

# ENCORE LEARNING

Expand Your World



**SOCIAL  
Sciences**



**MUSIC**



**Literature  
& WRITING**



**Theater**



**HEALTH  
& Wellness**



**LAW**



**POLITICS  
& Public Affairs**



**FINE  
Arts**



**HISTORY**



**Science &  
Technology**

SPRING 2017 COURSE CATALOG



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George Mason University  
Arlington Public Schools Career, Technical and Adult Education Program  
Arlington County Office of Senior Adult Programs  
Marymount University  
Road Scholar Institute Network

# **SPRING 2017 Course Catalog**



## **ENCORE LEARNING**

### **Expand Your World**

#### **Encore Learning**

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Arlington, VA 22204

Phone: (703)228-2144

Email: [info@EncoreLearning.net](mailto:info@EncoreLearning.net)

Website: [www.EncoreLearning.net](http://www.EncoreLearning.net)

*Encore Learning is a 501(c)(3) nonprofit organization.*

A special thank you to all those who worked on the *Encore Learning Spring 2017 Course Catalog*:

*Don Campbell, Kevin Connors, Carolyn Gosling, David Harris, Jerry Hoganson,  
Ann Kaupp, Kathy LaPier, Millie Lawson, Barbara McLean, Jill Neuville, Dela Ng,  
Noreen Quill, Bill Reilly, Barbara Sakamoto, Margaret Susank, Martha Walters  
Graphic Design Services: CSE Identity Design*

The courses in this catalog have been developed by Encore Learning's Academic Programs Committee.

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# **Encore Learning**

## **Spring 2017 COURSE PREVIEW**

***Saturday, February 4, 2017***

*Doors open at 9 a.m.  
Program begins at 9:30 a.m.*



**GMU-ARLINGTON FOUNDERS HALL,  
MULTIPURPOSE ROOM**

3351 N. Fairfax Dr., Arlington, VA 22203

(See page 4 for parking information.)

**Open to current and prospective members.  
Bring friends, relatives and neighbors!**

Encore Learning's instructors give brief  
presentations about their academic courses.

Members often tell us that the instructors' presentations at the  
Course Preview influence their registrations.

Get the latest news on our clubs, special events and volunteer  
possibilities along with a quick bite and hot drink.

***Join Us!***

Call the Encore Learning office at **703-228-2144** for specific directions or any questions.

# Course Preview Parking

## ON THE STREET

Limited metered/zoned/free parking is available on the streets surrounding the campus.

## IN FOUNDERS HALL GARAGE

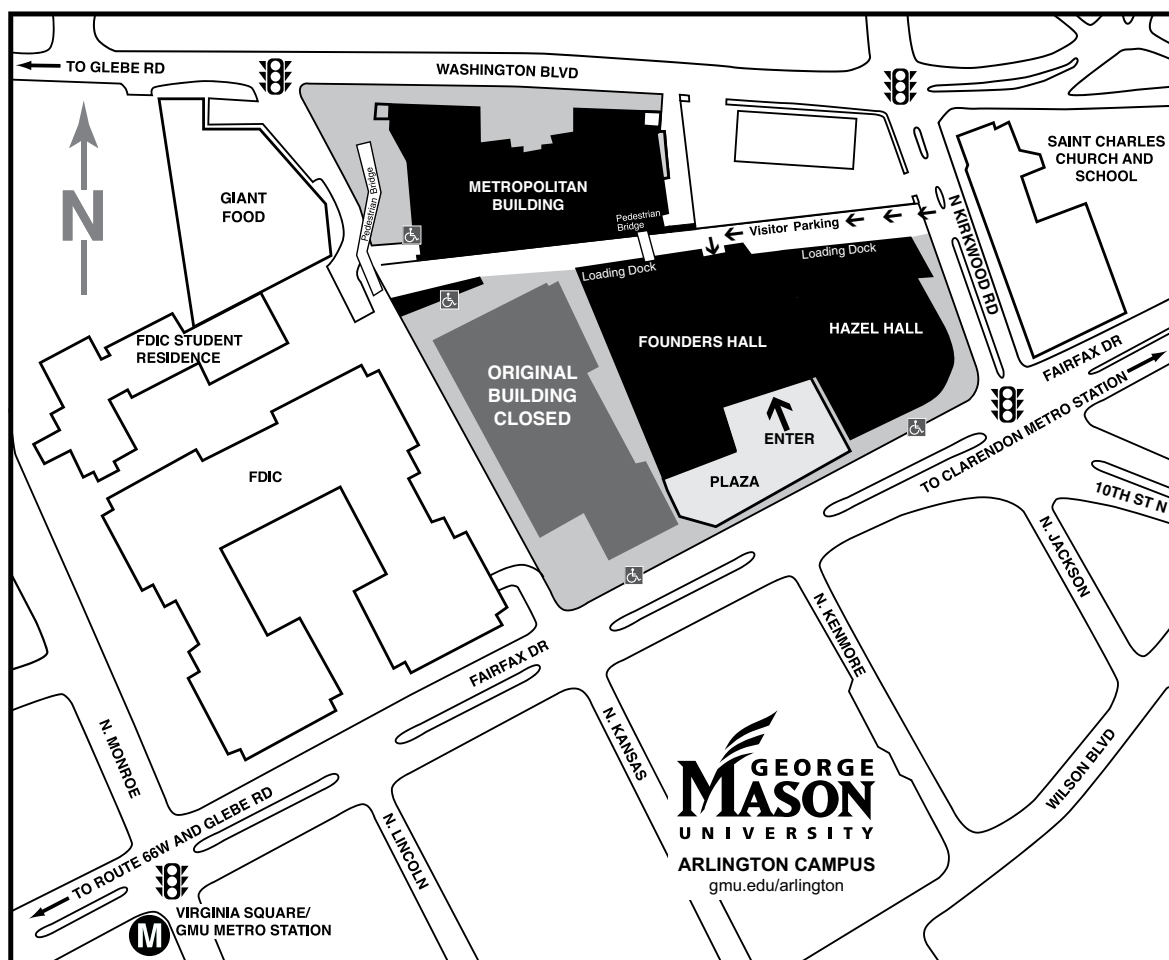
Enter from N. Kirkwood Rd. (on the block between Washington Blvd. and Fairfax Dr.). Take a parking ticket, enter the garage and follow PARK signs (do not follow Hazel Hall sign) to park your car. Take the garage elevator to the ground floor and follow the signs to the Encore Learning event.

For this weekend event, you may purchase a discounted parking validation card for \$4 cash from Encore Learning at the course preview.\*

When exiting the garage, insert the parking ticket and then the validation card to open the gate.

\*If you do not purchase a validation at the event, you must pay \$7 with a credit card to exit the garage.

**Note: Lost tickets subject to maximum charge.**



**Limited metered/zoned/free parking is available on the streets surrounding the campus.**

# Spring 2017 Course Offerings

Category	Course # and Name	Instructor	Day	Start Date	End Date	Start Time	End Time	Site
<b>Fine Arts, Theater &amp; Music</b>	133 - Theatre Appreciation	Ohlandt	M	Mar 27	May 15	Noon	1:30 PM	FCC
	158 - French Art of the 19th Century	Morrison	F	Mar 10	Mar 31	10:00 AM	11:30 AM	GMU
	159 - Opera in Western Culture	Niles	F	Mar 10	Apr 14	Noon	1:30 PM	GMU
	160 - Music Theory	Wood	Th	Mar 09	Mar 30	2:00 PM	3:30 PM	GMU
<b>Health &amp; Wellness</b>	202 - Estate Planning	Parks/Patton	M	Apr 24	May 15	10:00 AM	11:30 AM	FCC
	228 - Healthy Brain	Beckerman	W	Mar 22	Apr 19	Noon	1:30 PM	GMU
	237 - Medicine in the 21st Century	Connally	T	Mar 07	Apr 25	10:00 AM	11:30 AM	GMU
<b>History</b>	302 - Roman Renaissance	Wukitsch	F	Mar 10	May 12	2:00 PM	4:00 PM	GMU
	305 - Arlington History	VanNewkirk	Th	Apr 06	May 25	3:00 PM	4:30 PM	Various
	315 - Lee's Hollow Victories	Stone	Th	Mar 30	May 04	2:00 PM	4:00 PM	GMU
	327 - Geopolitics of Ancient Middle East	Rudgers	M	Apr 10	May 15	2:00 PM	3:30 PM	SEC
	354 - Historians' Christianity to 600 CE	Rodgers	F	Apr 14	May 19	10:00 AM	11:30 AM	GMU
	365 - Magnificent Mughals	Ziad	M	Apr 17	May 22	2:00 PM	3:30 PM	GMU
	376 - Original Sins: US Govt Corruption	Sheehan	T	Apr 11	May 02	Noon	1:30 PM	AMCC
	378 - Mount Rushmore Four	Rhodes	W	Apr 05	Apr 26	2:00 PM	3:30 PM	GMU
	379 - Ancient Iraq's Legacy	Burns	T	Mar 07	Apr 18	2:00 PM	3:30 PM	GMU
<b>Law, Politics &amp; Public Affairs</b>	412 - Global Hot Spots	Various	Th	Mar 16	May 04	10:00 AM	11:30 AM	GMU - HH
	459 - Crime and Punishment	Arnall	M	Mar 13	Apr 17	10:00 AM	11:30 AM	GMU
	476 - Energy and US Public Policy	Hicks	W	Mar 08	May 10	2:00 PM	3:30 PM	GMU
	478 - Russia and its Neighbors	Wake	Th	Mar 23	Apr 20	Noon	1:30 PM	GMU
	480 - European Migrant "Crisis"	Grant	Th	Mar 16	Apr 27	Noon	1:30 PM	GMU
<b>Literature &amp; Writing</b>	515 - Writing About Your Life	Bottum	W	Mar 22	Apr 26	10:00 AM	NOON	SEC
	518 - Cervantes and Don Quixote	Francis	W	Mar 08	Apr 26	Noon	1:30 PM	FCC
	546 - Novella Again	Alter	F	Mar 10	Apr 21	2:00 PM	3:30 PM	GMU
<b>Science &amp; Technology</b>	633 - Cooking's Chemistry	Clarke	T	Mar 07	Mar 28	Noon	1:30 PM	AMCC
<b>Social Sciences</b>	714 - Islam: From Muhammad to ISIS	Farsakh	T	Mar 14	May 16	Noon	1:30 PM	GMU
	740 - Gospel According to Paul	Goldman	W	Mar 22	May 10	10:00 AM	11:30 AM	FCC
	750 - Great Recession	Heriot	F	Mar 17	May 05	Noon	1:30 PM	FCC
	754 - Cybersecurity	Manteuffel	F	Apr 28	May 19	Noon	1:30 PM	GMU
	755 - Philosophies Of Human Nature	Scherer	W	Mar 22	May 10	10:00 AM	11:30 AM	GMU
	756 - Culture Wars	Heymsfeld	T	Apr 25	May 16	2:00 PM	3:30 PM	GMU

# General Information

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## WHAT IS ENCORE LEARNING?

Encore Learning is a nonprofit educational organization founded in 2002 that offers a wide variety of daytime college-level noncredit courses, clubs, special events and activities to help meet the continuing educational and social interests of anyone over age 50, regardless of residence location. Encore Learning is governed, supported and financed by its members.

Our volunteer instructors — retired or working professionals and scholars — create a stimulating learning environment through an exciting array of academic subjects. There are no tests or prerequisites, but possibly some suggested reading. Members explore new ideas and develop new friendships inside and outside of classrooms.

Encore Learning obtains classroom space and other assistance through its association with George Mason University, the Arlington Public Schools Adult Education Program and Arlington County's Senior Adult Program.

## CONTACT ENCORE LEARNING

Communicating with Encore Learning is easy.

- Use the website: [www.EncoreLearning.net](http://www.EncoreLearning.net)  
Click on **Contact Us** under **Quick Links**
- Email us: [info@EncoreLearning.net](mailto:info@EncoreLearning.net)
- Call us: 703-228-2144
- Write to us: 2110 Washington Blvd.,  
Arlington, VA 22204

## VOLUNTEER AT ENCORE LEARNING

Volunteer work at Encore Learning is performed in two ways: through standing committees headed by board members and through individual activities, e.g., instructors and class aides. Committees recruit new instructors and develop courses each semester; seek exhibits, speakers and performances for our special event offerings; write, edit and distribute our catalog; recruit new members and coordinate our clubs; organize Encore Learning's social functions; and recruit, train and support our class aides. The member-elected Board of Directors governs the organization while the part-time staff serves as its administrative arm. Volunteer-run committees and other volunteer activities are our lifeblood, but for the most part do not require extensive time commitments. Consider offering your talents today. See page 29.

## SUPPORT ENCORE LEARNING

Encore Learning is a 501(c)(3) nonprofit organization. Any donation is a charitable contribution deductible from income taxes to the full extent permitted by law. Donations may be made by check or online. Members, friends and organizations wishing to support Encore Learning may direct their contributions to our scholarships or to our general fund.

As a partner in Arlington's education community, Encore Learning sponsors two scholarship funds supporting graduates of Arlington public schools attending George Mason University or Marymount University. Another fund supports graduate students at Mason's Schar School of Public Policy and Government. Encore Learning also contributes to a scholarship that helps Arlington residents seeking to improve their job skills through the Arlington Public Schools Adult Education program. Our general contribution fund helps Encore Learning build a solid financial underpinning and allows us to acquire needed classroom equipment and office hardware and software.

## ACTIVITIES

### SEMESTER-LONG COURSES

Classes are scheduled weekdays between 9:30 a.m. and 4:30 p.m., but most take place between 10 a.m. and 3:30 p.m. Classes meet once a week for 1.5 to 2 hours, and each course lasts from four to 10 weeks. Class sizes generally range from eight to 70; 30 is the average size. Courses take place at several Arlington locations, as listed in the back of this catalog. Refer to the maps and locations there for transportation and parking options. Parking costs are the responsibility of the student.

### CLUBS

Encore Learning's clubs are open to all current Encore Learning members. There are nine clubs: Breakfast, Bridge, Cinema, Current Issues Discussion, Ethnic Lunch, Kayak, Nonfiction Book, Travel and the Mindfulness Club. See catalog page 31 and our website for more information.

### SPECIAL EVENTS

Special events for Encore Learning's members throughout the year include tours, lectures, concerts and other activities. They offer opportunities to join in small group excursions and to enjoy intellectual and cultural experiences in the DC area. Email



# General Information *continued*

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announcements of available special events are issued periodically. See page 30 for more information. For current information and to register for member-only events, see our website, [www.EncoreLearning.net](http://www.EncoreLearning.net).

