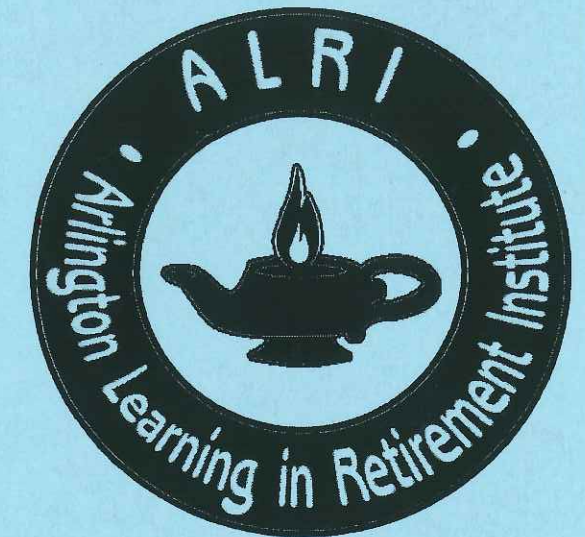


Arlington Learning in Retirement Institute
2810 Clarendon Blvd., Suite 306
Arlington, VA 22201



POSTAL CUSTOMER



Connecting....
People, Community,
and Knowledge

**Arlington Learning in Retirement Institute
Course Catalog
Spring Term 2004: March 1 - May 27**

<http://arlingtonlri.gmu.edu>

Arlington Learning in Retirement Institute (ALRI)

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ALRI

**Connecting . . .
People, Community,
and Knowledge**

Arlington Learning in Retirement Institute

2801 Clarendon Boulevard, Suite 306
Arlington, Virginia 22201
Phone: (703) 228-2144
Email: ALRI@gmu.edu

Website: <http://arlingtonlri.gmu.edu> (do not use www)

Affiliated with
George Mason University
Arlington Public Schools' Career, Technical and Adult Education Program
Elderhostel Institute Network

Dear ALRI member: on reviewing the completed catalog we have found errors in class times and days that you need to be aware of as you register for courses. The corrections are as follows:

- Course # 302 Ancient Rome. Thomas K. Wukitsch. Class time should be 1:00 PM to 3:00 PM.
- Course # 304 Survey of Jewish History. Dr. Michael Leavitt. Add April 20 to fill out the nine session total. There will be no class on May 25.
- Course # 305 Arlington History. W. Karl VanNewkirk. The class time should be 3:00 PM to 4:30 PM.
- Course # 402. The Bill of Rights: Its History, Current Interpretations, and Future. Robert Weinberg. The starting date will be April 1 rather than March 25, and there will be five lectures rather than six.
- Course # 411 International Relations: *Tour d'Horizon*. The time of the March 22 lecture by David Reuther has been changed to 4:30 PM to 6:30PM.
- Course #411 International Relations: *Tour d'Horizon*. An additional lecture has been added on April 12, 3:00 PM to 4:30 PM: Sudan: A Book in Progress. The lecture by freelance writer Virginia Butler will discuss her experience in the Sudan preparing her book of photographs of Sudan and its people.
- Course # 605. National Science Foundation Science Series. Andrea Stith's lecture on April 15 will also include a discussion of the policy aspects of the public funding of research.
- Course #708: Economic Development and Social Change. Session 5 will be presented by The Nature Conservancy. It will be led by Daniel Quinn of the Nature Conservancy's Marketing and Philanthropy Department and former director of its Resources Department of the Peru and Bolivia Programs.

We are sorry for any inconvenience these corrections may have caused you.

Alphabetical List of Courses

Course	Crs#	Dates	Hour
Ancient Egypt	306	Mar 1 May 3	1:00
Ancient Rome Surv.	302	Mar 2 May 4	1:00
Arlington History	305	Apr 15 May 27	10:00
Art in Shakespeare	506	Mar 17 May 12	1:30
Bible as Literature	507	Mar 3 May 5	9:30
Bill of Rights	402	Mar 25 Apr 29	1:00
Capital Punishment	408	Mar 8 Apr 12	1:00
Civil War Generals	309	Apr 13 May 4	11:00
Contemp. Ireland	403	Apr 7 Apr 28	11:00
Econ Dev & Social	708	Mar 18 Apr 29	10:00
Effect. Grandparent	709	Mar 11 Apr 15	9:00
Environment 2004	606	Mar 2 Apr 6	10:30
Estate Plan/AHCD	202	Mar 3 Mar 31	11:00
History of Medicine	205	Mar 16 May 4	9:00
Int'l Rel-Post-WWII	307	Apr 7 May 12	9:00
Int'l Rel-Tour d'Horiz	411	Mar 1 Apr 12	3:00

Course	Crs#	Dates	Hour
Int'l Women's Health	206	Mar 11 Apr 15	11:00
Latino Immigrant	710	Mar 25 Apr 15	10:30
Modern Eating Habit	707	Apr 21 May 12	11:00
NSF Science Series	605	Apr 1 Apr 29	3:30
Opera for Fun	102	Mar 9 Apr 13	1:00
Our Living Planet	602	Apr 21 May 26	2:30
Painters and the Art	104	Mar 11 May 20	1:30
Perspect- World Hist	310	Mar 8 Mar 29	1:00
Poetry Robert Frost	510	Mar 2 Apr 6	11:00
Politics of Hunger	412	Mar 4 Apr 22	1:00
Surv. Jewish History	304	Mar 2 May 25	11:00
Terrorism	406	Mar 2 Apr 13	11:00
The Crusades	308	Apr 30 May 21	3:00
Time-Space-Gender	508	Apr 14 May 19	9:00
Utopias	509	Apr 14 May 19	11:00
World Theater	105	Mar 3 May 5	9:30

Courses by Number

Crs#	Course	Instructor
102	Opera for Fun	Niles
104	Painters and the Art	Schnorrenberg
105	World Theater	Theater-Dept
202	Estate Plan/AHCD	Parks
205	History of Medicine	Connally
206	Int'l Women's	Gelbard
302	Ancient Rome Surv.	Wukitsch
304	Surv. Jewish History	Leavitt
305	Arlington History	VanNewkirk
306	Ancient Egypt	Wilson
307	Int'l Rel-Post-WWII	Hansen
308	The Crusades	Cruz
309	Civil War Generals	Civil-War-Experts
310	Perspect- World	Stearns
402	Bill of Rights	Weinberg
403	Contemp. Ireland	Dinan

Crs#	Course	Instructor
406	Terrorism	Potomac-Institute
408	Capital Punishment	Blackburn
411	Int'l Rel-Tour	Diplomats
412	Politics of Hunger	McLaughlin
506	Art in Shakespeare	Dunlap
507	Bible as Literature	Nathan
508	Time-Space-Gende	Weigert
509	Utopias	Kallen
510	Poetry Robert Frost	Francis
602	Our Living Planet	Ogle
605	NSF Science Series	NSF-staff
606	Environment 2004	Stern
707	Modern Eating	Schnorrenberg
708	Econ Dev & Social	Goodman
709	Effect. Grandparent	Gell
710	Latino Immigrant	Cruz-Villalba

ALRI Course Catalog Spring Term 2004

Table of Contents

Inside Front Cover	Board of Directors
2	Alphabetical List of Courses and Courses by Number
4	General Information
7	Spring Term Courses
7-10	Fine Arts/Theater/Music
10-11	Health and Wellness
12-16	History
21-25	Law/Politics/Political Affairs
25-27	Literature
28-30	Science and Technology
30-31	Social Sciences
18	Membership Application Form (Tear Out for Use)
19	Registration Form (Tear Out for Use)
20	Registration Tips and Classroom Aides
32	Special Events
33	Privacy Policy
35	Courses by Start Date
36	Courses by Calendar View
Inside Back Cover	ALRI Maps - Sites for Spring 2004

General Information

WHAT IS ALRI?

The Arlington Learning in Retirement Institute (ALRI) is a non-profit volunteer organization offering a wide variety of college-level, non-credit courses, lectures, special events, and activities to help meet the continuing educational and social needs of any interested person over fifty years of age. ALRI is governed, supported, and financed by its members.

Retired or working professionals drawn from government, academia, think tanks, and private industry act as volunteer instructors. Members participate fully in class discussions, enjoying a free exchange of information, the challenge and excitement of new ideas, and the opportunity to develop new friendships with no tests, papers, or grades.

BENEFITS OF ALRI MEMBERSHIP

- A wide variety of stimulating classes at convenient Arlington locations
- The occasion to meet and socialize with new people having similar interests
- A quarterly newsletter
- The opportunity to form and participate in clubs
- The special events such as day tours, lectures, and concerts
- The chance to share expertise in a wide range of ALRI volunteer activities

GEORGE MASON UNIVERSITY PRIVILEGES

All ALRI members are entitled to a George Mason University ID card which allows them to check out books at the University Library, purchase items at the GMU computer and book stores, and enjoy other campus privileges *except* parking on campus. A GMU internet and email account is also available. Renewals and new members will receive instructions regarding the ID card and email account. The ALRI website also has this information.

MEMBERSHIP INVOLVEMENT

Because ALRI is an open, all-volunteer organization, involvement of members is essential. Members participate in the Institute's management on committees and by planning activities, attending special events or lectures, teaching courses, and interacting with other members in the classroom. Members can take advantage of one or many volunteer opportunities.

ALRI MEETINGS AND SPECIAL EVENTS

OPEN HOUSE

ALRI holds an open house each spring and fall before course registration offering an opportunity to hear many of the instructors describe their course material. The Spring 2004 Open House will be held at GMU's Arlington Campus, Room 329 from 9:30 am to 12:00 pm on Friday, February 6, 2004.

ANNUAL MEMBERSHIP MEETING

ALRI Conducts an annual membership meeting in June to elect Board members and discuss future course events.

SPECIAL EVENTS

Special events for members scheduled throughout the year include day tours, speakers, concerts, and other activities. Advance announcements allow members to coordinate their schedules. See *Special Events* section.

CURRICULUM AND LOCATION

ALRI offers courses in the wide range of categories shown in this catalog in the spring and fall. Classes are scheduled Monday through Friday, 9 AM to 5 PM. Classes meet once each week, usually for one-and-a-half to two hours. Instructors teach most courses in 4 to 10 sessions. Several courses consist of a series of lectures by experts. Class sizes generally range from 6 to 25 with instructors making the final decisions about individual class sizes.

Many of the classes are held at the Arlington Public Schools' Clarendon Education Center (CEC), located at 2801 Clarendon Boulevard (near the Clarendon Metro station). Other locations include Marymount University's Ballston Campus, The Madison Recreation Center, and George Mason University's Virginia Square Campus. Course descriptions identify the location; local maps appear at the back of this catalog. If a course location is not noted in the catalog, it will be available before the course begins. Unforeseen course location changes will also be announced in advance.

INCLEMENT WEATHER POLICY

In the event of inclement weather; emergencies; and other conditions such as power outages, excessive heat, or a local or national emergency, ALRI classes will be delayed or cancelled based on the Arlington County Schools' announced decision for the day. In the event of a delayed opening, ALRI classes scheduled to begin after the delay ends will be held as scheduled. This policy applies to all ALRI courses, regardless of location.

To learn the most up-to-date information:

- Listen to the radio or watch television
- View Arlington Cable, Channel 70
- Go to www.arlington.k12.va.us

MEMBERSHIP AND REGISTRATION

ALRI membership is \$45 per year beginning the first month in which the dues are paid. It is non-refundable. All memberships are individual. Each family member must join separately.

Only ALRI members may register for a course. The fee for each course (in addition to the annual membership) is \$35.

Membership application and course registration forms appear in this catalog. These forms may be duplicated for additional copies. The forms are also available for downloading on the ALRI website at <http://arlingtonlri.gmu.edu>.

With the forms, submit one payment for membership (check or credit card) and a *separate* pay-

ment for course registration (one to four courses). The Course registration form and payment may be submitted with or *after* the membership form and payment.

ANNUAL MEMBERSHIP FEE IS \$45
FEE FOR EACH COURSE IS \$35

Both the membership applications and the course registrations forms, accompanied by separate checks or credit card information, should be mailed or delivered to:

ADULT EDUCATION/ALRI
2801 Clarendon Boulevard, Suite 306
Arlington, VA 22201

REGISTRATION PROCEDURES

All course registrations received by Friday, February 13, 2004, will be considered to have arrived simultaneously in the *initial registration period*. They will be processed in random order immediately following that date until the seats available for the respective courses are filled.

