

**ENCORE  
LEARNING**

**Expand Your World**

# SPRING 2014

## Course Catalog

**Fine  
Arts** Theater  
& Music

Literature &  
Writing

**History**

Science  
&  
**TECH**

**Health  
&  
Wellness**

**Social  
Sciences**

**LAW**  
Politics  
Public Affairs

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# SPRING 2014 Course Catalog

**ENCORE  
LEARNING**

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**Encore Learning**

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Arlington, VA 22204

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*Encore Learning is a 501(c)(3) nonprofit organization.*

A special thank you to all those who worked on the Encore Learning Spring 2014 Course Catalog

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# SPRING 2014 COURSE OFFERINGS

Category	Course # and Short Name	Instructor	Day	Dates	Starts	Ends	Site
<b>Fine Arts, Theater &amp; Music</b>	135 - Gilbert and Sullivan	Stepanchuk	W	Mar 05-Apr 02	9:30 AM	11:30 AM	GMU
	144 - Masterpieces of Music	Wood	T	Apr 22-May 13	10:00 AM	11:30 AM	GMU
	146 - Behind the Footlights at Synetic Theater	Various	M	Mar 24-Apr 14	10:00 AM	11:30 AM	GMU
	147 - Eighteenth Century Art	Schnorrenberg	T	Mar 4-Apr 22	Noon	1:30 PM	GMU
<b>Health &amp; Wellness</b>	202 - Estate Planning	Parks/Patton	Th	Mar 20-Apr 10	10:00 AM	11:30 AM	FCC
	219 - Medicine Marches On	Connally	T	Mar 4-Apr 22	10:00 AM	11:30 AM	GMU
	228 - User's Guide to the Brain	Beckerman	M	Mar 3-Apr 7	Noon	1:30 PM	GMU
	231 - Mindful and Aware	Rodgers	F	Mar 14-Apr 25	10:00 AM	11:30 AM	GMU
<b>History</b>	305 - Arlington History	VanNewKirk	Th	Apr 3-May 22	3:00 PM	4:30 PM	Offsite
	321 - Legacy from the Middle Ages	McIntyre	Th	Mar 6-Apr 10	10:00 AM	11:30 AM	GMU
	327 - Geopolitics of the Ancient Middle East	Rudgers	F	Apr 4-May 9	2:00 PM	3:30 PM	SEC
	347 - Petersburg to Appomattox	Stone	Th	Mar 6-May 1	2:00 PM	3:30 PM	SEC
	348 - Pompeii, Vesuvius and All That	Wukitsch	F	Mar 7-May 9	9:30 AM	11:30 AM	GMU
	349 - Foundations of Foreign Policy	Rhodes	Th	Mar 20-Apr 24	Noon	1:30 PM	GMU
	350 - Arguing About Slavery	Royer	W	Apr 9-May 7	Noon	1:30 PM	GMU
<b>Law, Politics &amp; Public Affairs</b>	402 - The Bill of Rights	Weinberg	Th	Mar 6-Apr 3	2:00 PM	3:30 PM	GMU
	412 - Global Hot Spots	Various	Th	Mar 13-May 8	10:00 AM	11:30 AM	GMU
	441 - Mass Media and American Politics	Stanford	W	Mar 5-Apr 2	Noon	1:30 PM	GMU
	447 - Pakistanis	Various	T	Mar 4-Apr 8	Noon	1:30 PM	GMU
	448 - Chinese Philosophy and Modern Life	Various	M	Mar 3-Mar 31	10:00 AM	11:30 AM	GMU
	449 - Global Economic Issues	Phlipot	T	Mar 11-May 13	2:00 PM	3:30 PM	SEC
	450 - Why Congress Doesn't Work	Heymsfeld	W	Apr 9-Apr 30	2:00 PM	3:30 PM	SEC
<b>Literature &amp; Writing</b>	515 - Writing About Your Life	Bottum	W	Mar 19-Apr 23	10:00 AM	NOON	WETA
	522 - Separated at Birth	Alter	F	Mar 28-May 2	2:00 PM	3:30 PM	GMU
	531 - Irish Poetic Inheritance	Owens	M	Mar 3-Mar 31	2:00 PM	3:30 PM	FCC
	537 -The Sonnet Through the Ages	Burgess	M	Mar 3-Apr 21	10:00 AM	11:30 AM	GMU
<b>Science &amp; Tech</b>	620 - Climate Change	Morgan	F	Mar 14-May 2	10:00 AM	11:30 AM	GMU
<b>Social Sciences</b>	714 - Contemporary Islam	Farsakh	W	Apr 9-May 21	Noon	1:30 PM	GMU
	739 - Is America a Christian Nation?	Ruth	Th	Mar 13-Apr 3	2:00 PM	3:30 PM	GMU
	740 - The Gospel According to Paul	Goldman	W	Mar 5-Apr 23	10:00 AM	11:30 AM	FCC
	741 - Emerging Market Private Equity Investing	Hart	F	Apr 4-May 9	Noon	1:30 PM	FCC
	742 - Post-Communist Spaces	Greiff/Tadevosyan	M	Mar 3-Apr 21	Noon	1:30 PM	GMU
	743 - Philosophy and the Good Life	Scherer	T	Mar 18-May 6	10:00 AM	11:30 AM	GMU

# COURSE PREVIEW INFORMATION

## DIRECTIONS FOR PARKING IN FOUNDERS HALL GARAGE:

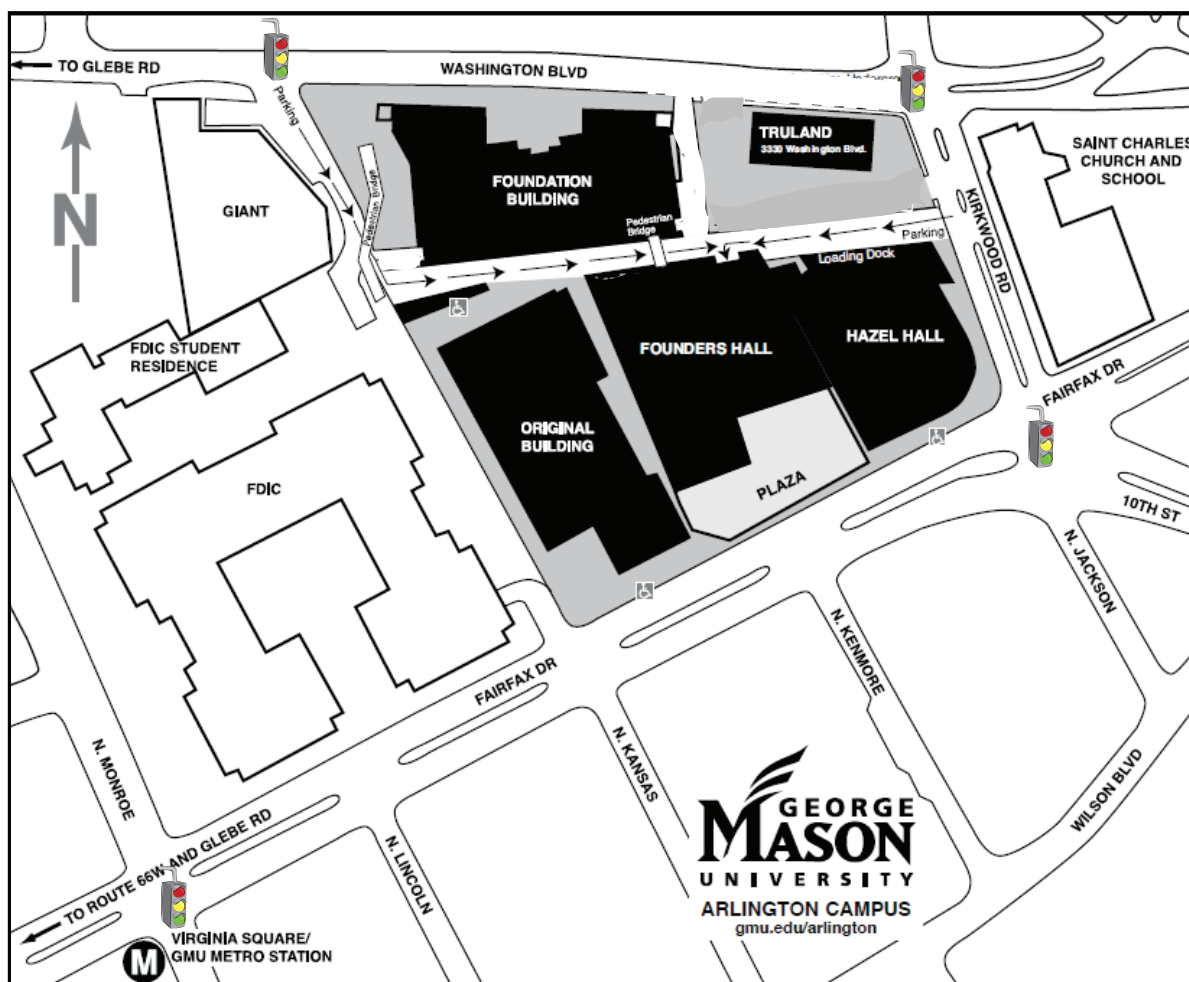
Enter the garage on N. Kirkwood Street (on the block between Washington Boulevard and N. Fairfax Drive). Take a ticket, enter the garage and park your car. Take the garage elevator to the ground floor and follow the signs to the Encore Learning event.

At the event, you may purchase a parking validation card for \$4 cash from an Encore Learning volunteer near the check-in desk.\* ***Please be advised that these parking validation tickets are extremely sensitive to demagnetization! Please keep them away from keys, credit cards, cell phones and, of course, magnets.***

To exit the garage, follow the exit signs. At the exit gate, insert the parking ticket then either the validation card or payment by credit card to open the gate.

\*If you do not purchase a validation at the event, you will have to pay **\$7** with a credit card to exit the garage.

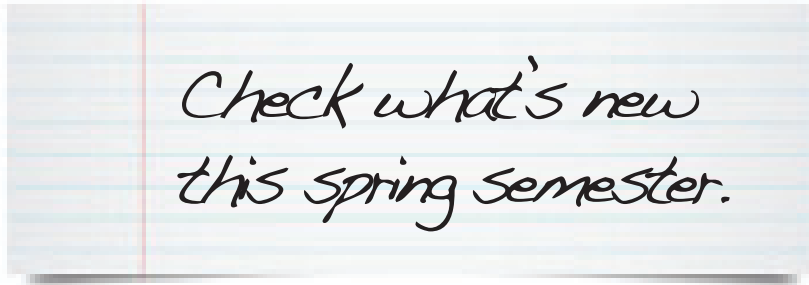
*Note: Lost tickets subject to maximum charge.*



# Encore Learning

# SPRING 2014

## COURSE PREVIEW



**Open to current and prospective members.  
Bring friends, relatives and neighbors!**

Encore Learning instructors give five-minute briefs on our academic courses – you hear directly from the source.

Members, instructors and guests mingle before and after the program.

Latest news on our clubs, special events and volunteer possibilities available along with coffee, tea and light snacks.

## Join Us!

***Saturday, February 1, 2014***

*The doors will be open from 9:00 AM to 12:00 Noon.  
The program will run from 9:30 AM to 12:00 Noon.*



**GMU-Arlington, Founders Hall, Multipurpose Room**  
3351 N. Fairfax Drive, Arlington, VA  
(Discounted Parking will be available under the building.  
See map for details.)

Call the Encore Learning office at **703-228-2144** for specific directions or any questions.

# GENERAL INFORMATION

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## WHAT IS ENCORE LEARNING?

Encore Learning is a nonprofit educational organization founded in 2002 that offers a wide variety of college-level noncredit courses, clubs, special events and activities to help meet the continuing educational and social interests of anyone over age 50, regardless of residence location. Encore Learning is governed, supported and financed by its members.

Our volunteer instructors — retired or working professionals and scholars — create a stimulating learning environment through an exciting array of academic subjects. There are no tests or prerequisites, but possibly some suggested reading. Members explore new ideas and develop new friendships inside and outside of classrooms.

Encore Learning obtains classroom space and other assistance through its association with George Mason University, the Arlington Public Schools Adult Education Program, Arlington County's Senior Adult Program, Marymount University and WETA.

## CONTACT ENCORE LEARNING

Communicating with Encore Learning is easy.

- See the QUICK LINK Contact Us on our website: [www.EncoreLearning.net](http://www.EncoreLearning.net)
- E-mail us: [info@EncoreLearning.net](mailto:info@EncoreLearning.net)
- Write to us: 2110 Washington Blvd, Arlington, VA 22204
- Call us: 703-228-2144

## VOLUNTEER AT ENCORE LEARNING

Volunteer work at Encore Learning is performed in two ways: through standing committees headed by board members, and through individual activities, e.g., instructors and class aides. Committee volunteers recruit new instructors and develop courses each semester; seek exhibits, speakers and performances for our special event offerings; write, edit, and distribute our publications; recruit new members and coordinate our clubs; organize Encore Learning's social functions; and recruit, train and support our class aides. The member-elected Board of Directors governs the organization and directs the part-time

staff. Volunteer-run committees and other volunteer activities are our lifeblood, but for the most part do not require extensive time commitments. Consider offering your talents today. See page 29.

## SUPPORT ENCORE LEARNING

Encore Learning is a 501(c)(3) nonprofit organization. Any donation is a charitable contribution deductible from income taxes to the full extent permitted by law. Donations may be made by check or online. Members, friends and organizations wishing to support Encore Learning may direct their contributions to our scholarships or to our general fund.

As a partner in Arlington's education community, Encore Learning sponsors two scholarship funds supporting graduates of Arlington public schools attending George Mason University or Marymount University. Encore Learning also contributes to another scholarship which helps Arlington residents seeking to improve their job skills through the Arlington Public Schools Adult Education program. Our general contribution fund helps Encore Learning build a solid financial underpinning and allows us to acquire needed office and classroom equipment.

