

ENCORE LEARNING

(formerly Arlington Learning in Retirement Institute)

Spring 2013 Course Catalog



**ENCORE
LEARNING**

Expand Your World

Proudly Celebrating 10 Years!

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Arlington Public Schools Career, Technical and Adult Education Program

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Elderhostel Institute Network

Encore Learning is a 501(c)(3) nonprofit organization.

SPRING 2013 Course Catalog



**ENCORE
LEARNING**

Expand Your World

Encore Learning

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Arlington, VA 22204

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A special Thank You to all those who worked on the Spring 2013 catalog.

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Encore Learning is sincerely grateful to Reingold, an Alexandria, VA-based communications and marketing firm that partnered with our rebranding working group on a pro bono basis to develop the organization's new logo. The iterative process of design involved hours of interviews, feedback and discussion. We GREATLY appreciate Reingold's support, expertise and professionalism.

SPRING 2013 COURSE OFFERINGS

Category	Course #	Course Short Name	Instructor	Day	Dates	Time
Fine Arts, Theater & Music	135	Gilbert and Sullivan	Stepanchuk	M	Mar 11-Apr 08	1:00-3:00
	138	The Ring Operas of Wagner	Niles	F	Mar 08-Apr 26	1:00-2:30
	139	The Conductor's Perspective	Wood	F	Mar 15-Apr 12	10:00-11:30
	141	Architecture and Sculpture	Schnorrenberg	T	Mar 05-Apr 23	1:00-2:30
Health & Wellness	202	Estate Planning	Parks	M	Mar 04-Mar 25	1:00-2:30
	212	Mindful Awareness	Britton	F	Apr 05-May 10	10:00-11:30
	224	21st Century Medicine	Connally	T	Mar 05-May 07	9:30-11:00
	227	Enlightenment, Awakening	Britton	F	Apr 12-May 17	1:30-3:00
	228	User's Guide to the Brain	Beckerman	M	Apr 01-Apr 29	1:00-2:30
	229	Food Safety and Food Security	Weinstein	M	Apr 01-Apr 29	1:30-3:00
	230	Aging and Health Care Policy	O'Loughlin	Th	Mar 07-Apr 04	10:00-11:30
History	305	Arlington History	VanNewkirk	Th	Apr 04-May 16	3:00-4:30
	314	War Along the Shenandoah	Stone	Th	Mar 07-May 02	1:00-2:30
	321	Legacy from the Middle Ages	McIntyre	Th	Mar 07-Apr 11	10:00-11:30
	327	Geopolitics - Ancient Middle East	Rudgers	Th	Apr 04-May 09	1:30-3:00
	331	Shakespeare's Roman Plays	Wukitsch	F	Mar 08-Apr 26	10:00-1:00PM
	343	Human Rights in World History	Stearns	T	Mar 05-Mar 26	10:30-NOON
Law, Politics & Public Affairs	402	The Bill of Rights	Weinberg	Th	Mar 07-Apr 04	1:30-3:00
	405	Managing the National Debt	Gordon/Thiebert	M	Apr 15-May 20	1:00-2:30
	412	Global Hot Spots	Various	Th	Mar 14-May 09	10:00-11:30
	437	Who Influences Congress?	Barton	W	Mar 06-Apr 10	10:00-11:30
	439	Chinese Potpourri	Wang/Yang	T	Apr 16-May 14	10:30-NOON
	440	Saudi Arabia	Dachi	T	Apr 02-May 21	10:00-11:30
	441	Mass Media	Stanford	W	Mar 06-May 01	1:00-2:30
	442	Challenges Confronting Pakistan	Hussain	W	Mar 06-Apr 17	10:00-11:30
Literature & Writing	511	Yeats & Wordsworth	Dunlap	W	Mar 13-Apr 10	1:00-2:30
	515	Writing About Your Life	Bottum	W	Mar 20-Apr 24	10:00-NOON
Science & Technology	618	A New Psychiatry	Giordano	W	Mar 06-Apr 03	3:00-5:00
	620	Climate Change	Morgan	Th	Mar 14-May 02	10:00-11:30
Social Sciences	714	Contemporary Islam	Farsakh	T	Mar 05-Apr 16	1:00-2:30
	728	Economic Issues	Heriot	W	Mar 06-May 01	1:00-2:30
	733	Technology and Religion	Ruth	Th	Mar 21-Apr 18	1:00-2:30
	734	Scripture: Faith, Facts, Forgeries	Burns	M	Mar 18-Apr 29	10:00-11:30
	735	Greek Roots of Modern Science	Scherer	T	Apr 09-May 14	10:00-11:30
	736	New Testament Tensions	Goldman	W	Mar 06-Apr 24	10:30-NOON



Spring Course Preview & **10th Anniversary Celebration**

Learn about Encore Learning's Spring 2013 Courses!
Join us in marking 10 successful years!

Open to prospective members too!

Bring friends, relatives and neighbors to our semi-annual course preview, which is open to all members and any prospective members who meet Encore Learning's basic age requirement of 50. Take advantage of this opportunity to hear our instructors introduce their upcoming offerings. Our preview offers an opportunity not only to sample Encore Learning's courses but also to chat with instructors and members and learn more about our clubs, special events and available volunteer opportunities. Members and those attending the preview are invited to commemorate Encore Learning's role in our lives and in our community at the special Anniversary Celebration immediately following. Sundry refreshments will be served.

Saturday, February 2, 2013

The doors will be open from 9:00 AM to 2:00 PM.

The program will run from 9:30 AM to Noon.

The celebration will begin immediately after the preview
and last until 2:00 PM.

GMU-Arlington, Founders Hall, Multipurpose Room

3351 N. Fairfax Drive, Arlington, VA

(Discounted Parking will be available under the building)

Call the Encore Learning office at 703-228-2144 for specific directions or any questions.
(See map on reverse side)

COURSE PREVIEW INFORMATION

DIRECTIONS FOR PARKING IN FOUNDERS HALL GARAGE:

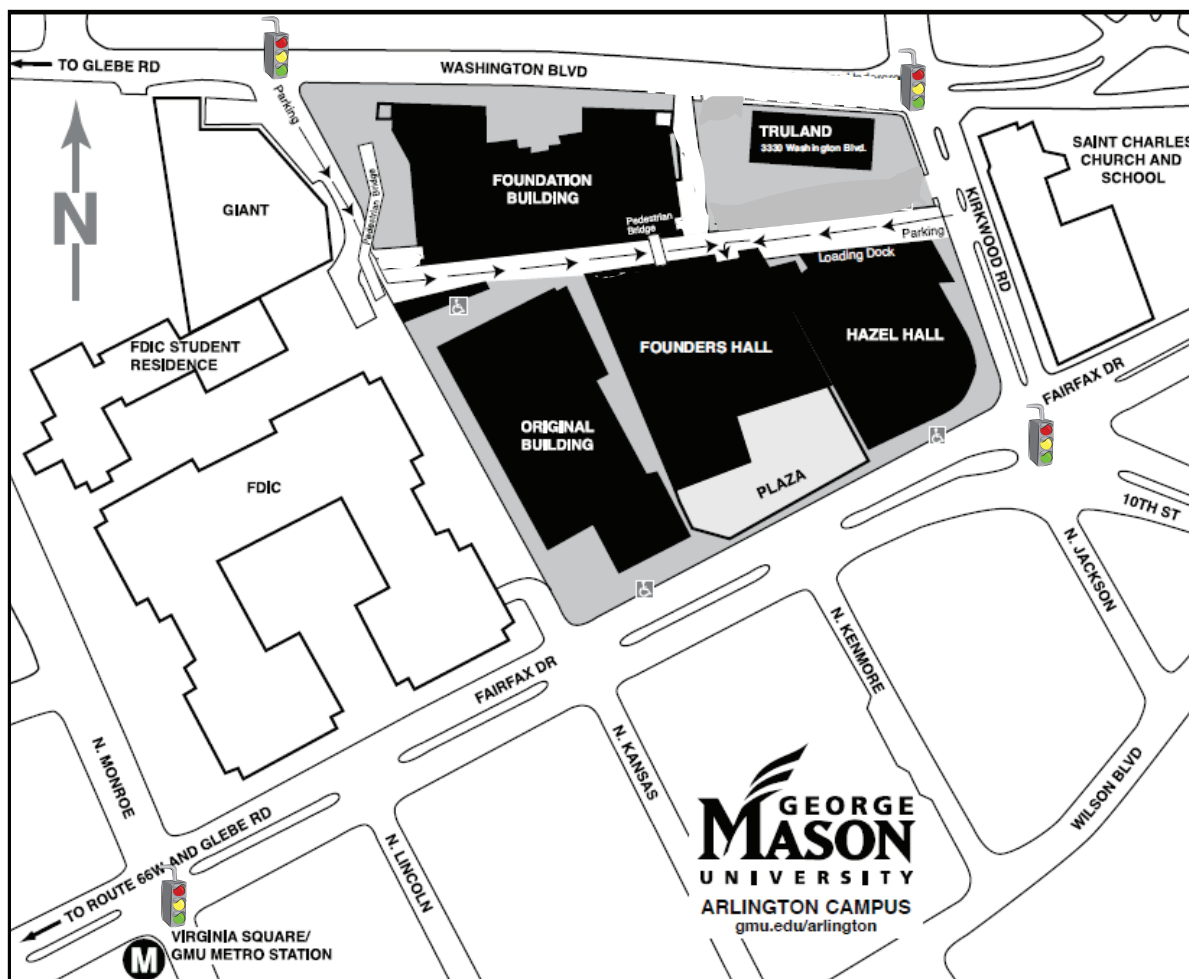
Enter the garage on N. Kirkwood Street (on the block between Washington Boulevard and N. Fairfax Drive). Take a ticket, enter the garage and park your car. Take the garage elevator to the ground floor and follow the signs to the Encore Learning event.

At the event, you may purchase a parking validation card for \$4 cash from an Encore Learning volunteer near the check-in desk.*

To exit the garage, follow the exit signs. At the exit gate, insert the parking ticket and then either the validation card or payment by credit card.

*If you do not purchase a validation at the event, you will have to pay \$7 with a credit card to exit the garage.

Note: Lost tickets subject to maximum charge.



GENERAL INFORMATION

WHAT IS ENCORE LEARNING?

Encore Learning is the new name for the Arlington Learning in Retirement Institute, a 501(c)(3) nonprofit organization founded in 2002 and offering a wide variety of college-level noncredit courses, lectures, special events and activities to help meet the continuing educational and social interests of anyone over age 50, regardless of residence location. Encore Learning is governed, supported and financed by its members.

We have a new look and a new office location! Members ratified the Board's decision to change our name to Encore Learning at the 2012 annual meeting; the new logo and tagline shown on the front cover were subsequently approved by the Board. In January 2013, our office moved from the Clarendon Education Center to the Syphax Education Center at Sequoia Plaza. Our new web address is www.EncoreLearning.net although our former web address www.ArlingtonLRI.org links directly to the new address. Members now should email us at info@EncoreLearning.net. Our phone number 703-228-2144 is unchanged, but the office address is now 2110 Washington Blvd, Arlington VA 22204.

Our volunteer instructors — retired or working professionals — create a stimulating learning environment through an exciting array of subjects. There are no tests or prerequisites, but possibly some required reading. Members explore new ideas and develop new friendships inside and outside of classrooms.

Encore Learning obtains classroom space and other assistance through its association with George Mason University, Marymount University, the Arlington Public Schools Adult Education Program, Arlington County's Senior Adult Program, Potomac Institute, and WETA. It is a member of The Elderhostel Institute Network.

VOLUNTEERING AT ENCORE LEARNING

One of the most amazing aspects of Encore Learning is the amount of work accomplished by its volunteers. Volunteer work at Encore Learning is performed in two ways: through standing committees, each of which is headed by a board member (also a volunteer); and through individual activities, e.g., instruc-

tors and class aides. Committee volunteers recruit new instructors and develop courses each semester; seek exhibits, speakers and performances for our special event offerings; write, edit, and distribute our publications; recruit new members; organize Encore Learning's clubs and social functions; recruit, train and support our class aides; and manage the organization through the volunteer Board of Directors. Volunteer-run committees and other volunteer activities are our lifeblood, but for the most part do not require extensive time commitments. Consider offering your talents today. See page 34.

SUPPORTING ENCORE LEARNING

Members, friends and organizations can support Encore Learning with financial gifts. All contributions will go toward building a solid underpinning for the organization. These funds help Encore Learning acquire classroom and office equipment and may help acquire space in the future. Because Encore Learning is a 501(c)(3) nonprofit organization, any donation is a charitable contribution deductible from income taxes to the full extent permitted by law.

Encore Learning has a scholarship fund for graduates of Arlington Public Schools attending George Mason University or Marymount University. Tax-deductible contributions may be made by check payable to Encore Learning with a notation that it is for the Arlington Community Foundation (ACF) scholarship fund.

ENCORE LEARNING ACTIVITIES SEMESTER-LONG COURSES

Classes are scheduled Monday through Friday between 9 AM and 5 PM. Classes meet once a week for 1.5 to 3 hours, and each course lasts from 4 to 10 weeks. Class sizes generally range from 8 to 30 although some classes may be larger. Courses take place at several Arlington locations, as listed in the back of this catalog. Refer to the maps and locations there for transportation and parking options.

COURSE PREVIEW

Encore Learning's course preview offers you an opportunity to hear the instructors describe their courses before you register and to socialize with other members while you enjoy refreshments. Nonmembers with a possible interest in joining are also invited. See page 5 for more information.

