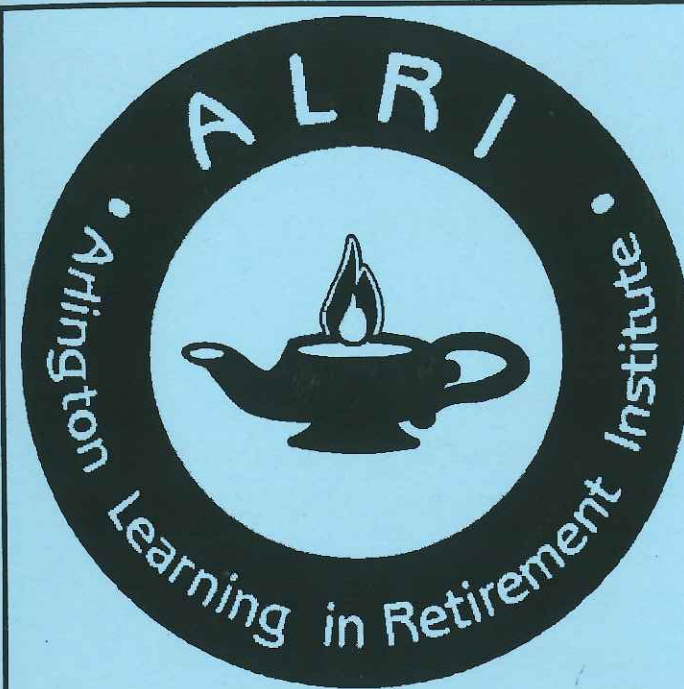


Arlington Learning in Retirement Institute
2801 Clarendon Blvd., Suite 306
Arlington, VA 22201



Connecting
People, Community,
and Knowledge

**Arlington Learning in Retirement Institute
Course Catalog
Spring Term 2005: March 9 - May 27**

**Arlington Learning in Retirement Institute
(ALRI)
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ALRI is a nonprofit 501(c)(3) organization

ALRI
**Connecting ...
People, Community,
and Knowledge**

Arlington Learning in Retirement Institute

2801 Clarendon Boulevard, Suite 306
Arlington, Virginia 22201
Phone: (703) 228-2144
E-mail: ALRI@ArlingtonLRI.org

Website: www.ArlingtonLRI.org

ALRI Course Catalog Spring Term 2005

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Course Offerings

CATEGORY	SHORT TITLE	DAY	TIME	START	SITE*	COURSE NO.**
FINE ARTS, THEATER, & MUSIC	Opera – Divas	Tue	1:00	Mar 15	CEC	107
	Inspiration in Various Art Forms	Thur	2:30	Mar 24	GMU	108
	World Theater	Wed	10:00	Mar 9	GMU	110
	British Art and History	Wed	1:00	Mar 16	MAD	112
HEALTH & WELLNESS	Estate Planning	Thur	11:00	Mar 10	MAD	202
	How Your Body Works	Tue	9:00	Mar 15	CEC	206
HISTORY	Medieval Rome	Thur	10:00	Mar 10	MAD	303
	Arlington History	Mon	3:00	Apr 11	Varies	305
	Cuba	Mon	1:00	Mar 14	GMU	308
	Greece - The Birthplace	Fri	11:00	Apr 1	GMU	310
	Gettysburg : American Epic	Thur	3:00	Mar 10	CEC	314
	Rasputin	Wed	11:00	Apr 13	GMU	316
LAW, POLITICS, & POLITICAL AFFAIRS	US and Middle East	Wed	11:00	Apr 6	CEC	320
	Bill of Rights	Thur	1:00	Apr 14	GMU	402
	Terrorism	Tue	11:00	Mar 29	PI	406
	International Relations	Mon	3:00	Mar 21	LV	411
	Feeding the World's People	Mon	9:30	Mar 14	CEC	412
	US Congress	Fri	1:00	Mar 11	GMU	414
LITERATURE & WRITING	Correctional System	Thur	1:00	Apr 14	CEC	417
	Poetry in Miniature	Thur	11:00	Mar 10	CEC	502
	Art in Shakespeare	Wed	1:00	Mar 16	MAD	506
	Exploring the Self	Wed	9:00	Apr 13	MU	508
	Bible Heroes and Villains	Mon	9:30	Mar 21	GMU	510
	Jewish American Fiction	Tue	10:30	Mar 29	GMU	511
SCIENCE & TECHNOLOGY	Creative Writing	Tue	9:00	Mar 15	MU	515
	Naturalist's Tour	Tue	1:30	Mar 22	Varies	603
	Food Science	Wed	2:30	Mar 9	CEC	608
SOCIAL SCIENCES	Environmental Management	Tue	11:00	Apr 19	CEC	610
	Globalization	Wed	10:00	Mar 16	MAD	705
	Enneagram	Tue	1:00	Mar 29	CEC	711

* Explanations of site codes appear inside back cover.