## ACTIVITIES

### SEMESTER-LONG COURSES

Classes are scheduled Monday through Friday between 9 AM and 5 PM, although most take place between 10 AM and 3:30 PM. Classes meet once a week for 1.5 to 3 hours, and each course lasts from 4 to 10 weeks. Class sizes range from 8 to 70 although 30 is the average size. Courses take place at several Arlington locations, as listed in the back of this catalog. Refer to the maps and locations there for transportation and parking options. Parking costs are the responsibility of the student.

### CLUBS

Encore Learning's clubs are open to all current Encore Learning members. There are eight clubs: Breakfast, Bridge, Cinema, Current Issues, Ethnic Lunch, Non-fiction Book, Travel and the Mindful Awareness Society. See catalog page 36 and our website for more information.



# GENERAL INFORMATION

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## SPECIAL EVENTS

Special events for Encore Learning's members throughout the year include tours, lectures, concerts and other activities. They offer opportunities to join in small group excursions and to enjoy intellectual and cultural experiences in the DC area. Email announcements of the current special events are issued periodically. See page 35 for more information. For the most up-to-date information and to register for member-only events, see our website.

## MEMBERSHIP MEETINGS ANNUAL MEETING

Encore Learning holds an annual membership meeting in June to elect Board members from a slate of candidates recruited by the Nominating Committee and to discuss the state of the organization.

## COURSE PREVIEWS

Encore Learning's spring and fall course previews offer an opportunity to hear the instructors describe their courses before course registration begins and to socialize with other members. Nonmembers with an interest in joining are also invited. See page 5 for more information.

## ENCORE LEARNING MEMBERSHIP

Membership in Encore Learning costs \$55 per year and begins on the first day of the month in which the nonrefundable membership fee is paid. The mailing address label on your catalog indicates the expiration date of your membership. All memberships are individual. Encore Learning is a 501(c)(3) nonprofit organization and our membership fee is a charitable contribution deductible from income taxes to the full extent permitted by law. Only current Encore Learning members may register for a course or special event or join a club.

Encore Learning encourages the use of its website, [www.EncoreLearning.net](http://www.EncoreLearning.net), for membership processing. No password is required. See page 30. For those who prefer to mail or hand-deliver their check payment, a printable Membership/Registration Form is available on our website and on page 33 of this catalog. Please note that credit cards are accepted online only.

## REGISTRATION PROCEDURES

Only current Encore Learning members may register for a course. The fee for each course is \$45. There is no minimum or maximum number of courses for which you can register. Encore Learning encourages the use of its website, [www.EncoreLearning.net](http://www.EncoreLearning.net), for course registration. No password is required. See page 30. If unable to use online registration, either mail or hand-deliver a paper course registration form with check payment to the Encore Learning office. Please note that credit cards are accepted online only. Neither phone registration nor cash is accepted.

Course registration for the spring 2014 semester is available online beginning at 10 AM on February 3, 2014 using our website [www.EncoreLearning.net](http://www.EncoreLearning.net).

- **Register Online.** It is fast, convenient and secure. You receive instant confirmation of your registration.
- **Register by Mail.** Paper registration forms received prior to that date are manually entered in random order when online registration begins. Thereafter, paper registration forms are processed as they are received.

Late registration is generally allowed. Waiting lists for courses are NOT maintained. An up-to-the-minute list of spaces available in courses is on the website, [www.EncoreLearning.net](http://www.EncoreLearning.net). Under QUICK LINKS, click on Availability of Courses.

## NOTIFICATION AND REFUNDS NOTIFICATION

Members who use the online registration process for courses receive an immediate confirmation message on the payment screen, along with a confirming email notification. Course registration acceptance letters are mailed to those who mail or hand-deliver their course registration form.

## REFUNDS AND TRANSFERS

Members successfully registered in a course may choose between full refund of the course registration fee or transfer to an alternate open course in the following cases:

- The selected course is cancelled for any reason;

# GENERAL INFORMATION

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- Encore Learning must change the course's published schedule or location prior to the course's start date, and the member is unable to attend because of the change; or
- Encore Learning receives a written withdrawal request (mail or email) from the member at least one week before the course's start date.

Courses that do not meet their minimum enrollment at least one week prior to the course start date will be cancelled. Withdrawal requests received less than one week before the course start date but within two working days after the first class meeting of the course may specify either refund of the course fee minus a \$10 service charge or transfer to an alternate open course; no refund or transfer is available after that period. If withdrawals occurring after the course start date result in enrollment below the indicated minimum, the course may be cancelled.

## INCLEMENT WEATHER POLICY AND OTHER SPECIAL CLOSINGS

Cancellation policies for inclement weather or civil emergencies vary from site to site. In general, classes scheduled to begin after delayed openings will take place as scheduled. Your class aide can provide further information at the outset of each course. To learn the most up-to-date information:

- Listen to the radio or watch television
- View Arlington Cable
- Go to [www.apsva.us](http://www.apsva.us)
- Call the APS toll-free hotline: 1-866-322-4APS (-4277)
- Call GMU at 703-993-8999 or access [www.gmu.edu](http://www.gmu.edu)

Other rare cancellations or postponements because of special circumstances, such as instructor difficulties, will be announced by email (and telephone if necessary) in advance of the class whenever possible.

## ADA COMPLIANT FACILITIES

All Encore Learning sites have facilities that meet ADA standards. If a member experiences disability-related difficulties in class participation or has other concerns, he or she should discuss them with the class aide or contact the Encore Learning office.

## VISITOR POLICY

Anyone who meets Encore Learning's membership requirements may attend a single course session if he/she has never been a member of Encore Learning and the request to attend a specific session is approved in advance by the Encore Learning Administrator ([info@EncoreLearning.net](mailto:info@EncoreLearning.net)). Criteria include agreement from the instructor and space availability (i.e., no visitors are allowed in courses that have met their maximum enrollment).

## DISCRIMINATION AND ACADEMIC FREEDOM

Encore Learning does not discriminate on the basis of sex, race, color, religion, disability, or national origin. As a learning organization, Encore Learning subscribes to the American Association of University Professors (AAUP) principle of academic freedom: All views should be respected, regardless of their conformance with generally or currently accepted views.

## PRIVACY POLICY

Encore Learning is committed to protecting member privacy and to ensuring the security of personal information collected. Encore Learning does not sell or lend member information. A complete Encore Learning Privacy Policy Statement is available from the Encore Learning Administrator and on our website. While strictly adhering to this policy, Encore Learning does urge all members to provide email addresses for internal use. The email addresses in the Encore Learning database are especially valuable for communicating last-minute scheduling changes and special event announcements. Members are urged to notify Encore Learning of any changes to their contact information (email, phone, postal address).

*Encore Learning's main office is in the APS suite at 2110 Washington Boulevard in Arlington, phone 703-228-2144. During the academic year, this office is staffed from 10 AM to 2 PM, Monday through Thursday. The office is closed on Fridays. Staff can be reached by email at [info@EncoreLearning.net](mailto:info@EncoreLearning.net).*

## Fine Arts, Theater & Music

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### 135 — Gilbert and Sullivan

Instructor: John Stepanchuk

**Wednesdays, 9:30 AM–11:30 AM**  
**March 5–April 2**  
**Location: GMU**  
**5 sessions**  
**Maximum 30, minimum 8 participants**

The masterpieces of W. S. Gilbert and Sir Arthur Sullivan set the standards for British and American musical comedy. The combination of Gilbert's genius for rhythm and rhyme and Sullivan's sparkling vocal melodies has never been surpassed.

The course will present film/CD segments of four of the most beloved works: *H.M.S. Pinafore*, *The Pirates of Penzance*, *Iolanthe* and *The Mikado*. In addition to savoring the delectable lyrics and colorful burlesque, students will explore the social and historical context of these operettas, which provided mordant satire on every aspect of British civilization (the courts, the Parliament, the Queen's Navy), not to mention things foreign in the distant town of Titipu.

Also to be viewed is *Topsy-Turvy* (1999), a meticulously researched film nominated for four Academy Awards, which tells the story of the team of Gilbert and Sullivan, taking us back to Victorian England.

*Assigned Reading:* Instructor will prepare handouts with G&S lyrics, operetta plots, and other relevant information.

**John Stepanchuk** is a retired foreign service officer who sang with church choirs and other choral groups in Russia, Ukraine and Greece. While pursuing his political science and economic studies at Johns Hopkins (MA) and Boston University (BA), he performed in local theater productions of *H.M.S. Pinafore* and *The Mikado*. This course is based on his lifelong interest and delight in the operettas of Gilbert and Sullivan.

### 144 — Masterpieces of Music

Instructor: A. Scott Wood

**Tuesdays, 10:00 AM – 11:30 AM**  
**April 22 – May 13**  
**Location: GMU**  
**4 Sessions**  
**Maximum 70, minimum 8 participants**

Do you have a favorite piece of classical music? Is there music that you wonder about -- how it came to be composed, or other questions about its origin? Scott Wood, conductor of the Arlington Philharmonic, will play recorded versions of some of his favorite selections and discuss both the reasons why he likes them and the history of their composition. Class members will have an opportunity to discuss their reactions to the music and to propose their own favorite classical music selections for listening and discussion.

**A. Scott Wood** is Music Director of the Arlington Philharmonic. He also leads the Amadeus Orchestra, the Washington Conservatory Orchestra, the Montgomery Symphony Orchestra and the National Cathedral School Orchestra. He has lectured at the Concurso de Canto Lirico in Peru, Strathmore in North Bethesda, MD, and the Goethe-Institut in Washington, DC.



## Fine Arts, Theater & Music *continued*

### 146 — Behind the Footlights at Synetic Theater

**Instructors: Paata Tsikurishvili, Joe Carlson, Ben Cunis**

**Mondays, 10:00 AM – 11:30 AM**

**March 24 – April 14**

**Location: GMU**

**4 Sessions**

**Maximum 50, minimum 8 participants**

This course will take participants through an exploration of what physical theater is, how it differs from other art forms and how the creative process behind Synetic Theater's imaginative and award-winning productions works. Led by Synetic founder and artistic director Paata Tsikurishvili, education programs manager Joe Carlson, and fight choreographer Ben Cunis, along with other special guests, participants will gain a unique appreciation and insight into the creation of a professional physical theater.

Class sessions are as follows:

- 1. Artistic Refugee to the American Dream:** The artistic journey of Paata Tsikurishvili from the Republic of Georgia to Washington, DC, and how the mission/vision of Synetic Theater was developed.
- 2. What is Physical Theater?** This class will explore the complexity of physical theater from historical, academic and practical perspectives as participants gain greater insight into the performance style and aesthetic of this company.
- 3. Artistic Architecture:** The creative process will be explored, from the spark of an idea through the development of a script detailing the movement and incorporating all of the design elements (lighting, sound, costumes, projections) into a singular vision.
- 4. Synetic Team to the Stage:** This class highlights the talented team behind the artists and designers who bring the artistic vision from an idea to the physical stage.

**Paata Tsikurishvili**, the Artistic Director of Synetic Theater, is a native of the Republic of Georgia with more than 20 years of experience fusing the classical elements of drama, movement, dance, mime and music. Synetic's inaugural production, *Hamlet ... the rest is silence*, received the Helen Hayes Awards for Outstanding Director, Outstanding Resident Play and Outstanding Choreography. Paata holds an MFA in Film Directing from Tbilisi State University and has taught at leading universities including American University, Catholic University of America and Georgetown University.

**Joseph Carlson** has worked professionally on stage and in film for eight years, while also earning a BFA in Performance (*magna cum laude*) and an MFA in Acting Directing Pedagogy from Virginia Commonwealth University, where he has also worked as adjunct faculty. He was trained in the traditions of physical theater with the famed DAH Theatre of Belgrade in Serbia and has played principal roles in feature films and television series such as *Lincoln*, *Killing Lincoln* and *Fatal Encounters*. As Education Programs Manager, Joseph conceived, adapted and directed *The Jungle Book* with The Synetic Teen Company in 2012. Applying the craft of theater to community engagement, he is the recipient of an Innovative Projects Grant for his production of *Theatre in Battery Park*, Richmond, VA.

**Ben Cunis**, Synetic Fight Choreographer, won the Helen Hayes Award for Outstanding Choreography for *King Lear* and has been the co-adapter and assistant director for numerous award-winning Synetic shows. His production company, Granite Kiss Productions, won the 2008 Washington, DC, 24-hour Film Festival with the film *The Choices of Ghosts*. The company also released the web series based on the same film, *Hamilton Carver: Zombie, P.I.*, which has been an official selection at the Independent Television Festival in Los Angeles and the Festival Cinema Tous Ecrans in Switzerland.



## Fine Arts, ... *continued* / Health & Wellness

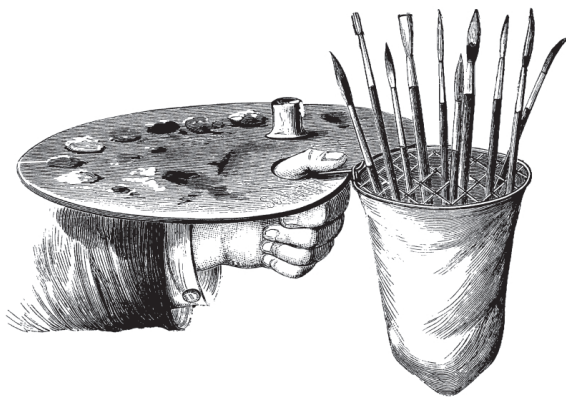
### 147 — Eighteenth Century Art

Instructor: John M. Schnorrenberg

**Tuesdays, NOON – 1:30 PM**  
**March 4 – April 22**  
**Location: GMU**  
**8 Sessions**  
**Maximum 30, minimum 8 participants**

This course will analyze the sources and comparable work for — and the influence of — painters Jean-Antoine Watteau (1684-1721), William Hogarth (1697-1764), Antonio Canaletto (1697-1768), Jean-Baptiste-Siméon Chardin (1699-1779), Joshua Reynolds (1723-92), Thomas Gainsborough (1727-88), Jean-Honoré Fragonard (1732-1806), John Singleton Copley (1738-1815) and Jacques-Louis David (1748-1825). About fifteen lesser artists will be discussed in relation to these nine, and that group will include some important sculptors and architects.

