

Expand Your World

ss • Politics & Public Affairs • Fine Arts • History • Science & Technology W. Social Sciences. Music. Literature & Writing. Theater. Health & Wellness.

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Marymount University

Road Scholar Institute Network

FALL 2019 Course Catalog

ENCORE LEARNING

Expand Your World

Encore Learning

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Arlington, VA 22204
Phone: (703) 228-2144
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Website: www.EncoreLearning.net

Encore Learning is a 501(c)(3) nonprofit organization.

A special thank you to all those who worked on the Encore Learning Fall 2019 Course Catalog:

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The courses in this catalog have been developed by Encore Learning's Academic Programs Committee.

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Can't be online the day of registration?

Download a registration form by accessing our Frequently Asked Questions on www.EncoreLearning.net. If you do not have an email account, contact the office at 703-228-2144.

Not sure if Encore Learning is for you?

Contact our office to discuss a classroom visit. Details on page 8 under Visitor Policy.

Encore Learning

Fall 2019 **COURSE PREVIEW**

Saturday, September 7, 2019

Doors open at 8:45 a.m. Program begins at 9:15 a.m. and ends at 12:30 p.m.

NATIONAL RURAL ELECTRIC COOPERATIVE ASSOCIATION

4301 Wilson Blvd., Arlington, Virginia 22203 Corner of N. Taylor and Wilson Blvd. (See page 4 for map.)

Open to current and prospective members. Bring friends, relatives and neighbors!

Encore Learning's instructors give brief presentations about their academic courses.

Members often tell us that the instructors' presentations at the Course Preview influence their registrations.

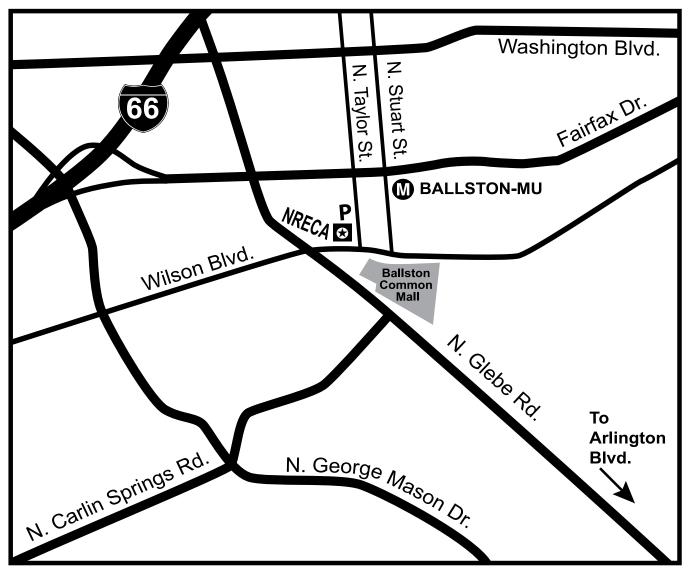
Get the latest news on our clubs, special events and volunteer possibilities along with a quick bite and hot drink.

Join Us!

Call the Encore Learning office at **703-228-2144** for specific directions or any questions.

To become a member or to renew membership, we recommend our website, where you can pay securely with your credit card. If you wish to purchase or renew your membership at the course preview, only personal checks can be accepted.

National Rural Electric Cooperative Association (NRECA)



National Rural Electric Cooperative Association — 4301 Wilson Blvd, 22203

PARKING LOT

Free parking is available in the NRECA garage. Enter from N. Taylor Street.

PUBLIC TRANSPORTATION

Metrobus and Metrorail service are convenient to this location.

Fall 2019 Course Offerings

Category	Course # and Name	Instructor	Day	Start Date	End Date	Start Time	End Time	Site
Fine Arts,	1002 - Theatre Appreciation	Ohlandt	W	Oct 9	Nov 20	10:00 AM	11:30 AM	FCC
Theater & Music	1005 - Antonio Carlos Jobim	Juhnke	Th	Oct 10	Nov 14	2:00 PM	4:00 PM	GMU
	1006 - Cinematic Aesthetic Theories	Berets	W	Oct 16	Dec 11	9:30 AM	11:30 AM	GMU
	1007 - Florence and the Renaissance	Manteuffel	F	Nov 8	Dec 6	Noon	1:30 PM	GMU
	1008 - Modern Art	Morrison	F	Oct 25	Dec 6	10:00 AM	11:30 AM	GMU
	1009 - Operatic Comedies	Niles	F	Oct 18	Nov 22	Noon	1:30 PM	GMU
	1010 - Musicals at the Movies	Sherman	W	Oct 23	Dec 4	10:00 AM	11:30 AM	GMU
	1011 - Musical Capital	Wood	W	Oct 9	Oct 30	2:00 PM	3:30 PM	GMU
Health &	2003 - Estate Planning	Parks	М	Nov 18	Dec 16	10:00 AM	11:30 AM	FCC
Wellness	2004 - Healthcare's Future in America	Connally	М	Oct 7	Nov 11	10:00 AM	11:30 AM	GMU
	2005 - Mindfulness From the 21st Century	Britton	Т	Nov 5	Dec 17	Noon	1:30 PM	GMU
	2006 - Healthy Aging	Multi	Т	Oct 8	Nov 5	10:00 AM	11:30 AM	GMU
History	3003 - Arlington History	VanNewkirk	Т	Oct 8	Nov 26	3:00 PM	4:30 PM	Varies
	3008 - Ireland: Prehistory to Present Day	Rodgers	F	Nov 1	Dec 13	2:00 PM	3:30 PM	GMU
	3009 - Ancient Rome: Imperial Period	Wukitsch	М	Oct 7	Dec 9	2:00 PM	4:00 PM	GMU
	3010 - Ottoman Empire's Breakup	Shelton	Т	Oct 8	Dec 10	2:00 PM	3:30 PM	GMU
	3011 - Europe and Eurasia Redefined	Adams	Th	Oct 17	Nov 21	Noon	1:30 PM	GMU
	3012 - French and Indian War	Anderson	Th	Oct 17	Nov 7	10:00 AM	11:30 AM	GMU
	3013 - Gandhi and Associates	Karuna	F	Oct 11	Nov 1	Noon	1:30 PM	GANDHI
	3014 - America's Founding Documents	Hawkins	Th	Oct 10	Nov 7	Noon	1:30 PM	GMU
	3015 - Economic History of Antebellum US	Grefer	М	Oct 7	Nov 11	Noon	1:30 PM	GMU
Law,	4007 - Tax Systems Around the World	Sunley	Т	Oct 15	Nov 19	10:00 AM	11:30 AM	GMU
Politics & Public	4008 - Nationalism: What Went Wrong?	Amato	Th	Oct 10	Nov 7	2:00 PM	3:30 PM	GMU
Affairs	4009 - Russian Foreign Policy	Limberg	W	Oct 9	Nov 13	Noon	1:30 PM	GMU
	4010 - China Today: Four Big New Ideas	Keegan	М	Oct 7	Oct 28	2:00 PM	3:30 PM	GMU
	4011 - Crime, Safety, Justice and Reentry	Jones Valderrama	F	Oct 11	Nov 22	10:00 AM	11:30 AM	GMU
	4012 - Legal Hot Spots	Multi	Th	Oct 10	Dec 5	2:00 PM	3:30 PM	GMU
Literature	5004 - Writing A Memoir	Suydam	F	Oct 25	Dec 6	10:00 AM	11:30 AM	FCC
& Writing	5005 - Russian Literature	Lord	Т	Nov 19	Dec 10	Noon	1:30 PM	GMU
	5006 - Trojan War	Vance	Th	Oct 10	Dec 12	10:00 AM	11:30 AM	GMU
	5007 - Alcott Family and Little Women	Mangan	W	Oct 16	Nov 6	2:00 PM	3:30 PM	GMU
	5008 - Religion, Imagination and Fantasy	Burns	Th	Nov 7	Dec 12	10:00 AM	11:30 AM	GMU
	5009 - Poetry by Stanley Kunitz	Burgess	W	Nov 6	Dec 18	2:00 PM	3:30 PM	GMU
	5010 - Shakespeare: Three Comedies	Alter	F	Nov 1	Dec 13	2:00 PM	3:30 PM	GMU
Science &	6005 - Parks, Streams and Birds	Multi	W	Oct 9	Nov 6	10:00 AM	11:30 AM	Varies
Technology	6006 - Climate Challenges and Opportunities	Multi	Т	Oct 15	Nov 12	2:00 PM	3:30 PM	GMU
Social	7005 - Civil Rights in Biblical Times	Ruth	М	Oct 28	Nov 18	2:00 PM	3:30 PM	GMU
Sciences	7006 - Mind-Body Problem	Holman	Th	Oct 10	Dec 5	Noon	1:30 PM	GMU
	7007 - Existentialism	Scherer	W	Oct 9	Dec 4	Noon	1:30 PM	GMU
	7008 - Numbers and the News 3rd Edition	Shapiro/Hallahan	Т	Oct 8	Dec 3	Noon	1:30 PM	GMU

General Information

WHAT IS ENCORE LEARNING?

Encore Learning is a nonprofit educational organization founded in 2002 that offers a wide variety of daytime college-level noncredit courses, clubs, special events and activities to help meet the continuing educational and social interests of anyone over age 50 in the DC metropolitan area. Encore Learning is governed, supported and financed by its members.

Our volunteer instructors—retired or working professionals and scholars—create a stimulating learning environment through an exciting array of academic subjects. There are no tests or prerequisites but possibly some suggested reading. Members explore new ideas and develop new friendships inside and outside of classrooms.

Encore Learning obtains classroom space and other assistance through its association with George Mason University, the Arlington Public Schools Adult Education Program, Arlington County's Office of Senior Adult Programs and Virginia Tech Northern Virginia Center.

CONTACT ENCORE LEARNING

Communicating with Encore Learning is easy.

Email us: info@encorelearning.net

• Call us: 703-228-2144

 Write to us: 2110 Washington Blvd., Room 349, Arlington, VA 22204

VOLUNTEER AT ENCORE LEARNING

Volunteer work at Encore Learning is performed in two ways: through standing committees headed by board members and through individual activities, e.g., instructors and class aides. Committees recruit new instructors and develop courses each semester; seek exhibits, speakers and performances for our special event offerings; write, edit and distribute our catalog; recruit new members and coordinate our clubs; organize Encore Learning's social functions; and recruit, train and support our class aides. The member-elected Board of Directors governs the organization while the part-time staff serves as its administrative arm. Volunteer-run committees and other volunteer activities are our lifeblood, but for the most part do not require extensive time commitments. Consider offering your talents today. See page 32.

SUPPORT ENCORE LEARNING

Encore Learning is a 501(c)(3) nonprofit organization. Any donation is a charitable contribution deductible from income taxes to the full extent permitted by law. Donations may be made by check or online. Members, friends and organizations wishing to support Encore Learning may direct their contributions to our general fund, which helps Encore Learning maintain a solid financial underpinning and funds ongoing operations, or to our Arlington Youth Scholarship.

As a partner in Arlington's education community, Encore Learning sponsors multiple scholarships. Our Youth Scholarship supports graduates of Arlington public schools attending George Mason or Marymount Universities. The John T. Sprott Scholarship aids graduate students at Mason's Schar School of Policy and Government while the endowed Encore Learning-McCracken Memorial Scholarship will soon be awarded to Mason undergraduates. Encore Learning also contributes annually to an Arlington Public Schools Adult Education scholarship assisting Arlington residents seeking to improve their job skills.

ACTIVITIES

SEMESTER-LONG COURSES

Classes are scheduled weekdays between 9:30 a.m. and 4:30 p.m. but most take place between 10 a.m. and 3:30 p.m. Classes meet once a week for 1.5 to 2 hours and each course lasts from four to 10 weeks. Class sizes generally range from eight to 70; 30 is the average size. Courses take place at various locations as listed in the back of this catalog. Refer to the maps and locations there for transportation and parking options. Parking costs are the responsibility of the student.

CLUBS

Encore Learning's clubs are open to all current members. There are 10 clubs: Breakfast, Bridge, Cinema, Current Issues Discussion, Ethnic Lunch, Kayak, Mindfulness, Nonfiction Book, Tech Hobbyist and Travel. See page 34 and our website for more information.

SPECIAL EVENTS

Special Events for Encore Learning's members occurring throughout the year include tours, lectures, concerts and other activities. They offer opportunities to join in small group excursions and to enjoy intellectual and cultural experiences in the DC area.

General Information continued

Email announcements of current and upcoming special events are issued periodically. See page 33 for more information. To view our events or to register for member-only events see our website, www.EncoreLearning.net.

COURSE PREVIEWS

Encore Learning's spring and fall course previews offer an opportunity to hear the instructors describe their courses before course registration begins and to socialize with other members. Prospective members are also invited. See page 3 for more information.

MEMBERSHIP MEETING

Encore Learning holds an annual membership meeting to elect Board members from a slate of candidates recruited by a nominating committee and to discuss the state of the organization.

ENCORE LEARNING MEMBERSHIP

Membership in Encore Learning costs \$65 per year and begins on the day on which the nonrefundable membership fee is paid. Membership renewal adds 12 months to the membership expiration date. Your membership expiration date can always be found by logging in to your account online. All memberships are individual and non-transferable. Encore Learning is a 501(c) (3) nonprofit organization and our membership fee is a charitable contribution deductible from income taxes to the full extent permitted by law. Only current Encore Learning members may register for our courses and special events and attend our club activities.

Encore Learning prefers and encourages the use of its website, www.EncoreLearning.net, for membership processing. For those who are not using the online option, a printable Membership/Registration Form is available on our website or by calling the office. Please note that credit cards are accepted online only.

COURSE ENROLLMENT

REGISTRATION

Only current Encore Learning members may register for a course. Course registration is not transferable between members. The fee for each course is \$55. There is no minimum or maximum number of courses for which you may register. Encore Learning prefers and encourages the use of its website for course registration. If unable to use online registration, mail a paper course

registration form, available from the office, with check to the Encore Learning office at the address on the form. Please note that credit cards are accepted online only. Neither phone registration nor cash is accepted.

Course registration for the Fall 2019 semester begins at 10 a.m. Monday, September 9, 2019. All registrations are first come, first served; waitlists for filled courses are available online. To register or for more information, go to www.EncoreLearning.net.

Late registration is generally allowed if space is available.

NOTIFICATION

Members who use the online registration process get immediate feedback on their registration status upon payment and receive an emailed receipt. Those who mail in registration will receive their receipts via email after staff has processed their forms. Members may access their account online at any time to view/print membership and registration status and receipts.