GENERAL INFORMATION

SPECIAL EVENTS

Special events for Encore Learning's members throughout the year include tours, lectures, concerts and other activities. They offer opportunities to join in small-group excursions and to enjoy intellectual and cultural experiences in the DC area. Email announcements of the current special events are issued periodically. See page 39 for more information.

For the most up-to-date information and to register for member-only events, go to the website:
www.EncoreLearning.net.

CLUBS

Encore Learning encourages establishing educational and social clubs within the organization as a means of promoting lifelong learning and personal growth. Club membership is open to all current Encore Learning members. There are eight active clubs: Book, Breakfast, Bridge, Cinema, Current Issues, Ethnic Lunch, Russian Conversation and Travel. More information is on page 40 and at the website:
www.EncoreLearning.net.

ANNUAL MEMBERSHIP MEETING

Encore Learning holds an annual membership meeting, typically in June, to elect Board members from a slate of candidates prepared by the Nominating Committee and to discuss the state of the organization.

ENCORE LEARNING MEMBERSHIP

Membership in Encore Learning is \$55 per year and begins on the first day of the month in which the nonrefundable membership fee is paid. All memberships are individual; each family member must join separately. Encore Learning is a 501(c)(3) nonprofit organization. The membership fee is a charitable contribution deductible from income taxes to the full extent permitted by law. Only current Encore Learning members may register for a course, special event, or club.

Encore Learning encourages the use of its website, www.EncoreLearning.net, for online membership processing. See page 35. For those who prefer to mail or hand-deliver their checks or credit card payments, a printable Membership/Registration Form is available on our website and on page 37 of this catalog.

REGISTRATION PROCEDURES

Only current Encore Learning members may register for a course. The fee for each course is \$45. See page 35 for information on using the online registration process, which is highly encouraged. If unable to use online registration, either mail or hand-deliver a paper course registration form with payment to the Encore Learning office as soon as possible. Neither phone registration nor cash is accepted.

Course registration for the spring 2013 semester is available online beginning at 10 AM on February 4, 2013. Paper registration forms received prior to February 4 are processed in random order beginning at 10 AM on February 4. Thereafter, paper registration forms are processed in the order received. Late registration may be possible with the permission of the instructor. Waiting lists for courses are NOT maintained. Up-to-the-minute course registration levels are posted on the Course Availability page on the website: www.EncoreLearning.net.

NOTIFICATION AND REFUNDS NOTIFICATION

Members who use the online registration process for courses receive an immediate confirmation message on the payment screen, along with a confirming email notification. Course registration acceptance letters are mailed to those who mail or hand-deliver their course registration form.

REFUNDS AND TRANSFERS

Members successfully registered in a course may choose between full refund of the course registration fee or transfer to an alternate open course in the following cases:

- The selected course is cancelled for any reason;
- Encore Learning must change the course's published schedule or location prior to the course's start date, and the member is unable to attend because of the change; or
- Encore Learning receives a written withdrawal request (mail or email) from the member at least one week before the course's start date.

Courses that do not meet their minimum enrollment at least one week prior to the course start date will

GENERAL INFORMATION

be cancelled. Withdrawal requests received less than one week before the course start date but within two working days after the first class meeting of the course may specify either refund of the course fee minus a \$10 service charge or transfer to an alternate open course; no refund or transfer is available after that period. If withdrawals occurring after the course start date result in enrollment below the indicated minimum, the course may be cancelled.

INCLEMENT WEATHER POLICY AND OTHER SPECIAL CLOSINGS

Cancellation policies for inclement weather or civil emergencies vary from site to site. In general, classes scheduled to begin after delayed openings will take place as scheduled. Your class aide can provide further information at the outset of each course. To learn the most up-to-date information:

- Listen to the radio or watch television
- View Arlington Cable
- Go to www.apsva.us
- Call the APS toll-free hotline: 1-866-322-4APS (-4277)
- Call GMU at 703-993-1000 or access www.gmu.edu

Other rare cancellations or postponements because of special circumstances, such as instructor difficulties, will be announced by email (and telephone if necessary) in advance of the class.

ADA COMPLIANT FACILITIES

All Encore Learning sites have facilities that meet ADA standards. If a member experiences disability-related difficulties in class participation or has other concerns, he or she should contact the class aide or call the Encore Learning office.

VISITOR POLICY

Anyone who meets Encore Learning's membership requirements may be allowed to attend a single course session if he/she has never been a member of Encore Learning and the request to attend a specific session is approved in advance by the Encore Learning Administrator (info@EncoreLearning.net). Criteria include agreement from the instructor and space availability (i.e., visitors are not allowed in courses that have met their maximum enrollment).

DISCRIMINATION & ACADEMIC FREEDOM

Encore Learning does not discriminate on the basis of sex, race, color, religion, disability, or national origin. As a learning organization, Encore Learning subscribes to the American Association of University Professors (AAUP) principle of academic freedom: All views should be respected, regardless of their conformance with generally, or currently, accepted views.

PRIVACY POLICY

Encore Learning is committed to protecting member privacy and to ensuring the security of personal information collected. Encore Learning does not sell or lend out member information. A complete Encore Learning Privacy Policy Statement is available from the Encore Learning Administrator and on the organization's website at www.EncoreLearning.net.

While strictly adhering to this policy, Encore Learning does urge all members to provide email addresses for internal use. The email addresses in the Encore Learning database are especially valuable for communicating last-minute scheduling changes and special event announcements. Members are urged to keep Encore Learning's administration informed when their email addresses or phone numbers change.

Members can update their own contact information, including email address, using the Online Transactions/Edit Membership Record function on the Encore Learning website.

Encore Learning maintains an office at 2110 Washington Boulevard in Arlington. Executive Director Marjorie Varner has an office at George Mason University's Arlington Campus. Administrator Donna Banks works at the main Encore Learning office. Both can be reached by email at info@EncoreLearning.net or by calling 703-228-2144. During the academic year, the main Encore Learning office is staffed from 10 AM to 2 PM Monday through Thursday. Summer hours are posted on the organization's website: www.EncoreLearning.net

NOTES:

Fine Arts, Theater & Music

135 — The Immortal Savoyards: The Operettas of Gilbert and Sullivan

Instructor: John Stepanchuk

Mondays, 1:00PM–3:00PM
March 11–April 8
Location: GMU
5 sessions
Maximum 30, minimum 8 participants

Are you delighted by the music of Gilbert and Sullivan? The masterpieces of W.S. Gilbert and Sir Arthur Sullivan set the standards for British and American musical comedy. The combination of Gilbert's genius for rhythm and rhyme and Sullivan's sparkling vocal melodies has never been surpassed.

The course will present film/CD segments of five of their most beloved works: *Trial by Jury*, *H.M.S. Pinafore*, *The Pirates of Penzance*, *Iolanthe* and *The Mikado*. In addition to savoring the delectable lyrics and colorful burlesque, students will explore the social and historical context of these operettas, which provided mordant satire on every aspect of British civilization (the courts, the Parliament, the Queen's Navy), not to mention things foreign in the distant town of "Titipu."

Recommended Readings: No assigned reading, but instructor will provide handouts with Gilbert and Sullivan lyrics, operetta plots and other relevant information.

John Stepanchuk is a retired Foreign Service Officer who sang with church choirs and other choral groups in Russia, Ukraine and Greece. While pursuing his political science and economic studies at Johns Hopkins (MA) and Boston University (BA), he performed in local theater productions of *H.M.S. Pinafore* and *The Mikado*. This course is based on his lifelong interest and delight in the operettas of Gilbert and Sullivan.

138 — The Ring Operas of Wagner

Instructor: John Edward Niles

Fridays, 1:00PM–2:30PM
March 8–April 26
Location: GMU
8 sessions
Maximum 50, minimum 8 participants

This course will cover the operas of Richard Wagner's *Ring Cycle*. Via CDs and DVDs, participants will listen to and watch a different production of each of the four operas that make up *Der Ring des Nibelungen*. The instructor will discuss the *Ring Cycle*, the several productions and why they were selected.

The first class will be *Das Rheingold*, as conducted by the late Herbert von Karajan in 1967. The second and third classes will be devoted to *Die Walküre*, as directed by Patrice Chéreau at the Bayreuth Festival in 1976. The fourth and fifth classes will be *Siegfried*, as directed by Robert Lepage and staged at the Metropolitan Opera in New York in 2012. And the sixth and seventh classes will be devoted to *Götterdämmerung*, as staged by the Catalan theatrical company, Fura dels Baus, in Valencia in 2010. The course will end on a lighter note: in the last class, the participants will listen to the singer/comedienne Anna Russell's satiric *Der Ring des Nibelungen (An Analysis)*.

This course is offered as part of the Wagner 200 Celebration, an international program commemorating the composer's 200th birthday.

John Edward Niles is involved with the Wagner 200 program. Mr. Niles is the musical director of Colvan Productions, Inc. USA and program director of the Evelyn Lear and Thomas Stewart Emerging Singers Program of the Wagner Society of Washington, DC. For many years he was the artistic director and conductor of the Opera Theatre of Northern Virginia. From 1987 to 1998 he worked with European-American Productions in Hannover, Germany. He also has conducted at the Prague Eurofest, ScanMus in Helsinki, WorldMusic, Inc. in Linz, Austria and at the Virginia Opera.

Fine Arts, Theater & Music *continued*

139 — The Conductor's Perspective

Instructor: A. Scott Wood

Fridays, 10:00AM–11:30AM

March 15–April 12

(No Class March 29th)

Location: GMU

4 sessions

Maximum 50, minimum 8 participants

You are invited to join the view from the podium as symphonic conductor Scott Wood shares his insights on composers from four great musical periods: the Baroque, the Classical, the Romantic and the Modern. The course will bring this music to life with sounds, stories and an understanding of the conductor's role. The course concludes with an Arlington Philharmonic concert on April 14.

A. Scott Wood is Music Director of the Arlington Philharmonic Orchestra. He also leads the Amadeus Orchestra, the Washington Conservatory Orchestra, the Montgomery Symphony Orchestra and the National Cathedral School Orchestra. He has lectured at the Concurso Internacional de Canto Lirico in Peru, the Strathmore Performing Arts Center and the Goethe-Institut.

141 — English Architecture and Sculpture Discovered and Rediscovered, 700-1700 AD

Instructor: John M. Schnorrenberg

Tuesdays, 1:00PM–2:30PM

March 5–April 23

Location: GMU

8 sessions

Maximum 50, minimum 8 participants

This course will deal with the discovery and rediscovery of church and castle architecture and sculpture in England, 700-1700 AD, medieval through Baroque, on the "holy Island" of Lindisfarne; at Whitby Abbey; in the castles and cathedrals of Durham, Ely, Lincoln, and York and those cities themselves; at Beverley Minster; at the great house of Chatsworth; at Castle Howard; and at some of the churches, colleges and chapels in the city and University of Cambridge. The course will feature photos taken by the instructor this past summer ("discovery" and "rediscovery").

Recommended Reading: Printed handouts.

John M. Schnorrenberg, PhD, is Professor Emeritus of Art History at the University of Alabama at Birmingham. He taught art history there, at the University of North Carolina, Chapel Hill, and at Columbia University. Since his retirement in 2002 he has taught a course each year for Encore Learning.



Health & Wellness

202 — Estate Planning: Basics and Beyond

Instructor: Sarah Parks

Mondays, 1:00PM–2:30PM
March 4–March 25
Location: FCC
4 sessions
Maximum 24, minimum 8 participants

Are you confused about how to approach estate planning, write a will or create an advance health care directive? Then this is the class for you!

Class sessions:

- 1. Overview of Estate Planning:** Current estate tax system, probate process, use of last will and testament, powers of attorney.
- 2. Trusts:** What a trust is, how it is used, what benefits it offers, different types of trusts for different needs.
- 3. Differences Between Settling an Estate under a Will and under a Trust**
- 4. Advance Health Care Directives**

Sarah Parks is an estate planner with Custom Estate Planning, which she has operated in Fairfax since 1995. She is a graduate of the George Mason University Law School and has an advanced law degree from Georgetown Law Center. She concentrates her practice solely on estate planning.

212 — Mindful Awareness: A New Approach

Instructor: Bruce K. Britton

Fridays, 10:00AM–11:30AM
April 5–May 10
Location: GMU
6 sessions
Maximum 30, minimum 8 participants

****Please note that this course is continuously evolving and is not a repeat of last semester's "Mindful Awareness" course.*

Mindful awareness, also known as mindfulness or insight meditation, brings us into the here and now. Sometimes we spend a lot of our time daydreaming or engaging in repetitive thinking, unaware of the ongoing unfolding of life in the present. Mindful awareness training aims to free the mind from the distortions of daydreaming, repetitive thinking, unawareness of the here and now, negativity and confusion. Seeing life as a constantly changing process, one begins to accept all aspects of life, including pleasure, pain, fear, joy, etc., with increasing balance and equanimity. An increase in the proportion of waking hours spent in "presence" is one of the results. This balanced awareness, grounded in the present moment, leads to stillness and a growing understanding of the nature of life. Out of this "seeing" emerge wisdom and compassion.

Mindful awareness training is a moment-to-moment investigation of the mind and body process. During the six weeks of this course there will be meditation instruction, discussion of the philosophy of the practice and a look at some of the research regarding its use. Historically, mindful awareness training has been linked to the traditions of Buddhism, Judaism and Christianity. However, the instructor's approach in this course will be entirely secular and will draw upon recent scientific advances in cognitive science, including neuroscience.