## **COURSE PREVIEWS**

Encore Learning's spring and fall course previews offer an opportunity to hear the instructors describe their courses before course registration begins and to socialize with other members. Nonmembers with an interest in joining are also invited. See page 3 for more information.

## **MEMBERSHIP MEETING**

Encore Learning holds an annual membership meeting in June to elect Board members from a slate of candidates recruited by the Nominating Committee and to discuss the state of the organization.

## **ENCORE LEARNING MEMBERSHIP**

Membership in Encore Learning costs \$55 per year and begins on the first day of the month in which the nonrefundable membership fee is paid. The mailing address label on your catalog indicates the expiration date of your membership. All memberships are individual. Encore Learning is a 501(c)(3) nonprofit organization and our membership fee is a charitable contribution deductible from income taxes to the full extent permitted by law. Only current Encore Learning members may register for our courses and special events and attend our club activities.

Encore Learning encourages the use of its website, [www.EncoreLearning.net](http://www.EncoreLearning.net), for membership processing. See page 24. For those who prefer to mail their check, a printable Membership/Registration Form is available on our website and on page 28 of this catalog. Please note that credit cards are accepted online only.

## **COURSE ENROLLMENT REGISTRATION**

Only current Encore Learning members may register for a course. The fee for each course is \$45. There is no minimum or maximum number of courses for which you may register. Encore Learning prefers and encourages the use of its website for course registration. See page 24. If unable to use online registration, mail a paper course registration form (page 28) with check to the Encore Learning office at the address on the

form. Please note that credit cards are accepted online only. Neither phone registration nor cash is accepted.

Course registration for the spring 2017 semester begins at 10 a.m. Monday, February 6, 2017. **All** registrations are first-come, first-reserved; waitlists for filled courses are now available online. Online registration is preferable, but paper registrations are accepted. See page 26, Frequently Asked Questions, for more information.

Late registration is generally allowed if space is available.

## **NOTIFICATION**

Members who use the online registration process (pages 24-26) for courses may print a receipt from the final online confirmation; they also will receive an email receipt. Those who mail in registration will receive receipt via email or mail.

## **REFUNDS AND TRANSFERS**

Members successfully registered in a course may choose between full refund of the course registration fee or transfer to an alternate open course in the following cases:

- The selected course is cancelled for any reason;
- The course's published schedule or location is changed prior to the course's start date, and the member is unable to attend because of the change; or
- Encore Learning receives a written withdrawal request (mail or email) from the member at least one week before the course's start date.

Withdrawal requests received less than one week before the course start date but within two working days after the first class meeting of the course may specify either refund of the course fee minus a \$10 service charge or transfer to an alternate open course; no refund or transfer is available after that period. Course registration fees which are forfeit due to late withdrawal will be converted to tax-deductible donations to Encore Learning's General Fund.

Courses that do not meet their minimum enrollment at least one week prior to the course start date will be cancelled. If withdrawals occurring after the course start date result in enrollment below the indicated minimum, the course may be cancelled.

# General Information *continued*

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## **INCLEMENT WEATHER POLICY AND OTHER SPECIAL CLOSINGS**

Cancellation policies for inclement weather or civil emergencies vary from site to site. In general, classes scheduled to begin after delayed openings will take place as scheduled. Your class aide can provide further information at the outset of each course. To learn the most up-to-date information:

- Listen to the radio or watch television.
- View Arlington Cable.
- Go to [www.apsva.us](http://www.apsva.us).
- Call the APS toll-free hotline: 1-866-322-4APS (-4277).
- Call GMU at 703-993-8999 or access [www.gmu.edu](http://www.gmu.edu).

Other rare cancellations or postponements because of special circumstances, such as instructor difficulties, will be announced by the class aide by email (and telephone if necessary) in advance of the class whenever possible.

## **ADA COMPLIANT FACILITIES**

All Encore Learning sites have facilities that meet Americans with Disabilities Act regulations and standards. If a member experiences disability-related difficulties in class participation or has other concerns, he or she should discuss them with the class aide or contact the Encore Learning office.

## **DISCLAIMER OF LIABILITY**

From time to time, members are offered opportunities related to courses, clubs and special events. Encore Learning disclaims all liability from injury or loss arising from a member's participating in such activities.

## **VISITOR POLICY**

Encore Learning's visitor policy is designed to attract new members. Anyone eligible to join Encore Learning may attend a single course session if he or she has never been a member of Encore Learning and the request to attend a specific session is approved in advance by the Encore Learning Administrator ([info@EncoreLearning.net](mailto:info@EncoreLearning.net)). Criteria include agreement from the instructor and enrollment availability (i.e., no visitors are allowed in courses that have met their maximum enrollment).

## **DISCRIMINATION AND ACADEMIC FREEDOM**

Encore Learning does not discriminate on the basis of sex, race, color, religion, disability or national origin. As an educational organization, Encore Learning subscribes to the American Association of University Professors (AAUP) principle of academic freedom: All views should be respected, regardless of their conformity with generally or currently accepted views.

## **PRIVACY POLICY**

Encore Learning is committed to protecting member privacy and to ensuring the security of personal information collected. Encore Learning does not sell or lend member information. A complete Encore Learning Privacy Policy Statement is available from the Encore Learning Administrator and on our website. While strictly adhering to this policy, Encore Learning does urge all members to provide email addresses for internal use. The member's email address is especially valuable for communicating last-minute scheduling changes and special event announcements. Members are urged to maintain their contact information (email, phone, postal address) via our website. See page 24.

## **ENCORE LEARNING OFFICE**

### **Location:**

Arlington Public Schools  
Syphax Education Center  
2110 Washington Blvd.  
Arlington, VA 22204

### **Office Hours During the Academic Year:**

10 a.m. to 2 p.m., Monday through Friday.  
Summer hours are posted on the website.

Always call ahead for an appointment if you require a face-to-face meeting.

### **Contact staff:**

Email: [info@EncoreLearning.net](mailto:info@EncoreLearning.net)  
Phone: 703-228-2144

# SPRING 2017 CLASS DESCRIPTIONS

## Fine Arts, Theater & Music

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### 133.29 Theatre Appreciation: The Educated Audience

Instructor: D. Ohlandt

Mondays, Noon – 1:30 PM

March 27 – May 15 (No class April 17)

Location: FCC

7 Sessions

Maximum 30, minimum 8 participants

Do you enjoy evenings at the theater but want to know more about what you are seeing? Have you ever wondered if knowing about the historical context of a play, a theater company or a style would help you better enjoy a production you see? If so, this is the class for you! Through a series of readings and guided discussions, we will educate ourselves as audience members for three productions put on by three different local theater companies.

First we will read a play or the source material and explore it from a literary, dramatic and historical point of view. Then we will see the production on our own, and in the following week's class we will explore what we saw, considering performance style, technique and production values.

Students will be responsible for arranging their own tickets to the following theater productions in the area:

- *The Blood Knot* at Mosaic Theatre (see between 4/3 and 4/9)
- *A Raisin in the Sun* at Arena Stage (see between 4/24 and 4/30)
- *Macbeth* at Shakespeare Theatre Company (see between 5/8 and 5/14)

*Recommended Readings:* *The Blood Knot* by Athol Fugard, *A Raisin in the Sun* by Lorraine Hansberry, *Macbeth* by Shakespeare

**D. Ohlandt** holds a PhD in theatre studies from the University of Michigan and has experience teaching theater history and practice as a college professor, as well as more than 15 years directing in community, university and regional theater. She has taught students from preschool through adult in a range of settings including traditional classrooms, summer camps and outdoor team-building courses.

### 158.29 French Art of the 19th Century: The Road to Modernism

Instructor: Nan Morrison

Fridays, 10:00 AM – 11:30 AM

March 10 – March 31

Location: GMU

4 Sessions

Maximum 70, minimum 8 participants

The magnitude of artistic styles introduced in France during the 19th century create a pictorial that includes some of the most popular, valuable and treasured works of art in existence today. Portraits filled with political propaganda; the celebration of real and imagined landscapes; and disturbing, provocative scenes of everyday life are a few of the subjects explored. The course will include a discussion of the major artists responsible for this extraordinary chapter in Western art. Styles to be discussed include the finely rendered Neoclassical; the exotic, action-filled Romanticism; and the highly controversial Realism. The revolutionary, avant-garde Impressionist painters like Pierre Auguste Renoir, Claude Monet, Mary Cassatt and Edgar Degas would ultimately pave the Road to Modernism.

**Nan Morrison** is an adjunct professor at Georgetown University's Bachelor of Arts in Liberal Studies program and a weekend docent at the National Gallery of Art. She lectures on art, culture and history. She earned a BA in liberal studies (cum laude) and MA in liberal studies from Georgetown University. Her master's thesis, "The Cultural Values of the Horse and Rider: An Iconological Examination of Equestrian Statuary," was inspired by her years as an equestrian.

### **Why ".29" on every course?**

Encore Learning's new system requires unique course numbers. The "29" indicates the semester applicable to the course description.

# Fine Arts, Theater & Music *continued*

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## **159.29 Opera in Western Culture from 1600 to 2000**

**Instructor:** John Edward Niles

**Fridays, Noon – 1:30 PM**

**March 10 – April 14 (No class March 31)**

**Location:** GMU

**5 Sessions**

**Maximum 36, minimum 8 participants**

Opera did not always develop in historical coordination with other contemporary art forms in Western culture such as painting, sculpture, architecture and other music forms. This course will explore the development of opera from 1600-2000 and the contemporaneous influence of the arts on opera and opera on the arts.

**John Edward Niles** is the musical director of Colvan Productions, Inc. USA and program director of the Evelyn Lear and Thomas Stewart Emerging Singers Program of the Wagner Society of Washington, DC. For many years he was the artistic director and conductor of the Opera Theatre of Northern Virginia. From 1987 to 1998 he worked with European-American Productions in Hannover, Germany. He also has conducted at Prague Eurofest; ScanMus in Helsinki; WorldMusic, Inc. in Linz, Austria; and the Virginia Opera.

## **160.29 Music Theory (for people who hate Music Theory)**

**Instructor:** Scott Wood

**Thursdays, 2:00 PM – 3:30 PM**

**March 9 – March 30**

**Location:** GMU

**4 Sessions**

**Maximum 70, minimum 8 participants**

For most, reading music is a skill that you either picked up at piano lessons or did not. But music notation has a fascinating history and offers a window into the great composers. We will start with the basics and hear how these simple building blocks can be turned into masterpieces. There will be something for everyone, whether you cannot read music at all or are fluent in the art. Topics will include notation, acoustics, harmony and orchestration...and lots of listening.

**Scott Wood** is music director of the Arlington Philharmonic. He also leads the Amadeus Orchestra, and teaches at George Washington University and the National Cathedral School. He has lectured at the Concurso de Canto Lirico in Peru, the Strathmore Music Center, the Goethe-Institut and the Smithsonian.

# Health & Wellness

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## **202.29 Estate Planning: Basics and Beyond**

**Instructors:** Sarah Parks, Robert J. Patton, Jr.

**Mondays, 10:00 AM – 11:30 AM**

**April 24 – May 15**

**Location:** FCC

**4 Sessions**

**Maximum 30, minimum 8 participants**

Are you confused about how to approach estate planning, write a will or create an advance health care directive? If so, this is the class for you!

Class sessions will cover the following:

1. **Overview of Estate Planning:** Current estate tax system, probate process, use of last will and testament, powers of attorney.

2. **Trusts:** What a trust is, how it is used, what benefits it offers, what the different types of trusts are for different needs.
3. **Differences between settling an estate under a will and under a trust**
4. **Advance Health Care Directives**

**Sarah Parks** is an estate planner with Custom Estate Planning, which she has operated in Fairfax since 1995. She is a graduate of the George Mason University Law School and has an advanced law degree from the Georgetown University Law Center. Her practice concentrates solely on estate planning.

**Robert J. Patton, Jr.** is a private attorney in Virginia practicing primarily estate law including probate. He retired in 2000 as deputy chief counsel of the Maritime Administration at the US Department of Transportation. He practices with Custom Estate Planning and teaches adult continuing education courses on estate law.

## 228.29 Healthy Brain: A User's Guide

Instructor: Norton S. Beckerman

Wednesdays, Noon – 1:30 PM

March 22 – April 19

Location: GMU

5 Sessions

Maximum 30, minimum 8 participants

For centuries we have believed that the human brain is a fixed, genetic inheritance that stays the same throughout life. That belief has unfortunately caused us to take our brains for granted and perpetuated the myth that aging causes cognitive decline. It does not. Why, then, do we frequently experience memory and other cognitive problems as we age? This course answers that question and suggests how we can prevent such problems from occurring.

The course is intended to provide the layperson with an understanding of the brain, how it functions and what we can do to regain, maintain and possibly expand a healthy, effectively functioning brain.

*Recommended Reading: A User's Guide to a Healthy Brain* by Norton S. Beckerman

**Norton S. Beckerman** started studying the brain in order to resolve his own cognitive problems. As a promoter of brain health, he has authored *A User's Guide to a Healthy Brain* and given a TEDx presentation on the resilient brain. He appears on local cable TV as the Brain Health Coach and has an informational website. He teaches, presents and writes about regaining and maintaining a healthy brain.

## 237.29 Medicine in the 21st Century: A Changing World

Instructor: Thomas Connally

Tuesdays, 10:00 AM – 11:30 AM

March 7 – April 25

Location: GMU

8 Sessions

Maximum 70, minimum 8 participants

This course is based on previous ones but has been upgraded with new information, some of which will still be under very active discussion. Dramatic scientific, economic and political developments are added to the mix every week.