REFUNDS AND TRANSFERS

Members successfully registered in a course may choose between full refund of the course registration fee or transfer to an alternate open course in the following cases:

- The selected course is cancelled for any reason;
- The course's published schedule or location is changed prior to the course start date, and the member is unable to attend because of the change; or
- · Encore Learning's Administrator receives a written withdrawal request (mail or email sent to the Encore Learning office) from the member at least one week before the course start date.

Withdrawal requests received less than one week before the course start date but within two working days after the first class meeting of the course may specify either refund of the course fee minus a \$10 service charge or transfer to an alternate open course; no refund or transfer is available after that period.

Courses that do not meet their minimum enrollment at least one week prior to the course start date will be cancelled. If withdrawals occurring after the course start date result in enrollment below the indicated minimum, the course may be cancelled.

General Information continued

INCLEMENT WEATHER POLICY AND OTHER SPECIAL CLOSINGS

Cancellation policies for inclement weather or civil emergencies vary from site to site. In general, classes scheduled to begin after delayed openings will take place as scheduled. Monitor for changing conditions. To learn the most up-to-date information:

- Listen to the radio or watch television news bulletins.
- View Arlington Cable.
- Visit www.apsva.us/emergency-alerts for Arlington Public Schools or call 703-228-4APS.
- Visit www.gmu.edu for George Mason University or call 703-993-1000.
- For classes or club meetings at Arlington
 County Community and Senior Centers go to
 https://emergency.arlingtonva.us/closings-delayscancellations or call the inclement weather line
 703-228-4715.
- Visit www.library.arlingtonva.us/library-news-blog for Arlington Central Library or call 703-228-5990.

Other rare cancellations or postponements because of special circumstances, such as instructor difficulties, will be announced by email in advance of the class whenever possible.

ADA COMPLIANT FACILITIES

All Encore Learning classrooms meet Americans with Disabilities Act regulations and standards. If a member experiences disability-related difficulties in class participation or has other concerns, he or she should discuss them with the class aide or contact the Encore Learning office.

DISCLAIMER OF LIABILITY

From time to time, members are offered opportunities related to courses, clubs and special events. Encore Learning disclaims all liability from injury or loss arising from a member's participating in such activities.

VISITOR POLICY

Encore Learning's visitor policy is designed to attract new members. Anyone eligible to join Encore Learning may attend a single course session if he or she has never been a member of Encore Learning and the request to attend a specific session is approved in advance by the Encore Learning Administrator (info@encorelearning.net). Criteria include agreement

from the instructor and enrollment availability (i.e., no visitors are allowed in courses that have met their maximum enrollment).

DISCRIMINATION AND ACADEMIC FREEDOM

Encore Learning does not discriminate on the basis of sex, race, color, religion, disability or national origin. As an educational organization, Encore Learning subscribes to the American Association of University Professors (AAUP) principle of academic freedom: All views should be respected, regardless of their conformance with generally or currently accepted views.

PRIVACY POLICY

Encore Learning is committed to protecting member privacy and to ensuring the security of personal information collected. Encore Learning does not sell or lend member information. A complete Encore Learning Privacy Policy Statement is available from the Encore Learning Administrator and on our website. While strictly adhering to this policy, Encore Learning does urge all members to provide email addresses for internal use. The member's email address is especially valuable for communicating last-minute scheduling changes and special event announcements. Members are urged to maintain their phone and postal address via their account on our website. Changes to your email address affect account access. Email address changes must be sent to info@ encorelearning.net via the member's new preferred email address; include full name and contact information. Staff will confirm and update accordingly.

ENCORE LEARNING OFFICE

Location:

Arlington Public Schools Syphax Education Center 2110 Washington Blvd., Room 349 Arlington, VA 22204

Office Hours During the Academic Year:

10 a.m. to 2 p.m., Monday through Friday. Summer hours are posted on the website. Always call ahead for an appointment if you require a face-to-face meeting.

Contact staff:

Email: info@encorelearning.net

Phone: 703-228-2144

FALL 2019 COURSE DESCRIPTIONS

Fine Arts, Theater & Music

1002.34 Theater Appreciation: The Educated Audience

Instructor: D. Ohlandt

Wednesday, 10:00 - 11:30 AM

Oct 9 - Nov 20 Location: FCC 7 Sessions

Minimum 8, maximum 30 participants

Do you enjoy "an evening at the theater" but want to know more about what you are seeing? Have you ever wondered if knowing the historical context of a play, a theater company or a style would help you better enjoy a production? If so, this is the class for you! Through a timed series of readings and guided discussions, we will educate ourselves as members of the audience at three local theater productions by three different companies.

One week we will read or discuss a play or its source material and explore it from a literary, dramatic and historical point of view. After seeing the production, we will come back the following week to explore what we saw, while considering performance style, technique and production values. Discussions of the plays and the productions will be facilitated by an instructor not only trained in theater history and dramatic theory, but also experienced as a director and dramaturg.

Class discussions will focus primarily on local productions of the selected plays. Students are responsible for buying their own tickets.

- Everybody by Branden Jacob-Jenkins at Shakespeare Theater (see by October 22)
- Escaped Alone by Caryl Churchill at Signature Theater (see before it closes November 3)
- Amadeus by Peter Schaeffer at Folger Theater (see by November 19)

Recommended Reading: The 15th century morality play *Everyman*, author unknown, in addition to the three selected plays.

Recommended Websites:

- Shakespeare Theater: www.shakespearetheatre.org/ tickets-and-events/2019-2020-season
- Signature Theater: www.sigtheatre.org/events/ 201920/escaped-alone
- Folger Theater: www.folger.edu/theatre-2019-20season

D. Ohlandt holds a PhD in theatre studies from the University of Michigan. She has taught theater history and practice as a college professor, and has more than 15 years of experience directing in community, university and regional theater. She has worked with students from preschool through adult in a range of settings including traditional classrooms, summer camps and outdoor team-building courses.

1005.34 Antonio Carlos Jobim: The Music and Life of a "God of Bossa Nova"

Instructor: Richard Juhnke

Thursday, 2:00 – 4:00 PM Oct 10 – Nov 14

Location: GMU 6 Sessions

Minimum 8, maximum 36 participants

Antonio Carlos ("Tom") Jobim, best known for bossa nova mega-hits like "The Girl from Ipanema" and "Corcovado" (aka "Quiet Nights of Quiet Stars"), composed a wealth of beautiful music before, during and after the bossa nova heyday of the 1960s. Noted jazz critic and historian Ted

Don't forget!

Encore Learning Fall 2019 COURSE PREVIEW

Saturday, September 7, 2019 See page 3 for details.

Check what's new this semester

Fine Arts, Theater & Music continued

Gioia observed, "[Jobim's] name is not out of place alongside those of Gershwin, Berlin, Rodgers and Porter in the pantheon of those who made art song out of pop tunes."

This course (a slightly expanded version of the course offered a year ago) will explore the music and life of this "Brazilian George Gershwin," beginning with his childhood and his years as a struggling nightclub pianist and fledgling composer. We will devote a fair amount of time to bossa nova — that is, after all, what launched Jobim to worldwide fame. What is bossa nova, anyway? We will talk about that — where it came from, what's different about it, and what impact it has had — and in the process we will take a "virtual field trip" to Rio. Then We will follow the new directions his music and life took after the initial surge of bossa nova.

Along the way, we will meet many of Jobim's collaborators — musicians and lyricists — and learn the back-stories to some of his works. We will listen to a lot of music, performed by Jobim himself and a wide variety of other artists, including both familiar songs and many that are probably new to you. Of course we will hear what James Fallows of *The Atlantic* has termed "the Absolute Classic version" of "The Greatest Song Ever Recorded." We will see the Banda Nova in action — the family band Tom Jobim formed to take his music around the world during the last decade of his life.

Independent Reading: Bossa Nova: The Story of the Brazilian Music That Seduced the World, Ruy Castro.

Recommended Websites: vimeo.com/95835648 ("Bossa Nova — the Brazilian Music That Charmed the World"); jobim.org (for sheet music of many of his works).

Richard Juhnke received a BA in economics from Rice University and a JD from the University of Chicago. Throughout his legal career, his offices were always in proximity to major record stores, enabling him to nurture his life-long interest in music during lunch-hour excursions.

1006.34 Cinematic Explorations: Aesthetic Theories

Instructor: Ralph Berets

Wednesday, 9:30 – 11:30 AM Oct 16 – Dec 11 (No class 11/27)

Location: GMU 8 Sessions

Minimum 8, maximum 47 participants

This course will focus specifically on defining aesthetic responses to award-winning films and will discuss the following theories:

- **1. Auteur:** viewing a film from the director's perspective.
- **2. Genre:** viewing a film as part of a larger, genre approach.
- **3. Audience response:** viewing a film as seen from an audience's perspective.
- **4. Semiology:** viewing a film as a series of signs that point beyond its individual representation.

We will be viewing four films nominated for best picture in 2018:

- 1. Lady Bird, 1:35
- 2. Get Out. 1:44
- 3. Three Billboards Outside of Ebbing, Missouri, 1:56
- 4. The Shape of Water, 2:03

Ralph Berets has a PhD in comparative literature from the University of Michigan. He has taught interdisciplinary courses on fiction and films for over 50 years. He retired from the University of Missouri, Kansas City in 2002 and also taught at several other universities. He has presented over 100 papers, published 25 articles and broadcast over 50 film reviews on NPR.

Would You Like to Teach for Encore Learning or Do You Have an Idea for a New Course?

The Academic Programs Committee is on the lookout for instructors eager to share their expertise with fellow Encore Learning members. Do you have an area of interest that we should know about? Please email Barbara Spangler at info@encorelearning.net. If you have a course idea, but no instructor, we'd like to work with you to find a great instructor.

Fine Arts, Theater & Music continued

1007.34 Florence and the Renaissance

Instructor: Tom Manteuffel

Friday, Noon – 1:30 PM

Nov 8 - Dec 6 (No class 11/29)

Location: GMU 4 Sessions

Minimum 8, maximum 70 participants

Between 1350 and 1550 the city of Florence produced art that marks a true turning point in Western civilization. But why there? Why then? This course examines the possible reasons for the concentration of genius in that city. In architecture, there was Brunelleschi, also noted for discovering the rules of linear perspective; in painting, Giotto, Masaccio, Filippo Lippi, Piero della Francesca, Botticelli, Ghirlandaio, Leonardo, Michelangelo and Raphael; in sculpture, Verocchio, Ghiberti, Desiderio da Settignano and again, Michelangelo. We will look at their lives, but we will look more closely at their art, reading it for what it says — directly, about politics, religion, money and sex; and indirectly, about the ideal harmony underlying all appearances. We will tie all of it into the scientific, economic and technological changes roiling Florentine society at the time.

Tom Manteuffel has been interested in the Italian Renaissance since he was a teenager. He holds graduate degrees in philosophy and computer science.

1008.34 Modern Art: Deconstruction and Reintegration

Instructor: Nan Morrison

Friday, 10:00 - 11:30 AM

Oct 25 - Dec 6 (No class 11/15/2019, 11/29/2019)

Location: GMU 5 Sessions

Minimum 8, maximum 70 participants

Art and culture are intrinsically linked. As the Western world experienced and adjusted to the industrial revolution, world wars, advances in science, philosophy, technology and communications, so too were art, music, literature, poetry, theater and dance transformed. Emotion, individuality, experimentation, discovery, freedom and spontaneity influenced and inspired modern art. The avant-garde styles sparked endless conversations and heated debate about the open-ended question of what art is.

In this course we will explore some of the major styles of modern art during the first half of the 20th century. So many diverse, visionary trailblazers rocked the Western art world with controversial new creative expressions and ideas. For those who had grown complacent with the comforts and predictable qualities and themes of finely finished traditional art, the modernists broke new ground. Many were received with shock, dismay, disgust, disbelief and absolute vitriol. You've probably heard the view that "any five-year-old could do that."

Cubism, Fauvism, Surrealism, Dadaism, the Washington Color School and Abstract Expressionism are just a few of the artistic movements we will discuss.

Nan Morrison is an artist and former adjunct professor at Georgetown University's Bachelor of Arts in Liberal Studies program and a weekend docent at the National Gallery of Art. She lectures on art, culture and history. She earned both a BA and a MA in liberal studies from Georgetown University.

1009.34 Operatic Comedies: Three by Wagner, Verdi and Strauss

Instructor: John Edward Niles

Friday, Noon - 1:30 PM

Oct 18 - Nov 22 Location: GMU

6 Sessions

Minimum 8, maximum 36 participants

Die Meistersinger by Richard Wagner, Falstaff by Giuseppe Verdi and Der Rosenkavalier by Richard Strauss are three well-known operatic comedies that are in the standard repertoire of major opera houses and considered by many to be masterpieces. Are they really funny? If not, why not? Why did Virgil Thompson call them "elephantine" comedies and describe them as "heavy, large, ponderous comedies"? This course will examine the music, text and background of these three operatic works to answer these questions.

John Edward Niles is the former artistic director and conductor of the Opera Theatre of Northern Virginia. From 1987 to 1988, he worked with European American Productions in Hannover, Germany. He has also conducted at Prague Eurofest; ScanMus in Helsinki; World Music, Inc. in Linz, Austria; the Virginia Opera; and the Alexandria Symphony. Since 2012, he has been program director of the American Wagner Project.

Fine Arts, Theater & Music continued

1010.34 Musicals at the Movies: Songs in the Dark

Instructor: Dan Sherman

Wednesday, 10:00 - 11:30 AM Oct 23 - Dec 4 (No class 11/27)

Location: GMU 6 Sessions

Minimum 8, maximum 70 participants

For nearly 100 years, song and dance have been part of the movies. This course will show how movies have changed from presenting original songs to presenting mixes of existing songs and also big-screen adaptations of stage musicals. It will provide background on performers (Fred and Ginger, Judy Garland), composers and lyricists (the Gershwins, Harry Warren), directors (Vincente Minnelli) and choreographers (Busby Berkeley, Bob Fosse). The course will include many clips from films using a largely chronological approach, comprising favorites from the 1920s to the present, with an emphasis on "Golden Age" musicals.

Dan Sherman, an economist with a PhD from Cornell University, has taught many courses on musical theatre and film musicals in Washington, DC, for Osher Lifelong Learning (OLLI) classes and university alumni groups. He has long been interested in stage and film musicals and uses a multimedia approach that closely integrates background on his topics with audio and video clips.

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1011.34 Musical Capital: Metropolitan DC's Musical Connections

Instructor: A. Scott Wood

Wednesday, 2:00 - 3:30 PM

Oct 9 – Oct 30 Location: GMU 4 Sessions

Minimum 8, maximum 70 participants

The Washington metropolitan region has a history rich in musical surprises. The business of government and diplomacy has often included memorable interludes of musical performance.