Health & Wellness *continued*

Bruce K. Britton is Professor Emeritus of Cognitive Science at the University of Georgia. He has been studying and practicing mindful awareness since 1958 and has studied many of the awareness methods used all over the world. He has participated in one-and two-week silent meditation retreats across the US and has studied with meditation teachers from several traditions.

224 — 21st Century Medicine: The Latest Medical Research and What It Tells Us about Health Care Today and in Our Future

Instructor: N. Thomas Connally

Tuesdays, 9:30AM–11:00AM
March 5–May 7
(No Class April 16th or April 23rd)
Location: GMU
8 sessions
Maximum 70, minimum 8 participants

Medical science is changing rapidly with new discoveries offering much improved treatment possibilities. At the same time, public policy regarding health care delivery is changing as well. This course will explore these concerns with information on the latest in scientific breakthroughs, especially in genomic medicine, neuroscience and surgical techniques. Sessions will examine the way medicine and health care influence our world, including international health and population control. Also considered will be new Alzheimer's treatments and the special concerns about the costs of providing health care for the rapidly growing number of seniors.

The instructor draws on a lifetime of medical knowledge, work in health-related public policy and philosophical concerns as he researches these topics for his new book. The course will continue his dialogue with Encore Learning's members and provide fresh insight into future medical, cultural and philosophical issues facing our society.

Topics for the eight class sessions:

- 1. Personalized Medicine in the Genome Era:** More scientifically guided diagnoses and treatments, particularly for cancer; stem cell treatments and newer surgical and visualization techniques.
- 2. Why American Health Care Costs So Much and How We Can Get Waste Out of the System.**
- 3. Reorganization of Health Insurance and the Delivery System:** Patient-centered medical homes, bundled payments and accountable care.
- 4. Where the Money Is:** A new approach to preventive health care in schools, the media, the Internet and doctors' offices.
- 5. International Health:** Health and world population. Major new infectious diseases, pandemics and dramatically improved immunizations.
- 6. Mental Health:** How genomics and neuroscience can revolutionize psychiatry.
- 7. Health Care for an Aging Population:** The problems of paying for the care of a dramatically increasing aging population; potential new treatments for Alzheimer's; community care.
- 8. Medical Philosophical Issues for Society:** End stage kidney disease as a metaphor for health care dilemmas; other end-of-life problems; universal coverage.

Assigned Reading: Four- to six-page handouts for each session will be available at the first class.

N. Thomas Connally, MD, MACP, received a BA in Philosophy and an MD from the University of Virginia. He was an officer in the US Public Health Service at the National Institutes of Health for two years and practiced internal medicine in Washington, DC, for 32 years. He is the author of a book on health care for seniors, is a former member of the board of trustees for CareFirst BlueCross BlueShield, and is active in professional medical organizations at the state and federal levels. He volunteers at the Arlington Free Clinic and has taught 15 health-related courses at Encore Learning.

Health & Wellness *continued*

227 — New Approaches to Enlightenment, Awakening, Liberation

Instructor: Bruce K. Britton

Fridays, 1:30PM–3:00PM

April 12–May 17

Location: GMU

6 sessions

Maximum 30, minimum 8 participants

****Please note that this course is continuously evolving and is not a repeat of last semester's course with a similar title.*

This course is directed toward people who have engaged in an awareness or similar practice under the guidance of competent instruction in mindful awareness, meditation and similar topics, whether through a formal course or program or through other forms of guidance such as Internet instruction or written or audiovisual materials.

The course will consider enlightenment, awakening, and liberation as they are described, explained and pursued in several approaches and traditions--scientific, secular, religious and others--originally developed in both what are conventionally called the East and the West, and in ancient, classical, modern and contemporary times.

The classes will include demonstrations and practice in a wide variety of mindful awareness practices, allowing ample time for questions, discussion, reports, observations and comments.

Bruce K. Britton is Professor Emeritus of Cognitive Science at the University of Georgia. He has been studying and practicing mindful awareness since 1958 and has studied many of the awareness methods used all over the world. He has participated in one- and two-week silent meditation retreats across the US and has studied with meditation teachers from several traditions.

228 — A User's Guide to the Brain

Instructor: Norton S. Beckerman

Mondays, 1:00PM–2:30PM

April 1–April 29

Location: GMU

5 sessions

Maximum 30, minimum 8 participants

There is a myth in our society that normal aging causes a decline in cognitive ability. People of all ages have bought into this myth, and it has had a significant impact on our society and how we live our lives, particularly as we get older. Since the discovery of neurogenesis and neuroplasticity, it is clear that aging itself is not what causes a decline in cognitive ability. We precipitate our own decline in cognitive ability through a lack of understanding of our brain, how it functions and what is needed to keep it functioning effectively.

This course is intended to provide the lay person with an understanding of the brain, how it functions and why a decline in cognitive ability usually does coincide with growing older. It will offer an understanding of why the brain can be repaired and what is needed to repair, rebuild and maintain it and even make it grow in capacity, regardless of age.

Recommended Readings: A reading list will be handed out at the last class to allow class members to follow up on the lectures.

Recommended Website:
www.yourbrainshealthcenter.org

Norton S. Beckerman has evolved a functional understanding of the brain, how it works, and what we can do to keep it working effectively, regardless of age. Mr. Beckerman writes about the brain and cognitive function, has his own informational website about the brain, stages presentations, works with people who have cognitive problems and regularly writes a column as "Brain Health Coach" in the *Arlington Weekly News*. He is currently writing a book on the brain intended for the lay reader.

Health & Wellness *continued*

229 — Our Diverse Food Supply: Food Safety and Food Security

Instructor: Herbert Weinstein

Mondays, 1:30PM–3:00PM

April 1–April 29

Location: SEC

5 sessions

Maximum 25, minimum 8 participants

Our food supply originates from around the world. Foods are compared not only by cost, but also by their nutritious value and lately by their safety. But what does this mean? The media bombard us with news of food-borne diseases and food recalls because of microbiological infection. But in many instances the press does not clearly explain where or when those infections were noted. Because of lack of “informative” information, we may react and maybe even stop buying one of our favorite foods without a valid reason.

In this course we will review many cases in simple and understandable ways. We will analyze the kind of recommendations we can believe and why and how to judge and evaluate that information. We will also look at new laws and regulations about food safety, how they are being considered in this whole picture and how they have been affecting our food supply.

Food safety, food supply and other concerns are influencing how and where we buy food and how much we pay for it. Is the extra cost, if any, for “better” food acceptable? What are the variations in nutrient content? What residues – if any – are in food? How can they affect us – if at all? And most important, are our food choices wise?

The course anticipates answering these questions. The class will actively participate in the discussions, and all are expected to bring and share their experiences.

Recommended Reading: Will be suggested as the class progresses.

Recommended Website: Included in email presentations (PowerPoint files) sent to students before the class.

Herbert (Herb) Weinstein earned a Chemical Engineering degree from the Universidad Nacional Autonoma de Mexico and an MSC and PhD in Food Science and Technology from MIT. He has more than 40 years of industrial experience with General Foods (now Kraft Foods) and Unilever in most technical aspects of food manufacturing, distribution, logistics, product development, quality control, quality assurance and management. Today he is a consultant and is doing research about food safety and the effects of the Food Safety Modernization Act of 2011.

230 — Aging and Health Care Policy

Instructor: Johanna C. O’Loughlin

Thursdays, 10:00AM–11:30AM

March 7–April 4

Location: GMU

5 sessions

Maximum 15, minimum 8 participants

This course is an overview of the salient issues concerning health care and the elderly. It will introduce students to research literature on the elderly and the current approach to health care provision in the US.

The course is divided into the following areas: social foundations for the treatment of the elderly; the current American and international approaches to caring for the elderly; economic issues and health care; and the future policy outlook. Long-term care approaches will also be covered.

The intent is to encourage a lively discussion of US approaches to caring for an aging population. Special attention is paid to incorporating concepts from economic, sociological and policy perspectives. At the conclusion of the course, students will have an informed understanding of the major ideas behind the delivery of health care to the elderly.

Assigned Reading: A reading list will be distributed at the first class.

History

Johanna C. O'Loughlin has extensive experience in the public and private sectors. She has worked with PricewaterhouseCoopers, IBM and the US and Irish governments. She has an MA in Economic Policy Evaluation and Planning from the National University of Ireland. Ms. O'Loughlin is currently studying for her PhD at George Mason University's School of Public Policy.

305 — Arlington History

Instructor: W. Karl VanNewkirk

Thursdays, 3:00PM–4:30PM

April 4–May 16

Location: Offsite

7 sessions

Maximum 15, minimum 8 participants

While living your daily life in Arlington, have you ever wondered who trod this ground before you? This course surveys the history of Arlington from before the arrival of European settlers to the present. Several historic buildings and neighborhoods will be visited.

The sessions will cover the following:

- Overview and guided tour of the Arlington Historical Museum
- Arlington before the Europeans
- Eighteenth Century Arlington
- Early Nineteenth Century and the Civil War
- Some Arlington Black History
- Reconstruction and the Beginning of Modern Arlington
- Arlington in the Twentieth Century

Note: The first class will meet at the Arlington Historical Museum, 1805 S. Arlington Ridge Road (directions below). Locations and directions for subsequent sessions will be provided at the first class meeting. A moderate amount of walking will be involved in touring the historic Arlington locations.

Directions to Arlington Historical Museum:

From North Arlington take Arlington Boulevard or Washington Boulevard to their intersection. Follow Washington Boulevard (Rte. 27) toward the Pentagon and I-395. Just past Columbia Pike, follow the signs to Ridge Road. After crossing the bridge, turn right at the yield sign; the Arlington Historical Museum is 200 yards on the left.

From South Arlington take Columbia Pike east (toward the Pentagon). Take the ramp to Washington Boulevard and I-395, but **DO NOT** merge; instead, take the **SECOND** (left) exit from the ramp, to Ridge Road. After crossing the bridge, turn right at the yield sign; the museum is 200 yards on the left.

From Crystal City take 23rd Street west (up the hill). At the traffic light at the top of the hill, turn right on Arlington Ridge Road; the museum is 0.4 mile on the right.

Karl VanNewkirk is a past president of the Arlington Historical Society and has edited its annual magazine since 1992. He has been a member of the board of directors of the Arlington Black Heritage Museum, works as a volunteer for the archaeology department at Gunston Hall and is currently working on the genealogy of his family. He is a member of a variety of local historical, genealogical and archaeological organizations.



History *continued*

314 — War Along the Shenandoah

Instructor: Robert Stone

Thursdays, 1:00PM–2:30PM
March 7–May 2
Location: GMU
9 sessions
Maximum 30, minimum 8 participants

Virginia's beautiful Shenandoah Valley served as the breadbasket of the Confederacy during the American Civil War, providing the southern armies vast amounts of meat and grain that they needed to fight the war. "The Valley" also provided the southern forces an avenue for invasion of the North, with excellent roads leading into Maryland and Pennsylvania, as well as roads leading to Washington, Baltimore and Philadelphia. Because of these military uses of the Valley, it became the scene of many conflicts between the North and South during the war. Towns such as Winchester changed hands numerous times as the opposing armies moved back and forth trying to gain control of this avenue.

The class will explore the many engagements in the Shenandoah Valley from the beginning of the war in 1861 until the southern surrender in 1865, with concentration on the major campaigns by "Stonewall" Jackson in 1862, the battles of New Market and Piedmont in early 1864, and the Jubal Early/Philip Sheridan campaign in the fall of 1864.

Field Trip: The instructor will lead a day-long voluntary field trip on May 9, 2013, to select battlefields in the northern part of the Valley. The cost of the trip will be divided equally among the participants, but it should not be more than \$25 to \$30 per person.

Bob Stone has a BS in Education from West Virginia University. He worked for the Arlington County government for 36 years before his retirement in 1996. He has studied the American Civil War extensively for over 60 years and has shared his knowledge with numerous organizations, including Encore Learning, since 2005. He has taken many groups on tours of Civil War battlefields in the eastern United States.

321 — Our Legacy from the Middle Ages

Instructor: Mary Lee McIntyre

Thursdays, 10:00AM–11:30AM
March 7–April 11
Location: GMU
6 sessions
Maximum 30, minimum 8 participants

What comes to mind when you hear the term Middle Ages? Do you picture a chaotic, barbarous period when life was short and brutish and culture was confined to a few scattered monasteries? Or do you have a more romantic vision of castles and chivalrous knights?

The twelve centuries from 300 AD to 1500 AD featured all of these elements plus so much more. In this course we will examine the remarkable legacy that the modern world received from this period in terms of institutions such as the church, representative government, capitalism and the university, as well as ideas such as rationalism, nationalism and the scientific method. We will trace the development of architecture, art, literature, trade and methods of conducting warfare. Finally we will meet some of the fascinating men and women who contributed to the richness of medieval life.

Recommended Reading: Handouts will be provided in class.

Mary Lee McIntyre developed her interest in medieval history during a long career of teaching and lecturing here and abroad. After receiving an AB in History from Washington College and an MA from the School of Advanced International Studies at Johns Hopkins University, she taught at both the high school and university levels in the Washington area and in India, Pakistan and Lebanon. She also served with USAID in India, Pakistan and Bangladesh.