The individual sessions will cover the following topics:

1. **Precision Medicine in the Era of the Genome:** Basic genomics and the incredible accumulation of new biochemical knowledge that gives us leads in prevention, diagnosis and treatment of many major diseases. These include a large number of cancers, cardiac disease and autoimmune disorders such as rheumatoid arthritis.
2. **Why American Health Care Costs So Much:** International and regional comparisons, a list of reasons for our high costs and proposed solutions for each of them.
3. **A Reorganization of Our Health Care Delivery System:** A follow-up to the previous session on how “patient-centered medical homes” in reorganized physicians’ offices and more accountable hospital care can cut costs and contribute to proposed solutions. The future of the Affordable Care Act under the Trump Administration and its effect on access to medical care.
4. **Where the Money Is:** A thorough description of poor preventive health care in many parts of our country and within many socioeconomic population groups. The roles of government, schools, the media and the medical profession.
5. **Care of an Aging Population:** Changing age demographics and the major health and economic problems that these cause. The session will also include potential research to stop aging itself and encourage new treatments for Alzheimer’s disease.
6. **A New, More Scientific Approach to Mental Illness:** The fact that psychiatric diseases have not had the same objective scientific evidence for diagnosis or treatment as the rest of medicine; and how new genomics, brain imaging and neurochemistry are changing this. More sophisticated neurophysiology.
7. **World Health and Population:** Marked increase in antibiotic resistance, new major global viral infections and a more sophisticated approach to HIV.
8. **Philosophical and Political Issues Due to Health Care Progress:** Issues related to end-of-life care, universal health care, a single-payer system, and the pluses and minuses of genome alteration.

**N. Thomas Connally, MD, MACP**, received a BA in philosophy and an MD from the University of Virginia. He was an officer in the US Public Health Service at NIH for two years and practiced internal medicine in Washington, DC for 32 years. He is the author of a book on health care for seniors, is a former member of the board of trustees for CareFirst BlueCross BlueShield, and is active in professional medical organizations at the state and federal levels. He volunteers at the Arlington Free Clinic and has taught numerous health-related courses at Encore Learning.



# History

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## **302.29 The Roman Renaissance: History, Culture, Art and Architecture**

**Instructor: Tom Wukitsch**

**Fridays, 2:00 PM – 4:00 PM**

**March 10 – May 12**

**Location: GMU**

**10 Sessions**

**Maximum 70, minimum 8 participants**

Don't let those Florentines fool you — the Italian Renaissance was in Rome, Rome, Rome! This course will examine evidence to support the thesis that Rome rather than Florence was the epicenter of the Italian Renaissance. We will explore factors that contributed to the Florentine spin on Renaissance history. Our discussion will then focus on the remarkable flowering of the Roman Renaissance in terms of its artistic and cultural achievements, its relation to the papacy and its historical roots.

The course starts with the return of the papacy to Rome in 1377 following the papal “Babylonian captivity” in Avignon and extends through the Baroque Period (17th century) with Bernini, Borromini and Pietro da Cortona.

*Recommended Readings:* Course handouts will be provided in class.

**Tom Wukitsch** served in the US Navy in aviation- and archeology-related positions and then had a career in the US Foreign Service, with tours in the Middle East and Italy. After retiring, he studied and taught for four years in Rome. He is a member of the board of Scientific Methodologies Applied to Cultural Heritage (SMATCH). He has led Encore Learning Travel Club tours to Rome, Florence, Venice, Pompeii and Egypt.

## **305.29 Arlington History**

**Instructor: W. Karl VanNewkirk**

**Thursdays, 3:00 PM – 4:30 PM**

**April 6 – May 25**

**Location: Various**

**8 sessions**

**Maximum 15, minimum 8 participants**

While living your daily life in Arlington, have you ever wondered who trod this ground before you? This course surveys the history of Arlington from before the arrival of European settlers to the present. Several historic buildings and neighborhoods will be visited.

The sessions will cover the following:

- Overview and guided tour of the Arlington Historical Museum
- Arlington before the Europeans
- 18<sup>th</sup> century Arlington
- Early 19th century and the Civil War
- Some Arlington black history
- Reconstruction and the beginning of modern Arlington
- Arlington becomes a unified community
- Arlington and the modern era

*Note: The first class will meet at the Arlington Historical Museum, 1805 S. Arlington Ridge Rd. See [www.arlingtonhistoricalsociety.org](http://www.arlingtonhistoricalsociety.org) for directions.*

**W. Karl VanNewkirk** is the current president of the Arlington Historical Society and edited its annual magazine from 1992 until 2015. He has been a member of the board of directors of the Arlington Black Heritage Museum, works as a volunteer for the archaeology department at Gunston Hall and is currently working on the genealogy of his family. He is a member of a variety of local historical, genealogical and archaeological organizations.

## **315.29 Lee's Hollow Victories: Fredericksburg and Chancellorsville**

**Instructor: Bob Stone**

**Thursdays, 2:00 PM – 4:00 PM**

**March 30 – May 4**

**Location: GMU**

**6 Sessions**

**Maximum 45, minimum 8 participants**

Within a five-month period (December 1862 to May 1863), Confederate Gen. Robert E. Lee's Army of Northern Virginia inflicted two major defeats on the Union Army of the Potomac — the first at Fredericksburg, VA, and the second at Chancellorsville, VA. This class will study these two great battles using the words of the participants themselves (from letters, memoirs and official records) to understand what happened and why. Class participants will learn why these two “hollow” victories led Gen. Lee into a false sense of invincibility on his way to Gettysburg. The victory at Chancellorsville proved to be a costly one for Lee as his famous Gen. Thomas “Stonewall” Jackson was mortally wounded there.

*Field Trip:* On the Thursday after the last class session, the instructor will sponsor an all-day field trip to the two battlefield parks for those who wish to participate. Costs associated with the tour will be shared equally among the participants.

**Bob Stone** has been an instructor on Civil War matters for Encore Learning since 2005. He has a BS in education from West Virginia University. He served as an administrator in the Arlington County government for 35 years before retiring. He has studied the Civil War since childhood and enjoys taking adult groups on battlefield tours.

## **327.29 Geopolitics of the Ancient Middle East**

**Instructor: Dave Rudgers**

**Mondays, 2:00 PM – 3:30 PM**

**April 10 – May 15**

**Location: SEC**

**6 Sessions**

**Maximum 20, minimum 8 participants**

After the ancient Hebrews became aware of themselves as a people with their own identity, their history was a turbulent one. Relatively few in number and living in a tumultuous geopolitical neighborhood since the beginning of recorded history, they were in almost constant conflict with powerful neighbors. They were threatened by hostile nomads, divided among themselves and frequently subordinate to foreign conquerors.

This course tells that story and describes the Jews' relationships with the Egyptians, Assyrians, Babylonians, Persians, Seleucid Greeks, Romans and Muslims. It will also detail the changing power relationships in the ancient Middle East, culminating in the Muslim conquests of the 7<sup>th</sup> century.

Although this course deals with biblical themes and personalities, it is not a course in religion. Events will be examined and interpreted in an entirely secular way. The course will also attempt to link the events of the ancient Middle East to a contemporary context. There is no required text, but an extensive bibliography will be provided.

**Dave Rudgers** is an independent scholar and retired civil servant. After working as an archivist at the National Archives, he was employed primarily as an editor and an analyst at the Central Intelligence Agency for 22 years. He holds a PhD in history from the George Washington University and is an award-winning author.

## **354.29 Historians' Christianity The First 600 Years**

**Instructor: Dwight Rodgers**

**Fridays, 10:00 AM – 11:30 AM**

**April 14 – May 19**

**Location: GMU**

**6 Sessions**

**Maximum 45, minimum 8 participants**

This course reviews the history of the first 600 years of Christianity from the viewpoint of a secular historian who uses documentary or physical evidence. It is designed for members of all religious traditions, although it may be challenging in its presentations on traditional Christian understanding.

The six sessions begin with the Jewish background of what became the Christian movement; what historians can say about the 1<sup>st</sup> century of the Common Era; the complexity of the early Christian movement, including Jewish Christians; the varieties of Gnostics and the major disputes among Christian factions. We will then focus on the apparent influence of Paul and his differences with Peter and James, as well as the development of structure within the portion of the movement that became mainstream Christianity. Discussion will later cover the transformation of the Church during the 4<sup>th</sup> century, after the intense persecution of Diocletian, from a largely underground movement to the Imperial State Church.

We will take note of how fundamental divisions in the early Christian movement continued even after the 4<sup>th</sup> century. The course will conclude with the developing dissociation between Eastern (Greek) and Western (Latin) Christianity and the clear primacy of the pope in the West by the time of Gregory the Great.

**Dwight Rodgers** holds a degree in history from Amherst College and an MA in teaching history from the University of Massachusetts, Amherst. During his long federal career, he continued to study European and American history as an avocation, with particular emphasis on the development of religious traditions in those regions.

**Please Use Online  
System to Join,  
Renew and Register**

See page 24 for details



## **365.29 Magnificent Mughals: A Legacy of Pluralism**

**Instructor: Zeenut Ziad**

**Mondays, 2:00 PM – 3:30 PM**

**April 17 – May 22**

**Location: GMU**

**6 Sessions**

**Maximum 45, minimum 8 participants**

The Mughal era (1526-1858) has been described as “one of the greatest periods of human achievement.” The Mughals integrated South Asia and established the wealthiest and most magnificent empire of its time. This Indo-Muslim state was the exemplar of a culturally plural, multiethnic and multi-religious polity. Under the patronage of the exceptional men and women of this dynasty, diverse cultures were melded with incomparable refinement to produce one of the most artistically creative eras of world history. Today their most famous masterpiece, the Taj Mahal, epitomizes perfection.

*Recommended reading: The Magnificent Mughals*, ed. Zeenut Ziad

**Zeenut Ziad** lectures widely and consults on cultural/historical projects. She organized a highly successful lecture series on the Mughals at the Smithsonian Institution as well as at the Osher Lifelong Learning Institute. Her publications include *The Magnificent Mughals* and contributions to the publication *Tablet & Pen: Literary Landscapes from the Modern Middle East*.

## **376.29 Original Sins: America’s Fight Against Government Corruption**

**Instructor: Ray Sheehan**

**Tuesdays, Noon – 1:30 PM**

**April 11 – May 2**

**Location: AMCC**

**4 Sessions**

**Maximum 30, minimum 8 participants**

In the era of Manifest Destiny, America faced a monumental challenge: government corruption. We are talking about real, outright graft, not today’s ethical flubs. We are talking also about major events and eras in our history — the Revolutionary War, the acquisition of Texas, the Civil War and the Gilded Age. This course covers the scandals, swindles and scoundrels — the backstories long lost to history — that caught the public’s attention during the nation’s formative years and forced Congress to do something it did not

then and does not now like to do: Craft anti-corruption laws. Original Sins also tells how those early laws, often passed in haste but still very much on the books, played significant roles, often unexpectedly, in modern-era corruption scandals such as Watergate, Abscam and Abramoff. Whatever one’s interest in the subject of government corruption — history, public policy, politics, law or general knowledge — the course should provoke thought and a bit of laughter.

*Recommended Reading: The Original Sins: America’s Fight Against Corruption in the Era of Manifest Destiny*, Raymond J. Sheehan

**Ray Sheehan** is a retired federal attorney who specialized in government ethics. He served in the US Navy, as a civilian attorney with the Navy and Agriculture departments, on detail at the White House, and as head of Agriculture’s ethics program. He does consulting with Ethos, LLC.

## **378.29 “Mount Rushmore Four”: Washington, Jefferson, Lincoln and Theodore Roosevelt in Their Own Words**

**Instructor: Edward Rhodes**

**Wednesdays, 2:00 PM – 3:30 PM**

**April 5 – April 26**

**Location: GMU**

**4 Sessions**

**Maximum 45, minimum 8 participants**

From the earliest colonial days, the “Novus ordo seculorum” that Americans hoped to establish — the sociopolitical “New order of the ages” — involved an extraordinary tension between classical republican political thought, rooted in Greek and Roman writings, and the newer liberal political tradition developed by philosophers such as Thomas Hobbes and John Locke. In times of political crisis, American leaders have needed to find ways to reconcile the two traditions and use the strengths of one to offset the failings of the other.

The seminar invites participants to look carefully at the assumptions and reasoning of the four iconic presidents whose faces are carved in stone at the Mount Rushmore National Memorial by returning to some of their most important speeches or writings to better understand the vision they sought to create, preserve or perfect.

Edward Rhodes is professor of government and international affairs in the Schar School at George Mason University.

## 379.29 Ancient Iraq's Legacy

**Instructor: John Barclay Burns**

**Tuesdays, 2:00 PM – 3:30 PM**

**March 7 – April 18 (No class March 14)**

**Location: GMU**

**6 Sessions**

**Maximum 70, minimum 8 participants**

This course will examine the history and cultural legacy of ancient Iraq from circa 3500 BC to the coming of Islam in the early 7<sup>th</sup> century AD. The cultural legacy includes religion, intellectual thought, social constructions, issues of ethnicity and the geopolitical status of the area. We will focus on things that not only influence much of Western thought today but foreshadow events now happening in Iraq and the Middle East. There will

be a final look at Iraqi history through the present.

*Recommended Reading: Iraq: A History*, John Robertson

*Independent Readings: A History of the Ancient Near East 3000 BC – 323 AD*, M. van de Mieroop; *Ancient Iraq*, George Roux

**John Barclay Burns**, a U.S. citizen born in Scotland and educated at the universities of St. Andrews and Glasgow, was a Presbyterian minister in Scotland, Canada and the United States. He is associate professor emeritus of religious studies at George Mason University (GMU), where he taught for 24 years. His specialty is the religion of ancient Israel, early Judaism and the religions of the ancient Near East. At GMU, he created the graduate concentration in Religion, Culture and Values.

## Law, Politics & Public Affairs

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### 412.29 Global Hot Spots

**Instructors: Molly Williamson, Elizabeth Shelton, Jim Benson, Jon Wiant, Allen Keiswetter, Gerry Feierstein, Philip French**

**Thursdays, 10:00 AM – 11:30 AM**

**March 16 – May 4 (8 dates for 7 sessions)**

**Location: GMU – Hazel Hall**

**7 Sessions**

**Maximum 150, minimum 8 participants**

The United States is confronted by an increasingly complex and perilous world. We face a globe marked by dangerous geographical hotspots and critical policy issues, some flaring openly into violence, others simmering near the edges of our attention. This course taps the experience and perspectives of diplomats and scholars to offer insights into what is at stake.

Please note: The extra session on May 4 will be used only if an instructor is unable to teach in her/his session.

- 1. The Three Es: Energy, Environment, Economy** (Molly Williamson): This talk will explore the inter-relationship among the three Es and how each is affected by the others.
- 2. Turkey** (Elizabeth Shelton): Often seen as the gateway between East and West, Turkey exerts a strong influence in the region. This discussion will recount the country's role on the world stage and how the

recent coup attempt has affected Turkey's regional and international relationships.