In this course you will learn about some of the local connections to musical masterpieces and the hidden musical talents of presidents and politicians. From local composers and performers to masterworks connected to places and events and to the musical institutions that give our home its unique character, this course aims to make you feel more connected to our community's artistic legacy.

A. Scott Wood is music director of the Arlington Philharmonic. He also heads the Amadeus Orchestra and teaches at George Washington University and the National Cathedral School, where he holds the Roeckelein Chair of Music. He has guest conducted the Israel Symphony Orchestra Rishon LeZion, the US Army Chorus and the US Navy Sea Chanters, as well as other ensembles. He has given lectures for the Smithsonian Institution, the Goethe-Institut, the Baltimore Symphony Orchestra and the Concurso Internacional de Canto Lirico in Peru.

REGISTRATION BEGINS

10:00 A.M. sharp Monday, September 9, 2019.

Health & Wellness

2003.34 Estate Planning: Basics and **Beyond**

Instructor: Sarah Parks

Monday, 10:00 - 11:30 AM Nov 18 - Dec 16 (No class 11/25)

Location: FCC 4 Sessions

Minimum 8, maximum 30 participants

Estate planning is a task that we tend to put off, but one that is vitally important. This class will cover the essential elements of a sound plan for managing disposition of assets. In four sessions, the course will cover:

- 1. An overview of estate planning, estate taxes, the probate process, use of last will and testament and powers of attorney.
- 2. Trusts: What is a trust, how is it used and what benefits does it offer? The different trusts for different needs.
- 3. Funding a Living Trust: A trust is effective only for those assets transferred to the trust. How to make sure that the appropriate assets are properly funded.
- 4. Advance Health Care Directives: End of life health care decisions are difficult to make. Learn how to reduce the possibility of conflict between family members with differing opinions to make your wishes count.

Sarah Parks is an estate planner with Custom Estate Planning, which she has operated in Fairfax since 1995. She is a graduate of the George Mason University Law School and has an advanced law degree from Georgetown Law Center. Her practice is devoted solely to estate planning.

2004.34 Healthcare's Future in America: **Scientific Advances and Economic Complications**

Instructor: Thomas Connally

Monday, 10:00 - 11:30 AM

Oct 7 - Nov 11 Location: GMU 6 Sessions

Minimum 8, maximum 10 participants

This course will examine the major concerns about our healthcare system, including cost, poor morbidity and mortality statistics and the large number of uninsured. Two sessions will cover the overall reorganization of doctors' offices and hospitals and approaches to preventive health care. Four sessions will be devoted to genomic medicine

and new treatments for cancer, auto-immune diseases and the probable reduction in inherited genetic disorders. Some special attention will be given to healthcare for seniors, including more economic stability for this group.

Independent Reading: Major Failings of the American Healthcare System and Ideas for Fixing Them: A Physician and Civic Leader's Perspective, Nathaniel Thomas Connally MD, Kate Connally, et al.

Thomas Connally received his MD from The University of Virginia. He served in the US Public Health Service as an administrator at the National Institutes of Health. He was on the clinical faculty at Georgetown University Medical School and on the boards of several local and national professional organizations, including CareFirst Blue Cross and Blue Shield and The University of Virginia Board of Visitors. He has volunteered at The Arlington Free Clinic for 19 years. In 2001 he published a book on health care for seniors and more recently one on the failings of the American healthcare system.

2005.34 Mindfulness from the 21st Century

Instructor: Bruce Britton

Tuesday, Noon - 1:30 PM Nov 5 - Dec 17 (No class 11/26)

Location: GMU 6 Sessions

Minimum 8, maximum 47 participants

In the last decade, a torrent of cutting-edge research has revealed novel methods of mindfulness development and consciousness expansion. Propelled by brain research and buttressed by outcome studies, this sprint in our understanding and control of mindfulness has revealed, both for sudden and for gradual approaches, methods of inducing and enhancing mindfulness that are unprecedented in their precision, scope and depth.

Many of the methods developed in the 25 centuries of mindfulness practice, mostly in the Eastern world, have either never been tested for efficacy or have been tested but shown to be of little or no value. But some are now known to be effective in the Western world for the modern secular adult. Combining these stars of the previous centuries with the new developments has brought enhanced mindfulness within the reach of all intelligent practitioners.

In addition to achieving the traditional benefits of reducing suffering and enhancing physical and mental health,

Health & Wellness continued

we can now reliably create improvements in pleasure experience, critical thinking skills and psychological flexibility. All improvements in these areas can lead to a fuller and richer life as we "wake up" from the waking dream of our automatized mental life including rumination, fantasy, imaginary social interactions, mind wandering and the self-referential internal narrative.

Bruce Britton, PhD, has been investigating mindfulness since 1959, studying with five international teachers and attending more than twenty 10-day silent meditation retreats. He was professor of cognitive psychology at the University of Georgia, where he wrote or edited 14 books and 50 articles in professional journals. He founded the Encore Learning Mindfulness Club.

2006.34 Healthy Aging

Instructors: Judy Grumbly, David DeBiasi, Wendy Zenker, Aaron Miller

Tuesday, 10:00 – 11:30 AM
Oct 8 – Nov 5 (No class 10/15)
Location: GMU
4 Sessions
Minimum 8, maximum 47 participants

Literature on aging suggests that the majority of older people want to age in place. This course will address the physiological, mental and social aspects of aging, and the positive actions that we can take to age in place with dignity and comfort. It will also address the need to prepare for emergencies.

- 1. The Inevitability of Aging (Judy Grumbly): How do we age in place with grace, dignity and choice? The purpose of this session is to learn what happens as our bodies age and what we need to know to age in place. We will cover theories on aging at the cellular level, physiological aging system-by-system, and biological changes that translate into functional changes affecting everyday living.
- 2. Staying Sharp: Brain Health (David DeBiasi): It is never too late to take charge of our brain health. Join us to discover how living an active life learning more, being social, staying fit, eating right and relaxing is our best bet for maintaining brain health. This session will provide actionable steps we can take as well as resources to learn more, including materials and content from the Global Council on Brain Health and AARP's Staying Sharp Initiative.
- **3. Health Benefits of Volunteering** (Wendy Zenker): We will discuss the health and social benefits

- of volunteering, exemplified by the Arlington Neighborhood Village (ANV), a nonprofit that helps Arlington residents over 55 stay in their homes. Representatives from ANV, the Retired Senior Volunteer Program (RSVP) and the Animal Welfare League of Arlington will share information about their volunteer activities.
- 4. Emergency Preparedness (Aaron Miller): Recent weather events have raised awareness of the need to prepare for emergencies when we may have to shelter in our home or even evacuate. This session will provide information to help develop a plan and recommend actions to take to prepare our homes and families for emergencies. We will also discuss emergency planning services available in Arlington County and the region.

Judy Grumbly is a registered nurse and certified aging lifecare manager. She is a graduate of Catholic University with a master's degree in nursing and a certificate as a nurse practitioner with a specialty in geriatrics. She had a 35-year career working with aging populations in clinic, long-term and home health care settings. She serves as president of the Mid-Atlantic Chapter of the Aging Life Care Association and volunteers with the Arlington Neighborhood Village, helping members age in place.

David DeBiasi is a public health nurse with a bachelor's degree in nursing from the University of Connecticut. He has served for nine years as an associate state director at AARP Virginia in Richmond, where he has developed public policy priorities and led tactical implementation of the association's state and federal advocacy campaigns. He has also led AARP Virginia's healthy living initiative, with a special focus on brain health.

Wendy Zenker is executive director of Arlington Neighborhood Village. She served as senior vice president of the National Council on Aging from 2004 to 2017 and chief operating officer of the US Corporation for National and Community Service (Americorps and Senior Corps) from 1989 to 1999. She holds a BA from Radcliffe College.

Aaron Miller, director of Arlington County Public Safety Communications and Emergency Management, is responsible for coordinating emergency preparedness and response capabilities for Arlington County. He also oversees the Emergency Communications Center, which handles 911, non-emergency and fire responses. Mr. Miller holds a master's degree and a PhD in public health from Tulane University.

History

3003.34 Arlington History

Instructor: W. Karl VanNewkirk

Tuesday, 3:00 - 4:30 PM

Oct 8 - Nov 26 **Location: Varies** 8 Sessions

Minimum 8, maximum 15 participants

While crisscrossing the 26 square miles of Arlington, have you ever wondered who trod this ground before you? This highly popular course surveys the history of Arlington from before the arrival of European settlers to the present. This is not a classroom-based course. Each session will take place in a different historic building or neighborhood. The course will begin with an overview and guided tour of the Arlington Historical Museum. Subsequent sessions will look at:

- · Arlington before the Europeans
- 18th century
- Early 19th century and the Civil War
- Black history
- Reconstruction and the beginnings of modern Arlington
- Evolution to a unified community
- The modern era

The first session will be held at the Arlington Historical Museum, 1805 S. Arlington Ridge Road. The locations and directions for subsequent sessions will be provided. Participants will need to provide their own transportation to each class site. Some walking is required.

W. Karl VanNewkirk served four terms as president of the Arlington Historical Society and now serves on the board of directors. He has been a docent at the Arlington Historical Museum since the early 1990s and was editor of the Society's annual magazine from 1992 to 2015. He is a former member of the board of directors of the Arlington Black Heritage Museum and now volunteers for the archaeology department at Gunston Hall. He belongs to a variety of historical, archaeological and genealogical organizations.

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3008.34 Ireland: Prehistory to Present Day

Instructor: Dwight Rodgers

Friday, 2:00 - 3:30 PM

Nov 1 - Dec 13 (No class 11/29)

Location: GMU 6 Sessions

Minimum 8, maximum 70 participants

This course will examine the full range of Irish history by addressing the major events, organizations and characters in the segments which have been identified by professional historians. A goal is to create for class participants a framework for understanding the complex and colorful history of this island and the divisions which have made Irish history atypical among European countries. The course will begin with a look at the map of Ireland. as the location of the provinces and counties will be useful throughout the course.

After a brief look at Irish prehistory, including the arrival of the Celts, the course will examine the coming of Christianity and the first written records; the Viking and Norman/English incursions; the period of the kings and warlords which was curtailed at the time of Henry VIII; the religious tensions and violence which culminated in Cromwell's invasion at the end of the English Civil War; the growing Protestant ascendency; union and famine; the Home Rule Movement; the creation of the Irish Free State; and the gradual emergence of the Irish Republic.

The current Brexit negotiations are complicated by the international border between the United Kingdom's Northern Ireland and the Republic of Ireland. The course will address the history of that border: Northern Ireland does not include all of the Irish counties that are part of the traditional province of Ulster, and the demographics that supported that border after World War I have changed.

This course is substantially the same as that presented during the Spring 2019 semester.

Independent Reading: A Brief History of Ireland: Land, People, History, Richard Killeen. This is an easy read covering Ireland's history.

Dwight Rodgers has taught both history and mindfulness courses for Encore Learning over several years. He majored in history at Amherst College and received his MAT in teaching history from UMass Amherst. Sidetracked from teaching by a long federal career, Dwight continued to study and travel to deepen his historical understanding.

3009.34 Ancient Rome: Imperial Period

Instructor: Tom Wukitsch

Monday, 2:00 - 4:00 PM

Oct 7 – Dec 9 Location: GMU 10 Sessions

Minimum 8, maximum 47 participants

The course is a continuation of the Spring 2019 course on the Monarchy and Republic. It starts with Caesar Octavian Augustus and the Julio-Claudian and Flavian dynasties. It then follows the various emperors, good and bad, through Constantine's eastward move and on to the eventual collapse of the whole imperial structure and the barbarian invasions. The course will conclude with a review of the daily life of ancient Romans and consider again how our American forefathers consciously tried to emulate the best parts of the ancient Republican period.

Recommended Website: All recommended readings are on the Internet at www.mmdtkw.org/ALRItkwPages.html.

Tom Wukitsch's interest in the ancient world was whetted by his grandparents' bookcases full of National Geographic back issues. Early on he learned about Latin, ancient Greek, ancient Semitic languages, Egyptian hieroglyphs, math, history, archaeology, archeometry and computers. After retiring, he studied and taught in Rome and, since 2003, at Encore Learning.

VOLUNTEER AS A CLASS AIDE

What benefits will you have?

- Free parking while assisting the class.
- Know your classmates and the instructor.
- Training on use of audio-visual equipment.

See page 32 for details

3010.34 Ottoman Empire's Breakup and Its Consequences

Instructor: Elizabeth W. Shelton

Tuesday, 2:00 - 3:30 PM

Oct 8 – Dec 10 Location: GMU 10 Sessions

Minimum 8, maximum 70 participants

The "Eastern Question," who would get which portion of the Ottoman Empire when it collapsed, occupied the Great Powers of Europe for much of the 19th century. When its demise finally came with its defeat at the end of World War I, what had been the empire became 30-some separate countries and was the subject of major disputes at the Paris Peace Conference in 1919. Several territorial issues were never fully resolved, and hot spots such as Mesopotamia (modern Iraq), Palestine, Syria, Armenia, Kurdistan and the Balkans remain 100 years later.

The course will examine the rise and decline of this great empire that lasted over half a millennium, its external relations, its place among the European nations, which coveted parts of the empire, and the mid-19th century Crimean War. Some of the factors causing upheaval in societies, such as the rise of nationalism, which led to World War I, will be studied. Both the Western and Eastern Fronts will be discussed, with an emphasis on the Eastern Front.

The creation of the modern Middle East through the various peace treaties bringing World War I to an end, and the treaties' continuing influences a century later will finish this look at one of the major hinges of history.

Elizabeth W. Shelton retired from the State
Department's Foreign Service after a career of nearly
30 years. She served in Thailand, Malaysia, Nigeria,
Turkey (both in Istanbul and Adana). She holds a PhD in
liberal studies from Georgetown University. She is the
Executive Director of The American Friends of Turkey.

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History continued

3011.34 Europe and Eurasia Redefined

Instructor: Thomas C. Adams

Thursday, Noon - 1:30 PM

Oct 17 - Nov 21 Location: GMU 6 Sessions

Minimum 8, maximum 70 participants

The dissolution of the Soviet Union in late 1991 and the Socialist Federal Republic of Yugoslavia in 1992 led to the creation of 29 newly independent countries in Europe and Eurasia and the disappearance of one, the German Democratic Republic (East Germany). This course will examine how these 29 countries have fared economically and politically over the past 27 years, the different paths they have taken and their current challenges. While many of them, such as Russia and Ukraine, are well known and frequently in the news, a large number, such as Moldova, Estonia, Slovenia and Kyrgyzstan, are more obscure.