Applications arriving after the *initial registration period* requesting courses that have not been filled will be processed in the order received. ALRI will continue to process registrations for available courses until the first day of each course.

See *Registration Tips* on the back of the registration form for additional information.

NOTIFICATION AND REFUNDS

Initial results of registration will be mailed to members starting on or about February 16th, beginning with the courses having the earliest starting dates. Members may receive a full refund for any course upon request (mail or email, or by phone with immediate mail or email follow-up) received at least FIVE working days before the course begins -- or for unusual circumstances.

DISCRIMINATION, COMMUNICATION AND PRIVACY POLICIES

Arlington Learning in Retirement Institute does not unlawfully discriminate on the basis of age, sex, race, color, religion, disabilities, or national origin in employment or in its educational programs or activities.

The internet and email have become exceedingly important communication tools for organizations with limited resources such as ALRI. Both of these channels also raise privacy issues, and the ALRI Privacy Policy appears in a section of this catalog as well as on the ALRI internet website.

The website (<http://arlingtonlri.gmu.edu>) is an excellent resource to learn the latest about ALRI. ALRI's email (ALRI@gmu.edu) or telephone (703-228-2144) also provide avenues to communicate with the organization. A volunteer will respond to any message as soon as possible after the receipt.

Because email addresses and phone numbers are such important tools for reaching the membership, ALRI requests that members provide both of these, if available. Email is a particularly valuable tool for group communication regarding changes, events, etc. Telephone numbers are needed for emergency purposes and to announce last minute changes.

The membership application form requests current email and telephone information. Recognizing that there are privacy issues, please indicate whether you consent to have either or both of these shared with the general membership should an ALRI directory be printed. If you do not consent, the information will be used only to communicate with you on official ALRI business.

If either your email address or your phone number changes after you join ALRI, please inform us.



**Remember to
check our
Special Events
Section!**

Spring Term Courses



Fine Arts / Theater / Music

Productions. He graduated from Carnegie Mellon University and did graduate work at the Conservatory of Music of the University of Cincinnati. He has conducted at the Prague Eurofest, the Virginia Opera, and the PG Opera. He also worked with European/American Productions of Hannover 1987-1998.

102 Opera for Fun and Profit

Instructor: *John Edward Niles*

- Tuesdays, 1:00–2:30
- March 9–April 13
- Clarendon Education Center
- 6 sessions

This course will survey the history of opera from early beginnings in the church and its secular environment to contemporary 20th-century opera. Each session will include musical examples from outstanding operas of the period. Class size is limited to 35.

The sessions are:

1. *Pre-opera*. Church and secular 1601–1750 for the beginnings of opera from the Bardi Camarata and Monteverdi, through the Court of Louis XIV, to Haydn during the Esterhazy period.
2. *1750–1800*. Mozart and DaPonte in the Age of Enlightenment.
3. *1800–1850*. Beethoven, Weber, the German Romantics, Berlioz, and early Verdi.
4. *1850–1900*. Wagner and Verdi and the beginnings of Post-Romanticism.
5. *1900–1930*. Early 20th century: Strauss, Korngold, Schreker, and other late Post-Romantics.
6. *1930–2000*. Contemporary Opera and the Future: Schoenberg/Berg and the 'wrong note' school of opera; late 20th-century Romanticism.

John Edward Niles is Artistic Director and Conductor of the Opera Theatre of Northern Virginia and Musical Director of Colva

104 Painters and the Art of Painting: A Selective History in the West from Ancient Greece to the Present

Instructor: *John M. Schnorrenberg*

- Thursdays, 1:30–3:00
- March 11 – May 20
- Clarendon Education Center
- 10 sessions (No class April 8)

This course will illuminate the progression of western painting through examination of selected paintings and painters since ancient Greece.

Emphasis will be placed on:

- Greek vase painters, such as Exekias, Euthymides, Euphronios;
- Roman painters of the Villa of the Mysteries and the House of the Vettii at Pompeii, and of the Villa of Publius Fannius Synistor at Boscoreale;
- the Lindisfarne Gospels (Eadfrith?), the St Sever Apocalypse (Stephanus Garsia), the Psalter of Robert de Lisle, the Très Riches Heures of Jean, Duc de Berry (the Limbourg Brothers);
- Giotto, Duccio, Botticelli;
- Raphael, Dürer;
- Bruegel, El Greco;
- Rubens, Rembrandt;
- Watteau, Gainsborough;
- Delacroix, Ingres, Monet;
- Cézanne, Picasso;
- Pollock, Rothko, select recent painters.

John Schnorrenberg is Professor Emeritus and, for 14 years, was Chair of the Department of Art at the University of Alabama at Birmingham. He graduated from the University of North Carolina at Chapel Hill, where he also taught from 1959 to 1973, and earned his doctorate in art and archaeology from Princeton. In recent years, he has taught courses in subjects ranging from ancient and medieval art to twentieth-century architecture. He has authored three books since 1996 and has lectured widely on architecture in Alabama. He has taught two previous ALRI courses.

105 World Theater

Instructors: George Mason University Faculty

- Wednesdays, 9:30—11:00
- March 3 - May 5 (no class March 17)
- George Mason University, Arlington campus
- 9 sessions

Drawing from their wide theatrical and deep academic experience, several GMU professors present their analysis of pioneering plays and stage techniques that have shaped the world of theatre through the ages.

The Play, in Nine Acts:

Mar 3. Faces of Tragedy: From Theatrical Mask to Cinematic Close-Up (*Martin M. Winkler*)

This lecture discusses classical Greek performance practice with masks and compares it to the modern technique of the close-up on a face in the cinema. Despite differences in time, acting styles, and media, ancient and modern audiences' emotional responses are surprisingly similar.

Mar 10. Commedia Dell' Arte (*Ken Elston*)

Italy's Commedia Dell' Arte was a radical transformation in theatre arts during the Renaissance. From 1550 to 1650, the improvisational form cemented changes in characterization and acting, dramatic criticism, theatre architecture, and scenic design. We will examine the development of Commedia, the stock characters that developed, and the lasting impact on theatre and other forms of entertainment. We will look at the physical manifestations of the form, and, in practical application, we will try out the playing of the art itself.

Mar 24. On Shakespeare: His Life, Times, and Language (*Ed Gero*)

Shakespeare is considered the most influential writer for the stage in English. Although we have little documentation of his life, his treasure of plays remain. This lecture will explore some history of the Elizabethan stage; architecture, writers, and the so-called authorship question, and pay particular attention to Shakespeare's technique of embedding directorial clues in text for the use of the discerning actor.

Mar 31. Ibsen and the Birth of Modern Drama (*Rick Davis*)

Henrik Ibsen helped change the face of world drama in the late nineteenth century with his unique combination of penetrating social insight, rigorous dramatic craft, and willingness to question traditions both dramaturgical and societal. Best known for his later prose plays such as *A Doll's House* and *Hedda Gabler*, Ibsen considered himself first and foremost a poet, and sought to bring a poetic vision even to his supposedly realistic drama. This session will place Ibsen in historical context and show how his poetic and philosophical interests shaped his writing, creating a body of work that stands as one of the most significant in all of drama.

Apr 7. Character and Action in Chekhov's Plays (*Kristin Johnsen-Neshati*)

Celebrated for his masterful character portraits in drama and fiction, Anton Chekhov employed his skills as a doctor, social activist, and writer to examine Russian views on class, ambition, and love at the end of the nineteenth century. This session will focus on the play *Uncle Vanya* as the source of some of Chekhov's most memorable scenes. Through reading and discussion, the class will explore Chekhovian technique and identify the playwright's innovative approaches to character, play structure, and style.

Apr 14. World Stages: Beyond Realism and Europe (*Kristin Johnsen-Neshati*)

Theater history is mostly discussed in terms of the European/American canon, ranging from the Greeks to the present, and usually tracking the progress of verisimilitude, or the theatrical appearance of truth, along this continuum. As one

might expect, rich theatrical traditions have flourished throughout the rest of the world alongside their western counterparts, drawing inspiration from similar sources but governed by different aesthetics. This session will use video clips to introduce a sampling of three theatrical traditions, including Beijing Opera, the egungen masquerade of Nigeria, and the Indian dance-drama known as kathakali. Students will be assigned *The Story of the Chalk Circle* by Li Xingdao.

Apr 21. History of Puppetry (*Lynnie Raybuck*)

Puppetry is an art form existing all over the world whose roots are in the shamanistic cultures of prehistory. In many countries, puppetry is an integral part of ritualized worship, education, or transition. Our understanding of puppetry in the United States is often limited to children's theatre, but there is a wealth of adult performance available. This class explores through visuals and lecture the scope of contemporary puppetry and some of its historical antecedents.

Apr 28. Brecht as Artist-Revolutionary (*Kristin Johnsen-Neshati*)

Brecht's influence on twentieth-century European and American experimental theater was unparalleled, and yet is easily misunderstood. As a playwright, poet, director, and theorist, he renounced his bourgeois past and reinvented himself as a leader of the Marxist avant-garde. Brecht's plays and theory shaped the work of generations of artists who discovered the possibility for revolution in Brecht's anti-realistic aesthetic for which he borrowed Erwin Piscator's term, "Epic Theater." This session will focus on Brecht's play *The Caucasian Chalk Circle*, as well as selected essays on the elements of "Epic Theater."

May 5. American Theater and Drama: A Status Report (*Rick Davis*)

From its beginnings as a colonial offshoot of English traditions, the American theater has struggled to define itself against established models and the ever-changing cultural landscape—and yet, despite the "fabulous invalid" sobriquet that is often attached, it has somehow grown and even, in certain times and places, flourished. This talk will examine the roots of our

native dramaturgy and consider its development in economic, social, and theatrical contexts, in an attempt to place the current state of the art in a broader historical perspective.

Dramatis Personae:

Rick Davis is Professor of Theater, Associate Dean of the College of Visual and Performing Arts, and Artistic Director of Theater of the First Amendment and the Center for the Arts at George Mason University, where he has worked since 1991. Before coming to George Mason, he worked at Baltimore's Center Stage for six seasons, taught drama at Washington College, and freelanced as a director, dramaturge, and writer. He has written more than forty articles for magazines and journals and is the co-author of two books, *Writing About Theatre* and *Ibsen: Four Major Plays*. He received his BA from Lawrence University and his MFA and DFA from the Yale School of Drama.

Ken Elston joined George Mason's faculty just last year. He teaches movement, acting, and directing. Ken continues to work professionally. Last summer he was in an independent film, *Minivan*, directed by Patrick Wright. Ken directed the original script, *For Alejandra*, which opened at The Source Theatre in July 2002 and was well received at the Dubrovnik Theatre Festival later that summer. During his study leave in spring 2004, he will write in collaboration with Dr. Rex McGraw, direct *The Three Sisters* at Ohio Dominican University, and possibly choreograph a mask piece with a performance group in Denmark. Ken has also been working with a student team digitally archiving the collaborative process of theatre toward the creation of an interactive CD-ROM and video. His acting credits include stage, television, and film work, and Ken has directed off-Broadway and regionally.

Edward Gero has taught theatre at George Mason University for 14 years, focusing on classical acting, text analysis, characterization, and verse speaking. He is a 20-company member of the Shakespeare Theatre in Washington, DC, having appeared in more than 55 productions there and in other prominent Washington theatres. He is a ten-time Helen Hayes Award nominee, having received the award four times for leading and supporting roles in both classical and contemporary plays.

Kristin Johnsen-Neshati has dramaturged for Theater of the First Amendment and taught on George Mason's theater faculty for ten years. She teaches courses in dramatic literature, theater history, non-Western drama, and theater criticism. She also works as a freelance theater writer, translator, and director. She received her BA in Russian and Theater from Swarthmore College and her MFA and DFA from the Yale School of Drama.

Lynnie Raybuck has taught theatre at George Mason University for fourteen years, specializing in contemporary plays, acting, and puppetry. She directs challenging new works for GMU Players, most recently, *Big Love* and *Lion in the Streets*. As a professional puppeteer, she has toured with four companies, served on the Board of UNIMA-USA (the international organization), and is a member of the local guild. Last spring, she designed puppets for Washington Shakespeare Company's *Henry V*.

