Asian cultures influenced the eating habits of countries Students will gain a better like Peru. appreciation of the ways in which the native foods of the Americas and the historical interchange of those foods with those of other cultures affect the way people eat in most areas of the world today.

**Herbert (Herb) Weinstein** earned his chemical engineering degree from the Universidad Nacional Autonoma de Mexico and his MSc and PhD in Food Science and Technology from MIT. He has 35+ years of industrial experience (General Foods, now Kraft Foods, and Unilever) in most technical aspects of food manufacturing, distribution, logistics, product development, quality control, quality assurance and management. Today he is a consultant.

## 315 – War Along the Shenandoah

Instructor: Robert L. Stone

Tuesday, 3:00 – 4:30 March 4 – April 29 CEC 9 Sessions Maximum of 25 participants

The Shenandoah Valley of Virginia served as the "breadbasket" of the Confederacy during the American Civil War, providing Southerners with History

the vast amounts of meat and grain needed to feed their armies. "The Valley" also served as an avenue of invasion for the Southern forces whenever they wished to move into Maryland or Pennsylvania and whenever they wished to threaten Washington. Because of these uses, the Shenandoah Valley became the scene of many conflicts between Confederate and Union forces during the war. This class will explore those conflicts highlighted by the 1862 "Stonewall" Jackson Campaign, the Battles at New Market and Piedmont, and the 1864 Jubal Early/Philip Sheridan Campaign.

Field Trip: optional instructor-sponsored daylong field trip to a couple of the battlefield sites in the northern part of "The Valley" will be offered. The cost of the field trip will be divided among the class members going, but would probably not exceed \$25-\$30 per person.

**Robert Stone** has a BS in Education from West Virginia University. He worked for the Arlington County government for 36 years and taught classes at Northern Virginia Community College as a visiting lecturer. He has studied the American Civil War extensively for over 50 years and has experience taking adult groups on tours of Eastern battlefields. He has taught a series of classes on the Civil War for ALRI over the past three years.

## 320 – American Civil War: Background Topics

Instructor: R. Keith Young

Monday, 10:30 –12:00 April 14 – May 5 CEC 4 Sessions Maximum of 32 participants

Have you ever wanted to understand in more depth key aspects of the Civil War? In this course four topics -- the soldier, army unit organization, the heraldry of war, and field fortifications and siege warfare -- will be discussed. This will provide background information to aid you in understanding the complexities of the war.

- The Soldier, in the North and in the South -This program presents the demographics of the Civil War soldier, where the soldiers came from, what characteristics they shared, why they fought and kept fighting, and their feelings about the war afterwards. It explores the similarities and differences between soldiers of both the North and the South.
- 2. Unit Organization in the Armies If you are new to Civil War studies, or just want a refresher, this presentation will give you information to understand how the armies were organized, the army hierarchy and the chain of command.
- 3. The Heraldry of the War: Flags, Insignia and Badges - These colorful symbols helped the soldier to distinguish friend from foe, to indicate his position in the military chain of command and to show his unit's location in the smoke of battle. These symbols were sources of inspiration and displayed the soldier's pride in his country and his unit.
- 4. Field Fortifications and Siege Warfare Field entrenchments and siege warfare have a long military history and played an increasingly important role in the Civil War. The unique terminology associated with these military subjects will be explained.

**Keith Young** has a very active interest in American history and has traveled extensively to visit many Civil War sites. He is a past President of the Bull Run Civil War Round Table and was a contributor to the *Library of Congress Civil War Desk Reference* published in 2002. As an active lecturer on Civil War topics, he has spoken at many Civil War round tables, community organizations, educational institutions and Civil War descendants' groups.



# 323 – The Geopolitics of the Middle East in Biblical Times

Instructor: Dave Rudgers

Thursday, 1:00 – 2:30 April 3 – May 8 GMU 6 Sessions

After the ancient Hebrews became aware of themselves as a people with their own identity. their history was a turbulent one. Relatively few in number and living in a tumultuous geopolitical neighborhood since the beginning of recorded history, they were in almost constant conflict with powerful neighbors, threatened by hostile nomads, divided among themselves, and frequently subordinate to foreign conquerors. This course tells that story and describes their relationship with the Egyptians, Assyrians, Babylonians, Persians, Seleucid Greeks. Romans and Muslims. It will also detail the changing power relationships in the ancient Middle East, culminating in the Muslim conquests of the seventh century. Although this deals with biblical themes course and personalities, it is not a course in religion. Events will be examined and interpreted in an entirely secular context. The course also will attempt to link the events of the ancient Middle East to a contemporary context. There is no required text, but an extensive bibliography will be provided.

**Dave Rudgers** is an independent scholar and retired civil servant. After working as an archivist at the National Archives, he was employed at the Central Intelligence Agency for 22 years, primarily as an editor and analyst. He holds a doctorate in history from The George Washington University and is an award-winning author.



# 324 – America's Submarine War: Submarines in World War II

Instructor: R. Keith Young

Tuesday, 12:30 – 2:30 March 4 – May 13 CEC 10 Sessions Minimum of 10, maximum of 24 participants (No class April 1)

The submarines of the U.S. Navy played a major role in the Pacific war with Japan. Their story is not one of unmitigated success from the beginning of the war, and the problems and hurdles that they faced and overcame were many and difficult. Building from initial reverses and disappointments, a potent weapon of American might was painstakingly and patiently assembled and honed to a fine edge, which in the end became a major force in the defeat of Imperial Japan. Submariner personnel casualties were among the highest of any branch of the armed services, and personal valor and heroism abounded in their ranks. This course interprets exploits. presents and the accomplishments and activities of the U.S. Navy's Submarine Force during WWII, drawing upon U.S. Navy official records, the writings of naval and submarine force historians and accounts of the submariners themselves.

**Keith Young** served on four submarines. He is a former submarine commanding officer and a retired U.S. Navy captain. Keith has a long and deep interest in American military history and lectures on many subjects in the field. His special areas of interest are the American Civil War and the U.S. Navy in World War II.



ALRI Catalog Spring 2008

# 325 – The Commonwealth of Virginia in the American Revolution

Instructor: Kevin Vincent

Wednesday, 9:00 – 10:30 March 5 – April 2 MU 5 Sessions

The Commonwealth of Virginia made significant contributions to the cause of American independence during the American Revolution. This course examines those contributions, including the political and military actions in 1775 and 1776 that ended British rule at the beginning of the war, the heroic (and in a few cases, less than heroic) service of Virginians in all theaters of the war, and the campaign that resulted in the 1781 victory at Yorktown, Virginia that effectively concluded the war.

We will focus on sites in Northern Virginia and other areas of Virginia that one can visit to learn more of the history of the Revolution. Although Arlington County did not exist in the Revolution, we will examine events in the war that occurred in or near the Arlington area. Few residents in Arlington realize that some of our streets are roads traveled by Generals Washington, Rochambeau and Lafayette, and by thousands of other American and French soldiers on their way to and from the battle that finally won American Independence.

Recommended Reading: *The Revolution in Virginia* 1775-1783 by John E. Selby; *In the Time of Extreme Danger: Northern Virginia in the Revolution* by Michael Cecere

Website:http://xenophongroup.com/mcjoy/vir w2r.htm#summary

Field trip: Possible Saturday trip to Ball-Sellers House or Abingdon ruins, if desired by class.

**Kevin Vincent** is the former Chairman of the Arlington Historical Affairs and Landmark Review Board and the Virginia Coordinator for the Washington-Rochambeau Route project. He holds BS and JD degrees from the University of Alabama and is an attorney at the law firm of Baker Botts LLP in DC.

Law, Politics & Public Affairs

## 402 – The Bill of Rights: Its History, Current Interpretations and Future

Instructor: Robert L. Weinberg

Thursday, 1:30 – 3:00 March 13 – April 10 MAD 5 Sessions Maximum of 20 participants

How well do you understand your Constitutional rights? This course will present an overview of the rights guaranteed Americans by the first 10 amendments to the Constitution of the United States. The class will also consider how the Supreme Court has interpreted a number of the specific provisions of the Bill of Rights, including free speech, free exercise of religion, the right to bear arms, security against unreasonable search and seizure, the privilege against selfincrimination, the prohibition against double jeopardy, the guarantee of due process of law, the right of the accused to indictment by a grand jury and a speedy trial in public by a petit jury, the right to assistance of counsel and to bail, and the prohibition against cruel and unusual punishment. Finally, the course will consider the extent to which the provisions of the Bill of Rights—which were adopted as limitations upon the federal government— have been made binding upon the states by virtue of the Fourteenth Amendment.

Recommended Reading: *The Bill of Rights: Creation and Reconstruction* by Akhil Reed Amar.

**Robert L. Weinberg** received his Bachelor's and Law Degrees from Yale and his PhD in Economics from the London School of Economics. He is a retired founding partner of the Washington, DC law firm of Williams and Connolly, formerly headed by the famous advocate Edward Bennett Williams. He has litigated constitutional issues for over 35 years, specializing in the defense of the accused in criminal cases. He is now Adjunct Professor at the George

ALRI Catalog Spring 2008

Washington University School of Law and Visiting Lecturer at the University of Virginia Law School.