**John M. Schnorrenberg, PhD**, is Professor Emeritus of Art History at the University of Alabama at Birmingham. He taught art history there, at the University of North Carolina, Chapel Hill, and at Columbia University. Since his retirement in 2002 he has taught a course each year for Encore Learning.



### 202 — Estate Planning: Basics and Beyond

Instructors: Sarah Parks, Robert J. Patton, Jr.

**Thursdays, 10:00 AM – 11:30 AM**  
**March 20–April 10**  
**Location: FCC**  
**4 sessions**  
**Maximum 25, minimum 8 participants**

Are you confused about how to approach estate planning, write a will or create an advance health care directive? Then this is the class for you!

Topics for the class sessions are as follows:

1. **Overview of Estate Planning:** Current estate tax system, probate process, use of last will and testament, powers of attorney.
2. **Trusts:** What a trust is, how it is used, what benefits it offers, different types of trusts for different needs.
3. **Differences Between Settling an Estate under a Will and under a Trust**
4. **Advance Health Care Directives**

**Sarah Parks** is an estate planner with Custom Estate Planning, which she has operated in Fairfax since 1995. She is a graduate of the George Mason University Law School and has an advanced law degree from Georgetown Law Center. She concentrates her practice solely on estate planning.

**Robert J. Patton, Jr.** Is a private attorney primarily practicing estate law In Virginia, including probate. He retired in 2000 as Deputy Chief Counsel of the Maritime Administration within the Department of Transportation. Mr. Patton practices with Custom Estate Planning and teaches adult continuing education courses on estate law.

## Health & Wellness *continued*

### 219 — Medicine Marches On: Medical Updates for Seniors

Instructor: N. Thomas Connally

**Tuesdays, 10:00 AM – 11:30 AM**

**March 4 – April 22**

**Location: GMU**

**8 sessions**

**Maximum 50, minimum 8 participants**

Medical advice for improved health and disease prevention seems to change frequently. This course will focus on major medical issues for seniors, with a brief introduction each week to the morbidity and/or mortality of a different condition and a discussion of the way it affects the body. Recent changes in screening, prevention and treatment will be covered, followed by recommendations for how to manage these issues. Recent research to resolve controversies highlighted in the public media will also be discussed.

Topics for the eight class sessions are as follows:

1. **Heart Disease:** Newest recommendations in prevention and treatment.
2. **Strokes:** A brief review of physiology and risk factors, along with the latest in prevention and early treatment.
3. **Cancer:** Resolving many of the issues in the lay press on screening and treatment of prostate, breast, colon, lung, esophageal and skin cancers.
4. **Preserving your brain:** Physiology, prevention and possible new treatments for Alzheimer's, Parkinson's, other movement disorders and depression.
5. **Non-malignant urinary and intestinal disorders:** The latest treatment protocols for prostate enlargement in men and bladder dysfunction in women. The pathophysiology and treatments for gastro-esophageal reflux disorder and diverticulitis.
6. **Osteoporosis, arthritis and joint replacement surgery:** How to avoid it and what to get if you really need it.

7. **Pneumonia, influenza and frequent, resistant infections,** such as MRSA (methicillin-resistant *Staphylococcus aureus*) and the newly resistant bacteria, *C. difficile*: A review of infections that have become more prevalent, such as Lyme disease and West Nile virus, as well as a recommended complete adult vaccination program, including herpes zoster vaccine.
8. **Staying fit:** Various exercise programs, and treatment for the most common shoulder, back, hand and foot disorders. A review of recent research in the chemistry of aging and what you can do about it.

**N. Thomas Connally, MD, MACP,** received a BA in Philosophy and an MD from the University of Virginia. He was an officer in the US Public Health Service at the National Institutes of Health for two years and practiced internal medicine in Washington, DC for 32 years. He served as a member of the board of trustees for CareFirst BlueCross BlueShield, is the author of a book on senior health care and volunteers at the Arlington Free Clinic. In 2013 he received the Ralph O. Claypool Award given by the American College of Physicians to an internist in the United States for a professional lifetime of clinical excellence and community service, as determined by patients, colleagues and leaders of the College.



## Health & Wellness *continued*

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### 228 — A User's Guide to the Brain

Instructor: Norton S. Beckerman

**Mondays, NOON – 1:30 PM**  
**March 3 – April 7**  
**Location: GMU**  
**6 Sessions**  
**Maximum 30, minimum 8 participants**

There is a myth in our society that normal aging causes a decline in cognitive ability. People of all ages have bought into this myth, and it has had a significant impact on our society and how we live our lives, particularly as we get older. Since the discovery of neurogenesis and neuroplasticity, it is clear that aging itself is not what causes a decline in cognitive ability. We precipitate our own decline in cognitive ability through a lack of understanding of our brain, how it functions and what is needed to keep it functioning effectively.

This course is intended to provide the lay person with an understanding of the brain, how it functions, why a decline in our cognitive ability usually does coincide with our growing older. It will offer an understanding of why our brain can be repaired and what is needed to repair, rebuild and maintain it and even make it grow in capacity, regardless of age.

*Recommended Website:*  
[www.yourbrainshealthcenter.org](http://www.yourbrainshealthcenter.org)

**Norton S. Beckerman** has evolved a functional understanding of the brain, how it works, and what we can do to keep it working effectively, regardless of age. Mr. Beckerman writes about the brain and cognitive function, has his own informational website about the brain, stages presentations, works with people who have cognitive problems, and regularly writes a column as "Brain Health Coach" in the *Arlington Weekly News*. He is currently writing a book on the brain intended for the lay reader.

### 231 — Mindful and Aware: History, Science and Practice

Instructor: Dwight Rodgers

**Fridays, 10:00 AM – 11:30 AM**  
**March 14 – April 25**  
**Location: GMU**  
**7 Sessions**  
**Maximum 25, minimum 8 participants**

During the last generation, Western education has come to understand that the mind can be trained to cultivate attention and create emotional balance. While college students already are directly enjoying the benefits of awareness research, development of awareness also can be particularly beneficial for older adults who are interested in aging with dignity. This course is suitable for both newcomers to and veterans of the techniques of awareness. The seven sessions will present new material, some based on research sponsored by Mind and Life Institute, M.I.T. and elsewhere. Planned sessions are as follows:

1. **Awareness Basics:** What can be done with cultivated awareness and how.
2. **Historical Background:** Buddhism, Judaism, Christianity and the emergence of secular, science-based mindful awareness.
3. **Mindfulness, Awareness, Insight:** Sources of useful information.
4. **Untangling:** Putting the mind in order.
5. **Community:** You are not alone, nor should you be.
6. **Becoming Aware is Rarely Rapid and Is Instantaneous:** Some problems and contradictions in developing awareness.
7. **Practice Makes . . . More Practice?** A sharing of experiences and expectations.

*Recommended Website:* [www.mindandlife.org](http://www.mindandlife.org)

**Dwight Rodgers** majored in history at Amherst College and received a Master of Arts in Teaching degree from the University of Massachusetts-Amherst. He has been studying the history, science and practice of awareness and the body-brain-mind connection for several years and has explored the cognitive and emotional benefits of mindfulness practice.

# History

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## 305 — Arlington History

Instructor: W. Karl VanNewkirk

**Thursdays, 3:00PM–4:30PM**  
**April 3–May 22**  
**Location: Off-site**  
**8 sessions**  
**Maximum 15, minimum 8 participants**

While living your daily life in Arlington, have you ever wondered who trod this ground before you? This course surveys the history of Arlington from before the arrival of European settlers to the present. Several historic buildings and neighborhoods will be visited.

The sessions will cover the following:

1. **Overview and guided tour of the Arlington Historical Museum**
2. **Arlington before the Europeans**
3. **Eighteenth Century Arlington**
4. **Early Nineteenth Century and the Civil War**
5. **Some Arlington Black History**
6. **Reconstruction and the Beginning of Modern Arlington**
7. **Arlington Becomes a Unified Community**
8. **Arlington and the Modern Era**

*Note: The first class will meet at the Arlington Historical Museum, 1805 S. Arlington Ridge Road. See [www.arlingtonhistoricalsociety.org](http://www.arlingtonhistoricalsociety.org) for directions.*

**Karl VanNewkirk** is a past president of the Arlington Historical Society and has edited its annual magazine since 1992. He has been a member of the board of directors of the Arlington Black Heritage Museum, works as a volunteer for the archaeology department at Gunston Hall and is currently working on the genealogy of his family. He is a member of a variety of local historical, genealogical and archaeological organizations.

## 321 — Our Legacy from the Middle Ages

Instructor: Mary Lee McIntyre

**Thursdays, 10:00AM–11:30AM**  
**March 6–April 10**  
**Location: GMU**  
**6 sessions**  
**Maximum 30, minimum 8 participants**

What comes to mind when you hear the term “Middle Ages”? Do you picture fairy tale castles, chivalrous knights and courtly love? Or do you have a darker vision of endless conflict, disease and barbarism, a time when culture was confined to a few scattered monasteries?

The centuries from 300 AD through 1400 AD featured all these elements and so much more. In this course we will examine the remarkable legacy that the modern world received from this period in terms of such institutions as the church, representative government, capitalism and the university. We will trace the development of architecture, art, craftsmanship, literature, trade and methods of conducting warfare. We will meet some of the fascinating men and women who contributed to the richness of medieval life, from the philosopher-theologian Abelard to the fascinating Queen Eleanor of Aquitaine. Finally, we will explore the historical basis of some of the popular myths of the period, such as the legend of King Arthur. During several class sessions, guest speakers will offer their expertise on special topics.

**Mary Lee McIntyre** developed her interest in medieval history during a long career of teaching and lecturing here and abroad. After receiving an AB in History from Washington College and an MA from the School of Advanced International Studies at Johns Hopkins University, she taught at both the high school and university levels in the Washington area and in India, Pakistan and Lebanon. She also served with the US Agency for International Development in India, Pakistan and Bangladesh.



## History *continued*

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### 327 — The Geopolitics of the Ancient Middle East

Instructor: Dave Rudgers

**Fridays, 2:00PM–3:30PM**

**April 4–May 9**

**Location: SEC**

**6 sessions**

**Maximum 20, minimum 8 participants**

After the ancient Hebrews became aware of themselves as a people with their own identity, their history was a turbulent one. Relatively few in number and living in a tumultuous geopolitical neighborhood since the beginning of recorded history, they were in almost constant conflict with powerful neighbors, threatened by hostile nomads, divided among themselves and frequently subordinate to foreign conquerors. This course tells that story and describes the Jews' relationships with the Egyptians, Assyrians, Babylonians, Persians, Seleucid Greeks, Romans and Muslims. It will also detail the changing power relationships in the ancient Middle East, culminating in the Muslim conquests of the seventh century.

Although this course deals with biblical themes and personalities, it is not a course in religion. Events will be examined and interpreted in an entirely secular way. The course will also attempt to link the events of the ancient Middle East to a contemporary context. There is no required text, but an extensive bibliography will be provided.

**Dave Rudgers** is an independent scholar and retired civil servant. After working as an archivist at the National Archives, he was employed primarily as an editor and an analyst at the Central Intelligence Agency for 22 years. He holds a doctorate in history from the George Washington University and is an award-winning author.

### 347 — Petersburg to Appomattox: The Road to Surrender

Instructor: Bob Stone

**Thursdays, 2:00 PM – 3:30 PM**

**March 6 – May 1**

**Location: SEC**

**9 Sessions**

**Maximum 30, minimum 8 participants**

After six weeks of hard fighting, bloodshed and large casualty numbers at the battles of The Wilderness, Spotsylvania Courthouse and Cold Harbor, the Civil War in central Virginia changed into siege warfare. The Confederate forces under General Robert E. Lee held back the Union forces under General Ulysses S. Grant for more than nine months as Grant tried to capture the cities of Richmond and Petersburg. Both armies fought from behind elaborate field fortifications and entrenchments. After the Union forces finally broke through the Confederate lines on March 31 and April 1, 1865, the Civil War in Virginia would end quickly nine days later at the little village of Appomattox Courthouse. This course will use photos, maps, lectures and discussions to explore the many separate yet connected actions that occurred during this nine-month siege and Lee's retreat.

*Field Trip:* The instructor will offer an optional day-long field trip to the Petersburg National Battlefield Park and its environs the week following the last class. The cost of this trip will be shared equally by the class members making the trip. Final costs should be between \$25 and \$50 per person.

*Recommended Reading:* *A Stillness at Appomattox* by Bruce Catton.

**Bob Stone** has a BS in Education from West Virginia University. He worked for the Arlington County government for 36 years before his retirement. He has studied the Civil War extensively for over 60 years and has shared his knowledge with numerous organizations, including Encore Learning, since 2005. He has taken many adult groups on tours of Civil War battlefields in the eastern United States.

# History *continued*

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## 348 — Pompeii, Vesuvius and All That

Instructor: Tom Wukitsch

**Fridays, 9:30 AM – 11:30 AM**  
**March 7 – May 9**  
**Location: GMU**  
**10 Sessions**  
**Maximum 30, minimum 8 participants**

You might think you know what happened to Pompeii in August of 79 AD, but whatever you learned before 1991, when Mt. Pinatubo erupted, may well be wrong. Don't blame yourself -- the world's top volcanologists had it wrong too. Only since Pinatubo have we understood the two-stage phreatomagmatic events that overwhelmed Pompeii. The "Plinian" phase was easy. It was the "Pelean" phase that did all the serious damage and killed all those famous "petrified people."