- 3. Cuba: Changing or Not?** (Jim Benson): This discussion will focus on what has and has not changed and what may change in the future. It will also look at how establishment of diplomatic relations between the United States and Cuba has affected both countries.
- 4. Where There's a Will, There's a Won't** (Jon Wiant): This talk will review the role of espionage and intelligence in the modern world.
- 5. The New Saudi Arabia** (Allen Keiswetter): This lecture will cover the dynamics within Saudi Arabia since King Salman was crowned as the new Saudi monarch in January 2015 and his son was appointed as deputy crown prince in April 2015.
- 6. Yemen** (Gerry Feierstein): This discussion will address the Yemen conflict in two ways: (1) as a consequence of the structural issues within Arab Spring-affected states that led to the failure of political transitions, and (2) as a battleground in the fight for regional dominance between Iran and Saudi Arabia.
- 7. Venezuela: From Ally to Adversary** (Philip French): The United States had considered Venezuela a stable and reliable hemispheric partner until Hugo Chavez's election as president in 1998. Since then, Chavismo has wreaked havoc on the bilateral relationship and Venezuela's democratic and economic institutions. This lecture examines the pre- and post-Chavez eras and looks at possible explanations for the rise of Chavismo in Venezuela and beyond.

**Molly Williamson** speaks extensively on energy, economic and demographic factors affecting foreign policy formulation; United States-Middle East relations; the Israel-Palestine conflict; Iran and nuclear challenges; and the interagency process. A former foreign service officer, she is a scholar at the Middle East Institute, consultant and guest lecturer at Johns Hopkins University, the Defense Institute of Security Assistance Management and the National Joint Staff College.

**Elizabeth Shelton** served as a foreign service officer for nearly 30 years, with tours in Bangkok, Kuala Lumpur, Lagos, Istanbul and Adana; she was deputy chief of mission in Baku, Azerbaijan; and Tirana, Albania. Her service included assignments in the International Organizations Bureau and the Economic and Business Bureau. Following retirement in 2005, she earned a PhD in liberal studies from Georgetown University.

**Jim Benson** retired in 2009 after more than 29 years as a foreign service officer. He spent most of his career in the Bureau of Western Hemisphere Affairs (WHA). He last served as a political/economic officer at what was then the US Interests Section in Havana. He also served in Peru, Guatemala, Ecuador, Nicaragua, Panama and Colombia. He was director of WHA policy and planning, deputy director of Mexican Affairs and country director for Panama.

**Jon Wiant** had a 36-year career in Cold War intelligence operations, spanning the period from the 1962 Cuban Missile Crisis to the fall of the Berlin Wall in 1989. He served as White House director of intelligence policy and then deputy assistant secretary of state for intelligence and research. His 20 years in senior intelligence included assignments at the State and Defense departments, the CIA and the White House.

**Allen Keiswetter**, a retired senior foreign service officer, is a scholar at the Middle East Institute and teaches at the University of Maryland. In the Department of State, he served as deputy assistant secretary for the Near East and held six posts in the Middle East.

**Gerry Feierstein** spent more than 40 years in the US Foreign Service, with nine overseas postings including Pakistan, Saudi Arabia, Oman, Lebanon, Jerusalem and Tunisia. He was also US ambassador to Yemen from 2010 to 2013. From then until his retirement, he was deputy assistant secretary of state for Near East affairs. He played a prominent role in developing and implementing State Department policies to counter violent extremism.

**Philip French** retired as a senior career diplomat after 30 years in the US Foreign Service, with tours in Latin America, Asia, Europe and the Middle East. He had two assignments in the Bureau of Western Hemisphere Affairs and was posted to the US embassy in Caracas, Venezuela, as deputy chief of mission in 2007.

## **459.29 Crime and Punishment: An Overview of Our Criminal Justice System**

**Instructor: Gail C. Arnall**

**Mondays, 10:00 AM – 11:30 AM**

**March 13 – April 17**

**Location: GMU**

**6 Sessions**

**Maximum 30, minimum 8 participants**

Television, newspapers and the Internet constantly remind us that there is vast machinery devoted to enforcing our criminal code, but they explain very little of how it intimately affects the people involved. Offender Aid and Restoration (OAR) of Arlington County, a community-based restorative justice organization, works with such people.

Six sessions will cover the following:

- 1. Introduction to the Criminal Justice System:** Jails vs. prisons; federal vs. state; misdemeanor vs. felony; civil vs. criminal; jail and prison population statistics; pending legislation; role of OAR.
- 2. Local Criminal Justice Institutions:** Tour of the Arlington County Detention Facility; talk with Arlington County Sheriff about programs and services in the jail; visit with Arlington County police officer about crime in Arlington.
- 3. Prosecution:** visit with the chief of Arlington's Commonwealth's Attorney's Office; guiding principles; difficult decisions; trends.
- 4. Defense and Judges:** visit with Arlington's Public Defender and with a retired Arlington judge; guiding principles; difficult decisions; trends.
- 5. Juvenile Justice System:** Visit with Domestic Relations and Juvenile Court judge; how and why the law is different for juveniles; guiding principles; difficult decisions; trends.
- 6. Re-entry — What happens when they come home:** Barriers to re-entry — housing, employment, social services; collateral consequences; stigma; education inside and out; pending legislation; other legislation needed; recidivism.



# Law, Politics & Public Affairs *continued*

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A returning citizen from OAR will share his/her story in each class session.

*Recommended Reading:* *The New Jim Crow: Mass Incarceration in the Age of Colorblindness*, Michelle Alexander.

*Recommended Websites:* [www.oaronline.org](http://www.oaronline.org); [www.sentencingproject.org](http://www.sentencingproject.org); "Collateral Damage: America's Failure to Forgive or Forget in the War on Crime," National Association of Criminal Defense Lawyers, <http://www.nacdl.org/restoration/roadmapreport>

*Field Trip:* Arlington County Detention Facility

**Gail C. Arnall** is the former executive director of Offender Aid and Restoration (OAR) and now works as a consultant to OAR for outreach and development. OAR has a staff of 12 and over 100 volunteers who provide pre- and post-incarceration services and manage the Community Service function for the Arlington and Falls Church courts.

## **476.29 Energy and US Public Policy**

**Instructor:** Joel Hicks

**Wednesdays, 2:00 PM – 3:30 PM**

**March 8 – May 10**

**Location:** GMU

**10 Sessions**

**Maximum 36, minimum 8 participants**

This course explores the role of federal, state and local governments in shaping US energy security, highlighting points of convergence and divergence. We will use this framework to better appreciate the challenges of important energy policy issues including climate change and carbon reductions, nuclear power and proliferation, US oil and natural gas production, and the role of renewables (especially hydro, solar, wind and biofuels). Students will learn how the various components of the US economy (public and private sector) come together to provide reliable, affordable and accessible energy to our homes and businesses, while also exploring how this is changing with new technologies and risks. The course will examine how 20<sup>th</sup> century policies, entrepreneurs and social movements profoundly shaped the current energy socio-technical complex; and explore the emerging challenges for the US in the near and long term.

*Recommended Readings:* Daniel Yergin, *The Quest: Energy, Security, and the Remaking of the Modern World*.

*Independent Readings:* Peter Z. Grossman, *U.S. Energy Policy and the Pursuit of Failure*.

**Joel Hicks** is a PhD student in energy policy at the George Mason University Schar School of Policy and Government and a graduate research assistant at the Center for Energy and Science Policy. He is a former US naval officer who served in nuclear submarine and satellite operations.

## **478.29 Russia and its Neighbors**

**Instructor:** Doug Wake

**Thursdays, Noon – 1:30 PM**

**March 23 – April 20**

**Location:** GMU

**5 Sessions**

**Maximum 45, minimum 8 participants**

The Soviet Union collapsed at the end of 1991. As we approach the 100th anniversary of the Bolshevik revolution, the post-Cold War transitions in Russia and its neighbors have been underway for more than a quarter of a century. In that time, what has gone well and what has gone badly?

Using primarily political and economic development criteria, this course will seek to categorize the countries of this vast region: those that have made it, those that have not and those that are still hanging in the balance. It will also highlight general trends including things that have proven relatively successful and areas where even the most successful transitions have run into trouble. Finally, we will discuss tentative explanations. Might history, geography, leadership and/or luck be reasons for success or failure? What about the role of outsiders like American or international politicians, diplomats and bureaucrats whom we support with US tax dollars?

*Recommended Reading:* Thomas E. Graham, "The Sources of Russian Conduct," *The National Interest*, <http://nationalinterest.org/feature/the-sources-russian-conduct-17462>

*Recommended Website:* Paul Goble, *Window on Eurasia*, [windowoneurasia2blogspot.com](http://windowoneurasia2.blogspot.com)

**Doug Wake** has 35 years of experience as a US diplomat and international civil servant. He focused most of his career on the former Soviet Union and Central/Eastern Europe. He was first deputy director of the

# Law, Politics & Public Affairs *continued*

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Office for Democratic Institutions and Human Rights of the Organization for Security and Co-operation in Europe from 2009 to 2013. Since then he has served as a visiting fellow at a think tank and a university in Latvia and observed elections in Ukraine, Kyrgyzstan, Armenia, Russia and Moldova.

## **480.29 European Migrant “Crisis”**

**Instructor: Aubrey Grant**

**Thursdays, Noon – 1:30 PM**

**March 16 – April 27**

**Location: GMU**

**7 Sessions**

**Maximum 36, minimum 8 participants**

The European migrant “crisis” has commanded public attention over the past year, consuming media headlines, galvanizing public opinion and eliciting a variety

of responses among European Union member-states. At the same time, the concern over terrorism has grown and is often conflated with immigration. Understanding the migrant crisis and its widespread implications is essential for ensuring that policymakers and elected officials respond adequately. Throughout this course, students will analyze and contextualize the current migration crisis in Europe.

*Recommended Readings:* Suggestions for each class meeting will be provided.

**Aubrey Grant** is a doctoral student at George Mason University’s Schar School of Policy and Government. Her research focuses on global governance and policy, specifically concerning forced migration. At GMU, she studies international migration as a graduate research assistant. She has presented her research on the European migrant crisis, unaccompanied minors and US humanitarian immigration policy in the United States and abroad.

# Literature & Writing

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## **515.29 Writing About Your Life**

**Instructor: Cherie Toll Bottum**

**Wednesdays, 10:00 AM – Noon**

**March 22 – April 26**

**Location: SEC**

**6 Sessions**

**Maximum 15, minimum 8 participants**

Now is a good time to celebrate and preserve your life and times. This supportive class offers an encouraging written response to your writing from an enthusiastic teacher.

You can begin to capture your unique stories — both serious and funny — and bring memorable past or recent experiences to life on the page, creating a written record that eventually your family, friends and perhaps even historians can enjoy. Or you might wish to write only for yourself. Guided by William Zinsser’s wise, practical and humorous book, *Writing About Your Life: A Journey into the Past*, we will consider many kinds of personal writing: memoirs, diaries, family histories, journals, letters, even poetry. We will look at classic examples by writers like

David McCullough, Roger Rosenblatt, Eudora Welty, Hope Jahren, Cheryl Strayed and others.

The class will be a semi-workshop, as we read and gently critique each other’s work, always with the writer’s permission. Each session will feature practical exercises to help you get started and continue writing, to organize by selecting and focusing, and to keep your momentum. We will also look at integrity. As Zinsser says, “Use memoir to look for your humanity. Be as honest as you can.” It is your chance to tell the story only you know, as only you can.

*Recommended Reading: Writing About Your Life: A Journey into the Past*, William Zinsser.

**Cherie Toll Bottum** is a writer, editor and teacher. She has published articles and essays in five different sections of the *Washington Post*, including humor on the op-ed page, and in *Good Housekeeping* and *Family Circle*. She has taught creative writing at the University of Virginia School of Continuing and Professional Studies in Falls Church. She was managing editor of the academic journal *College Teaching* for 25 years.

# Literature & Writing *continued*

## 518.29 Cervantes, Don Quixote and the Spanish Golden Age of Literature

Instructor: Lesley Francis

Wednesdays, Noon – 1:30 PM

March 8 – April 26

Location: FCC

8 Sessions

Maximum 30, minimum 8 participants

Last year marked the 400th anniversary of the publication of Miguel de Cervantes' *Don Quixote*.

The early 17th century was greatly enlivened by two fictional characters, Don Quixote and Sancho Panza, inhabiting one of the most widely read novels in the world. This course celebrates the work of Cervantes, who is to Spanish literature what Shakespeare is to English, Dante to Italian, or Goethe to German. With your participation, the course will explore the social, historical and biographical context of *Don Quixote*, written for all times and peoples.

*Recommended Reading:* *Don Quixote*, Miguel de Cervantes, translated by Edith Grossman

**Lesley Lee Francis** holds a PhD in Romance Languages from Duke University and was a professor of Spanish language, literature and history at a number of colleges and universities. She also owned and directed a summer school in Spain. The granddaughter of the poet Robert Frost, she has lectured and published extensively on her grandfather and his writings.

***Hungry? Need that cuppa joe?***

**Here are some options:**

- At the SEC, grab a hot breakfast sandwich, soup or salad (chicken, tuna, turkey or egg), freshly prepared sandwich, fresh brewed coffees or cold drinks at very reasonable prices from the cafe as you enter the ground floor education suite. Seating area is adjacent.
- At Mason, a brand new Au Bon Pain will be your stop *du jour* for classes in Founders Hall. This quick option will feature full retail prices and limited seating. It replaces the Einstein's Bagel Shop across from the Information Desk.



## 546.29 Novella Again

Instructor: Iska Alter

Fridays, 2:00 PM – 3:30 PM

March 10 – April 21 (No class March 24)

Location: GMU

6 Sessions

Maximum 45, minimum 8 participants

We return to the novella in our ongoing attempt to understand this intriguing, anomalous and increasingly popular literary genre. If it is more than a short story, which it certainly seems to be, and surely less than a novel, then what exactly can it do and does it do that these other narrative forms cannot? Once again, we will try to establish the novella's aesthetic boundaries as we explore the following texts: Leo Tolstoy, "The Death of Ivan Ilyich"; Thomas Mann, "Death in Venice"; Fyodor Dostoevsky, "The Double"; Robert Louis Stevenson, "Dr. Jekyll and Mr. Hyde"; Muriel Spark, "The Driver's Seat"; and Jhumpa Lahiri, "Hema and Kaushik," which forms Part Two of her collection of short stories *Unaccustomed Earth*.

*Recommended Readings:* "The Death of Ivan Ilyich," "Death in Venice," "The Double," "Dr. Jekyll and Mr. Hyde," "The Driver's Seat," "Hema and Kaushik."

