

ALRI

Spring 2010 Course Catalog



Arlington Learning in Retirement Institute
Arlington, VA



Arlington Learning in Retirement Institute

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ALRI



Spring 2010 Course Catalog

Arlington Learning in Retirement Institute

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SPRING 2010 COURSE OFFERINGS

Category	Course #	Course Short Name	Instructor	Day	Dates	Start Time	End Time	Site
Fine Arts, Theater & Music	115	America on Film	Lederer	W	Mar 10–Apr 21	10:00 AM	11:30 AM	FCC
	119	Great Sculptors	Schnorrenberg	M	Mar 8–Apr 26	10:00 AM	11:30 AM	GMU
	125	Greek Drama on Film	Joy	F	Mar 12–Apr 9	1:00 PM	3:00 PM	CEC
	127	Comedy in Film	R. Notar	Tu	Mar 9–Apr 6	10:00 AM	12:00 PM	GMU
	128	Precolumbian Art and Modernism	E. Notar	Tu	Mar 9–Apr 6	1:00 PM	2:30 PM	GMU
	129	World Theater	[Various]	M	Mar 29–May 17	1:30 PM	3:00 PM	GMU
	132	America's Operatic Voices	Niles	W	Mar 17–Apr 28	1:00 PM	2:30 PM	CEC
	133	The Educated Theater Audience	Ohlandt	Tu	Mar 23–May 18	2:30 PM	4:00 PM	FCC
Health & Wellness	216	Natural Approaches to Wellness	[Various]	F	Mar 12–Apr 16	2:30 PM	4:00 PM	CEC
	221	The Medical Century	Connally	F	Apr 2–May 21	9:00 AM	10:30 AM	GMU
	222	Foods from the Far East	Weinstein	M	Mar 29–May 3	1:30 PM	3:00 PM	CEC
History	305	Arlington History	VanNewkirk	Th	Apr 8–May 20	3:00 PM	4:30 PM	Off-site
	311	Renaissance Rome	Wukitsch	Th	Mar 11–May 13	1:00 PM	3:00 PM	FCC
	321	Legacy from the Middle Ages	McIntyre	W	Mar 10–Apr 21	10:00 AM	11:30 AM	CEC
	327	Geopolitics of the Ancient Middle East	Rudgers	Th	Apr 8–May 13	1:00 PM	2:30 PM	CEC
	329	The "Troubles" in Northern Ireland	O'Neill	M	Mar 15–May 10	1:00 PM	3:00 PM	ACC
	334	Contemporary Russia	Ohr	F	Mar 26–May 7	11:00 AM	12:30 PM	GMU
	335	1862 Maryland Campaign	Stone	Tu	Apr 6–May 11	1:00 PM	2:30 PM	CEC
	336	Civil War Combat	Young	F	Mar 19–May 7	1:00 PM	3:00 PM	GMU
	337	Naval Topics Pacific WWII	Young	M	Mar 8–Apr 12	10:00 AM	12:00 PM	GMU
Law, Politics & Public Affairs	402	Bill of Rights	Weinberg	Th	Mar 11–Apr 22	2:30 PM	4:00 PM	CEC
	412	Global Hot Spots	[Various]	Th	Mar 18–May 13	10:00 AM	11:30 AM	GMU
	421	Making the Federal Budget	[Various]	W	Mar 17–May 5	1:00 PM	2:30 PM	CEC
	433	Restoring Thrift	Tryon	M	Apr 5–May 3	10:00 AM	11:30 AM	CEC
Literature & Writing	521	America in Shorts	Alter	F	Apr 23–May 21	1:30 PM	3:00 PM	GMU
Science & Technology	603	A Naturalist's Tour	Ogle	W	Mar 10–Apr 21	1:30 PM	3:30 PM	Off-site
	610	History of Computing	McLean	W	Mar 17–Apr 28	10:00 AM	11:30 AM	GMU
	617	Neuroscience	Giordano/McBride	M	Apr 5–May 10	3:00 PM	4:30 PM	PI
	621	Photographing the Cold War	Cochran	M	Apr 19–May 10	10:00 AM	11:30 AM	GMU
Social Sciences	719	The Enterprise of Philosophy	Scherer	W	Mar 31–May 5	1:00 PM	3:00 PM	CEC

GENERAL INFORMATION

WHAT IS ALRI?

The Arlington Learning in Retirement Institute (ALRI) is a 501(c)(3) nonprofit volunteer organization offering a wide variety of college-level noncredit courses, lectures, special events and activities to help meet the continuing educational and social interests of anyone over age 50 regardless of residence location. ALRI is governed, supported and financed by its members.



Our volunteer instructors—retired or working professionals—create a stimulating learning environment through an exciting array of subjects. No tests, no prerequisites. Members explore new ideas and develop new friendships inside and outside of classrooms.

ALRI obtains classroom space and other assistance through its association with George Mason University, Marymount University, the Arlington Public Schools Adult Education Program, Arlington County's Senior Adult Program, Sunrise Senior Living at the Jefferson and WETA. It is also affiliated with the Elderhostel Institute Network.

VOLUNTEERING AT ALRI

One of the most amazing aspects of ALRI is the amount of work accomplished by its volunteers. Volunteer work in ALRI is performed in two ways: through standing committees, each of which is headed by a board member (also a volunteer); and by individual activities, e.g., instructors, class aides and office management support. Committee volunteers recruit new instructors and develop courses each semester; seek exhibits, speakers and performances for our special event offerings; write, edit, mail and distribute our publications; recruit new members and set up ALRI functions; recruit, train and support our class aides. The volunteer Board of Directors manages the Institute. Class aides provide a valuable interface between instructors, class members and the ALRI Administrator. The office management support volunteers work closely with the Executive Director and Administrator to serve our membership. Volunteer-run committees and other volunteer activities are our lifeblood, but for the most part do not require extensive

time commitments. Consider offering your talents and interest today. See page 34.

BECOMING A 'FRIEND OF ALRI'

Members, friends and organizations can support ALRI with financial gifts. All contributions will go toward building a solid underpinning for the Institute. These funds help ALRI acquire classroom equipment—and may help acquire space in the future. Since ALRI is a nonprofit 501(c)(3) organization, any donation is a charitable contribution deductible from income taxes to the full extent permitted by law.

ALRI also has a scholarship fund for graduates of Arlington Public Schools attending George Mason or Marymount University. Tax-deductible contributions may be made by check payable to ALRI with a notation that it is for the ACF scholarship fund.

ALRI ACTIVITIES

SEMESTER-LONG COURSES

Classes are scheduled Monday through Friday between 9 and 5. Classes meet once a week for 1-1/2 to 2 hours, and each course lasts from 4 to 10 weeks. Class sizes generally range from 8 to 25 although some classes may be larger. Courses take place at several Arlington locations as listed in the back of this catalog. Refer to the maps and locations there for transportation and parking options.

SPRING COURSE PREVIEW

ALRI's spring course preview offers you an opportunity to hear the instructors describe their courses before you register and to socialize with other members while you enjoy coffee and snacks. Non-members with a possible interest in joining are invited. See page 32 for more information.

SPECIAL EVENTS

Special events for ALRI members throughout the year include tours, lectures, concerts and other activities. They offer opportunities to join in small-group excursions and to expand intellectual and cultural experiences in the DC area. Advance announcements allow members to coordinate their schedules. See page 33 for more information.

For the most up-to-date information and to register for member-only events, go to the ALRI website: www.ArlingtonLRI.org.

CLUBS

ALRI encourages establishing educational and social clubs within the organization as a means of promoting lifelong learning and personal growth. Club membership is open to all ALRI members in good standing. There are currently seven active clubs: Breakfast, Bridge, Book, Cinema, Current Issues, Ethnic Lunch and Travel. More information is on page 35. Visit the ALRI website for details.

ANNUAL MEMBERSHIP MEETING

ALRI holds an annual membership meeting, normally in June, to elect Board members from a slate of candidates prepared by the annual Nominating Committee and to discuss future courses and events.

ALRI MEMBERSHIP

ALRI membership is \$55 per year beginning the first month in which the dues are paid. The membership fee is nonrefundable. All memberships are individual; each family member must join separately. ALRI is a nonprofit 501(c)(3) organization. The membership fee is a charitable contribution deductible from income taxes to the full extent permitted by law. Only ALRI members may register for a course, special event, or club.

ALRI encourages the use of its website for online membership processing. See page 30.

However, for those who prefer to mail in or hand deliver their checks or credit card payments, a printable Membership/Registration Form is available on our website and on page 29 of this catalog.



COURSE REGISTRATION PROCEDURES

Only ALRI members may register for a course. The fee for each course is \$45. See page 30 for information on using the online registration process. Unless registering online, the membership/registration form accompanied by check or credit card information should be mailed or delivered to the address on the form. No phone registrations are accepted.

Course registration for the spring 2010 semester is available online beginning at 10 AM on February 8. Paper course registration forms received prior to February 8 are processed in random order beginning at 10 AM on February 8. Thereafter, paper registration forms are processed in the order received. Late registration may be possible with the permission of the instructor. Waiting lists for courses are not maintained. Up-to-the-minute course registration levels are posted on the Course Availability page on the ALRI website: www.ArlingtonLRI.org.

NOTIFICATION AND REFUNDS

NOTIFICATION

Members who register online receive an immediate confirmation message on the payment screen along with a confirming email notification. Registration acceptance letters will be sent to those who mail or deliver their course registrations.

REFUNDS AND TRANSFERS

The course fee for any oversubscribed or otherwise closed course or for a course for which ALRI makes a schedule or location change that precludes the student's attendance will be refunded in full or applied to an alternate course at the member's option.

Members desiring to withdraw from a course may enroll in an alternate course in which there is an opening or receive a full refund of the course fee if a written request (mail or email) is received by ALRI at least one week before the course begins. For withdrawal requests received after this time, but within two working days after the first class meeting of the course, the member may apply the course fee to an alternate unfilled course or have it refunded, minus a \$10 service charge.

If withdrawals from a class occur after the class has begun and result in fewer than 8 participants, the class will be cancelled unless the instructor agrees to continue it.

INCLEMENT WEATHER POLICY AND OTHER SPECIAL CLOSINGS

Cancellation policies related to inclement weather or other civil emergencies vary from site to site. In general, classes scheduled to begin after delayed openings will take place as scheduled. Your class aide can provide further information at the outset of each course. To learn the most up-to-date information:

- Listen to the radio or watch television
- View Arlington Cable
- Go to www.arlington.k12.va.us
- Call the APS toll-free hotline: 1-866-322-4APS (277)
- Call GMU at 703-993-1000 or access www.gmu.edu

Other rare cancellations or postponements because of special circumstances such as instructor difficulties will be announced by email (and telephone if necessary) in advance of the class.

ADA COMPLIANT FACILITIES

All ALRI sites have facilities that meet ADA standards. If a member experiences disability-related difficulties in class participation or has other concerns, he or she should contact the classroom aide or call ALRI.

VISITOR POLICY

Visitors who meet ALRI's membership requirements will be allowed to attend a single course session if the requests meet the following criteria:

- The visitor has never been a member of ALRI;
- The course is not fully subscribed;
- The instructor agrees; and
- The request is made in advance to the ALRI Administrator.

DISCRIMINATION & ACADEMIC FREEDOM

In membership, employment and its educational programs or activities, the Arlington Learning in Retirement Institute does not discriminate on the basis

of age, sex, race, color, religion, disabilities or national origin. As a learning organization, ALRI subscribes to the American Association of University Professors (AAUP) principle of academic freedom: All views should be respected, regardless of their conformance with generally, or currently, accepted views.

PRIVACY POLICY

The Arlington Learning in Retirement Institute (ALRI) is committed to protecting member privacy and to ensuring the security of personal information collected. ALRI does not sell or lend out member information. A complete ALRI Privacy Policy Statement is available from the ALRI Administrator and on the ALRI website at www.ArlingtonLRI.org.

While strictly adhering to this policy, ALRI does urge all members to provide email addresses for internal use. The email addresses in the ALRI database are especially valuable for communicating last-minute scheduling changes, as well as special event announcements. Members are urged to keep ALRI's administration informed when their email addresses or phone numbers change.

Members can update their own contact information, including email address, using the Online Transactions/Edit Membership Record function on the ALRI website.

ALRI maintains an office in room 304 at the Clarendon Education Center (CEC). Executive Director Marjorie Varner has an office at George Mason University's Arlington Campus. ALRI Administrator Donna Banks works at the CEC office. Both can be reached by email at ALRI@ArlingtonLRI.org or by calling 703-228-2144. During the academic year the CEC office is staffed from 10 AM to 3 PM Monday through Thursday. Donna's office hours are 10 AM to 2 PM; Marjorie's office hours are noon to 3 PM. Office management support volunteers supplement the office staff Monday through Thursday from noon to 3 PM. The office's summer hours are posted on the ALRI website.

Spring 2010 Term Courses

Fine Arts, Theater & Music

115 – The American Character on Film

Instructors: Lee Lederer

Wednesdays, 10:00 - 11:30AM

March 10 - April 21

Location: FCC

7 Sessions

Maximum 35, minimum 12 participants

Is it “only a movie,” or can a film tell us something meaningful about who we Americans are, who we think we are or who we ideally would like to be? How are the American national character and the concept of American exceptionalism reflected in our movies? What explains the American penchant for happy endings in contrast to European films that take a bleak and more cynical view of the human condition? What are we looking for in our choice of heroes and heroines in film? And how do movies treat major foreign events such as the wars in Vietnam and Iraq that have affected the American trajectory?

Amply illustrated by brief film clips, this course is for the movie buff who enjoys exploring the historical and cultural factors underlying some of our favorite films.

Lee Lederer, a former career Foreign Service Officer with the US Information Agency, has worked on television documentaries with visiting foreign journalists for the State Department’s Office of Broadcast Services. A long-time movie buff, he studied film at American University and the University of Southern California.

