

# **ENCORE LEARNING**

**Expand Your World**

**SOCIAL  
SCIENCES**

**MUSIC**

**LITERATURE  
& WRITING**

**THEATER**

**HEALTH &  
WELLNESS**

**LAW**

**POLITICS &  
PUBLIC AFFAIRS**

**FINE ARTS**

**HISTORY**

**SCIENCE &  
TECHNOLOGY**

**SPRING  
2019  
COURSE  
CATALOG**

## Board of Directors

---

|                       |   |
|-----------------------|---|
| Arthur Gosling        | President                                 |
| David Rhoad           | Vice President                            |
| Thomas C. Adams       | Vice President                            |
| Joan Carter           | Secretary                                 |
| John Morton           | Treasurer                                 |
| Barbara Spangler      | Academic Programs Committee Chair         |
| Eileen Janas          | Class Aides Committee Co-chair            |
| Gail Massot           | Class Aides Committee Co-chair            |
| Christine T. Milliken | Community Advisory Council Chair          |
| Stephen Spangler      | Information Technology Committee Co-chair |
| Martin Suydam         | Information Technology Committee Co-chair |
| Carol Cochran         | Membership Committee Co-chair             |
| Kathy LaPier          | Membership Committee Co-chair             |
| Millie Lawson         | Publications Committee Co-chair           |
| Jill Neuville         | Publications Committee Co-chair           |
| Kris McLaughlin       | Special Events Committee Chair            |
| Steven Shapiro        | Volunteer Committee Chair                 |

## Staff

---

|                 |   |
|-----------------|---|
| Marjorie Varner | Executive Director                            |
| Patty Rowland   | Administrator                                 |
| Beth Dowd       | Communications and Data Management Specialist |

## Community Advisory Council

---

|                       |   |
|-----------------------|---|
| Kate Bates            | President and CEO, Arlington Chamber of Commerce                                    |
| Robert H. Brink       | Former Senior Legislative Advisor, Office of the Governor of Virginia               |
| Katie Cristol         | Chair, Arlington County Board   |
| Barbara Favola        | Member, Virginia State Senate   |
| Jay Fisette           | Former Member, Arlington County Board   |
| David M. Foster       | Past President, Virginia State Board of Education                                   |
| Patrick A. Hope       | Member, Virginia House of Delegates   |
| Diane Kresh           | Director, Arlington Public Library  |
| Kris Martini          | Director, Career, Technical & Adult Education,<br>Arlington Public Schools          |
| Patrick K. Murphy     | Superintendent, Arlington Public Schools  |
| Una M. Murphy         | Director, Arlington Campus Administration, George Mason University                  |
| Edward Rhodes         | Professor, Schar School of Public Policy and Government,<br>George Mason University |
| Theo Stamos           | Commonwealth's Attorney for Arlington County and<br>the City of Falls Church        |
| Rip Sullivan          | Member, Virginia House of Delegates   |
| Tannia Talento        | Member, Arlington Public Schools Board  |
| Emma Violand-Sanchez  | Founder and Chair of the Dream Project  |
| Mary Margaret Whipple | Member, Virginia Board of Health  |
| Olivia Wong           | Director, Public Relations, WETA  |

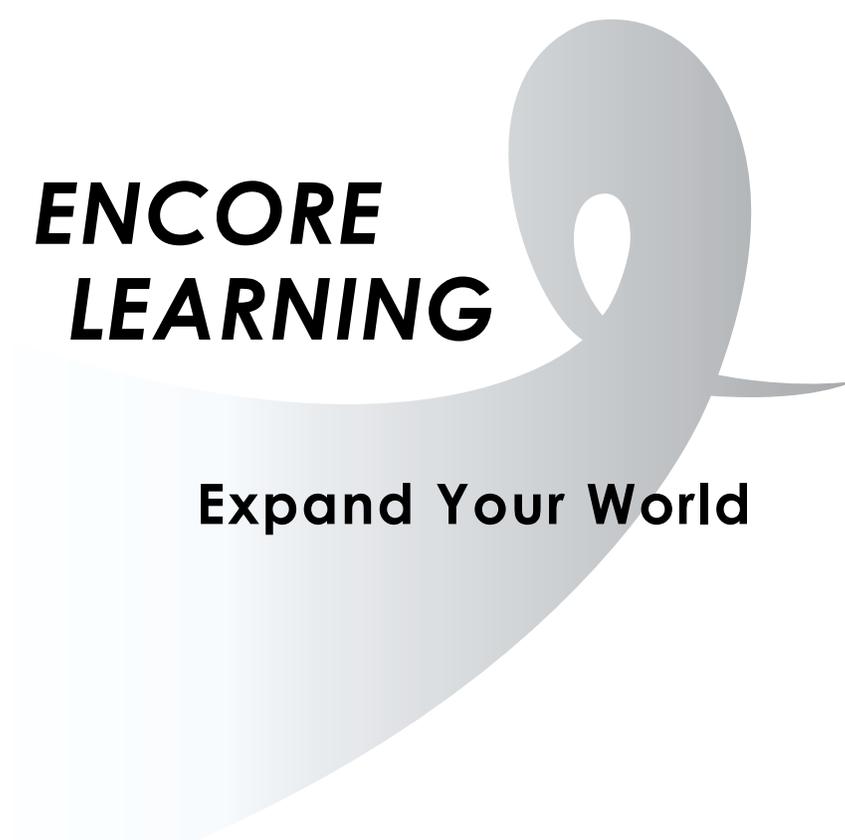
## Affiliations

---

George Mason University  
Arlington Public Schools Career, Technical and Adult Education Program  
Arlington County Office of Senior Adult Programs  
Marymount University  
Road Scholar Institute Network

# SPRING 2019 Course Catalog

## ENCORE LEARNING



Expand Your World

**Encore Learning**

2110 Washington Blvd.

Arlington, VA 22204

Phone: (703) 228-2144

Email: [info@encorelearning.net](mailto:info@encorelearning.net)

Website: [www.EncoreLearning.net](http://www.EncoreLearning.net)

*Encore Learning is a 501(c)(3) nonprofit organization.*

A special thank you to all those who worked on the *Encore Learning Spring 2019 Course Catalog*:

*Don Campbell, Kevin Connors, Carolyn Gosling, Charlie Hallahan, David Harris,*

*Jerry Hoganson, Ann Kaupp, Kathy LaPier, Millie Lawson, Jim Morris,*

*Jill Neuville, Noreen Quill, Bill Reilly, Barbara Sakamoto, Margaret Susank, Martha Walters*

*Graphic Design Services: CSE Identity Design*

The courses in this catalog have been developed by Encore Learning's Academic Programs Committee.

*Copyright © 2019 Encore Learning. All Rights Reserved.*

# Table of Contents

---

|  |                    |
|--|--------------------|
| Board of Directors .....                         | Inside Front Cover |
| Staff .....                                      | Inside Front Cover |
| Community Advisory Council .....                 | Inside Front Cover |
| Course Preview .....                             | 3                  |
| Course Preview Map .....                         | 4                  |
| Spring 2019 Course Offerings .....               | 5                  |
| General Information .....                        | 6                  |
| Spring 2019 Course Descriptions                  |                    |
| Fine Arts, Theater & Music .....                 | 9                  |
| Health & Wellness .....                          | 11                 |
| History .....                                    | 12                 |
| Law, Politics & Public Affairs .....             | 17                 |
| Literature & Writing .....                       | 21                 |
| Science & Technology .....                       | 23                 |
| Social Sciences .....                            | 25                 |
| Volunteer at Encore Learning .....               | 27                 |
| Join, Renew, Update & Register .....             | 28                 |
| Frequently Asked Questions .....                 | 30                 |
| Membership and/or Course Registration Form ..... | 32                 |
| Special Events for Members .....                 | 33                 |
| Clubs at Encore Learning .....                   | 34                 |
| Transportation .....                             | 36                 |
| Locations and Maps of Course Sites .....         | 37                 |
| Courses by Calendar View .....                   | Inside Back Cover  |

# Encore Learning

## Spring 2019 COURSE PREVIEW

***Saturday, February 2, 2019***

*Doors open at 8:30 a.m.  
Program begins at 9:00 a.m.  
and ends at Noon*



**KENMORE MIDDLE SCHOOL**  
*200 S Carlin Springs Rd, Arlington, Virginia 22204*  
(See page 4 for map.)

**Open to current and prospective members.  
Bring friends, relatives and neighbors!**

Encore Learning's instructors give brief presentations about their academic courses.

Members often tell us that the instructors' presentations at the Course Preview influence their registrations.

Get the latest news on our clubs, special events and volunteer possibilities along with a quick bite and hot drink.

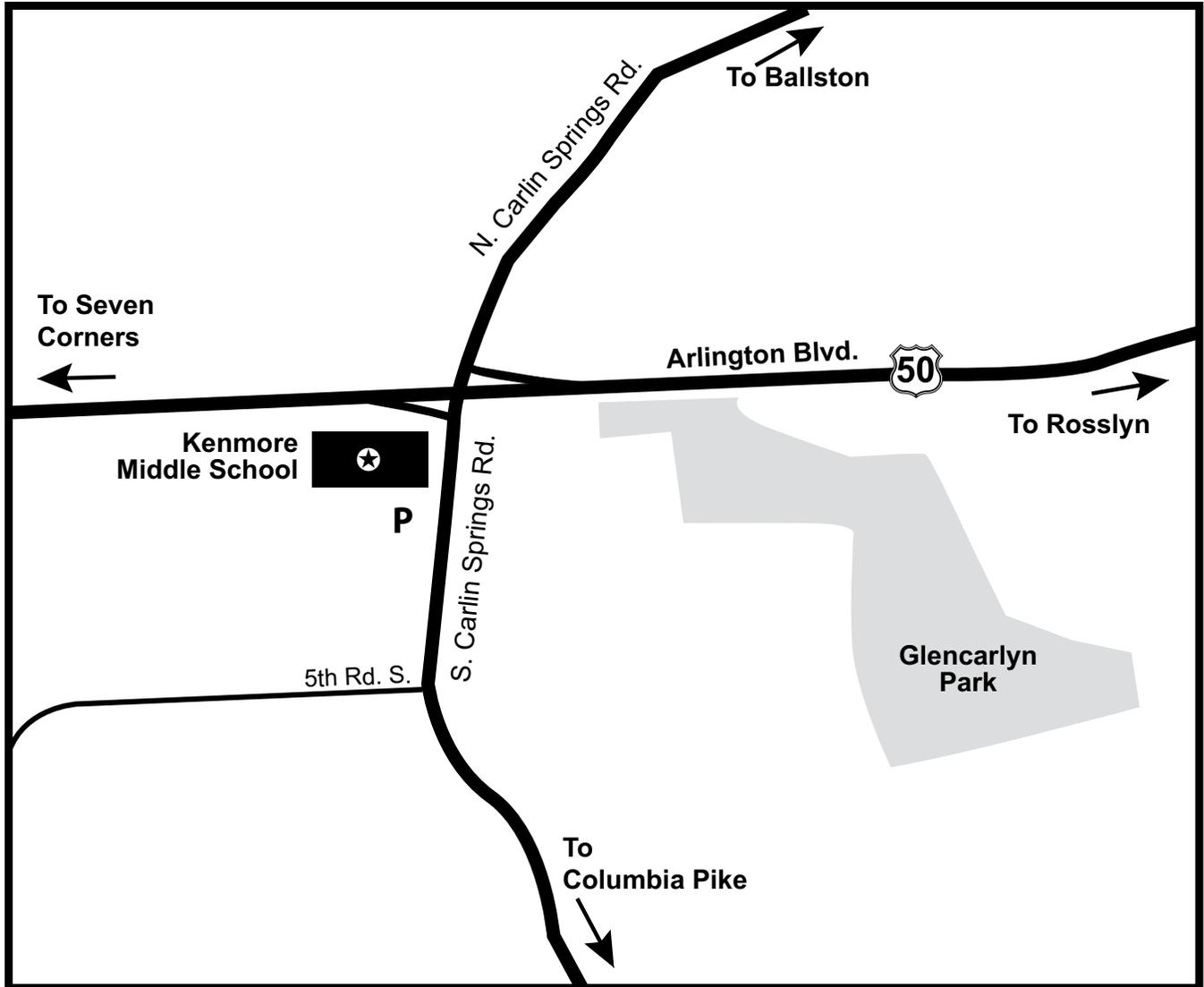
***Join Us!***

Call the Encore Learning office at **703-228-2144** for specific directions or any questions.

To become a member or to renew membership, we recommend our website, where you can pay securely with your credit card. If you wish to purchase or renew your membership at the course preview, only personal checks can be accepted.

# Course Preview Map

## Kenmore Middle School



**KENMORE MIDDLE SCHOOL** — 200 S. Carlin Springs Rd., Arlington, VA 22204

### **PARKING LOT**

Free parking is available in the surface lot. Enter from S. Carlin Springs Road.

### **PUBLIC TRANSPORTATION**

Metrobus routes serving this location are 25B, 75, and from Route 50, 4A & 4B (walk under Route 50 to S.Carlin Springs Road).

# Spring 2019 Course Offerings

| Category                                  | Course # and Name                             | Instructor       | Day | Start Date | End Date | Start Time | End Time | Site   |
|---|---|------------------|-----|------------|----------|------------|----------|--------|
| <b>Fine Arts, Theater &amp; Music</b>     | 1001 - Music City DC: R&B, Rock, Hillbilly    | Avis             | W   | Mar 6      | Mar 27   | Noon       | 1:30 PM  | GMU    |
|   | 1002 - Theater Appreciation                   | Ohlandt          | W   | Mar 6      | Apr 10   | 10:00 AM   | 11:30 AM | FCC    |
|   | 1003 - Wagner: Whence He Cometh               | Niles            | F   | Mar 22     | Apr 26   | Noon       | 1:30 PM  | GMU    |
|   | 1004 - Musical Superheroes and Sidekicks      | Wood             | Th  | Apr 25     | May 16   | 2:00 PM    | 3:30 PM  | GMU    |
| <b>Health &amp; Wellness</b>              | 2001 - Health Care in America                 | Connally         | M   | Apr 1      | May 6    | 10:00 AM   | 11:30 AM | GMU    |
|   | 2002 - Mindfulness to Optimize Experience     | Britton          | F   | Mar 29     | May 3    | Noon       | 1:30 PM  | GMU    |
| <b>History</b>                            | 3001 - Geopolitics of the Ancient Middle East | Rudgers          | T   | Apr 9      | May 14   | 2:00 PM    | 3:30 PM  | SEC    |
|   | 3002 - Indian Wars 1754-1794                  | Hertel           | W   | Apr 10     | May 15   | 2:00 PM    | 3:30 PM  | GMU    |
|   | 3003 - Arlington History                      | VanNewkirk       | Th  | Apr 4      | May 23   | 3:00 PM    | 4:30 PM  | Varies |
|   | 3004 - Genealogy Without Fear                 | Kallikorm-Rhodes | M   | Apr 8      | Apr 29   | 2:00 PM    | 3:30 PM  | GMU    |
|   | 3005 - Medieval Legacy                        | McIntyre         | M   | Mar 4      | Apr 8    | 10:00 AM   | 11:30 AM | GMU    |
|   | 3006 - Soviet Union Versus Nazi Germany       | Pick/Gertler     | F   | Mar 22     | May 10   | 2:00 PM    | 3:30 PM  | GMU    |
|   | 3007 - Ancient Rome: Monarchy and Republic    | Wukitsch         | M   | Mar 4      | Apr 1    | 2:00 PM    | 4:00 PM  | GMU    |
|   | 3008 - Ireland: Prehistory to Present Day     | Rodgers          | F   | Mar 22     | Apr 26   | 10:00 AM   | 11:30 AM | GMU    |
| <b>Law, Politics &amp; Public Affairs</b> | 4001 - Justice                                | Vance            | Th  | Mar 21     | May 9    | 10:00 AM   | 11:30 AM | GMU    |
|   | 4002 - Bill of Rights                         | Weinberg         | Th  | Mar 14     | Apr 4    | Noon       | 1:30 PM  | GMU    |
|   | 4003 - Modern America Begins                  | Heymsfeld        | M   | Mar 18     | Apr 8    | Noon       | 1:30 PM  | GMU    |
|   | 4004 - Global Hot Spots                       | Multiple         | Th  | Mar 21     | May 9    | 10:00 AM   | 11:30 AM | GMU    |
|   | 4005 - Lobbying Congress                      | Rehr             | T   | Mar 5      | Apr 2    | Noon       | 1:30 PM  | GMU    |
|   | 4006 - Arlington's Parks and Streams          | Multiple         | W   | Apr 3      | Apr 24   | 10:00 AM   | 11:30 AM | Varies |
| <b>Literature &amp; Writing</b>           | 5001 - Spanish & Spanish American Poets       | Francis          | W   | Mar 27     | May 15   | Noon       | 1:30 PM  | FCC    |
|   | 5002 - Flannery O'Connor: Novels & Letters    | Sullivan         | T   | Apr 9      | May 14   | Noon       | 1:30 PM  | GMU    |
|   | 5003 - Novella: Here We Go Again              | Alter            | F   | Mar 8      | Apr 12   | 2:00 PM    | 3:30 PM  | GMU    |
| <b>Science &amp; Technology</b>           | 6001 - Nuclear Weapons                        | Hoffman          | T   | Apr 9      | May 14   | 10:00 AM   | 11:30 AM | GMU    |
|   | 6002 - Cybersecurity                          | Manteuffel       | F   | Apr 5      | May 10   | 10:00 AM   | 11:30 AM | GMU    |
|   | 6003 - Neuroweapons' Deeper Dive              | Giordano         | W   | Mar 13     | Apr 3    | 2:00 PM    | 3:30 PM  | GMU    |
|   | 6004 - Technology Safety                      | Bain             | T   | Apr 9      | May 14   | Noon       | 1:30 PM  | AMCC   |
| <b>Social Sciences</b>                    | 7001 - Bible Interpretations That Differ      | Goldman          | M   | Mar 4      | Mar 25   | Noon       | 1:30 PM  | FCC    |
|   | 7002 - Decision-Making In Life                | Stewart          | W   | Mar 6      | Mar 27   | 10:00 AM   | 11:30 AM | GMU    |
|   | 7003 - Immanuel Kant: An Introduction         | Scherer          | T   | Mar 26     | May 14   | 10:00 AM   | 11:30 AM | GMU    |
|   | 7004 - Islam From Muhammad to Modernity       | Farsakh          | Th  | Apr 11     | May 16   | Noon       | 1:30 PM  | GMU    |

# General Information

---

## WHAT IS ENCORE LEARNING?

Encore Learning is a nonprofit educational organization founded in 2002 that offers a wide variety of daytime college-level noncredit courses, clubs, special events and activities to help meet the continuing educational and social interests of anyone over age 50 in the DC metropolitan area. Encore Learning is governed, supported and financed by its members.