**Iska Alter**, emerita professor of English at Hofstra University, specializes in American Literature, Shakespeare and English Renaissance Drama. Her work has appeared in *Modern Drama*, *Theater History Journal* and *Shakespeare Survey*. She is the author of an analysis of the fiction of Bernard Malamud entitled *The Good Man's Dilemma*. She received her BA from CCNY, an MA from Wisconsin and a PhD from NYU.

### COURSE REGISTRATION CHECKLIST

- ☐ Review/update your account information online before registration begins on February 6.
- ☐ Note your password for easy access to your account on registration day.
- ☐ Choose your desired courses before logging in to register on February 6.
- ☐ Register online at 10 a.m., Monday, February 6, for your best chance at a seat in a popular course.
- ☐ Opt for a course waitlist if the course is filled.
- ☐ Complete your online registration and payment within 20 minutes.
- ☐ Sit back and wait for classes to begin.

# Science & Technology

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## 633.29 Cooking's Chemistry: What Really Happens

Instructor: Fredric Clarke

Tuesdays, Noon – 1:30 PM

March 7 – March 28

Location: AMCC

4 Sessions

Maximum 30, minimum 8 participants

Most of us do not think much about the physical and chemical processes that govern the preparation of food, but understanding and exploiting a few basic scientific principles can make almost anyone a better cook. This course proposes to do exactly that. It will show how the chemistry and properties of fats, carbohydrates and proteins (combinations of which make up most food) respond to heat, governed as it is by thermodynamics and heat transfer, and how to use that knowledge in the kitchen. No math is required, but it helps to be able to recognize an equation and read simple graphs.

A series of four lectures will explore:

1. **The Basics:** food chemistry, calories and how to count them; cooking chemistry; denaturation, reactions and pyrolysis.
2. **Heat Transfer:** conduction, convection and radiation, and the different kitchen tools for each; the phase transitions of water and why we boil nearly everything; one dimensional heat conduction and how *not* to boil a steak or roast.
3. **Surface Chemistry and Distillation:** emulsification; gravy, salad dressings and sauces; keeping fleeting flavors in the food and out of the air.
4. **A Few Orchestrations:** encapsulation, manipulating chocolate; a baking primer.

*Recommended Reading: The Curious Cook: More Kitchen Science and Lore*, Harold McGee

**Fredric Clarke** earned his PhD in chemistry at Harvard. He spent his career as a senior government scientist at the National Bureau of Standards (now the National Institute for Standards and Technology) and as a consultant in the field of energy, combustion and fire science. He is an enthusiastic and competent cook!

# Social Sciences

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## 714.29 Islam: From Muhammad to ISIS

Instructor: Andrea Farsakh

Tuesdays, Noon – 1:30 PM

March 14 – May 16 (No class April 4, April 11)

Location: GMU

8 Sessions

Maximum 36, minimum 8 participants

Recent years have witnessed tumultuous change in the Islamic and Arab worlds, from the US invasion of Iraq to the emergence of the so-called Islamic State. The course will examine the impact of the West on the Islamic world from the Crusades to Western colonialism to the present. We will look at the Prophet Muhammad and his times, the *Quran*, the expansion of Islam, the Golden Age in Al-Andalus and Baghdad, relations with Christians and Jews, Sharia law, the rise of religious extremism and Islamophobia, and women in Islam. We will analyze the reasons for the failure of the "Arab Spring" and prospects for the future, as Muslims strive to adapt their political and social systems to the modern world.

*Recommended Reading: No god But God and Beyond Fundamentalism* by Reza Aslan; *Holy War* by Karen

Armstrong; *Heaven Beneath Her Feet* by Isobel Coleman; and *Peace Be Upon You* by Zachary Karabell.

*Suggested Independent Reading: Heaven on Earth: A Journey Through Shari'a Law from the Deserts of Ancient Arabia to the Streets of the Modern Muslim World* by Sadakat Qadri; and the *Quran*, any edition.

*Recommended Film: The Message*, 1976 historical drama about the life and times of Muhammad.

**Andrea Farsakh** has for many years lectured extensively in the Washington area and in other parts of the United States on Islamic subjects and the Israeli-Palestinian conflict. She had a 25-year career in the US Foreign Service, with all overseas tours in the Middle East. Among other assignments, she was lead officer as liaison to the PLO in Tunis after the 1993 Oslo Agreement. Since her retirement, she has worked on Iraqi political and economic affairs and democratic governance in Afghanistan. She studied for a PhD in Islamic Studies at the Hartford Seminary Foundation. She spends her summers on the Occupied West Bank and is a member of a Muslim family, which gives her the opportunity to closely observe the practice of Islam in daily life.

## **740.29 Gospel According to Paul the Apostle**

**Instructor: Steven C. Goldman**

**Wednesdays, 10:00 AM – 11:30 AM**

**March 22 – May 10**

**Location: FCC**

**8 Sessions**

**Maximum 30, minimum 15 participants**

Of the 27 books of the New Testament, 13 are letters that claim to be written by Paul the Apostle. Further, the Book of Acts devotes significant attention to Paul's conversion to Christianity after having been one of its major opponents, his missionary activities and his theological teachings. This course will focus on the major doctrines that Paul taught and how they are understood and implemented in often very different ways in the various manifestations of Christianity. The course will also compare and contrast Paul's message with the teachings attributed to Jesus in the four canonical Gospels and the doctrines set forth by other writers of the New Testament. Specific issues to be addressed will include: salvation and how it is obtained; predestination and free will; lawsuits among Christians; marriage, divorce and family relations; homosexuality; the role of women in the church; slavery; the "Lord's Supper" and how it is to be observed; and the "Second Coming" of Christ and the Resurrection.

**Steven C. Goldman** serves as Chair of the Religious Studies Program Planning Group for the Osher Lifelong Learning Institute at George Mason University. He has taught numerous courses on alternative understandings of Biblical doctrine.

## **750.29 The Great Recession: Why Was This One So Different?**

**Instructor: Julian (Jud) Heriot**

**Fridays, Noon – 1:30 PM**

**March 17 – May 5**

**Location: FCC**

**8 Sessions**

**Maximum 30, minimum 8 participants**

It has now been nine years since the collapse of Lehman Brothers. As you all know, that event heralded a deep financial crisis that quickly spread internationally and in short order plunged the US economy into a downturn that wiped out eight million jobs and 19 trillion dollars of household wealth.

We have not seen an economic collapse of this magnitude since the Great Depression of the 1930s. Over eight sessions we will delve into this economic crisis and attempt to answer some fundamental questions. First, many academic economists assured us that recessions like this were a thing of the past. So, how did this happen? Why was this recession—now called the "Great Recession"—so deep and so prolonged when compared to all the post-World War II recessions that preceded it? Second, is economic recovery really underway? We are now six years into a recovery that has been tepid by any standard. Why have fiscal and monetary policy—the twin tools of economic management—been so ineffective in stimulating a more rapid recovery? Lastly, the Great Recession has caused us to ponder some issues for the long term: How has this recession changed the structure of the US economy? Can our economy restore dynamic job and wage growth? Has the recession weakened the middle class and worsened the distribution of income and wealth in our country?

*Recommended Reading: The Little Book of Economics: How the Economy Works in the Real World, Greg Ip*

*Independent Readings:* Readings from the economic and financial press and other material will be brought to your attention in class.

**Julian (Jud) Heriot** is a PhD economist who has worked for more than 20 years in the field of economic development. He has held positions at the Central Intelligence Agency, the US Agency for International Development and the Inter-American Development Bank. He has also taught economics at American University and at the Federal University of Ceará in Brazil.

## **754.29 Cybersecurity: Red Team, Blue Team**

**Instructor: Tom Manteuffel**

**Fridays, Noon – 1:30 PM**

**April 28 – May 19**

**Location: GMU**

**4 Sessions**

**Maximum 36, minimum 8 participants**

Anyone who spends time online these days – in other words, most everyone – is familiar with the horror stories of security breaches at major government agencies, retail networks, financial services and social networks. The number of victims is reaching truly staggering levels. But how exactly does one hack? And more



## Social Sciences *continued*

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importantly, is there any way to protect ourselves or at least detect when we are being hacked?

This course is the product of a career spent defending corporate and government computer networks from all levels of threats. Following an overview of the evolution of cybersecurity, the course will cover the methods of both attack and defense (the “red team” and “blue team”, respectively) and the history of cyberespionage. While there is no guarantee that one will not become a victim of cybercrime, this class will help identify some techniques and practical tools freely available and usable at home that can help.

**Tom Manteuffel** recently retired from Booz Allen after 30 years as a cybersecurity consultant to banks, businesses and the federal government; and, for the last 10 years, the intelligence community. He holds a master’s degree in philosophy from the University of Chicago and studied computer science at the University of North Carolina.

### **755.29 Philosophies of Human Nature (A Survey)**

**Instructor: Irmgard Scherer**

**Wednesdays, 10:00 AM – 11:30 AM**

**March 22 – May 10**

**Location: GMU**

**8 Sessions**

**Maximum 45, minimum 8 participants**

Is there a human nature? If so, can we identify its components or modalities? Can we describe it in terms of soul, mind, the senses and consciousness? In this course, we will study concepts of human nature as explored by ancient, medieval and modern (pre-contemporary) thinkers. In an earlier course, “Philosophy and Science: Kissing Cousins,” we examined ways in which the ancients first inquired about the source of all things and the inherent human limitations to getting total answers. Human nature and how it interacts with and knows the external world is one of the most vexing philosophical issues, yet (albeit trivially) it is the beginning of all science.

We will look at ancient theories of the soul in Plato and Aristotle. Medieval concepts of human nature come in two categories: those affirming immaterial “eternal laws” of the soul and those seeing human nature determined by material, deterministic laws. One of the issues that may come up is “original sin”, that is, human nature seen as innately sinful, in contrast to the idea that human nature is originally good and noble but corrupted by society.

In the modern era, the mind itself is examined in painstaking detail. We will examine Bacon, Locke and Descartes’ contrasting theories. As science progresses, the mind and human mental capacities undergo ever more rigorous scrutiny, and here we will focus on Hume and Kant.

This course will touch on Skinnerian behaviorism and Freudian concepts only in passing.

**Irmgard Scherer**, a U.S. citizen born in Germany, is associate professor of philosophy emerita at Loyola University Maryland, where she taught core and honors ethics courses, as well as courses in her specialty, Kant and 18<sup>th</sup> century aesthetic theory.

### **756.29 Culture Wars in Contemporary America**

**Instructor: David Heymsfeld**

**Tuesdays, 2:00 PM – 3:30 PM**

**April 25 – May 16**

**Location: GMU**

**4 Sessions**

**Maximum 45, minimum 8 participants**

Since the 1970s, America has been consumed by disputes over basic social and cultural values. The broad range of issues includes abortion, gay rights, multiculturalism, obscenity and women’s rights. Some disputes have centered on how schools should handle religion, evolution, sex education and American history. The culture wars began as a reaction to the challenges posed to traditional values by the permissiveness of the 1960s. Those who challenged this permissiveness believed, on religious or secular conservative grounds, that traditional values embody eternal truths. Defenders of permissive values believe that values can evolve and that people should be free to explore new approaches. The importance of the culture wars to conservatives was emphasized in Patrick Buchanan’s speech to the 1992 Republican Convention. “There is a religious war going on in our country for the soul of America. It is a cultural war as critical to the kind of nation we will one day be as was the Cold War itself.”

**David Heymsfeld** served on congressional professional staff for 35 years. He is a volunteer guide at the Newseum and has long been interested in modern history.

# Volunteer as a Class Aide

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## **Do Your Part As a Member! Volunteer to be a Class Aide**

### ***What do I do?***

- Attend the orientation/training session before classes start.
- Review the take-home guide covering all aspects of the job.
- Serve as interface between instructors, class attendees and Encore Learning staff.
- Take attendance and distribute/collect evaluations.
- Set up, with assistance if needed, any audiovisual equipment needed by instructor.
- Communicate with the class in the event of schedule changes.

### ***What benefits will I have?***

- Get free parking while attending the class.
- Get to know your classmates and the instructor.
- Get to be an integral part of Encore Learning.

### ***How do I volunteer?***

- First, choose “YES” when asked if you are willing to be a class aide when registering for a class online. On our paper registration form, place a check mark in the Class Aide column to the right of your desired course.
- Next, respond when contacted prior to beginning of semester by a Class Aide coordinator who will provide details on aide training and specific audiovisual needs of the class.

### ***Questions about Class Aides?***

**Contact Ann Wolfe or Gail Massot at [Info@EncoreLearning.net](mailto:Info@EncoreLearning.net)  
or call 703-228-2144 and leave a message.**

# Join, Renew, Update & Register

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Encore Learning offers online access for membership, course registration and special event reservations. You must be a member to register for classes and special events. Don't miss this date: spring course registration begins at 10 a.m. sharp on Monday, February 6. First come, first served!

Our online Member Account Manager allows you to:

## SECURE YOUR SEAT QUICKLY:

Once you add an available course to your cart, you have secured a seat in the class and have 20 minutes to complete payment.

## OPT TO WAITLIST FOR A COURSE:

If a course fills, you have the option to join the waitlist without a deposit. Encore Learning staff will notify you if space becomes available.

## OWN YOUR INFORMATION:

Want to confirm your course schedule? Wondering about your membership expiration date? Need to update your postal address? Want to print out your donation receipt for tax purposes? All these options are yours, day or night.

## ADVANTAGES TO GOING ONLINE:

- Grab that seat and confirm your registration status immediately upon payment.
- Add all your courses to your cart at once using the Quick Pick List, the fastest way to register.
- Browse through course offerings by course name, location or academic category.
- Your unique email address is your username and you select a personalized password.
- Forgot your password? Request a password reset email online at any time.

Try out these convenient features today! Below are specific, step-by-step instructions. FAQs follow.

## IF YOU WISH TO JOIN ENCORE LEARNING:

If you have *never* been a member of Encore Learning, you will need to join in order to register for courses and special events, to participate in our clubs and to view or update your account. Annual membership is \$55, tax-deductible, **nonrefundable**, and runs one year from the day you join.