The course will include at least a look at all of the following: Albania, Armenia, Azerbaijan, Belarus, Bosnia-Hercegovina, Bulgaria, Croatia, the Czech Republic, Estonia, Georgia, Hungary, Kazakhstan, Kosovo, Kyrgyzstan, Latvia, Lithuania, Macedonia, Montenegro, Moldova, Poland, Romania, Russia, Serbia, Slovakia, Slovenia, Tajikistan, Turkmenistan, Ukraine and Uzbekistan.

This is an expanded version of the same course given in the fall of 2018.

Thomas C. Adams retired after more than 40 years in the Foreign Service. Much of his work dealt with the former Yugoslavia and the newly independent states that emerged from the Soviet Union. He served for many years as the Coordinator of Assistance to the countries that are the subject of this course.

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3012.34 French and Indian War: Washington, Franklin and Pitt

Instructor: Michael G. Anderson

Thursday, 10:00 - 11:30 AM

Oct 17 - Nov 7 Location: GMU 4 Sessions

Minimum 8, maximum 70 participants

This four-session course will deal with the French and Indian War of 1756-1763 by looking at the actions of some of the main participants. The first session will address the causes of the war, starting with the actions of the French and their Indian allies in North America. The second session will describe the role of a young George Washington in the lead-up to the war until his retirement from the fighting in 1758. The third session will center on the activities of Benjamin Franklin in the American colonies and then in Great Britain between 1754 and 1762. Finally, we will look at the role of Prime Minister William Pitt, who oversaw the expansion of the British Empire during the war against France and its allies.

By studying these various actors we can get a clearer understanding of what was at stake in this war, which was part of a much wider conflict between the British and French empires. We can also see the beginnings of the breakdown in relations between Great Britain and its American colonies that will eventually lead to the Revolutionary War and American independence. Although this will not be a "military history" course, we will look briefly at the main engagements of the war in North America, particularly the role played by the American colonial forces in these battles. Hopefully, by studying the conflict through the biographies of some of the key players, we will gain an insight into the past while appreciating how events often carry even the greatest of men head over heels down the stream of history.

Michael G. Anderson is a retired Foreign Service officer (1973-2002) and holds a PhD in modern European history from the University of Chicago. Since retiring form the State Department, he has taught western civilization and American history as an adjunct professor at Northern Virginia Community College and George Mason University. In addition, he has taught numerous courses on history and current affairs at the Lifetime Learning Institute of Northern Virginia and Encore Learning.

History continued

3013.34 Gandhi and Associates: Tolstoy, Tagore, Montessori and Ghaffar Khan

Instructor: Srimati Karuna

Friday, Noon - 1:30 PM

Oct 11 – Nov 1 Location: GANDHI

4 Sessions

Minimum 8, maximum 25 participants

This course, conducted in the library of the Gandhi Memorial Center in Bethesda, MD, will explore the association of Mohandas K. Gandhi with Leo Tolstoy, regarded as one of the greatest authors of all time; Rabindranath Tagore, a Bengali polymath, poet, musician and artist from the Indian subcontinent; Maria Montessori, an Italian educator, physician and scientist; and Khan Abdul Ghaffar Khan, a Pashtun independence activist and spiritual leader nicknamed "Frontier Gandhi."

The mutual inspiration and admiration of these individuals for Gandhi shaped the "Mahatma" in ways that influenced his life's dedication to truth, nonviolence and selfless service. Participants will be introduced to the many influences in the life of Gandhi that reflect upon these four figures.

Srimati Karuna began her service and dedication to both the Mahatma Gandhi Memorial Foundation and the Self-Revelation Church of Absolute Monism in 1998. Both were founded by Swami Premananda of India who came to America in 1928. She became the director of the Gandhi Memorial Center in 2006 and has devoted herself to presenting the ideals and life message of Mahatma Gandhi and the spiritual and cultural heritage of India.

3014.34 America's Founding Documents: Our Charters of Freedom and the Emancipation Proclamation

Instructor: Gerry Hawkins

Thursday, Noon – 1:30 PM Oct 10 – Nov 7

Location: GMU 5 Sessions

Minimum 8, maximum 47 participants

This course will introduce the foundational documents of the United States, which consist of the Declaration of Independence, U.S. Constitution and Bill of Rights

(collectively known as the "Charters of Freedom"), along with the Emancipation Proclamation.

We will cover the events that led to the preparation and adoption of each document, as well as its content, signatories and effects. Among other things, we will discuss the disputes between Great Britain and its 13 American colonies that led to adoption of the Declaration of Independence and the five official forms of the document; the circumstances that resulted in a national convention that produced the Constitution in the summer of 1787; the close and hard-fought debate during the ratification process by the states; and the circumstances that resulted in preparation and ratification of the first 10 amendments to the Constitution, although the members of the Constitutional Convention determined that such amendments were not necessary.

We also will discuss why President Abraham Lincoln issued the Emancipation Proclamation almost two years after the start of the Civil War, the effects of the document and how it has been perceived over time.

Independent Reading: American Scripture: Making the Declaration of Independence, Pauline Maier; The Framers' Coup: The Making of the United States Constitution, Michael Klarman; No Property in Man: Slavery and Antislavery at the Nation's Founding, Sean Wilentz; The Quartet: Orchestrating the Second American Revolution, 1783–1789, Joseph Ellis; Lincoln's Emancipation Proclamation: The End of Slavery in America, Allen Guelzo.

Gerry Hawkins practiced business law in Washington, DC, for more than 35 years. History, especially early United States history, is among his many interests. He has been leading highlight tours at the National Archives for members of the general public for several years.

3015.34 Economic History of Antebellum US: North and South

Instructor: James Grefer

Monday, Noon – 1:30 PM Oct 7 – Nov 11 Location: GMU 6 Sessions

Minimum 8, maximum 36 participants

The U.S. began as a nearly total agrarian economy. At the signing of the Declaration of Independence in 1776, approximately 90 percent of the people in all 13 colonies were farmers. The Southeast region specialized in cash

History continued

crops of tobacco and rice, and later, cotton. Geographic and economic forces led the southern regions to evolve into a plantation economy, supplemented by a highly developed set of export/import markets and self-sufficient farms. Underlying the development of the Southern economy lay the legal, cultural and economic institution of slavery. This system powerfully influenced the economic framework of the antebellum Southern regions. This class will explore the economics of slavery, its effects on the profitability of Southern plantations and self-sufficient farms, and its effects on the economic structure and growth of the Southern and national economy.

In the Northern states a light manufacturing economy began to grow and blossom. The Industrial Revolution, which began in Great Britain in the late 18th century, threatened to cripple American industrial development, but through political forces and clever intellectual maneuvering, the U.S. avoided this outcome and transformed itself into an industrial powerhouse. We will examine the geographic and economic forces that crafted this foundation of manufacturing, developed a set of transportation networks, established export and

financial markets and built an industrial economy.

Interweaving through the economic evolution of the nation was the newly formed federal government. We will discuss how this quasi-democratic assembly of men made decisions about taxation, government spending, infrastructure building and industrial clearances that both enabled and constrained markets and helped build the economic edifice of the new nation.

Recommended Readings: The Economic Growth of the United States 1790-1860, Douglass C. North; The Economics of Slavery, Alfred H. Conrad and John R. Meyer: American and British Technology in the 19th Century, H.J. Habakkuk.

James Grefer is an economist with a specialization in the study of industrial organization and labor economics. American history has been of particular interest to him, and, since retirement, he has intensified his study of American economic history, especially the development of the regional and national economic structures established during the antebellum period.

Law, Politics & Public Affairs

4007.34 Tax Systems Around the World: what the US Could Learn

Instructor: Emil Sunley

Tuesday, 10:00 - 11:30 AM

Oct 15 - Nov 19 Location: GMU 6 Sessions

Minimum 8, maximum 36 participants

In the tax world, the U.S. is an outlier among developed countries with a low tax to Gross Domestic Product (GDP) ratio and no value-added tax (VAT) in its tax arsenal. The course will consider selected issues, including: (1) The Tax Cuts and Jobs Act, 2017; (2) VAT: (3) corporate income tax innovations: corporate integration, allowance for corporate equity, taxing only distributed earning; (4) taxation of petroleum and mining projects: capturing economic rents and sharing risks; (5) excise taxes on cigarettes, alcoholic beverages and cell phone usage; and (6) international tax issues:

transfer pricing, thin capitalization and tax treaties. At the first session additional topics for discussion may be suggested by participants.

Recommended Websites: Tax Policy Center: taxpolicycenter.org; International Tax Dialog: itdweb.org; Organisation for Economic Co-operation and Development (OECD) Committee on Fiscal Affairs: oecd.org

Emil Sunley served as an Assistant Director of the Fiscal Affairs Department of the International Monetary Fund (IMF) before retiring in 2006. He advises governments on tax policy matters. While at the IMF, he specialized in tax policy advice to transition countries, post-conflict countries and countries with petroleum extraction or mining. Prior to joining the Fund in 1992. he was a principal at Deloitte & Touche (1981-92) and served as the Deputy Assistant Secretary of the US Treasury for Tax Policy (1977-81). He is a graduate of Amherst College and earned his PhD in economics at the University of Michigan.

4008.34 Nationalism: What Went Wrong? Its Domestic and Foreign Policy Implications

Instructor: Peter W. Amato

Thursday, 2:00 - 3:30 PM

Oct 10 - Nov 7 Location: GMU 5 Sessions

Minimum 8, maximum 36 participants

This course addresses diverse yet interrelated domestic and foreign policy issues — the recent growth around the world of authoritarian nationalism, its domestic and international implications and its effect on the plight of refugees and asylum seekers. Question: does the United States have a role in addressing these pressing concerns? And if so, what is it?

After the fall of the Soviet Union in Europe in 1989, our main foreign assistance arm, the U.S. Agency for International Development (USAID), provided substantial development assistance to central and eastern European countries, including support to advance the rule of law, only to witness the leaders of many of these countries turning today to a brand of authoritarian nationalism.

The United States also has supported efforts by countries in Central America's "Northern Triangle" (El Salvador, Honduras and Guatemala) and in several African countries to advance their economies and provide better lives for their citizens. But the results have been mixed, if not disappointing. Too often, with poorly managed and/or corrupt governments, lawlessness and violence have taken over in many parts of the world. This has cheapened citizens' lives and put individuals and families at great physical and emotional risk and harm. Climate change, too, has created severe stress in many areas. All of this has resulted in perilous migrations, often across dangerous waters or miles of unforgiving lands to seek asylum in Europe or the United States.

Our sessions will cover:

- 1. Nationalism and political power: Does globalization have a future?
- 2. U.S. foreign policy and aid: Will it survive "A New Americanism?"
- 3. The pros/cons of U.S. assistance to asylum seekers fleeing violence in Central America's "Northern Triangle."

- 4. Climate refugees: What remedies are needed?
- 5. Can/Should America develop a new "nationalism" to address asylum seeker issues and the aimless local violence and lawlessness under many tyrannical governments we have supported or continue to support?

Peter W. Amato, an international development consultant, has more than 35 years of experience with USAID. He served in 10 countries, developing and implementing foreign aid programs. He taught for 10 years at the graduate level at the University of Wisconsin, Madison, as tenured faculty and program chair. He holds an MS in urban and regional planning from Columbia University and a PhD from Cornell University.

4009.34 Russian Foreign Policy: The Putin Difference

Instructor: Wayne Limberg

Wednesday, Noon – 1:30 PM

Oct 9 - Nov 13 Location: GMU 6 Sessions

Minimum 8, maximum 70 participants

In testimony on Capitol Hill this year, former Secretary of State Madeleine Albright said that all the books on Russia and the Soviet Union in her study were no longer archaeological artifacts but more relevant as each day passes. For the first time in years, U.S. defense strategy identifies Russia as a top security concern.

This six-session course will explore the roots of current Russian foreign policy and its evolution since the fall of the Soviet Union, particularly under Putin. It will look at debates within the Russian elite and foreign academic communities to gain some perspective on how and why Russia behaves as it does in the outside world. It will especially examine the extent to which Russian domestic interests affect its foreign policy. The course will review the mix of tools, old and new, which Moscow uses to pursue its goals abroad, including active measures, cyber, and social media, as well as old-fashioned diplomacy. Specific areas and case studies will include: U.S.-Russian relations including the strategic arms balance; Russian policy toward the other states of the former Soviet Union, particularly Ukraine; Russian-European relations, with special emphasis on NATO and the EU; Russian policy toward Asia, including

China, Japan and the Koreas; and Moscow's efforts to re-establish its claims to great power status in the Third World, especially the Middle East. Some time each week will be devoted to breaking news. The course will combine lecture and class discussion. Drawing on his 40-plus years in the U.S. intelligence community, the instructor's formal presentation will more resemble briefings to policymakers than academic lectures.

Recommended Reading: From Cold War to Hot Peace: An American Ambassador in Putin's Russia, Michael McFaul; The Limits of Partnership: U.S.-Russian Relations in the Twenty-First Century and Putin's World: Russia Against the West and with the Rest, Angela Stent; Russia and the New World Disorder, Bobo Lo.

Independent Reading: Return to Cold War, Robert Legvold; Mr. Putin, Operative in the Kremlin, Fiona Hill and Clifford Gaddy; Imperial Gamble: Putin, Ukraine, and the New Cold War, Marvin Kalb; War with Russia? From Putin & Ukraine to Trump & Russiagate, Stephen Cohen; Russian Roulette: The Inside Story of Putin's War on America and the Election of Donald Trump, Michael Isikoff and David Corn.

Wayne Limberg joined the U.S. government in 1973 after completing his PhD in Russian history at Georgetown University. On his retirement in 2014, he was director, Office for the Analysis of Russia and Eurasia in the Department of State's Bureau of Intelligence and Research. He has taught at Georgetown, Loyola-Marymount University, the University of London, American University and the National War College. He has traveled widely in the former Soviet Union, Mideast, Europe, and Africa.

4010.34 China Today: Four Big New Ideas

Instructor: David Keegan

Monday, 2:00 - 3:30 PM

Oct 7 - Oct 28 **Location: GMU** 4 Sessions

Minimum 8, maximum 70 participants

China is essential to the future of the United States. Whether the issue is the economy, North Korea, or the future of the global order, we must cooperate with China. To cooperate, we must understand. Over the

past several years, the emergence of a new group of scholars and journalists has changed our understanding of China today.

This course will introduce the big ideas of four of these China specialists whose writings I have enjoyed and learned from. We will discuss the importance of their new ideas as they relate to the relationship between the United States and China, the role of religion in China and why Taiwan matters to America's relations with China. We will conclude by considering the United States' broader role in East Asia. Through this course I hope to impart not only a greater understanding of China but also how the United States can most effectively respond to the challenges China poses.

David Keegan is a retired foreign service officer who served in China, Taiwan and the Asia Pacific region. He holds a PhD in Chinese history from the University of California. Since retiring he has taught China and East Asia Area Studies at the Foreign Service Institute of the Department of State. For the past two years he has also taught a graduate seminar on Taiwan and its relationship with China at the Johns Hopkins University School of Advanced International Studies.