119 – Great Sculptors of the Western World

Instructor: John Schnorrenberg

Mondays, 10:00 - 11:30AM

March 8 - April 26

Location: GMU

8 Sessions

Maximum 30, minimum 8 participants

From the time of the ancient Greeks to the 20th century, sculpture considered “great” by artists’ contemporaries and by art historians varied extensively in purpose, subject and form. What constitutes great sculpture and which artists should be included in any listing of great sculptors?

This course will address these questions and examine the work of some of the major sculptors of the Western world. It will include Greek sculpture in the 5th century B.C., with emphasis on Phidias at the Parthenon in Athens and comparisons with 4th century B.C. artists Praxiteles and Lysippus; the master of the 12th century portals at Chartres Cathedral and his followers in the 13th century transept portals at Chartres and the west portals at Reims Cathedral; the 15th century Italian master, Donatello, with comparisons to his contemporaries Ghiberti, Luca, della Robbia and Verrocchio; Michelangelo and related sculptors of the 16th century High Renaissance in Florence and Rome; Bernini and the 17th century Baroque in Rome, comparing his work with that of Giambologna and Vittoria; Houdon and sculpture in 18th century France compared with that in Italy and the United States; Rodin and French sculpture in the 19th century; and Brancusi in France and Henry Moore in England in the first half of the 20th century.

Recommended Reading: The Thames and Hudson Dictionary of Art and Artists, 1994 edition, Herbert Reed and Nikos Stangos, editors.

John M. Schnorrenberg, PhD, is professor emeritus of art history at the University of Alabama at Birmingham. He also taught art history at the University of North Carolina, Chapel Hill, and at Columbia University. Since his retirement in 2002 he has taught each year for ALRI.

Fine Arts, Theater & Music

125 – Greek Drama on Film: Sophocles and Euripides

Instructor: James Joy

Fridays, 1:00 - 3:00PM
March 12 - April 9
Location: CEC
5 Sessions
Maximum 30, minimum 8 participants

One of the greatest achievements of ancient Greek civilization was the creation of tragic drama in the city of Athens. The eternal themes of love and war, death and sacrifice, revenge and civil disobedience are as relevant today as they were 2,500 years ago.

Modern performance of ancient Greek tragedy has a long history dating back to the Renaissance. Stage revivals ranging from antiquarian to modernistic productions have become a regular feature of western theater—and in the last 80 years, of the screen as well. This course will attempt to increase appreciation of three classic Greek tragedies through lectures and the viewing of films.

Recommended Reading: “Oedipus the King” and “Antigone” by Sophocles, and “Hippolytus/Phaedra” by Euripides.

James Joy taught Greek drama in a Great Books course at Howard University and in his classes in European Civilization at Northern Virginia Community College for nearly 20 years. He was an actor in classical and Shakespearean drama at Whitman College, where he earned a BA in English and Political Science. He studied in Europe at Oxford, Vienna, and the American School of Classical Studies at Athens. He holds an MA from American University and a Doctor of Arts from George Mason University.

127 – Comedy in Film: International Interpretations

Instructor: Russ Notar

Tuesdays, 10:00AM - 12:00PM
March 9 - April 6
Location: GMU
5 Sessions
Maximum 50, minimum 8 participants

We laugh because in the midst of life's problems or tragedies, laughter can be a healing balm. It reminds us that the human condition can be absurd, exhilarating, or both, depending upon how we confront a mysterious universe. Laughter can help keep us sane, and it makes us feel better. Humor is ancient and modern, personal and impersonal, sophisticated and slapstick, but it is universal. This course will explore comedy in film as interpreted by directors, producers, and actors throughout the world.

Russ Notar is the retired president and CEO of the National Cooperative Business Association in Washington, DC. He was responsible for domestic and international development programs and traveled extensively to advise members and clients of business opportunities. He received an MS in economics from the Illinois Institute of Technology and graduated from the University of Chicago Management Program for Executives, and he taught in the Management program at The Johns Hopkins University. His lifelong interest in the psychological and physiological effects of laughter in a stress-filled world has led to his teaching courses on comedy in film for the University of Delaware's lifelong learning program.



Fine Arts, Theater & Music

128 – Pre-Columbian Art and Modernism

Instructor: Ellen Elms Notar

Tuesdays, 1:00 - 2:30PM

March 9 - April 6

Location: GMU

5 Sessions

Maximum 30, minimum 8 participants

Regarding pre-Columbian art, in 1520 Albrecht Durer wrote, "I have seen these objects sent to the Queen of Spain by Cortes ... in all the days of my life I have seen nothing that gladdened my heart [as] much ... they are wonderful works of art and I marvel at the Ingenia of men in these lands." Simon Bolivar, the great South American liberator, wrote, "This land was guided by an instinct that can be called the wisdom of nature itself." The forces of this past live on, and we will explore their influence on "modern" artists.

How does the art of the pre-Columbian world relate to the modern art more familiar to us? This course will explore the work of Gauguin, Moore, Wright, Rivera and Torres-Garcia and examine ways it was influenced by the artists of an earlier age in Mesoamerica and the Central Andes.

Ellen Elms Notar is a former university professor who taught art history and semiotics for over 25 years. She holds degrees from the School of the Art Institute of Chicago (BA), the University of Michigan (MA) and the University of Wisconsin (MS and PhD). She is a painter and printmaker, showing her art locally, nationally and internationally and has taught for seven years in the University of Delaware's lifelong learning program in Lewes.

129 – World Theater

Instructors: Iska Alter, Deborah Kaplan, Sufumi So, Ken Elston, Kristin Johnsten-Neshati, Rick Davis, C oil n Owens, Beth Hoffman

Mondays, 1:30 - 3:00PM

March 29 - May 17

Location: GMU

8 Sessions

Maximum 50, minimum 8 participants

Reserve your seats early for a worldwide theatrical extravaganza. This course will range across Commedia dell'arte, Japanese theater, English Restoration comedy, and the modern Irish theater. Featured writers include Shakespeare, Chekhov, Tennessee Williams, Harold Pinter and Brian Friel. While carrying the same title as a previous popular ALRI course, this is a virtually new production!

- **On Shakespeare: His Time, His Theater, His Life** (*Iska Alter*) Shakespeare is considered the most influential writer for the stage in English. Although we have little documentation of his life, his treasure of plays remains. This lecture will explore some history of the Elizabethan stage, theater architecture, writers and the so-called authorship question.
- **The Plain Dealer on the Restoration Stage** (*Deborah Kaplan*) We will discuss William Wycherley's comedy and its performance in the late 17th century London playhouse.
Assigned Reading: William Wycherley's "The Plain Dealer" (Oxford classic paperback recommended), *The Country Wife and Other Plays* (which includes "The Plain Dealer").
- **Traditional Theatrical Arts in Japan** (*Sufumi So*) An introduction to the several-hundred-year-old tradition of theatrical arts in Japan. We will explore the origins, purposes, sources and symbolic meanings of such traditional arts as Noh, Kyogen, Kabuki and Bunraku. The rehearsal, preparation of costumes and wigs and performances of these plays will be shown as well.

Fine Arts, Theater & Music

Recommended Reading: The Japanese Theatre: From Shamanistic Ritual to Contemporary Pluralism (revised edition, 1995) by Benito Ortolani.

- **Commedia Dell'Arte** (*Ken Elston*) Italy's Commedia dell'arte was a radical transformation in theater arts during the Renaissance. From 1550 to 1650 the improvisational form cemented changes in characterization and acting, dramatic criticism, theater architecture and scenic design. This lecture will examine the development of Commedia, the stock characters that emerged and the lasting impact on theater and other forms of entertainment. We will look at the physical manifestations of the form and, in practical application, will try out the playing of the art itself.
- **Character and Action in Chekhov's Plays** (*Kristin Johnsten-Neshati*) Celebrated for his masterful character portraits in drama and fiction, Anton Chekhov employed his skills as a doctor, social activist and writer to examine Russian views on class, ambition and love at the end of the 19th century. This session will focus on the play "The Cherry Orchard" as the source of some of Chekhov's most memorable scenes. Through reading and discussion, the class will explore Chekhovian technique and identify the playwright's innovative approaches to character, play structure and style.

Assigned Reading: Anton Chekhov's "The Cherry Orchard".

- **Tennessee Williams** (*Rick Davis*) Like his character Tom in "The Glass Menagerie", Tennessee Williams himself has "tricks in his pocket and things up his sleeve." Williams ranks as one of America's—and some would say the world's—most admired and influential 20th century dramatists. His greatest works, such as "The Glass Menagerie", "A Streetcar Named Desire", "Summer and Smoke" and "Cat on a Hot Tin Roof", have held the stage and screen for half a century or more. This lecture will investigate aspects of Williams' background that influenced his writing and assess some of the significant features of his major plays.

Assigned Reading: Familiarity with one or more of Williams' major works is suggested.

- **Irish Theater: Brian Friel's "Translations"** (*Cóilín Owens*) "Translations" (1980) is the best-known play

of Ireland's leading living playwright, Brian Friel. Set in pre-famine Donegal, "Translations" dramatizes the effects of the Ordnance Survey and the National Schools on a rural community. As the villagers are forced to abandon classical studies and their native Irish for the more practical English, we witness the onset of modernity and cultural imperialism.

Assigned Reading: Brian Friel's "Translations".

- **Harold Pinter: Various Silences** (*Beth Hoffmann*) This lecture takes a broad look at the aesthetic, cultural and philosophical significance of Harold Pinter's dramatic works. In particular, we will consider the operation of the famous "pauses" and silences that structure the deeply "subtextual" register of communication in his dialogue. The assigned plays, drawn from distinct stages in Pinter's career, each engage silence and subtext in contrasting ways, demonstrating the very different interpretive and political challenges Pinter's literary style can present.

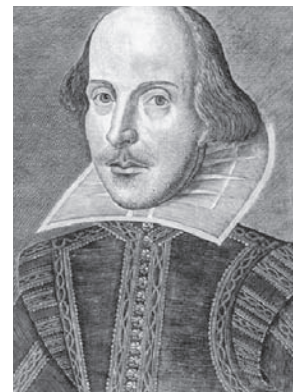
Assigned Readings: "The Birthday Party"; "Landscape and Silence"; and "One for the Road" (all plays by Harold Pinter)

Recommended Reading: "Art, Truth, and Politics" (Pinter's 2005 Nobel Lecture) and *Various Voices: Prose, Poetry, Politics, 1948-1998* (collection of Pinter essays published in 1998).

Recommended Websites: http://nobelprize.org/nobel_prizes/literature/laureates/2005/pinter-lecture-e.pdf; <http://www.haroldpinter.org/home/index.shtml>; http://susanhollisemerritt.org/_wsn/page2.html

The order of class presentations may change depending on the lecturers' schedules.

Iska Alter is Emerita Professor of English at Hofstra University. Although ostensibly retired, she continues to teach on a part-time basis. Her areas of specialization are American literature, Shakespeare and English renaissance drama. Dr. Alter's work has appeared in such journals as *Modern Drama*, *The American Journal of Theatre History* and *Shakespeare Survey*. Her book



Fine Arts, Theater & Music

The Good Man's Dilemma: Social Criticism in the Fiction of Bernard Malamud was published in 1981. She received her BA from CCNY, her MA from the University of Wisconsin and her PhD from NYU.

Deborah Kaplan, associate professor of English at George Mason University, is the author of *Jane Austen Among Women*. She has also published articles on Restoration comedies and is currently working on a book about the censorship history of these plays.

Sufumi So is assistant professor of Japanese and director of the Japanese Program at George Mason University. Her Japanese classes are known for an innovative approach integrating the study of language and culture that goes well beyond conventional language teaching. She received her MA from the University of Hawaii and her PhD from the University of Toronto.

Ken Elston teaches movement, acting and directing at George Mason University and continues to work professionally as an actor and director. Ken is the artistic director of Footsteps in Time, a nonprofit whose mission is to advance history education and promote a deeper understanding of contemporary America by examining history through theater, film and the arts.

Kristin Johnsen-Neshati has been a dramaturge for Theater of the First Amendment and taught on George Mason's theater faculty for 13 years. She teaches courses in dramatic literature, theater history, non-Western drama and theater criticism. She is also a translator and freelance theater writer. She received her BA in Russian and Theater from Swarthmore College and her MFA and DFA from the Yale School of Drama.

Rick Davis is George Mason University's associate provost for undergraduate education, professor of theater and co-artistic director of Theater of the First Amendment. He is the author or co-author of four books: *Calderón de la Barca: Four Great Plays of the Golden Age*; *Ibsen in an Hour*; *Writing about Theatre*; and *Ibsen: Four Major Plays*. He received his MFA and DFA from the Yale School of Drama.

Cóilín Owens was educated at University College (Dublin), Notre Dame and Kent State University. He taught English at Cleveland State, Kent State and George Mason for 35 years until his retirement three years ago. Since then he has written two books, *James Joyce's Painful Case* and *How Joyce Writes: After the Race*. He has given many courses at the Smithsonian and currently teaches at Catholic University. He has edited an anthology, *Irish Drama 1900-1980*, which concludes with Brian Friel's "Translations".

Beth Hoffmann is an assistant professor in the Department of English at George Mason University. She received her PhD in Performance Studies from the University of California, Berkeley, in 2008. She is currently writing a book on experiments with dramatic structure in British performance practice since 1968.

132 – America's Operatic Voices from 1900 to the Present: Stars, Sparklers and Supernovas

Instructor: John Edward Niles

Wednesdays, 1:00 - 2:30PM

March 17 - April 28 (No class March 31)

Location: CEC

6 Sessions

Maximum 24, minimum 8 participants

From the beginning of the 20th century to the present day, America has been gifted with outstanding native-born opera singers. Surprisingly, many of these singers found it difficult, if not impossible, to develop careers in their home country. There is a limited audience for opera here compared to that for other forms of entertainment, and for a time, opera house managers assumed that American audiences preferred to hear European performers. American singers often were forced to go to Europe to expand their repertoire and obtain audience exposure.