- Go online to our website [www.EncoreLearning.net](http://www.EncoreLearning.net).
- Under **QUICK LINKS** on the right, select **Join Encore Learning**.
- On the Membership page, select **Add to Cart**.
- On the Shopping Cart page, scroll down to select **Checkout**.
- On the Login page, scroll down to select **Create New Account**.
- You will be asked to provide contact information and a password. Fields marked with an asterisk are required. Select **Next** until you are returned to your Shopping Cart.
- Scroll down to select **Checkout**.
- Billing contact information is pre-filled. If any information is different, e.g., the name on the credit card, edit as needed. Provide the requested credit card information and select **Process Payment**.
- Once your credit card payment is accepted, the screen will display "YOUR REGISTRATION IS COMPLETE! A confirmation email has been sent to the address on file." You may print from this screen or access the invoice/receipt at any time in the My Billing Info tab under **My Account**.

Upon joining, you may register for available special events and courses scheduled through your membership expiration date. See additional instructions below to get started.

## FOR CURRENT OR FORMER MEMBERS:

### TO LOG IN TO YOUR ACCOUNT

All members of Encore Learning use their email address and a **password** to access their information. You may update personal info, view your registration status and invoices, and check your membership expiration date online. **Email staff any change to your email address as this affects your account access.**

- Go online to our website [www.EncoreLearning.net](http://www.EncoreLearning.net).
- Under **QUICK LINKS** on the right, select **Member Account Manager**.
- Select the **Login** link at the upper right side of the page.
- Under **Returning Members**,
  - If you created a password in 2016, enter your current email address and password then select the **Login** button.

# Join, Renew, Update & Register *continued*

- If you forgot your password or did not go through this process in 2016, select the link **Don't know your password?** to create a new password.
  - Enter your current email address
  - Select the **Submit** button to receive an email message entitled *Password Recovery*.
  - If you don't receive the *Password Recovery* email message immediately, please be patient: not all email processors are instantaneous. Consider checking your spam filter.
  - In the *Password Recovery* email message, select the link **click here**.
  - Type your chosen password in the password field and type it again to confirm. Then select the **Save** button below the passwords.
- On the **My Account** page, review your info displayed on the **My Personal Info** tab.
- If you see incorrect information, select **Edit My Account Info** link. Update as needed then select **Save and Continue** to add additional information. Finish by selecting **Save and Close**.
- To change your password, select **Change My Password** link. Update and select the **SAVE** button.

## TO RENEW YOUR MEMBERSHIP

- Log in to your account.
- Select **MEMBERSHIP** from the options on the left then choose **Add to Cart** on the next page.
- Select **Checkout** to pay for your membership renewal.
- You may be required to review your account information at this point. Select the **Save** button to continue.
- Billing contact information is pre-filled. If any information is different, e.g., the name on the credit card, edit as needed. Provide the requested credit card information and select **Process Payment**.
- Once your credit card payment is accepted, the screen will display "YOUR REGISTRATION IS COMPLETE! A confirmation email has been sent to the address on file." You may print from this screen or access the invoice/receipt at any time in the My Billing Info tab under **My Account**.

With a current membership, you may register for available special events and courses scheduled through your new expiration date. For current members, renewal adds one year to your membership expiration date. For former members, renewal restarts your

membership from the current date. Annual membership is \$55, tax-deductible and **nonrefundable**.

## LOGIN TROUBLE?

If the system displays "Username does not exist. Please enter a new one." or "User does not exist, login failed."

- It may have been a keying error. Retype and submit again.
- Your email address may have changed after our records were created. Email staff using your new email address and include your full name and contact information. Staff will update your email address during office hours and send confirmation by email. Begin the password process again with the updated email address.

## TO REGISTER FOR ACADEMIC COURSES

You may log in and browse courses at any time but *you cannot add courses to your cart until registration opens* on Monday, February 6 at 10 a.m. sharp. Only current members may register for courses. Courses you select must end on or before your membership expiration date.

- Log in to your account.
- Select **Quick Pick List** from the options on the left.
- Select your desired courses then click the **Add Selected Courses to Cart** button at the top or bottom of the list. *You now have 20 minutes to complete payment else your cart empties and you must begin again.*
- Select **My Cart** at the top right of the page to begin the checkout process.
- Review your shopping cart for accuracy. To delete a selection, click on the trash bin beside the course.
- Select **Checkout** at the bottom right to proceed.
- You may be required to review your account information at this point. Select the **Save** button to continue.
- You are required to indicate whether you wish to serve as a class aide before proceeding. Click on the drop down list for each course to select Yes or No then select the **Continue** button at the bottom left of the page.
- Billing contact information is pre-filled. If any information is different, e.g., the name on the credit card, edit as needed. Provide the requested credit card information and select **Process Payment** at the bottom right of the page.

# Join, Renew, Update & Register *continued*

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- Once your credit card payment is accepted, the screen will display “YOUR REGISTRATION IS COMPLETE! A confirmation email has been sent to the address on file.” You may print from this screen or access the invoice/receipt at any time in the My Billing Info tab under **My Account**.

If a course is filled, you have the no-cost option to join its waitlist; staff will notify you when space becomes available. After notification, you will have a limited time to make payment online or the seat will go to the next person on the waitlist. You may access your course registration status in the My Activities tab under **My Account**. Note: waitlisted courses are prefixed with “This is a Waitlisted[*course name*]”.

## TO REGISTER FOR SPECIAL EVENTS

Special Events which do not require registration are open to the public. Special Events requiring registration are available to current members only. In order to register, the event date must be on or before your membership expiration date. One nontransferable spot

(ticket) is available per member per event. To cancel, notify staff by email.

- Log in to your account.
- Select **Special Events** from the options on the left.
- Select an event to review its details.
- If you wish to register for the event, scroll down to the ticket information and select “1” from the Quantity drop down list and select **Add to Cart**.
- Select additional events as desired, adding them to your cart.
- Review your shopping cart for accuracy. To delete a selection, click on the trash bin beside the event.
- Select **Checkout** to proceed.
- You may be required to review your account information at this point. Select the **Save** button to continue.
- The screen will display “YOUR REGISTRATION IS COMPLETE! A confirmation email has been sent to the address on file.”

If an event is filled, you may opt to register for its Waitlist. Staff will notify you if space becomes available. You may access your event registration status in the My Activities tab under **My Account**.

## Frequently Asked Questions

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**Q:** *How do I make my registration day as smooth as possible? I want to get into my favorite class!*

**A:** Take action early. Get your password and review your account, updating contact info as needed. **Email staff any change to your email address as this affects your account access.** Temporarily jot down your password so you have it ready to go on registration day. Go through the membership renewal process to refamiliarize yourself with the system; if you don't need to renew, logout before making payment. Contact staff with any issues well in advance of the first day of course registration. On that day limited phone support will be available from volunteers.

**Q:** *I forgot my password!*

**A:** Go to our website. Under **Quick Links**, select **Member Account Manager**. At the top of the page, select **Log In**. Under **Returning Members**, select the link **Don't know your password?** then enter your email address and select **Submit**. You will

receive an email message from Encore Learning entitled Password Recovery. If you don't receive this message, please check your spam filter. Staff will be unable to assist in password resets on the first day of registration. We highly recommend verifying your password well ahead of this busy period.

**Q:** *I can't login! I keep getting this error message: User does not exist, login failed.*

**A:** You have typed in an email address that is not recognized by the system — it could be a typo or it could be that your email has changed since you last logged into the system. Email staff using your preferred email address and include your full name and contact information. Staff will update your email address during office hours and send confirmation by email. Staff will not be able to process email changes on the first day of registration. We highly recommend verifying your email address well ahead of this busy period.



# Frequently Asked Questions *continued*

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**Q:** *I cannot see Register buttons for the courses. Where are they?*

**A:** While you may log in to your account early on registration day, course registration is not available until 10 a.m. Before registration opens, courses will appear on the Quick Pick List but the Select boxes display "Read Only". After registration opens, the Select boxes on the Quick Pick List are active.

**Q:** *What is the waitlist process?*

**A:** Once you add a course to your Shopping Cart, it will show as waitlisted if the course is already fully enrolled. The course fee will display as zero as there is no cost to join a waitlist. You must complete the registration process even if you are not required to pay. Please continue until your screen displays "YOUR REGISTRATION IS COMPLETE!" or you will lose your place in the waitlist. Encore Learning staff will notify you if space becomes available.

**Q:** *Explain the 20-minute limit.*

**A:** Once you add the first item to your cart, you have exactly 20 minutes to complete payment before your cart is emptied and those seats become available to others.

**Q:** *I'm registering for my partner as well as myself. How do I do this?*

**A:** All memberships are individual. Each member has a unique email username and a password. To register for someone else online, log out of your account then log into their account. Note that payment may be made from anyone's credit card (e.g., Jane Doe may pay for John Galt so long as the billing info matches Jane Doe). Transfers between members are not available so do not register for someone else under your own account. If you have trouble with the second registration, clear your cache and try again.

**Q:** *I cannot find my membership/registration email.*

**A:** You can look up all your records online and print whatever you need. Simply log in to your account. Under My Account, select **My Billing Info** to review your invoices/receipts 24/7. This is especially useful during tax season when you wish to deduct membership fees and donations made to Encore Learning. Our Tax ID is printed on the receipt. Select **My Activities** to view your course and special event registration status.

**Q:** *I will be registering from a public computer at the library. Is that an issue?*

**A:** All online payments are made with credit cards. Registering from a public computer is not recommended because of the possibility that malicious software may capture your credit card information.

**Q:** *I prefer to register for membership or courses by check. What are the implications?*

**A:** This method is NOT recommended for those who wish to know immediately if they have been registered or for those who anticipate a desired course filling quickly. You may send in your registration form with check payment as early as you wish. Use one check and one registration form per member. All forms received by February 6 will be entered in random order by our staff beginning at 10 a.m. on February 6 and in the order received thereafter. Those who play the odds and register both online and via paper slow the process for everyone. After mailing in a paper registration, if you decide to register online instead, confirm this with staff prior to the first day of registration. Paper registrations for members who already registered for their course online will be marked as such and the duplicate course fees forfeited.

**Q:** *What about refunds?*

**A:** Membership fees are nonrefundable. Course fee refunds are subject to circumstances and timing; see **REFUNDS AND TRANSFERS** on page 7 for a full explanation. Refunds are made to the payer's credit card if enrollment was completed online or via check if payment was made via check.

## MORE QUESTIONS?

Check our Frequently Asked Questions at [www.EncoreLearning.net](http://www.EncoreLearning.net) or contact the Encore Learning staff:

- 703-228-2144
- [Info@EncoreLearning.net](mailto:Info@EncoreLearning.net)

Our office at the Syphax Education Center is staffed during the academic year Monday through Friday from 10 a.m. to 2 p.m., excluding posted holidays. Always call ahead for an appointment if you require a face-to-face meeting.

## ENCORE LEARNING

# Membership and/or Course Registration Form

*Join/Renew/Register  
Online at [www.EncoreLearning.net](http://www.EncoreLearning.net)*

OFFICE USE ONLY

*(Please use one form and one check per person)*

**NAME** *(Please print)*

First \_\_\_\_\_ MI \_\_\_\_\_ Last \_\_\_\_\_ ☐ Male ☐ Female

**CONTACT INFORMATION** *(Complete only if new member or updating information.)*

Street \_\_\_\_\_ Apt. \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ - \_\_\_\_\_

Home ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_ Cell ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_

Email \_\_\_\_\_

**MEMBERSHIP** *(Membership fees and donations are tax-deductible.)*

Nonrefundable Annual Fee is \$55: ☐ New ☐ Renewal

Optional Donation: \$ \_\_\_\_\_ ☐ General ☐ Scholarship

Check the membership expiration date on your catalog address label

**COURSE REGISTRATION** *(\$45 per course)*

If you are interested, place a checkmark ✓ in the Class Aide column. Class Aides receive free parking while assisting their class. See 'The Volunteer Page' for details.

Course Name (Please use short title shown in Catalog tables)	Course #	Class Aide?

**Make check payable to ENCORE LEARNING and mail to:**

Encore Learning  
2110 Washington Blvd.  
Arlington, VA 22204

*If you prefer to pay by VISA or MasterCard, you may  
Join, Renew and Register at [www.EncoreLearning.net](http://www.EncoreLearning.net).*

Membership fee (\$55/yr) \$ \_\_\_\_\_

Course fees (# of courses x \$45) \$ \_\_\_\_\_

Donation (Optional) \$ \_\_\_\_\_

**TOTAL CHECK AMOUNT:** \$ \_\_\_\_\_

How did you hear about Encore Learning? \_\_\_\_\_

# Volunteer at Encore Learning

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## MEMBERS, WE NEED YOU!

*Catch the spirit & join the fun!*

Volunteer your talents, your interests and your support. Encore Learning has opportunities that can fit your schedule and time constraints. The benefits are mutual. You'll find rewards through your involvement, and Encore Learning prospers when members are involved.

Try something new this year: join a committee! It's a wonderful opportunity to meet people who share your interests, to develop new skills — or to use the skills you spent years developing. The members of our standing committees will welcome you warmly.

- **Academic Programs** — *seeks instructors, develops courses*
- **Class Aides** — *recruits and trains class aides*
- **Information Technology** — *researches and advises Encore Learning on technology*
- **Membership** — *welcomes new members and plans social functions*
- **Publications** — *writes, edits and distributes the course catalog*
- **Special Events** — *identifies exhibitions, speakers, performances for one-time events*
- **Volunteer Coordinator** — *solicits, places and inventories volunteers; distributes course catalogs*

There are other opportunities to volunteer as well: assist the staff, lead a club, share your technology expertise or serve as a class aide. Once a year we welcome a select group to serve on our Nominating Committee, and they in turn recruit candidates for our Board of Directors. Of course, one of the best volunteer positions available is teaching an academic course.

**Our Volunteer Coordinator, Stephen Hopper, spearheads the proper placement and recognition of volunteers. Contact him through the Encore Learning office at 703-228-2144 or [info@EncoreLearning.net](mailto:info@EncoreLearning.net) to submit your preferences.**

Encore Learning members make up a great community of people, and your participation will help to make our organization even greater.



**ENCORE  
LEARNING**

**Expand Your World**

# Special Events for Members

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Encore Learning's Special Events provide a variety of activities to complement the course offerings. Some require an admission fee in advance of the start of the event, while others are free. Reservations are required except for those events scheduled at Arlington County libraries.

Members with email addresses on file with Encore Learning receive monthly reminders of the upcoming events. Members are encouraged to check the website for the most current listings.

Suggestions from members for future places of interest are always welcomed by the Special Events Committee because the greater Washington area is a treasure trove of opportunities, some of which — such as private museums or historic homes — are otherwise normally private. Contact Special Events Chair Kris McLaughlin via the Encore Learning office at 703-228-2144 or [info@EncoreLearning.net](mailto:info@EncoreLearning.net).