4011.34 Crime, Public Safety, Justice and Reentry in Arlington

Instructor: Elizabeth Jones Valderrama

Friday, 10:00 - 11:30 AM

Oct 11 - Nov 22 Location: GMU 7 Sessions

Minimum 8, maximum 25 participants

Television, newspapers and the Internet constantly remind us of the vast machinery devoted to enforcing our criminal code, but they do not adequately explain how it affects the people involved. Offender Aid and Restoration (OAR) of Arlington, Alexandria and Falls Church is a community-based nonprofit organization founded in 1974. Working closely with incarcerated and recently released individuals, OAR offers them alternative sentencing options through community service. This class provides an introduction to the criminal justice system, public safety and reentry to society. The guiding principles, difficult decisions and trends in this system will be addressed by police and justice officials.

Seven sessions (including two field trips) will cover the following:

- Overview of the Criminal Justice System: Jails
 vs. prisons; jail and prison population statistics;
 pending legislation; the role of OAR.
- **2.** The Role of the Police: The Chief of the Arlington County Police Department.
- Tour of the Arlington County Detention Facility: Sheriff's deputies will describe jail programs and services. Class members make own arrangements.
- **4. The Role of the Prosecutor:** The chief of the Commonwealth Attorney's Office of Arlington County.
- How the Courts Work: A retired Arlington County judge.
- 6. The Juvenile Justice System in Arlington: The director of the Juvenile and Domestic Relations Court in Arlington will explain how and why the law is different for juveniles.
- 7. Tour of the OAR office: Learn about barriers to reentry following incarceration, such as housing, employment, social services, stigmas, education and recidivism. Class members make own arrangements.

Recommended Reading: The New Jim Crow: Mass Incarceration in the Age of Colorblindness, Michelle Alexander; Netflix Film:13th; The Color of Justice Report (sentencingproject.org/wp-content/uploads/2016/06/The-Color-of-Justice-Racial-and-Ethnic-Disparity-in-State-Prisons.pdf).

Independent Reading: Race to Incarcerate: A Graphic Retelling, Marc Mauer; Just Mercy: A Story of Justice and Redemption, Bryan Stevenson; Collateral Damage: America's Failure to Forgive or Forget in the War on Crime (available at nacdl.org/restoration/roadmapreport).

Recommended Websites: www.OARonline.org; www.sentencingproject.org.

Elizabeth Jones Valderrama is the Executive Director of Offender Aid and Restoration (OAR) of Arlington, Alexandria and Falls Church. She is a graduate of The University of Virginia (BA) and The University of Phoenix (MA in organizational management). She is a graduate of the Leadership Center for Excellence (LCE) and honored by LCE as one of the 40 Emerging Community Leaders aged 40 or younger in Arlington County.

4012.34 Legal Hot Spots: Cases and Concerns

Instructors: Peter Raven-Hansen, Paulina Vera, Kathryn M. Ali, Jay Stanley, Joan E. Schaffner, Elizabeth L. Wildhack, Diana Flynn

Thursday, 2:00 – 3:30 PM
Oct 10 – Dec 5 (No class 11/28)
Location: GMU
7 Sessions
Minimum 8, maximum 70 participants

Much of the drama of history and life is played out in legal discussions, court trials and in the decisions of the Supreme Court. These seven lectures will provide the background for major legal controversies, competing arguments, the decisions and what happened later.

- 1. Nixon v. Fitzgerald Impact Then and Now (Peter Raven-Hansen): The instructor represented Ernest Fitzgerald in his whistleblower's lawsuit against former President Richard Nixon for a retaliatory firing. The discussion will trace the litigation up to the Supreme Court and its possible ramifications for presidential immunity, executive privilege and presidential pardons.
- 2. Sonia's Asylum Case (Paulina Vera): After fighting her case for over seven years, Sonia was recently granted asylum by a judge in the Baltimore Immigration Court. The case withstood two challenges in the Court of Appeals for the Fourth Circuit and it illustrates the many moving parts of the asylum system: the players, the ICE Trial Attorney, the Immigration Judge and the appellate bodies; the need for creative advocacy; the roadblocks that asylum-seekers encounter; and the benefits of asylum. The status of asylum law will be discussed. Note: For this one session the time will be 3:00 to 4:30.
- 3. Solitary Confinement Cruel and Unusual Punishment (Kathryn M. Ali): Solitary confinement is widely used in the U.S. with prisoners isolated for years. This class will discuss why solitary confinement is problematic and how courts are examining the issue. We will focus on a recent Virginia case, Porter v. Clarke, in which the U.S. Court for the Eastern District of Virginia was the first court in the U.S. to hold that extreme isolation is cruel and unusual punishment.
- **4. Privacy and Technology, Carpenter v. US** (Jay Stanley): In June 2018 Carpenter v. US decided

whether the government needed a warrant to access a phone company's records in order to determine someone's whereabouts from an active cell phone. The case also represents an important landmark in the court's ongoing attempt to grapple with new technology.

- 5. Fido, Babe, Shamu, Koko and the Law (Joan E. Schaffner): State anti-cruelty laws protect animals from criminal abuse and neglect and the federal Animal Welfare Act is designed to avoid cruel treatment of certain animals in research, entertainment or breeding. Recently, advocates have tried creative approaches to seeking "personhood" for certain animals, step one in attaining legal "rights" for them. This class will review the current state of animal law.
- 6. Elder Law (Elizabeth L. Wildhack): Seniors face complex legal concerns that are often different from those faced when they were younger. Elder law is a specialized legal area focused on older adults and their adult children. The class will focus on the questions seniors need to consider in their planning.
- 7. Legal Protections for the LGBT Community/ Those with HIV (Diana Flynn): In this class we will examine the current and recent legal decisions on behalf of members of the LGBT community and people living with HIV. What are the significant concerns of the courts? What are the successes? What are the issues currently under litigation? Where are the Courts heading? Given the composition of the current Supreme Court and the Constitution, what are the possible outcomes of the cases?

Peter Raven-Hansen is the Glen Earl Weston Research Professor of Law Emeritus at the George Washington University (GWU) Law School, where he taught the Law of the Presidency, among other courses, for 37 years. He is a co-author of *National Security Law*, among other books. He currently represents American servicemen and missionaries as well as Americans in Israel and their families, who were victims of acts of international terrorism.

Paulina Vera supervises GW Law Immigration Clinic students and provides legal representation to asylum-seekers and respondents facing deportation in Immigration Court and also lectures on immigration law. She previously served as sole Immigration Staff Attorney at the National Court-Appointed Special Advocate Association (CASA). She practices law in Maryland and before federal immigration tribunals and serves in leadership positions in numerous law organizations, including the Hispanic Bar Association-DC and as a board member of LEAD.Latinoamerica.

Kathryn M. Ali is a Senior Associate with Hogan Lovells. She has represented Fortune 500 clients, including health insurers and pharmaceutical companies, and has a comprehensive knowledge of substantive law, including product liability and consumer protection, contract disputes and RICO. She has litigated several solitary confinement and capital punishment cases in state and federal courts, including the Supreme Court. She clerked for the Honorable Robert G. Doumar of E/VA.

Jay Stanley is Senior Policy Analyst with the ACLU's Speech, Privacy and Technology Project, where he researches, writes and speaks about technology-related privacy, civil liberties issues and their future. He writes for and edits the ACLU's technology policy blog, Free Future, and has authored and co-authored various influential ACLU reports. He is a graduate of Williams College and holds an MA in American history from the University of Virginia.

Joan E. Schaffner is an Associate Professor of Law at the GWU Law School. She received her BS in mechanical engineering and JD from USC, and her MS in mechanical engineering from MIT. She has been a presenter on animal law panels and conferences worldwide. Her most recent work has focused on the compassionate management of free-roaming cats. She is the author of Introduction to Animals and the Law and is the recipient of many awards, including the 2018 Excellence in Animal Law Award: Scholarship-Teaching Service from the American Association of Law Schools.

Elizabeth L. Wildhack is a partner at the firm of Thompson Wildhack, and focuses on elder law and estate planning/administration. She is a Commissioner of Accounts for the 17th Judicial Circuit (Arlington County and the City of Falls Church). She currently serves as a director and as board secretary of the Arlington Retirement Housing Corporation, a nonprofit housing provider for low-income seniors. She is a member of the National and VA Academies of Elder Law Attorneys.

Diana Flynn is the Litigation Director of Lambda Legal, the country's largest and oldest legal organization committed to achieving full recognition of the civil rights of the LGBT community and individuals living with HIV. Her litigation efforts have helped lay the legal foundation for some of the most important principles of constitutional and civil rights law. She serves as counsel on significant litigation teams, including the challenge to the Trump Administration's transgender ban, and the efforts to secure fair and equal treatment for transgender students in the Drew Adams case.

Literature & Writing

5004.34 Writing a Memoir

Instructor: Marty Suydam

Friday, 10:00 - 11:30 AM

Oct 25 - Dec 6 (No class 11/29)

Location: FCC 6 Sessions

Minimum 8, maximum 20 participants

Guided by William Zinsser's wise, practical and humorous book, we will consider many kinds of personal writing: memoirs, diaries, family histories, journals, letters, even poetry.

The class will be a lecture-discussion-workshop. Class members will write and read their work and "gently" critique each other's work — only with the writer's permission. The class will feature practical exercises to help students get started and keep writing.

As Zinsser says, "Be yourself, speak freely, and think small." In his 2004 book, Writing About Your Life, Zinsser says: "It's a memoir of my own life, but it's also a teaching book — along the way I explain the reducing and organizing decisions I made. I never felt that my memoir had to include all the important things that ever happened to me — a common temptation when old people sit down to summarize their life journey. On the contrary, many of the chapters in my book are about small episodes that were not objectively "important" but that were important to me. Because they were important to me, they also struck an emotional chord with readers, touching a universal truth that was important to them."

Recommended Reading: Writing about Your Life: A Journey into the Past, William Zinsser.

Marty Suydam is a retired Army officer, government and corporate executive, and professor. He is a member of an informal memoir-writing group, Cherie's Gang, named for the long-time Encore Learning instructor Cherie Bottum. He has published articles in The Arlington Historical Magazine and two memoir books, Walks with Charley: Sniffing Arlington Ridge History and Mystery and Let's Go Camping.



www.facebook.com/EncoreLearningArlington

5005.34 Russian Literature: Taking Another Look at the Classics

Instructor: Natalia Lord

Tuesday, Noon - 1:30 PM

Nov 19 – Dec 10 Location: GMU 4 Sessions

Minimum 8, maximum 36 participants

Great works of literature bear gifts that continue giving well beyond their time and place. Personages in the great Russian classics continue to fascinate and speak to us, as do Shakespearean characters or those fashioned by Jane Austen. We come to care about them. The fact that a literary work inspires multiple film versions, TV mini-series, operas, rock musicals, ballets and other adaptations attests to its ability to challenge, interest and speak to individuals through the passage of time and across cultures and languages.

We will spend a class period each on Pushkin's *Eugene Onegin*, Tolstoy's *War and Peace*, Dostoevsky's *Crime and Punishment*, and Pasternak's *Doctor Zhivago*. We will spend some time exploring these works in other genres.

Reading all four of these novels entails more than 3,000 pages. There are several chapter summaries available online for each novel. It might be helpful to read these even if you read the book. Consulting a cast of characters for each work and keeping it handy is also a good idea since each character may be referred to by four or five different names.

Natalia Kamendrowsky Lord has an MA in Russian literature from Fordham University and has taught and counseled students at Fordham University, Howard University and the Foreign Service Institute for more than 40 years.

No access to the internet?

If you do not have internet access, contact the office to obtain a registration form.

Literature & Writing continued

5006.34 Trojan War: Its Legends and Its Literature

Instructor: Verne Vance

Thursday, 10:00 - 11:30 AM Oct 10 - Dec 12 (No class 11/28)

Location: GMU 9 Sessions

Minimum 8, maximum 47 participants

In this course we will examine the Greek myth/legend regarding the Greek siege and sacking of Troy, as illuminated by archaeological and historical research, and told in literature over the ages from ancient Greece to the present. We will examine in depth the iconic epic of the Trojan War, Homer's Iliad, as well as Shakespeare's different take in his play Troilus and Cressida and a contemporary version in Madeline Miller's prize-winning novel, The Song of Achilles. We will do some class readings from these pieces and watch a few video versions. The instructor will provide select mini-lectures to stimulate class discussion of the literary and philosophical issues raised by this literature. Finally, we will consider why the Trojan War and its literature are of such enduring interest.

Recommended Reading: Homer's Iliad; Shakespeare's Troilus and Cressida; The Song of Achilles, Madeline Miller.

Verne Vance is a retired corporate attorney with a lifelong interest in history and literature. A graduate of Harvard College and Harvard Law School, he has taught many lifelong learning courses on a variety of subjects at Encore Learning and elsewhere. He is a two-time winner of the T.F. Evans Award of the Shaw Society of the United Kingdom for writings in the manner of George Bernard Shaw. A number of his short plays have been performed at the Open Eye Theater in Margaretville, NY.

> In addition to our courses in the spring and fall semesters, our **Special Events & Clubs** run *year round*.

See pages 33 and 34 for details.

5007.34 Alcott Family Influence on **Little Women**

Instructor: Bonnie Mangan

Wednesday, 2:00 - 3:30 PM

Oct 16 - Nov 6 Location: GMU 4 Sessions

Minimum 8, maximum 47 participants

Transcendentalism, abolitionism, temperance, vegetarianism, women's rights, Fruitlands, poverty: these topics will be examined in the enduring story of Little Women and the unique family behind it.

Louisa May Alcott was 36 years old when she wrote Little Women. When her publisher asked her to write a book for girls, Louisa claimed she knew "little about any but my own sisters & always preferring boys," as a tepid excuse. Dubbing her work in progress The Pathetic Family, the name she often applied to her own family, Alcott created the loving March family of genteel poverty in Concord, Massachusetts, during the Civil War. The history of the Alcott family was not quite so idyllic: it was one of grueling poverty.

Her idealistic, impractical father, Bronson, was never very good at earning a living for his wife, Abigail, and his four daughters. This meant that Abigail, Louisa, and her older sister, Anna, went out to work to support the family. Louisa recounted her many jobs in her novel, Work. Her father's failed commune, Fruitlands, nearly tore the family apart. Louisa recounted this episode in Transcendental Wild Oats, a comic satire of a supposed Eden.

This class will attempt to show the various influences on Louisa May Alcott's life. Her father's notions of education reform were ahead of his time. As a member of the Transcendentalist circle of Concord, Bronson's daughter had some unique advantages. She had the run of Ralph Waldo Emerson's library. Along with other Concord children, she explored the woods with Henry David Thoreau. Emerson and Thoreau served as models for characters in her novel, Moods.