Our volunteer instructors—retired or working professionals and scholars—create a stimulating learning environment through an exciting array of academic subjects. There are no tests or prerequisites but possibly some suggested reading. Members explore new ideas and develop new friendships inside and outside of classrooms.

Encore Learning obtains classroom space and other assistance through its association with George Mason University, the Arlington Public Schools Adult Education Program, Arlington County's Office of Senior Adult Programs and Virginia Tech Northern Virginia Center.

## CONTACT ENCORE LEARNING

Communicating with Encore Learning is easy.

- Use the website: [www.EncoreLearning.net](http://www.EncoreLearning.net)  
Click on **Contact Us** under **Quick Links**
- Email us: [info@encorelearning.net](mailto:info@encorelearning.net)
- Call us: 703-228-2144
- Write to us: 2110 Washington Blvd.,  
Arlington, VA 22204

## VOLUNTEER AT ENCORE LEARNING

Volunteer work at Encore Learning is performed in two ways: through standing committees headed by board members and through individual activities, e.g., instructors and class aides. Committees recruit new instructors and develop courses each semester; seek exhibits, speakers and performances for our special event offerings; write, edit and distribute our catalog; recruit new members and coordinate our clubs; organize Encore Learning's social functions; and recruit, train and support our class aides. The member-elected Board of Directors governs the organization while the part-time staff serves as its administrative arm. Volunteer-run committees and other volunteer activities are our lifeblood, but for the most part do not require extensive time commitments. Consider offering your talents today. See page 27.

## SUPPORT ENCORE LEARNING

Encore Learning is a 501(c)(3) nonprofit organization. Any donation is a charitable contribution deductible from income taxes to the full extent permitted by law. Donations may be made by check or online. Members, friends and organizations wishing to support Encore Learning may direct their contributions to our general fund, which helps Encore Learning maintain a solid financial underpinning and funds ongoing operations, or to our Arlington Youth Scholarship.

As a partner in Arlington's education community, Encore Learning sponsors multiple scholarships. Our Youth Scholarship supports graduates of Arlington public schools attending George Mason or Marymount Universities. The John T. Sprott Scholarship aids graduate students at Mason's Schar School of Policy and Government while the endowed Encore Learning-McCracken Memorial Scholarship will soon be awarded to Mason undergraduates. Encore Learning also contributes annually to an Arlington Public Schools Adult Education scholarship assisting Arlington residents seeking to improve their job skills.

## ACTIVITIES

### SEMESTER-LONG COURSES

Classes are scheduled weekdays between 9:30 a.m. and 4:30 p.m. but most take place between 10 a.m. and 3:30 p.m. Classes meet once a week for 1.5 to 2 hours and each course lasts from four to 10 weeks. Class sizes generally range from eight to 70; 30 is the average size. Courses take place at various locations as listed in the back of this catalog. Refer to the maps and locations there for transportation and parking options. Parking costs are the responsibility of the student.

### CLUBS

Encore Learning's clubs are open to all current members. There are 10 clubs: Breakfast, Bridge, Cinema, Current Issues Discussion, Ethnic Lunch, Kayak, Mindfulness, Nonfiction Book, Travel and our newest club, Tech Hobbyist. See catalog pages 34 and 35 and our website for more information.

### SPECIAL EVENTS

Special Events for Encore Learning's members occurring throughout the year include tours, lectures, concerts and other activities. They offer opportunities to join in small group excursions and to enjoy intellectual and

# General Information *continued*

---

cultural experiences in the DC area. Email announcements of current and upcoming special events are issued periodically. See page 33 for more information. To view our events or to register for member-only events see our website, [www.EncoreLearning.net](http://www.EncoreLearning.net).

## **COURSE PREVIEWS**

Encore Learning's spring and fall course previews offer an opportunity to hear the instructors describe their courses before course registration begins and to socialize with other members. Prospective members are also invited. See page 3 for more information.

## **MEMBERSHIP MEETING**

Encore Learning holds an annual membership meeting to elect Board members from a slate of candidates recruited by a nominating committee and to discuss the state of the organization.

## **ENCORE LEARNING MEMBERSHIP**

Membership in Encore Learning costs \$65 per year and begins on the day on which the nonrefundable membership fee is paid. Membership renewal adds 12 months to the membership expiration date. Your membership expiration date can always be found by logging in to your account online. All memberships are individual. Encore Learning is a 501(c)(3) nonprofit organization and our membership fee is a charitable contribution deductible from income taxes to the full extent permitted by law. Only current Encore Learning members may register for our courses and special events and attend our club activities.

Encore Learning prefers and encourages the use of its website, [www.EncoreLearning.net](http://www.EncoreLearning.net), for membership processing. See page 28. For those who are not using the online option, a printable Membership/Registration Form is available on page 32. Please note that credit cards are accepted online only.

## **COURSE ENROLLMENT REGISTRATION**

Only current Encore Learning members may register for a course. The fee for each course is \$55. There is no minimum or maximum number of courses for which you may register. Encore Learning prefers and encourages the use of its website for course registration. See page 28. If unable to use online registration, mail a paper course registration form (page 32) with check

to the Encore Learning office at the address on the form. Please note that credit cards are accepted online only. Neither phone registration nor cash is accepted.

Course registration for the Spring 2019 semester begins at 10 a.m. Monday, February 4, 2019. **All** registrations are first come, first served; waitlists for filled courses are available online. See page 30, Frequently Asked Questions, for more information.

Late registration is generally allowed if space is available.

## **NOTIFICATION**

Members who use the online registration process get immediate feedback on their registration status upon payment and receive an emailed receipt. Those who mail in registration will receive their receipts via email after staff has processed their forms. Members may access their account online at any time to view/print membership and registration status and receipts.

## **REFUNDS AND TRANSFERS**

Members successfully registered in a course may choose between full refund of the course registration fee or transfer to an alternate open course in the following cases:

- The selected course is cancelled for any reason;
- The course's published schedule or location is changed prior to the course start date, and the member is unable to attend because of the change; or
- Encore Learning's Administrator receives a written withdrawal request (mail or email sent to the Encore Learning office) from the member at least one week before the course start date.

Withdrawal requests received less than one week before the course start date but within two working days after the first class meeting of the course may specify either refund of the course fee minus a \$10 service charge or transfer to an alternate open course; no refund or transfer is available after that period.

Courses that do not meet their minimum enrollment at least one week prior to the course start date will be cancelled. If withdrawals occurring after the course start date result in enrollment below the indicated minimum, the course may be cancelled.

# General Information *continued*

---

## **INCLEMENT WEATHER POLICY AND OTHER SPECIAL CLOSINGS**

Cancellation policies for inclement weather or civil emergencies vary from site to site. In general, classes scheduled to begin after delayed openings will take place as scheduled. Monitor for changing conditions. To learn the most up-to-date information:

- Listen to the radio or watch television.
- View Arlington Cable.
- For classes at Syphax, go to [www.apsva.us](http://www.apsva.us) or call the APS toll-free hotline: 866-322-4277.
- For classes at Mason, call GMU at 703-993-8999, access [www.gmu.edu](http://www.gmu.edu) or register at [alert.gmu.edu](http://alert.gmu.edu) for text alerts (use the Guest registration process.).
- For classes or club meetings at Arlington County Community and Senior Centers go to <https://emergency.arlingtonva.us/closings-delays-cancellations/> or call the inclement weather line 703-228-4715.

Other rare cancellations or postponements because of special circumstances, such as instructor difficulties, will be announced by email in advance of the class whenever possible.

## **ADA COMPLIANT FACILITIES**

All Encore Learning sites have facilities that meet Americans with Disabilities Act regulations and standards. If a member experiences disability-related difficulties in class participation or has other concerns, he or she should discuss them with the class aide or contact the Encore Learning office.

## **DISCLAIMER OF LIABILITY**

From time to time, members are offered opportunities related to courses, clubs and special events. Encore Learning disclaims all liability from injury or loss arising from a member's participating in such activities.

## **VISITOR POLICY**

Encore Learning's visitor policy is designed to attract new members. Anyone eligible to join Encore Learning may attend a single course session if he or she has never been a member of Encore Learning and the request to attend a specific session is approved in advance by the Encore Learning Administrator ([info@encorelearning.net](mailto:info@encorelearning.net)). Criteria include agreement from the instructor and enrollment availability (i.e., no

visitors are allowed in courses that have met their maximum enrollment).

## **DISCRIMINATION AND ACADEMIC FREEDOM**

Encore Learning does not discriminate on the basis of sex, race, color, religion, disability or national origin. As an educational organization, Encore Learning subscribes to the American Association of University Professors (AAUP) principle of academic freedom: All views should be respected, regardless of their conformance with generally or currently accepted views.

## **PRIVACY POLICY**

Encore Learning is committed to protecting member privacy and to ensuring the security of personal information collected. Encore Learning does not sell or lend member information. A complete Encore Learning Privacy Policy Statement is available from the Encore Learning Administrator and on our website. While strictly adhering to this policy, Encore Learning does urge all members to provide email addresses for internal use. The member's email address is especially valuable for communicating last-minute scheduling changes and special event announcements. Members are urged to maintain their phone and postal address via their account on our website. Changes to your email address affect account access. **Email address changes** must be sent to [info@encorelearning.net](mailto:info@encorelearning.net) via the member's new preferred email address; include full name and contact information. Staff will confirm and update accordingly.

## **ENCORE LEARNING OFFICE**

### **Location:**

Arlington Public Schools  
Syphax Education Center  
2110 Washington Blvd.  
Arlington, VA 22204

### **Office Hours During the Academic Year:**

10 a.m. to 2 p.m., Monday through Friday.  
Summer hours are posted on the website.

Always call ahead for an appointment if you require a face-to-face meeting.

### **Contact staff:**

Email: [info@encorelearning.net](mailto:info@encorelearning.net)  
Phone: 703-228-2144

# SPRING 2019 COURSE DESCRIPTIONS

## Fine Arts, Theater & Music

---

### **1001.33 Music City DC: Rhythm and Blues, Rock and “Hillbilly Music”**

**Instructor: Ken Avis**

**Wednesday, Noon – 1:30 PM**

**Mar 6 – Mar 27**

**Location: GMU**

**4 Sessions**

**Maximum 70, minimum 8 participants**

Music City DC provides an entertaining and informative overview of the significance of the Washington DC area in contributing to and reflecting the trends in popular music over the last 100 years. The course has been divided into two parts. Part 1, taught in the Fall 2018, covered the era from 1850–1950, focusing on blues and jazz. This class (Part 2) runs from the 1950s to the current day, reflecting on Rhythm and Blues, Rock and “Hillbilly Music,” which gave us Country, Bluegrass and Folk. Part 1 is not a requisite for taking this class.

The course explores the impact of social change, technological development and business innovation in shaping the music emerging from the DC area.

DC’s “Black Broadway,” U Street, provided a home and incubator for major talents during the 19th and throughout the 20th century until its demise with the riots of the 1960s. What were the economic, social and demographic changes which led to its rise as the nation’s primary center of African-American entertainment and what led to its demise and eventual revival?

During the 1950s, across the river in Anacostia and in the Maryland suburbs, the sound of the “Anacostia Delta” emerged, blending jazz, gospel, rock, blues and soul. How did the DC area become the Bluegrass Capital of America? What was Arlington’s role in

nurturing DC as a center of punk rock and alternative music while, at the same time across the river, Go-Go music was becoming a celebrated DC music creation?

Beneath the surface of DC’s political infrastructure, the musical heartbeat has been constant, although minimally documented or celebrated. Let us familiarize ourselves with the characters and styles of DC’s music community through the second half of the 20th century and into the 21st. There will be surprises and revelations, plus opportunities to see and hear the musicians who made their mark on DC and the world.

Your homework will be to get yourselves out and enjoy live music!

*Recommended Reading: Capitol Rock, Mark Opsasnick; Unfinished Business: The Life and Times of Danny Gatton, Ralph Heibutzki.*

*Independent Reading: “Oxygen For The Ears: Living Jazz” (www.oxygenfortheears.com); “Bossa Nova—the Brazilian Music That Charmed the World” (https://vimeo.com/95835648); “Jazz in Washington,” Washington History, Spring 2014, Volume 26; Beyond Category: The Life and Genius of Duke Ellington, John Edward Hasse.*

**Ken Avis** is a musician, music journalist, music film documentary producer and radio broadcaster. Since moving here from the United Kingdom 20 years ago, he has become intrigued by the musical twists and turns of the DC area. He is a regular speaker at Strathmore and the DC Music Salon. He recently presented a TED talk, “The Myths of Jazz Improvisation,” pleading for the demystification and democratization of jazz. He performs with the award-winning world-jazz band Veronneau. The band tours internationally and has had three U.S. top-ten albums in the jazz and world music charts.

*Don’t forget!*

**Encore Learning Spring 2019  
COURSE PREVIEW**

*Saturday, February 2, 2019 See page 3 for details.*

**Check what’s  
new**

**this  
semester**

# Fine Arts, Theater & Music *continued*

---

## **1002.33 Theatre Appreciation: The Educated Audience**

**Instructor: D. Ohlandt**

**Wednesday, 10:00 AM – 11:30 AM**

**Mar 6 – Apr 10**

**Location: FCC**

**6 Sessions**

**Maximum 30, minimum 8 participants**

Do you enjoy “an evening at the theatre” but want to know more about what you are seeing? Have you ever wondered if knowing about historical context of a play, a theatre company, or a style would help you better enjoy a production you see? If so, this is the class for you! Through a timed series of readings and guided discussions, we will educate ourselves as audience members for three local theatre productions put on by three different companies.

One week we will read or discuss a play or the source material and explore it from a literary, dramatic, and historical point of view. You will see the production and the following week we will come back together to explore what we saw, considering performance style, technique and production values. Discussions of the plays and the productions will be facilitated by an instructor trained in theatre history and dramatic theory and experienced as a director and dramaturg.

Almost half of this course will center specifically on the local productions of the three plays. Each student will be responsible for securing his/her own tickets to the following productions:

*Nell Gwynn* at Folger Shakespeare Theatre (see between March 7 and March 12).

*JQA* at Arena Stage (see between March 21 and March 26).

*What the Constitution Means to Me* at Woolly Mammoth (see between April 4 and April 9).

**Recommended Readings:** Please come to the first class having read the play *Nell Gwynn* by Jessica Swale. Other readings TBA.

**D. Ohlandt** holds a PhD in Theatre Studies from the University of Michigan and has experience teaching theatre history and practice as a college professor, as well as over 15 years of experience directing in community, university, and regional theatre. She has taught students

from preschool through adult in a range of settings, including traditional classrooms, summer camps and outdoor team-building courses, and also has taught previously at Encore Learning.