History *continued*

327 — The Geopolitics of the Ancient Middle East

Instructor: Dave Rudgers

Thursdays, 1:30PM–3:00PM
April 4–May 9
Location: FCC
6 sessions
Maximum 20, minimum 8 participants

After the ancient Hebrews became aware of themselves as a people with their own identity, their history was a turbulent one. Relatively few in number and living in a tumultuous geopolitical neighborhood since the beginning of recorded history, they were in almost constant conflict with powerful neighbors, threatened by hostile nomads, divided among themselves and frequently subordinate to foreign conquerors. This course tells that story and describes the Jews' relationships with the Egyptians, Assyrians, Babylonians, Persians, Seleucid Greeks, Romans and Muslims. It will also detail the changing power relationships in the ancient Middle East, culminating in the Muslim conquests of the seventh century.

Although this course deals with biblical themes and personalities, it is not a course in religion. Events will be examined and interpreted in an entirely secular way. The course will also attempt to link the events of the ancient Middle East to a contemporary context. There is no required text, but an extensive bibliography will be provided.

Dave Rudgers is an independent scholar and retired civil servant. After working as an archivist at the National Archives, he was employed primarily as an editor and an analyst at the Central Intelligence Agency for 22 years. He holds a doctorate in history from the George Washington University and is an award-winning author.

331 — A Roman Perspective on Shakespeare's Four Roman Plays

Instructor: Tom Wukitsch

Fridays, 10:00AM–1:00PM
March 8–April 26
Location: GMU
8 sessions
Maximum 50, minimum 8 participants

Have you ever wondered about the accuracy of Shakespeare's plays about ancient Rome? Did Anthony really give a stirring speech after Caesar's assassination? Did Anthony and Cleopatra really commit romantic suicide and, if not, who made up the story? This course will address the ancient Roman origins of the stories of Shakespeare's four Roman plays (*Coriolanus*, *Julius Caesar*, *Anthony and Cleopatra*, and *Titus Andronicus*) and the translation and transmission of those stories to Shakespeare's time. We will look at the social and political conditions in ancient Rome and in Elizabethan/Jamesian England to try to discover how these conditions shaped the historical, literary and dramatic accounts and legends. The course will include screenings of each of the four plays (in three-hour sessions) and lectures and discussions in subsequent classes.

Recommended Readings: Read or view Shakespeare's *Julius Caesar*, *Anthony and Cleopatra*, *Coriolanus* and *Titus Andronicus*. For *Titus Andronicus* read Ovid's *Metamorphosis*, Philomel Book Six beginning about line 542.

Recommended Websites:
<http://www.shakespeare-online.com/plays>
<http://elizabethanauthors.com/ovid06.html>

Tom Wukitsch served in the US Navy in aviation- and archeology-related positions and then had a career as a member of the US Foreign Service, serving in the Middle East and Italy. After retiring he studied and taught for four years in Rome. He is a member of the board of Scientific Methodologies Applied to Cultural Heritage (SMATCH). He has led Encore Learning Travel Club tours to Rome, Florence, Venice, Egypt and Pompeii.

History *continued* / Law, Politics & Public Affairs

343 — Human Rights in World History

Instructor: Peter N. Stearns

Tuesdays, 10:30AM–NOON
March 5–March 26
Location: GMU
4 sessions
Maximum 50, minimum 8 participants

Certain standard human rights have come to be seen as a vital component of global citizenship. There are, however, a number of societies that dissent from this orthodoxy— either in general or on particular issues—on the basis of political necessity, cultural tradition, or group interest.

This course will examine, from a global historical perspective, the emergence of this clash of values. Beginning with pre-modern features compatible with a human rights approach (including religious doctrines and natural rights ideas), continuing with the first modern-style human rights statements, and noting contrasts between sincere commitments to human rights and a recurrent sense that certain types of “uncivilized” people should be denied rights, this course will explore the contradictions between the pursuit of human rights goals and the spread of Western imperialism.

In today’s post-colonial world, the tension between universal human rights arguments and local opposition is delineated.

Recommended Reading: *Human Rights in World History* by Peter N. Stearns. Routledge, 2012

Peter N. Stearns is provost and executive vice president for academic affairs at George Mason University. He has taught previously at Harvard University, the University of Chicago, Rutgers University, and Carnegie Mellon University; he was educated at Harvard. Dr. Stearns has authored or edited nearly 120 books and has published widely in modern social history, including the history of emotions, and in world history. Dr. Stearns promotes comparative analysis and the assessment of modern global forces – for their own sake and as they illuminate the American experience.

402 — The Bill of Rights: Its History, Current Interpretations and Future

Instructor: Robert L. Weinberg

Thursdays, 1:30PM–3:00PM
March 7–April 4
Location: GMU
5 sessions
Maximum 20, minimum 8 participants

How well do you understand your Constitutional rights? This course will present an overview of the rights guaranteed Americans by the first ten amendments to the US Constitution. It will also consider how the Supreme Court has interpreted several specific provisions of the Bill of Rights, including free speech, free exercise of religion, the right to bear arms, security against unreasonable search and seizure, the privilege against self-incrimination, the prohibition against double jeopardy, the guarantee of due process of law, the right of the accused to indictment by a grand jury and a speedy trial in public by an impartial jury, the right to assistance of counsel and to bail and the prohibition against cruel and unusual punishment.

Finally, the course will consider the extent to which the provisions of the Bill of Rights, which were adopted as limitations upon the federal government, have been made binding upon the states by virtue of the Fourteenth Amendment.

Recommended Reading: *The Bill of Rights: Creation and Reconstruction* by Akhil Reed Amar

Robert L. Weinberg received his Bachelor’s and Law degrees from Yale and his PhD in economics from the London School of Economics. He is a retired founding partner of the Washington, DC, law firm of Williams and Connolly. He has litigated constitutional issues for over 35 years, specializing in the defense of the accused in criminal cases. He is now Adjunct Professor at the George Washington University School of Law and Visiting Lecturer at the University of Virginia Law School.

Law, Politics & Public Affairs *continued*

405 — Managing the National Debt

Instructors: Jeffrey S. Thiebert, Joshua B. Gordon

Mondays, 1:00PM–2:30PM
April 15–May 20
Location: GMU
6 sessions
Maximum 30, minimum 8 participants

This course is designed to give participants an insight into the current debate over how to eliminate or reduce the growth of the national debt. It will provide an overview of the federal budget and how the national debt grew to more than \$15 trillion. We will examine the history of the national debt, review tax and spending policies and consider how the outcome of the current budgetary debate will affect our economy. The course will also examine the role that Social Security and health policy play in our nation's fiscal future.

Students will have an opportunity to examine a wide range of policy choices. The course will conclude with an interactive exercise in which students play the role of members of Congress and write their own 10-year budget.

Recommended Websites:

www.concordcoalition.org
www.cbo.gov
www.cms.gov
www.ssa.gov
www.taxpolicycenter.org

Jeffrey S. Thiebert serves as both national grassroots director and northeast regional director of the Concord Coalition, a nonpartisan organization dedicated to educating the public about federal budget issues and their consequences for the future. As a spokesperson for the 250,000-member coalition he also works extensively with the media. Mr. Thiebert has a bachelor's degree in political science from the University of Georgia and a JD from George Mason University School of Law.

Joshua B. Gordon is the policy director of the Concord Coalition, where he directs the coalition's research on the federal budget, health care policy and tax policy and edits Concord's blog, "The Tabulation." He also directs Concord's academic outreach and educational activities, including its classroom curriculum and budget simulations, and was a research advisor for the Sundance Film Festival documentary "I.O.U.S.A." Dr. Gordon has a PhD in political science and a master's degree from the University of Florida and taught classes there on American politics and on Congress. He received his bachelor's degree from Emory University in Atlanta.



Law, Politics & Public Affairs *continued*

412 — Global Hot Spots

Instructors: Molly Williamson, David Keegan, Alphonse LaPorta, Marc Grossman, Priscilla Clapp, Allen Keiswetter, Stephen Dachi, Tom Pickering

Thursdays, 10:00AM–11:30AM

March 14–May 9

(No Class April 18th)

Location: GMU

8 sessions

Maximum 70, minimum 8 participants

The United States is confronted by an increasingly complex and perilous world. We now face a globe marked by dangerous hotspots, some flaring openly into violence, others simmering near the edges of our attention. This course taps the experience and perspectives of diplomats and scholars to offer insights into what is at stake in eight of these critical areas.

****Please note that two dates -- April 18 and May 16 -- are kept open in case speakers need to change the date of their lectures at the last moment.*

Israel/Palestine (Molly Williamson). This lecture will address the historical roots and current status of this intractable international problem.

South Asia Beyond Afghanistan: Will Pakistan Survive and Will India Go Global? (David Keegan). After we withdraw or draw down in 2014, Afghanistan's future lies with India and Pakistan more than with the United States or the West. For Afghanistan to survive without chaos, Pakistan must stabilize and India must become a global power. We will explore why, despite what the pessimists argue, we can bet that both will happen.

South China Sea—a Sea of Dispute (Alphonse LaPorta). The lecture will cover the South China Sea's geographic importance, the naval dimensions, resource issues, the diplomatic state of play *vis-à-vis* China, the US position and its diplomatic efforts, as well as a discussion of options for moving forward.

What Next in Afghanistan? (Marc Grossman). Afghan/US relations face major changes over the next few years. In 2014 the last US combat troops are scheduled to leave. In that same year Afghans will be electing a new president as Hamid Karzai finishes his second term in office. Grossman will review the challenges both countries face as the nature of the relationship is transformed.

Burma's Political Transition (Priscilla Clapp). There has been unprecedented change in Burma. Aung San Suu Kyi has been released from house arrest, an election for Parliament has occurred and a US President has visited the country for the first time. The lecture will review the most recent political developments in Burma.

Is It the Arab Spring, Summer, Fall or Winter? (Allen Keiswetter). The lecture will review how the events in the Middle East, which are liberating a large part of the Arab World from decades of tyranny, have begun to affect US interests and policies. Have the chances for real political and economic reform gone up, down or stayed the same? As major US interests fail to align, how will we—in the words of Secretary of State Hillary Clinton—“walk and chew gum at the same time”? How has the new era of realignment started to evolve?

Iran Update (Stephen Dachi). Iran wants to play on a global as well as regional stage. While we are all aware of US and Israeli concerns, we are less attentive to the European Union dimension. In addition, Iran's drive to be the dominant regional power has caused a reaction among other Middle Eastern states—Egypt, Saudi Arabia, the United Arab Emirates, Qatar, etc.—that are deeply apprehensive and suspicious of Tehran.

Today's Russia (Tom Pickering). Both Putin and Obama have been returned to office. Now that both elections are over, what will be the tenor of future relations between the US and Russia? What may be possible areas of cooperation and areas of tension? Pickering will reflect on these and other issues regarding Russia's role in international politics.

Law, Politics & Public Affairs *continued*

Molly Williamson, a retired US Foreign Service Officer, has served as Senior Foreign Policy Advisor to the Secretary of Energy, as well as Deputy Assistant Secretary in the Departments of State, Commerce and Defense. While at Commerce she dealt with the Middle East, South Asia, Oceania and Africa, managing a trade portfolio valued at over \$120 billion a year. At State she was responsible for UN matters, particularly peacekeeping and humanitarian issues. Williamson was also interim ambassador to Bahrain and Chief of Mission/Consul General in Jerusalem.

David Keegan served 30 years as a Foreign Service Officer, most recently as Director of Regional Affairs in the Bureau of South and Central Asia and as Director of the Office of Proliferation, Military, and Strategic Issues in the Bureau of Intelligence and Research. He holds a PhD in Chinese history from the University of California, Berkeley.

Alphonse F. LaPorta retired from the US Foreign Service in 2003. Since then he has been president of the US-Indonesia Society, a frequent lecturer at the State Department's Foreign Service Institute and elsewhere, a consultant to several US military commands and a consultant for private sector development in Southeast Asia and Mongolia. Ambassador LaPorta was the US ambassador to Mongolia from 1997 to 2000.

Marc Grossman was the Special Representative for Afghanistan and Pakistan from February 2011 to December 2012. He served for nearly 30 years as a Foreign Service Officer, beginning with his first assignment in Pakistan, where he served from 1977 to 1979, and ending as the Department's third ranking official, Under Secretary of State for Political Affairs, a position he held from 2001 to 2005. Among his other assignments, Ambassador Grossman was US Ambassador to Turkey from 1994 to 1997 and Assistant Secretary for European Affairs from 1997 to 2000.

Priscilla Clapp was the Chief of Mission and Chargé d'Affaires of the US Embassy in Burma from 1999 to 2002. She is also the author of several books on the country. She spent 30 years in the US Foreign Service. Among her assignments were Principal Deputy Assistant Secretary for Refugee Programs, Deputy Chief of Mission at the US Embassy in South Africa and Chief of Political Military Affairs at the US Embassy in Tokyo.

Allen Keiswetter, a retired Senior Foreign Service Officer, is a scholar at the Middle East Institute. He has taught courses on Islam and the Middle East at the National Intelligence College, the National War College and the University of Maryland. In his 36 years with the State Department

he served in six Middle Eastern countries and was Deputy Assistant Secretary for the Near East in 2000-2001. He also served as Senior Advisor for Middle East Affairs to the US Delegation to the UN General Assembly in 2003.

Stephen F. Dachi, a retired Foreign Service Officer, has recently taught at the Foreign Service Institute and at the Elliott School of International Affairs at George Washington University. He has presented many courses at Encore Learning since 2003. Senior assignments in the Foreign Service included Consul General in São Paulo, Brazil and Minister Counselor of the US Embassy in New Delhi, India. At the Foreign Service Institute Dachi taught South Asia Area Studies and a special program on Afghanistan. At George Washington University he teaches Political Islam and Global Energy Security.