Martin M. Winkler is professor of classics at George Mason University. His classical education began in Münster, Germany, at the Gymnasium Paulinum (founded AD 797). His most recent books are the anthology *Juvenal in English* (2001), *Classical Myth and Culture in the Cinema* (2001), and *Gladiator: Film and History* (2004); the latter two are collections of essays he edited. He has published articles on Roman literature, on the classical tradition, and on classical and medieval culture and mythology in film.



Health and Wellness

202 Understanding the Fundamentals of Estate Planning *plus* Advance Health Care Directive (AHCD) Workshop

Instructor: **Sarah Parks**

- Wednesdays, 11:00 – 12:30
- March 3 – March 31
- Clarendon Education Center
- 5 sessions

This course will devote one session to each of these four basic components of estate planning:

1. Financial and Medical Powers of Attorney
2. What is probate, and do I need to avoid it?
3. Use of wills and trusts
4. Accumulating records necessary to settle an estate

The course will also include, as its fifth session, a workshop on the Advance Health Care Directive (AHCD), a power of attorney allowing you to make choices about medical care you will receive during periods of incapacity. The workshop will feature a lecture, followed by a period to complete the document, with help from the instructor, if needed.

Sarah Parks is an attorney specializing in estate planning with Custom Estate Planning in Springfield, Virginia. Sarah, a graduate of Randolph-Macon Woman's College in Lynchburg, Virginia, has a law degree from George Mason University School of Law and a Master's in Taxation from Georgetown University Law Center. Sarah is the mother of three, and lives with her husband and children in Fairfax. She has previously taught this course in ALRI's spring and fall 2003 terms.

205 History of Medicine

Instructor: **N. Thomas Connally, MD, FCAP**

- Tuesdays, 9:00 – 10:30
- March 16 – May 4
- Clarendon Education Center
- 8 sessions

This course will present an overview of the march of medical knowledge and techniques from Hippocrates in ancient Greece to the genome and contemporary virology. Major landmarks in this progression and their significance for modern medicine will be discussed.

Sessions will focus on:

Mar 16. Ancient and Medieval Medicine: Hippocrates and other major Greek and Roman physicians; Galen, the great anatomist; ancient surgery; the significant Arab contribution; the state of medicine in medieval Europe including attempts to combat the Black Death (plague); the role of the Church in medical care.

Mar 23. Medical Progress in the Renaissance and Enlightenment: The Italian universities; Harvey and the circulation of blood; the discovery of the microscope; early medications still in use; vaccination.

Mar 30. The Nineteenth Century: The beginning of microscopic pathological studies; Darwin and evolution; the germ theory—Pasteur, Koch, Semmelweis; the cell theory; surgical anesthesia developed in the US.

The final five lectures will cover the history of medical progress over the last century. To put the century in perspective and have a coherent narrative, each lecture is devoted to a specific area of medical progress.

Apr 6. Infectious Disease, Continued: Development of antibiotics; public health and hygiene; the discovery of viruses; HIV; the re-emergence of infectious disease.

Apr 13. Cardiovascular Disease: The discovery of what a *heart attack* is; how we learned about *hardening of the arteries*; cholesterol and risk factors; cardiac catheterization; open-heart surgery; bypass and angioplasty; pacemakers and defibrillators.

Apr 20. Landmarks in Technology: The Roentgen ray; the EKG; the clinical chemical lab; the endoscope; fiberoptics; the ICU and life support; artificial kidneys and organ transplant.

April 27. Neurological and Psychiatric Disease: Pre-20th-century treatment of mental disease; Bleuler, Freud, Jung, and the psychoanalytic movement; early convulsive therapy; antipsychotic medication; antianxiety and antidepressant drugs; nature vs nurture as a cause of mental illness; brief history of Alzheimer's disease; CT scans, EEG, and MRI to study the brain; the deinstitutionalization movement.

May 4. The Political History of Health Care in the US: Medical schools over the past 150 years; the AMA and physicians' organizations; the development of the hospital; health insurance; Medicare and Medicaid; tracing health care costs; trends over the past two decades.

Tom Connally has his BA in Philosophy and his MD from the University of Virginia, and has practiced general internal medicine for thirty-two years. He has been a member of the clinical faculty at Georgetown and Chief of Medicine at Sibley Hospital. His long-term interests include health policy, medical ethics, and the interface between internal medicine and psychiatry. In 2001, he published *The Third Third—A Physician's Guide to Health and Happiness*, and is currently writing a book on the issues he proposed in his *Biomedicine and Philosophy* course presented to ALRI members in both the spring and fall 2003 terms.

206 International Women's Health and US Foreign Policy

Instructor: **Alene H. Gelbard**

- Thursdays, 11:00—12:30
- March 11 — April 15
- Clarendon Education Center
- 4 sessions

One in five women, most of them in developing countries, live with preventable health problems

resulting from pregnancy and childbirth complications, malnutrition, domestic violence, and infectious diseases, including HIV/AIDS, which now infects more women than men. In addition to the obvious impact these conditions have on individual women, they incur costs to families, national economies, and the global community.

This course will look at women's health trends and their implications for development, what developing countries are doing to improve women's health, and how the United States is addressing women's health in developing regions through its foreign policy.

To encourage active participation in class discussions, each student will be asked to select a specific developing country to focus on throughout the course (more than one student may select the same country). Basic health data and references for information on individual countries will be available to help students prepare their contributions.

Alene H. Gelbard, PhD, is an international consultant on health, population and development issues. She has more than 30 years' experience—including residencies in the Philippines, Brazil, France, Bolivia, and Indonesia. Much of her work has involved training policymakers and researchers on how to use research for more informed development policies and programs. She has worked in both the public and private sectors, and served on several US delegations to international conferences on social development.

SAVE THE DATE!

Bring your friends to our next Open House at 9:30 AM on Friday, February 6th at GMU's Arlington Campus!



History

302 Ancient Rome Survey—History, Archaeology, and Architecture

Instructor: Thomas K. Wukitsch

- Tuesdays, 1:00 – 2:30
- March 2 – May 4
- Madison Recreation Center
- 10 sessions

This course is a sweeping survey of ancient Roman history, architecture, and archaeology. It begins well before the founding of Rome in 753 BC and moves through the Republic and its dissolution and then the Augustan principate (the "Empire") to the age of Constantine and the subsequent long decline of Rome. The course will also discuss the Roman roots of a substantial part of the American legal and cultural system. Background materials for the course can be found on the Internet at <http://www.mmdtkw.org/ALRIItkwPages.html>.

Tom Wukitsch spent almost his full career as a State Department Foreign Service Officer, where he specialized in the Middle East and Western Europe. He also spent tours of duty in State's Intelligence and Research Bureau, where he supervised analysts and co-authored classified book-length studies on Palestinian political structures, the Japanese economy, and weapons of mass destruction. After retirement from the State Department, he spent four years in Rome studying and teaching Rome's history and archaeology. He has been "working" fitfully on a PhD in Archaeology since 1960. He is now a member of the advisory board of SMATCH (Scientific Methodologies Applied to Cultural Heritage), an international non-profit organization (on the Internet at <http://www.mmdtkw.org/smacth.html>).

304 Survey of Jewish History

Instructor: Dr. Michael Leavitt

- Tuesdays, 11:00 – 12:30
- March 2 – May 18
- Clarendon Education Center
- 9 sessions (No classes in April)

[Note: This extremely rich survey of Jewish history will, of necessity, be divided into two courses, with the earlier period (Patriarchal through Medieval)

presented in ALRI's spring 2004 term and the more recent period (Spanish Expulsion through Israel) scheduled for the fall 2004 term. **Each term's course, however, stands alone. No prior knowledge of Jewish history, culture, or religion will be assumed for either course.** As with all ALRI courses, there are no prerequisites, and no preference is given those who have taken the earlier course when enrolling in the later course.]

This course will focus on changes in the key, continuing elements of Jewish culture, especially the values instilled by the core Jewish texts, important personalities, and significant historical events that have given the Jewish people the ability to adapt to their always-changing environment while preserving and transmitting those values.

The course will be presented in a general chronological sequence. In each period, one or more of the following topics will be discussed: religious change, philosophical innovation, challenges to the people, and the responses to those challenges. Textual sources will be presented as handouts at many sessions.

The course will consist of lectures interspersed with questions and discussion. Either of the following is recommended to students as the course text. Those with limited time available for reading should use *A Short History of the Jewish People* (New York: McMillan, 1998) by R. Scheindlin. Those with more time and interest should use *Jewish People, Jewish Thought* (New York: Prentice Hall, 1982) by R. Seltzer.

Periods covered in the spring 2004 ALRI term:

- * Patriarchal (through Moses)
- * Early historical (Joshua through Solomon)
- * The Two Kingdoms
- * The Hellenistic period
- * The Time of the Talmud (50 BCE through 600 CE)
- * Medieval (Christian world)
- * Medieval (Islamic world)

Periods covered in the fall 2004 ALRI term:

- * The Spanish Expulsion and its aftermath
- * The Four Lands: Jews of Eastern Europe
- * "The Orient"
- * Enlightenment Europe prior to the Shoah (Holocaust)

- * Jews in North America
- * Israel

Dr. Michael Leavitt has taught Jewish history in adult education programs at several area synagogues; at the Center for Jewish Studies in Washington, DC; and on the cruise ship *Celebrity Galaxy*. He has also lectured at many area organizations on topics that include Reconstructionism, Jewish mysticism, Jewish music, and Jews in the Hellenistic period. He has taught a course on Kabbalah (Jewish mysticism) at synagogues and at Elderhostel programs sponsored by the Baltimore Hebrew University (BHU), as well as an undergraduate course in Jewish thought at BHU. In 2001, he edited *Kabbalah and the Art of Being*, by Dr. Shimon Shokek, and he received an MA degree in Jewish Studies at BHU in 2003. Dr. Leavitt is a retired Senior Intelligence Officer from the Central Intelligence Agency. Prior to his government service, he worked at the Brookings Institution and taught political science at the University.

305 Arlington History

Instructor: W. Karl VanNewkirk

- Thursdays, 10:00—11:30
- April 15—May 27
- Several Arlington locations
- 7 sessions

[Note: The first class will meet at the Arlington Historical Museum, 1805 South Arlington Ridge Road; see maps and parking information on inside back cover for directions. The locations of and directions to subsequent sessions will be provided at the first meeting. A moderate amount of walking will be involved in touring the historical Arlington locations.]

This is a survey of the history of Arlington, from the time before the arrival of European settlers to the present. Several historic buildings and neighborhoods will be visited. The maximum class size for this course is 15. The course will be presented in seven sessions:

1. Overview. Written and Internet resources for further research; resources at the Virginia Room, Arlington Central Library; guided tour of the Arlington Historical Museum.

2. Arlington before the Europeans. From the first humans to visit Arlington, the Paleo-Indians, to the Nacotchtank tribe of Algonkians, visited by Captain John Smith: What we know (and don't know) about

the way they lived. Hopefully, we will also have a demonstration of stone tool making.

3. Eighteenth Century Arlington. Early landowners, both famous and not-so-famous: Howson, Alexander, Lee, Mason, Washington, Custis, and Ball. A tour of the oldest house in Arlington and a visit to one of the original stones marking the county boundary will be included.

4. Early Nineteenth Century and the Civil War. George Washington Parke Custis, builder of Arlington, and some of his neighbors; Arlington as part of the District of Columbia, and its return to Virginia; roads, bridges, and the Alexandria Canal; Arlington during the Civil War. We will tour the remains of a Civil War fort.

5. Black History. Two major "data points" in the history of African-Americans in Arlington: The slave experience at Arlington House, and the lives of former slaves at Freedman's Village. We will tour Arlington House and its slave quarters.

6. Reconstruction and the Beginnings of Modern Arlington. The Virginia Constitution of 1870; the post-War status of the Arlington plantation; the beginnings of subdivision development; corruption and reform. Time permitting, we will tour an 1890s neighborhood.

7. Arlington in the Twentieth Century. The Virginia Constitution of 1902; Luna Park and the Arlington Radio Towers; development of our civic infrastructure and current form of government; the effects of World War II on Arlington; Metro, I-66, and "smart growth."