## **1003.33 Wagner: Whence He Cometh**

**Instructor: John Edward Niles**

**Friday, Noon – 1:30 PM**

**Mar 22 – Apr 26**

**Location: GMU**

**6 Sessions**

**Maximum 47, minimum 8 participants**

Richard Wagner was influenced, by his own public admission, by several German operatic composers: Mozart, Beethoven, von Weber, Lortzing, Marschner and Nicolai. In his early years, he conducted their operas in addition to being an active operatic composer.

In six sessions, we will examine important works by three of these composers as well as works that preceded them up through 1849, the date of the first performance of Wagner's *Der Fliegende Holländer*.

**Recommended Reading:** To be provided on the Encore Learning website.

**John Edward Niles** is former artistic director and conductor of the Opera Theatre of Northern Virginia. From 1987 to 1988, he worked with European American Productions in Hannover, Germany. He has also conducted at Prague Eurofest; ScanMus in Helsinki; WorldMusic Inc. in Linz, Austria; the Virginia Opera; and the Alexandria Symphony. Since 2012, he has been program director of the American Wagner Project.

***Why are the numbers different this semester?***

Encore Learning is using a new course numbering approach. We ran out of three-digit numbers.

# Fine Arts, Theater & Music *continued*

---

## **1004.33 Musical Superheroes and Sidekicks**

**Instructor: A. Scott Wood**

**Thursday, 2:00 PM – 3:30 PM**

**Apr 25 – May 16**

**Location: GMU**

**4 Sessions**

**Maximum 70, minimum 8 participants**

Classical music covers several centuries and yet we are often left knowing the names of just a few famous composers who have survived the test of time. The richness of this musical tradition includes many lesser-known, but still

important, composers. In this four-week course, we will meet four dynamic duos: in each case, a recognized name from the past and an important friend or influence. You will gain a new perspective on the process that composers use in creating their seemingly perfect masterpieces.

**A. Scott Wood** is music director of the Arlington Philharmonic. He also heads the Amadeus Orchestra and teaches at George Washington University and the National Cathedral School. He has lectured at the Smithsonian and Goethe-Institut, for the Baltimore Symphony Orchestra, and at the Concurso Internacional de Canto Lirico in Peru. In June 2019 he will conduct the Israel Symphony Orchestra Rishon LeZion.

## **Health & Wellness**

---

### **2001.33 Health Care in America Through the 20<sup>th</sup> Century**

**Instructor: N. Thomas Connally**

**Monday, 10:00 AM – 11:30 AM**

**Apr 1 – May 6**

**Location: GMU**

**6 Sessions**

**Maximum 36, minimum 8 participants**

This course will look at the history of the American health care system—its advances in medical organization, training and medical developments. At the end of session 6 there will be a brief discussion of current ways to cut costs, improve outcomes and reduce the number of uninsured.

Class Topics:

1. Beginning of American medicine and organization as a scientific profession.
2. Early scientific progress and contribution of European immigrants in the early 20th century.
3. American medicine in World War II and major clinical improvements shortly thereafter.
4. Clinical and scientific improvement and rise of NIH and the pharmaceutical industry.
5. Dramatic new technologies in the late 20th century—including better visualization techniques, improvements in heart surgery, the ICU and almost all other surgical techniques.

6. Since 2000: the new understanding of the genome and resultant new therapies for cancer, immune and viral disorders.

**Thomas Connally** received his MD from the University of Virginia. He served in the US Public Health Service at NIH. He was on the clinical faculty at Georgetown University Medical School and on the boards of several local and national professional organizations, CareFirst Blue Cross and Blue Shield, and the University of Virginia Board of Visitors. He has been a volunteer at The Arlington Free Clinic for 17 years. In 2001 he published a book on health care for seniors.

### **2002.33 Mindfulness to Optimize Experience**

**Instructor: Bruce Britton**

**Friday, Noon – 1:30 PM**

**Mar 29 – May 3**

**Location: GMU**

**6 Sessions**

**Maximum 47, minimum 8 participants**

Elevating our mindfulness means “waking up” from our waking dream of automatized mental life that includes mind-wandering, fantasy, rumination, imaginary social interactions and the self-referential internal narrative. Mindfulness practice promotes deeper consciousness, richer awareness and sharper alertness in our mental life.

## Health & Wellness *continued*

---

This secular course highlights the pleasure-enhancing benefits of mindfulness, viewing it as a play of the mind that represents one of the highest forms of entertainment. We will review summaries of several hundred peer-reviewed scientific papers on mindfulness published over the last 50 years and personal testimonies of those who, largely in spiritual contexts, have sought the personal goal of mindfulness over the last 5,000 years.

Other courses on the subject have been concerned with the effects of increased mindfulness on wellness, the reduction of suffering and the 'spiritual' effects of mindfulness. Of course, unconscious absorption in the waking dream increases our interface with pain, and 'waking up' decreases the mind-caused part of our suffering.

Fortunately, positive effects of mindfulness such as wellness still will be present even when mindfulness is being pursued for its pleasures and delights.

There will be 10–15 minutes of meditation during class sessions.

**Bruce K. Britton**, PhD, has taught four Encore Learning mindfulness courses and co-founded the Mindfulness Club. He has been investigating mindfulness since 1959, studying with five international teachers, and has attended more than twenty 10-day silent meditation retreats. He was professor of cognitive psychology at the University of Georgia, where he wrote or edited 14 books and 50 articles in professional journals.

## History

---

### 3001.33 Geopolitics of the Ancient Middle East

Instructor: David Rudgers

Tuesday, 2:00 PM – 3:30 PM

Apr 9 – May 14

Location: SEC

6 Sessions

Maximum 30, minimum 8 participants

After the ancient Hebrews became aware of themselves as a people with their own identity, their history was a turbulent one. Relatively few in number and living in a tumultuous geopolitical neighborhood since the beginning of recorded history, they were in almost constant conflict with powerful neighbors. They were threatened by hostile nomads, divided among themselves and frequently subordinated to foreign conquerors.

This course tells that story and describes the Jews' relationships with the Egyptians, Assyrians, Babylonians, Persians, Seleucid Greeks, Romans and Muslims. It will also detail the changing power relationships in the ancient Middle East, culminating in the Muslim conquests of the 7th century.

Although this course deals with biblical themes and personalities, it is not a course in religion. Events will be examined and interpreted in an entirely secular way. The course

will also attempt to link the events of the ancient Middle East to a contemporary context. There is no required text, but an extensive bibliography will be provided.

**David Rudgers** is an independent scholar and a retired civil servant. After working as an archivist at the National Archives, he was employed primarily as an editor and an analyst at the Central Intelligence Agency for 22 years. He holds a PhD in history from the George Washington University and is an award-winning author.

*Hungry?  
Need a cuppa joe?*



At GMU, Au Bon Pain across from the Information Desk will be your stop *du jour* for classes in Founders Hall. This quick option features snacks and lunch items.

## **3002.33 Indian Wars 1754–1794: Battle for the Old Northwest**

Instructor: Charles Hertel

Wednesday, 2:00 PM – 3:30 PM

Apr 10 – May 15

Location: GMU

6 Sessions

Maximum 36, minimum 8 participants

The Old Northwest is an area bounded by the Allegheny Mountains to the east, the Ohio River to the south, the Great Lakes to the north and the Mississippi River to the west. Native Americans fiercely resisted Anglo-American encroachment into this area from 1754 to 1794. In this 40-year period, the native tribes, supported and supplied first by the French then later by the British, destroyed two major regular armies, stymied settlement in the area and fought the British Empire and then the new American republic to a standstill. In the process, they inflicted on the US Army the worst defeat, in proportionate terms, that it has ever suffered.

George Washington is ineradicably linked with this time and area. He was the young Virginia Lieutenant Colonel who commanded the first disastrous military expedition across the Allegheny Mountains in 1754. As President and army commander, he eventually led the defeat of the native alliance in 1794. Throughout the period, Washington maintained an interest and involvement in land speculation and development in the area.

This course will examine the reasons for, and nature of, this Native American resistance and demonstrate that the ultimate triumph of American arms was won at great cost.

**Charles Hertel** is a graduate of the US Military Academy and holds an MA from the University of Massachusetts. He spent over 30 years as an Army officer in command and staff positions in the US, Germany, Vietnam, and Korea. He taught at the US Military Academy and served as a delegate to the Conventional Forces in Europe Treaty negotiations in Vienna, Austria. He has a long-term interest in American, European, and military history.

## **3003.33 Arlington History**

Instructor: W Karl VanNewkirk

Thursday, 3:00 PM – 4:30 PM

Apr 4 – May 23

Location: Varies

8 Sessions

Maximum 15, minimum 8 participants

While criss-crossing the 26 square miles of Arlington, have you ever wondered who trod this ground before you? This course surveys the history of Arlington from before the arrival of European settlers to the present. This is not a classroom-based course. Each session will take place in a different historic building or neighborhood. The course will begin with an overview and guided tour of the Arlington Historical Museum. Subsequent sessions will look at:

- Arlington before the Europeans
- 18th century
- Early 19th century and the Civil War
- Black history
- Reconstruction and the beginnings of modern Arlington
- Evolution to a unified community
- The modern era

The first session will be held at the Arlington Historical Museum, 1805 S. Arlington Ridge Road. The locations and directions for subsequent sessions will be provided. Participants will need to provide their own transportation to each class site; some walking is required.

**Karl VanNewkirk** served four terms as president of the Arlington Historical Society and is currently a member of the board of directors. He has been a docent at the Arlington Historical Museum since the early 1990s and was editor of the society's annual magazine from 1992–2015. He is a former member of the board of directors of the Arlington Black Heritage Museum and now volunteers for the archaeology department at Gunston Hall. He belongs to a variety of historical, archaeological and genealogical organizations.

## **When Does My Current Membership Expire?**

Log in to Member Account Manager—  
it's on the very first screen under **My Account Info**

## **3004.33 Genealogy Without Fear: Getting Started in Family History**

**Instructor: Kadri Kallikorm-Rhodes**

**Monday, 2:00 PM – 3:30 PM**

**Apr 8 – Apr 29**

**Location: GMU**

**4 Sessions**

**Maximum 36, minimum 8 participants**

This course aims to demystify genealogy, provide a basic introduction to family history research and encourage individuals to undertake their own research by equipping them with basic background knowledge in order to begin. Topics covered will include basic research methods, family lore and artifacts, census records, vital records and other sources of genealogical information. The discussion will include many examples, primarily from the United States, but the methods discussed can be used in researching in other parts of the world.

The first lecture in the series will be devoted to getting ready to embark on a family research project: how to formulate questions that work, take stock of what you already know, pick sources and take good notes. The second lecture will be devoted to census records. The third will be devoted to vital records – what forms they might take and where to find them. The fourth and final lecture will briefly touch upon some of the other important sources of information about our ancestors' lives.

**Kadri Kallikorm-Rhodes** is a former Estonian diplomat with a background in both history and genealogy. A professional librarian, she currently serves as reference librarian at the DAR Library in Washington, DC. Her research interests are mostly focused on the Eastern seaboard (especially New Jersey), but she has also worked on other times and places (for example, the Jewish community in Helena, Montana of the 1860's boom era). What she loves most is helping people with their genealogical research and empowering them to discover the truth behind family lore.

## **3005.33 Medieval Legacy: Cultural Inheritance from the Middle Ages**

**Instructor: Mary Lee McIntyre**

**Monday, 10:00 AM – 11:30 AM**

**Mar 4 – Apr 8**

**Location: GMU**

**6 Sessions**

**Maximum 36, minimum 8 participants**

What comes to mind when you hear the term “Middle Ages”? Do you picture fairy tale castles, chivalrous knights and courtly love? Or do you have a darker vision of endless conflict, disease and barbarianism, a time when culture was confined to a few scattered monasteries?

The centuries from 300 AD through 1400 AD featured all of these elements and so much more. In this course we will examine the remarkable legacy that the modern world received from the period in terms of such institutions as the church, representative government, capitalism and the university. We will trace the development of architecture, art, craftsmanship, literature, trade and methods of conducting warfare. We will meet some fascinating men and women who contributed to the richness of medieval life, from the philosopher-theologian Abelard to Queen Eleanor of Aquitaine. Finally, we will explore the historical basis of some of the popular myths of the period, such as the legend of King Arthur. During this class, guest speakers will offer their expertise on special topics.

**Mary Lee McIntyre** developed her interest in medieval history during a long career of teaching and lecturing here and abroad. After receiving an AB in history from Washington College and an MA from the School of International Studies at Johns Hopkins University, she taught at both the high school and university levels in the Washington area and in India, Pakistan and Lebanon. She also served with the US Agency for International Development in India, Pakistan and Bangladesh.

## **Would You Like to Teach for Encore Learning or Do You Have an Idea for a New Course?**

The Academic Programs Committee is on the lookout for instructors eager to share their expertise with fellow Encore Learning members. Do you have an area of interest that we should know about? Please email Barbara Spangler at [info@encorelearning.net](mailto:info@encorelearning.net). If you have a course idea, but no instructor, we'd like to work with you to find a great instructor.

## **3006.33 Soviet Union Versus Nazi Germany: The Great Patriotic War**

**Instructors: George Pick, Janos Gertler**

**Friday, 2:00 PM – 3:30 PM**

**Mar 22 – May 10**

**Location: GMU**

**8 Sessions**

**Maximum 47, minimum 8 participants**

Most people are well informed about the aspects of World War II in Western Europe and the Pacific theaters. Interesting, and less well known, is that about 90 percent of WW II casualties on the European Continent were in the “East,” between Germany and the Soviet Union. This course is designed to highlight this existential struggle between Nazi Germany and the Soviet Union that had a major impact on determining the outcome of the war. Topics for the eight sessions include:

- The prelude to war in the 1920s and 1930s, spending time on little known wars and pacts.
- Operation Barbarossa and its planners. Operation Barbarossa was the code name for the Axis invasion of the Soviet Union which started on June 22, 1941. We will focus on the critical battles and encirclements in 1941 and 1942.
- The defensive and offensive operations of the war: The 900-day siege of Leningrad and the critical battles of Stalingrad and Kursk that occurred in 1941–1943.
- The Red Army offensives of 1943–45, including the battles for Budapest and Berlin. How were the civilian populations affected on both sides? Finally, what were the losses on both sides and what were the long-term consequences of the war in the East?

Literature from the victorious and the vanquished will be used to illustrate the war.

*Recommended Reading: The Second World War*, Martin Gilbert; *Russia at War*, Alexander Werth; *Soviet Casualties and Combat Losses*, G.F.Krivosheev; *Fighting in Hell*, Peter Tsouras; *The Wehrmacht in Russia*, Bob Carruthers; *With Paulus at Stalingrad*, W. Adam and O. Rühle.

*Independent Reading: Stalingrad to Berlin: The German Defeat in the East*, Earl F. Zamke; *Leningrad 1941: The Blockade*, Dmitri V. Pavlov; *Deadlock Before Moscow*, Franz Kurowski; *Soldaten*, Sönke Neitzel and Harold Welzer; *The Men of Barbarossa*, Samuel W. Mitcham, Jr.

**George Pick**, a retired aerospace engineer who worked for the US Navy for 30 years, is both a Holocaust survivor and survivor of WW II. He has studied, in depth, the strategy and tactics in WW II as well as the weapons and logistics of the same war. He has lectured on these topics for various audiences.

**Janos Gertler** was educated in Hungary as an electrical engineer, where he also held various research positions, including deputy director of a large institute. He came to the USA in 1981. After teaching at Case Western Reserve University and The Polytechnic Institute of New York University, he joined George Mason University in 1985, from which he retired as Professor Emeritus in 2016. Besides his own professional field, he has a strong interest in economics and history.

## **3007.33 Ancient Rome: Monarchy and Republic**

**Instructor: Thomas K. Wukitsch**

**Monday, 2:00 PM – 4:00 PM**

**Mar 4 – Apr 1**

**Location: GMU**

**5 Sessions**

**Maximum 70, minimum 8 participants**

The course will be an in-depth survey of the events in and around ancient Rome from the beginning of time until the Ides of March 44 BC.

It will focus on the geology and pre-history of Rome, precursor civilizations (Terramare, Villanovan, Etruscan), and Rome’s foundation myths (Romulus, Remus, et al.). We will continue with a review of the Roman Monarchy (seven kings), the Roman Republic, the Punic Wars, and the fall of the Republic. Finally, we will examine how our American forefathers (forefather has the same meaning as “patrician”) tried to emulate the good parts of the Roman Republic.

This course will be continued in the Fall of 2019 with an in-depth study of ancient Rome’s Imperial Period.