Thomas Pickering's diplomatic career spanned five decades, serving as Under Secretary of State for Political Affairs and Ambassador to the United Nations and to Russia, India, Israel, Nigeria, Jordan and El Salvador. He holds the personal rank of Career Ambassador, the highest in the US Foreign Service. Ambassador Pickering served in numerous other positions at the State Department, including Executive Secretary and Special Assistant to Secretaries Rogers and Kissinger and Assistant Secretary for the Bureau of Oceans, Environmental and Scientific Affairs.



Law, Politics & Public Affairs *continued*

437 — Who Influences Congress: Voters, Lobbyists, Party Politics, Bureaucrats?

Instructor: Richard Barton

Wednesdays, 10:00AM–11:30AM

March 6–April 10

Location: GMU

6 sessions

Maximum 30, minimum 8 participants

The United States Congress, when it was established by the Constitution, was a unique democratic institution in a unique democracy. There are scholars who say that the institution retains that uniqueness even now under the academic theories of “American exceptionalism.”

In this course we will examine the operations of Congress and try to determine why and how it works—or why and how it does not work, as many now believe. We will discuss the evolution of Congress from its creation to today, as well as its complex relationship with the President and the executive branch and with the federal court system. Above all, we will examine its relationship with the multitude of interest groups, lobbyists, bureaucrats, PACs and Super-PACs. Are they the oil that allows the legislative machine to run smoothly or the grit that brings everything to a halt? We will hear a retired member of Congress and a former top congressional staffer turned major lobbyist tell us how things really work on Capitol Hill.

Recommended Reading: *Congress and Its Members* by Roger H. Davidson, Walter J. Oleszek and Francis E. Lee, 13th Ed. (Washington, DC, CQ Press.) Other readings will be listed in the syllabus.

Recommended Website: <http://thomas.loc.gov>

Field Trip: All-day field trip to the US Capitol on a day to be determined by the class.

Richard Barton earned a BA in government from Louisiana State University in 1960 and an MA in political science

from the University of North Carolina in 1963. After retiring he received a PhD from George Mason University’s School of Public Policy. Currently serving as an adjunct faculty member in GMU’s Department of Public and International Affairs, he was a congressional staff member for 13 years and a lobbyist for 25 years.

439 — A Chinese Potpourri, Part 2

Instructors: Ning Yang, Lihong Wang

Tuesdays, 10:30AM–NOON

April 16–May 14

Location: GMU

5 sessions

Maximum 50, minimum 8 participants

This course is a new set of lectures on five intriguing—and perhaps surprising—aspects of Chinese culture.

Chinese Characters and Calligraphy (Ning Yang). From the very beginning, Chinese characters were created as a form of artwork. They initially were pictographs that later were further developed into other forms. This lecture leads the audience into the world of Chinese characters from their origin through their various developmental stages. It will also introduce the materials used to create calligraphy – the ink, writing paper and brush varieties – so that participants can more fully appreciate the art of Chinese calligraphy. By using guessing games and pencils, participants will learn to write more than 20 Chinese characters and even have fun creating their own characters from their imagination.

Clothing and Social Status in Traditional Chinese Culture (Ning Yang). As they say, “clothes speak volumes” about the person wearing them. In ancient China, social status could be immediately identified by observing what people were wearing. This lecture explores the correlation of color composition, pattern design and decorative accents in traditional Chinese clothing with the status of the individual wearing it. The lecture will discuss ethnic varieties, regional features, a variety of textile types and different kinds of

Law, Politics & Public Affairs *continued*

imperial robes and court dress worn during Chinese history. The clothing of young people in China today, who tend to follow Western tradition and like to express themselves by wearing unique clothes, will also be presented.

Family Values and Chinese Festivals (Ning Yang). Family values are cherished by people throughout the world. This lecture will show how family values in Chinese society are represented in the customs of Chinese festivals by exploring the origins of many of these traditions. Chinese festivals are generally focused on family relationships, showing respect for ancestors, offering prayers to appease gods and ghosts and marking the passing of different seasons; they are less focused on marking political events or individual contributions to society. The similarities and differences between Chinese festivals and those of other countries will be discussed so that participants can see parallels between Eastern and Western cultures.

Food, Nutrition and Chinese Traditional Medicine (Lihong Wang). Viewing food as an integral component of Chinese traditional medicine is based on the Chinese concept that the body's health reflects the natural balance – or imbalance – of the forces of yin and yang within it. The Chinese categorize foods into four groups – hot, warm, cool and cold. These four groups directly correlate to the categorizations within Chinese medicine. This lecture shares information about various food types and their medicinal effects, as well as popular prescriptions for foods that can supplement health. Interactive discussions and sharing among the audience are encouraged during the lecture.

Color and Chinese Traditional Architecture (Lihong Wang) . The traditional architecture of China featured a structured and unique use of colors that represented different meanings. This lecture will give a historical overview of the dominant color schemes applied in Chinese architecture. The correlations between color and social class, color scheme and type of architecture, color and spatial position and color and architectural materials will be discussed.

Ning Yang is an Associate Professor of Linguistics in the College of Foreign Languages at Beijing Language and Culture University. She earned her doctoral degree at Radboud University of Nijmegen in the Netherlands and later worked as a post-doctoral fellow at Hong Kong City University. She is currently a faculty member at the Confucius Institute at George Mason University. Her research interests include theoretical linguistics, language acquisition and cultural studies.

Lihong Wang is an Associate Professor at Beijing Language and Culture University (BLCU). In January 2011 she came to the US to serve as resident director of the Confucius Institute at George Mason University. She has her master's degree in linguistics from Jilin University in China and her PhD in intercultural communication and foreign language education from Durham University in the UK. She has taught general linguistics, English lexicology, grammar, intensive reading, extensive reading, translation, and interpreting at BLCU. At present, she is teaching the course Readings in Chinese Poetry and Poetics at George Mason University. Her research interests include intercultural learning and intercultural citizenship education as well as teaching and learning beliefs in different cultures.



Law, Politics & Public Affairs *continued*

440 — The Kingdom of Saudi Arabia: What It Was, Is and Could Become

Instructor: Stephen F. Dachi

Tuesdays, 10:00AM–11:30AM

April 2–May 21

Location: FCC

8 sessions

Maximum 60, minimum 8 participants

The course will explore how the Kingdom of Saudi Arabia became a state and trace the history of Wahhabism, which served the Saud family as a unifying ideology. It will also look at such issues as Saudi Arabia's current oil resources and its role in OPEC; the history of Saudi Arabia's move from supporting terrorism to its current strong alliance with the United States in fighting terrorism; and the country's foreign policy, particularly its role in the Middle East, the Persian Gulf and Iran. In addition, the course will review the new economic challenges the Kingdom faces as it seeks to grow, diversify, industrialize and become part of the 21st century global economy. Finally, given the turmoil of the Arab Spring, the course will analyze the inevitable political, educational and social reforms the Kingdom must carry out in the near future.

Recommended Reading: *Saudi Arabia on the Edge: The Uncertain Future of an American Ally* by Thomas W. Lippman, A Council on Foreign Relations Book, published by Potomac Books, 2012.

Stephen F. Dachi is a retired Foreign Service Officer. He has presented courses at Encore Learning for the past five years. Senior assignments in the Foreign Service included Consul General in São Paulo and Minister Counselor of the US Embassy in New Delhi. At the Foreign Service Institute Dachi taught South Asia Area Studies and a special program on Afghanistan. He currently teaches Political Islam and Global Energy Security at the Elliott School for International Affairs at George Washington University.

441 — Mass Media and American Politics

Instructor: Ian Stanford

Wednesdays, 1:00PM–2:30PM

March 6–May 1

(No Class April 10th)

Location: GMU

8 sessions

Maximum 25, minimum 8 participants

The mass media have an impact on the daily lives of almost every American. However, amid all the entertainment options available in the modern cable TV package, it is easy to forget that the privileged position occupied by media organizations is directly linked to the vital role that journalists and news organizations play in the nation's democratic process.

The purpose of this course is to examine some of the fundamental analytical concepts underlying the relationship of the mass media to American politics—and then to apply those concepts in a practical way to the media that we consume today. Therefore, the course will mix lectures on key concepts with discussions of contemporary media coverage of prominent political issues. We will also attempt to answer some overarching questions about political media, including:

- What is the ideal role of well functioning media in a democracy, and how do today's US media live up to that ideal?
- How have political media developed over the history of this country?
- What is the nature of the relationship between the press and government institutions—and are advances in media technology changing that relationship?
- How do people use and interpret political media?

Recommended Readings: There are many books in this field, but the instructor will be drawing concepts primarily from *News: The Politics of Illusion* by W. Lance Bennett; *Governing with the News, Second Edition: The News Media as a Political Institution* by Timothy E. Cook; and *Post-Broadcast Democracy:*

Law, Politics ... *continued* / Literature & Writing

How Media Choice Increases Inequality in Political Involvement and Polarizes Elections by Markus Prior.

Ian Stanford is a PhD student in public policy at George Mason University. He received a master's degree in mass communication from Louisiana State University, where he studied media and public affairs and the history of journalism. While attending George Mason, he has spent the last three years as a research assistant at the US Postal Service Office of Inspector General where, among other things, he serves on the editorial board of the OIG's official blog. He has worked in a number of positions in both journalism and public relations.

442 — Contemporary Challenges Confronting Pakistan

Instructor: Nazia Hussain

Wednesdays, 10:00AM–11:30AM
March 6–April 17
Location: GMU
7 sessions
Maximum 50, minimum 8 participants

Pakistan, the world's sixth most populous country and a very important member of the Islamic world, is facing challenges on many fronts. The course will focus on candid assessments of the issues confronting Pakistan, and—by default—its region. These challenges matter, as Pakistan seems unequipped or unwilling to address them—or does not have the resources to do so. The sessions include:

1. State of disharmony in Pakistan, crisis of identity and the subsequent rise of radicalism as a way to counter frustration within the population. What are the prospects for democracy?
2. Jihadist organizations and what they mean for Pakistan's relations with India. Are the two countries headed toward normalized relations or toward another collision?
3. Pakistan's role after US withdrawal from Afghanistan.
4. Pakistan's nuclear weapons and their safety, especially after the recent siege on air and naval bases.

5. Climate change and its role in stoking social stresses in Pakistan.
6. Urban issues confronting Pakistan.
7. Final lecture.

Assigned Reading: A reading list will be distributed during the first class.

Nazia Hussain specializes in urban conflict and international security issues. She is currently studying in the doctoral program at the School of Public Policy, George Mason University. She is also a research scholar at the university's Terrorism, Transnational Crime and Corruption Center.

511 — W.B. Yeats and William Wordsworth: Poets in the Romantic Vein

Instructor: Tom Dunlap

Wednesdays, 1:00PM–2:30PM
March 13–April 10
(No Class March 27th)
Location: FCC
4 sessions
Maximum 14, minimum 8 participants

In 1798 Wordsworth began what later was called the Romantic Movement in English poetry. He wanted a new poetry that was full of life and displayed heartfelt emotion. He once defined poetry as "passion recollected in tranquility." He famously looked to nature for wisdom.

The beauty and insights in Wordsworth's poetry had a great influence on W.B. Yeats, who called himself "the last Romantic." He built on Wordsworth and moved creatively in his own direction. They both were poets of nature and of reflection who wrote about the social upheavals of their times.

This class will explore important poems from these two writers. We will meet as a small group with time for questions, discussions and careful reading of selected poems.

Literature and Writing

Recommended Reading: The instructor will provide a syllabus in class. Students should then bring copies of the poems to be discussed to class. The following editions are suggested for those who wish to purchase copies: *The Collected Poems of W.B. Yeats*, Richard J. Finneran, ed. and *William Wordsworth—The Major Works: Including the Prelude*, Oxford World's Classics.

Tom Dunlap has been enjoying a variety of poetry for over 40 years and is looking forward to sharing insights and lively discussions with others. He holds a master's degree in English literature from the University of Michigan, where he was a teaching fellow. He has years of experience teaching adults in informal settings.

515 — Writing About Your Life

Instructor: Cherie Toll Bottum

Wednesdays, 10:00AM–NOON

March 20–April 24

Location: WETA

6 sessions

Maximum 12, minimum 8 participants

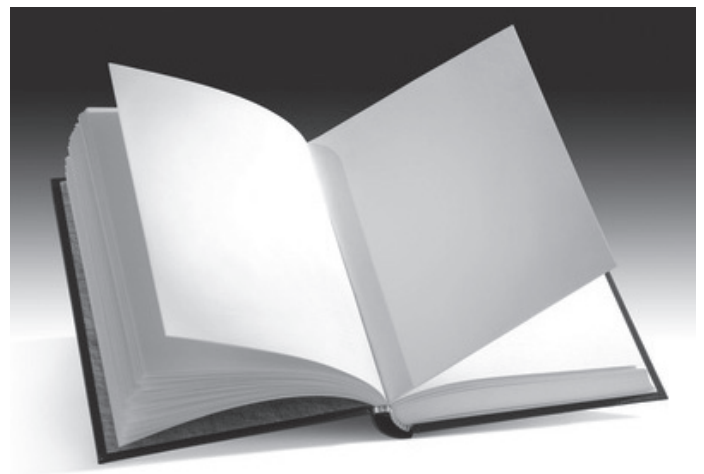
“Dealing with nerves is the key to being able to function effectively as a moderator,” says Jim Lehrer in his new memoir *Tension City: Inside the Presidential Debates, from Kennedy-Nixon to Obama-McCain*. If you have any nerves about writing about your own life, this class can help.