** Course numbers appear sequentially in the catalog together with full titles, descriptions, and instructor information.

General Information

WHAT IS ALRI?

The Arlington Learning in Retirement Institute (ALRI) is a nonprofit volunteer organization offering a wide variety of college-level, non-credit courses, lectures, special events, and activities to help meet the continuing educational and social interests of anyone over fifty years old. ALRI is governed, supported, and financed by its members. ALRI is a nonprofit 501 (c)(3) organization; donations are tax deductible.

Our volunteer instructors are retired or working professionals from government, academia, think tanks, and private industry. They create an exciting learning environment with free exchange of ideas about a wide variety of subjects. Members participate in class discussions, enjoy the challenge and excitement of exploring new ideas, and develop new friendships. (There are no tests, no papers, and no grades.)

BENEFITS OF ALRI MEMBERSHIP

- Engage in stimulating classes at convenient Arlington locations
- Meet and socialize with new people who have similar interests
- Receive a quarterly newsletter
- Form and participate in clubs
- Attend special events such as field trips, lectures, and concerts
- Share expertise in a wide range of ALRI volunteer activities

GEORGE MASON UNIVERSITY PRIVILEGES

All ALRI members may apply for a George Mason University ID card which allows them to check out books at the GMU Library, access the GMU computer lab, and purchase items at the GMU book store. It does not provide any type of parking privilege at any GMU campus. A GMU email account is also available. New members will receive instructions regarding the ID card and email account.

MEMBERSHIP INVOLVEMENT

Because ALRI is an open, all-volunteer organization, member involvement is essential. Members are encouraged to participate on any of ALRI's varied committees and to help plan future events, lectures, and ideas for courses. Members are encouraged to propose suitable instructors and/or to teach courses themselves.

ALRI MEETINGS AND SPECIAL EVENTS

OPEN HOUSE

Each spring and fall ALRI holds an open house offering an opportunity to hear many of the instructors describe their course material. The Spring Open House will be held at GMU's Arlington Campus, Room 329 from 9:00 am to 12:00 noon on Friday, February 11, 2005.

ANNUAL MEMBERSHIP MEETING

ALRI holds an annual membership meeting, normally in June, to elect Board members and discuss future courses and events.

SPECIAL EVENTS

Special events for members scheduled throughout the year include tours, speakers, concerts, and other activities. Advance announcements allow members to coordinate their schedules. See the *Special Events* section in this catalog or, for the most up-to-date information, check the ALRI website at www.ArlingtonLRI.org.

CURRICULUM AND LOCATIONS

ALRI offers courses in a wide range of categories: Fine Arts, Theater, and Music; Health and Wellness; History; Law, Politics, and Public Affairs; Literature and Writing; Science and Technology; and Social Science. Classes are scheduled Monday through Friday, 9 am to 5 pm. Classes meet once a week, for one-and-a-half to two hours, and the courses last from 4 to 10 weeks. Class sizes generally range from 6 to 25, although some classes are larger, with instructors making the final decisions about individual class sizes.

Many of the classes are held at the Arlington Public Schools' Clarendon Education Center (CEC), near the Clarendon Metro station. Other locations include George Mason University's Virginia Square Campus (GMU), Marymount University's Ballston Campus (MU), Lyon Village Community House (LV), Madison Community Center (MAD), and the Potomac Institute in Ballston (PI). Class locations are listed above the individual course descriptions. If a class location is not listed in the catalog, registrants will receive the information before the class begins. Please refer to the Maps and Directions page on the back inside cover of this catalog for transportation and parking options.

INCLEMENT WEATHER POLICY – OTHER SPECIAL CLOSINGS

If Arlington Public Schools (APS) cancels classes due to inclement weather or other civil emergencies, all classes held at the following sites are cancelled: CEC, LV, MAD, and PI. If APS announces a delayed opening, classes at CEC, LV and PI scheduled to begin during the delay are cancelled; those scheduled to begin after the delay will proceed on schedule. However, classes at MAD scheduled to begin during a morning delay will resume at noon.

If George Mason University – Arlington cancels classes, classes held at GMU are cancelled. If GMU announces a delayed opening, classes at GMU scheduled to begin during the delay are cancelled; those scheduled to begin after the delay will proceed on schedule.

If Marymount University cancels classes, classes held at MU are cancelled. If Marymount University announces a delayed opening, classes at MU scheduled to begin during the delay are cancelled; those scheduled to begin after the delay will proceed on schedule.

To learn the most up-to-date information:

- Listen to the radio or watch television
- View Arlington Cable, Channel 70
- Go to www.arlington.k12.va.us
- Call the APS toll-free hotline at 1-866-322-4APS
- Call GMU at 703-993-1000 or access www.ArlingtonLRI.org

Any other cancellations will be announced by email (and telephone, if necessary) in advance of the class.