# 405 – Russia's Energy Policies

Instructor: Lajos Szaszdi

Friday, 3:30 – 5:00 March 7 – May 2 GMU 8 Sessions (No class March 21)

Russia's emergence as an energy superpower holds major implications for Europe, the West and Russia itself. This course will offer a current view of the Russian Federation's energy policies and interests under President Vladimir Putin. Russian domestic and external energy developments as well as state-owned and private corporate operations will be covered. The course will convey information to help answer the riddle, unwrap the mystery and explain the enigma that is Russia now in terms of its long-term energy interests.

Lectures will cover Russia's energy geography and its internal energy policy and developments; energy resources as a foreign policy tool and energy relations with the Commonwealth of Independent States; Russia's energy relations with Europe; the expansion of Russian energy interests in the Middle East, the Indian subcontinent and Africa: Russia's growing energy exports and investments in the Far East and Southeast Asia, Latin America and North America; Russia's new frontier in energy markets; and the future of Russia's energy interests. The most up-to-date information will be used to present a clear picture of Russia's energy policies and their implications.

Recommended Readings: A list of recommended readings will be included in the class handouts.

Websites: www.gasandoil.com; www.en.rian.ru/; www.itar-tass.com/eng/; www.rferl.org/newsline/; www.cdi.org/russia/johnson/default.cfm. **Lajos Szaszdi** obtained an MA in Security Policy Studies at George Washington University, graduating with distinction in the fields of Russia and Russian Military Power. He holds a doctorate from the Catholic University of America, with a dissertation on Russian civil-military relations and causes of the Second Chechen War.

# 408 – Federal Reserve System in the US Economy

Instructor: James August and Barbara Lowrey

Monday, 10:00 – 12:00 March 3 – April 14 JEF 7 Sessions Maximum of 12 participants

Explore the "secrets of the temple"! During this course two insiders will provide a fuller understanding of the Federal Reserve System and the role it plays in the US economy. We will look at its history, structure and functions. The Federal Reserve System involves more than just monetary policy (interest rates) and affects economic activity in many ways. For example, did you know that the Federal Reserve System supervises and regulates banks and bank holding companies and is responsible for most consumer-related regulations in addition to providing many services to financial institutions and consumers? It plays a crucial role in the international financial system as well as in setting US monetary policy.

Assigned Reading: *The Federal Reserve System: Purposes and Functions, The Federal Reserve Board* (Government publication -Depending on enrollment, instructors may provide copies at first class.)

Recommended Readings: Secrets of the Temple by William Greider, A Term at the Fed by Laurence H. Meyer

Recommended Website:

www.federalreserve.gov

Field Trip: Federal Reserve. Cost of parking or Metro.

### Law, Politics & Public Affairs

**James August**, a retired economist, worked for the Federal Reserve Board for 30 years and for the National Association of Federal Credit Unions for two years.

During his time at the Federal Reserve, Jim participated in non-financial economic forecasting, served as assistant to a Board Member, and collected and analyzed household debt and financial positions. Jim has an AB and PhD, both in Economics and both from Georgetown University.

**Barbara Lowrey** is an adjunct professor for the University of Maryland and Michigan State University's Semester Study Program in Washington, DC. She spent most of her professional career at the Federal Reserve Board where she began as an economist in the Division of International Finance studying exchange rates and trade flows. She later moved to the Office of the Secretary where she was in charge of the Board's Regulatory Review Program. From 1976 to 1978 she was on assignment at the OECD in Paris. Barbara earned her PhD in Economics at Michigan State.

# 410 – The Middle East Crucible

Instructor: Allen Keiswetter

Friday, 10:00 – 11:30 April 18 – May 23 GMU 6 Sessions Maximum of 50 participants

What does the future hold for the Middle East and U.S. policy in the region? This course provides the strategic and regional context for assessing Middle East issues as they dominate the U.S. presidential campaign. The first four classes take up broad regional questions: ls there a clash of civilizations in the Middle East; what are the U.S. interests there; how does religion, especially Islam, shape Middle Eastern views; what are the sources of political legitimacy and the causes of terrorism; what are the prospects for democracy; and why is the region relatively underdeveloped despite its great oil wealth? The last two sessions focus on the specific challenges to U.S. policy in the Persian Gulf (Iran, Iraq and Saudi Arabia) and in the eastern Mediterranean (Middle East peace negotiations, Syria and Egypt).

Recommended Reading: *Between Memory and Desire: The Middle East in a Troubled Age* by R. Stephen Humphreys, 2<sup>nd</sup> edition, University of California Press, 2005.

Allen Keiswetter, a retired Senior Foreign Service Officer, is a Scholar at the Middle East Institute. He has taught courses on Islam and the Middle East at the National Defense Intelligence College, the National War College and the University of Maryland. In his 36 years in the State Department he served in six Middle Eastern countries.

# 412 – Global Hot Spots

Instructors: Betsy Amin-Arsala, Walter Andersen, Andrea Farsakh, James Swan, Thomas Hubbard, Larry Daks, A. Elizabeth Jones, Marc Grossman, Stephen Dachi

> Thursday, 11:00 – 12:30 March 13 – May 8 GMU 9 Sessions Maximum of 50 participants

The good news in the post-Cold War world is that the United States no longer faces the urgency of balancing on a nuclear precipice with the Soviet Union. The bad news is that American interests increasingly are threatened around a globe circled with dangerous hot spots, some flaring, others simmering near the surface. This course taps the experience and perspective of leading diplomats and scholars to offer insights into what's at stake in nine of these critical areas.

1. Afghanistan 2007: The Time and the Place (Betsy Amin-Arsala) What is the human "raw material" for development in Afghanistan, and what are realistic expectations for the country's future? This presentation and discussion will attempt to characterize and make real the Afghan people, their culture and current state of development. The lecture will show how recent events and redevelopment efforts are affecting Afghanis, their lives and aspirations.

Recommended Reading: *Taliban*, by Ahmed Rashid (paperback); *Ghost Wars*, by Steve Coll; and *Beyond Belief: Islamic Excursions Among the Converted Peoples*, by V.S. Naipul

2. Pakistan: A User's Guide to a Guided Democracy (Walter Andersen)

Pakistan has regularly followed a form of "guided democracy" under military tutelage or control. This lecture looks at the military's role and interaction with other political institutions and analyzes the meaning of electoral politics in Pakistan.

Assigned Reading: *In the Line of Fire*, by Pervez Musharraf (New York, Simon and Schuster, 2006)

Recommended Reading: *Military State and Society in Pakistan*, by Hasan-Askari Rizvi (New York, St. Martin's Press, 2000); *Pakistan Between Mosque and Military*, by Husain Haqqani (Washington DC, Carnegie Endowment, 2005

3. The Israel-Palestine Conflict: Prospects for Peace (Andrea Farsakh)

What are the most significant factors contributing to the highly emotional and complex Israel-Palestine conflict? This lecture will examine the historical context, 20th century events, and motivations of various countries and political and religious leaders to explain the intensity of the conflict and the way it affects the U.S. position in the Middle East and the wider Islamic world. It will assess the possibilities for a just solution, without which the Middle East will remain a center of political and economic instability.

Recommended Reading: One Palestine Complete, by Tom Segev; Once Upon a Country, by Sari Nusseibeh; Power, Faith and Fantasy, by Michael Oren

4. African Hot Spots: Sudan, Somalia and Beyond (James Swan)

The lecture will examine recent developments in transitional African countries. While the focus will be on Sudan and Somalia, other case studies (Democratic Republic of the Congo, Liberia, Burundi) will also be introduced. Specific topics will depend on current events in Africa at the time of the lecture.

# 5. Negotiating with North Korea (Thomas Hubbard)

With one of the world's largest standing armies and most secretive societies, North Korea has long posed a negotiating conundrum for the United States, particularly in efforts to rein in its nuclear ambitions. This lecture by an experienced practitioner will concentrate on diplomatic relations with North Korea.

# 6. China: Clouds on the Periphery (Larry Daks)

As China moves rapidly toward global power status and perhaps challenges U.S. economic and security interests, attention is largely focused on the Middle Kingdom's prosperous coastal region. However, equally serious but less-publicized challenges may lie on China's geographic and psychological periphery: Taiwan, Tibet, terrorism, and migration into the Russian Far East.

#### 7. Russia: Partner or Adversary (A. Elizabeth Jones)

Russia is going backwards on democracy; it uses oil and gas as a political weapon, and it rarely cooperates on Iran, the Balkans and other foreign policy issues of importance to the United States. What options might a new US President consider in addressing this caustic US-Russia relationship?

Recommended Reading: *Sale of the Century*, by Chrystia Freeland

Recommended Website: Johnson's List: www.cdi.org/russia/Johnson

#### 8. The Future of Turkey (Marc Grossman)

Turkey, a key ally of the United States, a NATO member aspiring to full membership in the European Union, is in the midst of rapid political and economic change. What can we learn from Turkey's history about the future of its democracy? What policies should the US and Europe pursue to encourage Turkey to continue on a path of secularism, pluralism and economic prosperity?

# 9. Iran: Emerging Regional Power (Stephen Dachi)

Iran is a rapidly growing regional power. It is at the center of US interests due to the nuclear issue, its role in Iraq and Afghanistan and as a sponsor of Hezbollah, and its importance as a major holder of oil and natural gas reserves. The lecture will explore all of these topics.