Now is a good time to celebrate and preserve your life and times. You can begin to create a record of your stories—serious and funny—about encounters, family and reflections on the world around you that your family, friends and perhaps even historians can enjoy. Or you might wish to write only for yourself. Guided by William Zinsser's wise, practical and humorous book (recommended below), we will consider many kinds of personal writing: memoirs, diaries, family histories, journals, letters, even poetry. We'll look at classic examples by writers in addition to Jim Lehrer, such as Roger Rosenblatt, Eudora Welty, Frank McCourt and others.

The class will be a semi-workshop, as we read and gently critique each other's work, with the writer's permission. It will feature practical exercises to help students get started and keep writing, to organize by selecting and focusing, and to keep momentum. We'll also look at integrity. As Zinsser says, “Use memoir to look for your humanity. Be as honest as you can.” It's your chance to tell your story as only you can.

Recommended Reading: *Writing about Your Life: a Journey into the Past* by William Zinsser. Available in paperback.

Cherie Toll Bottum is a writer, editor and teacher. She has published articles and essays in five different sections of The Washington Post, including humor on the op-ed page, and in Good Housekeeping and Family Circle. She has taught creative writing at the University of Virginia-Northern Virginia Center in Falls Church. She was managing editor of the academic journal College Teaching for twenty-five years.



Science & Technology

618 — Toward a New Psychiatry? The Influence of Genetics, Neuroscience and the New DSM-5

Instructor: James Giordano

Wednesdays, 3:00PM–5:00PM

March 6–April 3

Location: SEC

5 sessions

Maximum 30, minimum 8 participants

The profession and practice of psychiatry are in a state of flux, reflecting the influences of neuroscience and neurotechnology, genetics, and the revised classifications of the fifth edition of the American Psychiatric Association's *Diagnostic and Statistical Manual of Mental Disorders* (DSM-5), as well as the socio-cultural and economic forces of medicine and society at large. These changes in psychiatry lead us to consider the philosophical and scientific bases of the profession and the ethical, legal, and social implications of such changes.

This course will discuss what psychiatry can—or should—become in the future by briefly reviewing the canonical literature, history, science, philosophy and ethics of psychiatry as a profession and practice. It will address key developments in genetics and neuroscience. In addition, while considering revisions of the DSM, participants will examine the concepts, questions, and problems these revisions produce and explore possible answers to the questions and solutions to the problems, using multidisciplinary perspectives.

Assigned Reading: *Neurotechnology: Premises, Potential, and Problems*, edited by J. Giordano, Boca Raton: CRC Press, 2012.

James Giordano, PhD, MPhil, is the director of the Center for Neurotechnology Studies and Vice President for Academic Programs at the Potomac Institute for Policy Studies, Arlington, VA; professor of neuroscience, integrative medicine, and bioethics at Georgetown University; and senior fellow in the Human Science Center, Ludwig Maximilians Universität, Munich, Germany.

620 — Climate Change: What's Happening and Where Do We Go from Here?

Instructor: Robert P. Morgan

Thursdays, 10:00AM–11:30AM

March 14–May 2

Location: MU

8 sessions

Maximum 30, minimum 8 participants

This course is designed for individuals with a wide variety of backgrounds—either scientific or not—who are interested in learning more about climate change and what it means for our society, our world and our future. Among the topics to be considered are what the science says, what is actually happening, what is likely to happen in the future and whether we can avoid the risks of climate change.

The required reading for the course (see below) has been described as “essential reading for citizens of a world in distress” presented in an “illustrated, visually stunning, and undeniably powerful way...” The course will be roughly half presentations and half class discussion. The instructor is looking forward to lively discussions of our current predicament and what might be done in the future.

Assigned Reading: *Dire Predictions: Understanding Global Warming—The Illustrated Guide to the Findings of the IPCC (Intergovernmental Panel on Climate Change)* by Michael E. Mann and Lee R. Kump. DK Publishing, 2008.

Recommended Reading: A reading list and occasional short handouts will be provided.

Recommended Websites: A list will be provided.

Robert P. Morgan is an Arlington resident and Professor Emeritus of Technology and Human Affairs at Washington University in St. Louis. While there, he taught (among other subjects) science, technology and policy courses on energy and the environment to students with a broad range of backgrounds and interests.

Social Sciences

714 — Political and Social Issues in Contemporary Islam

Instructor: Andrea Farsakh

Tuesdays, 1:00PM–2:30PM

March 5–April 16

Location: GMU

7 sessions

Maximum 30, minimum 8 participants

The past year has seen momentous developments in the Arab world and the Muslim world. This course will attempt to foster better understanding of the problems by focusing on current political and social issues, such as political Islam and the Arab Spring; the relationship of violence and extremism to orthodox Islam; relationships with the West and its Islamophobia; relations with Christians and Jews in the region and in the West; and, as new political systems develop, the possible impact of Sharia law on democracy and civil rights, including women's rights.

The course will take us through the life of the Prophet and the Qur'an, the expansion of Islam, sectarianism, the Crusades and holy war, and the impact of the West and colonialism on the modern psychology of Muslims. We will conclude with consideration of the range and impact of Islamic reformers in this period of great intellectual ferment.

Assigned Reading: *The Koran (Qur'an)*—any edition.

Recommended Readings: *Muhammad, A Prophet for Our Time*; *Holy War: The Crusades and Their Impact on Today's World*; *Islam: A Short History*; and *The Battle for God*, all by Karen Armstrong; *The Shi'a Revival: How Conflicts Within Islam Will Shape the Future* by Vali Nasr; *Paradise Beneath Her Feet: How Women are Transforming the Middle East* by Isobel Coleman; *Peace Be Upon You: Fourteen Centuries of Muslim, Christian, and Jewish Conflict and Cooperation* by Zachary Karabell; *Islamic Extremism: Causes, Diversity, and Challenges* by Monte Palmer and Princess Palmer; *Jihad: The Trial of Political Is-*

lam; The War for Muslim Minds: Islam and the West; and *Encyclopedia of Islam*, all by Gilles Kepel.

Additional Recommended Reading: *Heaven on Earth: A Journey Through Shari'a Law from the Deserts of Ancient Arabia to the Streets of the Modern Muslim World* by Sadakat Kadri (an examination and analysis of Sharia law and its historical context).

Andrea Farsakh has lectured extensively for many years in the Washington area and elsewhere in the United States on Islamic subjects and the Israeli-Palestinian conflict. She had a 25-year career in the Foreign Service, serving all her overseas tours in the Middle East. She was the lead Foreign Service liaison officer with the PLO in Tunis after the 1993 Oslo Agreement, dealing with all Palestinian leaders at that time. After retirement she worked on Iraqi political and economic affairs and on democratic governance in Afghanistan at the Department of State. She studied for a PhD in Islamic studies at the Hartford Seminary Foundation. Ms. Farsakh spends her summers on the occupied West Bank and is a member of a Muslim family, which gives her the opportunity to observe closely the practice of Islam in daily life.



Social Sciences *continued*

728 — Understanding the Economic Issues of Our Time

Instructor: Julian (Jud) Heriot

Wednesdays, 1:00PM–2:30PM
March 6–May 1
Location: FCC
9 sessions
Maximum 27, minimum 8 participants

Remember what the politicians were saying in the 1990s? “It’s the economy, stupid!” That catch phrase could well be dusted off today, for the economy – or, more precisely, poor economic performance – is certainly grabbing our attention. This is a course for those interested in understanding the economic events that will shape our lives for years to come. We will discuss current developments and policy in the US and world economies, including the Great Recession, the crisis in the financial sector, globalization and the rise of foreign competition.

Assigned Reading: *The Little Book of Economics* by Greg Ip, John Wiley and Sons, Inc.

Recommended Reading: Readings from the economic and financial press and other material will be brought to your attention in class.

Julian (Jud) Heriot is a PhD economist who has worked for over 20 years in the field of economic development. He has held positions at the Central Intelligence Agency, the US Agency for International Development and the Inter-American Development Bank. He has also taught economics at American University and at the Federal University of Ceará in Brazil.

733 — Technology and Religion: A Marriage Made in Heaven?

Instructor: Stephen R. Ruth

Thursdays, 1:00PM–2:30PM
March 21–April 18
Location: GMU
5 sessions
Maximum 30, minimum 10 participants

This course has been developed by the instructor to combine the two areas in which he teaches: technology and religion. He will lead the class in examining dozens of technology applications and linking them to some of the fundamental issues found in the traditions of Jewish and Christian faiths: justice, land reform, gender roles, governance and many more.

Some of the overarching themes that will be discussed are as applicable today as when formulated in the scriptures, including racial and ethnic profiling, the digital divide, inequalities of wealth and globalization. There will be a special technology website available for students enrolled in the course.

Recommended Reading: *One Year Trip Through the Bible—Daily Readings and Reflections: A Layman’s Fresh Perspective on the Complete Old and New Testaments* by Stephen R. Ruth

Recommended Websites: <http://www.icasit.org>

Stephen R. Ruth is Professor of Public Policy at George Mason University and Director of the International Center of Applied Studies in Information Technology (ICASIT). He is currently teaching a course for graduate students in globalization and technology and has written over a hundred published articles on technology topics. His new book, *One Year Trip Through the Bible—Daily Readings and Reflections: A Layman’s Fresh Perspective on the Complete Old and New Testaments*, gives a daily commentary on the Old and New Testaments plus the Apocrypha.

Social Sciences *continued*

734 — Scripture: Faith, Facts or Forgeries?

Instructor: John Barclay Burns

Mondays, 10:00AM–11:30AM

March 18–April 29

Location: GMU

7 sessions

Maximum 30, minimum 8 participants

This course will investigate how the concept of inspired and authoritative scripture develops in major world religions, including Hinduism, Buddhism, Judaism, Christianity and Islam. After an introduction to the concept of sacred language and scripture, each selected religion and culture will be briefly discussed. The linguistic family of the relevant languages and other aspects such as writing systems will be examined. Issues such as oral traditions, the reason for writing sacred texts, types of religious text, inspiration, authorship, authenticity, authority, development of canon and the role of scripture in various religious communities will be addressed. The influence of language in shaping religious cultures and vice versa and the rise and decline of sacred languages will be noted. Finally, the role of contemporary global and cross-cultural influences on surviving sacred languages will be considered.

The basic questions underlying the course are who wrote scriptures, why they wrote them, what endows them with such influence and how ancient texts can be relevant in contemporary society.

Assigned Reading: *Scripture in the World Religions: A Short Introduction* by Harold G. Coward, Oneworld, 2001. *Scriptures of the World's Religions* by James Fieser and John Powers, 4th ed. 2011.

Recommended Reading: *Forged: Writing in the Name of God – Why the Bible's Authors Are Not Who We Think They Are* by Bart D. Ehrman, HarperOne, 2012.

John Barclay Burns, a US citizen born and educated in Scotland at the universities of St. Andrews and Glasgow, was a Presbyterian minister in Scotland, Canada and the US. He is now Associate Professor Emeritus of Religious Studies at George Mason University (GMU), where for 24 years he taught both introductory courses on human religion and the religions of the Middle East and upper level courses in his specialty (the religion of ancient Israel, early Judaism and the religions of the ancient Near East). He created the graduate concentration in Religion, Culture and Values in the MA in Interdisciplinary Studies degree at GMU. He has also written articles, delivered papers, and reviewed and edited books.

735 — The Ancient Greek Roots of Modern Science

Instructor: Irmgard Scherer

Tuesdays, 10:00AM–11:30AM

April 9–May 14

Location: GMU

6 sessions

Maximum 30, minimum 8 participants

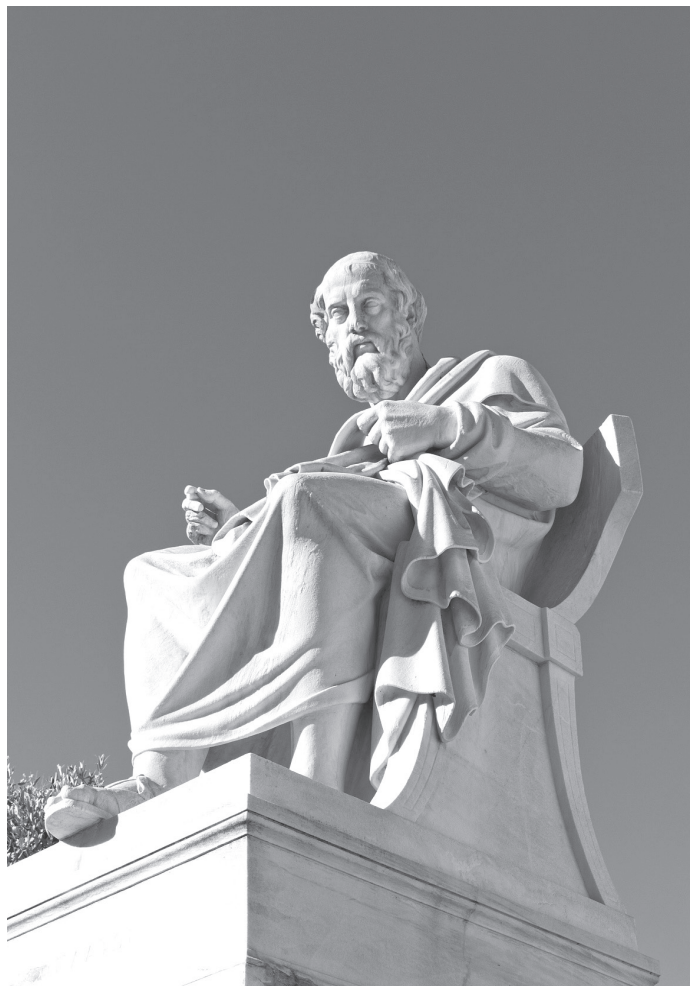
Modern science had its beginnings in the ancient Greek world when early “natural philosophers” asked large questions about the universe and about the source of all things. To do science then was to do “natural philosophy,” a term that existed unchanged until around the 17th century, when *scientia* was born to indicate a break of the natural sciences from the domain of philosophy.