## TO REGISTER FOR SPECIAL EVENTS

Choose your preferred method.

### RESERVE ONLINE:

This method is recommended for those who wish to know immediately if their spot has been reserved or those who anticipate a desired special event filling quickly. Go to **[www.EncoreLearning.net](http://www.EncoreLearning.net)**. Log in to your account and select **Special Events** on the left to list all upcoming events. See full instructions on page 26.

### RESERVE BY EMAIL:

Email your Special Event choice to [info@EncoreLearning.net](mailto:info@EncoreLearning.net). Put "Special Event Reservation" in the subject line. Put your full name and the event requested in the body of the email. Encore Learning staff or a volunteer will process the request and confirm your status during office hours.

### RESERVE BY PHONE:

Call the Encore Learning office at 703-228-2144 and leave a message including your full name, phone number and your event choice. Encore Learning staff or a volunteer will process the request and confirm your status during office hours.

Special events are popular, and those on the waiting list will appreciate your cancelling your reservation if you are unable to attend an event. Please contact the Encore Learning office as soon as you are aware of a conflict.

Events held at Arlington County libraries require no registration and are open to the public. They are a good way to introduce your friends to Encore Learning and the caliber of its offerings. Events requiring reservations are for members only and require membership active through the event date. You may look up your membership expiration date online under **My Account**. If you received this catalog in the mail, check your address label for your expiration date.

Remember to check **[www.EncoreLearning.net](http://www.EncoreLearning.net)** for Special Events information!

# Clubs at Encore Learning

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Encore Learning's special interest clubs are busy organizing activities for their members. Join Encore Learning and add club activities to your calendar at no extra cost. If you're interested in movies, you can meet monthly with the Cinema Club to see a film and discuss it over coffee afterwards. If you enjoy a friendly bridge game, join the Bridge Club. Share your ideas on timely topics with the Current Issues Discussion Group. Discuss nonfiction literature selections with the Nonfiction Book Club. Or explore your international interests through the Ethnic Lunch Club or Travel Club.

## **BREAKFAST CLUB**

Are you a morning person? If so, join the Breakfast Club for conversation and social networking with other Encore Learning members. We meet Wednesday mornings from 8 to 9 a.m. at La Madeleine, a low-key, Parisian-style breakfast and coffee place in Bailey's Crossroads near the intersection of Columbia Pike and Leesburg Pike (Rte. 7). Club coordinator is Ron Wise.

## **BRIDGE CLUB**

The Bridge Club meets once a month on an irregular schedule to play bridge at the homes of club members. Either a meal or a snack is served, with each player paying the host \$5 to offset the cost of food and drink. The coordinator describes the sessions as "very social and probably not ideal for someone who wants to play very serious bridge." Club coordinator is Sharon Bisdee.

## **CINEMA CLUB**

If current cinema is your passion, join the Cinema Club, which meets monthly to see a movie. Dates are chosen as much as possible to accommodate participants' schedules. Club coordinators are Leanne Peters and Janice Yeadon.

## **CURRENT ISSUES DISCUSSION GROUP**

The Current Issues Discussion Group meets the third Tuesday of every month at 1:30 p.m. at the Lubber Run Community Center. The group's acting coordinators are George Pick and Peter Taylor.

## **ETHNIC LUNCH CLUB**

The Ethnic Lunch Club, a group of "foreign foodies," usually meets on the last Thursday of the month to explore and enjoy the area's great ethnic food. Club coordinator is Arlene Kigin.

## **KAYAK CLUB**

Are you interested in joining with other Encore Learning members kayaking on the Potomac? Our fledgling club welcomes experienced kayakers, novices and newcomers. Club members will engage the services of one of the six Potomac River locations that rent out all of the necessary equipment and provide attendants to help clients in and out of the kayaks. Each session's location is announced via email to club members. The club typically meets at 11 a.m. and paddles for about 1–1.5 hours. Proposed dates are the second and fourth Wednesdays of the month, from May until late September, weather permitting. Club coordinators are Janice Yeadon and Wayne Moore.

## **MINDFULNESS CLUB**

The Mindfulness Club is for people who want to be more aware of the ongoing experiencing of their lives as they are being lived. The group practices techniques to free the mind from daydreaming, dwelling in memories and repetitive thinking. The group meets weekly from noon to 1 p.m. on Wednesdays at the Lubber Run Community Center. Coordinators are Bruce Britton and Dwight Rodgers.

## **NONFICTION BOOK CLUB**

Meetings are held from 1:30 to 3 p.m. on the second Monday of January, March, May, July, September and November in the meeting room at Arlington Central Library. Club coordinators are Pat Chatten and Carter Vaden.

## **TRAVEL CLUB**

The Travel Club meets the first Wednesday of each month at 2:30 p.m. at the Langston Senior Center to enjoy presentations on various parts of the world and share information on trips taken or planned. Any schedule changes will be noted on the Encore Learning website. All Encore Learning members are welcome. Club coordinator is Sharon Schoumacher.

To learn more about a particular club or to join or form a new club, contact staff at: [info@EncoreLearning.net](mailto:info@EncoreLearning.net) or 703-228-2144. Provide your contact information and note your club of interest. The appropriate club coordinator will contact you directly.

# Transportation

ALL CLASSROOM BUILDING SITES ARE IN ARLINGTON	PARKING		PUBLIC TRANSPORTATION
	Public Garage or Lot	Street Parking (restricted parking zones listed)	
<b>AMCC</b> Arlington Mill Community Center 909 S. Dinwiddie St., 22204	Free garage below the building	Limited, Free and Metered	ARTbus and Metrobus
<b>FCC</b> Fairlington Community Center 3308 S. Stafford St., 22206	Free lot adjacent	Free and Zone 11	Metrobus
<b>GMU</b> George Mason University - VA Sq 3351 Fairfax Dr., 22201	Pay garage at GMU Founders Hall — entrance on N. Kirkwood Rd.	Metered	Metrorail and Metrobus
<b>SEC</b> Syphax Education Center 2110 Washington Blvd., 22204  <i>For GPS navigating, you may need to use 100 Walter Reed Dr., 22204</i>	Free garage adjacent	Metered	ARTbus and Metrobus

## Suggestions:

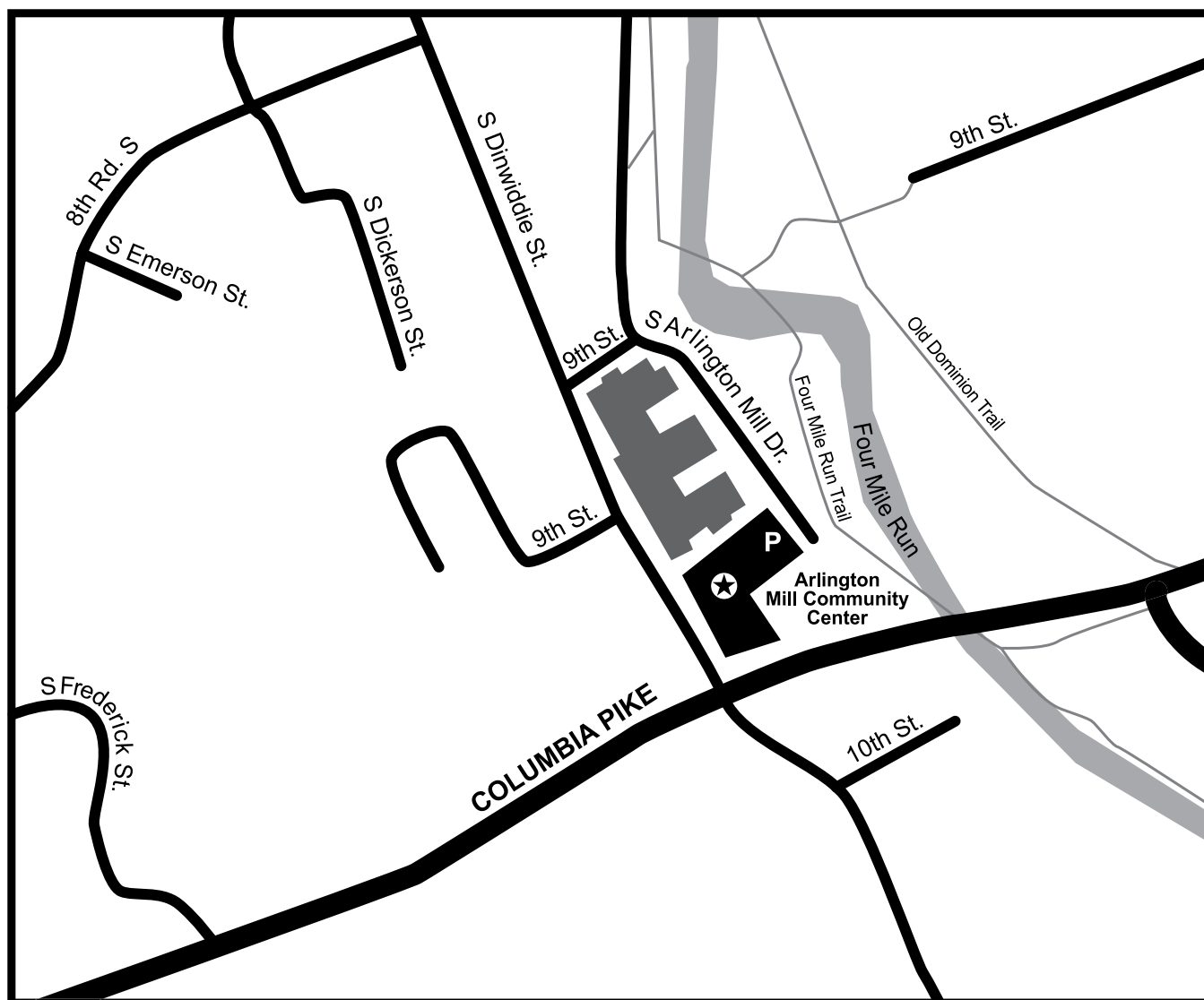
- Try using [www.maps.google.com](http://www.maps.google.com) to get directions to class. You can select your mode of transportation (walking, public transit or by car) and Google will provide a map, detailed directions, the distance in miles and the transit time.
- Use [www.wmata.com](http://www.wmata.com) for public transit information, directions, timetables, etc. for Metrorail, Metrobus and ARTbus. A Trip Planner tool is on its home page.
- Use [www.ParkArlington.com](http://www.ParkArlington.com) for metered parking information and maps.
- Use [www.capitalbikeshare.com](http://www.capitalbikeshare.com) to locate short-term bike rental stations in the metro area. Capital Bikeshare has locations at GMU and near WETA.

**Note:** Through the Senior Center Adult Transportation (SCAT) service, Arlington residents 55+ who are registered with the Arlington County Office of Senior Adult Programs may take a taxi ride to the Fairlington Community Center from their homes for \$2.50 each way. Call 703-228-4744 for applications and further information. Through the Super Senior Taxi (SST) program, Arlington residents 70+ may purchase \$20 books of taxi coupons for \$10. Call 703-228-1700 for details.

# Locations and Maps of Course Sites

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## Arlington Mill Community Center (AMCC)



**ARLINGTON MILL COMMUNITY CENTER — 909 S. Dinwiddie St., 22204**

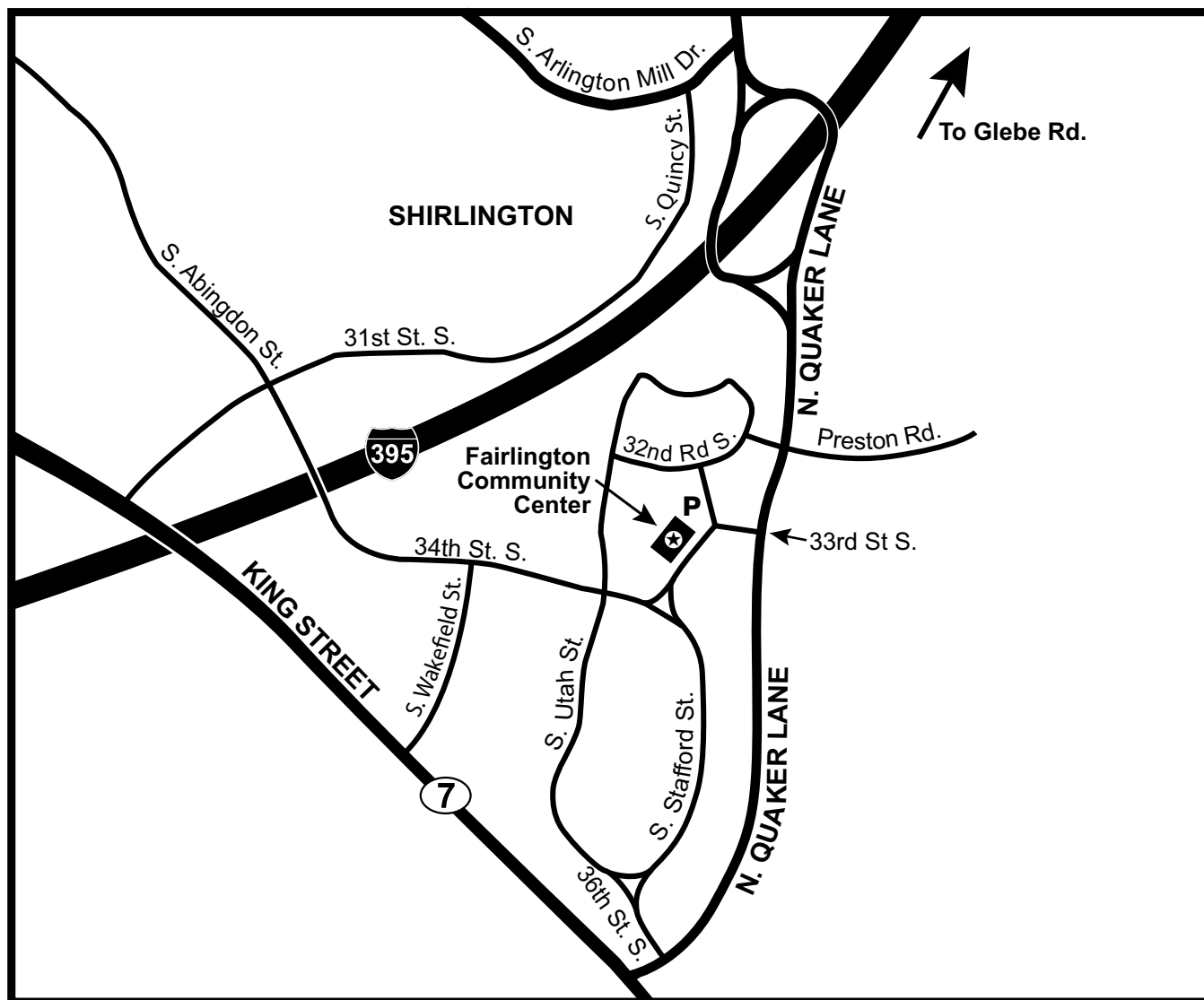
Free and ample garage parking is available below the building. Garage is second parking entrance behind the building on S. Arlington Mill Drive. You will enter a gate that has a green arrow. Take a ticket, and be sure to hold onto this since you will insert it upon exit. If you stay under 4 hours, parking is free and you will insert your ticket into the gate in order to leave. Please note that if you stay over 4 hours, you will need to pay at the parking kiosks located next to the garage entrance to the community center.