Karl VanNewkirk is a past president of the Arlington Historical Society and has edited its annual magazine since 1992. He has been a member of the board of directors of the Arlington Black Heritage Museum since its inception, works as a volunteer for the archaeology department at Gunston Hall, and is currently working on the genealogy of his family. He is a member of a variety of local historical, archeological, and genealogical organizations.

306 Ancient Egypt

Instructor: Thurlow R Wilson

- Mondays, 1:00 – 2:30
- March 1 – May 3
- Madison Recreation Center
- 10 sessions

This lecture course will address Egypt during the time of the pharaohs. Topics to be covered include: geography, history, famous pharaohs (Ramses II, Amenhotep III, Hatchepsut, Tutankhamen, and Aknahten), hieroglyphs, religion, mummies, society, government, art, architecture, and everyday life.

Two videos on ancient Egypt will be shown, and an optional tour of the Egyptian collection at the Smithsonian's Museum of Natural History will be offered. No text will be assigned, but students will be encouraged to read one book from a bibliography provided at the first meeting.

Thurlow R. Wilson earned his PhD in Social Psychology from Harvard University and worked as a research psychologist at universities and for private companies. Since retirement, he has been active as a volunteer (mostly as a teacher or musician) for Arlington schools and for other organizations. He has been a docent in ancient cultures at the Smithsonian's Museum of Natural History for twelve years and has received extensive training on ancient Egypt.

307 International Relations in the Post-World-War-II Era

Instructor: Dr. Orval Hansen

- Wednesdays, 9:00–10:30
- April 7 – May 12
- Marymount University
- 6 sessions

The course will examine international relations—political, military, diplomatic, and economic—with a principal focus on the role of the United States. These will include wartime and postwar origins of international institutions and alliances, the Cold War, the Truman Doctrine, the Marshall Plan, NATO, conflict in the Middle East, nuclear and nonproliferation policy, international trade, and the consequences of the fall of the Berlin Wall and the breakup of the Soviet Union.

Dr. Orval Hansen earned a BA at the University of Idaho and a JD, LLM, and PhD in Political Science at The George Washington University. He also did postgraduate study at the London School of Economics. He served ten years in the Idaho legislature and six years in the US House of Representatives. Upon retirement from the Congress, he founded and served as president of the Columbia Institute for Political Research, an organization devoted to public policy research and education.

308 Christian Crusades in a Medieval World

Instructor: Jo Ann Cruz

- Fridays, 3:00—4:30
- April 30—May 21
- Clarendon Education
- 4 sessions

An overview of the Crusades from the eleventh century through the Children's Crusade of 1212, looked at from a variety of perspectives, this course will examine the causes, course of events, consequences, and final failure of the crusading movement that galvanized the medieval Christian west. The course will be divided into four sessions; lectures will include slides and discussion.

1. **Eleventh-century background and origins:** Pilgrimage, piety, relics, indulgences, papal reform, Holy War, and the Christian conquest of Spain.
2. **The First Crusade, 1095-1099:** Call, response, and the capture of Jerusalem.
3. **Second and Third Crusades, 1144-1190:** Political leadership, the role of women, Saladin and Richard III (Lion-Heart), history and legend.
4. **The Crusades under Pope Innocent III (1198-1216):** The Fourth Crusade and the conquest of Constantinople, the Albigensian Crusade, the Children's Crusade, Fourth Lateran Council (1215) and the origins of a persecuting society.

Readings for the course will include *The Crusades: A Reader*, ed. S. J. Allen and Emilie Amt, and Amin Maalouf, *The Crusades through Arab Eyes*.

Jo Ann Cruz is Associate Professor of History, former Chair of History, and current Director of Medieval Studies at Georgetown University. She is the author of two books and numerous articles in the field of medieval history. She has degrees from Harvard and Brandeis Universities. Only recently has she begun to teach courses on the Crusades; in 2001 she traveled the crusading route from Turkey to Syria.

309 Civil War Generals, Battles, Soldiers, and Sailors

Instructors: Gail Stephens, John M. Taylor, Albert C. Eisenberg

- Tuesdays, 11-12:30
- April 13 – May 4
- Clarendon Education Center
- 4 sessions
- Optional day-long tour of Monocacy National Battlefield, near Frederick, MD, on April 15.

This course brings three Civil War scholars together, examining several different areas from their distinct vantage points of long research into one of the defining events in US history.

April 13—Confederate Army at the Gates of Washington, July 1864 (*Gail Stephens*)

In July 1864, a Confederate army led by Jubal Early came very close to capturing Washington, DC. The battle of Monocacy on July 9th was a pivotal moment in that campaign. This class will consist of a two-hour lecture on Early's rapid advance and Washington's close call. It will be followed on April 15 by an **optional day-long tour of Monocacy National Battlefield**, which today is beautiful, relatively unspoiled, and located only about an hour by car from Arlington. *Students will provide their own transportation to Monocacy. The tour will involve considerable walking.*

April 20—In Search of the Historical Robert E. Lee (*John M. Taylor*)

The South's most famous general has not had a good press in recent years. Beginning with Thomas Connolly's *The Marble Man* in 1977, a number of historians have sought to remove Lee from his lofty pedestal. They have been assisted by some of Lee's contemporaries, who elevated him to a status approaching sainthood, and sought to assign blame for his defeats—most notably that

at Gettysburg—to subordinates. This lecture will consider Lee as a soldier, noting his strengths and weaknesses as a commander. It will also consider his character, focusing on his personal life, his attitude toward slavery, and his religion. Finally, it will consider the factors that led to the emergence of a "Lee cult" in the South.

April 27—The Civil War at Sea (*John M. Taylor*)

One campaign in which the Confederacy was a clear victor was the war at sea—the Confederate navy's campaign against the Federal merchant marine, carried on by a handful of cruisers, most of them purchased and equipped in England. Led by the famous *Alabama*, the Confederate vessels destroyed more than 200 Federal merchantmen, forcing a "flight from the flag" in which Northern ship owners sold their vessels at fire-sale prices. Cruiser commanders like Raphael Semmes and John Maffitt became heroes in the South, but in the North were regarded as little more than pirates. This lecture will consider a key question: Why the war at sea had so little impact on the outcome of the land war.

May 4—Civil War Soldiers: Their Artifacts and Their Stories (*Albert C. Eisenberg*)

This class will present a variety of original artifacts, including diaries, letters, firearms, photographs, personal items, and ephemera, from the instructor's personal collection, built over 40 years of collecting. These items will connect the class to the experience of the Civil War soldier, present a human face to that experience, and dramatize important events of the war through these artifacts and the different stories of the individual soldiers who owned them. Items to be displayed relate to all aspects of the conflict, from the battle of the Monitor and the Merrimac to the battlefield of Brandy Station (the largest cavalry battle of the war). The items are overwhelmingly Union—the collection just happened to grow that way.

Gail Stephens graduated from George Washington University with a degree in International Politics and did graduate work at Johns Hopkins and Harvard Universities. Her career was spent at the National Security Agency, where she rose to the Agency's Senior Executive Service. A volunteer at Monocacy National Battlefield since retirement, she lectures and gives battlefield tours, has won multiple grants to do Civil War research and has published articles on the Civil War, including *Honor Redeemed: Lew Wallace*

and the Battle of Monocacy. In 2002 she won the National Park Service's E. W. Peterkin award for contributions to public understanding of Civil War history.

John M. Taylor spent 35 years in government service with, among others, the State Department and the CIA. He is the author of eight books on military history and biography, the latest being the highly-praised *Duty Faithfully Performed: Robert E. Lee and His Critics*. Other works include *Confederate Raider: Raphael Semmes of the Alabama*; *William Henry Seward: Lincoln's Right Hand*, and a biography of his father, *General Maxwell Taylor: The Sword and the Pen*. He holds degrees in history from Williams College and The George Washington University.

Albert C. Eisenberg was elected in November 2003 as a member of the Virginia House of Delegates, supplementing his responsibilities as Vice President for Government Relations of the Washington Board of Trade. He served as Member and Chairman of the Arlington County Board from 1984 to 1999 and previously as Staff Director of the US Senate Subcommittee on Housing and Urban Affairs and as a classroom teacher. He holds degrees in history and education.

310 Perspectives in World History

Instructor: Peter Stearns

- Mondays, 1:00–2:30
- March 8 – March 29
- George Mason University Arlington Campus
- 4 sessions

What are some key issues in world history and how do they shed light on our world today? This course will offer brief "case studies" of the world history approach, each drawn from a major world history period and each designed to explore current challenges in the field.

Social inequity and comparison of social systems in the classical civilizations

- The Islamic Middle East as the first world-class civilization and how it compares to the later West as a world power
- How does the United States fit into world history?
- What globalization means from a world history perspective

Peter N. Stearns, Provost of George Mason University, is widely published and regularly teaches world history and social history. Before coming to George Mason, he taught at Harvard,

where he received his PhD, and at the University of Chicago, Rutgers, and Carnegie Mellon, where he served as Dean of the College of Humanities and Social Sciences. He is a past Vice President of the American Historical Association and currently serves as chair of the Advanced Placement World History committee and as editor-in-chief of the *Journal of Social History*. Author or editor of more than 75 books, his new work, *Western Civilization in World History*, was released last year.

**NOTE: Course descriptions
continue on Page 21.**

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ALRI Membership Form

(Please use one form per individual. Make a copy if an additional form is needed.)



Name First _____ Last _____		Title _____ Suffix _____	Preferred First Name _____
Address Street _____ City _____ State _____ Zip _____		Sex <input type="checkbox"/> Male <input type="checkbox"/> Female <i>Is this a new or renewal membership?</i> (Check one.) <input type="checkbox"/> New <input type="checkbox"/> Renewal Today's Date: _____	
Telephone/Email Day _____ Evening _____ Email _____			
Sharing Information About You May your personal information be shared with ALRI members? (Check one box for each.) <i>As stated in the ALRI privacy policy of the course catalog - your name will be listed on the course roster of any course for which you register. Please indicate below whether or not in addition to your name ALRI can share information about you in a membership directory. Please check "yes" or "no" for each item. If you leave an item blank, "no" will be assumed.</i>			
	Yes	No	
Name	<input type="checkbox"/>	<input type="checkbox"/>	
Address	<input type="checkbox"/>	<input type="checkbox"/>	
Telephone #	<input type="checkbox"/>	<input type="checkbox"/>	
E-mail	<input type="checkbox"/>	<input type="checkbox"/>	
Payment Method (check one) Annual membership fee is \$45 per person. <input type="checkbox"/> Check: Check # _____ <i>Make your check out to: Adult Education Program/ALRI</i> <input type="checkbox"/> Credit Card: <input type="checkbox"/> Visa <input type="checkbox"/> MasterCard Credit Card # _____ Exp Date: Mo _____ Yr _____ Name on credit card _____			
Office Use Only	Paid \$ _____ Receipt # _____ Date Paid _____		<input type="checkbox"/> Check # _____ <input type="checkbox"/> Cash <input type="checkbox"/> Charge
Mail Form to: Adult Education/ALRI 2801 Clarendon Blvd., #306 Arlington, VA 22201			

12/2003

ALRI Course Registration Form

Spring 2004



Reminder

Help us to help you participate in this Spring term by listing up to four alternative courses in the right hand column below, even if you are registering and paying for only one course in the left hand column.

Name Last _____ First _____ MI _____				
Address/Phone/Email Street _____ City _____ State _____ Zip _____ Phone _____ Email _____				
Emergency Contact Name _____ Relation _____ Phone _____				
Preferred Course Choice(s) List names and numbers of each course for which you wish to register in priority order. (Maximum of 4.) If willing to be a class aide, please write "A" beside the Course Number.			Alternate Course(s) List the names and numbers of any course(s) that you want in event that one or more of the selected courses is/are unavailable.	
Course Name	Course Number	Aide	Course Name	Course Number
1.				
2.				
3.				
4.				
Payment Information Your Payment Amount (Check one.) <input type="checkbox"/> \$35 (1 Course) <input type="checkbox"/> \$70 (2 Courses) <input type="checkbox"/> \$105 (3 Courses) <input type="checkbox"/> \$140 (4 Courses)				
Payment Method <input type="checkbox"/> Check: Check #: _____ Make check out to: Adult Education Program/ALRI <input type="checkbox"/> Credit Card: <input type="checkbox"/> Visa <input type="checkbox"/> Mastercard Credit Card #: _____ Exp. Date Mo _____ Yr _____ Name on Credit Card _____				
Office Use Only	Paid \$ _____ Receipt # _____ Date Paid _____		<input type="checkbox"/> Check # _____ <input type="checkbox"/> Cash <input type="checkbox"/> Charge	
Mail Form to: Arlington Education/ALRI 2801 Clarendon Blvd., #306 Arlington, VA 22201				

12/2003

Registration Tips

Several of the courses offered in the spring term were oversubscribed, resulting in disappointment for a few members who had indicated only one course of interest when registering. Please examine the catalog thoroughly to discover one or more alternatives that would please you, and list them in the place provided on the registration form, so that you may be more confident of being admitted to at least one course.