*Recommended Reading:* All recommended readings will be on the Internet at <http://www.mmdtkw.org/ALRItkwPages.html>.

*Independent Reading:* Follow Internet links given at <http://www.mmdtkw.org/ALRItkwPages.html>.

# History *continued*

*Recommended Website:* <http://www.mmdtkw.org/ALRItkwPages.html>.

**Tom Wukitsch's** interest in the ancient world was whetted in front of his grandparents' bookcases of National Geographic back issues. Early on he learned Latin, Ancient Greek, ancient Semitic languages, Egyptian hieroglyphs, mathematics, history, archeology, archeometry and computers. After retiring, he studied and taught in Rome and, since 2003, at Encore Learning.

## **3008.33 Ireland: Prehistory to Present Day**

**Instructor: Dwight Rodgers**

**Friday, 10:00 AM – 11:30 AM**

**Mar 22 – Apr 26**

**Location: GMU**

**6 Sessions**

**Maximum 47, minimum 8 participants**

This course will examine the full range of Irish history by addressing the major events, groupings and characters that have been identified by professional historians. A goal is to create for class participants a framework for understanding the complex and colorful history of this island, and the divisions that have made Irish history atypical among European countries.

After a brief look at Irish pre-history, including the arrival of the Celts, the course will examine the coming of Christianity and the first written records; the Viking and Norman/English incursions; the period of the small kings and warlords that was curtailed at the time of Henry VIII; the religious tensions and violence that culminated in Cromwell's invasion at the end of the English Civil War; the growing Protestant ascendancy; union and famine; the Home Rule movement; creation of the Irish Free State and the gradual emergence of the Irish Republic after 1937 and 1948.

The current Brexit negotiation is complicated by the border between the United Kingdom's Northern Ireland and the Republic of Ireland. The course will address the history of that border. Northern Ireland does not include all of the Irish counties that are part of the traditional province of Ulster, and the demographics that supported the border after World War I have changed in the century since. The course will begin with a look at the map of Ireland, as the location of the provinces and counties will be useful throughout the course.

*Independent Reading: A Brief History of Ireland: Land, People, History*, Richard Killeen. In paperback, this is an easy read covering Ireland's history.

**Dwight Rodgers** has taught both history and mindfulness courses for Encore Learning for several years. He majored in history with emphasis on Europe at Amherst College and received an MAT from UMass Amherst in teaching history. Sidetracked from teaching by a long federal career, Dwight continued to study and travel to deepen his historical understanding. While his family has no Irish roots, Dwight has nurtured a connection to Irish history and song for many years.

## **COURSE REGISTRATION CHECKLIST**

- Review/update your account information online before registration begins on February 4.
- Note your password for easy access to your account on registration day.
- Choose your desired courses before logging in to register on February 4.
- Register online at 10 a.m., Monday, February 4, for your best chance at a seat in a popular course.
- Opt for a course waitlist if the course is filled.
- Complete your online registration and payment within 20 minutes.
- Sit back and wait for classes to begin.

# Law, Politics & Public Affairs

---

## 4001.33 Justice: What's the Right Thing To Do?

Instructor: Verne Vance

Thursday, 10:00 AM – 11:30 AM

Mar 21 – May 9

Location: GMU

8 Sessions

Maximum 47, minimum 8 participants

This is a course in political philosophy in which we will explore various concepts of justice and their application to a variety of public policy and human conduct issues. Concepts to be explored include those of Aristotle, John Stuart Mill, Immanuel Kant, John Rawls, Robert Nozick and others, as applied to such matters as affirmative action, abortion, same-sex marriage, national service and the moral limits of markets. To illustrate these topics and help foster discussion, we will use selected portions of the Harvard University Online Learning course "Justice," taught by Michael Sandel, whose book on the subject is recommended reading. Sandel's entire course, 24 lectures of about 30 minutes each, is available online and can also be borrowed in DVD form from the Arlington Public Library.

*Recommended Reading: Justice: What's the Right Thing to Do?*, Michael J. Sandel.

**Verne Vance** is a retired corporate attorney who has taught many lifelong learning courses at Encore Learning and elsewhere. He explored how to achieve public policy justice on many occasions while serving as president of the City Council and later chair of the School Committee of Newton, MA.

## 4002.33 Bill of Rights: Its History, Current Interpretations and Future

Instructor: Robert Weinberg

Thursday, Noon – 1:30 PM

Mar 14 – Apr 4

Location: GMU

4 Sessions

Maximum 47, minimum 8 participants

How well do you understand your constitutional rights? This course will present an overview of the rights guaranteed Americans by the first 10 amendments to the US Constitution. It will also consider how the Supreme Court has interpreted several specific provisions of the Bill of

Rights, including free speech, free exercise of religion, the right to bear arms, security against unreasonable search and seizure, the privilege against self-incrimination, the prohibition against double jeopardy, the guarantee of due process of law, the right of the accused to indictment by a grand jury and a speedy trial in public by an impartial jury, the right to assistance of counsel and to bail and the prohibition against cruel and unusual punishment. The course will consider the extent to which the provisions of the Bill of Rights, which were adopted as limitations upon the federal government, have been made binding on the states by virtue of the 14<sup>th</sup> Amendment.

*Recommended Reading: The Bill of Rights: Creation and Reconstruction*, Akhil Reed Amar.

**Robert L. Weinberg** received his BA and law degrees from Yale University and his PhD in economics from the London School of Economics. He is a retired founding partner of Williams and Connolly, Washington, DC. He has litigated constitutional issues for over 35 years, concentrating on criminal defense. A past president of the DC Bar, he is now an adjunct professor at the George Washington University School of Law and at the University of Virginia Law School.

## 4003.33 Modern America Begins: The Gilded Age and the Progressive Era

Instructor: David Heymsfeld

Monday, Noon – 1:30 PM

Mar 18 – Apr 8

Location: GMU

4 Sessions

Maximum 47, minimum 8 participants

The so-called Gilded Age, from the end of the Civil War to 1900, transformed America from an agricultural country consisting of scattered farms and communities largely located east of the Mississippi into the world's largest industrial power, with major cities and a population spreading across a continent. This explosive growth was accompanied by serious problems of corruption, economic inequality, inhumane working conditions, urban squalor, major depressions, racial segregation and rural poverty.

The course will begin by discussing the positive and negative aspects of the Gilded Age. We will then turn to two political movements which attempted to limit its excesses.

First, the Populist Movement of the 1890s, a grassroots movement centered in the West and South, embodied the

politics of resentment against powerful elites believed to be victimizing farmers and industrial workers. The Populists faded from the national scene after the election of 1896, but many of the reforms proposed by them were enacted by their successors during the Progressive Era when a nationwide movement was led by middle and upper-class professionals. Progressives believed that expertise and efficiency could develop policies that served the needs of everyone. Progressivism was at its strongest during the administrations of Theodore Roosevelt (1901–1908) and Woodrow Wilson (1912–1920).

Although the issues may have changed since the 1890s, the differing approaches of populism and progressivism continue to affect our political discourse. These are personified most recently by the “populists” Donald Trump and Bernie Sanders and the “progressives” Barack Obama and Bill and Hillary Clinton.

*Independent Reading: The Republic for Which it Stands: The United States During Reconstruction and the Gilded Age, 1865–1869, Richard White; The Bully Pulpit: Theodore Roosevelt and the Golden Age of Journalism, Doris Kearns Goodwin; America in the Gilded Age, Sean Dennis Cashman.*

**David Heymsfeld** was a congressional staff member for 35 years. He is a volunteer guide at the Newseum.

## 4004.33 Global Hot Spots

**Instructors: Leonard Baldyga, Damian Leader, Lynn Platt, Charles Ford, Molly Williamson, Randolph Marcus**

**Thursday, 10:00 AM – 11:30 AM**

**Mar 21 – May 9 (See note)**

**Location: GMU**

**6 Sessions**

**Maximum 70, minimum 8 participants**

Note: The April 11 and May 2 sessions will be used only if needed to accommodate a change in instructors' schedules.

The United States is confronted by an increasingly complex and perilous world. We face a globe marked by dangerous geographical hot spots and critical policy issues, some flaring openly into violence, others simmering near the edges of our attention. This course taps the experience and perspectives of diplomats and scholars to offer insights into what is at stake.

- 1. Letting Poland Be Poland, Phase 2** (Leonard Baldyga): The instructor will attempt to answer two questions: What happened to the Poland that was initially seen as a model for post-communist liberal capitalism and pro-market reforms and an active promoter of the policies of the European Union; and what explains the 2015 victory of the right-wing Law and Justice Party, which led witch hunts against domestic opponents and questioned Poland's foreign policy orientation and adherence to democratic principles?
- 2. The Baltics: Living Near the Russian Bear** (Damian Leader): The instructor will first try to give some historical perspective on the countries of Estonia, Latvia and Lithuania. He will then look at the Soviet occupation, the subsequent independence movements and the countries' eventual movement into NATO and the European Union. The course will conclude with a survey of the challenges the Baltics face today.
- 3. Canada: Neighbor, Ally – and National Security Threat?** (Lynn Platt): Canada, our northern neighbor with whom we share a 5,000-mile undefended border, is also a NATO ally and reliable security partner. It also ranks as our largest or second-largest trading partner in any given year. Most Americans view Canada positively. The instructor will try to figure out why, with all that background, the country has been labeled “a national security threat.”
- 4. Globalization and Sovereignty: Trade in US Foreign Policy** (Charles Ford): The instructor will review the role of trade in advancing the post-World War II international order. The focus will be on the future of world trade, given the preference of the Trump Administration for bilateral trade agreements and fundamental reform of the World Trade Organization. Trade and access to the United States market are now key tools of U.S. foreign policy.
- 5. Negotiations: Not About Trust** (Molly Williamson): The instructor will explore a number of key questions, including the essentiality of communication (agreeing on issues to be addressed); the importance of time and timing; cross-cultural understandings—or misunderstandings; tools to deal with distrust; the impotence of power; walking away; and unintended consequences. She will use several Middle East negotiations as contexts to illustrate her points.
- 6. US and Mexico: Sweet Agave and Prickly Nopal** (Randolph Marcus): The instructor will review the bilateral relationship from the Mexican perspective. He will begin with a brief historical survey, starting with the Mexican-American war, through significant episodes of U.S.-Mexican confrontation, to the present day. Most of the talk will concentrate on contemporary Mexico, its economic ties with the U.S., immigration

# Law, Politics & Public Affairs *continued*

---

issues and thoughts on how President-elect Andres Manuel Lopez Obrador and President Donald Trump will deal with each other.

**Leonard Baldyga** spent three decades in the Foreign Service before retiring in 1994. He served as a senior officer in Warsaw, Mexico City, Rome and New Delhi. In Washington, he served in the Office of European Affairs at the U.S. Information Agency as both deputy director and then director. His early career included assignments to Dakar, Poznan and Vienna.

**Damien Leader** was a foreign service officer from 1985 until 2013. He was chief arms control delegate for the U.S. Mission to the Organization for Security and Cooperation in Europe, where he led an interagency team advancing the U.S. conventional arms control agenda. His last assignment was as director of the policy leadership division at the Foreign Service Institute. He is an expert on the international relations and geopolitics of Europe and Russia.

**Lynn Platt** was U.S. Consul General from 2014 to 2017 in Vancouver, where she served as senior U.S. representative to British Columbia and the Yukon. She worked closely with Alaska and Washington State and Canadian provincial authorities to broker agreements on transboundary water pollution issues. She was also spokesperson at U.S. embassies in London and Paris and press officer/spokesperson at the U.S. Mission to NATO in Brussels.

**Charles Ford** was a member of the U.S. Foreign Commercial Service for more than 25 years, serving until 2013 as acting assistant secretary. Before that, he was advisor on public/private partnerships to the Commander U.S. Southern Command and Ambassador to Honduras. His overseas assignments also included Brussels, Caracas, London, Guatemala, Barcelona and Buenos Aires. He has recently served as ambassador-in-residence at the Business Council for International Understanding.

**Molly Williamson** speaks extensively on energy, economic and demographic factors affecting foreign policy formulation; U.S.-Middle East relations, especially regional unrest; the Israel-Palestine conflict; Iran and nuclear challenges; and the interagency process. She is a former foreign service officer, achieving the rank of career minister. She is a scholar with the Middle East Institute, a consultant, and a frequent guest lecturer at Johns Hopkins University, the Defense Institute of Security Assistance Management and National Joint Staff College.

**Randolph Marcus** began his international career as a Peace Corps teacher in Ethiopia. He later joined the Foreign Service, serving in South Vietnam, Togo, Brazil, Mexico and Argentina. During his time in Washington, he worked at the U.S. Mission to the Organization of American States and the Office of Counter-Terrorism. After his retirement, he was a counter-terrorism analyst for the Air Force Office of Special Investigations and the Defense Intelligence Agency.

## **4005.33 Lobbying Congress: Drain or Expand “The Swamp”?**

**Instructor: David Rehr**

**Tuesday, Noon – 1:30 PM**

**Mar 5 – Apr 2**

**Location: GMU**

**5 Sessions**

**Maximum 70, minimum 8 participants**

This course will dig deep into how Congress is actually influenced by citizens who belong to thousands of interest groups. The course will include:

- How does Congress receive information from interest groups?
- Where do Members and staff look for information from interest groups?
- How do interest groups leverage relationships with elected officials?
- Which organizations exercise their power well? Which do not achieve results?
- What advocacy tools are generally used?
- What does the future hold for advocacy and how will changes impact our constitutional rights?

When possible, guest experts will join in the discussions.

**David Rehr** is a Professor of Public Policy at George Mason University’s Schar School. Prior to that, he was Senior Associate Dean at the Antonin Scalia Law School at GMU. He started his academic career teaching at The George Washington University’s Graduate School of Political Management. He is the author of *The Congressional Communications Report* (now in its 3rd edition), landmark research on communication methods and preferences of congressional offices, their staff and those working to influence them. He holds a PhD in economics from GMU.

## **4006.33 Arlington's Parks and Streams: The Pleasures and the Problems**

**Instructors: Cliff Fairweather, Aileen Winquist, Kirsten Conrad, Marty Suydam**

**Wednesday, 10:00 AM – 11:30 AM**

**Apr 3 – Apr 24**

**Location: Varies**

**4 Sessions**

**Maximum 20, minimum 8 participants**

The course will provide an on-site introduction to Arlington's glorious urban parks and the challenges facing the parks, such as invasive species, erosion of creeks and streams in the Arlington watershed, etc. A special feature of the course is that three of the four sessions will take place in the parks themselves with walking and hiking—be prepared!

### **1. Arlington Parks: Nature in the Urban Environment**

(Cliff Fairweather): In a brief lecture and a hike through Glencarlyn Park, participants will be introduced to the local biodiversity harbored by Arlington's parks. Along the way, we will discuss the educational, environmental and health benefits that local natural areas provide the community. We will also consider some of the challenges of managing natural resources in an urban area. This class will meet at the Long Branch Nature Center.

*Recommended Reading:* Arlington County Natural Resources Management Plan (<http://projects.arlingtonva.us/natural-resources-management-plan/>).

### **2. Issues Facing the Arlington Watershed**

(Aileen Winquist): Learn about challenges facing Arlington County's streams and water quality and how the County is addressing these challenges. Learn how residents can get involved to protect water quality. This session will be held indoors at the Walter Reed Community Center.

*Recommended Website:* <https://environment.arlingtonva.us/streams/stream-monitoring/>.

### **3. An On-Site Lesson in the Invasive Plants in the Parks**

(Kirsten Conrad): The hands-on session at Long Branch Park will discuss the problem of invasive, non-native plants in Arlington parks. The discussion will cover which invasive species are here, how they got into our parks,

and what can be done to stop the spread of these pests and manage those that have already been established in the parks.

### **4. A Walk Along Four Mile Run**

(Marty Suydam): Arlington's 33 miles of perennial streams are an important part of the beginnings and development of the county. Like most modern urban areas, much of the water that was carried by rivers, streams and creeks appears very different than in the past. The old natural water conduits have been relocated, piped underground, siphoned off for irrigation, or disappeared. This class will provide an overview and focus on Four Mile Run with an on-site tour and explanation. The class will meet at Four Mile Run Park, 3101 S. Glebe Road, near the intersection of S. Glebe Road and Mt. Vernon Avenue. There is plenty of parking, tables and benches but no shelters.

**Cliff Fairweather** is a Natural Resources Specialist for the Arlington County Department of Parks and Recreation, where he manages the Long Branch Nature Center. He has been a professional naturalist since 1996 and holds a Master of Natural Resources degree from Virginia Tech.