We will study the geology, the volcanology, the history (and prehistory), the immediate and long-term aftermath, and the eventual archeological rediscovery of the Campanian "lost cities." And we will discuss some little known facts, including the two earlier total-destruction levels under Roman Pompeii and the higher casualty rate in 1631 than in the 79 AD blow-out. Could it happen again? Volcanologists say yes. Does that make it still the most dangerous volcano in the world? Only if you do not count Washington State's Mt. Rainier or Yellowstone's Caldera. We will talk about them, too.

*Recommended Reading: The World of Pompeii*, edited by J.J. Dobbins and P.W. Foss

*Recommended Website:*  
[www.mmdtkw.org/ALRItkwPages.html](http://www.mmdtkw.org/ALRItkwPages.html). See also the Roman history courses section of this website.

**Tom Wukitsch** served in the US Navy in aviation- and archeology-related positions and then had a career as a member of the US Foreign Service, serving in the Middle East and Italy. After retiring he studied and taught for four years in Rome. He is a member of the board of Scientific Methodologies Applied to Cultural Heritage (SMATCH). He has led Encore Learning travel club tours to Rome, Florence, Venice, Egypt and Pompeii.

## 349 — Foundations of American Foreign Policy

Instructor: Edward Rhodes

**Thursdays, NOON – 1:30 PM**  
**March 20 – April 24**  
**Location: GMU**  
**6 Sessions**  
**Maximum 50, minimum 8 participants**

This course will explore how American foreign policy makers conceived of the American republic, what they assumed would threaten its essence and survival, and how they comprehended their options. Understanding the intellectual foundations of American foreign policy gives us a greater ability to interpret the past, explain the present and predict the future.

Class sessions will address these topics:

- 1. The American Dilemma:** Creating a Foreign Policy for a Liberal, Democratic, Republican, Sovereign State.
- 2. The Internal Fragility of a Liberal Democratic Republic:** Alexander Hamilton, John Quincy Adams and the "Isolationist" Tradition.
- 3. The Imperatives of Civic Nationalism:** Theodore Roosevelt, the Progressives and America's Entry onto the World Stage.
- 4. Making the World Safe for Democracy:** Woodrow Wilson, Charles Evans Hughes, and the Debate on How Best to Change the World.
- 5. The Challenge to Liberalism:** Franklin D. Roosevelt, the Cold Warriors and the Forty Years' Crisis.
- 6. After the End of History:** George W. Bush, Barack Obama and the Survival of a Liberal Democratic Republic in a Post-Modern World.

*Recommended Reading: Promised Land, Crusader State: The American Encounter with the World Since 1776*, Walter A. McDougall.

**Edward Rhodes** is a professor of public policy at George Mason University, serving as dean of the school from 2010 to 2013. Earlier, he served on the faculty of Rutgers University for 24 years. He was founding director of the Rut-

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gers Center for Global Security and Democracy and dean of the Social and Behavioral Sciences. From 2007 to 2009 he was a visiting professor at Princeton University; he has also held research appointments at Harvard, Stanford and Cornell Universities. He holds an AB from Harvard, and MPA and PhD degrees from Princeton.

### 350 — The Irrepressible Conflict? Arguing about Slavery, 1776 to 1860

Instructor: Jack Royer

**Wednesdays, NOON – 1:30 PM**  
**April 9 – May 7**  
**Location: GMU**  
**5 Sessions**  
**Maximum 25, minimum 8 participants**

*“A house divided against itself cannot stand.”*  
-- Abraham Lincoln.

*“It is neither desirable nor possible that there should be uniformity in local institutions of the different states.”* -- Stephen Douglas.

In 1860 the monumental struggle that came to be personified by Lincoln and Douglas reached its crescendo. This course will trace our country’s somewhat illogical path from the grand declaration that all men are created equal to the beginning of the bitter war that made equality possible. By examining the many milestones along this path, both compromises and confrontations, we will attempt to find out whether the contest between the free and the slave states was indeed the irrepressible conflict proclaimed by William Seward.

*Recommended Reading: Battle Cry of Freedom: The Civil War Era*, James M. McPherson (first 200 pages)

**Jack Royer** is a retired foreign service officer who spent more than 30 years working on economic development programs. He has had a lifetime interest in history, particularly American and English history. Mr. Royer believes that, while the history of the Civil War has been well covered, the history of the issues and conflicts that led to the war has been somewhat overlooked. This course is an attempt to address that oversight.

### 402 — The Bill of Rights: Its History, Current Interpretations and Future

Instructor: Robert L. Weinberg

**Thursdays, 2:00PM–3:30PM**  
**March 6–April 3**  
**Location: GMU**  
**5 sessions**  
**Maximum 20, minimum 8 participants**

How well do you understand your Constitutional rights? This course will present an overview of the rights guaranteed Americans by the first ten amendments to the US Constitution. It will also consider how the Supreme Court has interpreted several specific provisions of the Bill of Rights, including free speech, free exercise of religion, the right to bear arms, security against unreasonable search and seizure, the privilege against self-incrimination, the prohibition against double jeopardy, the guarantee of due process of law, the right of the accused to indictment by a grand jury and a speedy trial in public by an impartial jury, the right to assistance of counsel and to bail and the prohibition against cruel and unusual punishment.

Finally, the course will consider the extent to which the provisions of the Bill of Rights, which were adopted as limitations upon the federal government, have been made binding upon the states by virtue of the Fourteenth Amendment.

*Recommended Reading: The Bill of Rights: Creation and Reconstruction*, Akhil Reed Amar

**Robert L. Weinberg** received his BA and law degrees from Yale and his PhD in economics from the London School of Economics. He is a retired founding partner of Williams and Connolly, Washington, DC. He has litigated constitutional issues for over 35 years, specializing in criminal defense. A Past President of the DC Bar, he is now Adjunct Professor at the George Washington University School of Law and Visiting Lecturer at the University of Virginia Law School.

# Law, Politics & Public Affairs *continued*

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## 412 — Global Hot Spots

**Instructors: Surjit Mansingh, Philip C. Wilcox, Jr., Dave Rudgers, Jerry Griffin, David Keegan, Richard McKee, Stephen F. Dachi**

**Thursdays, 10:00 AM – 11:30 AM**

**March 13 – May 8\***

**Location: GMU**

**7 Sessions**

**Maximum 70, minimum 8 participants**

*\*Please note that there are seven sessions in nine weeks. Two dates, April 10 and May 8, are kept open in case a speaker needs to change the lecture date at the last moment.*

The United States is confronted by an increasingly complex and perilous world. We now face a globe marked by dangerous hotspots, some flaring openly into violence, others simmering near the edges of our attention. This course taps the experience and perspectives of diplomats and scholars to offer insights into what is at stake in seven of these critical areas.

**India and its Extended Neighborhood** (*Surjit Mansingh*): We have all read about India's relations with Pakistan, but what of its interactions with other countries on the South Asian subcontinent? In this lecture, Mansingh will review India's relationships with the other members of its geopolitical neighborhood.

**Israel-Palestine** (*Philip C. Wilcox, Jr.*): For 60 years, Israelis and Palestinians have struggled, often violently, over the Holy Land, to which both peoples have deep claims. The crisis has deepened as US and international peace efforts have failed; more than 500,000 Israelis have settled in lands occupied by Israel in 1967, and die-hard extremists on both sides have resisted a peaceful compromise based on two states and a shared Jerusalem. Are these two peoples doomed to perpetual conflict, or could the US Secretary of State help rescue them from a grim future?

**Venezuela: The Legacy of Hugo Chavez** (*Dave Rudgers*): Long a major oil producer and once a vibrant democracy, Venezuela, in 1998, succumbed to the populist demagoguery of former army officer Hugo Chavez. As the country's authoritarian president until his death in March 2013, Chavez destroyed effective government, squandered Venezuela's oil wealth, ruined the economy, and postured absurdly on the world stage. This presentation describes how Chavez was able to do what he did, places him in his country's historical context and discusses the ramifications of his misrule for the global community.

*Recommended Reading: Comandante: Hugo Chavez's Venezuela, Rory Carroll. The Venezuelan Democratic Revolution: A profile of the Regime of Romulo Betancourt, Robert Alexander. The Road to OPEC: United States Relations with Venezuela, 1919-1976, Stephen Rabe. The History of Venezuela, Michael Tarver and Julia Frederick.*

**Islamist Intrusion in Mali: Wake-up Call for the Sahara and the West** (*Jerry Griffin*): Weak and divided countries in the Sahara, such as Mali, make attractive havens for Islamic militants. This lecture will review the recent war in northern Mali, including its roots and triggers; offer an overview of Islamic extremism in the Sahara; look behind French military intervention and US involvement, and give a guarded outlook for Mali's still unresolved crisis.

**China in Africa: Natural Partners?** (*David Keegan*): Forty years ago, China and African countries believed themselves united in a revolutionary struggle against the West. Today, China is turning to Africa to provide the resources to fuel (quite literally) China's booming economy. Is this a threat to the US, or a natural complement to our commercial and developmental activities in Africa?

**Erdogan's Turkey** (*Richard McKee*): Prime Minister Erdogan's Justice and Development Party has won three elections since 2003. Erdogan has doubled Turkey's GNP in a decade and strengthened Turkish democracy by eliminating military influence over politics. Apprehension over the party's Islamic inspiration remains. There are also concerns about Ankara's

## Law, Politics & Public Affairs *continued*

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attitude toward civil liberties. The recent demonstrations in Istanbul and elsewhere may be a sign that people are becoming tired of his hard-handed rule. Finally, Erdogan's foreign policy turn towards the Muslim world has been thrown off kilter by events in the Middle East over the past two years.

**North Korea** (*Steve Dachi*): The 30-year-old Kim Jong-un is the third generation of the Kim family to lead North Korea. His grandfather, Kim Il-sung, created the country and his father, Kim Jong-il, continued the family's reign. North Korea's nuclear weapons, bombastic rhetoric and periodic violent actions have made it the problem child of international politics. This lecture will attempt to impart some understanding of how the country works and where it might be heading.

**Surjit Mansingh**, the author of several books and numerous articles on Indian history and foreign relations, teaches at American University in Washington, DC. She was formerly Professor of International Politics at Jawaharlal Nehru University New Delhi. Before joining academia, she was a member of the Indian Foreign Service.

**Philip C. Wilcox Jr.** is President of the Foundation for Middle East Peace, a Washington, DC-based organization devoted to fostering peace between Israelis and Palestinians. Wilcox retired from the US Foreign Service after 31 years of service. His last overseas assignment was as Chief of Mission and US Consul General, Jerusalem. Among his assignments in the Department of State were Ambassador-at-Large and Coordinator for Counter Terrorism, Deputy Assistant Secretary for Middle Eastern Affairs and Director for Israeli and Arab Israeli Affairs.

**Dave Rudgers** was a senior Latin American analyst at the CIA's Directorate of Intelligence, prior to his retirement in 1998. For three years he covered political affairs in Venezuela. He holds a doctorate in diplomatic history with a Latin American specialty from George Washington University.

**Jerry Griffin** is a former high school teacher and retired CIA analyst with 34 years of experience in Africa. Since retiring, he has taught courses on Africa for the CIA and for James Madison University's Lifelong Learning Institute. He received a BA and an MA from the University at Albany, The State University of New York, and an MA from the University of Wisconsin - Madison.

**David Keegan** has a PhD in Chinese History from the University of California, Berkeley. He was a foreign service officer for 30 years, serving in Korea, China, Taiwan, Singapore and New Zealand. He was Deputy Director of the American Institute in Taiwan and Deputy Chief of Mission and Chargé at the US Embassy in New Zealand. He served as Director in the Office of Taiwan Policy, the Office of Regional Affairs for South and Central Asia and in the Bureau of Intelligence and Research, and taught the China Seminar at the State Department's Foreign Service Institute.

**Richard McKee** is a retired foreign service officer. During his 33 years with the Department of State, he served in Tunisia, Morocco, Saudi Arabia and Turkey, where he was Political Counselor at the US Embassy from 1994-1997. His other assignments included Pakistan, Bolivia, Colombia and Switzerland.

**Stephen F. Dachi**, a retired foreign service officer, has recently taught at the Foreign Service Institute and at the Elliott School of International Affairs, George Washington University, where he teaches Political Islam and Global Energy Security. He has presented courses at Encore Learning for more than five years. Senior assignments in the Foreign Service included Consul General in Sao Paulo, Brazil, and Minister Counselor of the US Embassy in New Delhi, India. At the Foreign Service Institute Dachi taught South Asia Area Studies and a special program on Afghanistan.



## Law, Politics & Public Affairs *continued*

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### 441 — Mass Media and American Politics

Instructor: Ian Stanford

**Wednesdays, NOON – 1:30 PM**

**March 5 – April 2**

**Location: GMU**

**5 Sessions**

**Maximum 25, minimum 8 participants**

In American society, mass media impact the daily lives of almost everyone. However, with all the entertainment options available in the modern cable package, it is easy to forget that the privileged position occupied by media organizations in this country is directly linked to the role that journalists and news organizations play in the democratic process. The purpose of this course is to examine some of the fundamental analytical concepts behind the mass media and American politics, and then to apply them to the media that we consume today. It will mix lectures on key concepts with discussions of contemporary media accounts of prominent political issues. The course will also attempt to answer some overarching questions about political media, such as what is the ideal role of well-functioning media in a democracy, and how do the media in the United States live up to that ideal? How have political media developed throughout the history of this country? What is the nature of the relationship between the press and governmental institutions? How do people use and interpret political media, and are advances in media technology changing the relationship?