ADA COMPLIANT FACILITIES

All ALRI sites have facilities that meet ADA standards. If a member experiences disability-related difficulties in class participation or other concerns, he or she should contact the classroom aide or call ALRI.

MEMBERSHIP AND REGISTRATION

ALRI membership is \$55 per year beginning the first month in which the dues are paid. It is nonrefundable. All memberships are individual. Each family member must join separately. ALRI is a nonprofit 501(c)(3) organization. The membership fee is a charitable contribution deductible from income taxes to the full extent permitted by law.

Only ALRI members may register for a course. The fee for each course (in addition to the annual membership) is \$45. Membership application and course registration forms appear in this catalog. These forms may be duplicated for additional copies. In addition, the membership form can be found in the Arlington Public Schools' Adult Education Spring catalog and membership and registration forms are available for downloading on the ALRI website at www.ArlingtonLRI.org. Only current forms should be used.

**ANNUAL MEMBERSHIP FEE IS \$55
FEE FOR EACH COURSE IS \$45**

Members are encouraged to pay by credit card to facilitate processing and any refunds but may pay by check. The course registration form and payment may be submitted with or after the membership form and payment.

ALRI
703-228-2144



Both the membership applications and the course registration forms, accompanied by credit card information or check(s), should be mailed or delivered to:

ADULT EDUCATION / ALRI
2801 Clarendon Boulevard, Suite 306
Arlington, VA 22201

REGISTRATION PROCEDURES

Catalogs are bulk mailed, which requires up to ten days for receipt by members. Any registration applications received in the ten-day period following the mailing of the catalog will be processed randomly; thereafter, they will be processed in the order received. Upon request, late registration may be possible with the permission of the instructor.

NOTIFICATION AND REFUNDS

Registration acceptance information will be mailed to members beginning in early February. The fee for any oversubscribed or otherwise closed course will be refunded or applied to an alternate course at the member's option. **Members desiring to drop a course before it starts will receive a full refund upon written request received by ALRI at least FIVE working days before the course begins (mail or e-mail, or by phone with immediate mail or e-mail follow-up). Any other request for a course fee refund should be explained in writing and will be considered on an individual basis.**

CLASSROOM AIDES

Members are encouraged to volunteer as a Classroom Aide for one of the courses they plan to attend. Aides are a vital component of ALRI's operation and are recognized as such by the reimbursement of their parking expenses while assisting their class. Class aide functions include communicating ALRI information to the instructors and their fellow class participants, and assisting instructors with their equipment and copying needs. They provide a valuable interface between other ALRI volunteers, the ALRI Administrator, and

the class attendees. See registration form to volunteer as a classroom aide.

BECOMING A "FRIEND OF ALRI"

Members, friends, and organizations can support ALRI with financial gifts. These funds help ALRI acquire classroom equipment and help reduce administrative costs. Inasmuch as ALRI is a nonprofit 501 (c) (3) organization, any donation is a charitable contribution deductible from income taxes to the full extent permitted by law.

CLUBS

ALRI encourages establishing educational and social clubs within the organization as a means of promoting lifelong learning and personal growth. Club membership is open to all ALRI members in good standing. The complete ALRI policy on clubs is available from the ALRI Administrator upon request.

DISCRIMINATION, COMMUNICATION AND PRIVACY POLICIES

Arlington Learning in Retirement Institute does not unlawfully discriminate on the basis of age, sex, race, color, religion, disabilities, or national origin in membership, employment or in its educational programs or activities.

PRIVACY POLICY

The Arlington Learning in Retirement Institute (ALRI) is committed to protecting member privacy and to ensuring the security of personal information collected. ALRI does not sell or lend out member information. **Internally, the email addresses in the ALRI data base are especially valuable resources for communicating last-minute changes as well as special event announcements, and members are urged to keep ALRI's administration informed when email addresses (or phone numbers) are changed.** A complete ALRI Privacy Policy Statement is available from the ALRI Administrator and on the ALRI website at www.ArlingtonLRI.org.

Spring Term Courses



Fine Arts, Theater, and Music

107 Opera: Divas, Divos, and Other Wild Beasts (Part II)

Instructor: John Edward Niles

- Tuesdays, 1:00 – 2:30 pm
- March 15 – April 19
- CEC (see Map Sites on inside of back cover)
- 6 sessions

Continue the journey through the wondrous world of famous 20th Century opera singers launched during the fall 2004 term. With the aid of recordings and video, the instructor will offer an in-depth and personal view of the period's outstanding opera stars. The class will examine the individual careers of selected performers as well as their place in 20th and now 21st century context. Stars from a number of countries will be included, and the class will explore the ways in which they may exemplify various national schools of singing. **Part 1 is not a requisite.**

John Edward Niles is Artistic Director and Conductor of the Opera Theater of Northern Virginia and Musical Director of Colva Productions. He graduated from Carnegie Mellon University and did graduate work at the Conservatory of Music of the University of Cincinnati. He has conducted at the Prague Eurofest, the Virginia Opera, and the Prince Georges Opera. He also worked with European/American Productions of Hannover, 1987-1998.