This course will examine the lives and the musical achievements of some of the greatest American opera singers, with the help of the instructor's extensive collection of CDs and DVDs. Particularly featured will be singers who met the challenge of building their careers abroad and in the United States--those singers who eventually achieved international fame.

John Edward Niles is artistic director and conductor of the Opera Theater of Northern Virginia, musical director of Colvan Productions, Inc. USA and program director of the Evelyn Lear and Thomas Stewart Emerging Singers Program of the Wagner Society of Washington, DC. From 1987 to 1998 he worked with European-American productions in Hannover, Germany. He also has conducted at the Prague Eurofest, ScanMus in Helsinki, WorldMusic, Inc. in Linz, Austria and at the Virginia Opera.

Fine Arts, Theater & Music

133 – The Educated Audience: Informed Appreciation of Local Theater Productions

Instructor: D. Ohlandt

Tuesdays, 2:30 - 4:00PM

March 23 - May 18

Location: FCC

9 Sessions

Maximum 20, minimum 8 participants

Do you enjoy evenings at the theater but want to know more about what you are seeing? Have you ever wondered if knowing about the historical context of a play, a theater company, or a style would help you better enjoy a production you see? If so, this is the class for you! Through a series of readings and guided discussions, we will educate ourselves as audience members for four productions put on by four different local theater companies.

The first session will be a general introduction. Then we'll alternate weeks, devoting two class sessions to each of the four plays. One week we'll read the play or the source material and explore it from a literary, dramatic and historical point of view. We will then see the production, and the following week's class session will explore what we saw, considering performance style, technique and production values. Discussions of the plays and the productions will be facilitated by an instructor trained in theater history and dramatic theory and experienced as a director and dramaturge.

This course requires attendance at the four plays. Students will be responsible for securing their own tickets to the following productions:

- **The Light In the Piazza** at Arena Stage (see between 3/30 and 4/5)
- **Metamorphosis** at Synetic Theater (see between 4/13 and 4/19)
- **Lady Windermere's Fan** at the Little Theatre of Alexandria (see between 4/27 and 5/3)
- **American Buffalo** at Studio Theatre (see between 5/11 and 5/17)

Assigned Reading: *The Light in the Piazza* (paperback of the "book," not the songbook) by Craig Lucas and Adam Guettel; "The Metamorphosis" by Franz Kafka (the novella); "Lady Windermere's Fan" by Oscar Wilde; "American Buffalo" by David Mamet.

Recommended Reading: "The Light in the Piazza" by Elizabeth Spencer (novella, source material for the musical).

Website: goldstar.com (for possible discount tickets).

Field Trips: Four trips to DC/Northern Virginia theater productions. Students will be responsible for reserving their own tickets. Check theaters and web for possible discount tickets for listed productions.

D. Ohlandt holds a PhD in Theatre Studies from the University of Michigan and has experience teaching theater history and practice as a college professor, as well as over 15 years of experience directing in community, university and regional theater. She has taught students from preschool through adult in a range of settings, including traditional classrooms, summer camps and team-building outdoor courses.

Health & Wellness

216 – Natural Approaches to Wellness

Instructors: Kerrie Martin, Penny R. Capps, Larry Godwin, Toni Clark, Dawn MacLear

Fridays, 2:30 - 4:00PM

March 12 - April 16

Location: CEC

6 Sessions

Maximum 24, minimum 8 participants

Normal aging brings about changes in your health status. Chronic pain, negative effects of medications and activity limitations in aging can adversely affect your quality of life. If you are unhappy with the way you are aging and want to remain active and independent for as long as possible, let five local healthcare practitioners empower you to make sound choices in nutrition, exercise, injury prevention and to develop a positive mental outlook. Their lectures will spotlight wellness strategies available in most communities and will enable you to take control of your health in a safe and natural way.

Sessions (order may change depending on lecturers' schedules):

1. Whole and Healthy (Kerrie Martin)
2. Therapeutic Massage (Penny R. Capps)
3. Acupuncture (Larry Godwin)
4. Purpose Is Powerful Medicine (Toni Clark)
5. Stretch and Strength (Dawn MacLear)
6. Creating, Claiming and Maintaining Your Personal Rhythm (Kerrie Martin)

Kerrie Martin is a certified holistic health counselor who has studied various eastern and western nutrition theories as well as modern health counseling at the Institute for Integrative Nutrition in New York City. Accredited by the American Association of Drugless Practitioners and the Teachers College of Columbia University, she owns and operates a private health counseling practice, specializing in weight management and guiding individuals in creating healthy and balanced lifestyles. Kerrie has been a featured speaker and facilitator in multiple venues.

Penny R. Capps is a certified massage therapist, personal trainer and fitness instructor with 20 years' experience in these fields. She holds a master's degree in en-

gineering that supports her interest in the science and biomechanics of the human body. Penny's experience includes sports massage at many events, most notably the 2002 Winter Olympic Games in Salt Lake City. Penny maintains a massage and personal training practice in Falls Church.



Larry Godwin, MAC, LAc, is a licensed acupuncturist certified by the Virginia Board of Medicine. He practices five-element, eight-principle and sports (orthopedic) acupuncture and the relief of chronic pain through the use of painless myofascial trigger-points therapy. Larry is an avid athlete, participating in six marathons per year as well as numerous shorter races, and he enjoys Olympic-distance triathlon.

Toni Clark is a graduate of the Institute for Life Coach Training, a program accredited by the International Coaching Federation to train mental health professionals in coaching, and has worked as a Life Coach since 2003. She also holds a PhD in educational psychology from the University of Washington. Toni has worked many years in both mental health and corporate management education.

Dawn MacLear holds certificates from Evergreen Yoga, AFAA Aerobics, ACE Group Exercise and ACE Personal Trainer. She is the author of Evolved Yoga, an exercise video rated one of the top nine exercise videos of 2004 by Health Magazine. Dawn has modified classic yoga per the guidelines of current exercise physiology to provide uncomplicated stretching that anyone can do. She has also studied dance and martial arts and was a competitive athlete.

Health & Wellness

221 – The Medical Century: 100 Years of Progress and Where We Go from Here

Instructor: N. Thomas Connally

Fridays, 9:00 - 10:30AM

April 2 - May 21

Location: GMU

8 Sessions

Maximum 50, minimum 8 participants

The 20th century saw great changes in American medical practices that provided huge benefits in disease prevention and care. Life expectancy has increased, and medical and surgical advances have improved the lives of many, even while the US struggles to make these benefits more universally available. This course will examine the major scientific discoveries and critical changes in the American medical system, with special attention to the cultural and socioeconomic factors involved.

Class session topics:

1. The conquest of infectious diseases: public health, antibiotics, vaccinations and the rise of viruses and resistant bacteria.
2. Progress in the treatment of cardiovascular disease: the discovery of what a heart attack is, cardiac surgery, ICUs and the future of treatments for heart disease.
3. The incredible march of new technology: X-rays and other imaging, EKGs, new scopes and surgery through scopes, and blood transfusions.
4. Cancer understanding and treatment: a very sophisticated view of the chemical understanding of cancer and the history of chemotherapy.
5. Mental illness: from Freud to Prozac and beyond, understanding the genetics of mental illness.
6. Glands, guts and the internal milieu: the major contributors to the understanding of what inter-nists treat.
7. Genes and their medical implication: Mendel, chromosomes, DNA, the genome and the future of genetic medicine.
8. The socioeconomic history of medicine in the last century: from the rise of medical schools to the AMA, health insurance, Medicare and the National Institutes of Health.

Assigned Reading: Four- to six-page handouts will be prepared for each session and will be available at the first class.

Recommended Reading: *The Social Transformation of American Medicine* by Paul Starr and *The Greatest Benefit to Mankind* by Roy Porter. Selected readings from these books will be recommended.

N. Thomas Connally, MD, MACP, received a BA in Philosophy and his MD from the University of Virginia. He was an officer in the US Public Health Service at NIH for two years and practiced internal medicine in Washington, DC, for 32 years. He is the author of a book on health care for seniors, is a member of the board of trustees for CareFirst BlueCross BlueShield, and is active in professional medical organizations at the state and federal level. He is the medical director of the Arlington Free Clinic and has taught a number of health-related courses at ALRI.

222 – The World’s Pantry: Foods from the Far East

Instructor: Herbert Weinstein

Mondays, 1:30 - 3:00PM

March 29 - May 3

Location: CEC

6 Sessions

Maximum 30, minimum 8 participants

What’s for dinner tonight? We don’t often stop to appreciate the many opportunities we have today to select foods originating in different parts of the world. We’ve grown accustomed to eating at restaurants that serve cuisines our great-grandparents would have considered “exotic.” At home we can cook ethnic specialties from other cultures after shopping at grocery stores that stock ingredients from around the world.

But having this degree of choice and access is a relatively recent phenomenon. What are the origins of these ingredients, and how did the preparation of these succulent dishes evolve? How did they become available in our local supermarkets and restaurants? This course is the third in the “World’s Pantry” series

Health & Wellness *continued* / History

by the same instructor. This time he'll focus on the Far East, specifically China, Japan and Korea, whose native cuisines have had a tremendous influence on modern eating habits in many other countries, while keeping quite free from other influences themselves. The focus will be on the origin, history and development of typical native cuisines and eating habits of the Far East. Discussion topics include China and the foods from its different provinces, which really make it seem as though China comprises several countries. Historical events that have modified diets and eating habits in Korea, Japan and China will be touched upon.

The instructor will supply the class with reading materials and electronic files used in the preparation of the lectures.

Herbert (Herb) Weinstein earned his chemical engineering degree from the Universidad Nacional Autonoma de Mexico and his MS and PhD in Food Science and Technology from MIT. He has 37+ years of industrial experience with General Foods (now Kraft Foods) and Unilever in most technical aspects of food manufacturing, distribution, logistics, product development, quality control, quality assurance and management. He has traveled extensively abroad. Today he is a consultant and an instructor for ALRI.



305 – Arlington History

Instructor: W. Karl VanNewkirk

Thursdays, 3:00 - 4:30PM

April 8 - May 20

Location: Off-site

7 Sessions

Maximum 15, minimum 8 participants

While living your daily life in Arlington, have you ever wondered who trod this ground before you? This course surveys the history of Arlington from before the arrival of European settlers to the present. Several historic buildings and neighborhoods will be visited.

The sessions will cover the following:

1. Overview and guided tour of the Arlington Historical Museum
2. Arlington before the Europeans
3. Eighteenth Century Arlington
4. Early Nineteenth Century and the Civil War
5. Some Arlington Black History
6. Reconstruction and the Beginning of Modern Arlington
7. Arlington in the Twentieth Century.

Note: The first class will meet at the Arlington Historical Museum, 1805 S. Arlington Ridge Road (directions below). Locations and directions for subsequent sessions will be provided at the first class meeting. A moderate amount of walking will be involved in touring the historic Arlington locations.

Karl VanNewkirk is a past president of the Arlington Historical Society and has edited its annual magazine since 1992. He has been a member of the board of directors of the Arlington Black Heritage Museum, works as a volunteer for the archaeology department at Gunston Hall and is currently working on the genealogy of his family. He is a member of a variety of local historical, genealogical and archaeological organizations.

Directions to Arlington Historical Museum: From North Arlington take Arlington Boulevard or Washington Boulevard to their intersection. Follow Washington Boulevard (Rte. 27) toward the Pentagon and I-395. Just past Columbia

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Pike, follow the signs to Ridge Road. After crossing the bridge, turn right at the yield sign; the Arlington Historical Museum is 200 yards on the left. From South Arlington take Columbia Pike east (toward the Pentagon). Take the ramp to Washington Boulevard and I-395, but DO NOT merge; instead, take the SECOND (left) exit from the ramp, to Ridge Road. After crossing the bridge, turn right at the yield sign; the museum is 200 yards on the left. From Crystal City, take 23rd Street west (up the hill). At the traffic light at the top of the hill, turn right on Arlington Ridge Road; the museum is 0.4 mile on the right.

311 – The Roman Renaissance: History, Culture, Art and Architecture

Instructor: Tom Wukitsch

Thursdays, 1:00 - 3:00PM

March 11 - May 13

Location: FCC

10 Sessions

Maximum 50, minimum 8 participants

Don't let those Florentines fool you—the Italian Renaissance was in Rome, Rome, Rome! This course will examine evidence to support the thesis that Rome rather than Florence was the epicenter of the Italian Renaissance. We will explore some of the factors that contributed to the Florentine spin on Renaissance history. The material covered will focus on the flowering of the Roman Renaissance in terms of its artistic and cultural achievements, its relation to the papacy and its historical roots.

The course starts with the return of the popes to Rome following their “Babylonian captivity” in Avignon and extends through the Baroque Period with Bernini, Borromini and Pietro da Cortona.

Assigned Reading: Course handouts will be provided.

Recommended Website: <http://www.mmdtkw.org/ALRItkwPages.html>

Tom Wukitsch's background is in archeology and ancient history. He served in the US Navy and then had a career as a member of the US Foreign Service serving in the Middle

East and Western Europe. He served as a Division Chief for the Middle East Division and then the Western Europe Division in the State Department Bureau of Intelligence and Research. After retiring he studied and taught for four years in Rome. He is a board member of SMATCH (Scientific Methodologies Applied to Cultural Heritage), an international nonprofit. He has led ALRI Travel Club tours to Rome, Florence, Venice and Egypt.

321 – Our Legacy from the Middle Ages

Instructor: Mary Lee McIntyre

Wednesdays, 10:00 - 11:30AM

March 10 - April 21 (No class March 31)

Location: CEC

6 Sessions

Maximum 24, minimum 8 participants

What comes to mind when you hear the term “Middle Ages”? Do you picture a chaotic, barbarous period when life was short and brutish and culture was confined to a few scattered monasteries? Or do you have a more romantic vision of chivalrous knights and castles?