*Recommended Reading: The Washington Post; Public Opinion, Walter Lippmann; and The Image: A Guide to Pseudo-Events in America, Daniel J. Boorstin.*

**Ian Stanford** is a PhD student in public policy at George Mason University. He received a master's degree in mass communication from Louisiana State University, where he studied media and public affairs and the history of journalism. While attending GMU, he has spent the last four years as a research assistant at the US Postal Service Office of Inspector General.

### 447 — Pakistanis: An Enigma of Hope and . . . Despair?

Instructors: Ammar Malik, Raja Saleem, Jamil Afaqi

**Tuesdays, NOON – 1:30 PM**

**March 4 – April 8**

**Location: GMU**

**6 Sessions**

**Maximum 30, minimum 8 participants**

This course focuses on the people of Pakistan—their behavior, attitudes, hopes and despair—rather than on the country's bureaucracy or politics. Pakistan has regularly caught the attention of the world because of its location in one of the most volatile regions and because its own actions have at times contributed to that volatility. Torn by sectarian strife as well as ethnic divisions, Pakistan has been termed a failed state by some and a fragile state by others. Yet many Pakistanis view the present dangerous phase as just one more passing episode in the turbulent history of their country. In May 2013 the first-ever national elections under a civilian setup saw the highest voter turnout in Pakistan's history—despite threats of disruption from the Taliban. Then followed a peaceful transfer of power for the first time in the history of the country.

What makes Pakistanis such prisoners of hope? Will their optimism lead them to a better future? The course will seek some answers to these questions by analyzing how certain political and social phenomena are embedded in Pakistan's social structure and how past, present or future trends might continue to affect the country.

*Recommended Website:* [www.pakistaniat.com](http://www.pakistaniat.com)

**Ammar Malik** is a doctoral student at George Mason University's School of Public Policy. He holds a master's degree in public policy from the National University of Singapore and another in public affairs from Institut d'Etudes Politiques in Paris. He has consulted for the World Bank, the Organization for Economic Cooperation and Development (OECD) and Pakistan's National Disaster Management Authority.

## Law, Politics & Public Affairs *continued*

**Raja Saleem** is a doctoral student at George Mason University's School of Public Policy. He has degrees from Quaid-i-Azam University in Islamabad, Pakistan, the University of Manchester, UK, and the University of Calgary in Canada. He has worked at the Ministry of Finance of Pakistan and as a consultant to international organizations. His research interests are democratization, political Islam and the military's political role.

**Jamil Afaqi** is a doctoral candidate at George Mason University's School of Public Policy. He has degrees from Oxford Brookes University in Oxford, UK, and the University of Engineering and Technology in Lahore, Pakistan. A civil servant, he has experience in the financial, energy and business development sectors of Pakistan. His research interest at GMU is the influence of culture on the workings of bureaucracies.

### 448 — Traditional Chinese Philosophy and Modern Life in China

**Instructors: Ning Yang, Lihong Wang, Xiao He**

**Mondays, 10:00 AM – 11:30 AM**

**March 3 – March 31**

**Location: GMU**

**5 Sessions**

**Maximum 30, minimum 10 participants**

A team of three lecturers from the Confucius Institute at George Mason University will address five concepts in traditional Chinese philosophy and how they influence life in China today. The first lecture will discuss the *I-Ching* (Book of Changes), the meanings of the various six-line hexagrams and how the concepts of yin ("the receptive principle") and yang ("the creative principle") are applied. The next two lectures will focus on Confucianism, discussing the teachings of Confucius (Kungzi) and Mencius (Mengzi) about basic human relationships, principles of political governance and appropriate rituals. The fourth lecture will examine the key concepts of Taoism (Daoism), including the origin of the universe and the interrelationship of man and nature, as well as the teachings of Lao Tzu (Laozi) and Chuang Tzu (Zhuangzi), two prominent figures of Taoist philosophy. The final lecture will discuss *The Art of War* by Sun Tzu (Sunzi), one of the world's most ancient and well-known com-

mentaries on military strategies and warfare studies, and how these strategies can be applied to military planning, business tactics and solving problems, even in today's world.

**Ning Yang** is an associate professor of linguistics in the College of Foreign Languages at Beijing Language and Culture University. She earned her doctoral degree at Radboud University of Nijmegen in the Netherlands and later worked as a post-doctoral fellow at Hong Kong City University. She is currently a faculty member at the Confucius Institute at GMU. Her research interests include theoretical linguistics, language acquisition and cultural studies.

**Lihong Wang** is an associate professor at Beijing Language and Culture University. In 2011 she became resident director of the Confucius Institute at GMU. She has a master's degree in linguistics from Jilin University in China and a PhD in intercultural communication and foreign language education from Durham University in the United Kingdom. Lihong has taught general linguistics, English lexicology, grammar, intensive reading, extensive reading, translation and interpreting.

**Xiao He**, an associate professor at Beijing Language and Culture University, teaches ancient Chinese literature at the Confucius Institute at GMU. Earlier, she taught Chinese at the Confucius Institute of McMaster University in Canada, as well as English at Beijing Language and Culture University. She received her master's degree from Sichuan University in China in 1995. Xiao was a visiting scholar at the University of Toronto in 2001 and at the University of Pennsylvania in 2009.



# Law, Politics & Public Affairs *continued*

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## 449 — Contemporary Global Economic Issues

Instructor: Constance Phlipot

**Tuesdays, 2:00 PM – 3:30 PM**

**March 11 – May 13**

**Location: SEC**

**10 Sessions**

**Maximum 20, minimum 8 participants**

This non-traditional international economics course will focus on the connections between foreign policy and societal and economic trends. It will explore the economics behind the politics and the politics behind the economics of current issues in foreign policy. Topics include global economic power shifts, the global financial crisis and the fate of the dollar and the euro, anti-globalization movements, energy security, demographics, climate change and international organized crime. We will also examine competing economic theories, such as rational expectations versus “animal spirits.” A basic understanding of economic principles is desirable for those enrolling.

*Recommended Reading: International Economics: Theory and Policy*, v. 10, Steve Suranovic. *In Defense of Globalization*, Jagdish Bhagwati. *The Age of Aging: How Demographics Are Changing the Global Economy and Our World*, George Magnus. *Freakonomics: A Rogue Economist Explores the Hidden Side of Everything*, Steven Levitt and Stephen J. Dubner.

*Recommended Websites:*

[www.economist.com](http://www.economist.com)

[www.foreignaffairs.com](http://www.foreignaffairs.com)

[www.imf.org](http://www.imf.org)

**Constance Phlipot** is a retired foreign service officer who specialized in economics, Central and Eastern Europe, and economic/democratic transformation. She served as Deputy Chief of Mission in the US Embassy in Minsk; Senior Diplomatic Advisor to the Community of Democracies in Warsaw; Senior Advisor on the Former Soviet Union, State Department Policy Planning Staff; and in various capacities in Moscow, Riga, Rangoon, Helsinki and Rome. She has taught international relations at the US Army War College and at private universities in Warsaw.

## 450 — Why Congress Doesn't Work

Instructor: David Heymsfeld

**Wednesdays, 2:00 PM – 3:30 PM**

**April 9 – April 30**

**Location: SEC**

**4 Sessions**

**Maximum 30, minimum 8 participants**

Since 2008, the United States Congress has been torn by partisan strife. It wasn't always this way. The Congresses of the 1960s and '70s created major programs such as Medicare and Medicaid and passed landmark laws on the environment, education and civil rights. Even during the more conservative periods that followed, Congress passed major bills such as welfare reform and the occasional balanced budget. This course will discuss the causes of the descent into gridlock, including the Gingrich revolution leading to reduced civility and bipartisanship; the disappearance of moderates in both congressional parties; the growth of safe seats for each party; the need for members to spend time fund raising rather than legislating; and Senate filibuster rules.

The course also will consider case studies of controversial legislation that passed the Congress -- the Civil Rights Act of 1957 and the Dodd-Frank Act of 2011. This will shed light on the roles played in the process by public opinion, the media, interest groups, lobbyists, congressional leaders, rank and file congressmen, congressional staff, and the president and his administration.

*Recommended Reading: It's Even Worse Than It Looks: How the American Constitutional System Collided With the New Politics of Extremism*, Thomas E. Mann and Norman J. Ornstein. *Act of Congress*, Robert G. Kaiser.

**David Heymsfeld** served on the professional staff of the House Transportation Committee for 35 years and was Staff Director of the Committee's Democratic Professional Staff from 1995 - 2010. Since his retirement from federal service, he has served as a policy advisor and advocate for disability rights groups and has published a number of reviews of books on modern history.



# Literature & Writing

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## 515 — Writing about Your Life

Instructor: Cherie Toll Bottum

**Wednesdays, 10:00AM–NOON**  
**March 19–April 23**  
**Location: WETA**  
**6 sessions**  
**Maximum 13, minimum 8 participants**

Now is a good time to celebrate and preserve your life and times. You can begin to create a record of your stories -- serious and funny -- about encounters, family and reflections on the world around you that your family, friends and perhaps even historians can enjoy. (Or you might wish to write only for yourself.) It's your chance to tell your story as only you can. Guided by William Zinsser's wise, practical and humorous book, we will consider many kinds of personal writing: memoirs, diaries, family histories, journals, letters, even poetry. We will look at classic examples by writers like Jim Lehrer, Roger Rosenblatt, Eudora Welty, Frank McCourt and others.

The class will be a semi-workshop, as we read and (gently) critique each other's work (but only with the writer's permission). It will feature practical exercises to help students get started and keep writing, to organize by selecting and focusing and to maintain momentum. We will look at integrity. As Zinsser says, "Use memoir to look for your humanity. Be as honest as you can." It is your chance to tell your story as only you can.

*Recommended Reading: Writing about Your Life: A Journey into the Past*, William Zinsser.

**Cherie Toll Bottum** is a writer, editor and teacher. She has published articles and essays in five different sections of the *Washington Post*, including humor on the op-ed page, and in *Good Housekeeping* and *Family Circle*. She has taught creative writing at the University of Virginia-Northern Virginia Center in Falls Church. She was managing editor of the academic journal, *College Teaching*, for twenty-five years.

## 522 — Separated At Birth: Literary Twinship and Cultural Difference

Instructor: Iska Alter

**Fridays, 2:00 PM – 3:30 PM**  
**March 28 – May 2**  
**Location: GMU**  
**6 Sessions**  
**Maximum 25, minimum 8 participants**

Have you ever read a novel or a short story and thought "Hmm, this seems very familiar"? Given the limited number of original plots that circulate in the fictional world, such literary *déjà vu* can hardly be surprising. But why does such fictive duplication occur? What does it mean for the art of storytelling? During six sessions we will try to answer these questions and others by examining five sets of paired short stories:

- James Joyce, "Araby" and John Updike, "A&P"
- Herman Melville, "Bartleby, the Scrivener" and Franz Kafka, "A Hunger Artist"
- Anton Chekhov, "The Lady with the Little Dog" and Joyce Carol Oates, "The Lady with the Pet Dog"
- Joseph Conrad, "Heart of Darkness" and Tim O'Brien, "The Sweetheart of the Song Tra Bong"
- Tadeusz Borowski, "This Way for the Gas, Ladies and Gentlemen" and Cynthia Ozick, "The Shawl"

*Recommended Reading:* All but one of the stories ("The Sweetheart of the Song Tra Bong") can be found in *The Story and Its Writer: An Introduction to Short Fiction*, Ann Charters ed.; "The Sweetheart of the Song Tra Bong" can be found in *The Things They Carried*, Tim O'Brien. All of the stories can be found individually online.

**Iska Alter** is Emerita Professor of English at Hofstra University. Her areas of specialization are American Literature, Shakespeare and English Renaissance Drama. Dr. Alter's work has appeared in *Modern Drama*, *Theater History Journal*, and *Shakespeare Survey* and she is the author of *The Good Man's Dilemma*. She received her BA from City College of New York, her MA from University of Wisconsin and her PhD from New York University.

# Literature & Writing *continued*

## 531 — Irish Poetic Inheritance: Yeats, Kavanagh and Heaney

**Instructor: C oil n Owens**

**Mondays, 2:00 PM – 3:30 PM**

**March 3 – March 31**

**Location: FCC**

**5 Sessions**

**Maximum 50, minimum 8 participants**

The imaginative relationship among three generations of extraordinary Irish poets —W. B. Yeats, Patrick Kavanagh and Seamus Heaney — is the subject of this short series. Inspired by the prospect of a Celtic revival, Yeats poured his imaginative energies into enveloping his personal concerns within those of the emerging Irish nation. During the 1930s, Patrick Kavanagh put the lives and dreams of the poor farmers of the Irish Free State into a colloquial and original idiom. And Seamus Heaney, in turn, forged the vision and language of his two predecessors into a poetic *oeuvre* that resonated during the Northern “Troubles” and around the world. We will examine closely a few representative lyric works by each of these poets and see that beyond their temperamental differences, they are distinctively and memorably Irish.

Class sessions are as follows:

- Yeats, “The Lake Isle of Innisfree,” “The Song of Wandering Aengus,” “September 1913,” “Easter 1916”
- Yeats, “The Wild Swans at Coole,” “The Second Coming,” “Leda and the Swan,” “Lapis Lazuli,” “The Long-Legged Fly”
- Kavanagh, “A Christmas Childhood,” “Epic,” “Shancoduff,” “Kerr’s Ass,” “The Hospital,” “Canal Bank Walk”
- Heaney, “Digging,” “Bogland,” “Two Poems in Dedication,” “The Tollund Man,” “Casualty”
- Heaney, from “Clearances,” “The Underground,” “Oysters”

*Recommended Reading:* Instructor will provide copies of poems to be discussed in class.

**C oil n Owens**, Professor Emeritus, George Mason University, taught Irish literature for 29 years. He has edited or written books on Irish drama, fiction and the Irish language. A James Joyce specialist, since retirement seven years ago he has published two book-length studies of Joyce’s stories—*James Joyce’s Painful Case* (2008) and *Before Daybreak: After the Race and the Origins of Joyce’s Art* (2013)—and is currently at work on a third.

