

# ARLINGTON PUBLIC LIBRARY & ENCORE LEARNING

~~~~~SPECIAL EVENT~~~~~

## Meet the Author Series

## Celebrate Black History Month

## Carolyn Quick (C.Q.) Tillery will speak on Value of Survival Food during Times of Transition



**Date: Monday, February 6, 2017**

**Time: 3:00 pm to 4:30 pm**

**Place: Arlington Central Library**

Author Carolyn Quick (C.Q.) Tillery lives in Arlington and is an award-winning food history cookbook author. In her African American History cookbook series, she writes extensively about survival foods, their introduction to the American culture, and their importance during times of change and transition.

Ms. Tillery married two of her passions - history and food - to create a "pick up and go" career for herself. An NAACP Image Literary Award finalist, her writing credits include: *The Military Wives' Cookbook* (2008); *Southern Homecoming Traditions* (2006); *Celebrating Our Equality* (2003); *A Taste of Freedom* (2002); *At Freedom's Table* (2001); the *African American Heritage Cookbook*, (1996). She serves on the Arlington County Democratic Committee kitchen crew.

Ms. Tillery received a Bachelor of Arts Degree from the Tuskegee Institute (now University) and served as a commissioned officer in the United States Air Force. She received her Juris Doctorate from the University of Denver. And she loves to cook and share fascinating stories. She will bring a different perspective to Black History Month 2017.

**Notes:** You can purchase her books online at

[https://www.google.com/?gws\\_rd=ssl#q=carolyn+quick+tillery+books](https://www.google.com/?gws_rd=ssl#q=carolyn+quick+tillery+books), and she will sign books that you bring to the library.

**Registration:** No registration required. This event is free and all are welcome

**Directions:** The Arlington Central Library is located at 1015 N. Quincy Street between Washington Boulevard and Fairfax Drive. Parking is free at the Library or take Metro to Virginia Square on the Orange line.

*This program is jointly sponsored by Encore Learning and the Arlington Public Library. For details, call the library at 703-228-5996 or call Encore Learning at 703-228-2144. See [www.encorelearning.net](http://www.encorelearning.net) for more information on special events, clubs and academic courses for those over 50.*