The twelve centuries from 300 AD to 1500 AD featured all of these elements but so much more. In this course we will examine the remarkable legacy that the modern world received from this period in terms of institutions such as the church, representative government, capitalism and the university as well as ideas such as rationalism, nationalism and the scientific method. We will trace the development of architecture, art, literature, trade and methods of conducting warfare. Finally, we will meet some of the fascinating men and women who contributed to the richness of medieval life. Guest speakers will offer their expertise on special topics during several of the class sessions.

Recommended Reading: Handouts will be provided in class.

Mary Lee McIntyre developed her interest in medieval history during a long career of teaching and lecturing here and abroad. After receiving an AB in History from Washington College and an MA from SAIS at Johns Hopkins

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University, she taught at both the high school and university levels in the Washington area and in India, Pakistan and Lebanon. She also served with USAID in India, Pakistan and Bangladesh.

327 – The Geopolitics of the Ancient Middle East

Instructor: Dave Rudgers

Thursdays, 1:00 - 2:30PM

April 8 - May 13

Location: CEC

6 Sessions

Maximum 30, minimum 8 participants

After the ancient Hebrews became aware of themselves as a people with their own identity, their history was a turbulent one. Relatively few in number and living in a tumultuous geopolitical neighborhood since the beginning of recorded history, they were in almost constant conflict with powerful neighbors, threatened by hostile nomads, divided among themselves and frequently subordinate to foreign conquerors. This course tells that story and describes the Jews' relationships with the Egyptians, Assyrians, Babylonians, Persians, Seleucid Greeks, Romans and Muslims. It will also detail the changing power relationships in the ancient Middle East, culminating in the Muslim conquests of the seventh century.

Although this course deals with biblical themes and personalities, it is not a course in religion. Events will be examined and interpreted in an entirely secular way. The course will also attempt to link the events of the ancient Middle East to a contemporary context. There is no required text, but an extensive bibliography will be provided.

Dave Rudgers is an independent scholar and retired civil servant. After working as an archivist at the National Archives, he was employed primarily as an editor and an analyst at the Central Intelligence Agency for 22 years. He holds a doctorate in history from the George Washington University and is an award-winning author.

329 – The 'Troubles' in Northern Ireland

Instructor: Rosemary O'Neill

Mondays, 1:00 - 3:00PM

March 15 - May 10

Location: ACC

9 Sessions

Maximum 12, minimum 8 participants

This course will focus on the violence that took place in Northern Ireland from the civil rights movement in the late 1960s until the IRA ceasefires in the mid-1990s. Ms. O'Neill will describe the secret talks between the British, the IRA and others that eventually culminated in the Good Friday Agreement of 1998. She will analyze the political parties, paramilitary militias, factions and leaders in Northern Ireland and will discuss the evolutionary roles of the British and Irish governments and the role of the United States in encouraging a peaceful resolution of the 'Troubles.' Finally there will be a description of developments from the 1998 Good Friday Agreement to the establishment of an Executive ruled by Ian Paisley's Democratic Unionist Party and Sein Fein. Ms. O'Neill will invite guest speakers who participated in the Northern Ireland peace process to address the class and engage in discussion.

Assigned Reading: Students will be expected to read the handouts, including treaties.

Recommended Reading: A bibliography of suggested readings will be provided. Students will be invited to do research and make brief presentations to the class on some of the key figures and events of the 'Troubles.'

Rosemary O'Neill served 37 years with the US Foreign Service before retiring in 2003. She has followed developments in Northern Ireland for more than 30 years and traveled extensively throughout Ireland. She served as an advisor to Ambassador Richard Haass, Bush Administration point person for Northern Ireland in 2001. She has worked with representatives of all the political parties, journalists, academics, women's groups, youth groups, community organizers, human rights workers, religious leaders, security officials and government leaders to try to promote peace and reconciliation in Northern Ireland.

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334 – 21st Century Russia

Instructor: Nellie Ohr

Fridays, 11:00AM - 12:30PM

March 26 - May 7

Location: GMU

7 Sessions

Maximum 30, minimum 8 participants

Need help in unwrapping the continuing mystery inside the enigma? This course explores Russia's turbulent 21st century. It addresses the Soviet legacy; the "power vertical" (centralized control) established during Vladimir Putin's presidency and today's tenuous Putin-Medvedev tandem leadership; the "Dutch disease" of Russia's economic dependence on raw materials exports; the "bulldogs-under-a-rug" power struggles among loose clans of government figures, businessmen and law enforcement or intelligence officials; the virtual world, including Russia's internet society and hackers; official and popular patriotism and ambivalence toward the West; and the threats and opportunities Russia faces and poses in its relationship with the rest of the world.

Recommended Reading: Petrostate: Putin, Power and the New Russia, Marshall I. Goldman. Oxford University Press, 2008. *After Putin's Russia: Past Imperfect, Future Uncertain*, Fourth Edition, Stephen Wegren and Dale Herspring, eds. Rowman & Littlefield Publishers, Inc., 2009.

Recommended Website: "Russia and the Financial Crisis," Russian Analytical Digest, #48, <http://www.isn.ethz.ch/isn/Digital-Library/Publications/Detail/?id=92848&lng=en>

Nellie Hauke Ohr earned an AB in History and Literature of Russia from Harvard/Radcliffe Colleges in 1983 and a PhD in Russian/Soviet History from Stanford University in 1990. She worked as research assistant for Harvard Professor Richard Pipes and later taught history and international studies at Vassar College. Since 2000 she has done government contract work on current topics, with research projects including nuclear and biological proliferation, crime, corruption and law enforcement.

335 – Lee Invades the North: 1862 Maryland Campaign

Instructor: Robert Stone

Tuesdays, 1:00 - 2:30PM

April 6 - May 11

Location: CEC

6 Sessions

Maximum 30, minimum 8 participants

Only three months after taking command of the Confederate Army of Northern Virginia, General Robert E. Lee decided to march his army into Maryland to liberate that state from "the Yankee Yoke." Follow the actions of that pivotal campaign of 1862 and learn how it turned on a lost order wrapped around cigars. Study the battles involved in the campaign, including South Mountain, Harpers Ferry and Antietam (or Sharpsburg). The Battle of Harpers Ferry saw the second largest surrender of an American army in our history (11,000 troops), and Antietam is the bloodiest single day of combat in our history (23,000 casualties). Find out how this campaign allowed President Lincoln to issue the Emancipation Proclamation.

The six class sessions will use a combination of lecture/discussion plus visual aids in an attempt to bring to life these defining moments in our nation's history. The instructor will sponsor a voluntary all-day tour of the campaign sites (Frederick, South Mountain, Harpers Ferry and Sharpsburg) the week following the last class, for those students who wish to participate. Costs of the tour will be evenly divided among the students going but shouldn't exceed \$25 each.

Field Trip: Voluntary field trip after the last class. Details to be determined.

Bob Stone has a BS in Education from West Virginia University. He worked for the Arlington County Government for more than 36 years and also taught classes at Northern Virginia Community College. He has studied the American Civil War extensively for over 50 years, has taken adult groups on tours of local Civil War battlefields and has taught ALRI courses on major Civil War campaigns for the past five years.

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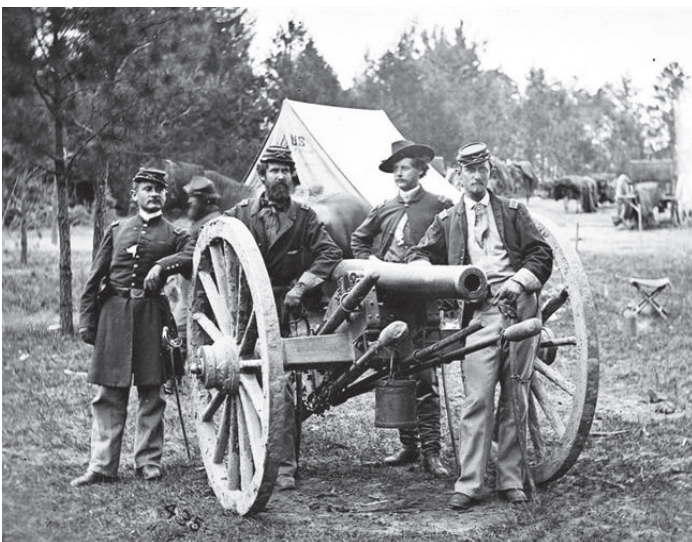
336 – Civil War Combat

Instructor: R. Keith Young

Fridays, 1:00 - 3:00PM
March 19 - May 7 (No class April 16)
Location: GMU
7 Sessions
Maximum 30, minimum 8 participants

What strategic and tactical considerations influenced commanders and soldiers during Civil War battles? The complexities of those battles often hide the basic military principles that were applied. This course will help us develop an appreciation of exactly how and why Civil War battles were won and lost, by spotlighting the military principles involved. We'll examine how the considerations and decisions needed to fight battles successfully varied with the place of the individual in the military chain of command--army, corps and division, brigade, regiment and individual soldier.

Keith Young has a very active interest in American history and has traveled extensively to visit Civil War sites. He is a past president of the Bull Run Civil War Round Table and was a contributor to the *Library of Congress Civil War Desk Reference*, published in 2002. As an active lecturer on Civil War topics, he has spoken at many Civil War round tables, community organizations, educational institutions and Civil War descendants' groups.



337 – World War II: Naval Topics from the Pacific—Kamikazes and Ending the Pacific War

Instructor: R. Keith Young

Mondays, 10:00AM - 12:00PM
March 8 - April 12
Location: GMU
6 Sessions
Maximum 30, minimum 8 participants

This course has two parts. The first—Kamikaze! Weapon of Desperation—examines the naval air war in the Pacific and will follow the birth, use and effectiveness of the Japanese kamikaze (suicide) tactics. Tracing the development of those tactics deepens our understanding of naval air strategy in the Pacific. The discussion draws on an unclassified US Navy study done in the early 1970s to determine whether the Navy's wartime experience in facing the kamikaze threat could help our warships face the emerging anti-ship missile threat (three sessions).

The second segment of the course—Ending the Pacific War—is a look at why it was so difficult to bring WW II in the Pacific to a close. Efforts aimed at ending the war were not just military, but political and psychological as well. Not bringing the war to a close in a timely manner, of course, had tremendous consequences and implications. The course examines the plans for the invasion of Japan and the planned Japanese resistance to that invasion (three sessions).

Keith Young is a former submarine commanding officer and a retired US Navy Captain. He has long had a deep interest in military history and is a lecturer on many subjects in the field. His special areas of interest are the American Civil War and World War II. He presented his course America's Submarine War: US Submarines in WW II at ALRI in the spring of 2008 and the course WW II U-Boats: The German Experience in the spring and fall of 2009.

Law, Politics & Public Affairs

402 – The Bill of Rights: Its History, Current Interpretations and Future

Instructor: Robert L. Weinberg

Thursdays, 2:30 - 4:00PM
March 11 - April 22 (No class April 1, 15)
Location: CEC
5 Sessions
Maximum 20, minimum 8 participants

How well do you understand your Constitutional rights? This course will present an overview of the rights guaranteed Americans by the first ten amendments to the US Constitution. It will also consider how the Supreme Court has interpreted several specific provisions of the Bill of Rights, including free speech, free exercise of religion, the right to bear arms, security against unreasonable search and seizure, the privilege against self-incrimination, the prohibition against double jeopardy, the guarantee of due process of law, the right of the accused to indictment by a grand jury and a speedy trial in public by an impartial jury, the right to assistance of counsel and to bail and the prohibition against cruel and unusual punishment.

Finally, the course will consider the extent to which the provisions of the Bill of Rights--which were adopted as limitations upon the federal government--have been made binding upon the states by virtue of the Fourteenth Amendment.

Recommended Reading: The Bill of Rights: Creation and Reconstruction by Akhil Reed Amar.

Robert L. Weinberg received his Bachelor's and Law Degrees from Yale and his PhD in economics from the London School of Economics. He is a retired founding partner of the Washington, DC, law firm of Williams and Connolly, formerly headed by the famous advocate Edward Bennett Williams. He has litigated constitutional issues for over 35 years, specializing in the defense of the accused in criminal cases. He is now Adjunct Professor at the George Washington University School of Law and Visiting Lecturer at the University of Virginia Law School.

412 – Global Hot Spots

Instructors: Molly Williamson, Allen Keiswetter, Stephen Dachi, Richard Miles, Phil Wilcox, Walter Andersen, John O'Keefe, Robert C. Heath, Kenton Keith

Thursdays, 10:00 - 11:30AM
March 18 - May 13
Location: GMU
9 Sessions
Maximum 50, minimum 8 participants

The Cold War is history. Although the United States no longer faces nuclear Armageddon, we are confronted by a more complex and still perilous world. Increasingly we face a globe marked by dangerous hotspots, some flaring openly into violence, others simmering near the edges of our attention. This course taps the experience and perspective of leading diplomats and scholars to offer insights into what's at stake in nine of these critical areas.

- 1. Iran: A Key Middle East Player** (*Allen Keiswetter*) Iran, a key player in the Middle East and elsewhere, is at the center of US interests in the region and the world because of the nuclear nonproliferation issue, Iran's role in Iraq/Afghanistan, its sponsorship of Hezbollah, its support for Hamas and its importance as a major holder of oil and natural gas reserves.
- 2. Iraq: The Almost Forgotten War** (*Stephen Dachi*) This lecture will look at the resurging violence and escalating political strife in Iraq, then evaluate the prospects for the eventual outcome and the ability of the US to keep to its announced withdrawal schedule.
- 3. The Caucasus: Caught Between Two Seas** (*Richard Miles*) Located between the Caspian and Black Seas, the Caucasus has been fought over for centuries. In modern times it has been the scene of conflict among the Ottomans, Russians and Iranians. Today the



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region is still subject to disputes, sometimes violent, among Georgia, Azerbaijan and Armenia--all countries that were once part of the Soviet Union--and within the Russia Federation itself. Offering examples and anecdotes from his own experience in Azerbaijan and Georgia, Miles will discuss the region's history, geography and current situation.