## 537 — The Sonnet Through the Ages

**Instructor: Wells Burgess**

**Mondays, 10:00 AM – 11:30 AM**

**March 3 – April 21**

**Location: GMU**

**8 Sessions**

**Maximum 15, minimum 8 participants**

Renowned poet and former poet laureate Mark Strand described the sonnet as “one of the coping stones of poetic form.” For hundreds of years English language poets have found endless possibilities within the sonnet’s 14-line structure.

We will start by looking at the very beginnings of the sonnet and trace its development up to the present, emphasizing the resurgence of the form beginning in the 1980’s and continuing through the present day. We will also touch on those instances where free verse writers have adapted elements of the sonnet form to their own poetic ends, and examine whether these efforts open the door to further evolution of the form, or stand on their own outside the tradition.

*Recommended reading:* *The Penguin Book of the Sonnet*, Phyllis Levin, Ed.; *Sonnets: 150 Contemporary Sonnets*, William Baer, Ed.; *The Art of the Sonnet*, Burt and Mikics; *The Making of a Sonnet*, Hirsch and Boland, Eds.

**Wells Burgess** is a poet who has written and translated sonnets, and has recently had three sonnets accepted for publication by a leading journal. He holds an MA in Writing from Johns Hopkins University and is retired from the Department of Justice, Environment Division.

# Science & Technology / Social Sciences

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## 620 — Climate Change: What's Happening and What Can We Do About It?

Instructor: Robert P. Morgan

**Fridays, 10:00 AM – 11:30 AM**

**March 14 – May 2**

**Location: MU**

**8 Sessions**

**Maximum 34, minimum 8 participants**

This course is designed for individuals with a wide variety of backgrounds (either scientific or not) and experiences who are interested in learning more about climate change and what it means for our society, our world and our future. Among the topics to be considered are what the science says, what is actually happening, what is likely to happen in the future, and whether we can avoid the risks of climate change. The recommended book for the course has been described as “essential reading for citizens of a world in distress” presented in an “illustrated, visually stunning, and undeniably powerful way ...” The course will be roughly half presentations and half class discussion. The instructor is looking forward to lively conversations about our current predicament and what might be done in the future.

*Recommended Reading: Dire Predictions: Understanding Global Warming—The Illustrated Guide to the Findings of the IPCC* (Intergovernmental Panel on Climate Change) by Michael E. Mann and Lee R. Kump. (The instructor strongly recommends that those taking this course purchase the book.)

**Dr. Robert P. (Bob) Morgan** is an Arlington resident and Professor Emeritus of Technology and Human Affairs at Washington University in St. Louis. There he taught—among other subjects—science, technology and policy courses on energy and the environment to students with a broad range of backgrounds and interests.

## 714 — Political and Social Issues in Contemporary Islam

Instructor: Andrea Farsakh

**Wednesdays, NOON – 1:30 PM**

**April 9 – May 21**

**Location: GMU**

**7 Sessions**

**Maximum 30, minimum 8 participants**

The past year has seen momentous developments in the Arab and Muslim world. This course will attempt to foster better understanding of the problems by focusing on current political and social issues, such as political Islam and the Arab Spring; the relationship of violence and extremism to orthodox Islam; relationships with the West and its Islamophobia; relationships with Christians and Jews in the region and in the West, and, as new political systems develop, the possible impact of Shari'a law on democracy and civil rights, including women's rights.

The course will take us through the life of the Prophet and the Qur'an; the expansion of Islam; sectarianism; the Crusades and holy war; and the impact of the West and colonialism on the modern psychology of Muslims. We will conclude with consideration of the range and impact of Islamic reformers in this period of great intellectual ferment.

*Recommended Reading: No God But God*, Reza Aslan; *The Siege of Mecca*, Yaroslav Trofimov; *The First Muslim*, Lesley Hazelton; *The Shia Revival*, Vali Nasr; *Paradise Beneath Her Feet*, Isobel Coleman; *Peace Be Upon You*, Zachary Karabell; *The Koran (Qur'an)*—any edition.

**Andrea Farsakh** lectures extensively on Islamic issues and on the Israeli-Palestinian conflict. Ms. Farsakh was the first female foreign service political officer to serve in Saudi Arabia and was the lead liaison officer with the PLO for the US Embassy in Tunis after the 1993 Oslo Accords. She studied for a PhD in Islamic Studies at the Hartford Seminary Foundation. Ms. Farsakh spends summers on the occupied West Bank - as a member of a Muslim family, she has the opportunity to observe the practice of Islam in daily life.

## Social Sciences *continued*

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### 739 — Is America a Christian Nation?

Instructor: Stephen Ruth

**Thursdays, 2:00 PM – 3:30 PM**

**March 13 – April 3**

**Location: GMU**

**4 Sessions**

**Maximum 30, minimum 8 participants**

A 2007 article by George Mason University Professor Hugh Heclo offered this question and presented many approaches to answering it. This course reviews the Heclo perspective and also briefly examines the history of the United States in the context of our Christian roots. (There are 2,500 different Christian denominations represented in America.)

We will discuss Christianity in the US from the perspectives of preachers from William Bradford and Jonathan Edwards to Billy Graham, and from the perspectives of presidents from George Washington to Barack Obama. If time permits we will also take a brief look at public policy issues such as religious freedom, slavery, civil rights, the concept of a “just war,” the role of women, obligations to the poor, church-state relationships, homosexuality, abortion, taxation, voting rights and scripture-based legislation. Both the Old and New Testaments will be emphasized.

**Stephen Ruth** is professor of public policy at George Mason University, specializing in technology issues associated with globalization. He is also director of the International Center for Applied Studies in Information Technology, a grant-supported research center. His new book, *One Year Trip through the Bible: A Layman’s Fresh View of the Complete Old and New Testaments*, examines 73 books of the Hebrew Tanach and the Christian New Testament and offers daily readings and commentary.

### 740 — The Gospel According to Paul the Apostle

Instructor: Steven Goldman

**Wednesdays, 10:00 AM – 11:30 AM**

**March 5 – April 23**

**Location: FCC**

**8 Sessions**

**Maximum 30, minimum 15 participants**

Of the 27 books of the New Testament, 13 are letters that claim to be written by Paul the Apostle. Further, the Book of Acts devotes significant attention to Paul’s conversion to Christianity after being one of its major opponents, his missionary activities and his theological teachings. This course will focus on the major doctrines that Paul taught and how they are understood and implemented in often very different ways in the various manifestations of Christianity. The course will also compare Paul’s message to the teachings attributed to Jesus in the four canonical Gospels and to the doctrines set forth by other writers of the New Testament.

Specific issues to be addressed will include salvation: what it means and how it is obtained; relations with and the status of Jews who do not accept Paul’s understanding of the Gospel; lawsuits among Christians; marriage, divorce and family relations; homosexuality; the role of women in the church; slavery; the “Lord’s Supper” and how it is to be observed; and the “Second Coming” of Christ and the Resurrection.

**Steven C. Goldman** has taught this course and numerous other courses on alternative understandings of Biblical doctrines at the Osher Lifelong Learning Institute (OLLI) at George Mason University (GMU). He serves as chair of the OLLI-GMU Religious Studies Program Planning Group.

## Social Sciences *continued*

### 741 — Emerging Market Private Equity Investing

Instructor: Colin R. Hart

**Fridays, NOON – 1:30 PM**

**April 4 – May 9**

**Location: FCC**

**6 Sessions**

**Maximum 25, minimum 8 participants**

Interested in learning what “dog catches car” means? This course will explain that and other aspects of private equity investing in emerging markets. Private investment in emerging markets by investment funds has grown steadily over the past 20 years, resulting in job growth, the expansion of free markets, and transfer of basic business practices to developing countries. At the end of 2012 assets under management by private equity firms reached \$3 trillion, a remarkable growth since the start of the asset class in the 1980’s.

This course describes the business, strategies and processes of private equity and examines the impact and benefits of the asset class on the people, companies, and countries in which such investment is occurring, as well as the financial results for the investors themselves. The various private equity strategies, such as leveraged buyouts, venture capital, growth capital and distressed capital will also be explained and discussed. Particular attention will be focused on several countries in Eastern Europe, recipients of large amounts of international private equity following the collapse of communism. The role of international financial institutions will be analyzed, as will the the impact of country-sponsored private equity programs.

*Recommended Reading: Barbarians at the Gate: The Fall of RJR Nabisco, Bryan Burrough and John Healy; Mr. China: A Memoir, Tim Clissold; The New Financial Capitalists: Kohlberg Kravis Roberts and the Creation of Corporate Value, George P. Baker and George David Smith; 2013 Private Equity Fund Outlook, Deloitte Center for Financial Services.*

**Colin Hart** is Vice President of Direct Investments at Freedom Capital, a privately held investment management firm, and Managing Director of Freedom Development, a real estate acquisition and development company. From 2007 to 2010, Mr. Hart was the Managing Director of Vanquest Investments, an emerging markets asset management and investment advisory firm specializing in Eastern European markets, including Bulgaria, Romania and Ukraine. From 2005 to 2006, he served as President and CEO of the largest independently owned French petroleum storage and distribution company, Dyneff SA. Prior to Dyneff, Mr. Hart served as a Principal at Milestone Merchant Partners, head of Milestone’s Romania Office, and Chief Operating Officer of the Romania & Moldova Direct Fund, which acquired, assembled and restructured companies in the construction materials, energy and logistics sectors from 1997 to 2005. From 1994 to 1997, he served as an Associate with The Carlyle Group.

### WANTED: INSTRUCTORS

Have you or anyone you know (or might be related to) ever wanted to teach? We are on the lookout for good instructors who enjoy teaching.



Please contact the Academic Programs Committee co-chairs Lee Nash and Bernie Alter via the Encore Learning office at 703-228-2144 or [info@EncoreLearning.net](mailto:info@EncoreLearning.net) with your suggestions.

We will follow up.

## Social Sciences *continued*

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### 742 — Post-Communist Spaces: Conflicts after the Cold War

**Instructors:** Jacquelyn Greiff, Margarita Tadevosyan

**Mondays, NOON – 1:30 PM**  
**March 3 – April 21**  
**Location: GMU**  
**8 Sessions**  
**Maximum 20, minimum 8 participants**

The end of the cold war and the collapse of the Soviet Union resulted in an increase of ethnic conflicts throughout the former Soviet Union and also in other former communist spaces. While these are generally categorized as post-Soviet or post-communist conflicts, each case is very different. Most are still categorized as either “unresolved” or “frozen” conflicts, with a continuing potential for violent eruption. This course will examine seven case-study examples of such conflicts, including Nagorno-Karabakh, Abkhazia, South Ossetia, Transnistria, Chechnya, Bosnia-Herzegovina and Tajikistan.

**Jacquelyn Greiff** is the executive director of the Center for Peacemaking Practice at George Mason University’s School for Conflict Analysis and Resolution (S-CAR), as well as the co-director of f-r-e-e (friendship-respect-education-engagement), a nongovernmental organization working on community building with youth in Bosnia-Herzegovina. Her professional and academic interests are in post-conflict spaces, including specifically the examination of post-communist areas.

**Margarita Tadevosyan** is S-CAR’s Dean’s Fellow for Practice and a PhD student. Her academic and professional interests are in the area of practical engagement with conflict-affected societies, especially in the South Caucasus. Originally from Armenia, prior to joining S-CAR Ms. Tadevosyan worked for the US Embassy in Armenia in the public diplomacy and political sections. She has extensive experience participating in Track II diplomacy projects, and has authored several articles and op-eds addressing issues of conflict resolution in the Caucasus.

### 743 — What is the Good Life? A Philosophical Inquiry into Ethics

**Instructor:** Irmgard Scherer

**Tuesdays, 10:00 AM – 11:30 AM**  
**March 18 – May 6**  
**Location: GMU**  
**8 Sessions**  
**Maximum 30, minimum 8 participants**

This course will examine questions that thoughtful people have pondered time and time again: Why should we live by moral rules when these rules will curtail our self-interest? Do we have free will or are our lives determined by forces beyond our control? Do we need God to be moral? Are there universal standards of right and wrong, and if so how can we know them? What is ethical relativism?

To answer some of these questions we will consult major figures in the history of ethical theory. Plato and Aristotle present a virtue ethics. Plato is critical of “divine command theory.” J. S. Mill and I. Kant hold out universal moral theories that Nietzsche, other existentialists and ethical relativists critique. W. Salmon, C.A. Campbell and other contemporary authors have grappled with the free will issue from a scientific point of view.

**Irmgard Scherer**, a US citizen born in Germany, is Associate Professor of Philosophy Emerita at Loyola University Maryland, where she taught core courses, honors ethics seminars and elective courses in her area of specialty, Kant and 18th century aesthetic theory, and topics in the history of ideas and science. She has published on Kant and related issues. She has taught popular Encore Learning courses such as Science and Philosophy--Kissing Cousins, Philosophical Aesthetics and others. As part of the Meet the Speakers series she presented a lecture on “Freedom of Choice vs. Scientific Determinism” in October 2009.

# **VOLUNTEER: MEMBERS, WE NEED YOU!**

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Catch the spirit and join the fun: volunteer your talents, your interest and your support. There are opportunities that can fit your schedule and time constraints. Encore Learning prospers when members get involved.

Try something new this year: join a committee! It's a wonderful opportunity to meet people who share your interests, to develop new skills—or to use the skills you spent years developing. The members of our standing committees will welcome you warmly.