Recommended Reading: Handout will be provided.

**Betsy Amin-Arsala**, after a 25-year career in science policy, biomass energy systems and technology, and third world development, now lectures on Afghanistan and volunteers with the Red Cross International Tracing Service. Her interest in Afghanistan began with Peace Corps service. Her husband is currently Senior Minister of the Islamic Republic of Afghanistan.

**Walter Andersen** has a doctorate in Political Science from the University of Chicago. Before joining the State Department, he taught at the University of Chicago and the College of Wooster. On retiring from the State Department in 2003, he was asked to join the School of Advanced International Studies/Johns Hopkins University. He is now the Acting Director of the South Asia Studies Program at SAIS. He has written extensively on the international politics of the South Asian states, including most prominently India and Pakistan.

Andrea Farsakh had a 25-year career in the Foreign Service, serving all her overseas tours in the Middle East. Among other assignments, she was lead officer to liaison with the PLO in Tunis after the 1993 Oslo Agreement, dealing with all Palestinian leaders at that time. Since retirement, she works on Iraq economic affairs at the State Department and lectures on Islam, Islamic history and the Israel-Palestine issue.

**James Swan** is Deputy Assistant Secretary of State for African Affairs. He previously served as Director of the Office of Analysis for Africa in the State Department's Bureau of Intelligence and Research. He has spent most of his professional career in Africa, most recently as Deputy Chief of Mission at the U.S. Embassy in Kinshasa, Democratic Republic of the Congo. His other overseas assignments have included Haiti, Nicaragua, Cameroon, the Republic of Congo, and the Somalia Liaison Office in Kenya. **Thomas Hubbard** is a senior director at Kissinger McLarty Associates in Washington, DC, where he specializes in Asian Affairs. He served as US Ambassador to the Republic of Korea from 2001 to 2004, and before that as Ambassador to the Philippines from 1996 to 2000. Involved in Korean Peninsular affairs in the 1990s, Ambassador Hubbard was a principal negotiator of the 1994 Agreed Framework aimed at ending North Korea's nuclear weapons program, and he headed the first senior level US government delegation to North Korea.

**Larry Daks** served in China, Taiwan, Laos and Thailand while in the Peace Corps and the Foreign Service. He managed the International Visitors Program, a language school and a program for Asian and American journalists; he also worked with refugees. He speaks Chinese, Lao and Thai and advises NGOs, educational institutions and companies about China.

**A. Elizabeth Jones**, Executive Vice president, APCO Worldwide, spent 35 years in the Foreign Service and retired as Career Ambassador. She served as Assistant Secretary for Europe and Eurasia; Ambassador to Kazakhstan; and Deputy Chief of Mission at the US Embassies in Bonn and Islamabad. She has an MA from Boston University and a BA from Swarthmore College.

**Marc Grossman** is a Vice Chairman of The Cohen Group. Ambassador Grossman was Under Secretary of State for Political Affairs at the State Department. He served as Director General of the Foreign Service, Assistant Secretary of State for European Affairs and US Ambassador to Turkey. He was also the Deputy Director of the Private Office of Lord Carrington, then Secretary General of NATO. He earned a BA from the University of California, Santa Barbara and an MSc in International Relations from the London School of Economics.

**Stephen Dachi** is Professorial Lecturer on Political Islam at George Washington University; Chair, South Asia Area Studies, Foreign Service Institute, Department of State; and an international consultant and lecturer. He has given courses at ALRI since 2004.



### 420 – China: Behind the Headlines

Instructors: Madelyn Ross and Lawrence Daks

Thursday, 9:00 – 10:30 April 3 – May 8 GMU 6 Sessions Maximum of 50 participants

China is a nation of contrasts and startling We read that China is a rising headlines. superpower whose economy is on track to surpass that of the United States within a few decades, a trade behemoth whose products are putting American industries on the block and American workers on the dole. China plans to showcase its world-class amenities this summer when it hosts the Olympics. But at the same time, pollution is seriously threatening the livelihood of many citizens; half of China's 1.3 billion people live in rural areas on subsistence incomes; and there are an estimated 220 million "surplus" workers in the country's central and western regions. Approximately 320 million Chinese are under the age of 14-a group that outnumbers the entire U.S. population. What does the future hold for them?

This course will go behind the headlines to provide fresh perspectives from experienced analysts on some of the important issues facing China and U.S.-China relations. Topics will include an unvarnished look at how China is dealing with challenges, from pollution to poverty, education and social welfare; life outside the glittering cities on China's eastern seaboard; the politics of the Olympics in Beijing; the Chinese language and how it shapes and adapts to China's needs; and the vicissitudes of U.S.-China relations, economic both and political. The instructors will invite government, industry and academic experts to share their China experiences with the class.

Recommended Reading: A list of suggested readings will be distributed at the first session.

**Madelyn Ross,** Director of China Initiatives at George Mason University, first went to China as a teacher and student in 1979-80. She spent nine

years at the U.S.-China Business Council as editor of *The China Business Review*, and she has served as a consultant to organizations, including the U.S.-China Policy Foundation and the National Committee on U.S.-China Relations.

**Lawrence Daks** had a 30-year career with the U.S. Information Agency that included six years in China and other assignments in Laos, Thailand and Taiwan. In recent years he has served as a consultant to a variety of organizations implementing China-related projects.

## 425 – Conflicts in Africa

Instructor: Clement M. Aapengnuo

Tuesday, 2:00 – 3:30 March 4 – April 1 WRC 5 Sessions

Africa is often associated with bad news: sickness, poverty, conflict, corrupt government. In the last 20 years, the continent has experienced a number of tragic conflicts, including those in Rwanda, Liberia, Sierra Leone, Ethiopia, Somalia and Sudan. Since 1970, more than 30 wars have been fought in Africa, the vast majority of them intra-state in origin. This strife has seriously undermined efforts to ensure long-term stability, prosperity and peace. What is often not reported are the root causes of these clashes, or the efforts Africans themselves are making against all odds to resolve them and build peace. To address the questions of why Africa is so conflict prone and what can be done about it, this course will present a bird's-eye view of the historical context of these African struggles. We will briefly review pre-colonial, colonial and post-colonial political history as well as the impact of those three periods on the wars Africa has experienced during the last 60 years. A holistic understanding of African conflicts is key to their sustainable and peaceful resolution.

**Clement M. Aapengnuo** is a master's student at George Mason University's Institute for Conflict Analysis and Resolution. **Father Clement** was director of the Center for Conflict Transformation in

### Law, Politics & Public Affairs

Northern Ghana for six years. He holds a master's degree in social communications and postgraduate certification in conflict analysis and resolution and in public administration. Father Clement also studied philosophy and theology at St. Victor's Major Seminary, Tamale, Ghana.

# 430 - Church, State, Education and the Constitution

Instructors: David Ackerman, James Stedman

Friday, 10:30 – 12:00 March 28 – May 2 CEC 6 Sessions Minimum of 10, maximum of 24 participants

Few issues in American life have proven to be as controversial or as persistent as those involving matters of church and state. Religious exercises in the public schools, public aid to sectarian schools, the display of religious symbols on public property, the teaching of evolution and creationism – these and related issues continue to arouse strong emotions, precipitate numerous Supreme Court and lower federal court decisions, and demonstrably impact elections and the course of judicial appointments. Moreover, virtually all of these issues have deep roots in American history, and most are intertwined with the development of our public and private educational systems.

This course will examine a variety of churchstate issues within a historical context. Attention will be given to salient events implicating church and state from the earliest American colonies to the present, including the addition of the First Amendment's "establishment" and "free exercise" clauses, the development and nature of our public and private educational systems, the role of government in supporting and regulating those systems, and Supreme Court and pertinent lower federal court decisions interpreting the Constitution's "establishment" and "free exercise" clauses in the context of particular controversies.

Websites: http://pewforum.org; http://www.religionandsocialpolicy.org; http://www.firstamendmentcenter.org

**Dave Ackerman** received a BA in history from Knox College and a JD from Georgetown Law School. He recently retired after 30 years of service as a legislative attorney with the American Law Division of the Congressional Research Service where he provided legal analysis and assistance to members of Congress, congressional committees and staff. The law of church and state was one of his areas of specialization. He also attended Chicago Theological Seminary and worked for six years in the Washington Office of the National Council of Churches.

**Jim Stedman** received a BA in history from Middlebury College, an MA in history from Harvard University, and an MAT from Johns Hopkins University. He was a specialist in social legislation for the Congressional Research Service, from which he recently retired after 30 years of service. His areas of responsibility included elementary and secondary education reform, federal assistance to elementary and secondary education, and private education. He has also taught at the elementary level in the Howard County (Maryland) public school system.



Assigned Readings: Will be given in class.