Recommended Reading: Wikipedia articles on Armenia, Azerbaijan and Georgia.

4. **Israel and Palestine: Peace or Historic Tragedy?**

(Phil Wilcox) For 60 years Israelis and Palestinians have struggled, often violently, over the Holy Land, to which both peoples have deep claims. The crisis has deepened as US and international peace efforts have failed, 500,000 Israelis have settled in lands occupied by Israel in 1967, and die-hard extremists on both sides have resisted a peaceful compromise based on two states and a shared Jerusalem. Are these two peoples doomed to perpetual conflict, or could the Obama administration help rescue them from a grim future?

Recommended Readings: Avi Shlaim, *The Iron Wall*; Rashid Khalidi, *The Iron Cage*; Aaron David Miller, *The Much Too Promised Land*.

5. **Af-Pak: One Border, One People, Two Countries**

(Walter Andersen) The Afghan/Pakistan border area has been a scene of turbulence for centuries. The modern border, delineated by the British at the end of the 19th century, also divides a people, the Pathans -- putting some in Afghanistan and some in Pakistan. Today, the Pathans or Pushtun continue their clan/tribal struggles for power and influence in both countries, using Islam as their banner.

6. **The 'Stans' of Central Asia**

(John O'Keefe) Central Asia is a region that has long felt the tug of empires. In the 21st century Russia has reasserted its claim to a sphere of special interest, China has secured agreements for transfer of oil and gas and development of reserves, the US has focused on security issues and Iran, Pakistan and India are looking to influence local governments and events. Pan Islamist groups and terrorist groups widen their influence. Meanwhile, leaders of the countries rule with a wide range of strategies. US interests in the region and limits in promoting those interests will be discussed.

Assigned Reading: Tournament of Shadows: The Great Game and the Race for Empire in Central Asia by Karl E. Meyer and Shareen Blair Brysac.

7. **Ukraine--Linchpin of Europe** *(Robert C. Heath)* We will explore the past, present and future of Ukraine at the crossroads of Europe--between Russia and the West.

8. **The Arab Heartland: Saudi Arabia and the Gulf** *(Kenton Keith)* The heartland of the Arab world is Saudi Arabia and its Gulf neighbors. Many of the Arab world's problems are also to be found there: Sunni relations with the Shia, the interplay of modern social values with more traditional Islamic ideals, how far to push for democratic-style change and whether to accept or reject a pluralistic society.

Assigned Reading: Joseph J. Malone's *The Arab Lands of Western Asia*, which can be found in good libraries; Google the CIA country background papers for Saudi Arabia, Kuwait, Qatar, Bahrain, the United Arab Emirates, and Oman.

9. **Challenges in Foreign Policy: The Interagency Process** *(Molly Williamson)* Williamson has served in policy-decision positions in four cabinet departments (State, Defense, Commerce and Energy) and will explore the interagency process as viewed from those different policy perspectives.

The order of class presentations may change depending on the schedules of the lecturers.

Molly Williamson, a retired U.S. Foreign Service Officer, has served as Senior Foreign Policy Advisor to the Secretary of Energy, as well as Deputy Assistant Secretary in the Departments of State, Commerce and Defense. While at Commerce she dealt with the Middle East, South Asia, Oceania and Africa, managing a trade portfolio valued at over \$120 billion/year. At the State Department she was responsible for UN matters, particularly peacekeeping and humanitarian issues. Ms. Williamson was also interim ambassador to Bahrain and Chief of Mission/Consul General in Jerusalem.

Allen Keiswetter, a retired Senior Foreign Service Officer, is a scholar at the Middle East Institute. He has taught courses on Islam and the Middle East at the National Intelli-

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gence College, the National War College and the University of Maryland. In his 36 years in the State Department, he served in six Middle Eastern countries and was Deputy Assistant Secretary for the Near East in 2000-2001. He also served as Senior Advisor for Middle East Affairs to the US Delegation to the UN General Assembly in 2003.

Stephen Dachi is Professorial Lecturer on Political Islam and Global Energy Security at George Washington University; Chair, South Asia Area Studies, Foreign Service Institute, Dept. of State; and an international consultant and lecturer. He has taught courses at ALRI since 2004.

Richard Miles spent more than 40 years representing the interests of the US overseas. As a US Foreign Service Officer, he served as Ambassador to Azerbaijan, Bulgaria, and Georgia. He also worked in the Office of Soviet and East European Affairs as well as the Office of Yugoslav Affairs and in the Bureau of Political Military Affairs. Most recently, he came out of retirement to serve as Chargé D'Affaires at the US Embassy in Ashgabat, Turkmenistan, returning to the Washington area in September 2009.

Philip C. Wilcox Jr. is president of the Foundation for Middle East Peace, a Washington DC-based organization devoted to fostering peace between Israelis and Palestinians. Wilcox retired from the US Foreign Service in 1997 after 31 years of service. His last overseas assignment was as Chief of Mission and US Consul General, Jerusalem. Among his other State Department assignments were Ambassador at Large and Coordinator for Counter Terrorism, Deputy Assistant Secretary for Middle Eastern Affairs and Director for Israeli and Arab Israeli Affairs.

Walter Andersen has a doctorate in political science from the University of Chicago. Before joining the State Department he taught at the University of Chicago and the College of Wooster. On retiring from the State Department in 2003, he was asked to join the School of Advanced International Studies/Johns Hopkins University, where he is now the acting director of the South Asia Studies Program. He has written extensively on the international politics of the South Asian states, including most prominently India and Pakistan.

John O'Keefe was appointed Open World's executive director in 2007. The former Ambassador to the Kyrgyz Republic (August 2000-July 2003), O'Keefe has twice served in the US diplomatic mission in Moscow and once in Central Asia, as well as two tours in the Bureau of European and Eurasian Affairs in Washington, DC.

Robert C. Heath served for 27 years as a diplomat in the Foreign Service. During his career with the US Information Agency, he was assigned to seven countries on four continents. His last posting was as Director of the United States Information Service in Kiev, Ukraine (1994-97). While in Kiev he also occasionally served as Deputy Chief of Mission and Chargé at the US Embassy. Most recently, Mr. Heath served as executive secretary of the Foreign Affairs Museum Council, a nonprofit organization dedicated to raising money to design and build a museum of American diplomacy.

Kenton Keith is currently the Senior Vice President of Meridian International Center in Washington DC. Prior to his retirement from the US Information Agency, he was director of its Office of North African, Near Eastern, and South Asian Affairs, managing field operations, public diplomacy activities and the budget for USIA's largest geographic bureau. He also served as Ambassador to the State of Qatar (1992-95).



Law, Politics & Public Affairs

421 – The President Proposes and Congress Disposes: Making the Federal Budget

Instructors: Phillip R. Dame, William Hoagland, Bernard H. Martin, Franklin S. Reeder, Susan S. Jacobs, Larry Matlack

Wednesdays, 1:00 - 2:30PM

March 17 - May 5 (No class Mar 31, Apr 7)

Location: CEC

6 Sessions

Maximum 30, minimum 10 participants

Want to know the story behind the headlines about the making of the annual federal budget? The annual budget process is the center of federal policy making. The most visible parts of the budget process are the President's budget proposal and the Congress's subsequent legislative action. In this crucible, the country's direction is decided.

The growth and development of the Office of Management and Budget (OMB), with its manifold connections to Congress, the White House, and executive departments and agencies, are key to the budget process. Added to this are the elements of budgeting related to program analysis and program effectiveness. The course will present the expert views of former senior congressional and OMB budget staff, who will tell both the official history and the story behind the institutions and processes that are in the headlines.

The order of class presentations may change depending on the schedules of the lecturers.

Philip R. Dame retired in 2006 after nearly 41 years of government service, 38 at the Office of Management and Budget in its Office of Budget Review, which coordinates the federal budget process and prepares fiscal and economic analysis. He served for almost 20 years as OMB's Deputy Assistant Director of Budget Review. Recipient of numerous OMB and interagency awards, he has co-authored (with Bernard Martin) a history entitled *The Evolution of OMB*.

William Hoagland served almost 20 years as a staff member of the Senate Budget Committee and as Director

of Budget and Appropriations for former Senate Majority Leader Bill Frist (R-Tenn.), assisting in evaluating the fiscal impact of major legislation and coordinating budget policy for Senate leadership. He is now Vice President of Public Policy for CIGNA Corporation, an affiliated professor of public policy at George Mason University, a board member of the Committee for a Responsible Federal Budget and a Fellow of the National Academy of Public Administration.

Bernard H. Martin retired after 32 years of federal service, the majority spent in the Office of Management and Budget where he was career head of units that reviewed the policies, programs and budgets of several cabinet departments and the unit responsible for one of OMB's core functions, the review and clearance of legislative documents sent to Congress by Executive Branch agencies. Recipient of Distinguished and Meritorious Presidential Rank awards, he is currently a Fellow of the National Academy of Public Administration and a member of several of its standing panels.

Franklin S. Reeder served at the Office of Management and Budget for two stints totaling more than 20 years, and he was Chief of Information Policy, Deputy Associate Director for Veterans Affairs and Personnel and Assistant Director for General Management. A member of the Arlington County Information Technology Advisory Commission and the Social Security Commissioner's advisory panel on future systems technology, he also served on the Obama-Biden transition team.

Susan S. Jacobs retired from federal service in 2008, the majority of her 30-year career in leadership positions at the Office of Management and Budget and the Federal Housing Finance Agency. At OMB she was Chief of the Veterans Affairs Branch and also analyzed program effectiveness at other agencies. As an executive at the Immigration and Naturalization Service and FHFA, she led budget, planning and performance improvement and represented the agencies to OMB and their budgets to Congress. Recently a senior advisor at the National Academy of Public Administration, she is currently an associate member of its panel on Executive Organization and Management.

Larry Matlack recently retired after 30 years of government service with the Office of Management and Budget, where he supervised staff responsible for the budget, legislative, regulatory and management initiatives in several departments and 20 independent agencies. He was twice the recipient of the Presidential Meritorious Rank Award. Most recently, he worked with the Council for Excellence in Government on the "Prune Book" in preparation for the transition to the current administration.

Law, Politics ... *continued* / Literature & Writing

433 – Whatever Happened to Thrift? And What Can Be Done About it?

Instructor: Joseph Tryon

Mondays, 10:00 - 11:30AM

April 5 - May 3

Location: CEC

5 Sessions

Maximum 24, minimum 8 participants

The decline in U.S. personal savings to nearly zero has serious implications for the long-run strength of our national economy and the level of our standard of living. Closer to home and family, this lack of savings has serious implications for our children and grandchildren, who probably do not now save adequately for their own retirement. This course explores why collectively and individually we have changed over several generations to a nation of non-savers. The course will also suggest how, through public policies and personal choices, pushing the savings rate up to a more acceptable level will be possible.

This could be a course in simple economics, but the subject becomes more complex as we also consider research from psychologists, sociologists and biologists, as well as our own experience. We will probe the current culture of financial planning, and the means available for saving, to postpone immediate personal consumption to the future and to gain security for our nation, our families and ourselves. Class discussion of causes and cures based on personal experience or other sources will be encouraged.

Assigned Reading: The first assignment will be the first chapter of Wilcox (recommended below). Instructor will copy some parts of Wilcox and hand out at first session.

Recommended Reading: Ronald T. Wilcox, *Whatever Happened to Thrift? Why Americans Don't Save and What To Do About It* (available in paper and hard back; can be purchased on the internet.)

Joseph Tryon was born and raised in DC and is a long-time resident of Arlington. His degrees are a BA in Economics and Political Science from the University of Minnesota (1949) and an MA in Economics (1951) and PhD in Economics (1961) from Harvard University. He taught economics at Georgetown University (1958-1963 and 1967-1996) and engaged in consulting work for lawyers on income and other economic losses in civil damages law suits.

521 – America in Shorts

Instructor: Iska Alter

Fridays, 1:30 - 3:00PM

April 23 - May 21

Location: GMU

5 Sessions

Maximum 30, minimum 8 participants

The short story has been called America's national literary form by numerous critics and scholars. During this course we will explore the way this small, concentrated genre can encompass the wide-ranging life of contemporary America.

Assigned Reading: The first two short stories we will read are Edgar Allen Poe's "The Cask of Amontillado" and Stephen King's "Dolan's Cadillac". More information on further readings will be given out in the first session on April 23.

Iska Alter is Emerita Professor of English at Hofstra University. Although ostensibly retired, she continues to teach on a part-time basis. Her areas of specialization are American literature, Shakespeare and English renaissance drama. Dr. Alter's work has appeared in such journals as *Modern Drama*, *The American Journal of Theatre History* and *Shakespeare Survey*. Her book *The Good Man's Dilemma: Social Criticism in the Fiction of Bernard Malamud* was published in 1981. She received her BA from CCNY, her MA from the University of Wisconsin and her PhD from NYU.

Science & Technology

603 – A Naturalist’s Tour of Arlington: Revealing a Living Planet

Instructor: Martin Ogle

Wednesdays, 1:30 - 3:30PM

March 10 - April 21 (No class April 14)

Location: Off-site

6 Sessions

Maximum 16, minimum 8 participants

How are the processes of our living planet seen through our small place on Earth? In six sessions that include two classroom sessions and four field trips, the Chief Naturalist of the Northern Virginia Regional Park Authority will introduce students to the interrelationships among the geology, biology and human history of Arlington. The course will open and close at Potomac Overlook Regional Park’s Nature Center and will explore other locations during the intervening weeks: Chain Bridge, Fort C.F. Smith, Four Mile Run (in Shirlington) and Theodore Roosevelt Island.