Louisa met the feminist writer Margaret Fuller, whose ideas on women's rights and autonomy are evident in many of Alcott's writings. Her favorite uncle, Samuel Joseph May, was an early, active abolitionist. The Alcotts embraced the reform movements of the 19th century and lived them.

Literature & Writing continued

Recommended Reading: Little Women, Louisa May Alcott. Or at least view one of the following movies or television series: Little Women with Winona Ryder and Susan Sarandon, 1994; Little Women with Katherine Hepburn, 1933; the PBS 3-part series Little Women, 2018.

Recommended Websites: www.louisamayalcott.org; www.fruitlands.thetrustees.org (select "Permanent Collections" for a history of the Fruitlands Commune).

Bonnie Mangan grew up in Chicago and attended the University of Illinois. She earned master's degrees in Middle East studies and library science. After working abroad, she served at the Congressional Research Service of the Library of Congress for 36 years. Since 2011, she has been a National Park Service volunteer at Arlington House, where she is considered the resident Yankee. She also volunteers at the Clara Barton Missing Soldiers Office Museum.

5008.34 Religion, Imagination and Fantasy

Instructor: John Barclay Burns

Thursday, 10:00 - 11:30 AM Nov 7 - Dec 12 (No class 11/28)

Location: GMU 5 Sessions

Minimum 8, maximum 36 participants

The use of human imagination to create secondary or alternate worlds, in which religious themes and deep concerns in human life can be explored, is basic to all religions. The major world religions operate in this way and are often understood as primary worlds. However, the authors that we will study have created secondary worlds which engage with the primary world of the religion or the person. The unfettered use of the imagination leads to these worlds being understood as fantastic. Fantasy does not mean lacking in credibility: the successful ones allow the participants to enter and leave the secondary world with an added dimension of experience. These ideas will be introduced and explored through the prism of the authors Lewis, Tolkien, Herbert and Rowling. The course is based on one taught at George Mason University over the last 10 years.

Recommended Reading: The Lion, The Witch and the Wardrobe, C.S. Lewis; The Lord of the Rings, J.R.R. Tolkien; Dune, Frank Herbert; Harry Potter and the Half-Blood Prince, Harry Potter and the Deathly Hallows, J. K. Rowling.

John Barclay Burns is Associate Professor Emeritus of Religious Studies at George Mason University. Born and raised in Scotland, and educated at the Universities of St. Andrews and Glasgow, he was a Presbyterian minister in Scotland, Toronto, Ontario and Fairfax, VA. He went on to teach for 24 years at George Mason University, where he continues to teach part-time. His interests are travel, frequently to Scotland, as well as community theatre and a reasonable amount of exercise.

5009.34 Poetry by Stanley Kunitz: A Poet for All Ages

Instructor: Wells Burgess

Wednesday, 2:00 – 3:30 PM Nov 6 – Dec 18 (No class 11/27)

Location: GMU 6 Sessions

Minimum 8, maximum 30 participants

The life of the American poet Stanley Kunitz (1905–2006) dispels the myth that one's creative powers diminish with age. Following his Pulitzer Prize-winning Selected Poems, 1928–1958, Kunitz published four additional collections between the ages of 66 and 90 (the latest, Passing Through: The Later Poems, New and Selected, received the National Book Award). At the age of 95, in the autumn of 2000, Stanley Kunitz became the tenth Poet Laureate of the United States.

Kunitz's work passes through an evolution in style from strictly formal to a spare and elegant prose that is both accessible and evocative. In the poet's own words, his work deals with "...the transformation of individual experience..." in poems written "...for the ear." He states that at the root of much of his poetry is the knowledge "...that I am living and dying at once, and my conviction is to report that dialogue..." in verse that is "...essentially dark and grieving — elegiac." Yet he has produced a body of work which affirms life for its energy in the face of finitude. The class will examine selected poems from the poet's long career, focusing on the later collections.

Recommended Reading: The Collected Poems, Stanley Kunitz.

Recommended Websites: www.poetryfoundation.org/poets/stanley-kunitz.

Literature & Writing continued

Wells Burgess is a graduate of Harvard College (1959) and the Masters Writing Program at Johns Hopkins (2011). His poetry has been published in a number of journals. He has taught several classes in poetry appreciation for Encore Learning.

5010.34 Shakespeare: Three Comedies and Done!

Instructor: Iska Alter

Friday, 2:00 - 3:30 PM

Nov 1 - Dec 13 (No class 11/29)

Location: GMU 6 Sessions

Minimum 8, maximum 36 participants

With the magical confusions of A Midsummer Night's Dream, the amatory challenges of Love's Labour's Lost and the knightly competitiveness of The Two Noble

HOW TO ACCESS COURSE MATERIAL

- 1. Log in to your account.
- 2. On My Account page: open My Activities tab to view your courses. View Class Media appears below the instructor's name if they have made course materials available. Instructors may provide images, videos and/or documents.
- 3. Select View Class Media link to view all available material.
- 4. Select each link to view or print at your convenience.

Kinsmen — comedies all, in one form or another — we come at last to the end of our long journey through the works of William Shakespeare. For six sessions we will explore these three plays about vows made and promises broken, friendships maimed and restored, and, of course, the destabilizing power of love.

Recommended Readings: A Midsummer Night's Dream, Oxford University Press; Love's Labour's Lost, Arden Shakespeare: The Two Noble Kinsmen, Arden Shakespeare.

Iska Alter is emerita professor of English at Hofstra University. Her specializations are American literature, Shakespeare and English Renaissance drama. Her work has appeared in Modern Drama, Theater History Journal and Shakespeare Survey. She is the author of The Good Man's Dilemma, an analysis of the fiction of Bernard Malamud. She received her BA from City College of New York, an MA from the University of Wisconsin and a PhD from New York University.

LOGIN TROUBLE?

If the system displays "Username does not exist. Please enter a new one." or "User does not exist, login failed."

- It may have been a keying error. Retype and submit again. We find this is the most likely culprit.
- You may have changed your email address since last logging into the system. See the VERIFY VERIFY box below for further steps to take. Limited staff support will be available on the first day of registration.

VERIFY VERIFY

Log into your account at least one week before course registration. This is the best way to verify that your username (email address) and password are working. If your email has changed recently and you are unable to log in, email staff immediately using your working email address and include your full name and contact information. Staff will update your email address during office hours and send confirmation by email. Begin the password process again with the confirmed email address.

Science & Technology

6005.34 Parks, Streams and Birds: Arlington's Fall Look

Instructors: Cliff Fairweather, Aileen Winquist, Marty Suydam, Tom Nardone, Joan Haffey, Sarah Archer

Wednesday, 10:00 – 11:30 AM
Oct 9 – Nov 6
Location: Varies
5 Sessions
Minimum 8, maximum 20 participants

This course shares the seasonal view of Arlington, its flora, fauna and birds. Take a look at how our area changes with the seasons and enjoy the richness of the area. All sessions will be held in various Arlington parks and community centers; some will involve walking and hiking. Be prepared!

1. A Fall Look at Arlington's Parks

(Cliff Fairweather): In a hike through Glencarlyn Park, participants will be introduced to the local biodiversity found in the fall in Arlington's parks. Along the way we will discuss the educational, environmental and health benefits that local natural areas provide the community. We will also consider some of the challenges of managing natural resources in an urban area.

Recommended website: Arlington Natural Resources Management Plan: http://projects.arlingtonva.us/natural-resources-management-plan.

2. Issues Facing the Arlington Watershed (Aileen Winquist): Learn about the challenges facing Arlington County's streams and water quality and how the County is addressing these challenges. Learn how residents can get involved in protecting water quality.

Recommended website: https://environment.arlingtonva.us/streams/stream-monitoring.

3. Fall Finds in Arlington Parks and Streams (Marty Suydam): Arlington's 33 miles of streams are an important part of the beginnings and development of the county. Like most modern urban areas, streams and creeks appear very different than in the past. The old natural water conduits have been relocated, piped underground, siphoned off for irrigation, or have disappeared. This class will provide a stream overview and focus on Four Mile Run with an on-site tour and explanation.

- 4. Introduction to Birding in Arlington (Tom Nardone, Joan Haffey): The instructors, from the Northern Virginia Bird Club, will introduce the class to birding in Arlington. The class will be a combination of an interactive classroom session of resource-sharing and new birder tips, and a walk in the park to start identifying birds. Participants will learn about key birding organizations and regular birding activities in the area as well as local, web-based, and smartphone app resources for Arlington birders. Bring binoculars if you can.
- 5. Invasive Species What to do in the Fall (Sarah Archer): This hands-on session will discuss the problem of invasive, non-native plants in Arlington parks. The discussion will cover which invasive species are here, how they get into our parks, and what can be done in the fall to stop the spread of these pests and manage those that have already been established in the parks.

Cliff Fairweather is a Natural Resources Specialist for the Arlington County Department of Parks and Recreation, where he manages the Long Branch Nature Center. He has been a professional naturalist since 1996 and holds a Master of Natural Resources degree from Virginia Tech.

Aileen Winquist has 20 years of experience in environmental outreach and communication. She has a Master's degree in Environmental Science from the University of Virginia. She manages outreach for Arlington County's stormwater programs, including public engagement for stream restoration and storm sewer projects. In addition, she manages the StormwaterWise Landscapes incentive program, and coordinates educational programs on rain barrels and rain gardens.

Marty Suydam is a retired Army officer, government and corporate executive and professor. A long-time resident of Arlington, he published *Walks with Charley:* Sniffing Arlington Ridge History and Mystery in 2017.

Tom Nardone volunteers as a bird-walk leader for the Northern Virginia Bird Club and the Friends of Dyke Marsh. He frequently leads the walk on the first Wednesday of the month at Long Branch Nature Center.

Joan Haffey is an Arlington Regional Master Naturalist who participates in monthly natural resource surveys in two Virginia wildlife areas. Joan regularly participates in activities of the Audubon Society of Northern Virginia, Audubon Naturalist Society (MD), Friends of Huntley Meadows Park and the Northern Virginia Bird Club.

Science & Technology continued

Sarah Archer is a Natural Resources Specialist for Arlington County's Department of Parks and Recreation. where she coordinates the Invasive Plant Program. She has been with the County since 2009: first as an AmeriCorps member, then with the Landscape and Forestry Unit. She graduated from Virginia Tech's College of Natural Resources with an Executive Master's degree in 2012. Sarah has also worked with the Student Conservation Association, the Bureau of Land Management and The Nature Conservancy.

6006.34 Climate Challenges and **Opportunities**

Instructors: Barry A. Klinger, Demetra McBride, James Egenrieder, Elenor Hodges, Joelle Novey

Tuesday, 2:00 - 3:30 PM Oct 15 - Nov 12 Location: GMU 5 Sessions Minimum 8, maximum 47 participants

Join in a multi-dimensional look at climate change, the challenges it poses and the opportunities to address these challenges. Learn about climate science, the impact of climate on nature, what actions state and local governments are taking and the synergy created when groups join forces to deal with climate issues.

- 1. What is the Threat from Climate Change? (Barry A. Klinger): How well do we understand climate, and what is the scientific evidence for human impact on climate change? What severe weather changes can we expect to continue? How is life on earth threatened by global warming? These and other questions will be addressed as an introduction to the course.
- 2. Climate Action Innovation from State and Local Government (Demetra McBride): This session will include an interactive assessment of innovative project designs, technological integration, landmark policies and leveraged financing models forged by state and local governments in addressing climate change. We will also look at multi-disciplinary models for mitigation against, or adaptation to, the impacts of climate change. Local action matters in the climate race, and imagination flourishes at the local level.
- 3. Climate Change Effects on Plant and Animal Life Cycles (James Egenrieder): This class will look at the impact of climate change on plant and

- animal life cycles (phenology) and the vulnerability of native species to invasive plants and insects. We also will learn about emerging monitoring strategies, mitigation and citizen science programs.
- 4. EcoAction Arlington Working Against Climate Change (Elenor Hodges): Do you have an action plan for reducing your carbon footprint, whether you live in a single-family house, townhouse, condo or apartment? We will explore practical ways that people can reduce their own carbon footprint by looking at energy use in the home, modes of transportation and waste.
- 5. Interfaith Groups' Response to Climate Change (Joelle Novey): How can we initiate conversations about climate change in our communities? How can we build multigenerational coalitions of people to address the climate crisis? What is the critical role faith communities have in framing the climate crisis as a moral issue? We will learn how faith communities across our region are joining together to combat climate change.

Barry A. Klinger is a physical oceanographer who studies how ocean currents can affect the climate. He has an SB in physics and a PhD in oceanography from the Massachusetts Institute of Technology and Woods Hole Oceanographic Institution. He teaches a graduate course on the science of climate change and has given public lectures on the subject at George Mason University and the National Park Service.

Demetra McBride is Arlington County's Bureau Chief, Office of Sustainability and Environmental Management. Prior to joining Arlington County, she was Director of Sustainability for Santa Clara County. She also served as Environmental Initiatives Manager for Los Angeles County, designing and executing an awarded portfolio of climate mitigation/adaptation, sustainability and energy programs. She studied in the U.S. and abroad before graduating from New York Law School.

Jim Egenrieder is on the College of Engineering's Research Faculty and Director of Virginia Tech's National Capital Region and Community Engagement "Thinkabit" Lab maker space in Falls Church. He leads a team of students in creating, developing, and facilitating programs for technical and professional (STEM) education and workforce initiatives in the Washington, DC, area. He is on the Natural Resources and Environment adjunct faculty of Virginia Tech's Center for Leadership in Global Sustainability. He has a PhD from Virginia Tech.

Science & Technology continued

Elenor Hodges has been EcoAction Arlington's executive director since 2000. Her previous experience includes environmental consultant with DynCorp, developer of the Animal Tracks environmental education program for Wal-Mart, and program manager in the education department of the National Wildlife Federation. She has a BA in environmental science from the University of Virginia and a MEd from George Mason University.

Joelle Novey is the director of DMV-Interfaith Power & Light (DC, MD, NoVA), through which hundreds of area congregations of all faiths are coming together to respond to climate change. She speaks widely on the role that faith communities can play in the climate movement. She is a graduate of Harvard University where she received a BA in social studies and completed the coursework for a minor in the study of religion.