Classroom Aides

Please consider volunteering as a Classroom Aide for one of the courses you plan to take as you fill out this form. Aides are a vital component of ALRI's operation. Their functions include communicating ALRI information to the instructors and their fellow class participants, assisting instructors with their equipment and copying needs. They provide a valuable interface between volunteers acting in other capacities and the class attendees.

Spring Term Courses (Cont'd)



Law/Politics/ Political Affairs

402 The Bill of Rights: Its History, Current Interpretations, and Future

Instructor: **Robert L. Weinberg**

- Thursdays, 1:00–2:30
- March 25 – April 29
- George Mason University Arlington Campus
- 6 sessions

This course will present an overview of the rights guaranteed Americans by the first ten amendments to the Constitution of the United States.

The class will also consider how the Supreme Court has interpreted a number of the specific provisions of the Bill of Rights, including free speech, free exercise of religion, the right to bear arms, security against unreasonable searches and seizures, the privilege against self-incrimination, the prohibition against double jeopardy, the guarantee of due process of law, the right of the accused to indictment by a grand jury and a speedy trial in public by a petit jury, the right to assistance of counsel and to bail, and the prohibition against cruel and unusual punishment.

Finally, the course will consider the extent to which the provisions of the Bill of Rights—which were adopted as limitations upon the Federal government—have been made binding upon the States by virtue of the Fourteenth Amendment.

Students are encouraged to read *The Bill of Rights: Creation and Reconstruction*, by Ahkil Reed Amar. This book is available electronically as an eBook through the Arlington Public Library, requiring only an Arlington Public Library card to read it online either from home or from an Arlington Public Library facility. Information on accessing eBooks can be found at <http://www.co.arlington.va.us/lib/>

www.co.arlington.va.us/lib/ or at any Arlington Public Library facility.

Robert L. Weinberg received his Bachelor's and Law Degrees from Yale and his PhD in Economics from the London School of Economics. He is a retired founding partner of the Washington, DC, law firm of Williams and Connolly, formerly headed by the famous advocate Edward Bennett Williams. He has litigated constitutional issues for over thirty-five years, specializing in the defense of the accused in criminal cases. He is now Adjunct Professor at the George Washington University School of Law and Visiting Lecturer at the University of Virginia Law School.

403 Contemporary Ireland: A European Success Story

Instructor: **Desmond Dinan**

- Wednesdays, 11:00–12:30
- April 7–April 28
- George Mason University Arlington campus
- 4 sessions

Ireland is one of the most prosperous and globalized countries in the world. After a long period of economic stagnation, independent Ireland began to turn the corner in the 1960s. Ireland owes its success in large part to membership in the European Union. This series of lectures will explore Ireland's participation in the European Union from the 1960s, when Ireland first considered joining the European Community (the forerunner of today's European Union) to the present. Topics will include Irish neutrality and foreign policy, social and demographic change in Ireland, the rise of the Celtic Tiger (Ireland's economic boom), Ireland in an enlarging European Union, and the Northern Ireland situation.

Desmond Dinan was born and raised in Ireland and emigrated to the United States in the 1980s. His PhD, from the National University of Ireland (Cork), is in Modern European History. He is Jean Monnet Professor of Public Policy in the School of Public Policy, George Mason University. He has written extensively on Ireland and the European Union (his latest book is *Europe Recast: A History of European Union*, Boulder, CO: Lynne Rienner Publishers, 2004).

406 Fundamentals of Terrorism

Instructors: *Potomac Institute for Policy Studies Faculty*

- Tuesdays, 11:00–12:30
- March 2– April 13
- **Course location:** Potomac Institute for Policy Studies, Ballston Metro Center Office Tower, Suite 200, 901 N Stuart St, Arlington, VA 22203
- 7 sessions
- Located directly above the Ballston Metro Station and across from the Ballston Mall (parking \$1 for 3 hours)

Fundamental to countering terrorism is a solid understanding of its core underpinnings. This course provides an introduction to terrorism by examining briefly its history (as we know it), its causes, its methods, and its likely trends.

Through lectures and class participation, the course will help develop an understanding of the forms of terrorism, both conventional and the so-called super-terror domains of biological, chemical, cyber (computer-network-based), and nuclear-radiological.

Included in the study will be an introduction to various emerging technological means of addressing terrorism (from vaccines to data-mining), with equal consideration for the protection of individual privacies that Americans expect—but which may be threatened by the use of technology, especially by the government.

The course is academic; it is not aimed at provoking a sense of nationalism or ideological superiority. The presentations are provided by faculty from the Potomac Institute for Policy Studies, which includes the International Center for Terrorism Studies (ICTS), the National Security Health Policy Center (NSHPC), and the Potomac Research and Analysis Division, which conducts Project Guardian: Maintaining Civil Liberties in the Information Age.

This course has been presented in both previous ALRI terms; some of the faculty members for those presentations are listed here.

Professor Yonah Alexander (*Historical Aspects of Terrorism*) has published over 90 books on the subjects of international

affairs and terrorism in his 35 years of experience. He is Director of the Inter-University Center for Terrorism Studies and Co-Director of the Inter-University Center for Legal Studies, and is the former Director of Terrorism Studies at The George Washington University and the State University of New York.

Mr. Daniel Gallington, Esq. (*Terrorism and Its Impact on Your Privacy and Civil Liberties*) is former Special Assistant for Special Operations and Combating Terrorism to Under Secretary of Defense for Policy, and former Chief Counsel to the National Commission for the Review of the National Reconnaissance Office.

Dr. David Kay (*Nuclear Terrorism*) is former UN Chief Weapons Inspector and former Secretary General of the Uranium Institute.

Professor Dennis McBride (*Psychology of Terrorism*) is former Program Manager at DARPA, ONR, Navy Medical R&D Command. He has held faculty positions in Arts and Sciences, Engineering, and Neurosciences, chaired panels at the National Academy of Sciences, and is Adjunct Professor at Georgetown Public Policy Institute.

Mr. Michael Swetnam (*Cyber Terrorism*) is a Member of the Technical Advisory Group to the US Senate Special Select Committee on Intelligence, and Member of the Defense Science Board task force on Countering Terrorism and the task force on Intelligence. He was Special Consultant to President Bush's Foreign Intelligence Advisory Board from 1990 to 1992.

408 Capital Punishment: Multiple Perspectives on the American Experience

Instructor: *Paul Blackburn*

- Mondays, 1:00–2:30
- March 8 – April 12
- Clarendon Education Center
- 6 sessions

This course will explore the history and current status of capital punishment in the United States, with particular attention to Virginia. In addition, it will provide a forum for objective discussion of issues in the death penalty debate.

Sessions addressing our experience with capital punishment from colonial times to the recent past will draw on *The Death Penalty: An American History* by Stuart Banner and other well-documented sources.

For discussion of more current topics—such as the role of the Supreme Court, deterrence, cost

factors, efforts to achieve fairness and avoid error, “just retribution” versus “sanctity of life,” and the international dimension of America's death penalty—the course will use a wide range of materials, including those available through deathpenaltyinfo.org and prodeathpenalty.com.

Paul Blackburn is a retired Foreign Service Officer specializing in Asia and has lived in Northern Virginia off and on throughout his life. He has a PhD from American University and has taught at Georgetown's School of Foreign Service. He is a member of Virginians for Alternatives to the Death Penalty and chairs a group concerned with capital punishment at the Unitarian Universalist Church of Arlington. Paul presented this course previously in ALRI's fall 2003 term.

NOTE: There is no tuition charge for class 411.

411 International Relations Tour d'Horizon

Instructors: *Senior Diplomats, Past and Present*

- Mondays, 3-4:30
- March 1 – April 12
- Arlington Central Library
- 7 sessions

Though seemingly a repeat of the course taught in ALRI's fall 2003 term, this substantially new series adds two new instructors with two new lectures, as well as a new lecture from a returning instructor, and refreshes the information in discussions of some very critical global and regional issues.

March 1 - Global Solutions to Terrorism
9/11 caused Americans to look upon terrorism as an almost unique concern. It is, however, a global problem. The immediate challenge is to deal with crimes against people and property, but a narrow focus on killing and confining present terrorists may actually exacerbate the political, economic, and social conditions in

many societies that generate dissent, only some of which shows up as terrorism.

Terrell E. Arnold is a retired Foreign Service Officer who served in Egypt, India, Sri Lanka, the Philippines, and Brazil. He was Vice Commandant and Chairman of the Department of International Studies of the National War College and Deputy Director of the State Department's Office of Counterterrorism. Since retirement, he has consulted on emergency management for Fortune 500 companies, the Departments of State and Defense, FEMA, and others. He is currently an Internet columnist with articles on the Middle East and other subjects. His articles appear on rense.com, in publications of the UNObserver, and on other sites.

March 8 - The Voice of America: 21st Century Challenges

From the depths of 1942, when it first broadcast in German via shortwave to a tiny audience in Europe, to today's multimedia enterprise reaching nearly a hundred million listeners a week, the Voice of America has delivered the news and told America's story credibly and accurately during times of war and times of peace. Almost unknown domestically, VOA today is a global multimedia giant encompassing radio, the Internet, and 1500 affiliated radio and TV stations around the world—in more than 50 has struggled against political pressures, congressional investigations, reorganizations, and purges as it sits at what one-time Director John Chancellor described as the intersection of journalism and diplomacy.

Alan L. Heil, Jr.'s 36-year career at VOA took him from the trenches of being a foreign correspondent to the heights of management responsibilities, just below the politically appointed leadership, as Chief of News and Current Affairs and Deputy Director. Among colleagues, he represented corporate memory and, in 2003, his acclaimed *Voice of America: A History* (Columbia University Press, 2003) became the definitive account of VOA's first 60 years.

March 15 - Western Hemisphere Relations
Our South-of-the-Border history book has chapters on the Monroe Doctrine, the Spanish-American War, the Good Neighbor Policy, the Iran-Contra affair, and the war on drugs, among others. Latin America and the Caribbean capture America's undivided attention periodically and then fade from our view, to their consternation. With two of the world's largest economies and impact on every US national interest, the focus

here is on how the US interacts with the Hemisphere today.

Linda Jewell, Deputy Assistant Secretary of State for Western Hemisphere Affairs, has been in the Foreign Service for 27 years and served in five countries abroad. She is the former Director of United States Information Agency programs in Latin America, and is a graduate of Yale and the John Hopkins School of Advanced International Studies.

March 22 - China: What Does the Past Teach? Nixon's opening of Sino-American relations has led to an era in which China intersects with the entire spectrum of US interests. This session explores that intersection and a number of questions: Can Beijing's communist political leaders ride the tiger of economic liberalization and retain control? What lasting influence have Western missionaries had on Chinese modernization? How does the Tibet seen by Richard Gere and other US political activists square with the one seen by the Dalai Lama? What is implied by the statement, "There is but one China, and Taiwan is part of China" and who said it first?

David E. Reuther has been a political officer in Taipei, an economics officer in Beijing, and spent decades before, during, and after his 27-year Foreign Service career studying Chinese Department's China and Iraq desks and, abroad, also in Kuwait, where he helped re-establish our Embassy in the wake of the Gulf War. Widely published, he also has served in the Department of Defense.

March 29 - Nostalgia for the Cold War

During the Cold War, we wore the white hats and "they" wore the black hats. The public and Congress could easily follow the stereotyped issues of the day. With the end of the Cold War, this comfortable world has been transformed by rogue states with regional pretensions, fierce civil wars in Africa, and an Indian-Pakistan stand-off that almost went nuclear. Stripped of the easy stereotypes, the public and Congress now must do the heavy lifting of analyzing the history of various countries around the world. How should America respond to this new world? What will be some of the major diplomatic challenges for the future?