**Aileen Winquist** has 20 years of experience in environmental outreach and communication. She has a Master's degree in Environmental Science from the University of Virginia. She manages outreach for Arlington County's stormwater programs, including public engagement for stream restoration and storm sewer projects, managing the StormwaterWise Landscapes incentive program, and coordinating educational programs on rain barrels and rain gardens.

**Kirsten Conrad** provides leadership to the Agriculture Natural Resources programs of Arlington County and the City of Alexandria and has served as their Virginia Cooperative Extension Agent since 2007. Virginia Cooperative Extension is an educational outreach program of Virginia's land-grant universities. She has an MS in Outdoor Recreation Resource Management from Indiana University and a BS in Ornamental Horticulture and Landscape Design from Auburn University.

**Marty Suydam** is a retired Army officer, government and corporate executive, and professor. A long-time resident of Arlington, he published *Walks with Charley: Sniffing Arlington Ridge History and Mystery* in 2017.

# Literature & Writing

## 5001.33 Spanish and Spanish-American Poets in Translation

Instructor: Lesley Francis

Wednesday, Noon – 1:30 PM

Mar 27 – May 15 (No class 4/10/18, 5/8/18)

Location: FCC

6 Sessions

Maximum 20, minimum 8 participants

Immerse yourself in the poetry of some of the most honored Spanish-language poets, including Nobel laureates Juan Ramón Jiménez and Gabriela Mistral. Included in this sweeping overview will be the poems of the classicist and university president Miguel de Unamuno; Antonio Machado, a leader of the 19th century “Generation of ’98” poets; Federico Garcia Lorca, a leader of symbolism, futurism and surrealism movements; the beloved Cuban poet José Martí; Rubén Darío, the Nicaraguan poet who led the 19th century Spanish-American modernism literary movement; Pablo Neruda, the Chilean love poet and activist; and Amado Nervo, Mexican poet, journalist, educator and ambassador.

*Recommended Readings:* Available on Amazon: *Introduction to Spanish Poetry* (side-by-side reading), edited and translated by Eugenio Florit; *Spanish-American Poetry* (side-by-side reading), edited and translated by Seymour Resnick.

**Lesley Lee Francis** taught Spanish language and literature at Sweet Briar College in Virginia and St. Edward’s University in Texas before moving to Arlington. For many years she owned and directed a summer school in La Granja (Segovia), Spain. More recently, she was on the professional staff of the American Association of University Professors.

In addition to our courses in the spring and fall semesters, our **Clubs & Special Events** run *year round*.

See pages 33 and 34 for details.

## 5002.33 Flannery O’Connor: Novels & Letters

Instructor: Jenny Sullivan

Tuesday, Noon – 1:30 PM

Apr 9 – May 14

Location: GMU

6 Sessions

Maximum 36, minimum 8 participants

This course will look at two of the strangest and most compelling novels you will ever read, *Wise Blood* and *The Violent Bear It Away*. O’Connor’s stories of backwoods prophets trying to run away from God deal with sin, grace and redemption. Each has a protagonist “fighting his inherited tendency to mystical love.” Readers find her stories quite challenging and commensurately rewarding. Her letters are frequently laugh-riot funny and help readers to see what she and her fiction are all about.

*Recommended Readings:* Flannery O’Connor: *Collected Works*. The Library of America. (This contains her novels, *Wise Blood* and *The Violent Bear It Away*, and most of her letters.)

**Jenny Sullivan** taught literature and composition for 42 years, mostly at the Annandale campus of the Northern Virginia Community College. She authored two textbooks, one on writing about literature and the other on developing arguments. She also contributes to a blog for culture and faith when she isn’t busy researching and preparing Encore Learning courses.

## VOLUNTEER AS A CLASS AIDE

Do Your Part As a Member!

What benefits will I have?

- Get free parking while attending the class.
- Get to know your classmates and the instructor.
- Get to be an integral part of Encore Learning.

See page 27 for details

# Literature & Writing *continued*

## 5003.33 Novella: Here We Go Again

Instructor: Iska Alter

Friday, 2:00 PM – 3:30 PM

Mar 8 – Apr 12

Location: GMU

6 Sessions

Maximum 47, minimum 8 participants

This course will try to discover how the narrative oddity, the novella, works as a literary form: that is, what it can do that its longer fictional sibling, the novel, cannot; or that its more concise tale-telling relative, the short story, is unable to do. For six weeks, we will have an ongoing discussion of the components of the genre by exploring the following texts: *Notes from the Underground* (Fyodor Dostoevsky), *The Man Who Lived Underground* (Richard Wright), *Benito Cereno* (Herman Melville), *The*

*Wide Sargasso Sea* (Jean Rhys), *Ethan Frome* (Edith Wharton), and *Passing* (Nelia Larsen).

*Recommended Readings:* *Notes From the Underground*, Fyodor Dostoevsky; *The Man Who Lived Underground*, Richard Wright; *Benito Cereno*, Herman Melville; *The Wide Sargasso Sea*, Jean Rhys; *Ethan Frome*, Edith Wharton; *Passing*, Nelia Larsen.

**Iska Alter** is emerita professor of English at Hofstra University. Her specializations are American Literature, Shakespeare and English Renaissance Drama. Her work has appeared in *Modern Drama*, *Theater History Studies* and *Shakespeare Survey*. She is the author of an analysis of the fiction of Bernard Malamud, "*The Good Man's Dilemma: Social Criticism in the Fiction of Bernard Malamud*." She received her BA from CCNY, her MA from Wisconsin and a PhD from NYU.



**DO  
Everything  
ONLINE!**  
Go to

**[www.EncoreLearning.net](http://www.EncoreLearning.net)**

- Use our secure credit card payment processor. We do not store your credit card information in our database.
- Receive instant confirmation of your transaction and a follow-up email.
- Register for classes as soon as registration opens at 10 a.m. on Monday, February 4, 2019.
- Control the timing of your transaction, unhampered by staff availability.
- See page 28 for details.

## HOW TO ACCESS COURSE MATERIAL

1. Log in to your account.
2. On **My Account** page:  
open **My Activities** tab to view your courses. [View Class Media](#) appears below the instructor's name *if they have made course materials available*. Instructors may provide images, videos and/or documents.
3. Select [View Class Media](#) link to view all available material
4. Select each link to view or print at your convenience

# Science & Technology

## 6001.33 Nuclear Weapons: What They Are and What They Can Do

Instructor: Allan Hoffman

Tuesday, 10:00 AM – 11:30 AM

Apr 9 – May 14

Location: GMU

6 Sessions

Maximum 36, minimum 8 participants

The world changed early on July 16, 1945, with the successful test explosion of the first nuclear weapon by the United States, code-named Trinity. The test led to the dropping of two atomic bombs on Japan in August 1945 and the end of World War II.

This course will trace the origins of these weapons and examine the decision to drop them on Japan, the impacts on two Japanese cities, the subsequent development and proliferation of even larger nuclear weapons, postwar efforts to control such weapons and their current status. The six classroom sessions will cover the following:

1. The history of nuclear fission/fusion research and the basic physics of nuclear fission and fusion.
2. The Manhattan Project and the backdrop to dropping the atomic bomb.
3. Effects of atomic and hydrogen bombs (video).
4. Comments from a Manhattan Project scientist and a discussion of the decision to drop the bomb.
5. The postwar efforts to control nuclear weapons/ arms control and the current global status of nuclear weapons.
6. The final class will be an open discussion of contemporary issues related to nuclear weapons.

**Allan Hoffman** earned his bachelor's degree in engineering physics from Cornell University and received his PhD in physics from Brown University. He retired from a long career in Washington, DC, where he served as staff scientist for the U.S. Senate Committee on Commerce, Science, and Transportation, director of the Department of Energy's Advanced Energy Systems Policy Division and senior analyst in Energy Department's Office of Energy Efficiency and Renewable Energy. He is a fellow of the American Physical Society and the American Association for the Advancement of Science. He is now involved in solar energy projects in Africa.

## 6002.33 Cybersecurity: Red Team, Blue Team

Instructor: Tom Manteuffel

Friday, 10:00 AM – 11:30 AM

Apr 5 – May 10

Location: GMU

6 Sessions

Maximum 47, minimum 8 participants

What exactly did the Russians do to us in 2016? What really happened at Equifax, the U.S. Office of Personnel Management and Target? What is "Stuxnet," and why was it perhaps the most important event in Barack Obama's presidency?

How does one hack a computer anyway? Most important of all, how do I keep from getting hacked myself? What defenses do I have against it? This course takes a deep dive into those questions and more.

Cyber technology has forever changed the nature of warfare and business. It has spawned a global criminal enterprise that is larger than illegal drug cartels. It may be responsible for the largest transfer of wealth since the Spanish plunder of South America. Without use of jargon, this course will reveal the nature of hacking as it has evolved over the last 30 years. You will be astonished at what you learn and come away better prepared to protect yourself from the dangers lurking online.

**Tom Manteuffel** retired from Booz Allen after 30 years in information technology, including 15 in cybersecurity, as a consultant to international banks, businesses, the federal government, and most recently to the intelligence community. He holds a master's degree in philosophy from the University of Chicago and studied computer science at the University of North Carolina at Chapel Hill.

**Please Use  
Online System  
to Join, Renew  
and Register**

See page 28 for details



## 6003.33 Neuroweapons' Deeper Dive: Capabilities, Concerns and Constraints

Instructor: James Giordano

Wednesday, 2:00 PM – 3:30 PM

Mar 13 – Apr 3

Location: GMU

4 Sessions

Maximum 70, minimum 8 participants

The brain sciences' increasing capabilities to access, assess and affect functions of thought, emotion and behaviors offer considerable power to those operating in security, intelligence, military and political arenas. These neuro-weapons can be used to augment the cognitive, emotive and behavioral performance of personnel; alternatively, they can be used to mitigate an opponent's desire, will or capacity for aggression, violence and warfare.

This course will open by summarizing the emerging developments in neuroweapons worldwide. The remaining three sessions will address and discuss the treaties, conventions and ethics (both those in use and those in need of development or revision) that guide and govern the research and use of neuroweapons.

Those who enrolled in the fall 2018 edition of this course will find this version a quick refresher followed by extensive new material. Newcomers will enjoy an expert insider's view of this emerging science.

**Recommended Reading:** *Neurotechnology in National Security and Defense: Practical Considerations; Neuroethical Concerns*, James Giordano, ed.

**James Giordano** is professor in the departments of neurology and biochemistry and chief of the Neuroethics Studies Program at Georgetown University Medical Center. He has served as senior science advisory fellow to the Joint Staff of the Pentagon, as an appointed member of the Neuroethics Advisory Panel for DARPA and as dual-use research task leader of the European Union Human Brain Project.



Like us on  
**Facebook!**

[www.facebook.com/EncoreLearningArlington](http://www.facebook.com/EncoreLearningArlington)

## 6004.33 Technology Safety for Self and Society

Instructor: David K. Bain

Tuesday, Noon – 1:30 PM

Apr 9 – May 14

Location: AMCC

6 Sessions

Maximum 36, minimum 8 participants

This course will explore practical ways to get the most out of technology while minimizing risks and hazards. Starting with the currently ubiquitous technology (e.g., smartphones and computers), we will discuss emerging but far-reaching technologies, such as artificial intelligence, autonomous vehicles, quantum computing, CRISPR and any others the class would like to explore.

For each technology we will examine current and emerging risks, distilling the best practices for risk mitigation from around the globe.

*Independent Reading: Disconnect: The Truth About Cell Phone Radiation*, Devra Davis.

**David Bain** is a serial technology entrepreneur (telecom and IT). He is the founder of the nonprofit Technology Safety Council, promoting the use of new technology in a manner that minimizes hazards and risks to individuals and society. Before getting involved in technology, he studied Russian and politics at Duke and Wake Forest universities.

## Refer a friend!

You are our best source of information for prospective members. Simply refer them to our website [www.EncoreLearning.net](http://www.EncoreLearning.net).



And don't forget to invite your friends and neighbors to our Course Preview.

See page 3 for details.

# Social Sciences

---

## 7001.33 Bible Interpretations That Differ: Four Case Studies

Instructor: Steven Goldman

Monday, Noon – 1:30 PM

Mar 4 – Mar 25

Location: FCC

4 Sessions

Maximum 30, minimum 15 participants

This course presents four case studies in reading the same Bible and finding different meanings.

- 1. Biblical Prophecy and the Modern State of Israel:** In this session, we will examine why some support modern Israel based on Biblical prophecy, while others assert that the Biblical texts proclaim the opposite.
- 2. Mary, Mother of Jesus:** Why do Christians disagree regarding her person and role? Immaculate Conception? A life lived without sin? Virgin birth of Jesus? Perpetual Virginity? Intercessor? Mother of Christ? Mother of God? Our Mother? Assumption into heaven?
- 3. The Resurrection of Jesus:** Fact or fiction? The Apostle Paul wrote, “And if Christ be not risen, then is our preaching vain, and your faith is also vain” (1 Corinthians 15:14). If Christianity stands or falls on the historicity of the Resurrection, why are there conflicting accounts within the New Testament? Can the divergent accounts be reconciled? What do sources outside the New Testament record about the Resurrection? In this session, we will explore how believers, skeptics, and others approach this central doctrine of Christianity.
- 4. Slavery, the Bible and Lincoln’s Second Inaugural Address:** In his second inaugural address, Abraham Lincoln highlighted the irony that both North and South used the same Bible to declare their cause to be just. Who had the better case based on Biblical texts? How did Abraham Lincoln read the Bible and how did it influence his understanding of slavery and the Civil War? In this session, we will explore the answers to these questions and see how Lincoln crafted an elegant argument regarding the hand of God in human history.

**Steven C. Goldman** serves as Chair of the Religious Studies Program Planning Group for the Osher Lifelong Learning Institute (OLLI) at George Mason University (GMU). He has taught numerous other courses on alternative understandings of Biblical doctrine.

## 7002.33 Decision-Making in Life: Everyday Decisions by Individuals, Groups and Organizations.

Instructor: Michael Stewart

Wednesday, 10:00 AM – 11:30 AM

Mar 6 – Mar 27

Location: GMU

4 Sessions

Maximum 36, minimum 8 participants

Dive a little deeper into everyday decisions shaping your life and attitudes: big and small, ad hoc and calculated, heated and cold, good and bad. These decisions can be irrevocable. Therefore, it seems prudent to understand how to make the best possible decisions in personal finance, traffic habits, health, business, relationships, cognitive care, civil discourse, etc. We will review various media to dissect the decisions available to class participants and the paths chosen by them. The course materials comprise historical and contemporary sources largely derived from the instructor’s personal experiences and observations, with many vignettes from open-source materials. We will also explore aspects of decision-making geometry and other emerging concepts.

*Recommended Readings:* A list will be available one week prior to each class.

*Independent Reading:* A list will be available one week prior to each class.

*Recommended Websites:* These will be available one week prior to each class.

**Michael Stewart** is a veteran of 28 years in the US Army, where he served as an intelligence officer, followed by years of experience as an industry consultant.

**In addition to our courses in the spring and fall semesters, our Clubs & Special Events run year round.**

**See pages 33 and 34 for details.**

## 7003.33 Immanuel Kant: An Introduction

Instructor: Irmgard Scherer

Tuesday, 10:00 AM – 11:30 AM

Mar 26 – May 14

Location: GMU

8 Sessions

Maximum 36, minimum 8 participants

This foray into Kant's critical philosophy attempts to cover the highlights of his thought. Immanuel Kant (1724–1804) is viewed as one of the four great philosophers of all time; Plato, Aristotle and Thomas Aquinas are the others. By the mid-18th century, the philosophical enterprise had come to a number of impasses, and Kant proposed to disentangle the various knots by writing three "Critiques." We will examine the big picture of Kant's "transcendental" philosophy, also known as his Copernican Revolution in thinking. He reconciled the entrenched systems of Leibnizian rationalism, which had become too dogmatic, with British empiricism, which was entrenched in skepticism. He formulated an anti-utilitarian theory of morality and founded a "science of aesthetics" as an academic field in its own right in the late 18th century. It is true that Kant's writings are formidably abstruse, like "swimming through glue," but to make him accessible to modern students can still be fun. It will stretch our minds and even connect with contemporary life, adding new perspectives on science, on moral behavior and how to approach beauty and the arts.

*Recommended Reading:* These two books are available for purchase online and will be used in class: *Foundations of the Metaphysics of Morals* (which includes the essay "What Is Enlightenment?"), Immanuel Kant, translated by Lewis White Beck (Prentice-Hall, 1997); *Introducing the German Idealists*, Robert Solomon (Hackett, 1981).

**Irmgard Scherer**, a US citizen born in Germany, is associate professor of philosophy emerita at Loyola University Maryland. She taught core and honors ethics courses, topics in the history and philosophy of science and upper level courses in her areas of competence, Kant and 18th century aesthetic theory. She has published on Kant and related issues.