Social Sciences

7005.34 Civil Rights in Biblical Times: What Was It Like Then and Does Anything from That Era Apply Today?

Instructor: Stephen Ruth

Monday, 2:00 - 3:30 PM

Oct 28 - Nov 18 Location: GMU 4 Sessions

Minimum 8, maximum 47 participants

Many of us look to the Bible to justify our views on the rights of women, minorities, immigrants, persons with disabilities, etc. We also find models in it for good and bad management of cities, towns and countries, plus tax policy, land management and many more issues. These sessions span two millennia of biblical themes from the patriarchs (and a few matriarchs) all the way through the time of Jesus, examining the way laws affected the rich and the poor, men and women, free people and slaves, civil and uncivil societies.

We will compare those times to the present day in the context of the many issues that are on the front burner of current national policy considerations. Many famous biblical figures and their influence on various themes will be included: the daughters of Zelophehad, Mary Magdalene and St. Paul on women's rights; Joshua, Solomon and Cyrus on nation-building; Moses, Jesus and St. Peter on slavery; Moses and St. Paul on homosexuality; and dozens more.

There will be extensive citations from biblical sources as well as perspectives from commentators, such as Josephus, Augustine, Rashi (Shlomo Yitzhaki), Maimonides (Rambam), Thomas Aquinas, Martin Luther, Raymond Brown, Martin Buber, Teilhard de Chardin and others. No previous familiarity with the Old or New Testament is needed.

Stephen Ruth is a professor of public policy at GMU, specializing in technology issues associated with globalization. He is also the director of the International Center for Applied Studies in Information Technology. His book, *One Year Trip Through the Bible — Readings and Reflections: A Layman's Fresh Perspective on the Complete Old and New Testaments*, examines 73 books of the Hebrew Tanakh and the Christian New Testament plus the Apocrypha.

7006.34 Mind-Body Problem in Modern and Contemporary Philosophy

Instructor: Emmett Holman

Thursday, Noon – 1:30 PM Oct 10 – Dec 5 (No class 11/28)

Location: GMU 8 Sessions

Minimum 8, maximum 47 participants

Perhaps the hottest topic in Anglo-American philosophy these days is the mind-body problem, which arises when one starts asking about the nature of the mind. It is called the mind-body problem because the answers to this question generally fall into one of the two broad categories, depending on how one conceives of the relation between the mind and the body. On the one hand, there are physicalist (or materialist) theories of mind, according to which the mind is identical to, or in some way reducible to, the physical brain. On the other hand, there are dualist theories of mind, according to which the mind, although certainly connected to the brain in some way, is itself something non-physical. In this course, we will look at the pros and cons of these theories, beginning with the 16th century French philosopher Rene Descartes and then jumping to the work that has been done on this since the mid-20th century.

Social Sciences continued

Emmett Holman received a BS in physics from Penn State University and a PhD in philosophy from the University of Maryland. He taught philosophy for 45 years at George Mason University, retiring with emeritus status in 2016. He specialized in philosophy of mind, philosophy of science, epistemology and 20th century analytic philosophy; he taught upper-level undergraduate and graduate courses and published articles in those areas.

7007.34 Existentialism

Instructor: Irmgard Scherer

Wednesday, Noon - 1:30 PM Oct 9 - Dec 4 (No class 11/27)

Location: GMU 8 Sessions

Minimum 8, maximum 36 participants

Existentialism is not so much a philosophical movement (in its own right) as it is a revolt against the entrenched western philosophical tradition which, by the second half of the 18th century, was dominated by the values of reason, objectivity and the scientific method. These values brought about astounding progress in science, but the Existentialists argued that when one applies these to the unique human individual, one is prone to harm him. One does not understand human nature by applying standards of objectivity, but rather, understanding human beings means we must relate to them existentially.

In this course we will study some of the major Existentialist figures in the 19th and 20th centuries and the most dominant themes that run through their writings. such as "subjectivity is truth" (as opposed to objectivity is truth), "radical freedom" and "the unique individual." We will study selections from writings of Kierkegaard, Nietzsche, Sartre, Heidegger and Camus.

Recommended Reading: Existentialism from Dostoevsky to Sartre, Walter Kaufmann; No Exit and Three Other Plays, Jean-Paul Sartre; Introducing the Existentialists: Imaginary Interviews with Sartre, Heidegger and Camus, Robert Solomon.

Irmgard Scherer, a US citizen born in Germany, is associate professor emerita of philosophy at Loyola University Maryland. She taught core and honors ethics courses, topics in the history and philosophy of science and upper-level courses in her area of competence:

Kant and 18th century aesthetic theory. She has published on Kant and related issues. Since retiring, she has taught philosophy courses for the OLLIs at George Mason University and American University.

7008.34 Numbers and the News: 3rd **Edition** — An Exploration of Journalism and Data Analysis

Instructors: Steve Shapiro, Charlie Hallahan

Tuesday, Noon - 1:30 PM

Oct 8 - Dec 3 Location: GMU 9 Sessions

Minimum 8, maximum 30 participants

This course will be an updated and expanded version of those taught in fall 2017 and fall 2018, where we began exploring the intersection of journalism and statistics. We estimate that about 70% of the course material will be new. We will discuss rapidly evolving technologies for displaying data and for explaining complex topics involving quantitative data. We will look at examples of misleading graphics and statistics and consider sources of bias in creating and interpreting data.

Within this context, we will examine a variety of articles and studies involving economics, personal finance, demographics, health care, science, politics and sports. Examples include clinical trials, fish oil, Alzheimer's, life expectancy, robotic surgery, Big Data, online dating services, social mobility, stock market performance, global economic growth, sports analytics, vaccines, election auditing, junk science, college admissions and statins. All statistical concepts will be explained in layman's terms.

Steve Shapiro taught high school math in the Fairfax County Public Schools and co-chaired the math department at Falls Church High School. Prior to teaching, he spent 25 years in management positions with high-tech companies. He is a graduate of Tufts University and MIT's Sloan School of Management.

Charlie Hallahan retired after 41 years with the federal government working with economic researchers in the U.S. Department of Agriculture and the Securities and Exchange Commission. After receiving his PhD in mathematics from Rutgers University, he taught math at the University of Wisconsin-Madison and American University.

Encore Learning Needs <u>YOU!</u>

Catch the spirit & join the fun!

Volunteer your talents, your time and your support. Encore Learning has many opportunities that can fit your schedule. To sustain our non-profit, volunteer-led organization, we need many members to actively volunteer. It's a great way to make new friends and to stay sharp.

There are many ways to serve as a volunteer:

- · Be a Class Aide
- Lead a club
- Teach a course or suggest a course instructor/topic
- · Provide technology expertise
- Assist with audiovisual needs for special events at the Arlington library
- Distribute course catalogs to local libraries and community centers
- Serve on one of the committees that are essential to Encore Learning's success

There are five committees that need volunteers:

- Class Aides: Recruits and trains the class aides
- Membership: Welcomes new members and plans social events
- Publications: Writes/edits/produces the course catalog
- Special Events: Arranges for and manages tours and lectures
- IT: Advises Encore Learning staff on technology issues

Our Volunteer Committee Chair, Steven Shapiro, spearheads volunteer placement. Contact him through the Encore Learning office at 703-228-2144 or info@encorelearning.net to submit your preferences.

Encore Learning members are a great community of people, and your participation will help to make our organization even greater.

Please consider volunteering to become a Class Aide

When you become a Class Aide, you support the programs that you love. To become a Class Aide, simply choose "YES" when you register online.

What's a Class Aide?

A Class Aide serves as the liaison between the instructor and the class, helping with attendance and class setup. Class Aides will receive training prior to classes during a Class Aide orientation.

Class Aide Benefits

- Class Aides will receive training on use of professional audio-visual equipment.
- Class Aides will have a coffee gettogether at the end of the semester.
- Bonus: FREE parking while assisting your class.

Questions?

Contact Eileen Janas or Jere Cummins at info@encorelearning.net or call 703-228-2144 and leave a message.

Special Events

Encore Learning's Special Events provide a variety of activities to complement our academic course offerings.

Some events require an admission fee upon registration, while others are free. Registration is required except for those events open to the public.

Members with email addresses on file with Encore Learning receive monthly reminders of the upcoming events unless they choose to unsubscribe. Members are encouraged to check the website for the most current listing.

Special Events are popular and fill very quickly. To secure your seat, register online as soon as you receive the email notification.

Events requiring registration are for members only and require current membership through the event date. Members registering for events online may always check their expiration date upon logging in to their account and renew as needed.

Events held at Arlington County libraries require no registration and are open to the public. They are a good way to introduce your friends to Encore Learning and the caliber of its offerings.

Suggestions from members for future places of interest are always welcomed by the Special Events Committee. The greater Washington area is a treasure trove of opportunities—some of which, such as private museums or historic homes, are otherwise inaccessible to the public. Should you have a suggestion or interest in arranging a tour, contact Special Events Chair Kris McLaughlin via the Encore Learning office at 703-228-2144 or info@ encorelearning.net.

TO REGISTER FOR SPECIAL EVENTS

Go to www.EncoreLearning.net and select Special Event Registration (under QUICK LINKS).

Remember to check online at for the most up to date information!

COURSE **REGISTRATION CHECKLIST**

- ☐ Review/update your account information online before registration begins on September 9.
- Note your password for easy access to your account on registration day.
- ☐ Choose your desired courses <u>before</u> logging in to register on September 9.
- Register online at 10 a.m., Monday, September 9, for your best chance at a seat in a popular course.
- Opt for a course waitlist if the course is filled.
- ☐ Complete your online registration and payment within 20 minutes.
- ☐ Sit back and wait for classes to begin.

Refer a friend!

You are our best source of information for prospective members. Simply refer them to our website www.EncoreLearning.net.



And don't forget to invite your friends and neighbors to our Course Preview.

See page 3 for details.

Clubs

Encore Learning offers a wide range of clubs to match the diverse interests of our members. Costs of club activities vary and are borne by the participants. Join Encore Learning and add club activities to your calendar today!

BREAKFAST CLUB

Are you a morning person? If so, join this club for breakfast and conversation with other Encore Learning members. We meet on Wednesdays at 8:00 a.m. at La Madeleine, a low-key, Parisianstyle café in Bailey's Crossroads. Club coordinator is Ron Wise.

BRIDGE CLUB

The Bridge Club consists of members who enjoy getting together once a month to play social bridge. Members take turns hosting the games in their homes. The monthly gatherings begin at noon with a simple lunch; each player gives \$5 to the host/hostess to offset the cost of food and drink. Club coordinators are Sharon Bisdee and Joan Carter.

CINEMA CLUB

If watching movies on the big screen sounds like fun, join the Cinema Club. Each month, members go to a selected movie on a weekday at Arlington theaters. Afterward there is an informal discussion and socializing over coffee or dinner at a nearby restaurant. Club coordinators are Kathie Burch and Lee Cooper.

CURRENT ISSUES DISCUSSION GROUP

The Current Issues Discussion Group meets the third Wednesday afternoon of every month from 1:30–3:00 p.m. at Arlington's Langston-Brown Community & Senior Center. The group's coordinators are Bob Gibson and Pete Taylor.

ETHNIC LUNCH CLUB

The Ethnic Lunch Club, a group of "foreign foodie" members, usually meets on the last Thursday of the month to explore and enjoy the area's great ethnic food. Twenty to thirty members come together for a social and delicious adventure. Details for each restaurant are sent by email each month. We try new ethnic restaurants, as well as old favorites. Cuisines we have enjoyed sampling include Nepalese, Afghan, Rus-Uz, Italian, Greek and Irish. Club coordinator is Arlene Kigin.

KAYAK CLUB

Are you interested in kayaking on the Potomac with other Encore Learning members? Our club welcomes newcomers, novices and experienced kayakers. We meet at Fletcher's Boathouse off Canal Road in DC. Fletcher's provides all the necessary equipment and attendants to help you in and out

of the kayak for a reasonable hourly cost. We meet at 11:00 a.m. on the 2nd and 4th Wednesdays of the month from May through October, weather permitting, and paddle for about 1 to 1 1/2 hours. Club coordinators are Janice Yeadon and Wayne Moore.

MINDFULNESS CLUB

The Mindfulness Club meets each Wednesday from noon to 1:30 p.m. at Rock Spring Congregational UCC Church for meditation, discussion, and exploration of the mindfulness tradition as it has developed in the modern West. Each week features a guided meditation, a chance to bring questions and observations to the group, and a relevant recorded talk by an expert. All are welcome regardless of experience. Club Coordinator is Dwight Rodgers.

NONFICTION BOOK CLUB

Members gather from 1:30 to 3:00 p.m. on the second Monday of January, March, May, July, September and November in the upstairs meeting room at Arlington Central Library to share evaluations of that month's chosen book. The book discussions are lively and often extend to discussions about the author, as well. The remainder of the meeting is devoted to suggestions by members for books to be considered as our selection for the next meeting. Club coordinators are Pat Chatten and Carter Vaden.

TECH HOBBYIST

Like to tinker with new technology? Join fellow tech enthusiasts each Monday from 10:00 am to noon at the Qualcomm Thinkabit Lab at the Virginia Tech Northern Virginia Center in Falls Church. Club coordinator is Steven Shapiro.

TRAVEL CLUB

The Travel Club meets the first Wednesday of each month from 2:30–3:30 p.m. at Arlington's Langston-Brown Community & Senior Center to enjoy presentations on various parts of the world and share information on trips taken or planned. Any schedule changes will be noted on the Encore Learning website calendar. Club coordinators are Connie Collins, Mary Crosby and Dick Juhnke.

To learn more about a particular club or to join or form a new club, contact staff at info@encorelearning.net or 703-228-2144.

Note which club(s) you are interested in and your contact information. The appropriate club coordinator will contact you directly.