David E. Reuther's biographical data is listed under his first lecture in this series, **China: What Does the Past Teach?**

April 5 - Public Diplomacy as Strategic Communication

Strategic communication is employed by many actors in national and global political systems: politicians, diplomats, corporations, labor unions, non-governmental organizations, and governments. Its conceptual roots lie in Plato's dialogues on rhetoric. Its techniques are as fresh as the war against terrorism and the campaign to create an International Criminal Court. No foreign policy can succeed in today's world without a sustained capability to understand and influence people and private organizations as well as governments.

Central questions: Why should policymakers and diplomats employ communication strategies? What are the critical elements of effective strategic communication? What are the key differences between short-term and long-term communication strategies?

Bruce Gregory is Executive Director of the Public Diplomacy Council and serves on the board of the Public Diplomacy Institute at George Washington University. He served on the faculty at the National War College from 1998 to 2001 and was Executive Director of the US Advisory Commission on Public Diplomacy from 1985 to 1998.

April 12 - TBA

412 The Politics of Hunger

Instructor: Martin M. McLaughlin

- Thursdays, 1:00-2:30
- March 4 — April 22
- Clarendon Education Center
- 8 sessions

The chronic hunger suffered by about 800 million people around the world gives rise to a simple question: *Why*, in a world that produces enough food to feed every person on the planet, are so many—fully one-seventh of the world's population—denied access to a normal human diet? The purpose of this course is to cast light on that question by looking at the structure and dynamics of the global food system from a basically political point of view. The maximum size for this class is 12.

The eight sessions will focus on:

1. An overview of the main processes and activities in the system: Production and inputs, processing, manufacturing, warehousing and supermarkets, restaurants and fast-food chains.
2. Elements of supply and production: Land, water, energy, environment, climate, weather.
3. Elements of supply and production, continued: Inputs; methods and practices; science, technology, and research; organization; finance.
4. Elements of demand and consumption: Population growth, food safety, nutrition.
5. Elements of demand and consumption, continued: Distribution and marketing, consumption patterns.
6. Agricultural trade: Bilateral and multilateral trade—World Trade Organization (WTO); regional trade organizations—North American Free Trade Association (NAFTA), Central American Free Trade Association (CAFTA), Free Trade Association of the Americas (FTAA), United Nations Commission on Trade and Development (UNCTAD).
7. Food and agriculture as a subsector in relation to the rest of the globalizing economy: Globalization, development, coherence, financial architecture, external debt of developing countries.
8. The role of the United States: US farm and food policy, agricultural trade policy, global extension of US culture (emphasizing food).

Martin McLaughlin has his BA from the University of Portland (Oregon) and his PhD from the University of Notre Dame. He was a Federal executive for 25 years, in the Department of State and USAID. He was Vice President of the Overseas Development Council and later chief consultant on food and economic policy to the US Catholic Conference. Martin's book, *World Food Security*, was published in 2002; he has also testified before Congress, attended global meetings, and lectured widely on the global food situation and issues of global economic policy. Today he is at the Center of Concern, in Washington, DC.



Literature

506 Finding the Art in Shakespeare's Plays

Instructor: Tom Dunlap

- Wednesdays, 1:30 — 3:00
- March 17 — May 12
- Clarendon Education Center
- 8 sessions

In short lectures and discussions, the class will explore the language, characters, and themes in four great plays: *King Henry IV, Part I*; *King Henry IV, Part II*; *Twelfth Night*; and *Macbeth*. This course has a maximum class size of 12.

With curiosity and patience a modern reader can become comfortable with Shakespeare's language in all of its variety. Once this "feast of language" is digested and understood, the reader can experience the art and subtlety that resonates in these plays. The characters come alive and worlds of comedy, tragedy, and poetry open up. The instructor will explore through guided discussions and brief lectures the art in these plays.

Professor Harold Bloom notes that Shakespeare, through his range of lively characters, "has taught us to understand human nature." And, by implication, he teaches us to listen to and understand ourselves. After 400 years, these fascinating characters are still alive on stages all over the Washington area. Newcomers and Shakespeare buffs alike are invited to see what all the excitement is about and to join in the conversation. Come brush up your Shakespeare.

Fascinated by Shakespeare's art since seeing a production of *Macbeth* in 1964, **Tom Dunlap** holds a Master's Degree in English Literature from the University of Michigan, where he taught *Hamlet* as a Teaching Fellow. He has subsequent experience at teaching adults in informal settings. Through working at the Folger Shakespeare Theatre and Arena Stage, he has gained insights into play production from backstage and from the audience's point of view.

507 The Bible as Literature

Instructor: **Norman Nathan**

- Wednesdays, 9:30 – 11:00
- March 3 – May 5
- Marymount University
- 6 sessions

Since the 1950s—while a professor in two universities—Dr. Nathan has taught *The Bible as Literature* as a three-credit course. He concentrates on memorable, often-memorized passages and believes that the literary effect of the King James Version adds to both enjoyment and understanding of this great work.

The lectures, drawing on both Old and New Testaments, are:

1. How the *Bible's* Text was Created
2. Use of Metaphor in Interpreting Genesis and Exodus
3. A Cradle for Democracy
4. Heroines in the *Bible*
5. Jonah and Job
6. The Fall of Princes

Norman Nathan is Professor Emeritus of Florida Atlantic University, where he was an English professor for more than 25 years, and taught at City University of New York and Syracuse University for 23 years prior to his move to Florida Atlantic. He has published six books, more than 60 scholarly items, 500 poems, and 30 short stories. He is a veteran of Lifelong Learning Programs for seniors, and resident in Arlington for the past seven years. Dr. Nathan taught the well-received course, *Shakespeare: The Play's the Thing*, in ALRI's fall 2003 term.

508 Time—Space—Gender: Traveling in the European Novel of the 18th and 19th Centuries

Instructor: **Dr. Astrid Weigert**

- Wednesdays, 9:00 – 10:30
- April 14 – May 19
- Clarendon Education Center
- 6 sessions

In the 18th and 19th centuries, the notion of traveling had profound cultural and societal implications as experiences of time and (foreign)

space differed significantly for men and women. This course will foreground these gender-specific differences in novels with travel themes from the British, German, and French traditions, both by male and female authors. Secondary literature from feminist literary criticism will be included in the readings. Class is discussion-based and active participation is expected.

Readings will ultimately depend on availability, but will include, if possible: Frederick A. Pottle, *Boswell's London Journal 1762–1763*; J. W. von Goethe, *Wilhelm Meister's Apprenticeship*; Sophie von La Roche, *The History of Lady Sophie von Sternheim*; Ida Pfeiffer, *A Lady's Voyage Round the World*; and selected writings by Germaine de Staël and others.

Astrid Weigert received her PhD in German Literature from Georgetown University in 1999 with a dissertation on novel and drama in 19th-century German literature. She has been a Visiting Assistant Professor in the Department of German at Georgetown University for five years. She lives in Arlington, is married, and has a nine-year-old son. In ALRI's spring 2003 term, Dr. Weigert taught the well-received course, *Exploring the Self: The European Novel of the 18th and 19th Centuries*.

509 Utopias

Instructor: **Vivian Kallen**

- Wednesdays, 11:00—12:30
- April 14 – May 19
- Clarendon Education Center
- 6 sessions

Utopia, of course, means “no place” and *utopian* has become a synonym for unrealistic, unrealizable ideas. So why take utopias seriously? Part of the answer can be found in the timeless human longing for a better world, past or future. Utopian writers free us from the limitations of experience and practicality by holding out possibilities for the future. Many utopists have seen their works inspire others to create utopian communities, often with less than happy results.

Dystopia is the bleak twin of *utopia*, warning of the dangers and tyrannies we are heading into. Dystopias have also left their mark on social thought. Utopias and dystopias can both be seen as forms of social criticism.

This course will examine several influential utopian and dystopian writers as well as some American experiments in creating utopian communities. The emphasis will be on class discussion of the works selected, with brief lectures setting the context for the works. The maximum class size for this course is 15.

Students should plan to have read and be prepared to discuss More's *Utopia* at the first class and then to read each book before coming to class. The books will be available at George Mason University's Arlington campus bookstore and most are probably also available at public libraries.

Readings will be:

Session 1: Thomas More, *Utopia* (Penguin Classics edition)

Session 2: Edward Bellamy, *Looking Backward*

Session 3: Nathaniel Hawthorne, *The Blithedale Romance*

Session 4: B. F. Skinner, *Walden Two*

Session 5: Charlotte Perkins Gilman, *Herland* or Margaret Atwood, *The Handmaid's Tale*

Session 6: George Orwell, *1984*

Vivian Kallen is Professor Emerita of political science at Northern Virginia Community College, where she was instrumental in creating the college's Honors Program and *The Northern Virginia Review*, now in its twelfth year. A graduate of the University of Chicago, she is a past president of the Arlington branch of the American Association of University Women (AAUW), and is a member of the Arlington Commission for the Arts.

510 Enjoying the Poetry of Robert Frost

Instructor: **Dr. Lesley Lee Francis**

- Tuesdays, 11:00 – 12:30
- March 2 – April 6
- Clarendon Education Center
- 6 sessions

Some of you will recall the inauguration of President Kennedy on a bitterly cold day when the poet spoke from memory the historic words of “The Gift Outright.” Most will remember from childhood such popular favorites as “Stopping by Woods on a Snowy Evening,” “Mending Wall,” and “The Road Not Taken.”

This course will explore the four-time Pulitzer Prize winner's poetry from a variety of perspectives. Dr. Francis, the poet's granddaughter and a professor of Spanish language and literature, brings her extensive publications and personal experience to bear on the poet's rich and varied verse.

The required course text will be: Robert Frost, *Collected Poems, Prose & Plays* (The Library of America, 1995). It will be available in George Mason University's Arlington campus bookstore.

Lesley Lee Francis is the granddaughter of Robert Frost. Having retired from the professional staff of the American Association of University Professors (AAUP) in Washington, DC, she is currently Scholar-in-Residence and Adjunct Professor of Spanish at Shenandoah University. Dr. Francis received her AB degree from Radcliffe College and her PhD in Romance Languages from Duke University. She taught Spanish language and literature at Sweet Briar College in Virginia and at St Edward's University in Texas before moving with her three daughters to Arlington, Virginia. For many years she owned and directed a summer school in La Granja (Segovia), Spain. She has lectured and published extensively on her grandfather; her biographical study, *The Frost Family's Adventure in Poetry: Sheer Morning Gladness at the Brim*, was published by the University of Missouri Press in 1994.



Science and Technology

602 Our Living Planet: Exploring the Links between Geology and Biology

Instructor: *Martin Ogle*

- Wednesdays, 2:30–4:00
- April 21 — May 26
- Clarendon Education Center
- 6 sessions

"You may find it hard to swallow the notion that anything as large and apparently inanimate as the earth is alive," scientist James Lovelock said about a quarter-century ago in advancing the *Gaia Theory*—that the earth is an active, interrelated, self-regulating system. In this course, the Chief Naturalist of the Northern Virginia Regional Park Authority guides you in two sessions through the geology of the earth and our corner of it and then weaves local natural history into two sessions on biology. That culminates in two sessions describing how understanding those related phenomena can illuminate Lovelock's vision that the life forms on earth, contributing interactively, are part of a larger whole called *Gaia*, named for the Greek goddess who drew the living world from chaos. The course concludes with an optional field trip to Potomac Overlook Regional Park.

Martin Ogle has been Chief Naturalist for the Northern Virginia Park Authority since 1985. He earned his BS and MS in Wildlife Biology from Colorado State University and Virginia Tech, respectively. He has presented courses similar to this one for over a decade to a wide range of groups, including the Smithsonian Institution and the US Department of Agriculture Graduate School.

605 National Science Foundation Science Series

Instructors: *National Science Foundation Staff, Former and Current*

- Thursdays, 3:30–5:00
- April 1–April 29
- National Science Foundation, Room 110, 4201 Wilson Blvd., Arlington, VA (use entrance at 9th & Stuart Sts.)
- 5 sessions
- Location is across from Ballston Mall (parking \$1 for 3 hours) and one block from Ballston Metro station.