108 The Arts: Inspiration in Various Forms

Instructors: George Mason University Faculty

- Thursdays, 2:30 – 4:00 pm
- March 24 – April 28
- GMU (see Map Sites on inside of back cover)
- 6 sessions

This course on the arts will be taught by faculty from George Mason University and will explore various influences on artistic expression in

painting, theater, music, dance, and literature. Lectures will include slides, videos, and recordings to illustrate examples of the art forms being discussed.

Painting and Politics in 19th & 20th Century Germany (Marion Deshmukh)

Germany was transformed from a collection of small states in the middle of the 19th century to a great European and world power by the turn of the century. World Wars I and II and the postwar divisions dramatically altered Germany's government and culture. This lecture will describe the relationships between the politics of the 19th and 20th centuries and the artistic changes reflecting and, on occasion, opposing the politics.

Mathematics and Music (Daniele C. Struppa)

The fact that music can be described in mathematical terms has been well known for several millennia, and in fact the connection between music and mathematics is one of the pillars of Pythagorean philosophy. In this talk we explore these connections with examples taken from early Greek mathematics, philosophy, early astronomy and, of course, music. We will also show how contemporary musicians have interpreted this connection by looking at some of the groundbreaking work of the Romanian-Greek-French composer Xenakis who, like the Italian-Greek Pythagoras 2500 years earlier, uses mathematics to create music.

Dance as an Art Form (Dan Joyce)

A brief history of dance in the 20th century will cover the development of ballet and the invention of what we know now as modern dance. There will be a discussion of the continued enjoyment of dance as an entertainment form and as a participatory event. In addition to sharing his personal experiences in the dance world, the instructor will illustrate how dance is used today with video examples.

Science in the Theater (Daniele C. Struppa)

More and more frequently, science is the main subject of important theatrical works. Two

examples are the play *Proof*, in which a young mathematician discovers her father's proof of a great new theorem, and *Copenhagen*, about a mysterious meeting between physicists during World War II. We will illustrate how playwrights use science in a variety of ways when writing their works. Science can be used as part of the plot, as a source for myth, as a metaphor or, finally, as the underlying structure for the play itself as is clearly the case in the play, *now then again*. Additional examples, including some from contemporary movies such as *Pi*, will show where the same ideas are apparent.

Recommended reading: Plays to be discussed in class - *Proof*, *Copenhagen*, and *now then again*.

The Triple Rise of F. Scott Fitzgerald (Roger Lathbury)

F. Scott Fitzgerald triumphed three times in the twentieth century. He was famous as the youthful author of *This Side of Paradise*, a book that announced the new spirit of the 1920's, which Fitzgerald himself named the "Jazz Age." He became a great literary artist, producing two superb novels, *The Great Gatsby*, perfect in form and a central document in American culture, and *Tender is the Night* plus a dozen peerless, inimitable short stories. After he died he achieved the permanent literary fame that eluded him throughout his chaotic, drunken, sad personal existence. The class will be interactive and will consist of thirty or forty minutes of lecture and then a question-and-answer period.

Recommended reading: *The Great Gatsby* (if you haven't read it), and *Babylon Revisited*.

Popular Dance & the African Diaspora (Jim Lepore)

Through lecture and demonstration, we will explore the West African roots of popular culture in the Americas. Emphasis will be placed on dance and music of the Caribbean and its influence on North America.

Marion Deshmukh teaches German and European history and art history, specializing in courses on the Third Reich and Holocaust, and metropolitan cities of 19th and 20th century Europe. Her research and publications have focused on German Impressionist painters and politics, post-World War II arts policies in occupied Germany, on the arts in the

former GDR. She is the recipient of a Fulbright award, German Academic Exchange Fellowships, and a J. Paul Getty Fellowship. She regularly lectures for the Smithsonian Institution and is on the editorial board of *German Studies Review*.

Dan Joyce is an Assistant Professor in the Dance Department at George Mason University. After a ten-year career with the Mark Morris Dance Group, he came to GMU in 1999. Dan has created five works for the University Dance Company and served as rehearsal director for three guest artist pieces. He has also choreographed professionally for Theater of the First Amendment.

Roger Lathbury, who finds describing himself embarrassing, was born in New York and attended Middlebury College and Indiana University. He doesn't have a PhD, but he has written half a dozen books. He runs his own publishing company, collects glass paperweights, speaks French, and was once a Bob Dylan adept.

Jim Lepore, Associate Professor of dance at George Mason University, performed with the Jose Limon Company and Carolyn Carlson's La Fenice Dance/Theater. He has choreographed and instructed workshops nationally and internationally and since 1996 has directed Afro-Cuban dance workshops in Santiago, Cuba.