If you cannot find parking on the entrance (PL) level, you will find plentiful parking in the basement (G2) parking level, so please make sure to follow the blue signs. The blue signs will also designate where you can access the entrances to the community center from the garage.

***PARKING COSTS ARE THE RESPONSIBILITY OF THE STUDENT***



### Fairlington Community Center (FCC)

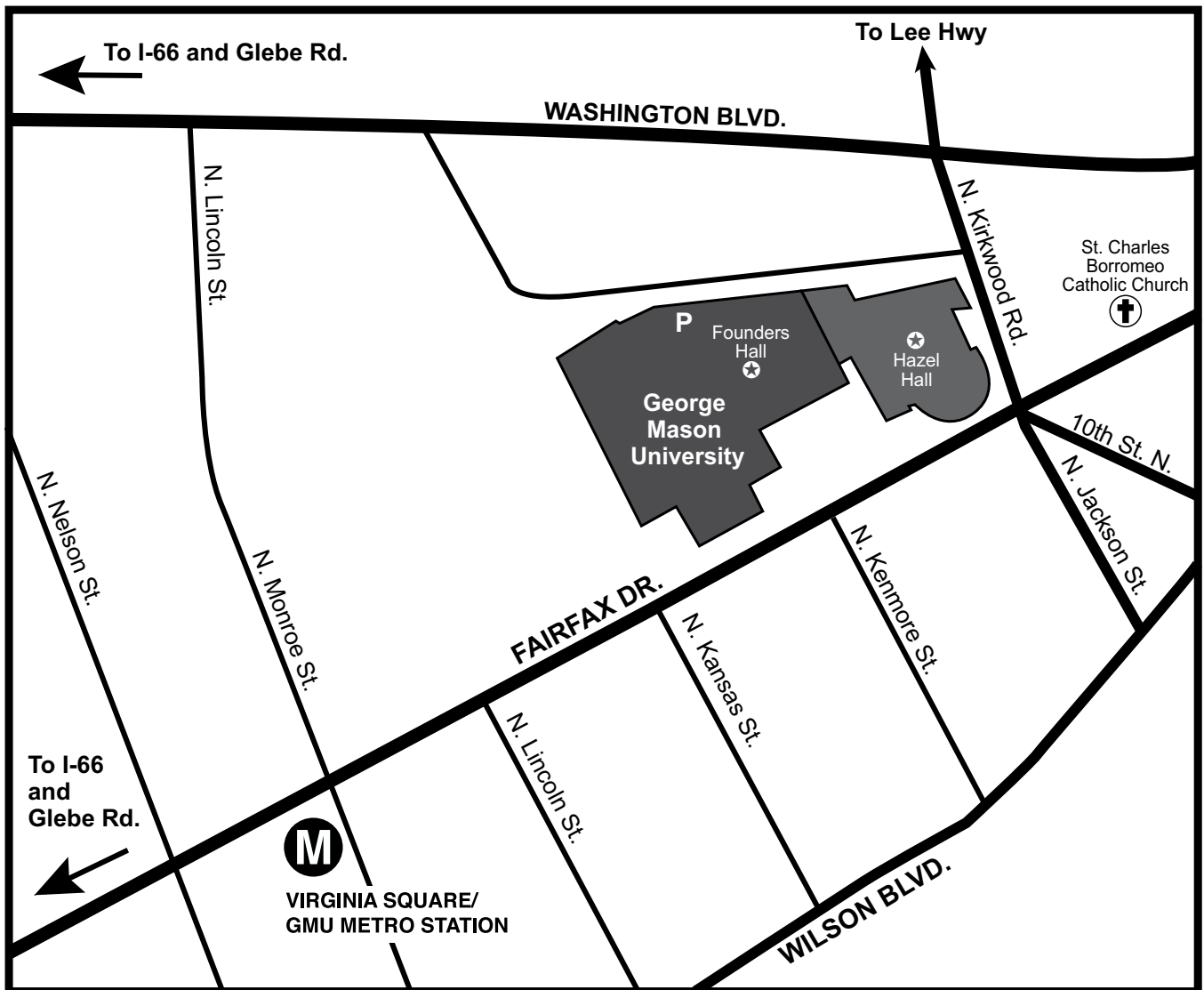


**FAIRLINGTON COMMUNITY CENTER — 3308 South Stafford St., 22206**

Free parking on adjacent lot. Limited street parking is available.

***PARKING COSTS ARE THE RESPONSIBILITY OF THE STUDENT***

### George Mason University (GMU)

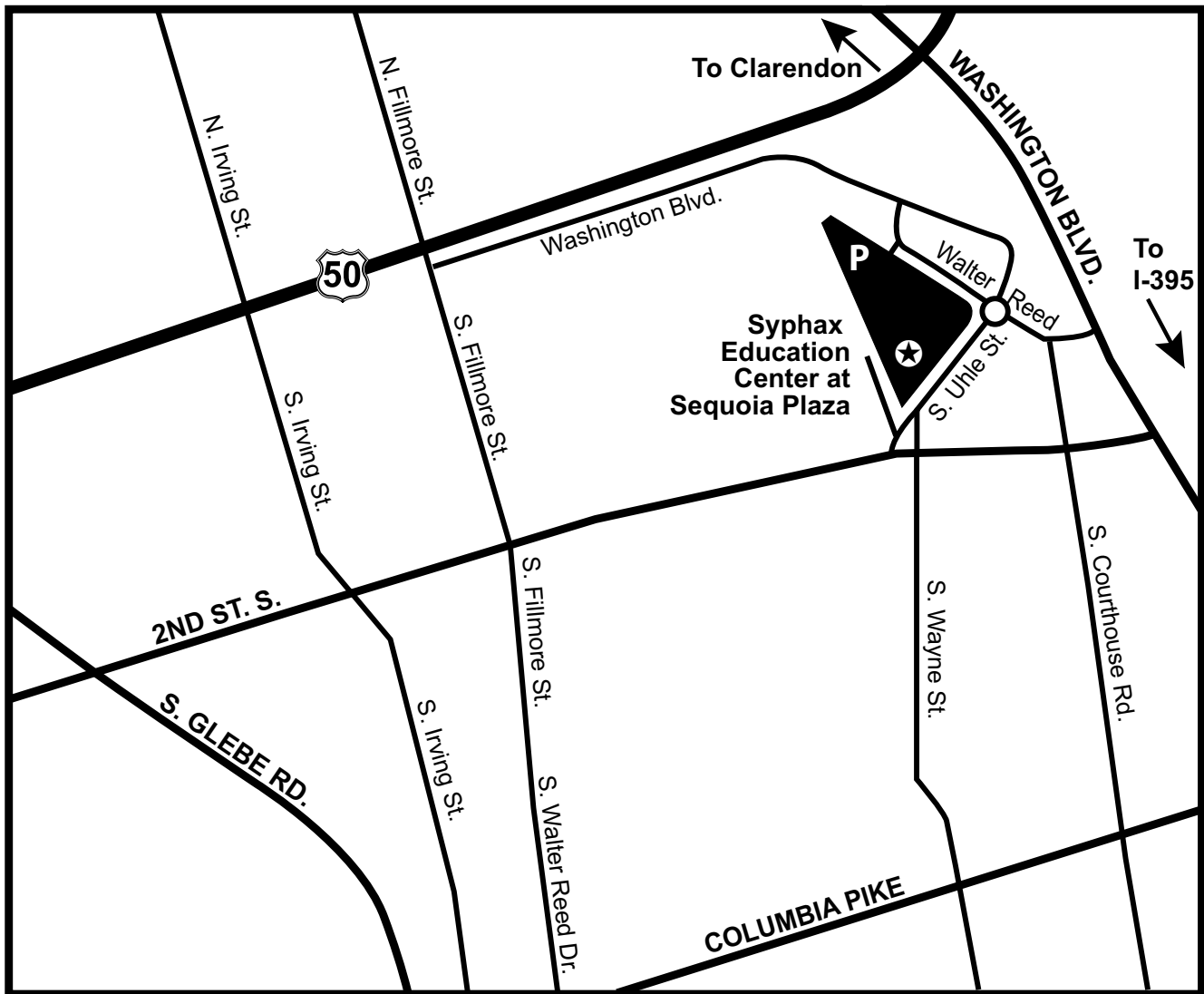


**GEORGE MASON UNIVERSITY, ARLINGTON CAMPUS — 3351 Fairfax Dr., 22201**

The Founders Hall garage is the only garage on campus open to visitors; the rate is \$3 per hour and the entrance is off N. Kirkwood Rd. Four-hour metered parking is available along the median on Fairfax Dr. near St. Charles Church and on N. Lincoln St. One- and two-hour metered parking is available on other surrounding streets.

***PARKING COSTS ARE THE RESPONSIBILITY OF THE STUDENT***

### Syphax Education Center (SEC)



**SYPHAX EDUCATION CENTER at SEQUOIA PLAZA — 2110 Washington Blvd., 22204**

Note to GPS users: for SEC some mapsites need a different address, including 100 Walter Reed Dr. 22204

The parking garage is free, but visitors should park on Levels B-1 and B-2. The garage entrance is off Walter Reed Dr. Members in classes scheduled for the SEC building will receive information from the class aides regarding directions, parking and classroom location.

**PARKING COSTS ARE THE RESPONSIBILITY OF THE STUDENT**

# Courses by Calendar View

	Monday	Tuesday	Wednesday	Thursday	Friday
MORNING	10:00 – 11:30 AM/FCC <b>202 Estate Plannng</b> Parks/Patton 4/24 – 5/15	10:00 – 11:30 AM/GMU <b>237 Medicine in the 21st Century</b> Connally 3/7 – 4/25	10:00 AM – Noon/SEC <b>515 Writing About Your Life</b> Bottum 3/22 – 4/26	10:00 – 11:30 AM/GMU – HH <b>412 Global Hot Spots</b> Various 3/16 – 5/4 7 speakers over 8 weeks	10:00 – 11:30 AM/GMU <b>158 French Art of the 19th Century</b> Morrison 3/10 – 3/31
	10:00 – 11:30 AM/GMU <b>459 Crime and Punishment</b> Arnall 3/13 – 4/17		10:00 – 11:30 AM/FCC <b>740 Gospel According to Paul</b> Goldman 3/22 – 5/10		10:00 – 11:30 AM/GMU <b>354 Historians' Christianity to 600 CE</b> Rodgers 4/14 – 5/19
			10:00 – 11:30 AM/GMU <b>755 Philosophies of Human Nature</b> Scherer 3/22 – 5/10		
NOON	Noon – 1:30 PM/FCC <b>133 Theatre Appreciation</b> Ohlandt 3/27 – 5/15 No class 4/17	Noon – 1:30 PM/AMCC <b>376 Original Sins: US Govt Corruption</b> Sheehan 4/11 – 5/2	Noon – 1:30 PM/GMU <b>228 Healthy Brain</b> Beckerman 3/22 – 4/19	Noon – 1:30 PM/GMU <b>478 Russia and its Neighbors</b> Wake 3/23 – 4/20	Noon – 1:30 PM/GMU <b>159 Opera in Western Culture</b> Niles 3/10 – 4/14 No class 3/31
		Noon – 1:30 PM/AMCC <b>633 Cooking's Chemistry</b> Clarke 3/7 – 3/28	Noon – 1:30 PM/FCC <b>518 Cervantes and Don Quixote</b> Francis 3/8 – 4/26	Noon – 1:30 PM/GMU <b>480 European Migrant "Crisis"</b> Grant 3/16 – 4/27	Noon – 1:30 PM/FCC <b>750 Great Recession</b> Heriot 3/17 – 5/5
		Noon – 1:30 PM/GMU <b>714 Islam: From Muhammad to ISIS</b> Farsakh 3/14 – 5/16 No class 4/4, 4/11			Noon – 1:30 PM/GMU <b>754 Cybersecurity</b> Manteuffel 4/28 – 5/19
AFTERNOON	2:00 – 3:30 PM/SEC <b>327 Geopolitics of Ancient Middle East</b> Rudgers 4/10 – 5/15	2:00 – 3:30 PM/GMU <b>379 Ancient Iraq's Legacy</b> Burns 3/7 – 4/18 No class 3/14	2:00 – 3:30 PM/GMU <b>378 Mount Rushmore Four</b> Rhodes 4/5 – 4/26	2:00 – 3:30 PM/GMU <b>160 Music Theory</b> Wood 3/9 – 3/30	2:00 – 4:00 PM/GMU <b>302 Roman Renaissance</b> Wukitsch 3/10 – 5/12
	2:00 – 3:30 PM/GMU <b>365 Magnificent Mughals</b> Ziad 4/17 – 5/22	2:00 – 3:30 PM/GMU <b>756 Culture Wars</b> Heymsfeld 4/25 – 5/16	2:00 – 3:30 PM/GMU <b>476 Energy and US Public Policy</b> Hicks 3/8 – 5/10	2:00 – 4:00 PM/GMU <b>315 Lee's Hollow Victories</b> Stone 3/30 – 5/4	2:00 – 3:30 PM/GMU <b>546 Novella Again</b> Alter 3/10 – 4/21 No class 3/24
				3:00 – 4:30 PM/Various <b>305 Arlington History</b> VanNewkirk 4/6 – 5/25	

Encore Learning  
2110 Washington Blvd.  
Arlington, VA 22204

RETURN SERVICE REQUESTED

**Registration Begins at 10 a.m.  
February 6, 2017**