Transportation

	PARKI		
CLASSROOM AND OFFICE SITES	Public Garage or Lot	Street Parking (restricted parking zones listed)	PUBLIC TRANSPORTATION
AMCC Arlington Mill Community Center 909 S. Dinwiddie St, 22204	Free garage below the building	Limited, Free and Metered	ARTbus and Metrobus
FCC Fairlington Community Center 3308 S. Stafford Street Arlington, VA 22206	Free lot adjacent	Free and Zone 11	Metrobus
GANDHI Gandhi Memorial Center 4748 Western Avenue Northwest, Bethesda, MD 20816		Free	Metrorail and Metrobus
GMU Mason's Arlington Campus 3351 Fairfax Drive Arlington, VA 22201	Pay garage under Van Metre Hall — entrance on N. Kirkwood Rd.	Metered	Metrorail and Metrobus
SEC Syphax Education Center 2110 Washington Blvd., Room 349 Arlington, VA 22204 For GPS navigating, you may need to use 100 Walter Reed Dr., 22204	Free garage adjacent	Metered	ARTbus and Metrobus

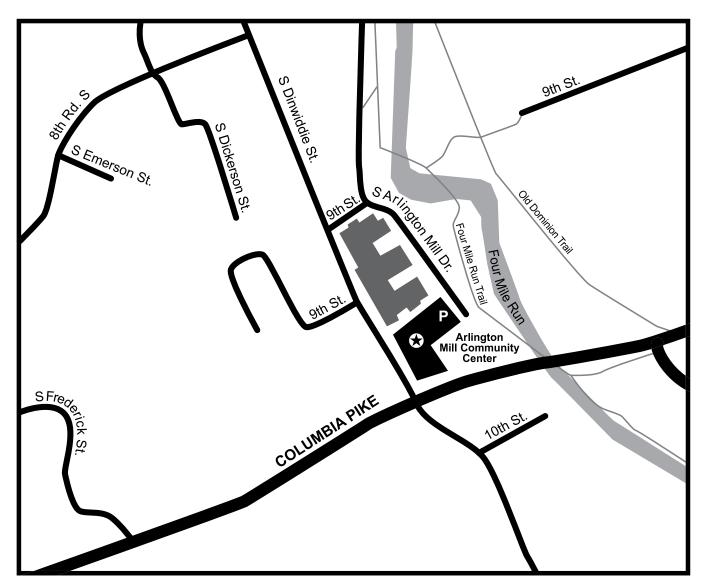
SUGGESTIONS:

- Try using www.maps.google.com to get directions to class. You can select your mode of transportation (walking, public transit or by car) and Google will provide a map, detailed directions, the distance in miles and the transit time.
- Use www.wmata.com for public transit information, directions, timetables, etc. for Metrorail, Metrobus and ARTbus. A Trip Planner tool is on its home page.
- Use www.ParkArlington.com for metered parking information and maps.
- Use capitalbikeshare.com to locate short-term bike rental stations in the metro area.

Note: Use the webpage https://aging-disability.arlingtonva.us/resources/transportation for Arlington-supported transportation for older Arlington residents.

Locations and Maps of Course Sites

Arlington Mill Community Center (AMCC)

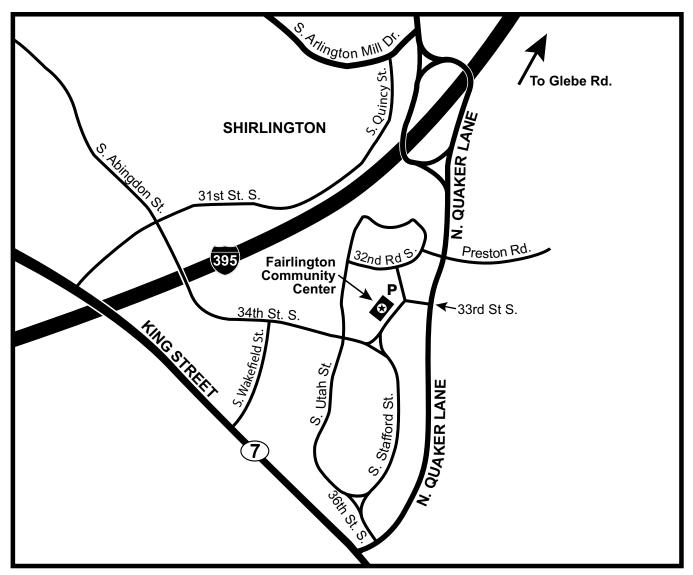


ARLINGTON MILL COMMUNITY CENTER — 909 S. Dinwiddie St., 22204

Free and ample garage parking is available below the building. Garage is second parking entrance behind the building on S. Arlington Mill Drive. You will enter a gate that has a green arrow. Take a ticket, and be sure to hold onto this since you will insert it upon exit. If you stay under 4 hours, parking is free and you will insert your ticket into the gate in order to leave. Please note that if you stay over 4 hours, you will need to pay at the parking kiosks located next to the garage entrance to the community center.

If you cannot find parking on the entrance (PL) level, you will find plentiful parking in the basement (G2) parking level, so please make sure to follow the blue signs. The blue signs will also designate where you can access the entrances to the community center from the garage.

Fairlington Community Center (FCC)

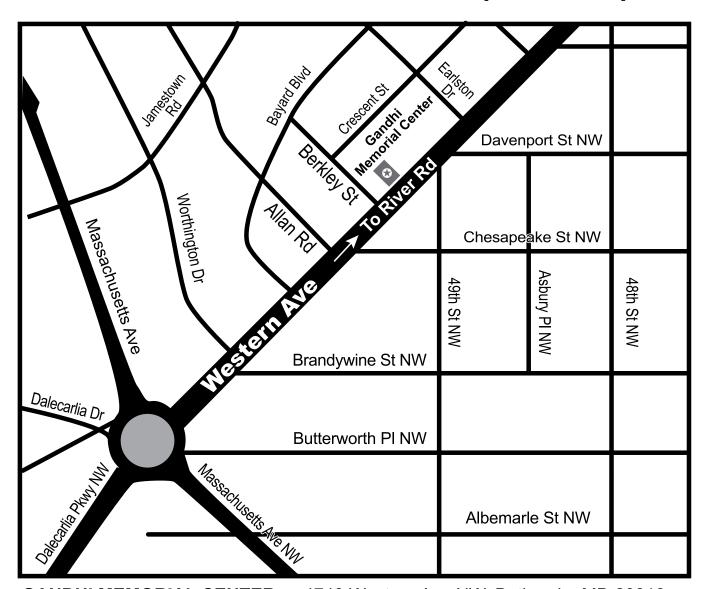


FAIRLINGTON COMMUNITY CENTER — 3308 South Stafford St., 22206

Free parking on adjacent lot. Limited street parking is available.

Locations and Maps of Course Sites continued

Gandhi Memorial Center (GANDHI)



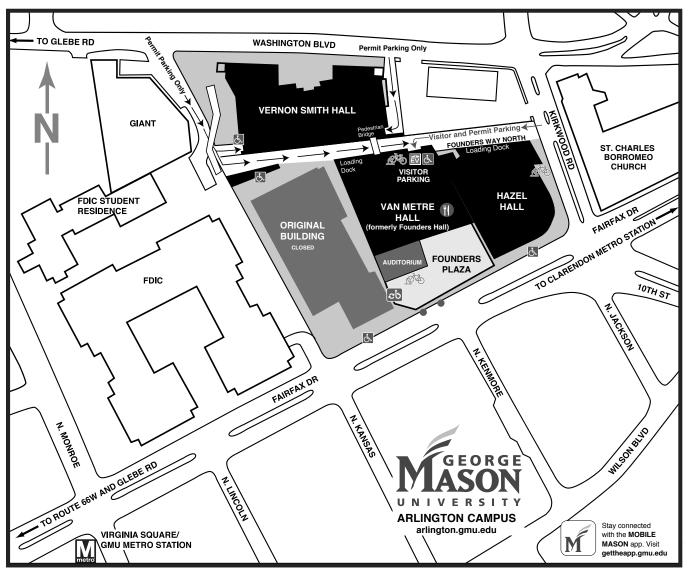
GANDHI MEMORIAL CENTER — 4748 Western Ave NW, Bethesda, MD 20816

The Center is between Berkley Street and Earlston Drive.

Nearest Metrorail station is Friendship Heights, about a 15 minute walk.

Metrobus routes N4, N6 and 29

George Mason University (GMU)

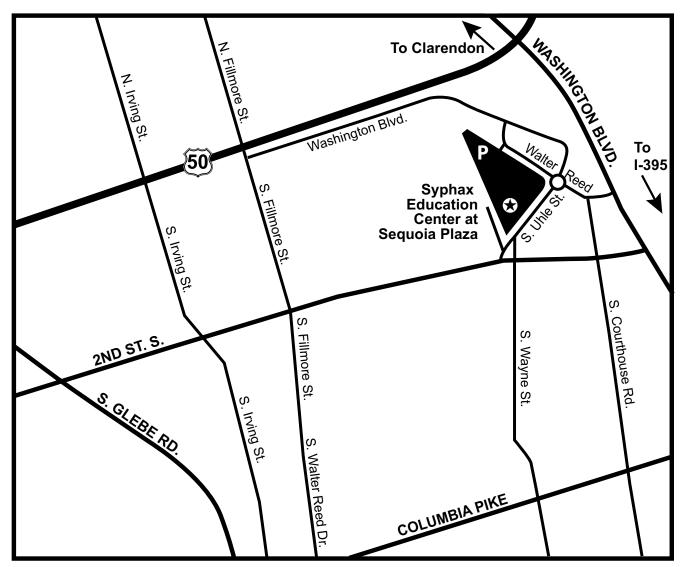


GEORGE MASON UNIVERSITY, ARLINGTON CAMPUS — 3351 Fairfax Dr., 22201

The Van Metre Hall garage is the only garage on campus open to visitors; the rate is \$3 per hour and the entrance is off N. Kirkwood Rd. Four-hour metered parking is available along the median on Fairfax Dr. near St. Charles Church and on N. Lincoln St. One- and two-hour metered parking is available on other surrounding streets.

Locations and Maps of Course Sites continued

Syphax Education Center (SEC)



SYPHAX EDUCATION CENTER at SEQUOIA PLAZA — 2110 Washington Blvd., 22204

Note to GPS users: for SEC some mapsites need a different address, including 100 Walter Reed Dr. 22204

Encore Learning's office is Room 349.

The parking garage is free, but visitors should park on Levels B-1 and B-2. Inquire at the Syphax Education Center information desk on the lobby level for directions to your destination.

More details about directions are at www.apsva.us/school-locations/administrative-centers/syphax-education-center

Courses by Calendar View

	Monday	Tuesday	Wednesday	Thursday	Friday	
MORNING	10:00 – 11:30 AM GMU 2004 Healthcare's Future in America, Connally Oct 7 – Nov 11	10:00 – 11:30 AM GMU 2006 Healthy Aging, Multiple Instructors Oct 8 – Nov 5 No class 10/15	9:30 – 11:30 AM GMU 1006 Cinematic Aesthetic Theories, Berets Oct 16 – Dec 11 No class 11/27	10:00 – 11:30 AM GMU 5006 Trojan War, Vance Oct 10 – Dec 12 No class 11/28	10:00 – 11:30 AM GMU 4011 Crime, Safety, Justice and Reentry, Jones Valderrama Oct 11 – Nov 22	
	10:00 – 11:30 AM FCC 2003 Estate Planning, Parks Nov 18–Dec 16 <i>No class</i> 11/25	10:00 – 11:30 AM GMU 4007 Tax Systems Around the World, Sunley Oct 15 – Nov 19	10:00 – 11:30 AM FCC 1002 Theatre Appreciation, Ohlandt Oct 9 – Nov 20	10:00 – 11:30 AM GMU 3012 French and Indian War, Anderson Oct 17 – Nov 7	10:00 – 11:30 AM GMU 1008 Modern Art, Morrison Oct 25 – Dec 6 No class 11/15 & 11/29	
			10:00 – 11:30 AM Varies 6005 Parks, Streams and Birds, Multiple Instructors Oct 9 – Nov 6	10:00 – 11:30 AM GMU 5008 Religion, Imagination and Fantasy, Burns Nov 7 – Dec 12 No class 11/28	10:00 – 11:30 AM FCC 5004 Writing A Memoir, Suydam Oct 25 – Dec 6 <i>No class</i> 11/29	
			10:00 – 11:30 AM GMU 1010 Musicals at the Movies, Sherman Oct 23 – Dec 4 No class 11/27			
	Noon – 1:30 PM GMU 3015 Economic History of Antebellum US, Grefer Oct 7 – Nov 11	Noon – 1:30 PM GMU 7008 Numbers and the News 3rd Edition, Shapiro/Hallahan Oct 8 – Dec 3	Noon – 1:30 PM GMU 4009 Russian Foreign Policy, Limberg Oct 9 – Nov 13	Noon – 1:30 PM GMU 3014 America's Founding Documents, Hawkins Oct 10 – Nov 7	Noon – 1:30 PM GANDHI 3013 Gandhi and Associates, Karuna Oct 11 – Nov 1	
NOON		Noon – 1:30 PM GMU 2005 Mindfulness From the 21st Century, Britton Nov 5 – Dec 17 No class 11/26	Noon – 1:30 PM GMU 7007 Existentialism, Scherer Oct 9 – Dec 4 No class 11/27	Noon – 1:30 PM GMU 7006 Mind-Body Problem, Holman Oct 10 – Dec 5 No class 11/28	Noon – 1:30 PM GMU 1009 Operatic Comedies, Niles Oct 18 – Nov 22	
		Noon – 1:30 PM GMU 5005 Russian Literature, Lord Nov 19 – Dec 10		Noon – 1:30 PM GMU 3011 Europe and Eurasia Redefined, Adams Oct 17 – Nov 21	Noon – 1:30 PM GMU 1007 Florence and the Renaissance, Manteuffel Nov 8 – Dec 6 No class 11/29	
AFTERNOON	2:00 – 4:00 PM GMU 3009 Ancient Rome: Imperial Period, Wukitsch Oct 7 – Dec 9	2:00 – 3:30 PM GMU 3010 Ottoman Empire's Breakup, Shelton Oct 8 – Dec 10	2:00 – 3:30 PM GMU 1011 Musical Capital, Wood Oct 9 – Oct 30	2:00 – 4:00 PM GMU 1005 Antonio Carlos Jobim, Juhnke Oct 10 – Nov 14	2:00 – 3:30 PM GMU 3008 Ireland: Prehistory to Present Day, Rodgers Nov 1 – Dec 13 No class 11/29	
	2:00 – 3:30 PM GMU 4010 China Today: Four Big New Ideas, Keegan Oct 7 – Oct 28	2:00 – 3:30 PM GMU 6006 Climate Challenges and Opportunities, Multiple Instructors Oct 15 – Nov 12	2:00 – 3:30 PM GMU 5007 Alcott Family and Little Women, Mangan Oct 16 – Nov 6	2:00 – 3:30 PM GMU 4008 Nationalism: What Went Wrong?, Amato Oct 10 – Nov 7	2:00 – 3:30 PM GMU 5010 Shakespeare: Three Comedies, Alter Nov 1 – Dec 13 No class 11/29	
	2:00 – 3:30 PM GMU 7005 Civil Rights in Biblical Times, Ruth Oct 28 – Nov 18	3:00 – 4:30 PM Varies 3003 Arlington History, VanNewkirk Oct 8 – Nov 26	2:00 – 3:30 PM GMU 5009 Poetry by Stanley Kunitz, Burgess Nov 6 – Dec 18 No class 11/27	2:00 – 3:30 PM GMU 4012 Legal Hot Spots, Multiple Instructors Oct 10 – Dec 5 No class 11/28		

Encore Learning 2110 Washington Blvd., Room 349 Arlington, VA 22204

RETURN SERVICE REQUESTED

Registration Begins at 10 a.m. September 9, 2019

ENCORE LEARNING

Fall 2019 COURSE CATALOG