Daniele C. Struppa is the Dean of the College of Arts and Sciences at George Mason University, where he has been a Professor of Mathematics since 1988. His field of mathematical expertise includes the study of algebraic methods for the solution of differential equations. Such methods are the natural evolution of ideas, which first originated from projective geometry around the middle of the last century.



110 World Theater

Instructors: George Mason University Faculty

- Wednesdays, 10:00 – 11:30 am
(except on April 6, 9:30 – 11:00 am)
- March 9 – April 20
- GMU (see Map Sites on inside of back cover)
- 7 sessions

Several George Mason University professors present their analyses of pioneering plays and stage techniques that have shaped the world of theater through the ages.

The Play in Seven Acts:

March 9 - Faces of Tragedy: Theatrical Mask Through the Ages (Ken Elston)

This lecture discusses classical Greek performance practice with masks and compares

it to the many faces of mask performance in theater, from its origins to the modern day.

March 16 - Commedia Dell'Arte (Ken Elston)
Italy's *Commedia Dell'Arte* was a radical transformation in theater arts during the Renaissance. From 1550 to 1650, the improvisational form cemented changes in characterization and acting, dramatic criticism, theater architecture, and scenic design. This lecture will examine the development of *Commedia*, the stock characters that developed, and the lasting impact on theater and other forms of entertainment. We will look at the physical manifestations of the form and, in practical application, we will try out the playing of the art itself.

March 23 - On Shakespeare: His Life, Times, and Language (Ed Gero)

Shakespeare is considered the most influential writer for the stage in English. Although we have little documentation of his life, his treasure of plays remains. This lecture will explore some history of the Elizabethan stage; architecture, writers, and the so-called authorship question, and will pay particular attention to Shakespeare's technique of embedding directorial clues in text for the use of the discerning actor.

March 30 - Irish Theater (Cóilín Owens)

Since the founding of the Abbey Theatre in 1900, Irish dramatists have made a substantial contribution to modern drama. Irish authors have written some of the classics of realism, expressionism, verse drama, radio drama, and absurdism. The original aim of the Abbey was expressly nationalist: to give vent to the long-suppressed imagination of the Irish people by representing Irish life in terms resistant to colonial stereotypes. This brave undertaking soon transcended its original aim but not without difficulties. From the vantage point of a century later, the record is astonishing. A small and poor country of no more than 4 million people produced some of the masterpieces of the modern stage. Some of the works of W.B. Yeats, J.M. Synge, Sean O'Casey, Samuel Beckett, and Brian Friel have entered the canon of the international theater. This lecture will focus on the classic of

the early Abbey, John Millington Synge's *The Playboy of the Western World* (1907), which was highly controversial in Ireland and Irish-America. Participants should come to the lecture having read this play (find in suggested reading volume) or having attended its local production at the Keegan Theatre (February-March).

Suggested reading: *Irish Drama 1900-1980*, edited by Cólín Owens & Joan Radner Catholic University Press, 1990, 1999), reprints 18 representative plays.

April 6 - Character and Action in Chekhov's Plays (Kristin Johnsen-Neshati)

Celebrated for his masterful character portraits in drama and fiction, Anton Chekhov employed his skills as a doctor, social activist, and writer to examine Russian views on class, ambition, and love at the end of the nineteenth century. This session will focus on the play *Uncle Vanya* as the source of some of Chekhov's most memorable scenes. Through reading and discussion, the class will explore Chekhovian technique and identify the playwright's innovative approaches to character, play structure, and style. (Note change in class time for this session.)

Suggested reading: *Uncle Vanya* (will be provided to class a few weeks before the session).

April 13 - Ibsen and the Birth of Modern Drama (Rick Davis)

Henrik Ibsen helped change the face of world drama in the late nineteenth century with his unique combination of penetrating social insight, rigorous dramatic craft, and willingness to question traditions both dramaturgical and societal. Best known for his later prose plays such as *A Doll's House* and *Hedda Gabler*, Ibsen considered himself first and foremost a poet and sought to bring a poetic vision even to his supposedly realistic drama. This session will place Ibsen in historical context and show how his poetic and philosophical interests shaped his writing, creating a body of work that stands as one of the most significant in all of drama.

Suggested reading: Any one or two of the following: *A Doll's House*, *Ghosts*, *Hedda Gabler*.

April 20 - American Theater and Drama: A Status Report (Rick Davis)

From its beginnings as a colonial offshoot of English traditions, the American theater has struggled to define itself against established models and the ever-changing cultural landscape—and yet, despite the ‘fabulous invalid’ sobriquet that is often attached, it has somehow grown and even, in certain times and places, flourished. This talk will examine the roots of our native dramaturgy and consider its development in economic, social, and theatrical contexts, in an attempt to place the current state of the art in a broader historical perspective.