- **Academic Programs** — seeks instructors, develops courses
- **Class Aides** — recruits and trains class aides
- **Information Technology** — researches and advises Encore Learning on technology
- **Membership** — welcomes new members and plans social functions
- **Publications** — writes, edits and distributes the course catalog and online newsletter
- **Special Events** — identifies exhibitions, speakers, performances for one-time events

There are other opportunities to volunteer as well: assist in the office, lead a club or serve as a class aide. Encore Learning members make up a great community of people, and your participation will help to make our organization even greater. Contact the Encore Learning office at 703-228-2144 or [info@EncoreLearning.net](mailto:info@EncoreLearning.net).



**ENCORE  
LEARNING**

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# JOIN, RENEW & REGISTER ONLINE

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## DO EVERYTHING ONLINE!

- Go to [www.EncoreLearning.net](http://www.EncoreLearning.net) and follow the steps provided below.
- No password required. Simply type your name to log in. If your name is similar to another member's, you may be asked to enter the last four digits of your phone number to verify your identity.
- Use the secure credit card payment.
- Receive instant confirmation of your transaction.
- Register for classes as soon as registration opens at 10 AM on February 3.
- Control the timing of your transaction, unhampered by staff availability.
- Use any computer with an Internet connection – on vacation, at the library or at home.

## MEMBERSHIP: TO JOIN FOR NEW MEMBERS ONLY

If you have *never* been a member of Encore Learning (or ALRI),

### Join Online:

1. Go to [www.EncoreLearning.net](http://www.EncoreLearning.net).
2. Under **QUICK LINKS**, choose **Join Encore Learning**.
3. Enter required information and click on **Submit**.
4. Enter Visa or MasterCard information and click on **Continue**.
5. Review the transaction. To proceed, click on **I Authorize this Transaction**.
6. Reconfirm the transaction by clicking on **Submit Transaction for Processing**. A pop-up message will confirm your payment.

Your membership material will be mailed to you. You are immediately eligible to register for special events and courses. After you register, a confirmation email will arrive.

### Join by Mail:

1. Use the form on page 33 of this catalog, or download and print the membership form from the Encore Learning website, [www.EncoreLearning.net](http://www.EncoreLearning.net).
2. Complete the form and mail it with your payment information to the Encore Learning address on the form.

## MEMBERSHIP: TO RENEW FOR CURRENT OR PAST MEMBERS

If you are now or have ever been a member of Encore Learning (or ALRI),

1. Go to [www.EncoreLearning.net](http://www.EncoreLearning.net).
2. Under **QUICK LINKS**, choose **Renew Membership**.
3. Choose **Renew Online** or **Renew by Mail**.

### Renew Online:

1. Enter your First Name and Last Name. Click on **Sign In**. Note: If your name is similar to another member's, you may be requested to enter the last four digits of your phone number to verify your identity.
2. Check the **Renew Membership** box and click on **Proceed to Checkout**.
3. Enter your Visa or Mastercard information and click on **Continue**.
4. Click on **I Authorize this Transaction**.
5. Reconfirm the transaction by clicking **Submit Transaction for Processing**.

A pop-up message will confirm your payment. You are immediately eligible to register for special events scheduled through your new expiration date and, if course registration has begun for the semester, to register for courses. A confirmation email will arrive shortly thereafter. This email is your formal notice. Please save or print for your records.

### Renew by Mail:

1. Use the form on page 33 of this catalog, or download and print the membership form from the Encore Learning website.
2. Complete the form and mail with the payment information to the address on the form.



# JOIN, RENEW & REGISTER ONLINE

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## COURSE REGISTRATION ONLY MEMBERS MAY REGISTER

Spring course registration opens at 10 AM (EST) on February 3, 2014:

1. Go to [www.EncoreLearning.net](http://www.EncoreLearning.net).
2. Under **QUICK LINKS**, choose **Register for Courses**.
3. Enter your name and click on **Log In**.
4. Select your desired courses from the drop-down list within the **Register for Courses** box. Cancelled or filled courses do not appear on the drop-down list. You may register yourself for up to five courses, at \$45 per course, in one payment transaction.
5. You may also choose to do any of the following in this transaction:
  - Serve as a class aide in any or all of the classes you have selected.
  - Renew your current or expired membership.
  - Make a tax-deductible donation to Encore Learning.
6. Click on **Proceed to Checkout**.
7. Review your payment and choose either **Edit** to make any changes or **Submit** to continue to the PayPal secure website.
8. Enter Visa or Mastercard information. To proceed, click on **Continue**.
9. Review the transaction. To proceed, click on **I Authorize this Transaction**.
10. Reconfirm the transaction by clicking on **Submit Transaction for Processing**. PayPal charges the account at this time.

A pop-up message will confirm your payment. A confirmation email containing your course schedule and other details will arrive shortly thereafter. This email is your formal notice. Please save or print for your records.

## FREQUENTLY ASKED QUESTIONS:

**Q:** *How do I make my registration day as smooth as possible? I want to get into my favorite class!*

**A:** Take action before February 3. Set up your browser to accept pop-ups from us. Go through the renewal process to get familiar with the screens. Contact staff with any issues days in advance of the registration period. Then register online with confidence at 10 AM sharp on February 3.

**Q:** *I cannot see all the courses I want on the drop-down list. Where are they?*

**A:** Courses don't appear until registration opens at 10 AM on February 3, and when a course reaches its maximum enrollment, it no longer appears on the list of available courses. There are no wait-lists for courses.

**Q:** *Why can't I see whether or not my transaction was successful?*

**A:** To confirm online transactions and to alert you to transaction issues, Encore Learning uses "pop-up" technology. We never post ads on our site. If you block all pop-ups on your browser, you will not see our transaction messages. Check your browser's tools and add [www.EncoreLearning.net](http://www.EncoreLearning.net) as an allowed website or temporarily allow all pop-ups.

**Q:** *I share my computer and I can't seem to switch out of my account. Help!*

**A:** Your computer might be saving data that you enter, making transitions difficult. Try closing your browser before you log in another member.

## MORE QUESTIONS?

Call or email the Encore Learning office:

- **703-228-2144**
- **Info@EncoreLearning.net**

The office is staffed during the academic year Monday through Thursday from 10 AM to 2 PM. Summer hours are posted on the website.

# VOLUNTEER AS A CLASS AIDE

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Do Your Part As a Member!  
**Volunteer to be a Class Aide**

## What do I do?

- Attend the one-hour orientation/training session before classes start
- Review the take-home guide covering all aspects of the job
- Serve as interface between instructors, class attendees and Encore Learning staff
- Take attendance and distribute/collect evaluations
- Pick up photocopied class materials at the office and take them to class
- Set up, with assistance if needed, any audiovisual equipment needed by instructor
- Communicate with the class in the event of schedule changes

## What benefits will I have?

- Get to be an integral part of Encore Learning
- Get free parking while attending the class
- Get to know your classmates and the instructor

## How do I volunteer?

- Choose the “Class Aide” option when registering for a class
- Respond when contacted prior to beginning of semester by a Class Aide coordinator who will provide details on aide training and specific audiovisual needs of the class
- Go to <http://encorelearning.net/aboutus/organization/volunteers-and-instructors>

*Virtually all classes have an aide and a backup – you will not be alone!*

**Questions about Class Aides? Contact Carolyn Gosling or Stephen Hopper at [Info@EncoreLearning.net](mailto:Info@EncoreLearning.net) or call 703-228-2144 and leave a message.**

# ENCORE LEARNING

## Membership and/or Course Registration

(Please use one form per person)  
 Or immediately Join / Renew / Register online at [www.EncoreLearning.net](http://www.EncoreLearning.net)

**NAME** (Please print)

First \_\_\_\_\_ MI \_\_\_\_\_ Last \_\_\_\_\_

Preferred First or Nickname \_\_\_\_\_ Mr. Mrs. Ms. Dr. Other \_\_\_\_\_

Male     Female

(Circle one)

**CONTACT INFORMATION** (Complete only if new member or updating information)

Street \_\_\_\_\_ Apt. \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ - \_\_\_\_\_

Home (\_\_\_\_\_) \_\_\_\_\_ -- \_\_\_\_\_ Cell (\_\_\_\_\_) \_\_\_\_\_ -- \_\_\_\_\_

Email \_\_\_\_\_

**MEMBERSHIP** (Membership fees and donations are tax-deductible)

Annual Fee is \$55 per person (non-refundable): New / Renewal (Circle one)

Additional Donation (optional): \$ \_\_\_\_\_ General / Scholarship (Circle one)

*Check the membership expiration date on your address label.*

**COURSE REGISTRATION** (\$45 per course)

Class Aides receive free parking while assisting their class. See 'The Volunteer Page' for details. If you are interested, place a checkmark ✓ in the Class Aide column.

Course Name (Please use short title shown in Catalog tables)	Course #	Class Aide

**Make your check payable to ENCORE LEARNING and mail to:**

Encore Learning  
 2110 Washington Blvd.  
 Arlington, VA 22204

*Use our website at [www.EncoreLearning.net](http://www.EncoreLearning.net) to pay by Visa or MasterCard.*

**Membership fee** (\$55/yr)                      \$ \_\_\_\_\_

**Course fees** (# of courses x \$45)                      \$ \_\_\_\_\_

**Donation** (Optional)                                      \$ \_\_\_\_\_

**TOTAL check amount:**                                      \$ \_\_\_\_\_

**How did you hear about Encore Learning?** \_\_\_\_\_

# **NOTES:**

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## SPECIAL EVENTS for MEMBERS

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Encore Learning's Special Events provide a variety of activities to complement the course offerings. Some require an admission fee while others are free. Reservations are required except for those events scheduled at Arlington County libraries.

Members with email addresses on file with Encore Learning receive monthly reminders of the upcoming events, but members are encouraged to check the website for the most current listings.

Suggestions from members for future places of interest are always welcomed by the Special Events Committee as the greater Washington area is a treasure trove of opportunities, some of which—such as embassy visits—are otherwise normally private. Contact Special Events co-chairs Kris McLaughlin or Earle Young via the Encore Learning office at 703-228-2144 or [info@EncoreLearning.net](mailto:info@EncoreLearning.net) and we will follow up.

### SPECIAL EVENTS for MEMBERS

- Go to [www.EncoreLearning.net](http://www.EncoreLearning.net).
- Under **QUICK LINKS**, click on **Reserve a Space in a Special Event**.
- Choose your preferred method:

#### 1. Reserve online:

Click on Reserve online, select event, click on Reserve, enter your name, and click on Make a Reservation. Unless your pop-up blocker is activated, a pop-up notice will appear indicating whether you are registered or on the waiting list.

#### 2. Reserve by email:

Email your Special Event choice to [info@EncoreLearning.net](mailto:info@EncoreLearning.net). Put "Special Event Reservation" in the subject line. Put your full name and the event requested in the body of the email. Encore Learning staff or a volunteer will process the request and confirm your status during office hours. Reserving your place for a special event is simple and easy.

#### 3. Reserve by phone call:

Call the Encore Learning office at 703-228-2144 and leave a message including your full name, phone number and your event choice. Encore Learning staff or a volunteer will process the request and confirm your status during office hours.

Special events are popular, and those on the waiting list will appreciate your cancelling your reservation if you are unable to attend an event.

Events held at Arlington libraries require no registration and are open to the public. They are a good way to introduce your friends to Encore Learning and the caliber of its offerings. Events requiring reservations are for members only and require membership active through the event date. Your most recent catalog address label includes your membership expiration date.

Remember to check [www.EncoreLearning.net](http://www.EncoreLearning.net) for Special Events information!

# CLUBS at ENCORE LEARNING

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Encore Learning's special interest clubs are busy organizing activities for their members. Join Encore Learning and add club activities to your calendar at no extra cost. If you're interested in movies, you can meet monthly with others to see a film and chat about it over coffee afterwards. If you enjoy a friendly bridge game, join the Bridge Club. Share your ideas on timely topics with the Current Issues Discussion Club. Discuss nonfiction literature selections with the Nonfiction Book Club. Or explore your international interests through the Ethnic Lunch Club or Travel Club. Check our newest clubs too!

To learn more about a particular club or to join or form a new club, contact staff at: info@EncoreLearning.net or 703-228-2144. Note which club(s) you are interested in and your contact information. The appropriate club coordinator will contact you directly.

## **BREAKFAST CLUB**

Are you a morning person? If so, join the weekly Breakfast Club for conversation and social networking with other Encore Learning members. We meet Wednesday mornings from 8 to 9 AM at La Madeleine, a low-key, Parisian style breakfast and coffee place in Baileys Crossroads near the intersection of Columbia Pike and Leesburg Pike (Rte 7). Club coordinator is Karen Cavanaugh.

## **BRIDGE CLUB**

The Bridge Club meets once a month on an irregular schedule at the homes of club members to play bridge. Either a meal or a snack is served, with each player paying the host \$5 to offset the cost of food and drink. The coordinator describes the sessions as "very social and probably not ideal for someone who wants to play very serious bridge." Club coordinator is Sharon Bisdee.

## **CINEMA CLUB**

If current cinema is your passion, join the Cinema Club, which meets monthly to see a movie. Dates are chosen as much as possible to accommodate participants' schedules. Club coordinators are Leanne Peters and Janice Yeadon.

## **CURRENT ISSUES DISCUSSION GROUP**

The Current Issues Discussion Group meets the third Tuesday of every month at 1:30 PM at the Lubber Run Community Center. The acting club coordinator is George Pick.

## **ETHNIC LUNCH CLUB**

The Ethnic Lunch Club, a group of "foreign foodies," meets usually on the last Thursday of the month to explore and enjoy the area's great ethnic food. Club coordinator is Arlene Kigin.

## **MINDFUL AWARENESS SOCIETY**

Encore Learning's newest club is for people who want to be more aware of the ongoing experiencing of their life as it is being lived. The group practices techniques to free the mind from daydreaming, dwelling in memories and repetitive thinking. The group meets weekly from noon to 1 PM on Wednesdays at the Arlington Central Library (ask the library's Reference Desk about room location). Club coordinators are Bruce Britton and Dwight Rodgers.