This course investigates the early roots of modern science in thinkers such as Thales, Anaximenes, Anaximander, Empedocles, Anaxagoras, Heraklitus, Parmenides, Democritus and others, up to and including Plato and Aristotle. We will learn, for example, that atomism originated as early as 430 BC; that Lucretius anticipated aspects of quantum theory with a theory about indeterministic swerves of the atoms; and that Plato talked about the earth rotating around its own axis. We will trace the development of science through early Greek thought systems that prove to be amazingly relevant in light of modern scientific insights.

Social Sciences *continued*

Recommended Reading: *Theories of the Universe: From Babylonian Myth to Modern Science*, edited by Milton K. Munitz. Handouts will be provided in class.

Irmgard Scherer is Associate Professor Emerita of Philosophy at Loyola University Maryland in Baltimore, where she taught for 17 years. Her area of specialty is 18th century critical thought, especially the philosophy of Immanuel Kant. She has taught several courses for Encore Learning since her retirement in 2007.



736 — New Testament Tensions

Instructor: Steven C. Goldman

Wednesdays, 10:30AM–NOON

March 6–April 24

Location: FCC

8 sessions

Maximum 25, minimum 10 participants

The 27 books of the New Testament are the principal sacred texts of Christianity. However, there have been major differences regarding how to understand many of the doctrines that are taught within the New Testament's pages. Even those who claim to believe that every word is inspired by God do not always agree on the meaning of specific teachings.

In this course we will examine a number of these controversies, including the following:

- **Predestination and free will:** The New Testament teaches both. Can these teachings be reconciled?
- **Slavery:** God's perfect will, God's reluctant permission or an affront against God?
- **Baptism:** Rite of initiation? Required for salvation? Baptism for the dead?
- **Salvation:** By grace alone or is deportment also a factor?
- **Death:** Unconscious soul sleep or immediate rewards and punishments?
- **Hell:** Eternal torment for all who do not accept Jesus? Or is God's mercy more expansive?
- **St. Paul:** Apostle of Jesus or inventor of a new religion that Jesus would not recognize?

Steven C. Goldman has taught this course and numerous other courses on alternative understandings of Biblical doctrines at the Osher Lifelong Learning Institute (OLLI) at George Mason University. He serves as chair of the OLLI-Mason Religious Studies Resource Group.



WANTED: Volunteers

Encore Learning wants YOU!

... to participate in the many activities in which we are involved: developing courses, putting together the catalog, writing and publishing the newsletter, recruiting new members, planning special events, and so much more. It's a wonderful opportunity to meet people who share your interests, to develop new skills—or to use the skills you spent years developing.

Encore Learning members are a great community of people, and your participation will help to make it even greater. Contact the Encore Learning office at 703-228-2144 or info@EncoreLearning.net.

Do Your Part As a Member!
Volunteer to be a Class Aide

What do I do?

- Serve as interface between instructors, class attendees and Encore Learning staff.
- Take attendance and distribute/collect evaluations.
- Pick up photocopied class materials at the office and take them to class.
- Set up, with assistance if needed, any audiovisual equipment needed by instructor.
- Communicate with the class in the event of schedule changes.

What benefits will I have?

- Get to be an integral part of Encore Learning.
- Get free parking while attending the class.
- Get to know your classmates and the instructor(s).

How do I volunteer?

- Choose the “**Class Aide**” option when registering for a class.
- Respond when contacted prior to beginning of semester by a Class Aide coordinator who will provide details on aide training and specific audiovisual needs of the class.
- Attend the one-hour orientation/training session before classes start.
- Review the take-home guide covering all aspects of the job.

Virtually all classes have an aide and a backup – you will not be alone!

Questions about Class Aides?

Contact Carolyn Gosling at info@EncoreLearning.net or call 703-228-2144 and leave a message.

JOIN, RENEW, REGISTER & PAY ONLINE

Our 24/7 processing works for you!

Pay securely by credit card.

- Encore Learning uses PayPal, the industry leader in payment processing and Internet security.
- Your credit card information is encrypted and is never seen by anyone at Encore Learning.
- Register for courses online as soon as registration opens at 10 AM on February 4.
- No risk of paper forms lost or delayed in the mail.
- Control the timing of your transaction, unhampered by staff availability.
- Register from any computer with an Internet connection.
- Know instantly if you are accepted into a course.

Follow the directions below.

MEMBERSHIP

FOR CURRENT AND PAST MEMBERS OF ENCORE LEARNING (OR ALRI)

You need a working username and password to renew your membership. *Anyone who has ever been a member of Encore Learning (or ALRI) has a username in our system.* If you have a working username and password, skip to the instructions **COURSE REGISTRATION** to renew your membership. If you don't know your username and/or your password, or if the one you used before doesn't work, skip to the instructions **REQUEST A PASSWORD**; once you have a username and password, skip to the instructions **COURSE REGISTRATION** to renew your membership.

FOR NEW MEMBERS ONLY

If you have *never* been a member of Encore Learning (or ALRI):

1. Go to **www.EncoreLearning.net**.
2. Choose **REGISTER FOR CLASSES** button.

3. At the bottom of the page, select **Click here if you are not a member and want to join**.
4. Enter the information required. (Membership is \$55 per annum, tax-deductible.)
5. Click the **Submit** button to be transferred to the PayPal secure website for entering your credit card information. We accept Visa and MasterCard.
6. When complete, click the **I Authorize This Transaction** button. Your credit card account will be charged at this time.

Unless you have the pop-up blocker activated on your browser, a message will display confirming your payment, signifying that you are a member and immediately eligible to register for special events and, if course registration has begun, to register for available classes. A confirmation email containing your username and password should arrive shortly thereafter. Your membership material will arrive via first-class mail.

REQUEST A PASSWORD

This password request process works only if we have your current email address in our records. Send any email address updates to us at **Info@EncoreLearning.net** prior to requesting a new password.

To get a password or if you've forgotten your password:

1. Go to **www.EncoreLearning.net**.
2. Choose **Register for Classes** button.
3. At the bottom of the page, select **Click here if you don't have a password or forgot it**.
4. Enter your first name, last name and current email address.
5. Click the **Submit** button.

Unless you have the pop-up blocker activated on your browser, a message will display confirming that it is sending your username and a system-generated 8-digit password to the email address

JOIN, RENEW, REGISTER & PAY ONLINE

we have for you. It may take several minutes for the message to arrive. Please do not repeat this process while waiting for the email to arrive: each request generates a new password and only the latest one will be valid.

Each time you need to make a payment online for membership renewal or course registration you can always request a new password using the above steps 1 – 5.

COURSE REGISTRATION ONE-STOP REGISTRATION / RENEWAL

While the same webpage includes both course registration and membership renewal functions, **THE COURSE SELECTION AREA IS DISABLED UNTIL REGISTRATION BEGINS AT 10 AM ON FEBRUARY 4, 2013.** We highly recommend that you verify your username and password online at least a week before registration opens.

1. Go to **www.EncoreLearning.net**.
2. Choose **Register for Classes** button.
3. Enter your **username** and **password** and click the **Log In** button. The **Online Payment Form** will appear. *NOTE: If you share your computer with another Encore Learning member, don't check the box asking Encore Learning to remember your password. Using this option forces your computer to recognize only one of you for payment transactions and may block the other. You may find it helpful to close and reopen your Internet browser between registering the two persons.*
4. If it is after 10 AM on February 4, you may select your desired courses from the drop-down list. Click on a blank space within the **Register For Courses** box for your available choices to appear, then click on a single course for each box. You may register yourself for up to five courses, at \$45 per course, in one payment transaction. Cancelled or filled courses do not appear on the drop-down list.

5. You may also choose to:
 - Serve as a class aide in any or all of the classes you have selected.
 - Renew your current or expired membership (\$55 per annum, tax-deductible).
 - Make a tax-deductible donation to Encore Learning.
6. When satisfied with your choices, click on the **Proceed to Checkout** button.
7. Review your payment and either:
 - Choose **Edit** if you wish to make any changes (which returns you to step 4) OR
 - Choose **Submit**, which transfers you to the PayPal secure website for entering your credit card information.
8. Enter your credit card number and expiration date, choose either Visa or MasterCard, then click on **Continue**.
9. Review the information and if you do not wish to proceed, cancel the transaction by closing the screen. Otherwise, if satisfied with your billing information, click on the **I Authorize This Transaction** button. Your credit card account will be billed at this time.

The system will display a message confirming your payment. A confirmation email containing all registration, renewal and donation details should arrive shortly thereafter. This email is your formal notice. **Please PRINT IT OUT for your records.**

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Questions?

Call or email the Encore Learning office.

- **703-228-2144**
- **Info@EncoreLearning.net**

During the academic year, the office is staffed from 10 AM to 2 PM, Monday through Thursday. Summer hours are posted on the Encore Learning website: www.EncoreLearning.net.

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ENCORE LEARNING

Membership and/or Registration Form

(Please use one form per person)

ONLINE REGISTRATION available at www.EncoreLearning.net

NAME (Please print)

First _____ MI _____ Last _____

Preferred First or Nickname _____ Mr. Mrs. Ms. Dr. Other _____

Male Female

(Circle one)

CONTACT INFORMATION (Complete only if new member or updating information)

Street _____ Apt. _____

City _____ State _____ Zip _____ - _____

Home (_____) _____ -- _____ Cell (_____) _____ -- _____

Email _____

MEMBERSHIP (Membership fees and donations are tax-deductible)

Annual Fee is \$55 per person (non-refundable): New Renewal

Additional Donation (optional): \$ _____

Check the membership expiration date on your address label.

COURSE REGISTRATION (\$45 per course)

If you are interested, place a check mark in the **Class Aide** column. Class Aides receive free parking while assisting their class. See 'The Volunteer Page' for explanation.

Course Name (Please use short title shown in Catalog tables)	Course #	Class Aide

MAIL FORM WITH PAYMENT TO:

Encore Learning
2110 Washington Blvd.
Arlington, VA 22204

Membership fee (\$55/yr)	\$ _____
Course fees (# of courses x \$45)	\$ _____
Donation (Optional)	\$ _____
TOTAL check/charge amount:	\$ _____

Checks should be made payable to Encore Learning.

If paying by credit card, fill in the info below and sign your name as it appears on your credit card.



Sign your name as it appears on your credit card

VISA MasterCard

Expires: Mo. Yr.

How did you hear about Encore Learning? _____

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SPECIAL EVENTS for MEMBERS

Encore Learning's Special Events provide a variety of activities to complement the course offerings. Some require an admission fee while others are free. Reservations are required only for events not scheduled at County libraries.

Suggestions from members for future places of interest are always welcomed by the Special Events Committee as the greater Washington area is a treasure trove of opportunities, some of which—such as embassy visits—are otherwise normally private.

Members with email addresses on file with Encore Learning receive monthly reminders of the upcoming events, but members are encouraged to check the website for the most current listings.

Reserving your place for a special event is simple and easy.

- Members can reserve online at www.EncoreLearning.net. Click on the Special Events tab at the top of the home page. Then click on the Make Reservation option to select the Reserve button beside the desired event. Enter your first and last name and click on Make Reservation. A pop-up notice will appear immediately indicating whether you are registered or on the waiting list. Note this is also where you can cancel your reservation.
- Or you can email your selection to info@EncoreLearning.net with "Special Event Reservation" in the subject line, noting your full name and the event requested in the body of the email. Staff or a volunteer will process and confirm your status during office hours.
- The third way to make a reservation is to call the office at 703-228-2144 and leave a message including your full name, phone number and the event requested. Staff or a volunteer will process and confirm your status during office hours.

Special events are popular, and those on the waiting list will appreciate your cancelling your reservation if you are unable to attend an event. You may do this online or by contacting the office at the number shown above.

Events held at Arlington libraries require no registration and are open to the public. They are a good way to introduce your friends to Encore Learning and the caliber of its offerings. Events requiring reservations are for members only and require membership active through the event date. Your most recent catalog or newsletter address label includes your membership expiration date.

Remember to check **www.EncoreLearning.net** for current information!

CLUBS at ENCORE LEARNING

Encore Learning's special interest clubs are busy organizing activities for their members. Join Encore Learning and add club activities to your calendar at no extra cost. If you're interested in movies, you can meet monthly with others to see a film and chat about it over coffee afterwards. If you enjoy a friendly bridge game, join the Bridge Club. Share your ideas on timely topics with the Current Issues Discussion Club. Discuss nonfiction literature selections with the Book Club. Or explore your international interests through the Ethnic Lunch Club or Travel Club.

If you have a consuming interest and would like to engage others to participate with you, consider starting a club of your own. Contact Margie Teed at teed-fam@verizon.net or 703-533-8698 to discuss your ideas. Here are the current clubs and their coordinators.

BOOK CLUB

Meetings are held from 1:30 to 3:00 PM on the second Monday of every other month in the meeting room at Arlington Central Library (1015 N. Quincy Street). For more information contact Marge Alia at Malia04@comcast.net (please enter Encore Learning Book Club in the subject area of your email).