Dramatis Personae:

Rick Davis is Professor of Theater, Associate Dean of the College of Visual and Performing Arts, and Artistic Director of Theater of the First Amendment and the Center for the Arts. Before coming to George Mason University, he worked at Baltimore's Center Stage, taught at Washington College, and freelanced as a director, dramaturge, and writer. He is the co-author of two books, *Writing about Theatre* and *Ibsen: Four Major Plays*. He received his BA from Lawrence University and his MFA and DFA from the Yale School of Drama.

Ken Elston teaches movement, acting, and directing at George Mason University and continues to work professionally. Recently, Ken has been a guest artist at Catholic University and Maryland Institute Creative Art, teaching acting style and directing for film. He will direct Kafka's *The Trial* at George Mason University this spring semester.

Edward Gero has taught theater at George Mason University for 14 years focusing on classical acting, text analysis, characterization and verse speaking. He is one of 20 actors in the Shakespeare Theatre company in Washington, DC, having appeared in over 55 productions there and in other prominent Washington theaters. He is a 10-time Helen Hayes Award nominee, having received the Award four times for leading and supporting roles in both classical and contemporary plays.

Kristin Johnsen-Neshati has dramaturged for Theater of the First Amendment and taught on George Mason's theater faculty for ten years. She teaches courses in dramatic literature, theater history, non-Western drama, and theater criticism. She also works as a freelance theater writer, translator, and director. She received her BA in Russian and Theater from Swarthmore College and her MFA and DFA from the Yale School of Drama.

Cóilín Owens is an Associate Professor of English at George Mason University. He received his BA in Scholastic Philosophy at the University of Notre Dame, his MA in Anglo-

Irish Literature at University College, Dublin, and his PhD in British Literature at Kent State University. A native of County Roscommon, Ireland, he is a leading scholar of Irish language, culture, and literature.

112 Eighteenth Century British Art and History

Instructors: **Barbara and John Schnorrenberg**

- Wednesday, 1:00 – 2:30 pm
- March 16 – May 4
- MAD (see Map Sites on inside of back cover)
- 8 sessions

This course presents a selective survey of various aspects of the culture and society of Great Britain, ca. 1660-1830. Half of the meetings will be devoted to the visual arts, the other half to political, economic, and social history. Between the Restoration and the age of Jane Austen and George IV, Britain emerged as the number one power. Her political, industrial, and social structures, developed during this period, shaped the world ever since. Among artists considered will be the architects Christopher Wren, James Gibbs, Robert Adam, and James Wyatt; the sculptors Michel Rysbrack, Louis Francois Roubillac, Josiah Wedgwood, and John Flaxman; the painters William Hogarth, Joshua Reynolds, Thomas Gainsborough, and John Constable. Such interesting figures as Henry Holland, Anne Damer, and Anna Maria Garthwaite will not be overlooked.

Barbara Brandon Schnorrenberg, an independent historian whose specialty is eighteenth-century Britain, has published a number of articles and encyclopedia entries on women and social history of this period. She has taught at the University of North Carolina in Greensboro and Chapel Hill and at the University of Alabama.

John M. Schnorrenberg, Professor Emeritus of Art History at the University of Alabama at Birmingham, previously taught at Columbia University and the University of North Carolina at Chapel Hill. His most recent book was on Birmingham churches. He has taught three other ALRI courses.



Health and Wellness

202 Estate Planning Fundamentals and Advance Health Care Directive Workshop

Instructor: **Sarah Parks**

- Thursdays, 11:00 am – 12:30 pm
- March 10 – April 14
- MAD (see Map Sites on inside of back cover)
- 6 sessions

This course will devote one session each to the following components of estate planning:

1. Financial and Medical Powers of Attorney
2. What is probate, and do I need to avoid it
3. Use of wills and trusts
4. Accumulating records necessary to settle an estate
5. Advance Health Care Directive Workshop
6. Maintaining your independence and quality of life

The fifth session is a workshop on the Advance Health Care Directive (AHCD), a power of attorney allowing you to make choices about medical care you will receive during periods of incapacity. The workshop will feature a lecture, followed by a period to complete the AHCD document, with help from the instructor, if needed.

The sixth session will be a class that emphasizes information that retirees might use in considering choices in retirement living facilities, as well as information on legal and other issues involved in maintaining financial and medical independence in case of incompetency.

Recommended reading: *Hard Choices for Loving People*, (applies to the fifth session).

Sarah Parks is an attorney specializing in estate planning with Custom Estate Planning in Springfield, Virginia. Sarah, a graduate of Randolph-Macon Woman's College in Lynchburg, Virginia, has a law degree from George Mason University School of Law and a Master's in Taxation from Georgetown University Law Center. She has previously taught this course at ALRI.

