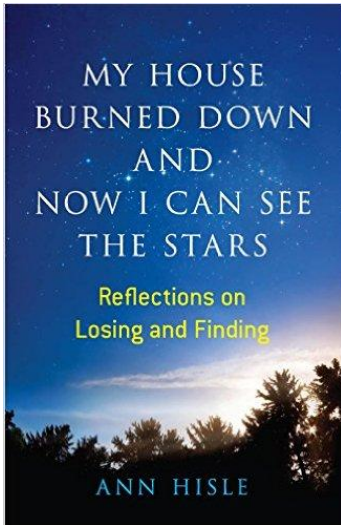


# ARLINGTON PUBLIC LIBRARY & ENCORE LEARNING

~~~~~SPECIAL EVENT~~~~~

## Meet the Author Series



**Ann Hisle will speak on**

### **Learning to See the Stars:**

**Reflections on Losing and Finding**

**Date: Monday, April 11, 2016**

**Time: 3:00 pm to 4:30 pm**

**Place: Arlington Central Library**

Ann Hisle, a practicing psychotherapist, will share poems, quotes, and stories from her book, *My House Burned Down and Now I Can See the Stars: Reflections on Losing and Finding*. She will speak on several practices that can strengthen and prepare us to navigate through the inevitable losses of daily living to gain new awareness and "findings."

Ms. Ann Hisle is a licensed Social Worker and is an active volunteer and mentor at the N Street Shelter in D.C. She facilitates workshops on various life-enhancing practices such as "Creating Balance--Caring for our Mind, Body, and Spiritual Needs" and "How to Reclaim our Lives after a Loss."

**Notes:** Ms. Hisle's book, *My House Burned Down and Now I can See the Stars: Reflections on Losing and Finding*, can be purchased on Amazon.com. She will also have copies available for purchase at the event. She will be happy to sign her book.

**Registration:** No registration required. This event is free and all are welcome

**Directions:** The Arlington Central Library is located at 1015 N. Quincy Street between Washington Boulevard and Fairfax Drive. Parking is free at the Library or take Metro to Virginia Square on the Orange line.

*This program is jointly sponsored by Encore Learning and the Arlington Public Library. For details, call the library at 703-228-5996 or call Encore Learning at 703-228-2144. See [www.encorelearning.net](http://www.encorelearning.net) for more information on special events, clubs and academic courses for those over 50.*