The six sessions will examine the following topics:

1. **Potomac Overlook Regional Park:** classroom session on the Gaia Theory -- the science of our living planet. Short walk.
2. **Chain Bridge:** exploring the fall line.
3. **Fort C.F. Smith:** the impact of the Civil War on the land and people.
4. **Four Mile Run:** trees and birds.
5. **Theodore Roosevelt Island:** Piedmont gives way to coastal plain.
6. **Potomac Overlook Regional Park:** short walk and wrap-up in nature center.

Recommended Reading: Potomac Overlook Field Guide (will be handed out at first class session).

Note that the walking trails can be loose, uneven and covered with leaves and twigs. Some paths have intermediate inclines. Good walking shoes and a walking stick are recommended. This course is not handicapped accessible.

Martin Ogle has been the Chief Naturalist for the Northern Virginia Regional Park Authority since 1985. He earned a BS and MS in Wildlife Biology from Colorado State University and Virginia Tech respectively. He has presented courses on biology and geology for school and public groups, universities, the Smithsonian Institution, the U.S. Department of Agriculture Graduate School and other groups and organizations.



Science & Technology

610 – History of Computing: The People and Ideas That Created the Information Age

Instructor: Ken McLean

Wednesdays, 10:00 - 11:30AM
March 17 - April 28
Location: GMU
7 Sessions
Maximum 30, minimum 8 participants

We will take a close look at the history of computing and the ideas and people that made it possible. A recurring theme will be that technology invented to solve a particular problem often ends up offering vast new and unanticipated uses. This is not a “how-to” but rather a “how we got to where we are” course. It will cover the following topics:

- Ideas that shaped computing from Leibniz to Turing
- Logical structure of computers: the Von Neumann machine
- Relational databases and how they transformed corporate America
- The birth of Microsoft
- Inventing the Internet
- The origins and growth of the Web
- Google and the birth of Web search engines

Recommended Reading: The Universal Computer: The Road From Leibniz to Turing, Martin Davis; *The Computer from Pascal to von Neumann*, Herman H. Goldstine; *Inventing the Internet*, Janet Abbate; *Gates: How Microsoft’s Mogul Reinvented an Industry—and Made Himself the Richest Man in America*, Stephen Manes and Paul Andrews; *Where Wizards Stay Up Late*, Katie Hafner and Matthew Lyon; and *Weaving The Web*, Tim Berners-Lee.

Ken McLean became hooked on computer technology after a long career in government and lobbying. He went back to school and received an MS in Computer Science and taught computer programming for eight years. Since then he has developed online payment and registration systems for ALRI and two other institutes for lifelong learning.

617 – Neuroscience and the Struggle Against Age, Pain and Unhappiness

Instructors: James Giordano, Dennis McBride

Mondays, 3:00 - 4:30PM
April 5 - May 10
Location: PI
6 Sessions
Maximum 50, minimum 8 participants

This course will address new developments, novel uses of existing techniques and innovative technologies in neuroscience involving genetics, nanotechnology and human-machine interfaces. These developments offer the possibility of mitigating pain and suffering, altering emotions and perhaps retarding the cognitive if not physiological effects of aging, possibly through downloading the human mind onto computer-based systems. Although these developments are all concerned with advancing the “good” of humankind, they also raise profound ethical, legal and social issues—not to mention the risk of unforeseen consequences or the pull of technological, market and socio-political forces over science.

Assigned Reading: Pain: Mind, Meaning and Medicine by James Giordano, 2009.

Recommended Reading: Scientific and Philosophical Perspectives in Neuroethics, edited by James Giordano and Bert Gordijn, 2009.

Recommended Website: www.neurobioethics.org

James Giordano is the director of the Center for Neurotechnology Studies and chair of academic programs at the Potomac Institute for Policy Studies. He is also a fellow of the Oxford Centre for Neuroethics, University of Oxford. He has authored over 125 publications on neuroscience, health care, science policy and the ethics of biotechnology. Among his most recent books are *Pain: Mind, Meaning and Medicine*; *Pain Medicine: Philosophy, Ethics and Policy*; and *Scientific and Philosophical Perspectives in Neuroethics*. Giordano is also the editor-in-chief of the journal *Philosophy, Ethics, and Humanities in Medicine* and associate editor of the international journal *Neuroethics*.

Science & Technology

Dennis McBride, president of the Potomac Institute for Policy Studies, has provided scientific expertise on legislative and regulative issues as well as criminal and civil cases. As a scientist with postdoctoral training plus hands-on experience in national government science and technology policy, he has many case examples, fortunate and otherwise.

621 – Photographing the Cold War: History of US Satellite Reconnaissance

Instructor: Garrett Cochran

Mondays, 10:00 - 11:30AM

April 19 - May 10

Location: GMU

4 Sessions

Maximum 30, minimum 8 participants

In 1995 the U.S. government declassified information about Corona, the first spy satellite program. In 2002 information on two follow-on systems was released, allowing the public to learn how the intelligence community was able to monitor the Cold War arms race. Our four sessions will--

1. Recount the events that led President Eisenhower to authorize the Corona program. Success demanded the proper performance of seven untried technologies. The first twelve missions failed. Then Mission 9009 was launched, and the world was changed forever.
2. Describe the Corona system. An operation over northern Virginia in 1968 demonstrated its capability. Operations over the Middle East after the Six-Day War illustrated how collection was managed.
3. Discuss how satellite photography was exploited to yield intelligence information and how it sparked a revolution in map making.
4. Address the need for high-resolution surveillance imagery. The KH-11, the world's first digital camera, was developed for that purpose.

Garrett Cochran holds a bachelor's degree in chemical engineering from Princeton University and a master's degree in industrial management from MIT. During the 1978-79 academic year he was a mid-career fellow at the

Woodrow Wilson School of Public and International Affairs at Princeton. He joined the CIA in 1958 and retired in 1995. During his first ten years he was an analyst, his specialty being weapons of mass destruction. He then served ten years on the staff of the committee responsible for managing the US imaging satellite program; thereafter he was attached to organizations responsible for the design, production and operation of reconnaissance satellites.



Social Sciences

719 – The Enterprise of Philosophy: What Is It and What Is It Good For?

Instructor: Irmgard Scherer

Wednesdays, 1:00-3:00PM

March 31 - May 5

Location: CEC

6 Sessions

Maximum 25, minimum 8 participants

This course introduces students to philosophy (“the love of wisdom”) as it is studied in a number of academic areas. In logic or practical reasoning, we ask “what does it mean to reason more effectively?” When we ask “what can I know?” we pursue a question in epistemology, the theory of knowledge. When we ask “what ought I to do?” we study ethics and ask questions such as “why be moral in the first place? “The question “what may I hope?” moves us into metaphysics; we ask “what constitutes reality, in this world and beyond?” We will cover selected topics in these areas to give students a broad overview of philosophy’s enterprise. Lectures may focus on some of the following:

- Practical reasoning; rational argumentation (logic)
- Two major approaches to knowledge: empiricism and rationalism
- Standards of right and wrong vs. ethical relativism
- What is reality? The sensible world and what is beyond the senses
- Philosophy of art: philosophical aesthetics
- Natural religion: intelligent design argument; the problem of evil.

Assigned Reading: Course readings are based on handouts of excerpted texts.

Irmgard Scherer, a U.S. citizen born in Germany, is Associate Professor of Philosophy Emerita at Loyola University in Maryland. There she taught core courses, honors ethics seminars and elective courses in her areas of specialty: Immanuel Kant and 18th century aesthetic theory and topics in the history of ideas and science. She has published a book on Kant and articles in her areas of

interest. She has taught two popular ALRI courses (Science and Philosophy–Kissing Cousins and Great Thinkers on Ethics) and lectured in another course (Great Thinkers Across the Ages). As part of ALRI’s “Meet the Speakers” series she spoke on “Freedom of Choice vs. Scientific Determinism” (Oct. 5, 2009).





ALRI Membership and/or Registration Form

(Please use one form per person)

ON-LINE REGISTRATION available at www.ArlingtonLRI.org

NAME (Please print)

First _____ MI _____ Last _____

Preferred First or Nickname _____ Mr. Mrs. Ms. Other _____

Male Female

(Circle one)

CONTACT INFORMATION (Complete only if new member or updating information)

Street _____ Apt. _____

City _____ State _____ Zip _____ - _____

Home (_____) _____ -- _____ Cell (_____) _____ -- _____

Email _____ @ _____

MEMBERSHIP (Membership fees and donations are tax-deductible)

Annual Fee is \$55 per person (non-refundable): New Renewal

Additional Donation (optional): \$ _____

Check the membership expiration date on your address label.

COURSE REGISTRATION (\$45 per course)

If you are interested, place a checkmark in the Class Aide column. Class Aides receive free parking while assisting their class. See page 34 for explanation.

Course Name (Please use short title shown in Catalog tables)	Course #	Class Aide

MAIL FORM WITH PAYMENT TO:

Adult Education/ALRI
2801 Clarendon Blvd., Suite 306
Arlington, VA 22201

Membership fee (\$55/yr) \$ _____

Course fees (# of courses x \$45) \$ _____

Donation (Optional) \$ _____

TOTAL check/charge amount: \$ _____

* Checks should be made payable to ALRI.

* If paying by credit card, fill in the info below and sign your name as it appears on your credit card.

PAYMENT METHOD

Check (Make payable to ALRI)

VISA MasterCard

Expires: Mo. Yr.

Sign your name as it appears on your credit card

REGISTER and PAY ONLINE

Say goodbye to paper forms and stamps!

Are you concerned about being closed out of a popular class? With online registration you can register as soon as course registration opens on February 8 -- and without having to leave your home.

Have you ever wondered if you were accepted into a course you registered for by mail? Online registration brings instant notification if you have been accepted.

Worried about online security? To maximize protection, your credit card information is encrypted and processed using the secure website run by VeriSign, the industry leader in payment processing and internet security. With online registration, your credit card information is never seen by anyone at ALRI.

Our online registration is easy, efficient, secure and fast. Just follow the directions below. If you are a current or past member of ALRI, start by getting a password. Not a member yet? You can join ALRI just as easily.

Join ALRI

If you have *never* been a member of ALRI and want to join:

1. Go to www.ArlingtonLRI.org and click on the **Online Transactions** option at the left side of the page.
2. Click the **Join ALRI** item in the list of available transactions. At the newly displayed membership screen, enter the information required.
3. Click the **Submit** button. You will be transferred to a secure website for entering your credit card information. Type your credit card number and expiration date. We accept Visa and MasterCard.
4. When complete, click the **I Authorize This Transaction** button. Your credit card account will be charged at this time.
5. A message will appear on the screen confirm-

ing your membership. An email confirming the details of your membership and payment is sent immediately. More membership material will arrive via first-class mail, but you are immediately eligible to register for available classes and events.

Register and pay for courses from your personal computer!

Get a Password

Note that the password process works only if we have your current email address in our database. Send any email updates to us at ALRI@ArlingtonLRI.org prior to requesting a new password.



To get a password or if you've forgotten your password:

1. Go to www.ArlingtonLRI.org and click on the **Online Transactions** option at the left side of the page.
2. Click the **Get New Password** item in the list of available transactions. On the screen, enter your first name, last name and current email address.
3. Click the **Submit** button. If we have your current email address, a message will appear on the screen confirming that we are sending your User Name and a system-generated 8-digit password via email. If your email service provider is busy, it may take minutes or longer for our message to arrive. Please do not request another password--if the message appeared on your screen, the email will eventually come. Going through the process again will change your password so that when the first password finally arrives it will no longer work.

And here's some advice: modify the assigned password to one of your choosing using the **Change Password** option. But if you find any password difficult to remember or if you have forgotten that clever password you just devised, just request a new one using the above steps each time you need to make a payment online for membership renewal or course registration. It doesn't bother us! And if you share your computer with another ALRI member, you will find it helpful to close and reopen your Internet browser between registering the two persons. Also in this case, **don't** check the box asking ALRI to remember your password. Using this option forces your computer to recognize only one of you for payment transactions and may block the other.

Online Registration

With your User Name and Password, follow these simple steps to register online for classes once the fall semester registration begins after **10 AM on February 8**. We do recommend that you verify that your email address is up-to-date in our system and that you obtain a password prior to the busy first week of course registrations.

1. Go to www.ArlingtonLRI.org and click on the **Online Transactions** option at the left side of the page.
2. Click the **Register/Renew** item in the list of available transactions. On the screen, enter your User Name and Password.
3. Click the **Log In** button. The Online Payment Form will appear.
4. Select your desired courses from the drop-down list accessed by clicking the down arrows on the screen. **Note: the drop-down list of courses is accessible only after 10 AM on February 8. Cancelled or filled courses do not appear on the drop-down list.**
5. You can also choose to:
 - a. serve as a class aide in any or all of the classes selected;
 - b. renew your current or expired member-

- c. make a tax-deductible donation.
6. Click the **Proceed to Checkout** button.
7. Review your payments and either:
 - a. select **Edit** if you wish to make any changes (which returns you to the Online Payment Form), or
 - b. select **Submit** (which transfers you to a secure website for entering your credit card information).
8. If you have selected **Submit**, type your credit card number and expiration date. Choose between Visa and MasterCard.
9. Click the **Continue** button. Review the information. (If necessary, you may cancel the transaction by closing the screen using the red X in the upper right corner.)
10. When satisfied with your billing information, click the **I Authorize This Transaction** button. Your credit card account will be charged at this time. **A message will appear on the screen confirming your registration. Also, an email is sent immediately confirming the details of your registration and payment. This email is your formal notice of course registration, so print it out for your records.**

You are registered!