206 How Your Body Works and What Can Go Wrong

Instructor: **Tom Connally**

- Tuesdays, 9:00 – 10:30 am
- March 15 – May 24 (no class April 12, April 19)
- CEC (see Map Sites on inside of back cover)
- 9 sessions

Tom Connally, MD, explains how the human body functions in terms we all can fathom. He explains what so many of us wish we understood better. This course will devote one session to each of the following:

- **The Cardiovascular System** (a) The anatomy and function of the heart and blood vessels.
- **The Cardiovascular System** (b) The causes and progression of heart attacks, congestive heart failure, and heart rhythm disturbances.
- **The Nervous System** (a) — Structure and Function. The brain, spinal cord, and peripheral nerves. Neurons and synapses.
- **The Nervous System** (b) — What Can Go Wrong. Strokes, Alzheimer's, multiple sclerosis, psychiatric disease.
- **The Respiratory System** — Bronchitis, emphysema, asthma, and pneumonia.
- **The Gastrointestinal System** — Esophageal reflux, ulcers, irritable bowel, colon polyps and cancer.
- **Endocrine, Reproductive and Urinary Systems** — How the Glands Work. Pros and cons of hormone replacement for men and women.
- **Blood** — Red cells, white cells, plasma, platelets. Anemia, leukemia, platelet disorders.
- **Skin, Eyes, and Ears** — Problems as each of the three age.

Tom Connally has a BA in Philosophy and an MD from the University of Virginia and is a Fellow of the American College of Physicians. He has practiced general internal medicine for thirty-two years and been a member of the clinical faculty at Georgetown and Chief of Medicine at Sibley Hospital. He has given several other popular courses for ALRI.

History

303 Medieval Rome

Instructor: *Tom Wukitsch*

- Thursdays, 10:00 am – 12:00 noon
- March 10 - May 12
- MAD (see Map Sites on inside of back cover)
- 10 sessions

Rome didn't really "fall." But it did change dramatically after 312 AD when Constantine left for his new capital, Constantinople, taking the Roman government bureaucracy with him. This left a vacuum that the Church endeavored to fill. Rome's Medieval period saw barbarian invasions, plagues, and foreign hegemonies that led to population decline. Then came short-term restorations, Carolingian interventions, 9th century mini-renaissance, and global warming which led to population growth and prosperity. The Medieval period ended with another economic collapse caused by the end of the "Medieval Warm Period" closely followed by the arrival from Asia of the "Black Death" plague that wiped out 30 to 50 percent of Italy's and Europe's urban populations. These were exciting times in Rome and in Italy, and the class will cover it all in ten two-hour sessions. Slides and information for each of the sessions are already on the Internet at <http://www.mmdtkw.org/ARLItkwPages.html>.

Recommended website:
<http://www.smatchinternational.org>.

Tom Wukitsch served in the US Navy and then had a career as a member of the Foreign Service, specializing in the Middle East and Western Europe. He also served several tours of duty in the State Department's Intelligence and Research Bureau. After retirement from the State Department, he spent four years in Rome studying and teaching Rome's history, archeology, art, and architecture. He is on the advisory board of SMATCH (Scientific Methodologies Applied to Cultural Heritage), an international nonprofit organization.

305 Arlington History

Instructor: *W. Karl VanNewkirk*

- Mondays, 3:00 – 4:30 pm
- April 11 – May 23
- Varied Arlington locations
- 7 sessions
- Maximum of 15 participants

[Note: The first class will meet at the Arlington Historical Museum, 1805 South Arlington Ridge Road; directions are provided below. Subsequent locations and directions will be provided at the first meeting. A moderate amount of walking will be involved in touring the historical Arlington locations.]

This is a survey of the history of Arlington from the time before the arrival of European settlers to the present. Several historic buildings and neighborhoods will be visited. The course will be presented in seven sessions:

- 1. Overview** Written and internet resources for further research, resources at the Virginia Room of the Arlington Central Library, guided tour of the Arlington Historical Museum.
- 2. Arlington before the Europeans** From the first humans to visit Arlington, the Paleo-Indians, to the Nacotchtank tribe of Algonkians visited by Captain John Smith: what we know (and don't know) about the way they lived. Hopefully, we will also see a dugout canoe in the making.
- 3. Eighteenth Century Arlington** Early landowners, both famous and not-so famous: Howson, Alexander, Lee, Mason, Washington, Custis, and Ball. A tour of the oldest house in Arlington and a visit to one of the original stones marking the county boundary will be included.
- 4. Early Nineteenth Century and the Civil War** George Washington Parke Custis, builder of Arlington, and some of his neighbors; Arlington as part of the District of Columbia and its return to Virginia; roads, bridges, and the Alexandria Canal; Arlington

during the Civil War. We will tour the remains of a Civil War fort.

- 5. Black History** Two major "data points" in the history of African-Americans in Arlington: the slave experience at Arlington House and the lives of former slaves at Freedman's Village. We will tour Arlington House and its slave quarters.