ALRI Catalog Spring 2008

# Literature & Writing

# 506 – Finding the Art in Shakespeare's Plays

Instructor: Thomas Dunlap

#### Wednesday, 1:00 – 2:30 March 5 – April 23 GMU 8 Sessions Maximum of 14 participants

Professor Harold Bloom notes that Shakespeare, through his range of lively characters, "has taught us to understand human nature." And, by implication, Shakespeare teaches us to listen to and understand ourselves. After 400 years, his fascinating characters are still alive on stages all over Washington. With curiosity and patience, a modern reader can become comfortable with Shakespeare's language in all of its variety. Once this "feast of language" is digested and understood, the reader can experience the art and subtlety that resonates in the drama. The characters come alive and worlds of comedy, tragedy and poetry open up. Through brief lectures and guided discussions, the class will explore the language, characters and themes in four of Shakespeare's plays: "Richard II", "Henry IV (parts1&2)" and "Anthony and Cleopatra." Newcomers and Shakespeare buffs alike are invited to see what the excitement is all about and join the conversation. Come brush up your Shakespeare.

Assigned Reading: Shakespeare's "Richard II", "Henry IV (parts 1 and 2)," "Anthony and Cleopatra."

**Tom Dunlap** holds a master's degree in English literature from the University of Michigan, where he was a teaching fellow. He has had subsequent experience teaching adults in informal settings. Through working at the Folger Shakespeare Theatre and Arena Stage, he has gained insights into play production from backstage and from the audience's point of view. This will be the 8th ALRI class he has taught.



Instructor: Cherie Toll Bottum

Wednesday, 10:00 – 12:00 March 19 – April 30 WETA 7 Sessions Minimum of 7, maximum of 15 participants

Have you been meaning to write your memoirs? Now is a good time to celebrate and preserve your life and times. In this class, you can begin to create a record of your stories -- serious and funny -- about encounters, family and reflections on the world around you that your family, friends and perhaps even historians can enjoy. Or you might wish to write only for yourself. Guided by Zinsser's wise, practical and humorous book (recommended below), we will consider many kinds of personal writing: memoirs, diaries, family histories, journals, letters, even poetry. We'll look at classic examples by writers such as Anne Frank, Russell Baker, Frank McCourt and Eudora Welty.

We'll critique our own work and others' (only if they wish). The class will feature practical exercises to help students get started and keep writing and to organize and focus their material. We'll look at integrity. As Zinsser says, "Use memoir to look for your humanity. Be as honest as you can." It's your chance to tell your story as only you can.

Recommended Reading: *Writing about Your Life: A Journey into the Past* by William Zinsser, available in paperback at bookstores and through Amazon.com.

**Cherie Toll Bottum** is a writer, editor and teacher. She has published articles and essays in five different sections of the *Washington Post*, including humor on the op-ed page, and in *Good Housekeeping* and *Family Circle*. She has taught creative writing at the University of Virginia-Northern Virginia Center in Falls Church. She was managing editor of the academic journal, *College Teaching*, for 25 years.

# 525 - Great Kings and Prophets of Israel: Lives and Literature

Instructor: Stephen R. Ruth

Wednesday, 9:30 – 11:00 April 9 – May 14 MU 6 Sessions

Isaiah's words about beating swords into plowshares or the lion lying down with the lamb are only a small sample of the great literature in the Bible's prophetic works. In this course we will review some of the best-known passages from the major and minor prophets and examine the lives of the kings of Judah and Israel to whom some of these prophesies were addressed, such as Saul, David, Solomon, Hezekiah and Josiah. At a time when the Bible is often quoted to support "values-oriented" politics, we will go back to the original context of the prophets and explore some of the most beautiful, poignant and shocking passages in all of literature.

**Stephen Ruth** is Professor of Public Policy at George Mason University and Director of the International Center for Applied Studies in Information Technology. A student of the Bible for many years, he frequently gives lectures and courses in the area on biblical topics and offers a weekly program on several Northern Virginia cable channels. His new book on the Hebrew Bible and New Testament is in final draft.

# Science & Technology

# 603 - A Naturalist's Tour of Arlington: Revealing a Living Planet

Instructor: Martin Ogle

Wednesday, 1:00 – 3:00 March 26 – April 30 Various Arlington locations

#### 6 Sessions Maximum of 18 participants

How can the processes of our living planet be seen through examining our small place on Earth? In two classroom sessions and four field trips, the Chief Naturalist of the Northern Virginia Regional Park Authority will introduce students to the interrelationships among the geology, biology and human history of Arlington. The course will open and close at Potomac Overlook Regional Park's Nature Center and will explore other locations during the intervening weeks: Chain Bridge, Fort C.F. Smith, Four Mile Run (in Shirlington), and Theodore Roosevelt Island.

March 26 Potomac Overlook Regional Park classroom session on the Gaia Theory -

science of our living planet. Short walk. April 2 *Chain Bridge* - exploring the fall line. April 9 *Fort C.F. Smith* - the impact of the Civil

War on the land and people.

April 16 Four Mile Run - trees and birds.

April 23 *Theodore Roosevelt Island* - how the piedmont gives way to coastal plain.

April 30 *Potomac Overlook Regional Park* - short walk and wrap-up in nature center.

Field Trips: These trips are on foot and, while not strenuous for most people, could tax those with limited walking ability, especially the trip over hilly terrain (Chain Bridge field trip).

**Martin Ogle** has been Chief Naturalist for the Northern Virginia Regional Park Authority since 1985. He holds a BS and MS in Wildlife Biology from Colorado State University and Virginia Tech, respectively. He has presented courses on biology and geology for school and public groups, universities, the Smithsonian Institution, the US Department of Agriculture Graduate School and other groups and organizations.



# 611 - Environmentally Friendly Gardening

Instructors: Master Gardeners of Northern Virginia, Kristen Conrad Buhls

Wednesday, 10:00 – 11:30
March 5 – April 23
Virginia Cooperative Extension
Office, FCC
8 Sessions
Minimum of 8, maximum of 20
participants

Are you interested in learning more about gardening? This course will provide a broad overview of the basic principles of gardening, with a focus on the use of environmentally friendly gardening practices. The subjects covered will include basic horticulture; soils, fertilizers and composting; selection, use and care of woody plants; growing herbaceous plants; indoor plants and container gardening; lawns 101; landscape design; and diagnosing plant diseases and insect problems. As we learn about each of these subject areas, the class will explore different ways to garden and cure disease and insect problems in ways that protect the air, soil and water in our gardens and our community.

Assigned Reading: Weekly handouts from syllabus developed by Virginia Cooperative Extension and its Master Gardeners.

Recommended Reading: A bibliography is available to the students

Website: www.ext.vt.edu/resources

**Master Gardeners of Northern Virginia** are volunteer gardening educators from Arlington County and the City of Alexandria. They are part of the Master Gardeners, a certification program of Virginia Cooperative Education.

**Kristen Buhls** is the Agriculture Natural Resources-Horticulture Associate Extension Agent for the Virginia Cooperative Extension Service in Arlington County. She received her BS from Auburn University in ornamental horticulture and landscape design and her MS from Indiana University in outdoor recreation resource management. **Course Location:** Classes will be held in the Virginia Cooperative Extension Office, located at the Fairlington Community Center, 3808 South Stafford Street. Parking is available on site.

### 612 - Engineering: Creating Solutions for Society's Technical Problems

Instructors: Kenneth C. Rogers, Herbert Weinstein

Thursday, 10:00 – 12:00 March 27 – May 1 WETA 6 Sessions Maximum of 20 participants

Our modern society uses, relies on and is in turn influenced by a vast array of technological systems. Every day we depend on the artifacts of engineering: cars, television sets, jet planes, and the internet. All are the results of realized engineering design. Each of these technical systems is based on scientific principles that engineers have applied to meet society's needs and expectations. Engineers are the indispensable intermediaries between science and its applications.

Engineering is a profession that implies both specialized knowledge and a social obligation to apply that knowledge to serve and protect the public. This course explores how engineers are educated and trained and how their societal responsibilities can be met by professional ethics, codes and standards, laws and social values. We seldom acknowledge our dependence on their work unless something As a result of the goes seriously wrong. intensive preparation and the rigorous discipline that underpins the practice of engineering, events such as collapsed bridges or electric failures are rare. However, even when all goes well, engineers must sometimes consider solutions that meet one societal need but are economically very costly or potentially threatening to the environment. The instructors and four other experts drawn from diverse

engineering fields will discuss examples of solutions to a variety of important and challenging technical problems.

Recommended Readings: *The Existential Pleasures of Engineering* by Samuel C. Florman, St. Martins Press; *Lost at the Frontier* by Deborah Shapley/Rustum Roy, ISI Press. Additional recommendations will be given out at class meetings.

Website: www.abet.org (The Accreditation Board for Engineering and Technology degree programs)

**Kenneth Rogers** has his BS (Physics) from St. Lawrence University and his MA and PhD (Physics) from Columbia University. He spent 30 years at Stevens Institute of Technology, 15 as a professor of physics and 15 as president of the Institute. He is now president emeritus. After leaving Stevens he served 10 years as a commissioner of the U.S. Nuclear Regulatory Commission. He is a Senior Member of the Institute of Electrical and Electronic Engineers (IEEE) and a Fellow of the American Association for the Advancement of Science and of the American Nuclear Society. In 2000 he was a recipient of an IEEE Millennium Award Medal.