-
- To see all these steps illustrated, view
 - our detailed tutorial under the **Online**
 - **Transactions** button on the left side of
 - the ALRI homepage (www.ArlingtonLRI.org).
 - And if you have any questions,
 - do not hesitate to contact our office by
 - emailing ALRI@ArlingtonLRI.org or by
 - calling 703-228-2144. The CEC office
 - is staffed from 10 AM to 3 PM, Monday
 - through Thursday.
-

ALRI

SPRING COURSE PREVIEW



Learn about our spring courses and join us for light refreshments in the new Washington-Lee High School “café” overlooking the playing fields and stadium.

Open to non-members too!

Take advantage of the chance to hear our instructors talk about their course offerings. Bring friends, relatives and neighbors who meet ALRI's basic age requirement and who have an interest in joining. Our preview offers an opportunity not only to sample upcoming courses, but also to chat with instructors and other ALRI members and to learn more about clubs, special events and volunteer opportunities.

Saturday, February 6, 2010

Doors open at 9 AM – socialize until 1 PM
Presentations by instructors: 9:30 AM – Noon

Washington-Lee High School
1301 North Stafford St., Arlington, VA
Between Quincy Street, Washington Boulevard and I-66

There is ample free parking in the I-66 garage (entrance on North Stafford Street or 15th Street North). Metro's Ballston Station on the Orange Line is three blocks away. Call the ALRI office at 703-228-2144 for specific directions or any questions.



Special Events for ALRI Members

ALRI's Special Events opportunities provide a variety of attractions to supplement its course offerings. Some require a modest admission fee while others are free. Registration is required only for events not scheduled at County libraries.

Suggestions from members for future places of interest are always welcomed by the Special Events Committee as the greater Washington area is a treasure trove of opportunities, some of which—such as embassy visits—are otherwise normally private.

UPCOMING EVENTS INCLUDE:

February 18th — National Symphony Orchestra Open Rehearsal

February 21st — Eclipse Chamber Orchestra

February 26th — Hiss! The National Zoo's Reptile House

March 20th — Welcome the Spring! A Morning on the Zoo's Asia Trail

Event information is available in ALRI's semi-annual catalog and quarterly newsletters, but members are encouraged to check the ALRI website for the most current listings. Members with email addresses on file with ALRI receive monthly reminders of the upcoming events.

Registering for a special event is simple and easy.

- ALRI members can register online at www.ArlingtonLRI.org. Click on the *Special Events* tab on the left side of the ALRI home page. Then click on the *Register* option to select the button beside the desired event. Enter your first and last name and click on *Make Reservation*. A notice will appear immediately indicating whether you are registered or on the waiting list.
- Or you can email your selection to ALRI@ArlingtonLRI.org with "Special Event Registration" in the subject line, noting your full name and the event requested in the body of the email.
- The third way to register is to call the ALRI office at 703-228-2144 and leave a message including your full name, phone number and the event requested.

After your phoned or emailed request has been processed, ALRI volunteers will notify you during regular office hours of your registration status.

Events held at Arlington libraries require no registration and are open to the public. They are a good way to introduce your friends to ALRI and the caliber of its offerings. Events requiring registration are reserved for current members only. Your most recent catalog or newsletter address label includes your membership expiration date.

Special events are popular, and those on the waiting list will appreciate your canceling your reservation if you are unable to attend an event. You may do this online or by contacting the ALRI office at the above number.

Remember to check the ALRI website for dates and additional information!
www.ArlingtonLRI.org



WANTED: Volunteers

ALRI wants YOU!

... to participate in the many activities in which we are involved--developing courses, putting together the catalog, writing and publishing the quarterly newsletter, recruiting new members, planning special events, and many more. It's a wonderful opportunity to meet people who share your interests, to develop new skills -- or to use the skills you spent years developing.

ALRI members are a great community of people, and your participation would help to make it even greater. Please call or email Ann Kelleraan today at 703-228-2144 or ALRI@ArlingtonLRI.org.

Do Your Part As a Member!

Volunteer to be a Class Aide

What do I do?

- Serve as interface between instructors, class attendees and the ALRI Administrator
- Take attendance and distribute/collect evaluations
- Photocopy class materials if instructor requests them
- Set up, with assistance if needed, any audiovisual equipment needed by instructor
- Communicate with the class in the event of schedule changes
- Announce important new ALRI developments needing immediate attention

What benefits will I have?

- Get to be an integral part of ALRI
- Get free parking while attending the class
- Get to know your classmates and the instructor

How do I volunteer?

- Check the "Class Aide" column when registering for a class
- Respond when contacted prior to beginning of semester by a Class Aide coordinator who will provide details on aide training and specific audiovisual needs of class
- Attend the two-hour orientation/training session before classes start
- Review the take-home guide covering all aspects of the job

Virtually all classes have an aide and a back-up so you will not be alone!

Questions about Class Aides? Contact Carolyn Gosling at ALRI@ArlingtonLRI.org or call 703-228-2144 and leave a message.

CLUBS at ALRI

ALRI's special interest clubs are busy organizing events for their members. Join ALRI and add club events to your calendar at no extra cost. If you're interested in movies, you can meet monthly with others to see a film and chat about it over coffee afterwards. If you enjoy a friendly bridge game, join the Bridge Club. Share your ideas on timely topics with the Current Issues Discussion Club. Discuss nonfiction literature selections with the Book Club. Or explore your international interests through the Ethnic Lunch Club or Travel Club.

If you have a consuming interest and would like to engage other like-minded souls to participate in it with you, consider starting a club of your own. Contact Margie Teed at teed-fam@verizon.net or 703-533-8698 to discuss your ideas. Below are the current clubs and their coordinators.

BOOK CLUB

Meetings are held from 1:30 to 3:00 PM every other month on the second Monday of the month in the meeting room at the Arlington Public Library Main Branch on Quincy Street. For more information contact Marge Alia at Malia04@comcast.net (please enter ALRI Book Club in the subject area of your email).

BREAKFAST CLUB

Are you a morning person? If so, join the Breakfast Club for conversation and social networking with other ALRI members. We meet Wednesday mornings from 8 to 9 AM at La Madeleine, a low-key, Parisian style breakfast and coffee place in Baileys Crossroads near the intersection of Columbia Pike and Leesburg Pike (Rte 7). For more information email Karen Cavanaugh at kcavanaugh6@verizon.net.

BRIDGE CLUB

The Bridge Club meets once a month on an irregular schedule at the homes of club members to play bridge. Either a meal or a snack is served, with each player paying the host \$5 to offset the cost of food and drink. The coordinator describes the sessions as "very social and probably not ideal for someone who wants to play very serious bridge." If you are interested in joining, please contact Bernice Foster at fosterbf@aol.com.

CINEMA CLUB

If current cinema is your passion, join the Cinema Club, which meets monthly to see a movie. Dates are chosen as much as possible to accommodate participants' schedules. If you would like to be included in this group's activities, email Leanne Peters at PetersLP@aol.com or Janice Yeadon at jnyeadon@hotmail.com.

CURRENT ISSUES DISCUSSION GROUP

The ALRI Current Issues Discussion Group meets the third Tuesday of every month at 1:30 PM at the Lubber Run Community Center. Anyone interested in the group can get more information from Jim Walsh at walsh22204@aol.com or 703-920-1709.

ETHNIC LUNCH CLUB

The Ethnic Lunch Club, a group of "foreign foodies," meets usually on the last Thursday of the month to explore and enjoy the area's great ethnic food. To join, call the ALRI general line, choose the clubs option (5) and leave a message for the Ethnic Lunch Club coordinator, Arlene Kigin, who will contact you.

TRAVEL CLUB

The ALRI Travel Club meets the first Wednesday of each month at 2:30 PM at the Langston Senior Center. They enjoy presentations on various parts of the world and share information on trips taken or planned. All ALRI members are welcome. For more information call Sharon Schoumacher at 703-522-9014 or email her at sharon@earthwave.net.



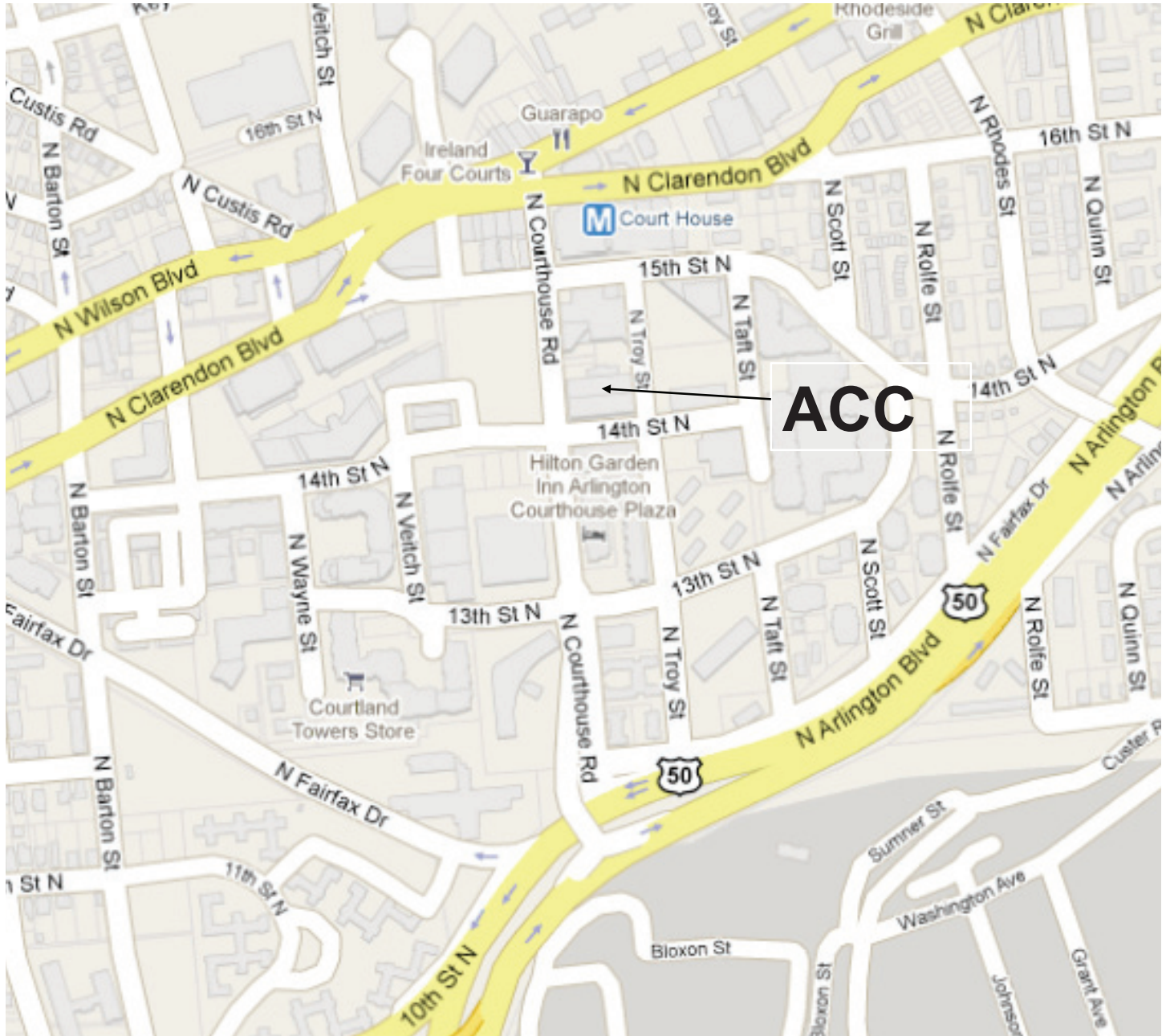
TRANSPORTATION

ALL CLASSROOM BUILDING SITES ARE IN ARLINGTON	PARKING		METRO RAIL STATION ❖ OR BUS ROUTE
	Public Garage or Lot	Street Parking (nearby restricted parking zones listed)	
ACC Arlington County Courthouse 1425 N. Courthouse Road	Pay surface lot - across street	Metered and Zone 5	Courthouse station ❖ or Metrobus 38B or ART 41/62 - walk 2 blocks
CEC Clarendon Education Center 2801 Clarendon Boulevard	Pay garage at Clarendon Market Commons - across street	Metered and Zone 6	Clarendon station ❖ or ART 41/42/77 or Metrobus 24P/38B - walk 1/4 mile or 3 blocks
FCC Fairlington Community Center 3308 S Stafford Street		Free and Zone 11	Metrobus 22A/25A/ 25C - walk 50 ft
GMU George Mason University - VA Sq 3401 N Fairfax Drive		Metered and Zone 6	VA Square station ❖ or ART 41/42 or Metrobus 24P - walk 1/6 mile or 3 blocks
PI Potomac Institute 901 N. Stuart Street	Pay garage at Ballston Common Mall - 1/10 mile or 2 blocks away	Metered and Zone 8	Ballston station ❖ or many ART & Metrobus routes - walk into building at Metro station