**Please Use Online System to Join, Renew and Register**

See page 28 for details



## 7004.33 Islam from Muhammad to Modernity

Instructor: Andrea Morel Farsakh

Thursday, Noon – 1:30 PM

Apr 11 – May 16

Location: GMU

6 Sessions

Maximum 70, minimum 8 participants

Suspicion, fear and hatred, common in the West since the time of the Crusades, is currently driving intolerance of Islam and Muslims and taking Islamophobia to new levels in the U.S. and Europe. The only way to improve this poisonous atmosphere is through education and understanding, the goals of this course. The consequences of the U.S. invasion of Iraq and the Arab Spring have roiled the entire region, making the Middle East and North Africa two of the most highly unstable regions in the world. This course will cover early Islam, the *Koran*, Sharia law, the basic tenets of Islamic faith, the position of women and the roots of Islamic extremism. It also will examine the Golden Age of Islam in Baghdad and Andalusia and relations with Christians and Jews. The course will focus intensively on Western colonialism as practiced by Britain, France and the United States and their shared responsibility as major contributors to the violence and instability of the Middle East today, as well as prospects for better days ahead.

*Recommended Reading:* *No God but God*, Reza Aslan; *Holy War*, Karen Armstrong; *The Islamic Jesus*, Mustafa Aykol; *The Biggest Prison on Earth*, Ilan Peppé; "Sura 2" (The Cow) in *The Holy Koran*.

*Independent Reading:* *Heaven on Earth*, Sadekat Qadri; *Paradise Beneath Her Feet*, Isabel Coleman; *Peace Be Upon You*, Zachary Karabell; *Jerusalem: One City, Three Faiths*, Karen Armstrong.

**Andrea Farsakh** has lectured extensively throughout the U.S. on Islamic subjects and the Israeli-Palestinian conflict. Her 25-year career in the U.S. Foreign Service took her to the Middle East, where she also served as the lead liaison to the PLO in Tunis after the Oslo Agreement. Since retiring, her work has focused on Iraqi political/economic affairs and democratic governance in Afghanistan. She also studied for a PhD in Islamic Studies at the Hartford Seminary Foundation. She and her Palestinian-American husband have a home in the occupied West Bank near Ramallah and visit there regularly.

# Volunteer at Encore Learning

## Encore Learning Needs YOU!

*Catch the spirit & join the fun!*

Volunteer your talents, your time and your support. Encore Learning has many opportunities that can fit your schedule. To sustain our non-profit, volunteer-led organization, we need many members to actively volunteer. It's a great way to make new friends and to stay sharp.

There are many ways to serve as a volunteer.

- Be a Class Aide
- Lead a club
- Teach a course or suggest a course instructor/topic
- Provide technology expertise
- Assist with audiovisual needs for special events at the Arlington library
- Distribute course catalogs to local libraries and community centers
- Serve on one of the committees that are essential to Encore Learning's success

There are five committees that need volunteers.

- Class Aides: Recruits and trains the class aides
- Membership: Welcomes new members and plans social events
- Publications: Writes/edits/produces the course catalog
- Special Events: Arranges for and manages tours and lectures
- IT: Advises Encore Learning staff on technology issues

**Our Volunteer Committee Chair, Steven Shapiro, spearheads volunteer placement. Contact him through the Encore Learning office at 703-228-2144 or [info@encorelearning.net](mailto:info@encorelearning.net) to submit your preferences.**

Encore Learning members are a great community of people, and your participation will help to make our organization even greater.

### Please consider volunteering to become a Class Aide

When you become a Class Aide, you support the programs that you love. To become a Class Aide, simply choose "YES" when you register online.

#### *What's a Class Aide?*

A Class Aide serves as the liaison between the instructor and the class, helping with attendance and class setup. Class Aides will receive training prior to classes during a Class Aide orientation.

#### *Class Aide Benefits*

- Class Aides will receive free training on using professional audio-visual equipment.
- Class Aides will have a coffee get-together at the end of the semester.
- Do good, feel good.
- **Bonus:** FREE parking while assisting your class.

#### *Questions?*

Contact Eileen Janas or Gail Massot at  
[info@encorelearning.net](mailto:info@encorelearning.net)  
or call 703-228-2144 and leave a message.

# Join, Renew, Update & Register

---

Encore Learning offers online access for membership, course registration and special event reservations. You must be a member to register for courses and special events. Don't miss this date: spring course registration begins at 10 a.m. sharp on Monday, February 4. First come, first served!

Our online Member Account Manager allows you to:

## SECURE YOUR SEAT QUICKLY:

Once you add an available course to your cart, you have secured a seat in the class and have 20 minutes to complete payment.

## OPT TO WAITLIST FOR A COURSE:

If a course fills, you have the option to join the waitlist without a deposit. Encore Learning staff will notify you if space becomes available.

## OWN YOUR INFORMATION:

Want to confirm your course schedule? Wondering about your membership expiration date? Need to update your postal address? Want to print out your donation receipt for tax purposes? Need to review instructor-provided course materials? All these options are yours, day or night.

## ADVANTAGES TO GOING ONLINE:

- Grab that seat and confirm your registration status immediately upon payment.
- Add all your courses to your cart at once using the Quick Pick List, the fastest way to register.
- Browse through course offerings by course name, location, start date or academic category.
- Your unique email address is your username and you select a personalized password.
- Forgot your password? Request a password reset email online at any time.

Below are specific, step-by-step instructions. FAQs follow.

## IF YOU WISH TO JOIN ENCORE LEARNING:

If you have *never* been a member of Encore Learning, you will need to join in order to register for courses and special events, to participate in our clubs and to view or update your account. Annual membership is \$65, tax-deductible, **nonrefundable**, and runs one year from the day you join.

- Go online to our website [www.EncoreLearning.net](http://www.EncoreLearning.net).
- Under **QUICK LINKS** on the right, select **Join Encore Learning**.
- On the Membership page, select **Add to Cart**.
- On the Shopping Cart page, scroll down to select **Checkout**.
- On the Login page, scroll down to select **Create New Account**.
- You will be asked to provide contact information and a password. Fields marked with an asterisk are required. Select **Next** until you are returned to your Shopping Cart.
- Scroll down to select **Checkout**.
- Billing contact information is pre-filled. If any information is different, e.g., the name on the credit card, edit as needed. Provide the requested credit card information and select **Process Payment**.
- Once your credit card payment is accepted, the screen will display "YOUR REGISTRATION IS COMPLETE! A confirmation email has been sent to the address on file." You may print from this screen or access the invoice/receipt at any time in the My Billing Info tab under **My Account**.

Upon joining, you may register for available special events and courses scheduled through your membership expiration date. See additional instructions below to get started.

## FOR CURRENT OR FORMER MEMBERS:

### TO LOG IN TO YOUR ACCOUNT

All members of Encore Learning use their email address and a **password** to access their information. You may update personal info, view your registration status and invoices, and check your membership expiration date online. ***Email staff any change to your email address as this affects your account access.***

- Go online to our website [www.EncoreLearning.net](http://www.EncoreLearning.net)
- Under **QUICK LINKS** on the right, select **Member Account Manager**.
- Select the **Login** link at the upper right side of the page.
- Under **Returning Members**,
  - If you have already created a password, enter your current email address and password then select the **Login** button.

# Join, Renew, Update & Register *continued*

- If you forgot your password or have not yet created one, select the link **Don't know your password?** to create a new password.
  - Enter your current email address
  - Select the **Submit** button to receive an email message entitled *Password Recovery*.
  - If you don't receive the *Password Recovery* email message immediately, please be patient: not all email processors are instantaneous. Consider checking your spam filter.
  - In the *Password Recovery* email message, select the link **click here**.
  - Type your chosen password in the password field and type it again to confirm. Then select the **Save** button below the passwords.
- Immediately below the page title **My Account** are three tabs: **My Personal Info**, **My Billing Info** and **My Activities**. Scroll down for explanation of what is contained within each tab. Then scroll back up to select the desired tab.

## TO RENEW YOUR MEMBERSHIP

- Log in to your account.
- Select **MEMBERSHIP** from the options on the left then choose **Add to Cart** on the next page.
- Select **Checkout** to pay for your membership renewal.
- You may be required to review your account information at this point. Select the **Save** button to continue.
- Billing contact information is pre-filled. If any information is different, e.g., the name on the credit card, edit as needed. Provide the requested credit card information and select **Process Payment**.
- Once your credit card payment is accepted, the screen will display "YOUR REGISTRATION IS COMPLETE! A confirmation email has been sent to the address on file." You may print from this screen or access the invoice/receipt at any time in the My Billing Info tab under **My Account**.

With a current membership, you may register for available special events and courses scheduled through your new expiration date. For current members, renewal adds one year to your membership expiration date. For former members, renewal restarts your membership from the current date. Annual membership is \$65, tax-deductible and **nonrefundable**.

## TO REGISTER FOR ACADEMIC COURSES

You may log in and browse courses at any time but *you cannot add courses to your cart until registration opens* on Monday, February 4 at 10 a.m. sharp. Only current members may register for courses. Courses you select must end on or before your membership expiration date.

- Log in to your account.
- Select **Quick Pick List** from the options on the left.
- Select your desired courses then click the **Add Selected Courses to Cart** button at the top or bottom of the list. *You now have 20 minutes to complete payment else your cart empties and you must begin again.*
- Select **My Cart** at the top right of the page to begin the checkout process.
- Review your shopping cart for accuracy. To delete a selection, click on the trash bin beside the course.
- Select **Checkout** at the bottom right to proceed.
- You may be required to review your account information at this point. Select the **Save** button to continue.
- You are required to indicate whether you wish to serve as a class aide before proceeding. Click on the drop down list for each course to select Yes or No then select the **Continue** button at the bottom left of the page.
- Billing contact information is pre-filled. If any information is different, e.g., the name on the credit card, edit as needed. Provide the requested credit card information and select **Process Payment** at the bottom right of the page.
- Once your credit card payment is accepted, the screen will display "YOUR REGISTRATION IS COMPLETE! A confirmation email has been sent to the address on file." You may print from this screen or access the invoice/receipt at any time in the My Billing Info tab under **My Account**.

If a course is filled, you have the no-cost option to join its waitlist; staff will notify you when space becomes available. After notification, you will have a limited time to make payment online or the seat will go to the next person on the waitlist. You may access your course registration status in the My Activities tab under **My Account**. Note: waitlisted courses are prefixed with "This is a Waitlisted[*course name*]". Joining the waitlist does not guarantee registration. You will not be admitted to class until you have been notified by staff and paid for the course.

## **VERIFY VERIFY VERIFY**

Log into your account at least one week before course registration. This is the best way to verify that your username (email address) and password are working. If your email has changed recently and you are unable to log in, email staff immediately using your working email address and include your full name and contact information. Staff will update your email address during office hours and send confirmation by email. Begin the password process again with the confirmed email address.

## **LOGIN TROUBLE?**

If the system displays “Username does not exist. Please enter a new one.” or “User does not exist, login failed.”

- It may have been a keying error. Retype and submit again. We find this is the most likely culprit.
- You may have changed your email address since last logging into the system. See the VERIFY VERIFY VERIFY box on this page for further steps to take. Limited staff support will be available on the first day of registration.

## **Frequently Asked Questions**

---

**Q:** *How do I make my registration day as smooth as possible? I want to get into my favorite class!*

**A:** Take action early. Get your password and review your account, updating contact info as needed. **Email staff any change to your email address as this affects your account access.** Temporarily jot down your password so you have it ready to go on registration day. Go through the membership renewal process to refamiliarize yourself with the system; if you don't need to renew, logout before making payment. Contact staff with any issues well in advance of the first day of course registration. On that day limited phone support will be available from volunteers.

**Q:** *I forgot my password!*

**A:** Go to our website. Under **Quick Links**, select **Member Account Manager**. At the top of the page, select **Log In**. Under **Returning Members**, select the link **Don't know your password?** then enter your email address and select **Submit**. You will receive an email message from Encore Learning entitled Password Recovery. If you don't receive this message, please check your spam filter. Staff will be unable to assist in password resets on the first day of registration. We highly recommend verifying your password well ahead of this busy period.

**Q:** *I can't login! I keep getting this error message: User does not exist, login failed.*

**A:** You have typed in an email address that is not recognized by the system—it could be a typo or it could be that your email has changed since you last logged into the system. Email staff using your preferred email address and include your full name and contact information. Staff will update your email address during office hours and send confirmation by email. Staff will not be able to process email changes on the first day of registration. We highly recommend verifying your email address well ahead of this busy period.

**Q:** *I cannot see Register buttons for the courses. Where are they?*

**A:** While you may log in to your account early on registration day, course registration is not available until 10 a.m. Before registration opens, courses will appear on the Quick Pick List but the Select boxes display “Read Only”. After registration opens, the Select boxes on the Quick Pick List are active.

**Q:** *What is the waitlist process?*

**A:** Once you add a course to your Shopping Cart, it will show as waitlisted if the course is already fully enrolled. The course fee will display as zero as there is no cost to join a waitlist. You must complete the registration process even if you are not required to pay. Please continue until your screen displays “YOUR REGISTRATION IS COMPLETE!” or you

## Frequently Asked Questions *continued*

will lose your place on the waitlist. Encore Learning staff will notify you if space becomes available.

**Q:** *Explain the 20-minute limit.*

**A:** Once you add the first item to your cart, you have exactly 20 minutes to complete payment before your cart is emptied and those seats become available to others.

**Q:** *I'm registering for my partner as well as myself. How do I do this?*

**A:** All memberships are individual. Each member has a unique email username and a password. To register for someone else online, log out of your account then log into their account. Note that payment may be made from anyone's credit card (e.g., Jane Doe may pay for John Galt so long as the billing info matches Jane Doe). Transfers between members are not available so do not register for someone else under your own account. If you have trouble with the second registration, clear your cache and try again.

**Q:** *I cannot find my membership/registration/course materials/waitlist status.*

**A:** You can look up all your records online and print whatever you need. Simply log in to your account to access: your membership expiration date and contact info; invoices/confirmations for registrations, events, waitlists; your current class and event schedule (including waitlist status); course materials provided by your instructor, etc. On the **My Account** page, scroll down to view instructions on which tab to select. Your info is available 24/7 which is especially useful during tax season when you wish to deduct membership fees and donations made to Encore Learning. Our Tax ID is printed on every receipt.

**Q:** *I will be registering from a public computer at the library. Is that an issue?*

**A:** All online payments are made with credit cards. Registering from a public computer is not recommended because of the possibility that malicious software may capture your credit card information.

**Q:** *I prefer to register for membership or courses by check. What are the implications?*

**A:** This method is NOT recommended for those who wish to know immediately if they have been registered or for those who anticipate a desired course filling quickly. You may send in your registration form with check payment as early as you wish. Joining or renewing membership requires an additional separate check from course registration. Couples must pay individually and use one registration form each. All forms received by February 4 will be entered in random order by our staff beginning at 10 a.m. on February 4 and in the order received thereafter. Those who play the odds and register both online and via paper slow the process for everyone. After mailing in a paper registration, if you decide to register online instead, confirm this with staff prior to the first day of registration. Paper registrations for members who already registered for their course online will be marked as such and the duplicate course fees forfeited.

**Q:** *What about refunds?*

**A:** Membership fees are nonrefundable. Course fee refunds are subject to circumstances and timing; see **REFUNDS AND TRANSFERS** on page 7 for a full explanation. Refunds are made to the payer's credit card if enrollment was completed online or via check if payment was made via check.

### MORE QUESTIONS?

Check our Frequently Asked Questions on Member Account Manager and at [www.EncoreLearning.net](http://www.EncoreLearning.net) or contact the Encore Learning staff: 703-228-2144 or [info@encorelearning.net](mailto:info@encorelearning.net)

Our office at the Syphax Education Center is staffed during the academic year Monday through Friday from 10 a.m. to 2 p.m., excluding posted holidays. Always call ahead for an appointment if you require a face-to-face meeting.



**Did you know...Encore Learning offers financial aid?**

For more details, check our website: [www.EncoreLearning.net/scholarships/](http://www.EncoreLearning.net/scholarships/)

# ENCORE LEARNING

## Membership and/or Course Registration Form

Join/Renew/Register  
Online at [www.EncoreLearning.net](http://www.EncoreLearning.net)

OFFICE USE ONLY

(Only use this form if paying by check. Use one form per member. Include two checks per member — one check for course registration fees and another for membership fee and/or donation. Do not combine two members on one check.)