**Herbert Weinstein** earned his chemical engineering degree from the *Universidad Nacional Autonoma de Mexico* and his MSc and his PhD in Food Science and Technology from MIT. He has 35+ years of industrial experience (General Foods, now Kraft Foods, and Unilever) in most technical aspects of food manufacturing, distribution, logistics, product development, quality control, quality assurance and management. During his many years in the international divisions of GF and Unilever, he experienced various aspects of product development and marketing. Today he is a consultant.

## 615 - Meet the Invertebrates

Instructor: Katharine Rogers

Thursday, 1:00 – 2:30 March 6 – April 24 WETA 8 Sessions Maximum of 20 participants What does the word "invertebrates" suggest to most of us -- tasty shrimp in garlic sauce, disgusting cockroaches swarming over kitchen surfaces, or unoffending but distastefully slimy earthworms on a rain-washed sidewalk? Invertebrates are actually living creatures dealing with the same life challenges as fish, birds, and mammals must. It is egocentric of us to divide the animal kingdom into vertebrates, the relatively uniform group that includes ourselves, and invertebrates, the many groups that include all others. 97% of the animals on the earth are invertebrates. We define them by their lack of a backbone, instead of looking at their diverse ways of supporting their bodies and anchoring their muscles and their ways of solving all the other problems of living. Invertebrate animals range from sponges which are sessile creatures that respond vaguely to their surroundings and have barely distinguished cells, to active, highly coordinated animals such as octopuses, which have eyes like our own and can learn to open bottles, as well as to ants with their highly efficient societies and sophisticated systems of communication. In this course, we will take a close look at 13 invertebrates - a sponge, an anemone, a tapeworm, Ascaris (a roundworm), a clam, an octopus, an earthworm, a crayfish, a cockroach, a butterfly, an ant, a spider and a sea star.

Recommended Reading: *Living Invertebrates* by Vicki & John Pearse and Mildred & Thomas Buchsbaum (1987); *For The Love of Insects* by Thomas Eisner (2003); and *Parasite Rex* by Carl Zimmer (2000).

**Katharine Rogers** has a PhD in English and taught literature and women's studies at the City University of New York for thirty years. Her eight books include two on cats and one on dogs. She is now pursuing a longstanding interest in natural history. She met the invertebrates when she volunteered at the Invertebrate House at the National Zoo.



### 616 – Integrity of Science in Government: Breakthroughs and Blunders

Instructors: Dennis McBride, Alan Moghissi

> Wednesday, 1:00 – 2:30 March 5 – May 7 Pl 10 Sessions

It is vitally important that governments apply the highest standards when making decisions about the lives of citizens. But too often the science that is used to quide government decisions is politicized, misunderstood or misrepresented, and too often the public pays the price. We will first survey the constitutional obligations of the three branches of government with regard to sponsoring scientific inquiry and learning from scientific findings. We will then examine specific cases of how those branches failed to establish and maintain appropriate standards. Examples include such cases as silicone breast implants, pharmaceuticals, child abuse, HIV-AIDS, global climate change, and nutrition. We will discuss bad laws, bad regulations and bad court decisions, with a focus on human nature and how mistakes arise from carelessness, not fraud.

The course, which involves interactive dialogue, will conclude with students presenting in whatever manner they choose a report of their findings of good or bad science in government.

Recommended Reading: For the first week, Articles I, II, III of the U.S. Constitution. A list of readings for the remaining sessions will be handed out at the initial class meeting.

**Dennis K. McBride**, President of the Potomac Institute for Policy Studies, has provided scientific expertise in legislative, regulatory, criminal and civil cases. As a scientist with extensive postdoctoral training plus hands-on experience in federal government science and technology policy, he has many case examples, fortunate and otherwise. The Potomac Institute for Policy Studies is dedicated to assisting decision makers in developing policies that rely upon sound science. **A. Alan Moghissi** is the President of the Institute for Regulatory Science (RSI), a nonprofit organization dedicated to the idea that societal decisions must be based on the best available scientific information. The institute's activities include research, peer review of scientific projects, scientific assessments and science education at all levels—particularly the education of minorities. He is also a fellow at the Potomac Institute for Policy Studies.

**Course Location:** Conference Room, Potomac Institute for Policy Studies, Ballston Metro Center Office Tower, Suite 200, 901 N. Stuart Street, Arlington, VA 22203. Located directly above the Ballston Metro Station and across from Ballston Mall. Please use Potomac Institute's mezzanine-level entrance accessed only by taking the building lobby's elevator up one level to the mezzanine level and then ringing the doorbell for admittance to the Potomac Institute.



# Social Sciences

## 703 – *The Post* Covers Politics

Instructor: Washington Post Speakers Bureau

> Wednesday, 10:00 – 11:30 March 12 – April 30 CEC 8 Sessions

In the Washington area, politics is always a hot topic, and that's especially true in this election year. *The Washington Post* has been covering the presidential candidates for many months, and now reporters and editors will share their insights with us on this extraordinary campaign, along with other important local, state and

ALRI Catalog Spring 2008



national races. Instructors for this course will be drawn from the reporters and editors of The Washington Post Speakers Bureau who can be made available on the days when classes meet. Class sessions will include lecture and discussion of the following topics.

#### 1. Polling the Electorate

Candidates and the media conduct numerous polls to determine public sentiment on a variety of issues. How are these polls conducted and how accurate are the results? Do candidates have real convictions, or are they just responding to the latest poll results?

#### 2. Local Coverage

Local races can get lost in the excitement of national elections, but local officials can have a big impact on our communities. Are voters influenced by reports on local issues and candidates? What are the important races and issues in Northern Virginia and how are they covered?

#### 3. State Races

The Virginia political scene has been an interesting battle in recent elections, with Democrats making some gains but Republicans still in power in the legislature. What is the outlook for the coming election and what issues will be most important to the voters?

#### 4. National Issues

The war in Iraq, health care, and candidates' religious convictions seem to get a lot of attention from the media. Are these the issues that most influence voters, or is it the charisma and style the candidate presents on TV that counts? Are party platforms critical in national elections? What are the fundamental issues for each party?

#### 5. Covering Capitol Hill

The Democrats won control of the House and Senate in 2006, but their margin is thin – just one seat in the Senate. How has their performance been judged by the voters? Will Democrats be able to gain additional congressional seats in 2008?

#### 6. Republican Presidential Campaign

We have already seen a large number of candidates in the longest campaign on record, even before the party picks the nominee. What can we expect when the "real" campaign begins? How has campaign coverage changed in the age of "instant news" via internet bloggers?

#### 7. Democratic Presidential Campaign

Democratic candidates have also been campaigning hard for a long time, spending more money than ever. What are their chances at this point? Will negative campaign ads play a major role in this election?

#### 8. Political Editorials and the Op Ed page

Political candidates would like to secure an endorsement from the Post and many readers may be influenced by editorials in favor of a candidate or a particular issue. What is the decision-making process involved and who are the major players in the decision? How are columns selected for the Op Ed page?

Instructors for this course will be drawn from the reporters and editors of The Washington Post Speakers Bureau who can be made available on the days when classes meet. Previous speakers have included Charles Lane, Kevin Merida, Pam Constable and Juliet Eilperin. Additional well-known staff such as David Broder, Nora Boustany, Fred Hiatt and John Weiss might also contribute to this lecture and discussion series.



## 710 – Science and Philosophy, Kissing Cousins: From the Pre-Socratics to Modernity

Instructor: Irmgard Scherer

Tuesday, 2:00 – 3:30 April 8 – May 13 WRC 6 Sessions

This course will provide those who are interested in the origin and development of science with a broader understanding of the close link between philosophical and scientific queries. It will offer an intellectual and historical background and context for the understanding of modern science. We will examine the genesis of "natural philosophy" (as science was called in antiquity) and learn about some of the major paradigm shifts in science and its philosophical grounding that have brought us to where we are today. Some questions to ask: What are the philosophical undercurrents that influenced western scientific world views? How did science change human life? Is it for better or worse? The jury may still be out.

**Irmgard Scherer**, a U.S. citizen born in Germany, is Associate Professor Emerita of Philosophy at Loyola College, Maryland, where she taught core courses in philosophy, general and honors ethics courses, as well as upper level courses in her areas of specialty on Kant, aesthetic theory, and topics in the history of ideas. She retired from her teaching duties in spring 2007. She has published a book on Kant and numerous articles on critical philosophy and 18<sup>th</sup> century thought. She has taught two previous popular courses on philosophy for ALRI.

## 712 - How Arlington Works: The Inside Story

Instructors: Arlington County Staff

Thursday, 10:30 – 12:00 March 20 – May 8 CEC 8 Sessions

### Minimum of 15 participants

Did you know that even though Arlington covers only 26 square miles it has more office space than downtown Los Angeles, Seattle, or Atlanta? Or that it has a population density of 7,685 people per square mile? If you've ever wondered how we got here, where we are going and how things get planned in Arlington, then this is the course for you. This course will give you an overview of Arlington's planning process and an introduction into what's required for a complex urban jurisdiction to function and thrive. The course will consist of eight sessions taught by representatives of Arlington County government. It will be moderated by Bob Brosnan who has been the Planning Director for 17 years.

#### 1. Overview of Planning in Arlington – What Is the Plan – Comprehensive Plan (Bob Brosnan)

In this introductory session, Mr. Brosnan will provide an overview of the history of planning in Arlington. He will discuss what planning is and what planners do. He will introduce the Comprehensive Plan, the General Land Use Plan, zoning, planning processes and some of the planning tools used.