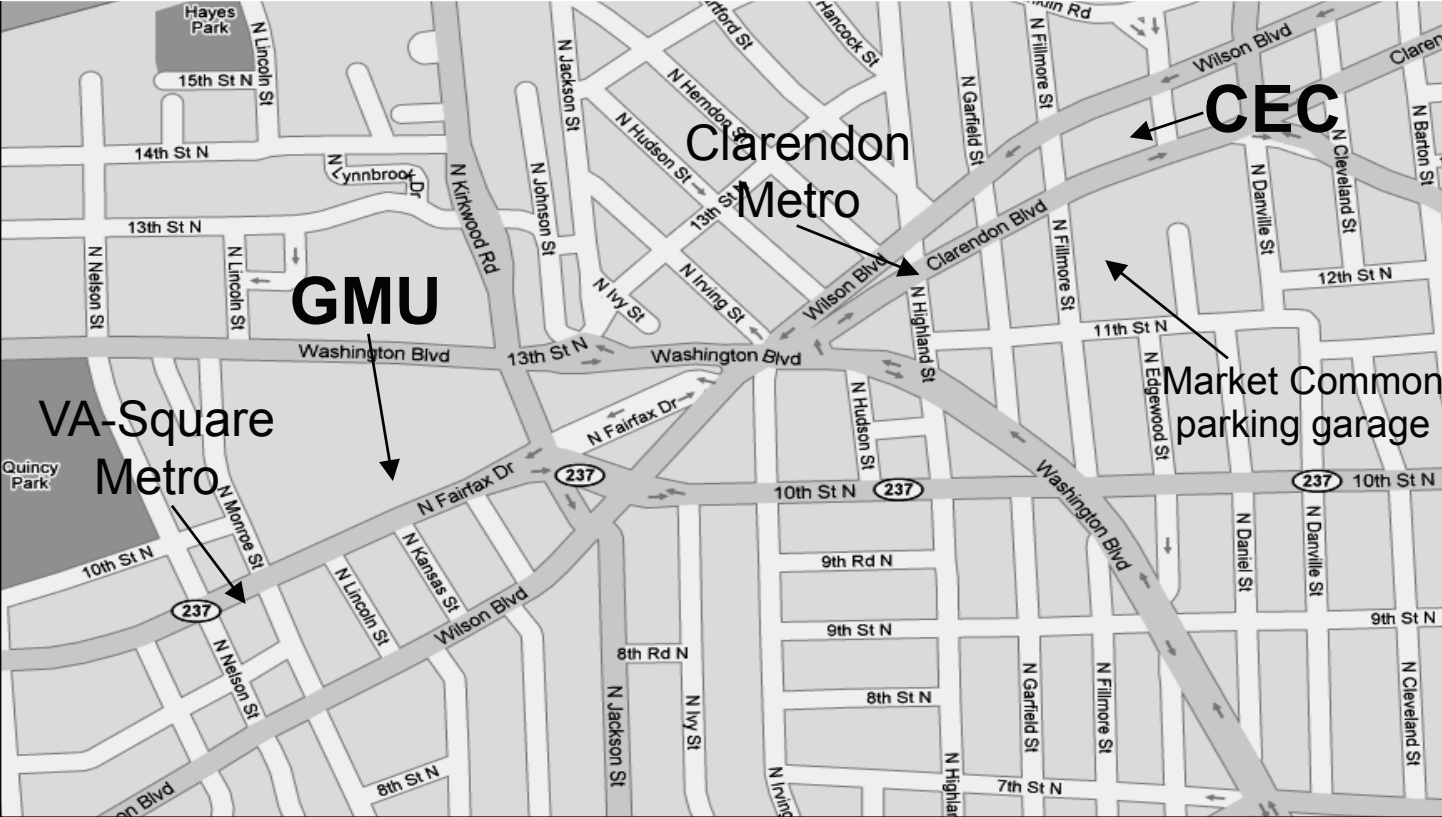
❖ All Metrorail stations are on the ORANGE Line.

Suggestion: Try using Google maps to get directions to class. You can select your mode of transportation (walking or by car) and Google will provide a map, detailed directions, the distance in miles, and the transit time. Use www.wmata.com for public transit information, directions, timetables, etc.

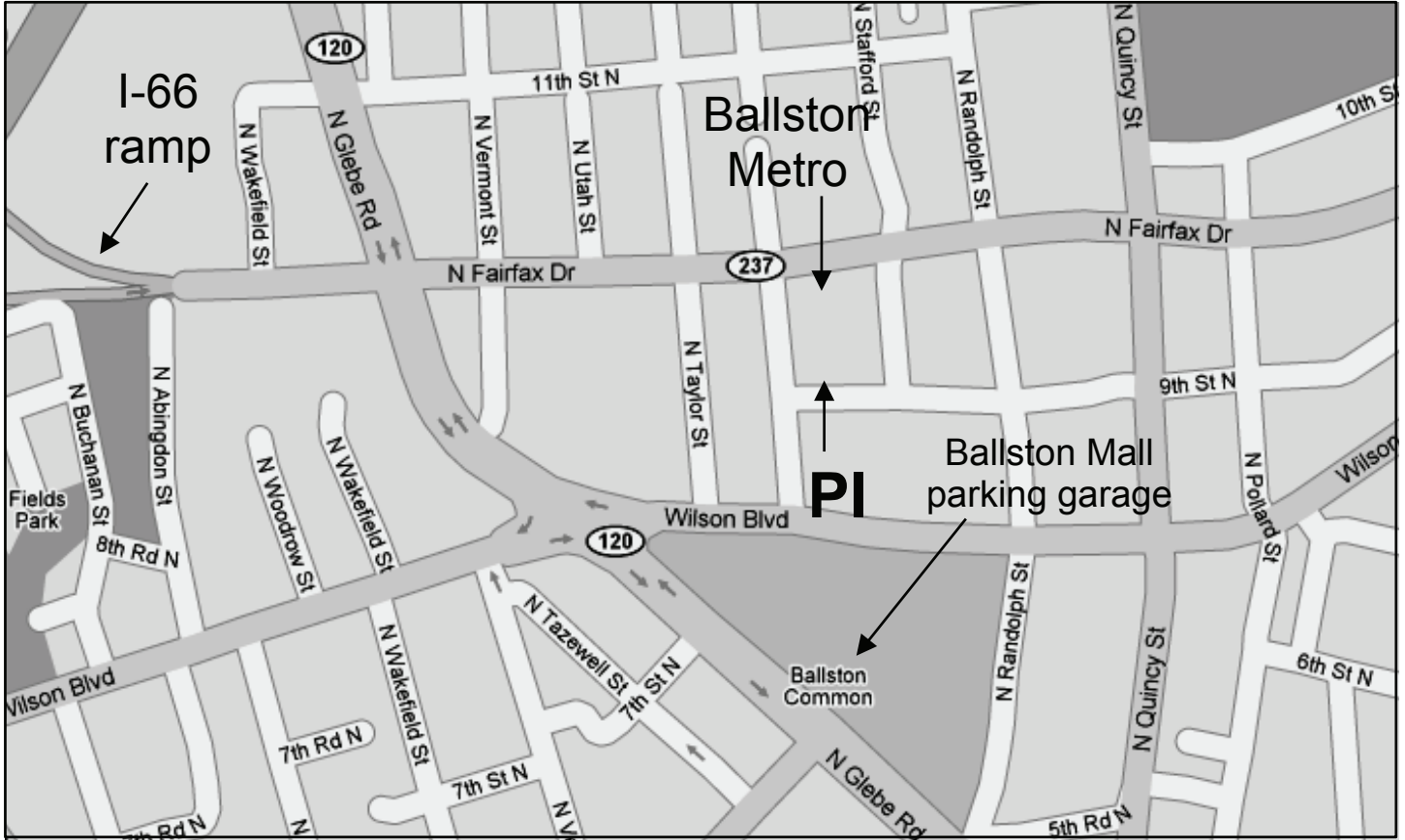
MAPS: Arlington County Courthouse



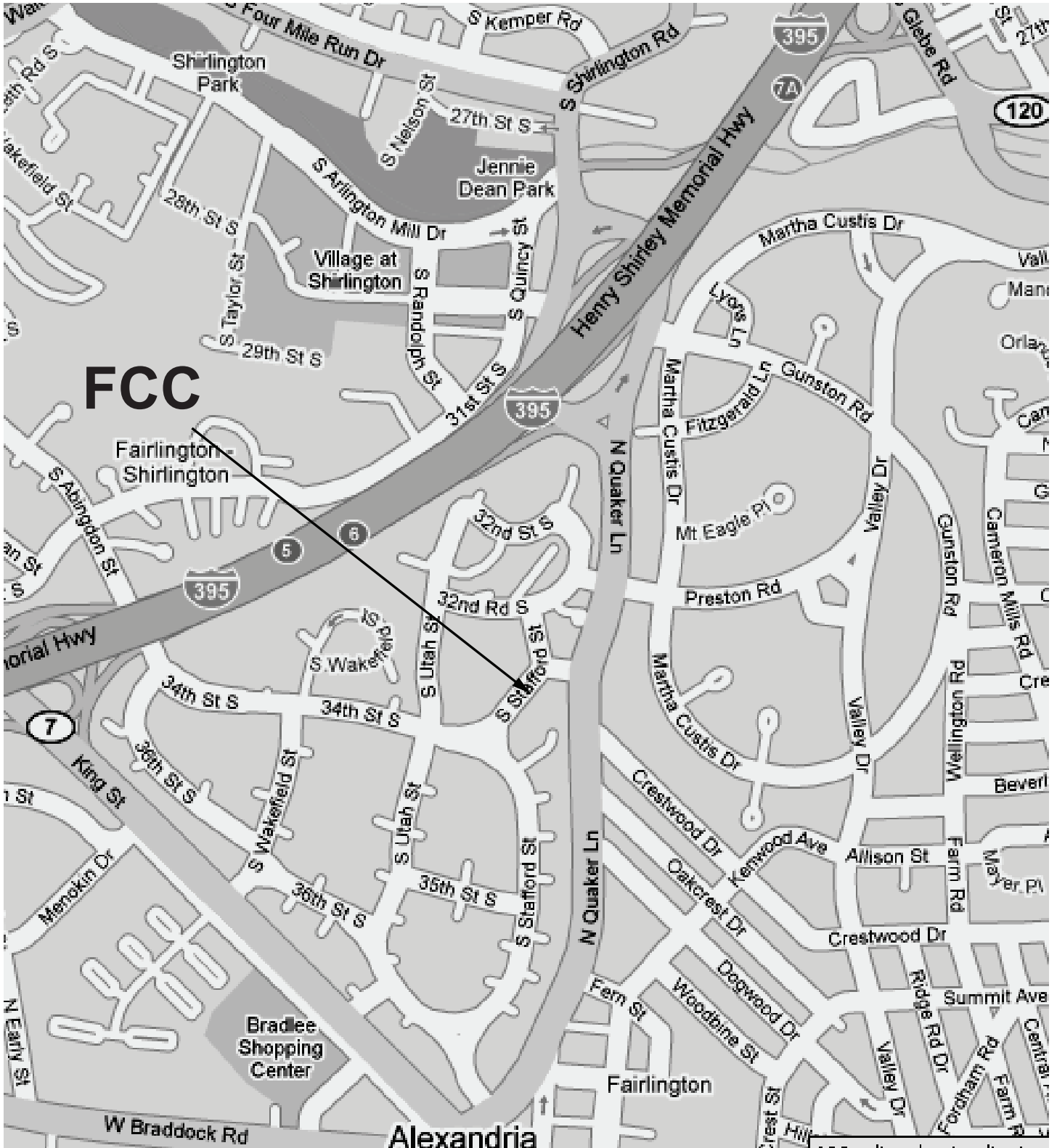
MAPS: Clarendon Education Center, GMU



MAPS: Potomac Institute



MAPS: Fairlington Community Center



COURSES by Calendar View

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING					9:00–10:30 / GMU 221 Medical Century <i>Connally</i> 4/2–5/21
	10:00–11:30 / GMU 119 Great Sculptors <i>Schnorrenberg</i> 3/8–4/26	10:00–12:00 / GMU 127 Comedy in Film <i>R. Notar</i> 3/9–4/6	10:00–11:30 / FCC 115 America on Film <i>Lederer</i> 3/10–4/21	10:00–11:30 / GMU 412 Global Hot Spots <i>Various Instructors</i> 3/18–5/13	
	10:00–12:00 / GMU 337 Naval Topics <i>Young</i> 3/8–4/12		10:00–11:30 / CEC 321 Middle Ages <i>McIntyre</i> 3/10–4/21		
	10:00–11:30 / CEC 433 Restoring Thrift <i>Tryon</i> 4/5–5/3		10:00–11:30 / GMU 610 History, Computing <i>McLean</i> 3/17–4/28		
	10:00–11:30 / GMU 621 Photo. Cold War <i>Cochran</i> 4/19–5/10				11:00–12:30 / GMU 334 Russia <i>Ohr</i> 3/26–5/7
AFTERNOON	1:00–3:00 / ACC 329 Troubles N. Ireland <i>O'Neill</i> 3/15–5/10	1:00–2:30 / GMU 128 Precolumbian Art <i>E. Notar</i> 3/9–4/6	1:00–2:30 / CEC 132 Operatic Voices <i>Niles</i> 3/17–4/28	1:00–3:00 / FCC 311 Renaissance Rome <i>Wukitsch</i> 3/11–5/13	1:00–3:00 / CEC 125 Greek Drama <i>Joy</i> 3/12–4/9
	1:30–3:00 / GMU 129 World Theater <i>Various Instructors</i> 3/29–5/17	1:00–2:30 / CEC 335 1862 MD Campaign <i>Stone</i> 4/6–5/11	1:00–2:30 / CEC 421 Federal Budget <i>Various Instructors</i> 3/17–5/5	1:00–2:30 / CEC 327 Ancient Middle East <i>Rudgers</i> 4/8–5/13	1:00–3:00 / GMU 336 Civil War Combat <i>Young</i> 3/19–5/7
	1:30–3:00 / CEC 222 Foods, Far East <i>Weinstein</i> 3/29–5/3		1:00–3:00 / CEC 719 Philosophy <i>Scherer</i> 3/31–5/5		1:30–3:00 / GMU 521 America in Shorts <i>Alter</i> 4/23–5/21
		2:30–4:00 / FCC 133 Educated Audience <i>Ohlandt</i> 3/23–5/18	1:30–3:30 / Off-site 603 Naturalist's Tour <i>Ogle</i> 3/10–4/21	2:30–4:00 / CEC 402 Bill of Rights <i>Weinberg</i> 3/11–4/22	2:30–4:00 / CEC 216 Natural Wellness <i>Various Instructors</i> 3/12–4/16
	3:00–4:30 / PI 617 Neuroscience <i>Giordano/McBride</i> 4/5–5/10			3:00–4:30 / Off-site 305 Arlington History <i>VanNewkirk</i> 4/8–5/20	

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