**NAME** (Please print)

First \_\_\_\_\_ MI \_\_\_\_\_ Last \_\_\_\_\_  Male  Female

**CONTACT INFORMATION** (Complete only if new member or updating information.)

Street \_\_\_\_\_ Apt. \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ - \_\_\_\_\_

Home ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_ Cell ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_

Email \_\_\_\_\_

**MEMBERSHIP** (Membership fees and donations are tax-deductible.)

Nonrefundable Annual Fee is \$65:  New  Renewal

Optional Donation: \$ \_\_\_\_\_  General  Youth Scholarship

Check the membership expiration date on your catalog address label

**COURSE REGISTRATION** (\$55 per course)

If you are interested, place a checkmark ✓ in the Class Aide column. Class Aides receive free parking while assisting their class. See page 27 for details.

| Course Name (Please use short title shown in Catalog tables) | Course # | Class Aide? |
|--|----------|-------------|
|  |          |             |
|  |          |             |
|  |          |             |
|  |          |             |
|  |          |             |

**Make checks payable to ENCORE LEARNING and mail to:**

Encore Learning  
2110 Washington Blvd.  
Arlington, VA 22204

If you prefer to pay by VISA or MasterCard, you may  
Join, Renew and Register at [www.EncoreLearning.net](http://www.EncoreLearning.net).

Membership fee (\$65/yr) \$ \_\_\_\_\_

Course fees (# of courses x \$55) \$ \_\_\_\_\_

Donation (Optional) \$ \_\_\_\_\_

**TOTAL CHECK AMOUNT:** \$ \_\_\_\_\_

How did you hear about Encore Learning? \_\_\_\_\_

# Special Events for Members

---

Encore Learning's Special Events provide a variety of activities to complement our academic course offerings.

Some events require an admission fee upon registration, while others are free. Registration is required except for those events open to the public.

Members with email addresses on file with Encore Learning receive monthly reminders of the upcoming events unless they choose to unsubscribe. Members are encouraged to check the website for the most current listing.

Special Events are popular and fill very quickly. To secure your seat, register online as soon as you receive the email notification.

Events requiring registration are for members only and require current membership through the event date. If you received this catalog in the mail, check your address label for your expiration date. Members registering for events online may always check their expiration date upon logging in to their account and renew as needed.

Events held at Arlington County libraries require no registration and are open to the public. They are a good way to introduce your friends to Encore Learning and the caliber of its offerings.

Suggestions from members for future places of interest are always welcomed by the Special Events Committee. The greater Washington area is a treasure trove of opportunities—some of which, such as private museums or historic homes, are otherwise inaccessible to the public. Should you have a suggestion or interest in arranging a tour, contact Special Events Chair Kris McLaughlin via the Encore Learning office at 703-228-2144 or [info@encorelearning.net](mailto:info@encorelearning.net).

## TO REGISTER FOR SPECIAL EVENTS

Go to [www.EncoreLearning.net](http://www.EncoreLearning.net) and select **Special Event Registration** (under **QUICK LINKS**).

- Log in to your account.
- Select **Special Events** from the options on the left.
- Select an event to review its details.
- If you wish to register for the event, scroll down to the ticket information and select "1" from the Quantity drop down list and select **Add to Cart**.
- Select additional events as desired, adding them to your cart.
- Review your cart for accuracy. To delete a selection, click on the trash bin beside the event.
- Select **Checkout** to proceed.
- You may be required to review your account information at this point. Select the Save button to continue.
- The screen will display "YOUR REGISTRATION IS COMPLETE! A confirmation email has been sent to the address on file."

All events requiring registration also provide a waitlist if the event has filled. Members may register for the waitlist version of the event at no cost. Office staff will notify members individually as space becomes available.

If there is a charge for the event, payment is expected within 24 hours of notification by the office staff or the spot goes to the next member on the list. Please always notify the office if you are unable to attend so that those on the waitlist have a chance to attend.

Events requiring payment are subject to our Special Events Fees and Cancellation Policy. Full refunds will be provided up to 10 business days prior to the event.

To request a refund, contact the office via email [info@encorelearning.net](mailto:info@encorelearning.net).

**Remember to check online at  
[www.EncoreLearning.net](http://www.EncoreLearning.net)  
for the most up to date information!**

# Clubs at Encore Learning

---

Encore Learning offers a wide range of clubs to match the diverse interests of our members. Costs of club activities vary and are borne by the participants. Join Encore Learning and add club activities to your calendar today!

## **BREAKFAST CLUB**

Are you a morning person? If so, join this club for breakfast and conversation with other Encore Learning members. We meet on Wednesdays at 8:00 a.m. at La Madeleine, a low-key, Parisian-style café in Bailey's Crossroads. Club coordinator is Ron Wise.

## **BRIDGE CLUB**

The Bridge Club consists of members who enjoy getting together once a month to play social bridge. Members take turns hosting the games in their homes. The monthly gatherings begin at noon with a simple lunch; each player gives \$5 to the host/hostess to offset the cost of food and drink. Club coordinator is Sharon Bisdee.

## **CINEMA CLUB**

If watching movies on the big screen sounds like fun, join the Cinema Club. Each month, members go to a selected movie on a weekday at Arlington theaters. Afterward there is an informal discussion and socializing over coffee or dinner at a nearby restaurant. Club coordinators are Leanne Peters and Janice Yeadon.

## **CURRENT ISSUES DISCUSSION GROUP**

The Current Issues Discussion Group meets the third Wednesday afternoon of every month from 1:30–3:00 p.m. at Arlington's Langston-Brown Community & Senior Center. The group's coordinators are Bob Gibson and Pete Taylor.

## **ETHNIC LUNCH CLUB**

The Ethnic Lunch Club, a group of "foreign foodie" members, usually meets on the last Thursday of the month to explore and enjoy the area's great ethnic food. Twenty to thirty members come together for a social and delicious adventure. Details for each restaurant are sent by email each month. We try new ethnic restaurants, as well as old favorites. Cuisines we have enjoyed sampling include Nepalese, Afghan, Rus-Uz, Italian, Greek and Irish. Club coordinator is Arlene Kigin.

## **KAYAK CLUB**

Are you interested in kayaking on the Potomac with other Encore Learning members? Our club welcomes newcomers, novices and experienced kayakers. We meet at Fletcher's Boathouse off Canal Road in DC. Fletcher's

provides all the necessary equipment and attendants to help you in and out of the kayak for a reasonable hourly cost. We meet at 11:00 a.m. on the 2nd and 4th Wednesdays of the month from May through October, weather permitting, and paddle for about 1 to 1 1/2 hours. Club coordinators are Janice Yeadon and Wayne Moore.

## **MINDFULNESS CLUB**

The Mindfulness Club meets each Wednesday from noon to 1:30 p.m. at Rock Spring Congregational UCC Church for meditation, discussion, and exploration of the mindfulness tradition as it has developed in the modern West. Each week features a guided meditation, a chance to bring questions and observations to the group, and a relevant recorded talk by an expert. All are welcome regardless of experience. Club Coordinator is Dwight Rodgers.

## **NONFICTION BOOK CLUB**

Members gather from 1:30 to 3:00 p.m. on the second Monday of January, March, May, July, September and November in the upstairs meeting room at Arlington Central Library to share evaluations of that month's chosen book. The book discussions are lively and often extend to discussions about the author, as well. The remainder of the meeting is devoted to suggestions by members for books to be considered as our selection for the next meeting. Club coordinators are Pat Chatten and Carter Vaden.

## **TRAVEL CLUB**

The Travel Club meets the first Wednesday of each month from 2:30–3:30 p.m. at Arlington's Langston-Brown Community & Senior Center to enjoy presentations on various parts of the world and share information on trips taken or planned. Any schedule changes will be noted on the Encore Learning website calendar. Club coordinators are Sharon Schoumacher, Mary Crosby and Dick Juhnke.

To learn more about a particular club or to join or form a new club, contact staff at [info@encorelearning.net](mailto:info@encorelearning.net) or 703-228-2144. Note which club(s) you are interested in and your contact information. The appropriate club coordinator will contact you directly.

## ◀ INTRODUCING OUR NEWEST CLUB:

# ***TECH HOBBYIST CLUB***

Are you interested in awakening your inner tech geek? Perhaps you are interested in learning more about 3D printing, Arduino, Raspberry Pi, robotics, or drones? Or just tinkering with some of the latest electronic devices?



Then join the new **Tech Hobbyist Club**, open to all Encore Learning members. No tech experience is required.

We meet at the Virginia Tech Thinkabit Lab in Falls Church. Meetings are held on Mondays from 2–4 p.m., once or twice per month. Steve Shapiro is the club coordinator. If you are interested in joining this group, please contact the Encore Learning office.

### **MEETING LOCATION:**

---

#### **Virginia Tech Northern Virginia Center (7054 Haycock Road, Falls Church).**

The Thinkabit Lab is located on the ground floor of the building. Use the main entrance and use the stairs to go down one level. Then turn right and go to the end of the hall.

Parking is available in the lot adjacent to the building. The building is located very close to the West Falls Church Metro Station. A map of the location can be found on our website.

**Qualcomm**<sup>®</sup>  
Thinkabit Lab™



**VirginiaTech**  
*Invent the Future*<sup>®</sup>

NATIONAL CAPITAL REGION

# Transportation

| CLASSROOM<br>AND OFFICE SITES  | PARKING  |  | PUBLIC<br>TRANSPORTATION |
|--|--|--|--------------------------|
|  | Public<br>Garage or Lot                                      | Street Parking<br>(restricted parking<br>zones listed) |                          |
| <b>AMCC</b><br>Arlington Mill Community Center<br>909 S. Dinwiddie St, 22204   | Free garage below the building                               | Limited, Free and Metered                              | ARTbus and Metrobus      |
| <b>FCC</b><br>Fairlington Community Center<br>3308 S. Stafford Street<br>Arlington, VA 22206   | Free lot adjacent  | Free and Zone 11                                       | Metrobus                 |
| <b>GMU</b><br>Mason's Arlington Campus<br>3351 Fairfax Drive<br>Arlington, VA 22201  | Pay garage under Founders Hall — entrance on N. Kirkwood Rd. | Metered  | Metrorail and Metrobus   |
| <b>SEC</b><br>Syphax Education Center<br>2110 Washington Blvd.<br>Arlington, VA 22204<br><br><i>For GPS navigating, you may need to use 100 Walter Reed Dr., 22204</i> | Free garage adjacent   | Metered  | ARTbus and Metrobus      |

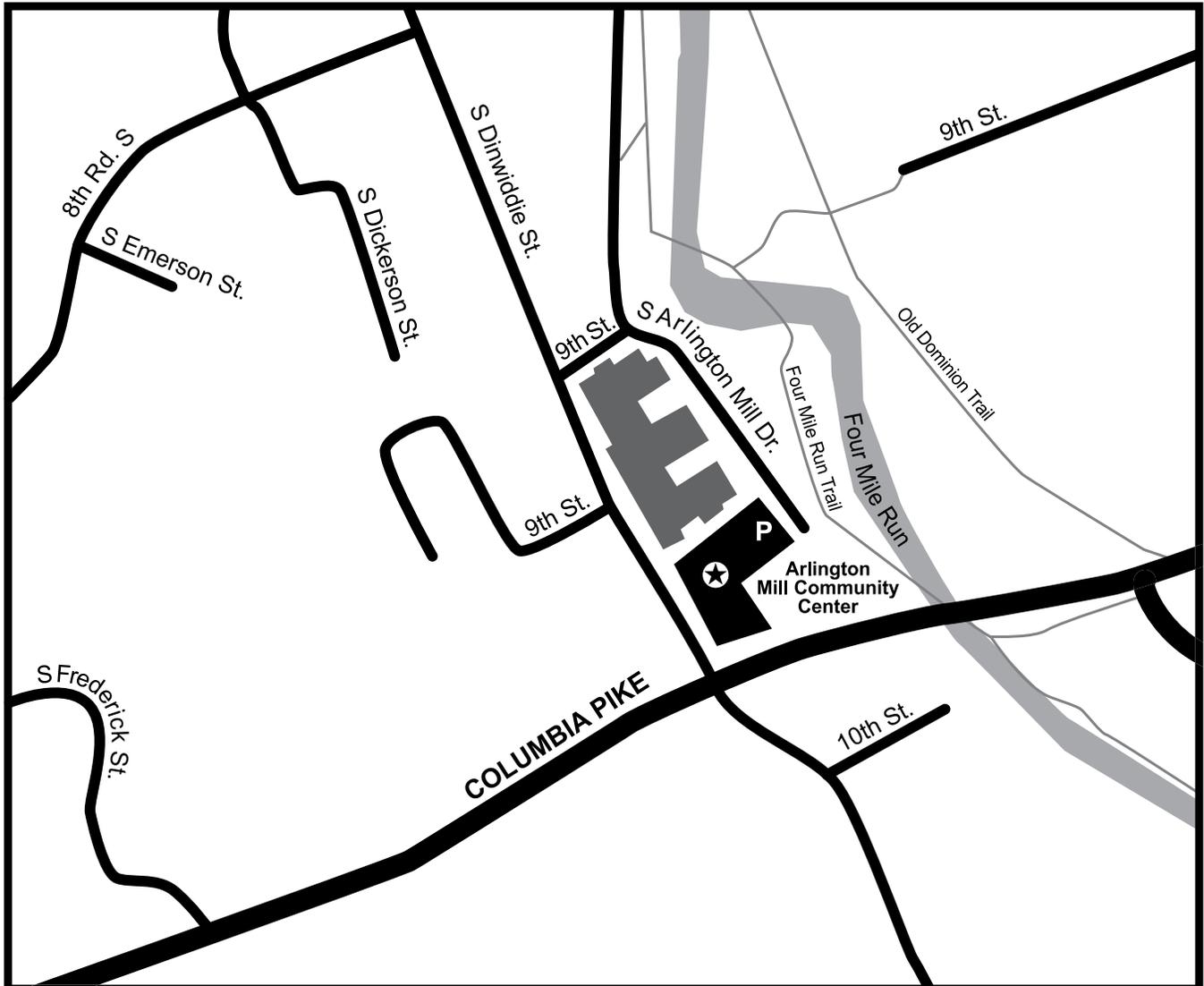
## Suggestions:

- Try using [www.maps.google.com](http://www.maps.google.com) to get directions to class. You can select your mode of transportation (walking, public transit or by car) and Google will provide a map, detailed directions, the distance in miles and the transit time.
- Use [www.wmata.com](http://www.wmata.com) for public transit information, directions, timetables, etc. for Metrorail, Metrobus and ARTbus. A Trip Planner tool is on its home page.
- Use [www.ParkArlington.com](http://www.ParkArlington.com) for metered parking information and maps.
- Use [capitalbikeshare.com](http://capitalbikeshare.com) to locate short-term bike rental stations in the metro area.

**Note:** Use the webpage <https://aging-disability.arlingtonva.us/resources/transportation/> for Arlington-supported transportation for older Arlington residents.