Note: This course repeats parts of a popular series from ALRI's fall 2003 term. Lectures listed below are those that were confirmed at the time the catalog was published; the order or titles of some lectures may change. Check with the ALRI office for updated information.

Overview: The National Science Foundation (NSF), sponsor of this lecture series, is an independent federal agency, located in the Ballston neighborhood of Arlington, that supports fundamental research and education across all fields of science and engineering through an annual budget of more than \$5 billion. Recognizing that science and technology are increasingly pervasive influences in our lives, NSF funds reach all 50 states through grants to nearly 2,000 universities and institutions. Each year, NSF receives about 30,000 competitive requests for funding, and makes about 10,000 new funding awards.

The US Antarctic Program: Research and Science Support (focus on Palmer Station)

Americans have been studying the Antarctic since 1956. This overview of the US Antarctic Program will cover the Antarctic Treaty, the history of US presence in Antarctica, and the operations and science activities at three US research stations, with emphasis on the marine biology of the Antarctic Peninsula region.

Polly Penhale is Program Manager, Antarctic Biology & Medicine, Office of Polar Programs, NSF.

Dave Bresnahan is Systems Manager, Operations and Logistics, Office of Polar Programs, NSF.

Drug Testing for the Olympics: The Science behind the Headlines

Drug testing of Olympic athletes is a high-throughput behind-the-scenes process, becoming high-profile and instantly newsworthy when the results are positive and disputed. This presentation will provide an overview of how such testing is completed, from a summary of sampling through a layperson's explanation of the techniques of chromatography and mass spectrometry that are the mainstays of the analysis.

Ken Busch, PhD, Office of Inspector General, NSF, is also an analytical chemist, former researcher, book author, and ad hoc consultant to the arbitration committee overseeing drug testing in the past two Summer Olympic games.

Magnetic Resonance Imaging (MRI): The Power, Applications, and Limitations

A discussion of the basic science behind MRI will be followed by a description of its medical applications and a comparison with other common imaging technologies.

Andrea Stith, PhD, is former Science Policy Fellow at NSF and MRI researcher at the University of Virginia.

From the Dream Machine to the Grid: The Past and Future of Computer Science

Computing started long before microchips, before vacuum tubes, long before the word *computer* was even a job description. It's still a very long way from its final form. Prepare for a grand tour of computing's past, present, and future.

M. Mitchell Waldrop, Office of Legislative and Public Affairs, NSF, is also a long-time science writer and author of two books (including *The Dream Machine*) about the history of computing.

Art and Science: A Poet's Perspective

Both poetry and science are forms of art. This speaker combines the best of both to demonstrate how poetry techniques such as metaphor, analogy, and "the voice" help to conceptualize science for those "on the outside."

Patricia Garfinkel, senior policy analyst and head speechwriter in NSF's Office of Legislative and Public Affairs, is also the author of three books of poetry.

606 Environment 2004: Perception Versus Reality—Were the "Good Old Days" Really So Good?

Instructor: *Dr. Carlos Stern*

- Tuesdays, 10:30–12:00
- March 2–April 6
- George Mason University Arlington Campus
- 7 sessions

Organized more as seminar than as lecture, sessions will focus on:

1. What is meant by *environment* and what are some of today's most critical environmental issues. Review of participants' goals and concerns.
2. Video and open discussion: *Are We Scaring Ourselves to Death?*
3. Video and open discussion: *The Blame Game*.
4. Synthetic chemicals—blessing or curse? Discussion of some notorious case studies relating to toxic and hazardous substances, including Love Canal; Bhopal, India; and Agent Orange.
5. How decisions get passed into law and regulation: The role played by class-action lawsuits—do we need tort reform?
6. Sustainability: Using energy conservation as a case study, is the problem the population bomb or excess consumption? What do we mean by the terms *waste* and *cost*?
7. The natural environment: What does the future hold for endangered species, wilderness, national parks, wildlife refuges, international treaties, whales, polar bears, wolves, coyote, and wild salmon? Should we care?

Participants will be encouraged to question and comment, introducing relevant current events for discussion.

Carlos Stern has been a tenured professor of Environmental Economics at the University of Connecticut and principal investigator for research contracts funded by the Environmental Protection Agency, the Department of Energy, the US Army Corps of Engineers, the National Academy of Science, the National Science Foundation, and the State of Connecticut. He is a former Director of Environmental Programs for the Chemical Manufacturers Association and served as Deputy Assistant

Secretary of the Air Force, managing the department's environmental, occupational health and safety, and energy conservation programs. Now President of his own environmental consulting company, he holds a PhD from Cornell in Natural Resources Conservation.



Social Sciences

707 The When, What, and Why of Modern Eating Habits

Instructor: *Barbara Brandon Schnorrenberg*

- Wednesdays, 11:00 – 12:30
- April 21 – May 12
- George Mason University Arlington Campus
- 4 sessions

A common error found in many novels or other accounts of earlier times is the assumption that contemporary eating habits are the same as those of two to three hundred years ago. Today's eating habits broadly date from the first half of the nineteenth century. Using novels, personal accounts, cookbooks, and other sources, we will look at the changes in eating times, meal service, what's eaten, cookery, and daily life since about 1750. These topics will also involve economic changes, industrial and technological developments, and the role of women, as well as other aspects of society.

Barbara Brandon Schnorrenberg, now an independent scholar, has taught history at the University of Alabama and the Chapel Hill and Greensboro campuses of the University of North Carolina. She is a graduate of Wellesley College and the University of North Carolina, with a doctorate from Duke University. Her research has concentrated on British women in the eighteenth and nineteenth centuries, eighteenth-century British medicine, and Episcopal women in Alabama. She has been active in a variety of academic professional organizations and has published extensively.

708 Economic Development and Social Change

Instructor: *Margaret Goodman*

- Thursdays, 10:00 – 11:30
- March 18 – April 29
- Clarendon Education Center
- 7 sessions

This course will examine the relationship between economic development and social change. Major development theories and practical examples from a range of Latin American and Caribbean development programs will be used to illustrate the complexities involved in development, as well as the difficulties faced in the modernization process. The issue is not whether every aspect of society must change or nothing but the economy itself must change. Rather, the question is: what must change and what need not? A recommended reading list will be provided at the first session.

Each of the following issues will be discussed in one or more sessions:

- The political and economic basis of underdevelopment
- The social and moral basis of underdevelopment
- Actors for change: Modernizing oligarchies
- Urban pressures for political, social, and economic change
- Peasant cultures and reaction to change
- International actors in the modernization process

Margaret Goodman is newly retired from the Inter-American Development Bank, where for more than 14 years she did project management studies and led evaluations of programs across Latin America and the Caribbean involving non-governmental organizations, indigenous groups, social services, and citizen participation. She holds a PhD in Public Law and Government from Columbia University, and has taught at the City University of New York and the University of Hawaii.

709 The Effective Grandparent

Instructor: *Steve Gell*

- Thursdays, 9:00 – 10:30
- March 11 – April 15
- Clarendon Education Center
- 6 sessions

This course consists of a mixture of lecture, demonstration, and discussion. Student participation is expected. Class size is limited to 18. The following topics will be covered:

1. **Different parenting styles:** Which is best?
2. **When kids act out:** Attention-getting and power struggles.
3. **Discipline without tears:** In the unlikely event it becomes necessary.
4. **Merry Christmas! Happy Chanukah!** Imparting cultural and religious values to grandkids.
5. **Establishing a good relationship with your grandchildren on short visits:** Getting on their level, floor games, "special time," "special plate."
6. **Keeping in touch from a distance:** Taped stories, cards, poems, pictures, birthday and holiday gifts.
7. **Communicating with your preteens and teens:** How to get answers of two or more words.
8. **You didn't turn out so bad!** Good advice on parenting and when not to give it; how to maintain a distance; avoiding disapproving looks; letting your kids come to you; dealing with the son- or daughter-in-law.
9. **Alone at last. Uh, oh!** The two-week visit without the parents; setting rules.
10. **Tips on spoiling:** Fighting the materialistic impulse, does largesse bring love?, "being fair," spoil them with unconditional love.
11. **The popularity contest:** Beating out the other grandparents.
12. **Problem solving.**

Steve Gell has taught child raising to hundreds of parents in the Washington area for over 30 years. He still gives three courses a year using STEP (Systematic Training for Effective Parenting), PEP (Parent Encouragement Program), and FEN (Family Education Network). He is the grandfather of two boys, age 2, and one girl, age 6. (Ask to see his pictures!)

710 The Latino Immigrant

Instructor: *Fernando Cruz-Villalba*

- Thursdays, 10:30 – 12:00
- March 25 – April 15
- Clarendon Education Center
- 4 sessions

With group participation, this course explores the origins, background, motivation, and dreams of the Latino immigrant. It examines how a mix of cultures with a common language is transforming the local economy, from food, music, and dress to political empowerment. Recent data from major research centers reveals how diversity enriches the arts and culture of the metropolitan region. The course will examine the role of second-generation Latinos in local public policy, from issuance of driver's licenses and Social Security cards to the ESL curriculum and the economic impact on firms and schools. One session will concentrate on the inter-generational transference of poverty in Latin America and its effects on our daily life. Categories of recent immigrants will be examined and a proposed nomenclature will help non-Latinos understand the immigrants seen in daily life around Washington and learn how that can help formulate strategies for education.

Fernando Cruz-Villalba, Ecuadorian born, holds a Master's in City Planning from MIT. He is President of the Hispanic Alliance in Montgomery County and serves as advisor to the Montgomery County Public School System. A Vice President of the Board of Directors of Montgomery Community Television, he also has worked in developing countries for more than 30 years with international organizations, including the World Bank, the US Agency for International Development, the UN Development Programme, and the Pan American Health Organization.

SPECIAL EVENTS FOR ALRI MEMBERS

At time of catalog publication, the ALRI Special Events Committee has scheduled three events during the spring for ALRI members. Planning for a number of other events is underway. They will be announced later.

National Symphony Orchestra

Thursday, March 25 at 9:30 am at the Kennedy Center. The scheduled program has David Robertson, conducting with Elena Bashkistrova performing on the piano. We will hear Copland's Symphony No. 2 ("Short Symphony"); Beethoven's Piano Concerto No. 3 in C minor, Op 37; and Haydn's, Symphony No. 103 in E-flat major ("Drumroll").

ALRI has 15 spaces reserved. There is no cost to attend the rehearsal, but there is a fee for parking. Registration will begin on Tuesday, February 17. Leanne Peters will take reservations through her e-mail, PetersLP@aol.com or by phone at 703-671-6651 beginning on that date.

Afternoon Tour and Tea at the National Cathedral

Tuesday, April 27, 2004 at 1:30 pm. The tea follows the tour. This tour will be different from the December holiday tour and tea that ALRI members enjoyed last semester. The Cathedral is beautiful in the afternoon with the light streaming through the stained glass windows. In addition to

the walking, there are some stairs to be managed on this tour.

ALRI has 15 spaces reserved. The cost of the event is \$22. Registration will begin on Monday, March 1. Barbara Nash will take reservations through the ALRI email at ALRI@gmu.edu or call ALRI at 703-228-2144. Please indicate event date and name of ALRI member with callback number.

No Tuition Class Jointly Sponsored by Arlington County Library

ALRI is pleased to sponsor jointly with Arlington County Public Libraries a special introduction to 21st century American diplomacy. A series of seven "no tuition" sessions will be held at Arlington's Central Library, 1015 N. Quincy Street, on Monday's from 3:00 - 4:30, from March 1 until April 12. The instructors' biographies and course descriptions appear under the listing for course 411 in this catalog. A retired or current senior American diplomat will teach each of seven sessions.

These sessions include:

- March 1: Global Solutions to Terrorism
- March 8: Voice of America - 21st Century Challenge
- March 15: Western Hemisphere Relations
- March 22: China - What Does the Past Teach?
- March 29: Nostalgia for the Cold War

April 5: Public Diplomacy as Strategic
Communication
April 12: TBD

LECTURE

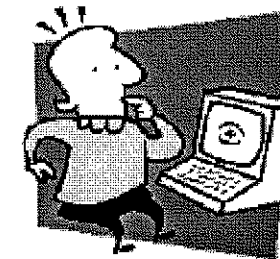
Reluctant Enemies: The Increasingly Strained Relationship Between George Washington and Thomas Jefferson.