## **NONFICTION BOOK CLUB**

Starting from January, meetings are held from 1:30 to 3 PM on the second Monday of every other month in the meeting room at Arlington Central Library (1015 N. Quincy Street). Club coordinators are Pat Chatten and Carter Vaden.

## **TRAVEL CLUB**

The Travel Club meets the first Wednesday of each month at 2:30 PM at the Langston Senior Center to enjoy presentations on various parts of the world and share information on trips taken or planned. All Encore Learning members are welcome. Club coordinator is Sharon Schoumacher.

# TRANSPORTATION

ALL CLASSROOM BUILDING SITES ARE IN ARLINGTON	PARKING		PUBLIC TRANSPORTATION
	Public Garage or Lot	Street Parking (restricted parking zones listed)	
<b>FCC</b> Fairlington Community Center 3308 S. Stafford Street	Free lot adjacent	Free and Zone 11	Metrobus
<b>GMU</b> George Mason University—VA Sq 3351 N. Fairfax Drive	Pay garage at GMU Founders Hall - entrance on N. Kirkwood Rd.	Metered	Metrorail and Metrobus
<b>MU</b> Marymount University—Ballston 1000 N. Glebe Road	Ballston Mall Parking Garage	Metered parking south of building on Glebe Rd	Metrorail and Metrobus
<b>SEC</b> Syphax Education Center 2110 Washington Boulevard	Free garage adjacent	Metered	ARTbus and Metrobus
<b>WETA</b> Public Television and Radio 2775 S. Quincy Street	Free garage adjacent	Metered	ARTbus and Metrobus

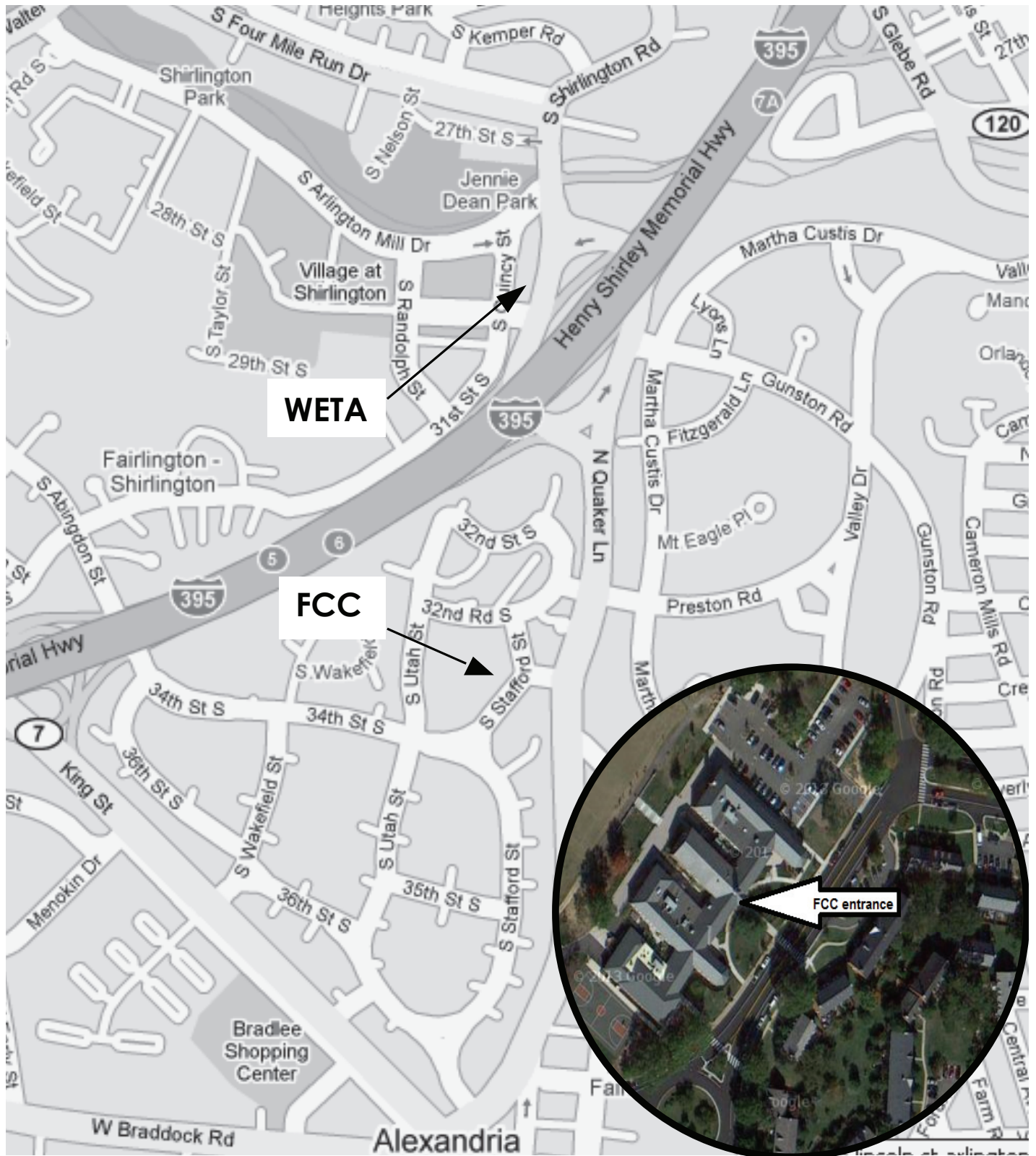
**Suggestions:**

- Try using [www.maps.google.com](http://www.maps.google.com) to get directions to class. You can select your mode of transportation (walking, public transit or by car) and Google will provide a map, detailed directions, the distance in miles, and the transit time.
- Use [www.wmata.com](http://www.wmata.com) for public transit information, directions, timetables, etc. for Metrorail, Metrobus and ARTbus. A Trip Planner tool is on their home page.
- Use [www.ParkArlington.com](http://www.ParkArlington.com) for metered parking information and maps.
- Use [www.capitalbikeshare.com](http://www.capitalbikeshare.com) to locate short term bike rental stations in the metro area. Capital Bikeshare has locations at GMU and near MU and WETA.

**Note:**

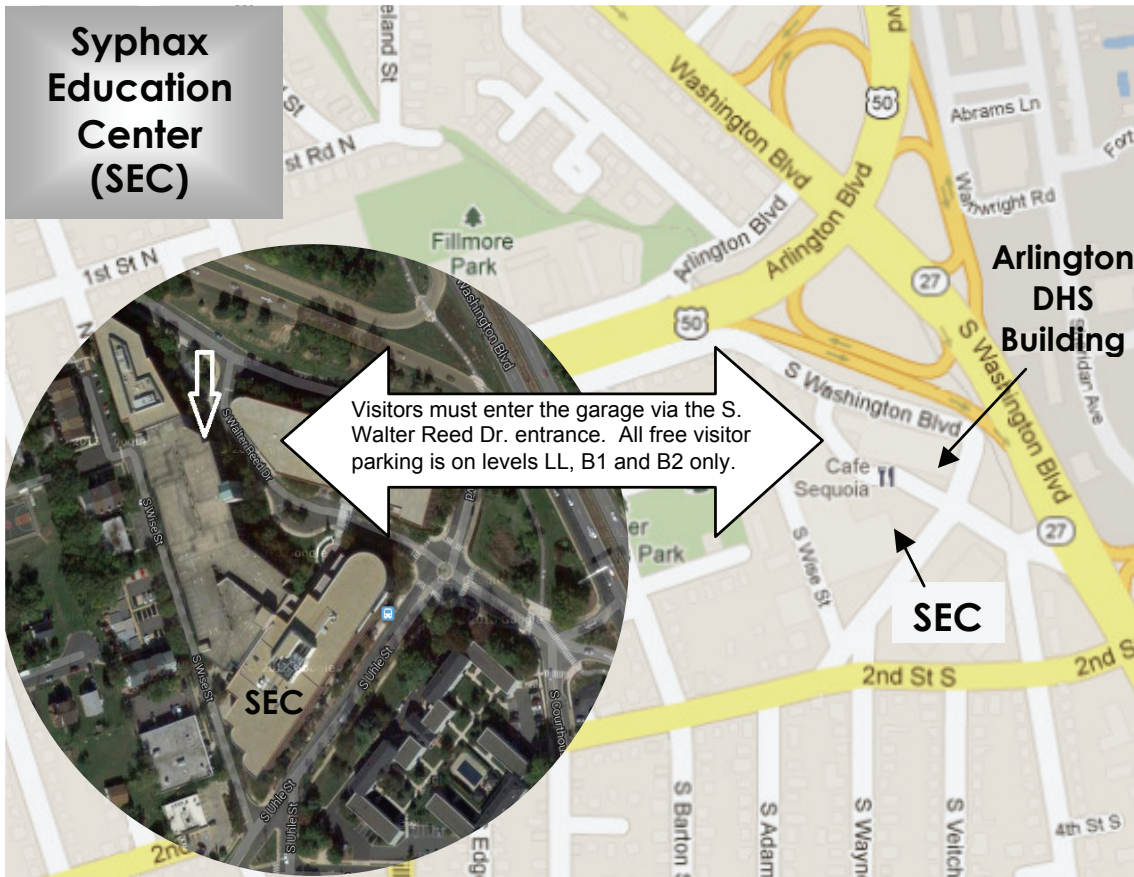
Arlington residents 55+ who are registered with the Arlington County Office of Senior Adult Programs may take a taxi ride to the Fairlington Community Center from their homes for \$2.50 each way; call 703-228-4744 for applications and further information. Arlington residents 70+ may purchase \$20 books of taxi coupons for \$10; call 703-228-1700 for details.

# MAPS: FCC, WETA





# MAPS: MU, SEC



# MAPS: GMU



# NOTES:

# COURSES by CALENDAR VIEW

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MORNING</b>			9:30–11:30 / GMU <b>135 Gilbert and Sullivan</b> <i>Stepanchuk</i> 3/5–4/2		9:30–11:30 / GMU <b>348 Pompeii, Vesuvius ...</b> <i>Wukitsch</i> 3/7–5/9
	10:00–11:30 / GMU <b>146 Behind the Footlights</b> <i>various instructors</i> 3/24–4/14	10:00–11:30 / GMU <b>144 Masterpieces of Music</b> <i>Wood</i> 4/22–5/13	10:00–11:30 / FCC <b>740 The Gospel</b> <i>Goldman</i> 3/5–4/23	10:00–11:30 / FCC <b>202 Estate Planning</b> <i>Parks/Patton</i> 3/20–4/10	10:00–11:30 / GMU <b>231 Mindful and Aware</b> <i>Rodgers</i> 3/14–4/25
	10:00–11:30 / GMU <b>448 Chinese Philosophy</b> <i>various instructors</i> 3/3–3/31	10:00–11:30 / GMU <b>219 Medicine Marches On</b> <i>Connally</i> 3/4–4/22	10:00–NOON / WETA <b>515 Writing About Life</b> <i>Bottum</i> 3/19–4/23	10:00–11:30 / GMU <b>412 Global Hot Spots</b> <i>various instructors</i> 3/13–5/8	10:00–11:30 / MU <b>620 Climate Change</b> <i>Morgan</i> 3/14–5/2
	10:00–11:30 / GMU <b>537 Sonnets</b> <i>Burgess</i> 3/3–4/21	10:00–11:30 / GMU <b>743 Philosophy</b> <i>Scherer</i> 3/18–5/6		10:00–11:30 / GMU <b>321 Middle Ages</b> <i>McIntyre</i> 3/6–4/10	
<b>AFTERNOON</b>	NOON–1:30 / GMU <b>228 User's Guide, Brain</b> <i>Beckerman</i> 3/3–4/7	NOON–1:30 / GMU <b>147 18th Century Art</b> <i>Schnorrenberg</i> 3/4–4/22	NOON–1:30 / GMU <b>350 Arguing About Slavery</b> <i>Royer</i> 4/9–5/7	NOON–1:30 / GMU <b>349 Foreign Policy</b> <i>Rhodes</i> 3/20–4/24	NOON–1:30 / FCC <b>741 Emerging Markets</b> <i>Hart</i> 4/4–5/9
	NOON–1:30 / GMU <b>742 Post Communist</b> <i>Greiff/Tadevosyan</i> 3/3–4/21	NOON–1:30 / GMU <b>447 Pakistanis</b> <i>various instructors</i> 3/4–4/8	NOON–1:30 / GMU <b>441 Mass Media &amp; Politics</b> <i>Stanford</i> 3/5–4/2	2:00–3:30 / SEC <b>347 Petersburg to ...</b> <i>Stone</i> 3/6–5/1	2:00–3:30 / SEC <b>327 Geopolitics, Mid-East</b> <i>Rudgers</i> 4/4–5/9
	2:00–3:30 / FCC <b>531 Irish Poetic ...</b> <i>Owens</i> 3/3–3/31	2:00–3:30 / SEC <b>449 Global Econ. Issues</b> <i>Phlipot</i> 3/11–5/13	NOON–1:30 / GMU <b>714 Contemporary Islam</b> <i>Farsakh</i> 4/9–5/21	2:00–3:30 / GMU <b>402 The Bill of Rights</b> <i>Weinberg</i> 3/6–4/3	2:00–3:30 / GMU <b>522 Separated at Birth</b> <i>Alter</i> 3/28–5/2
			2:00–3:30 / SEC <b>450 Why Congress ...</b> <i>Heymsfeld</i> 4/9–4/30	2:00–3:30 / GMU <b>739 America, Christian?</b> <i>Ruth</i> 3/13–4/3	
				3:00–4:30 / Off-Site <b>305 Arlington History</b> <i>VanNewKirk</i> 4/3–5/22	

**Encore Learning**  
**2110 Washington Blvd.**  
**Arlington, VA 22204**

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**REGISTRATION BEGINS FEB. 3<sup>RD</sup>!**

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