# Locations and Maps of Course Sites

## Arlington Mill Community Center (AMCC)



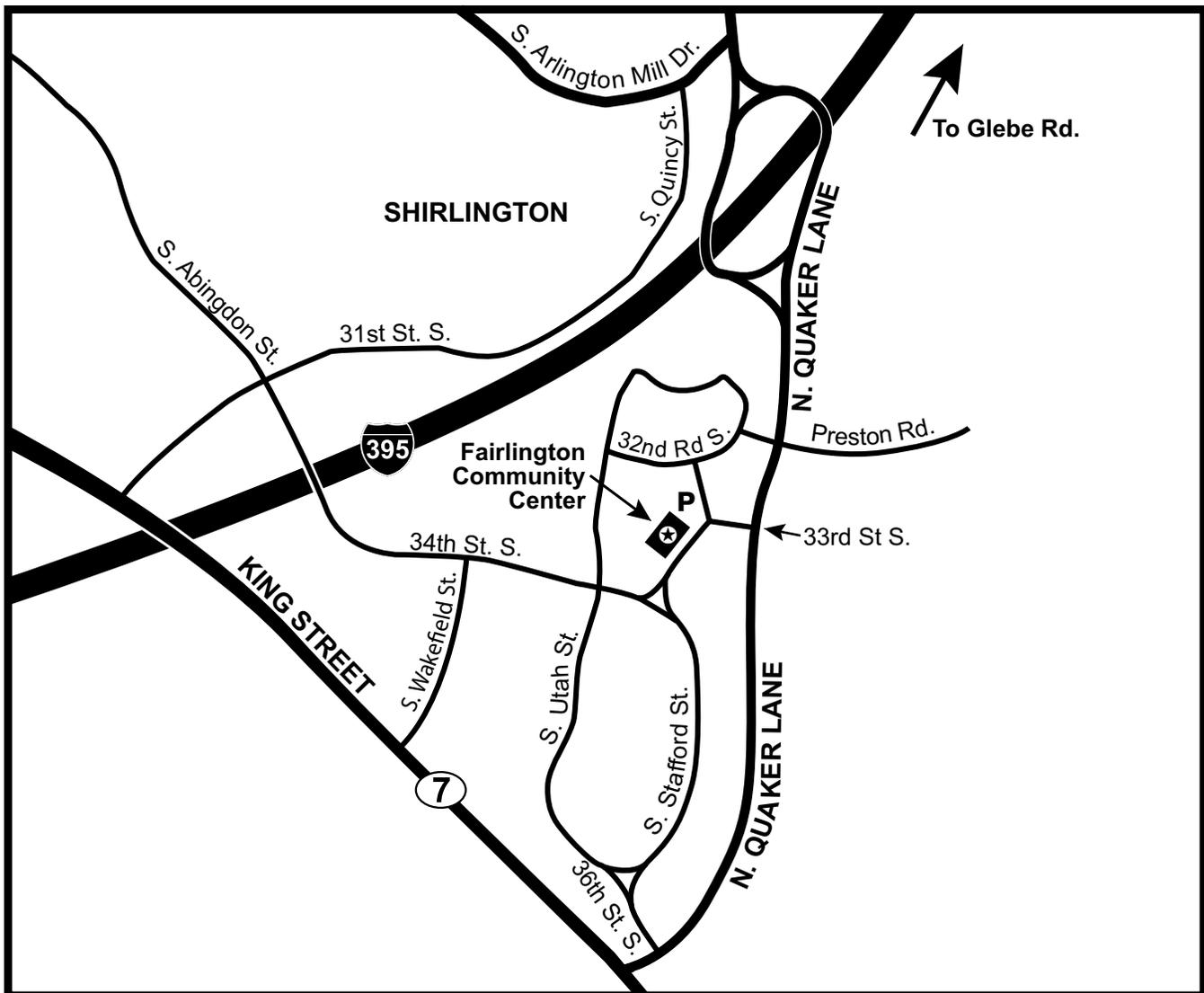
**ARLINGTON MILL COMMUNITY CENTER — 909 S. Dinwiddie St., 22204**

Free and ample garage parking is available below the building. Garage is second parking entrance behind the building on S. Arlington Mill Drive. You will enter a gate that has a green arrow. Take a ticket, and be sure to hold onto this since you will insert it upon exit. If you stay under 4 hours, parking is free and you will insert your ticket into the gate in order to leave. Please note that if you stay over 4 hours, you will need to pay at the parking kiosks located next to the garage entrance to the community center.

If you cannot find parking on the entrance (PL) level, you will find plentiful parking in the basement (G2) parking level, so please make sure to follow the blue signs. The blue signs will also designate where you can access the entrances to the community center from the garage.

***PARKING COSTS ARE THE RESPONSIBILITY OF THE STUDENT***

## Fairlington Community Center (FCC)

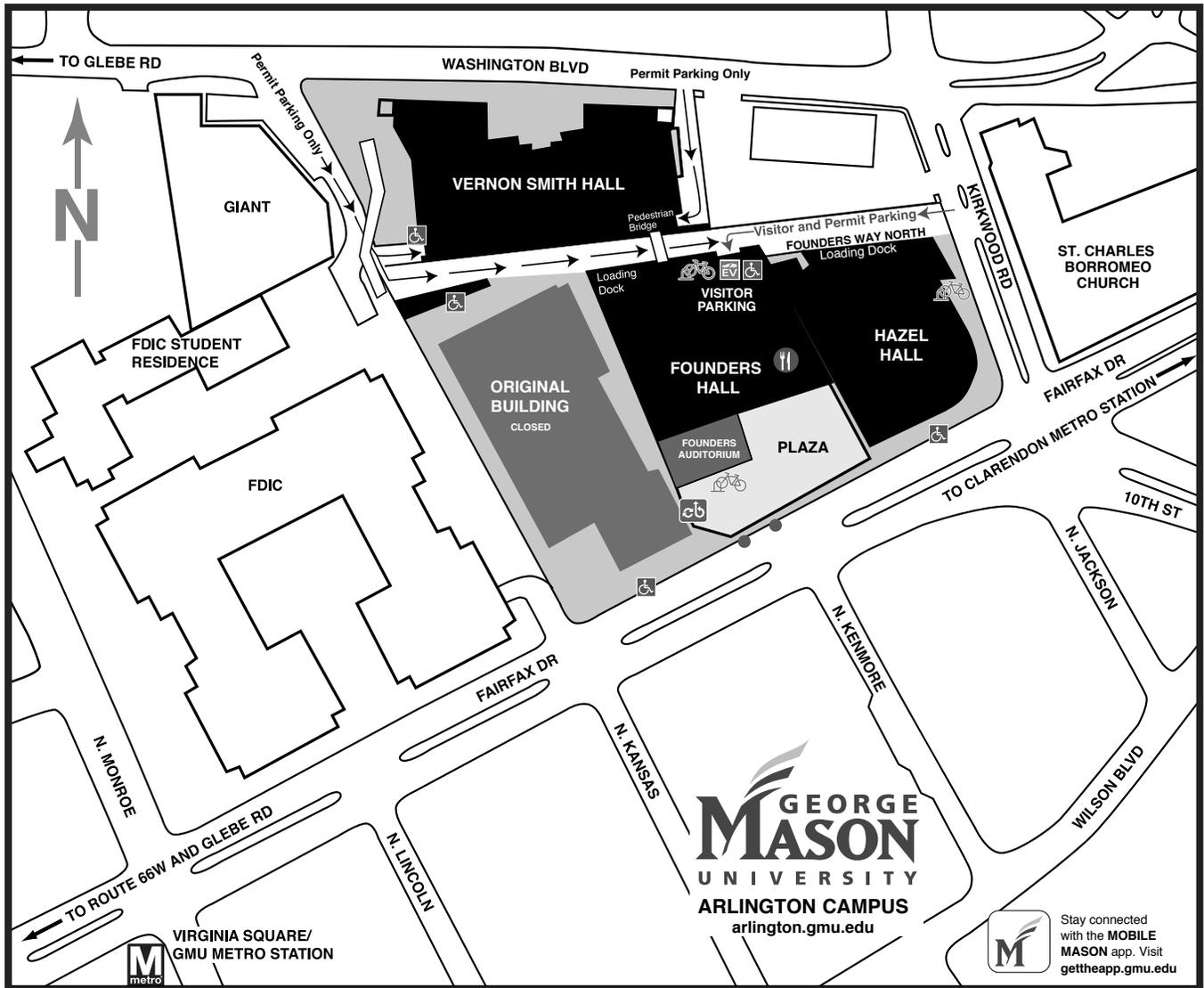


**FAIRLINGTON COMMUNITY CENTER — 3308 South Stafford St., 22206**

Free parking on adjacent lot. Limited street parking is available.

***PARKING COSTS ARE THE RESPONSIBILITY OF THE STUDENT***

## George Mason University (GMU)

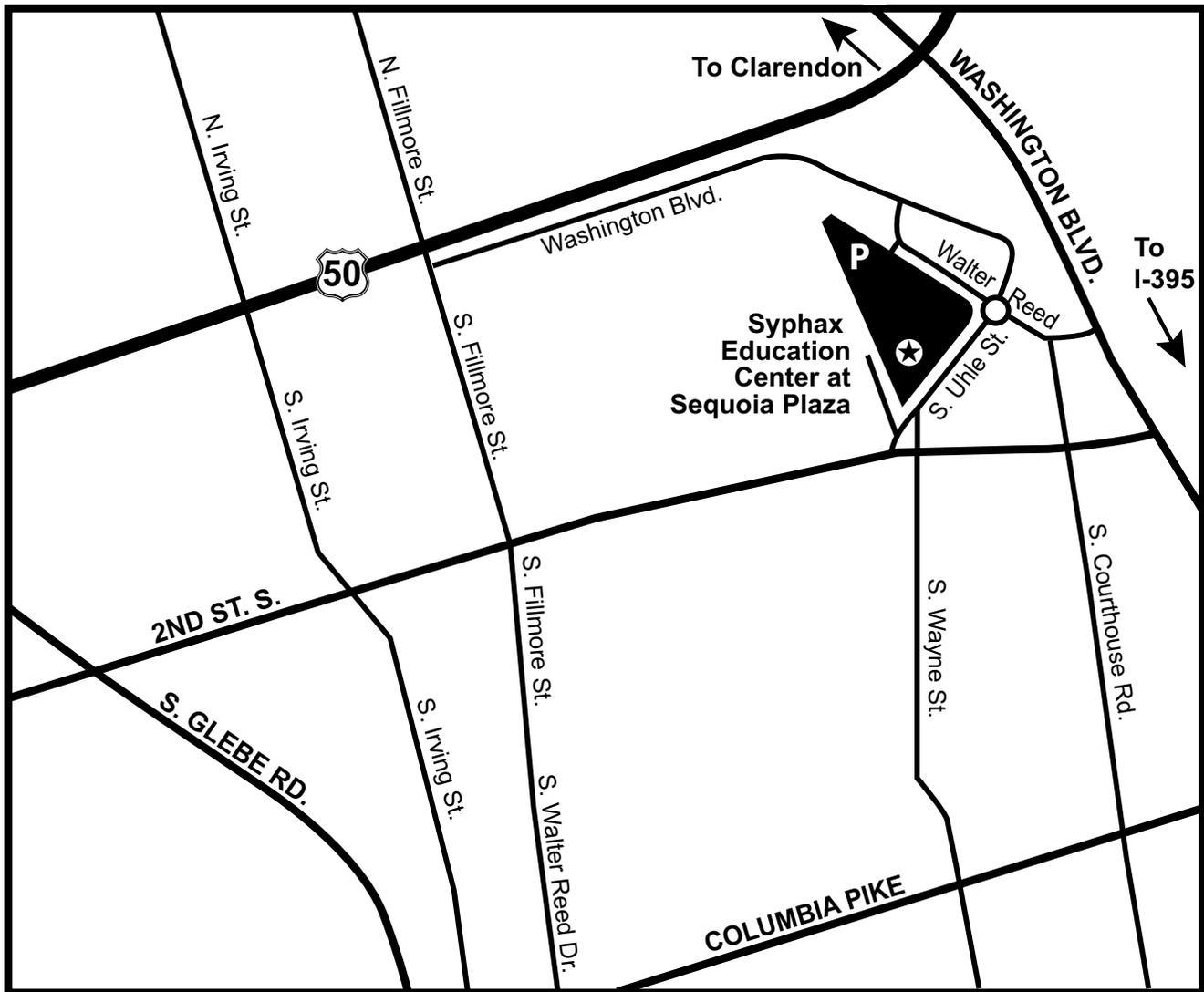


### GEORGE MASON UNIVERSITY, ARLINGTON CAMPUS — 3351 Fairfax Dr., 22201

The Founders Hall garage is the only garage on campus open to visitors; the rate is \$3 per hour and the entrance is off N. Kirkwood Rd. Four-hour metered parking is available along the median on Fairfax Dr. near St. Charles Church and on N. Lincoln St. One- and two-hour metered parking is available on other surrounding streets.

**PARKING COSTS ARE THE RESPONSIBILITY OF THE STUDENT**

## **Syphax Education Center (SEC)**



**SYPHAX EDUCATION CENTER at SEQUOIA PLAZA — 2110 Washington Blvd., 22204**

Note to GPS users: for SEC some mapsites need a different address, including 100 Walter Reed Dr. 22204

The parking garage is free, but visitors should park on Levels B-1 and B-2. Inquire at the Syphax Education Center information desk on the lobby level for directions to your destination.

***PARKING COSTS ARE THE RESPONSIBILITY OF THE STUDENT***

# Courses by Calendar View

|                  | Monday   | Tuesday   | Wednesday   | Thursday   | Friday  |
|------------------|--|---|---|--|---|
| <b>MORNING</b>   | 10:00 – 11:30 AM GMU<br><b>3005 Medieval Legacy</b><br>McIntyre<br>Mar 4 – Apr 8                   | 10:00 – 11:30 AM GMU<br><b>7003 Immanuel Kant: An Introduction</b><br>Scherer<br>Mar 26 – May 14        | 10:00 – 11:30 AM FCC<br><b>1002 Theater Appreciation</b><br>Ohlandt<br>Mar 6 – Apr 10   | 10:00 – 11:30 AM GMU<br><b>4001 Justice</b><br>Vance<br>Mar 21 – May 9                           | 10:00 – 11:30 AM GMU<br><b>3008 Ireland: Prehistory to Present Day</b><br>Rodgers<br>Mar 22 – Apr 26  |
|                  | 10:00 – 11:30 AM GMU<br><b>2001 Health Care in America</b><br>Connally<br>Apr 1 – May 6            | 10:00 – 11:30 AM GMU<br><b>6001 Nuclear Weapons</b><br>Hoffman<br>Apr 9 – May 14                        | 10:00 – 11:30 AM GMU<br><b>7002 Decision-Making In Life</b><br>Stewart<br>Mar 6 – Mar 27  | 10:00 – 11:30 AM GMU<br><b>4004 Global Hot Spots</b><br>Multiple<br>Mar 21 – May 9               | 10:00 – 11:30 AM GMU<br><b>6002 Cybersecurity</b><br>Manteuffel<br>Apr 5 – May 10                     |
|                  |  |   | 10:00 – 11:30 AM Varies<br><b>4006 Arlington's Parks and Streams</b><br>Multiple<br>Apr 3 – Apr 24                              |  |   |
| <b>NOON</b>      | Noon – 1:30 PM FCC<br><b>7001 Bible Interpretations That Differ</b><br>Goldman<br>Mar 4 – Mar 25   | Noon – 1:30 PM GMU<br><b>4005 Lobbying Congress</b><br>Rehr<br>Mar 5 – Apr 2                            | Noon – 1:30 PM GMU<br><b>1001 Music City DC: R&amp;B, Rock, Hillbilly</b><br>Avis<br>Mar 6 – Mar 27                             | Noon – 1:30 PM GMU<br><b>4002 Bill of Rights</b><br>Weinberg<br>Mar 14 – Apr 4                   | Noon – 1:30 PM GMU<br><b>1003 Wagner: Whence He Cometh</b><br>Niles<br>Mar 22 – Apr 26                |
|                  | Noon – 1:30 PM GMU<br><b>4003 Modern America Begins</b><br>Heymsfeld<br>Mar 18 – Apr 8             | Noon – 1:30 PM GMU<br><b>5002 Flannery O'Connor: Novels &amp; Letters</b><br>Sullivan<br>Apr 9 – May 14 | Noon – 1:30 PM FCC<br><b>5001 Spanish &amp; Spanish American Poets</b><br>Francis<br>Mar 27 – May 15<br>(No class 4/10 and 5/8) | Noon – 1:30 PM GMU<br><b>7004 Islam From Muhammad to Modernity</b><br>Farsakh<br>Apr 11 – May 16 | Noon – 1:30 PM GMU<br><b>2002 Mindfulness to Optimize Experience</b><br>Britton<br>Mar 29 – May 3     |
|                  |  | Noon – 1:30 PM AMCC<br><b>6004 Technology Safety</b><br>Bain<br>Apr 9 – May 14                          |   |  |   |
| <b>AFTERNOON</b> | 2:00 – 4:00 PM GMU<br><b>3007 Ancient Rome: Monarchy and Republic</b><br>Wukitsch<br>Mar 4 – Apr 1 | 2:00 – 3:30 PM SEC<br><b>3001 Geopolitics of the Ancient Middle East</b><br>Rudgers<br>Apr 9 – May 14   | 2:00 – 3:30 PM GMU<br><b>6003 Neuroweapons' Deeper Dive</b><br>Giordano<br>Mar 13 – Apr 3                                       | 2:00 – 3:30 PM GMU<br><b>1004 Musical Superheroes and Sidekicks</b><br>Wood<br>Apr 25 – May 16   | 2:00 – 3:30 PM GMU<br><b>5003 Novella: Here We Go Again</b><br>Alter<br>Mar 8 – Apr 12                |
|                  | 2:00 – 3:30 PM GMU<br><b>3004 Genealogy Without Fear</b><br>Kallikorm-Rhodes<br>Apr 8 – Apr 29     |   | 2:00 – 3:30 PM GMU<br><b>3002 Indian Wars 1754-1794</b><br>Hertel<br>Apr 10 – May 15  | 3:00 – 4:30 PM Varies<br><b>3003 Arlington History</b><br>VanNewkirk<br>Apr 4 – May 23           | 2:00 – 3:30 PM GMU<br><b>3006 Soviet Union Versus Nazi Germany</b><br>Pick/Gertler<br>Mar 22 – May 10 |

Encore Learning  
2110 Washington Blvd.  
Arlington, VA 22204

RETURN SERVICE REQUESTED

**Registration Begins at 10 a.m.  
February 4, 2019**