Wednesday, January 28, 2004

at 11:00 a.m. at the Arlington Central Library

Dr. Peter Henriques, distinguished professor from George Mason University will speak. Guests are welcome.

The Special Events Committee is also choosing dates for mid-spring tours of the Monocacy Battlefield and the Hillwood museum. The Committee is always interested in hearing from the membership about events that could be scheduled. Please email Barbara Nash at ALRI@gmu.edu or call ALRI at 703-228-2144 with your suggestions



Log on to
<http://arlingtonlri.gmu.edu>
for more ALRI information!
(Remember, no www)

ALRI PRIVACY POLICY

October 24, 2003

Privacy Policy

The Arlington Learning in Retirement Institute (ALRI) is committed to protecting member privacy and to ensuring the security of personal information collected.

Personal Information

No personally identifiable information (any information by which one can be identified) is required to browse the ALRI website. Questions, comments, and suggestions voluntarily submitted to ALRI through electronic mail or otherwise may be treated as non-confidential and non-proprietary.

ALRI collects information on members for use in meeting the operational needs of the organization and to enable members to participate in the activities of ALRI. This information includes, but is not limited to, name, address, telephone numbers, e-mail address, and course registration information. Personal information required for some services, such as those involving e-mail notification of all kinds and requests for assistance will be treated as confidential. Personal information that ALRI currently collects in paper form includes, but is not limited to, name, address, telephone numbers, and e-mail address. Once a member provides personally identifiable information, ALRI will secure the data. The data will be kept for as long as either required by law or is relevant for the purposes for which it was collected.

Both George Mason University and the Arlington Public Schools require ALRI member information in order to provide administrative

support. These institutions have policies that require them to maintain secure files. George Mason University requires the SSN and Date of Birth from members who wish to obtain a GMU affiliate ID card.

Restricted Access to Personal Information

ALRI is an all-volunteer organization, including its board of directors. It limits access of personal information to those volunteers and any future staff who need to know the information to provide services. Volunteers and staff authorized to access personal information are educated about the importance of member confidentiality and privacy. ALRI maintains physical and procedural safeguards to guard personal information.

Only the ALRI Board of Directors (BOD) and committee chairpersons who have a need to know hold membership lists. In a future Membership Directory, personal information may be released; however, all members will be provided an opportunity to specifically request that her/his information not be used in the directory.

ALRI will not sell, rent, or lease or otherwise disclose personally identifiable information to others.

Legal Access to Personal Information

Federal law enforcement officials may under certain circumstances obtain access to ALRI's data under the federal Patriot Act (Public Law 107-56). Federal law prohibits ALRI from informing members if federal law enforcement officials have obtained these records. Other laws may also mandate disclosure.

Courses by Starting Date

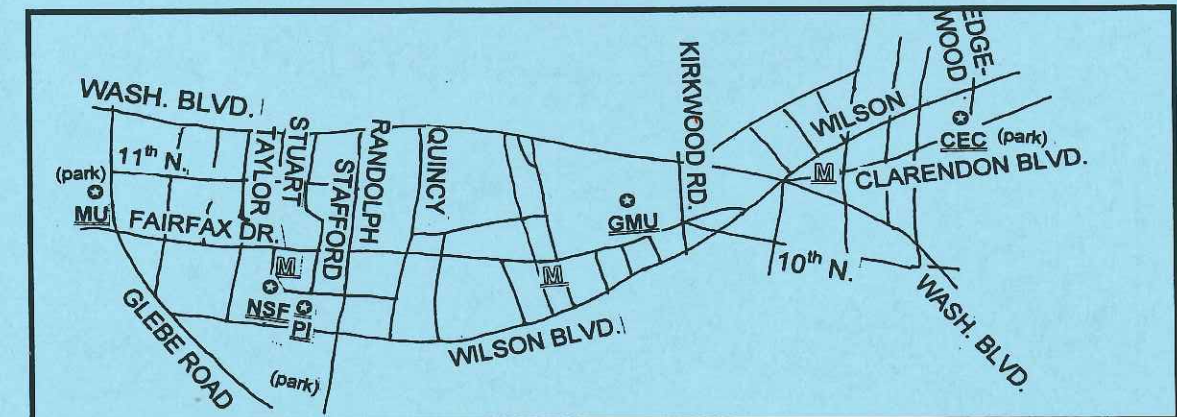
Hour	Sess.	Loc.	Crs#	Course	Hour	Sess.	Loc.	Crs#	Course
Mar 1					Mar 16				
- May 3	1:00pm	10	MAD	306 Ancient Egypt	- May 4	9:00	8	205 History of Medicine	
- Apr 12	3:00pm	7	CPL	411 Int'l Rel-Tour d'Horiz	Mar 17				
Mar 2					- May 12	1:30pm	8	506 Art in Shakespeare	
- Apr 6	10:30	6	GMU	606 Environment 2004	Mar 18				
- May 25	11:00	9		304 Surv. Jewish History	- Apr 29	10:00	7	708 Econ Dev & Social	
- Apr 6	11:00	6		510 Poetry Robert Frost	Mar 25				
- Apr 13	11:00	7	PI	406 Terrorism	- Apr 15	10:30	4	710 Latino Immigrant	
- May 4	1:00pm	10	MAD	302 Ancient Rome Surv.	- Apr 29	1:00pm	6	GMU 402 Bill of Rights	
Mar 3					Apr 1				
- May 5	9:30	9	GMU	105 World Theater	- Apr 29	3:30pm	5	NSF 605 NSF Science Series	
- May 5	9:30	6	MU	507 Bible as Literature	Apr 7				
- Mar 31	11:00	5		202 Estate Plan/AHCD	- May 12	9:00	6	MU 307 Int'l Rel-Post-WWII	
Mar 4					- Apr 28	11:00	4	GMU 403 Contemp. Ireland	
- Apr 22	1:00pm	8		412 Politics of Hunger	Apr 13				
Mar 8					- May 4	11:00	4	309 Civil War Generals	
- Apr 12	1:00pm	6		408 Capital Punishment	Apr 14				
- Mar 29	1:00pm	4	GMU	310 Perspect- World Hist	- May 19	9:00	6	508 Time-Space-Gender	
Mar 9					- May 19	11:00	6	509 Utopias	
- Apr 13	1:00pm	6		102 Opera for Fun	Apr 15				
Mar 11					- May 27	10:00	7	AHM 305 Arlington History	
- Apr 15	9:00	6		709 Effect. Grandparent	Apr 21				
- Apr 15	11:00	6		206 Int'l Women's Health	- May 12	11:00	4	GMU 707 Modern Eating Habit	
- May 20	1:30pm	10		104 Painters and the Art	- May 26	2:30pm	6	602 Our Living Planet	

Calendar View

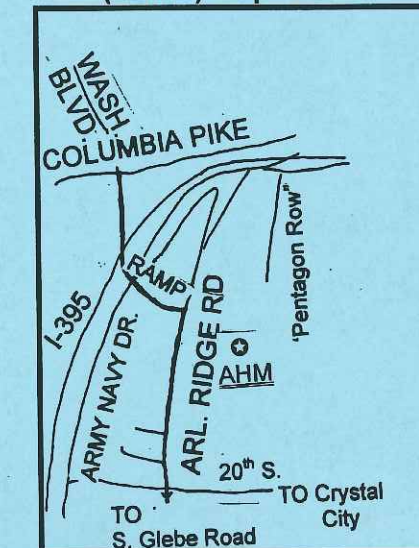
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	9:00 AM	9:00 AM	9:00 AM	
		Time-Space-Gender 508 4/14-5/19		
	History of Medicine 205 3/16-5/4	Int'l Rel-Post-WWII 307 4/7-5/12 MU	Effect. Grandparent 709 3/11-4/15	
	10:30 AM	9:30 AM	10:00 AM	
			Arlington History 305 4/15-5/27 AHM	
			Econ Dev & Social 708 3/18-4/29	
		World Theater 105 3/3-5/5 GMU	10:30 AM	
			Latino Immigrant 710 3/25-4/15	
	Environment 2004 606 3/2-4/6 GMU	Bible as Literature 507 3/3-5/5 MU	11:00 AM	
	11:00 AM	11:00 AM		
	Surv. Jewish 304 3/2-5/25	Estate Plan/AHCD 202 3/3-3/31	Int'l Women's 206 3/11-4/15	
1:00 PM	Civil War Generals 309 4/13-5/4	Utopias 509 4/14-5/19	1:00 PM	
Capital Punishment 408 3/8-4/12	Poetry Robert Frost 510 3/2-4/6	Modern Eating 707 4/21-5/12 GMU	Politics of Hunger 412 3/4-4/22	
Perspect- World 310 3/8-3/29 GMU	Terrorism 406 3/2-4/13 PI	Contemp. Ireland 403 4/7-4/28 GMU	Bill of Rights 402 3/25-4/29 GMU	
Ancient Egypt 306 3/1-5/3 MAD	1:00 PM	1:30 PM	1:30 PM	
3:00 PM	Opera for Fun 102 3/9-4/13	Art in Shakespeare 506 3/17-5/12	Painters and the Art 104 3/11-5/20	
Int'l Rel-Tour 411 3/1-4/12 CPL	Ancient Rome Surv. 302 3/2-5/4 MAD	2:30 PM	3:30 PM	3:00 PM
		Our Living Planet 602 4/21-5/26	NSF Science Series 605 4/1-4/29 NSF	The Crusades 308 4/30-5/21

ALRI MAPS - SITES FOR SPRING 2004

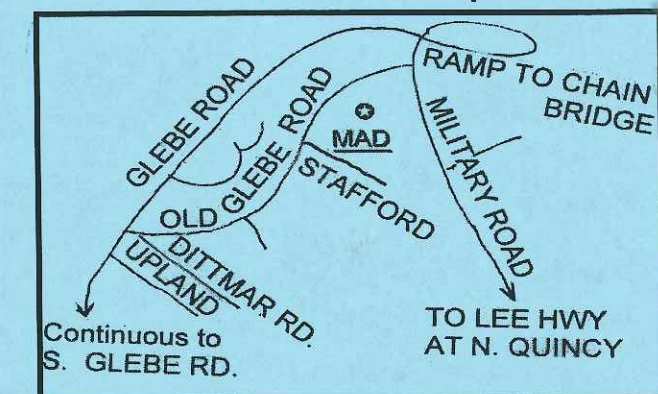
Metro Corridor Map - CEC, GMU, MU, NSF, PI



Arlington Historical Museum (Hume) Map - AHM



Madison Rec Center Map - MAD



Key to Location Codes

AHM	Arl. Historical Museum
CPL	Central Public Library
GMU	George Mason University
MAD	Madison Rec. Center
MU	Marymount Univ.
NSF	Nat'l Science Foundation
PI	Potomac Institute

Madison Rec Center (MAD)



Arlington Historical Museum (AHM)



Marymount University Arlington Campus (MU)



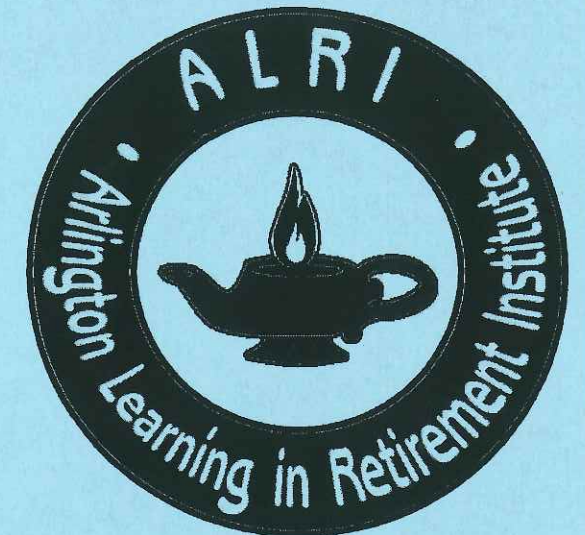
ALRI at Clarendon Education Center (CEC)

GMU Arlington Campus (GMU)



Arlington Learning in Retirement Institute
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Arlington, VA 22201

POSTAL CUSTOMER



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**Arlington Learning in Retirement Institute
Course Catalog
Spring Term 2004: March 1 - May 27**

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