BREAKFAST CLUB

Are you a morning person? If so, join the Breakfast Club for conversation and social networking with other Encore Learning members. We meet Wednesday mornings from 8 to 9 AM at La Madeleine, a low-key, Parisian style breakfast and coffee place in Baileys Crossroads near the intersection of Columbia Pike and Leesburg Pike (Rte 7). For more information email Karen Cavanaugh at kcavanaugh6@verizon.net.

BRIDGE CLUB

The Bridge Club meets once a month on an irregular schedule at the homes of club members to play bridge. Either a meal or a snack is served, with each player paying the host \$5 to offset the cost of food and drink. The coordinator describes the sessions as "very social and probably not ideal for someone who wants to play very serious bridge." If you are interested in joining, please contact Sharon Bisdee at sbisdee@gmail.com or 703-820-1439.

CINEMA CLUB

If current cinema is your passion, join the Cinema Club, which meets monthly to see a movie. Dates are chosen as much as possible to accommodate participants' schedules. If you would like to be included in this group's activities, email Leanne Peters at PetersLP@aol.com or Janice Yeadon at jnyeadon@hotmail.com.

CURRENT ISSUES DISCUSSION GROUP

The Current Issues Discussion Group meets the third Tuesday of every month at 1:30 PM at the Lubber Run Community Center. Anyone interested in the group can get more information from Jim Walsh at walsh22204@aol.com or 703-920-1709.

ETHNIC LUNCH CLUB

The Ethnic Lunch Club, a group of "foreign foodies," meets usually on the last Thursday of the month to explore and enjoy the area's great ethnic food. To join, call Encore Learning at 703-228-2144 and leave a message for the Ethnic Lunch Club coordinator, Arlene Kigin, who will contact you.

RUSSIAN CONVERSATION CLUB

Encore Learning member Helen Getter has proposed forming a Russian conversation club whose purpose would be to discuss books and current events, to listen to music and to enjoy Russian movies, poetry and food in a social and relaxed atmosphere. Informal meetings at members' homes will take place every two weeks until the club is established and members can set a new schedule. Initially, meetings will begin at 2:00 PM on the day of the week most convenient to all. The club is open to Encore Learning members who would like to brush up or maintain their Russian language skills. For more information, call Helen Getter at 703-820-7246.

TRAVEL CLUB

The Travel Club meets the first Wednesday of each month at 2:30 PM at the Langston Senior Center to enjoy presentations on various parts of the world and share information on trips taken or planned. All Encore Learning members are welcome. For more information call Sharon Schoumacher at 703-522-9014 or email her at Sharon1006@verizon.net.

TRANSPORTATION

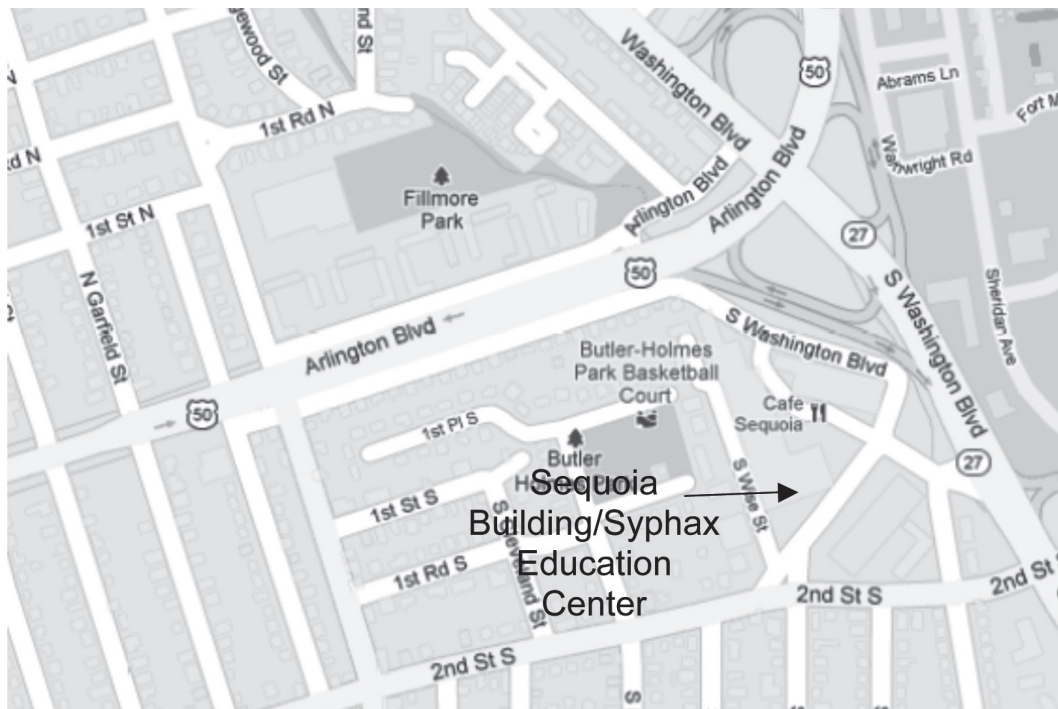
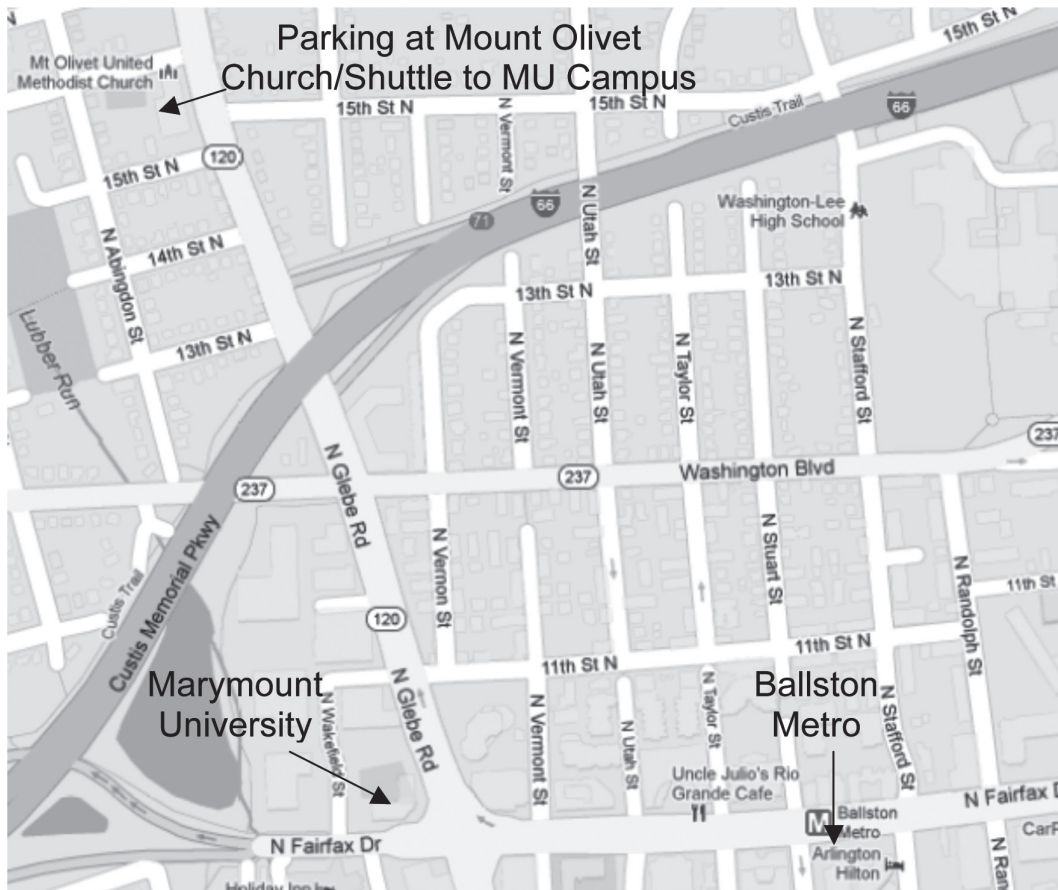
ALL CLASSROOM BUILDING SITES ARE IN ARLINGTON	PARKING		METRORAIL STATION ❖ OR BUS ROUTE
	Public Garage or Lot	Street Parking (restricted parking zones listed)	
FCC Fairlington Community Center 3308 S. Stafford Street	Free lot adjacent	Free and Zone 11	Metrobus 22A / 25A / 25C / 25E - walk 50 feet
GMU George Mason University—VA Sq 3351 N. Fairfax Drive	Pay garage at GMU Founders Hall - entrance on N. Kirkwood Rd.	Metered and Zone 6	VA Square station ❖ or ART Bus 41 / 42 / 62 / 75 or Metrobus 38B - walk up to 1/6 mile or 3 blocks
MU Marymount University—Ballston 1000 N. Glebe Road	Free parking at Mt. Olivet Baptist Church lot w/ free shuttle to Ballston Campus	None near building	Ballston station ❖ - walk 1/3 mile or 5 blocks
SEC Syphax Education Center 2110 Washington Boulevard	Free visitor spots in garage adjacent	Metered	ART Bus 45 / 77 - walk 50 feet
WETA Public Television and Radio 2775 S. Quincy Street	Free garage adjacent	Metered	ART Bus 75 / 77 / 87 or many Metrobus routes - walk 440 ft. to Shirlington Bus Station

❖ **Ballston, Clarendon, Courthouse and Virginia Square Metrorail stations are on the ORANGE Line.**

Suggestion: Try using <https://maps.google.com> to get directions to class. You can select your mode of transportation (walking or by car) and Google will provide a map, detailed directions, the distance in miles, and the transit time. Use www.wmata.com for public transit information, directions, timetables, etc.

Note: Arlington residents 55+ who are registered with the Arlington County Office of Senior Adult Programs may take a taxi ride to the Fairlington Community Center from their homes for \$2.50 each way; call 703-228-4744 for applications and further information. Arlington residents 70+ may purchase \$20 books of taxi coupons for \$10; call 703-228-1700 for details.

MAPS: MU, SEC



NOTES:

COURSES by CALENDAR VIEW

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING		9:30–11:00 / GMU 224 21st Century Medicine <i>Connally</i> 3/5–5/7	10:00–11:30 / GMU 437 Congress <i>Barton</i> 3/6–4/10	10:00–11:30 / GMU 412 Global Hot Spots <i>Various</i> 3/14–5/9	
		10:00–11:30 / FCC 440 Saudi Arabia <i>Dachi</i> 4/2–5/21	10:00–11:30 / GMU 442 Challenges, Pakistan <i>Hussain</i> 3/6–4/17	10:00–11:30 / GMU 230 Aging and Healthcare <i>O'Loughlin</i> 3/7–4/4	10:00–11:30 / GMU 139 Conductor's Perspective <i>Wood</i> 3/15–4/12
	10:00–11:30 / GMU 734 Scripture <i>Burns</i> 3/18–4/29	10:00–11:30 / GMU 735 Modern Science <i>Scherer</i> 4/9–5/14	10:00–NOON / WETA 515 Writing About Your Life <i>Bottum</i> 3/20–4/24	10:00–11:30 / GMU 321 Legacy, Middle Ages <i>McIntyre</i> 3/7–4/11	10:00–11:30 / GMU 212 Mindful Awareness <i>Britton</i> 4/5–5/10
		10:30–NOON / GMU 439 Chinese Potpourri <i>Wang/Yang</i> 4/16–5/14	10:30–NOON / FCC 736 New Testament <i>Goldman</i> 3/6–4/24	10:00–11:30 / MU 620 Climate Change <i>Morgan</i> 3/14–5/2	10:00–1:00PM / GMU 331 Shakespeare <i>Wukitsch</i> 3/8–4/26
		10:30–NOON / GMU 343 Human Rights <i>Stearns</i> 3/5–3/26			
AFTERNOON	1:00–3:00 / GMU 135 Gilbert and Sullivan <i>Stepanchuk</i> 3/11–4/8	1:00–2:30 / GMU 141 English Architecture <i>Schnorrenberg</i> 3/5–4/23	1:00–2:30 / GMU 441 Mass Media <i>Stanford</i> 3/6–5/1	1:00–2:30 / GMU 314 War Along Shenandoah <i>Stone</i> 3/7–5/2	1:00–2:30 / GMU 138 Operas, Wagner <i>Niles</i> 3/8–4/26
	1:00–2:30 / FCC 202 Estate Planning <i>Parks</i> 3/4–3/25	1:00–2:30 / GMU 714 Contemporary Islam <i>Farsakh</i> 3/5–4/16	1:00–2:30 / FCC 511 Yeats & Wordsworth <i>Dunlap</i> 3/13–4/10	1:00–2:30 / GMU 733 Technology & Religion <i>Ruth</i> 3/21–4/18	1:30–3:00 / GMU 227 Enlightenment <i>Britton</i> 4/12–5/17
	1:00–2:30 / GMU 228 User's Guide, Brain <i>Beckerman</i> 4/1–4/29		1:00–2:30 / FCC 728 Economic Issues <i>Heriot</i> 3/6–5/1	1:30–3:00 / FCC 327 Middle East <i>Rudgers</i> 4/4–5/9	
	1:00–2:30 / GMU 405 National Debt <i>Gordon/Thiebert</i> 4/15–5/20			1:30–3:00 / GMU 402 The Bill of Rights <i>Weinberg</i> 3/7–4/4	
	1:30–3:00 / SEC 229 Food Safety <i>Weinstein</i> 4/1–4/29		3:00–5:00 / SEC 618 A New Psychiatry <i>Giordano</i> 3/6–4/3	3:00–4:30 / Offsite 305 Arlington History <i>VanNewkirk</i> 4/4–5/16	

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