# 2. Who Are We and Where Are We Going? (Justin Clarke)

This session focuses on understanding our demographics. The session will include a slide show on Arlington demographics from 1900 to 2000, a quiz to test your knowledge of Arlington and an overview of some of the key information from the 2000 Census. It will also review how Arlington projects population growth to assist in planning and how Arlington's efforts fit into a regional planning context.

#### 3. The Zoning Ordinance (Bob Brosnan)

In this session Mr. Brosnan will introduce the Zoning Ordinance. Starting with the State enabling legislation, he will discuss the details of Arlington's Ordinance. He will explain planner terms such as the difference between by-right and site plan development and what "FAR" means. He will also familiarize the class with development typical of each zoning district.

# 4. Transportation and Infrastructure (John Mausert-Mooney and Mark Kellogg)

This session will cover two topics: transportation and infrastructure. It will be hosted at the Trades

### **Social Sciences**

Center and will include a tour of the Trades Center and the Waste Treatment Facility. The first part of the session will introduce the overall picture in transportation: who does what for federal/state/regional/local agencies, and how funding works. The history of Arlington's transportation planning and its regional context will also be discussed along with future issues that will greatly affect Arlington.

The second part of the session will discuss basic infrastructure such as drinking water (where it comes from, how it is distributed, quality issues), sanitary sewer (collection, treatment, standards, plant expansion, regional co-operation), storm sewer (current practices, past practices, and new water quality initiatives) and solid waste (refuse collection, recycling, leaf collection and earth products recycling).

Field Trip: Session 4 to Trades Center and Waste Treatment Facility.

# 5. Housing and Neighborhoods (Ken Aughenbaugh and Chris Nixon)

Arlington is facing a crisis of availability of affordable housing. Presenters will discuss housing needs, affordable housing policies and programs as well as some of the current large issues being debated. Arlington also has a history of strong single-family neighborhoods. The presenters will provide an overview of the Neighborhood Conservation Program, Arlington's award-winning neighborhood planning program.

# 6. Open Space (Lisa Grandle, Robert Corletta, and Angela Adams)

This session provides a comprehensive overview of parks and open space planning as well as public art and urban forestry. The presenters will cover the Public Spaces, Public Art, and Urban Forestry Master Plans and review major park initiatives such as the North Tract. They will also discuss Arlington's partnerships with federal and regional agencies.

#### 7. Economic Development and Fiscal Planning (Terry Holzheimer and Barbara Donnellan)

This session will answer the question: What is economic development? The presenters will discuss the economic development efforts Arlington currently has underway and will introduce fiscal policies and the budget. Lastly, they will provide an introduction to the Capital Improvement Program.

# 8. Case Study and Course Wrap-up (Bob Brosnan)

This session will address in detail one or more cases involving the development of use exceptions which allow higher density in exchange for benefits to the county in the form of open space or affordable housing.

Recommended Readings: Will be provided.

**Bob Brosnan** is the Planning Director, Arlington County. Mr. Brosnan has worked in Arlington for 27 years. He oversees the Development Review Process, Comprehensive Planning, Zoning Administration and Code Enforcement. He holds a master's degree in city and regional planning from Catholic University and a BA in Business Administration in Management from Georgetown University.

**Justin Clarke** is a planner with the Research and Analysis Team of the Planning Division. He oversees the preparation of demographic reports and data including population and employment forecasts for the County. He has a BA in Geology from Carleton College and a master's degree in urban and environmental planning from the University of Virginia.

**John Mausert-Mooney** is the Director of Utilities and Environmental Policy. He has been in local government management for 25 years. He has a master's degree in public administration and a PhD in Philosophy.

**Mark Kellogg** is bureau chief for planning in Arlington DOT. He has Civil Engineering degrees (BS & MS, specializing in Transportation Planning) from Virginia Tech.

**Ken Aughenbaugh** is the Housing Director for Arlington County. He is responsible for overseeing the County's Housing Development Programs, Community Development Block Grant Program, Housing Services (including Homeownership) programs and Housing Planning efforts. He attended Goddard College in Vermont and the USDA Graduate School in Washington.

**Chris Nixon** is the coordinator of Arlington County's Neighborhood Conservation Program. Ms. Nixon spent over 20 years working for the State of Maryland in a variety of positions. An Arlington resident since childhood, she has an MA in Political Science from the University of Maryland.

## Social Sciences

**Lisa Grandle** is the Park Development Division Chief. She is responsible for planning, design and development of the County's park and recreation facilities. She has a master's degree in public administration from George Mason University and a BS in Parks and Recreation from West Virginia University.

**Robert Corletta** is an Urban Forester in the Department of Parks, Recreation and Cultural Resources. His responsibilities have included development and implementation of the Urban Forest Master Plan and implementation of the Tree Preservation Ordinance. He has a master's degree in forest resources from the University of Washington and a BA in Biology from New College of Florida.

**Angela Adams** is the Public and Community Art Administrator, Cultural Affairs, Department of Parks, Recreation and Cultural Resources. She is responsible for overseeing planning and implementation of the County's public and community art programs. She has a master's degree in the history of art from the University of Michigan and a BA in Art History from The College of Wooster, Ohio.

**Terry Holzheimer** is the Director of Economic Development for Arlington, Virginia. Mr. Holzheimer has a BA in Economics from the University of Florida, studied Urban and Regional Planning at the University of Miami, and is currently completing a PhD in Public Policy at George Mason University.

**Barbara Donnellan** is the Director of Budget and Finance. She has been the Director of Libraries and Senior Tax Policy Coordinator. Prior to Arlington, she worked in the Office of Management and Budget in New York. She has a BA in Public Administration from St John's University.

## 718 – Generosity and Altruism: The Nonprofit Sector and Democracy

Instructor: Sara E. Melendez

Wednesday, 10:30 – 12:00 March 12 – April 2 CEC 4 Sessions Maximum of 18 participants While the news focuses on the public and private sectors of our economy, a third, independent sector--older than our constitution --also plays a role in almost every area of American life. Nonprofit organizations fill gaps in social safety nets, innovate and incubate new strategies for serving society and give a voice to those without power and access. They generate over \$650 billion a year from government grants and contracts and from corporate, foundation, and individual donations. Millions of individuals give to and volunteer for almost two million organizations annually, and research indicates that seniors who volunteer may stay healthier and live longer. This class will examine the history and contributions of this sector to our economy, our quality of life and our democracy, as well as discuss the merits of tax exemptions and deductions versus the government doing the work done by nonprofits. These organizations offer many services also provided by the business sector, but the nonprofits are taxexempt. Should they be competing with business? Should government fund the work of faith-based nonprofits and congregations? Should nonprofits be permitted to lobby How should they be regulated? Congress? These questions and others will be covered in the course.

Recommended Reading: provided in class Website: independentsector.org

**Sara E. Melendez** had intertwining careers in education and nonprofit work. She received her BA in English from Brooklyn College and her doctorate in education from Harvard University. She was an elementary school teacher in Brooklyn, NY, and a college professor, dean, and vice provost in Connecticut. She also spent 17 years working in nonprofit organizations, the last 11 as CEO of two nonprofits in DC. Before retiring in 2006, she spent three years teaching in the nonprofit concentration program of the George Washington University School of Public Policy and Public Administration.





# ALRI Membership and/or Registration Form

Spring 2008 (Please use one form per person)

INSTEAD	OF SENDING	THIS FORM,	

JOIN ONLINE AT	www.ArlingtonLRI.org.	Details on	page 33.

<b>NAME</b> (please print)						
First	MI	_ Last				
Preferred First or Nickname			_ Mr. (Circle		Ms.	Other
CONTACT INFORMATION (Comple	ete only if n	ew member	r, or upda	ating in	formati	on.)
Street				/	Apt	·····
City						
Home ()		Cell (	)			
Email						
MEMBERSHIP (Membership fees and Check your mem				e addr	ess lai	bel.
Annual Fee is \$55 per person (no	n-refundab	le):	□ New	1	ΠR	enewal
Additional Donation (optional):	□ \$					
COURSE REGISTRATION (\$45 per	course)					
If you are interested, place a cheor free parking while assisting their o	ckmark in class. Se	the Class e page 36	s Aide c 6 for ex	olum plana	n. Cla tion.	ass Aides receive
Course Name (Please use short ti	itle shown	in Catalog ta	ables)	Co	ourse	# Class Aide
PAYMENT METHOD						
VISA MasterCard						
			_ Expire	es: Mo	э. 🗌	Yr.
Sign your name as it appears on your credi Check: Make payable to ALRI	Mem	bership fo se fees (i	• •		\$45)	\$ \$
Mail form to: Adult Education/ALRI		ition (Opt		200 A	÷••)	\$
2801 Clarendon Blvd., Suite 306 Arlington, VA 22201	Total	check/ch	narge a	mour	nt:	\$

# **Register and Pay Online!**

#### Say goodbye to paper forms and stamps

Are you concerned about being closed out of a popular class? With online registration you can register as soon as course registration opens on February 7th and without having to leave your home.

Have you ever wondered if you were accepted into a course you registered for by mail? Online registration brings instant notification if you have been accepted.

Worried about security? To maximize protection, your credit card information is encrypted and processed using the secure website run by VeriSign, the industry leader in payment processing and internet security. With online registration, your credit card information is never seen by anyone at ALRI.

Our online registration is easy, efficient, secure and fast. Just follow the directions below. If you are a current or past member of ALRI, start by getting a password. Not a member yet? You can join ALRI just as easily.

#### Join ALRI

If you have *never* been a member of ALRI and want to join:

- 1. Go to www.ArlingtonLRI.org and click on the *Online Transactions* option at the left side of the page.
- 2. Click the *Join ALRI* item in the list of available transactions. At the newly displayed membership screen, enter the information required.
- 3. Click the *Submit* button. You will be transferred to a secure website for entering your credit card information. Type your credit card number and expiration date. We accept Visa and MasterCard.
- 4. When complete, click the *I Authorize This Transaction* button. Your credit card account will be charged at this time.
- 5. A message will appear on the screen confirming your membership. An e-mail confirming the details of your membership

and payment is sent immediately. More membership material will arrive via firstclass mail, but you are immediately eligible to register for available classes and events.

# Register and pay for courses from your personal computer

#### Get a Password

Note that the password process works only if we have your current e-mail address in our database. Send any e-mail updates to us at ALRI@ArlingtonLRI.org prior to requesting a new password.

To get a password or if you've forgotten your password:

- 1. Go to www.ArlingtonLRI.org and click on the *Online Transactions* option at the left side of the page.
- 2. Click the *Get New Password* item in the list of available transactions. On the screen, enter your first name, last name and current e-mail address.
- 3. Click the Submit button. If we have your current e-mail address, a message will appear on the screen confirming that we are sending your User Name and a system-generated 8-digit password via e-mail. If your e-mail service provider is busy, it may take minutes or longer for our message to arrive. Please do not request another password if the message appeared on your computer, the e-mail will eventually come. Going through the process again will change your password so that when the first password finally arrives it will no longer work.

And here's some advice: modify the assigned password to one of your choosing using the *Change Password* option. But if you find any password difficult to remember or if you have forgotten that clever password you just devised, just request a new one using the above steps each time you need to make a payment online for membership renewal or course registration. It doesn't bother us! And if you share your computer with another ALRI member, you will find it helpful to close and reopen your Internet browser between registering the two persons. Also in this case, don't check the box asking ALRI to remember your password. Using this option forces your computer to recognize only one of you for payment transactions and may block the other.



#### **Online Registration**

With your User Name and Password, follow these simple steps to register online for classes once the spring semester registration begins after **9:00 AM on February 7.** We do recom-mend that you verify that your email address is up-to-date in our system and that you obtain a password prior to the busy first week of course registrations.

- 1. Go to www.ArlingtonLRI.org and click on the *Online Transactions* option at the left side of the page.
- 2. Click the *Register/Renew* item in the list of available transactions. On the screen, enter your User Name and Password.
- 3. Click the *Log In* button. The Online Payment Form will appear.
- Select your desired courses from the dropdown list accessed by clicking the down arrows on the screen. Note: the drop-down list of courses is accessible only after 9 AM on February 7. Cancelled or filled courses do not appear on the drop-down list.

- 5. You can also choose to:
  - a. serve as a class aide in any or all of the classes selected;
  - b. renew your current or expired membership (\$55 per annum, tax-deductible);
  - c. make a tax-deductible donation.
- 6. Click the *Proceed to Checkout* button.
- 7. Review your payments and either:
  - a. select *Edit* if you wish to make any changes (which returns you to the Online Payment Form), or
  - b. select *Submit* (which transfers you to a secure website for entering your credit card information).
- 8. If you have selected *Submit*, type your credit card number and expiration date. Choose between Visa and MasterCard.
- 9. Click the *Continue* button. Review the information. (If necessary, you may cancel the transaction by closing the screen using the red X in the upper right corner.)
- 10. When satisfied with your billing information, click the *I Authorize This Transaction* button. Your credit card account will be charged at this time. A message will appear on the screen confirming your registration. Also, an e-mail is sent immediately confirming the details of your registration and payment. This email is your formal notice of course registration, so print it out for your records.

## You are registered!!

View our detailed tutorial under the OnLine Transactions button to see all these steps illustrated. And if you have any questions, do not hesitate to contact our office between noon and 3pm on Mondays, Tuesdays, Thursdays and Fridays at ALRI@ArlingtonLRI.org or 703-228-2144.
# **ALRI OPEN HOUSE**

Meet the instructors and join us for light refreshments

#### Open to nonmembers!

Come to the Open House! Bring friends, relatives and neighbors who meet ALRI's basic age requirement and who have an interest in joining. The Open House gives you an opportunity to preview spring courses, chat with instructors and other ALRI members and learn more about clubs and special events activities.

# Friday, February 8, 2008

### 9 AM – Noon

George Mason University Virginia Square Campus 3401 N. Fairfax Drive, Arlington, VA Room 329

<u>Free parking at GMU is limited due to construction</u>. For the latest information on parking availability please check the ALRI website closer to the date of the Open House. For those who don't have access to the website, please call the office at 703-228-2144. You may also take Metro's Orange Line to the Virginia Square Station.



Open House, September 2007

ALRI Catalog Spring 2008

# Do Your Part as a Member! Volunteer to be a Class Aide

#### What do I do?

- · Take attendance and distribute/collect evaluations
- · Photocopy class materials if instructor requests them
- · Set up, with assistance if needed, any audiovisual equipment needed by instructor
- · Communicate with the class in the event of schedule changes
- · Announce important new ALRI developments needing immediate attention

#### What benefits will I have?

- · Get to be an integral part of ALRI
- · Get free parking while attending the class
- · Get to know your classmates and the instructor

#### How do I volunteer?

- · Check the "Class Aide" column when registering for a class
- Respond when contacted prior to beginning of semester by a Class Aide coordinator who will provide details on aide training and specific audiovisual needs of class
- · Attend the two-hour orientation/training session before classes start
- · Review the take-home guide covering all aspects of the job

#### Virtually all classes have an Aide and a backup – you will not be alone!

#### **Questions about Class Aides?**

Contact Carolyn Gosling,

Chair of the Class Aides Committee, at ALRI@ArlingtonLRI.org

or call 703-228-2144 and leave a message.

## SPECIAL EVENTS FOR ALRI MEMBERS

Special Events Committee members are continually working to offer a variety of special events for ALRI members. Please check for updates and newly added events in the ALRI quarterly newsletter and on the website. As time for registering for an event nears, information will be added on the website and also to the Special Events option on the ALRI telephone system.

There are three ways to register for a special event, each of them simple and easy. First, ALRI members can register for an event at www.ArlingtonLRI.org by clicking on the "Special Events" tab on the left side of the ALRI home page, pressing the Register option, then selecting the register button beside the desired event. Enter your first and last name – no password to remember – then press "Make Reservation" and immediately a notice pops up indicating whether you are registered or waitlisted. A second way to register is to email your request to ALRI@ArlingtonLRI.org with "Special Event Registration" in the subject line. The third way is to choose option "3" at 703-228-2144 and indicate your request. ALRI volunteers will notify you of your registration status after your phoned or emailed request has been processed during regular office hours.

Library events require no registration; events requiring registration are reserved for members only. Members may register for events scheduled within their paid membership period – see membership expiration date on your most recent catalog or newsletter address label. Please be considerate of your fellow members and the event coordinator by cancelling if you are unable to attend an event for which you have registered. You may do this online or by contacting the ALRI office.

#### **Events Scheduled for Spring 2008**

#### Monday, February 11 3:00PM Meet the Speaker Series

From Paris to Berlin

#### Speaker: Didier Rousselot

850 miles on foot to celebrate peace

Didier Rousselet describes his personal hiking experience and the diversity of his discoveries on his 850-mile walk from Paris to Berlin. No registration is required. This event is free and all are welcome.

#### Location: Shirlington Library

#### Monday, March 10 3:00PM Meet the Speaker Series Uneasy Neighbo(u)rs Speaker: David Jones

Canada, the USA and the Dynamic of State, Industry and Culture

Despite sharing the world's largest undefended border, the current relationship between the US and Canada is not as sanguine as our geographic proximity would suggest. Mr. Jones will explore the issues that bind our countries together. Registration is not required. The event is free and all are welcome.

#### Location: Arlington Central Library

#### Friday, March 14 11:15AM Tour

#### Patterned Feathers, Piercing Eyes

Edo Masters from the Price Collection

Join ALRI in its continuing survey of the magnificent and original art of the Edo Period featuring works from the world-renowned Price Collection. Registration is required. This event is free to ALRI members and limited to 20 participants.

#### Location: The Sackler Gallery of Art

#### Sunday, March 30 3:00PM Performance Eclipse Chamber Orchestra

#### First performance of the 2008 season

Music Director Sylvia Alimena conducts this performance of compositions by Schubert, Mozart and Beethoven. Registration is required and is limited to 20 registrants. Discounted tickets cost \$13 and are reserved for ALRI members on our registration list. These tickets will be held at the Will Call desk at the concert site until 15 minutes prior to the concert. At that time the tickets will be released to the general public. Payment is made directly to the Eclipse Chamber Orchestra.

#### Location: George Washington Masonic National Memorial, Alexandria

#### Sunday, April 27 3:00PM Performance Eclipse Chamber Orchestra

#### Final Performance of the 2008 season

Music Director Sylvia Alimena conducts this performance of works by Dvorak, Bartok and Ravel. Registration is required and limited to 20 registrants. Discounted tickets cost \$13 and are reserved for ALRI members on our registration list. These tickets will be held at the Will Call desk at the concert site until 15 minutes prior to the concert. At that time the tickets will be released to the general public. Payment is made directly to the Eclipse Chamber Orchestra.

#### Location: George Washington Masonic National Memorial, Alexandria

## **Clubs at ALRI**

ALRI's special interest clubs are busy organizing events for their members. Come join in – if you're interested in movies, you can meet once a month with others to see a film. If you're looking for a bridge game, join the Bridge Club. The Current Issues Discussion Group meets once a month to consider a topic currently in the limelight, such as immigration reform.

If you have a consuming interest and would like to engage other like-minded souls to participate in it with you, consider starting a club of your own. Contact Bernice Foster at fosterbf@aol.com to discuss your ideas.

#### The current clubs and their coordinators:

#### The Travel Club

The ALRI Travel Club meets the first Wednesday of each month at 2:30 PM at the Langston Senior Center. They enjoy presentations on various parts of the world and share information on trips taken or planned. All ALRI members are welcome. For more information call Sharon Schoumacher at (703) 522-9014 or email her at sharon@earthwave.net.

ALRI Travel Club on trip to Egypt: Taken in front of the falcon statue of Horus at the Horus Temple in Edfu



#### The Cinema Club

If current cinema is your passion, join the Cinema Club, which meets monthly to see a movie. Dates are chosen to accommodate participants' schedules as much as possible. If you would like to be included in this group's activities, email Leanne Peters at PetersLP@aol.com and Janice Yeadon at jnyeadon@hotmail.com.

#### **Current Issues Discussion Group**

The ALRI Current Issues Discussion Group meets the third Tuesday of every month at 1:30 PM at the Lubber Run Community Center. Anyone interested in the group can get more information from Jim Walsh at walsh22204@ aol.com or (703) 920-1709.

#### The Bridge Club

The Bridge Club meets once a month on an irregular schedule at the homes of club members to play bridge. Either a meal or a snack is served, with each player paying the host \$5.00 to offset the cost of food and drink. The coordinator describes the sessions as "very social and probably not ideal for someone who wants to play very serious bridge." If you are interested in joining, please contact Bernice Foster at fosterbf@aol.com.

#### The Book Club

The club meets every other month on the second Monday of the month at members' homes or in the meeting room at the Arlington Public Library Main Branch on Quincy Street from 1:30 to 3:00 PM. For more information contact Marge Alia at Malia04@comcast.net (please enter ALRI Book Club in the subject area of your email).

#### The Ethnic Lunch Club

The Ethnic Lunch Club meets usually on the last Thursday of the month. To join, members may call the ALRI general line, choose the clubs option (5) and leave a message for the Ethnic Lunch Club. The coordinator will contact you.

# WANTED: ALRI Volunteers!

...to participate in the many activities in which we are involved—developing courses, putting together the catalog, writing and publishing the quarterly newsletter, recruiting new members, planning special events and many more.

It's a wonderful opportunity to meet people who share your interests, to develop new skills — or to use the skills you spent years developing.

ALRI members are a great community of people and your participation would help to make it even greater — please call or email Ann Kelleran today at 703-228-2144 or e-mail at ALRI@ArlingtonLRI.org.

Bear in mind that almost all ALRI work is done by volunteers: instructors, Board members, committee members, heads of clubs, office assistants and class aides. There is *only one* paid part-time job: Administrator.



ALRI Catalog Spring 2008

	ALL	PARKING			METRORAIL
	CLASSROOM BUILDING	Nearby Pay Garage	Adjacent Free Lot	Meter	
	SITES ARE IN ARLINGTON	Walking distance from parking lots		On Street	<b>BUS ROUTE</b>
	CEC Clarendon Education Center 2801 Clarendon Boulevard	200 ft or ½ block			Clarendon station - walk 1/4 mile or 3 blocks
_	FCC (new location for VCE) Fairlington Community Center 3308 S Stafford St				Metrobus 25, 22
	<b>GMU</b> George Mason University - VA Sq 3401 N Fairfax Drive	200 ft or ½ block			VA Square station - walk 1/6 mile or 3 blocks
	<b>JEF</b> The Jefferson 900 N Taylor Street	<sup>1</sup> ⁄₂ mile <b>or</b> 3 blocks from mall			Ballston station - walk 1/6 mile or 2 blocks
	MAD Madison Community Center 3829 N Stafford Street		<b>■</b> 50 ft		ART53 bus - near parking lot
	<b>MU</b> Marymount University—Ballston 1000 Glebe Road		<b>■</b> 50 ft		Ballston station - walk 1/3 mile or 5 blocks
	<b>PI</b> Potomac Institute 901 N Stuart Street	1/3 mile <b>or</b> 2 blocks from mall			Ballston station - in building above station
	VCE (see FCC above) Virginia Cooperative Extension				
	WRC Walter Reed Community Center 2909 16th Street South		■ 50 ft		ART74 bus and Metrobus 10B - near parking lot
	WETA WETA Public TV 26/ 90.9 FM 2775 S Quincy Street		100 ft		ART82 bus & many Metrobus routes - walk 50 ft



ALRI Catalog Spring 2008



ALRI Catalog Spring 2008

#### Madison Center Location





ALRI Catalog Spring 2008



ALRI Catalog Spring 2008

# **Courses by Calendar View**

	Monday	Tuesday	Wednesday	Thursday	Friday
M O R N I N G	10:00-12:00 <b>JEF</b> 408 Fed Reserve Sys 3/3-4/14	10:00-11:30 <b>GMU</b> 215 Health Care Over 65 4/1-4/22	9:00-10:30 <b>MU</b> 325 VA in Revolution 3/5-4/2	9:00-10:30 <b>GMU</b> 420 China 4/3-5/8	9:30-11:00 <b>GMU</b> 205 Estate Planning 3/7-4/11
	10:30-12:00 <b>GMU</b> 115 Italian Ren Paint 3/3-4/21		9:30-11:00 <b>MU</b> 525 Israel's Kings & Prophets 4/9-5/14	9:30-11:30 <b>JEF</b> 303 Ancient Egypt 3/6-5/8	10:00-11:30 <b>GMU</b> 410 Middle East Crucible 4/18-5/23
	10:30-12:00 <b>CEC</b> 320 Civil War Backgrd 4/14-5/5		10:00-12:00 <b>WETA</b> 515 Writing About Your Life 3/19-4/30	10:00-12:00 <b>WETA</b> 612 Prof of Engineering 3/27-5/1	10:30-12:00 <b>CEC</b> 430 Church-State Issues 3/28-5/2
	11:00-12:30 <b>Various</b> 110 Behind Footlgts 3/10-4/28		10:00-11:30 <b>FCC</b> 611 Environmentally Friendly 3/5-4/23	10:30-12:00 <b>CEC</b> 712 How Arlington Works 3/20-5/8	
			10:00-11:30 <b>CEC</b> 703 Post Covers Politics 3/12-4/30	11:00-12:30 <b>GMU</b> 412 Global Hot Spots 3/13-5/8	
			10:30-12:00 <b>CEC</b> 718 Generosity & Altruism 3/12-4/2		
Α	1:00-2:30 <b>GMU</b> 124 Ragtime 4/14-5/5	12:30-2:30 <b>CEC</b> 324 US Subs in WWII 3/4-5/13	1:00-2:30 <b>MAD</b> 103 Folk Music 4/16-5/21	1:00-2:30 <b>GMU</b> 323 Geopolitics in Biblical Times 4/3-5/8	
F T R N O O N	1:00-2:30 <b>CEC</b> 307 Foods Americas 3/10-4/14	2:00-3:30 <b>WRC</b> 425 Conflicts in Africa 3/4-4/1	1:00-2:30 <b>GMU</b> 506 Art In Shakespeare 3/5-4/23	1:00-2:30 <b>WETA</b> 615 Meet Invertebrates 3/6-4/24	
		2:00—3:30 <b>WRC</b> 710 Science et al 4/8-5/13	1:00-3:00 <b>Various</b> 603 Naturalist's Arl 3/26-4/30	1:30-3:00 <b>MAD</b> 402 Bill of Rights 3/13-4/10	
		3:00-4:30 <b>CEC</b> 315 War Along Shenandoah 3/4-4/29	1:00-2:30 <b>PI</b> 616 Science in Government 3/5-5/7	3:00-4:30 <b>Various</b> 305 Arlington History 4/10-5/22	3:30-5:00 <b>GMU</b> 405 Russia's Energy Policies 3/7-5/2

Arlington Learning in Retirement Institute 2801 Clarendon Blvd, Suite 306 Arlington, VA 22201 NONPROFIT ORG. U.S. POSTAGE PAID ARLINGTON, VA PERMIT NO. 214

Register Early for Classes!