- 6. Reconstruction and the Beginnings of Modern Arlington** The Virginia Constitution of 1870; the post-War status of the Arlington plantation; the beginnings of subdivision development; corruption and reform. Time permitting, we will tour an 1890s neighborhood.

- 7. Arlington in the Twentieth Century** The Virginia Constitution of 1902; Luna Park and the Arlington Radio Towers; development of our civic infrastructure and current form of government; the effects of World War II on Arlington; Metro, I-66, and "smart growth."

Directions to the Arlington Historical Museum:

From North Arlington, take Arlington Boulevard or Washington Boulevard to their intersection. Follow Washington Boulevard (Rt. 27) toward the Pentagon and I-395. Just past Columbia Pike, follow the signs to Ridge Road. After crossing the bridge, turn right at the yield sign; the museum is 200 yards on the left.

From South Arlington, take Columbia Pike east (toward the Pentagon). Take the ramp to Washington Boulevard and I-395, but **do not** merge; instead, take the **second** (left) exit from the ramp to Ridge Road. After crossing the bridge, turn right at the yield sign; the museum is 200 yards on the left.

From Crystal City, take 23rd St. West (up the hill). At the traffic light at the top of the hill, turn right on Arlington Ridge Road; the museum is 0.4 mile on the right. Directions to the other class meeting points will be provided at the first meeting.

Karl VanNewkirk is past president of the Arlington Historical Society and has edited its annual magazine since 1992. He has been a member of the board of directors of the Arlington Black Heritage Museum since its inception, works as a volunteer for the Archeology department at Gunston Hall, and is currently working on the genealogy of his family. He is a member of a variety of local historical, archeological, and genealogical organizations.

308 Cuba and the United States

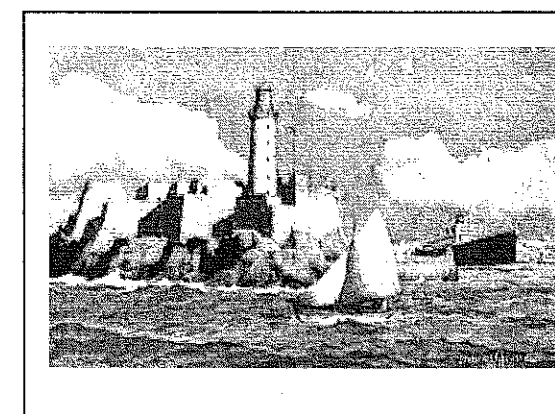
Instructor: *Lawrence H. Berlin*

- Mondays, 1:00 – 2:30 pm
- March 14 – May 2
- GMU (see Map Sites on inside of back cover)
- 8 sessions

Currently, United States/Cuba relations revolve around Castro, Communism, and the Cuban-American vote in Florida. The history is richer and more complex. The US long coveted Cuba, but circumstances prevented acquisition and hegemonic domination was substituted. Topics will include the three Cuban revolutions, the erosion of Cuban democracy, Fidel Castro's successes and failures, and Cuba's future prospects. Lesser-known facts about the Cuban missile crisis and Castro's role in freeing Africa from colonialism will be explored.

Assigned reading: *Cuba Between Reform and Revolution*, by Louis A. Perez, Jr. (Oxford University Press).

Lawrence Berlin is retired from the World Bank. He served in the US Embassy in Havana in 1951-1953, and he revisited Cuba in 1987 and 2002. He has taught this course several times at the Institute for Learning in Retirement in Washington, DC.



Havana Harbor

310 Greece - The Birthplace of Our Civilization

Instructors: *George Mason University Faculty*

- Fridays, 11:00 am – 12:30 pm
- April 1 – May 6
- GMU (see Map Sites on inside of back cover)
- 6 sessions

April 1 - Black Athena (*Randy Lytton*)

Black Athena: What was the influence of early eastern Mediterranean cultures, especially Egypt, on classical Greece? We will explore the controversy over the relationship between East and West in the early ancient history.

April 8 - Myth and Literature of the Classical World, The Trojan Saga (*Olga Arans*)

Literature of the classical world constitutes the legacy shared by the entire Western civilization. European languages and fine letters are based on the Roman foundation; the Romans based their culture on Greek tradition; but the Greeks, the first literary culture of Europe, appear suddenly as if from nowhere, drawing their inspiration from the realm of myth and folklore. The Greek saga of the Trojan War, perhaps the most famous and profound story of love and politics, loyalty and betrayal, passion and callous calculation, honor and shame, individuality, family, civility, sacrifice, destruction and new creation, encompasses the Greek sense of the universe – from its very origins to the collapse of the "Heroic Age." This story, the subject of the Homeric poems the *Iliad* and the *Odyssey*, the first and foremost monuments of Greek literature, provides a perennial source of all subsequent literary tradition of Greece and Rome, as well as the medieval and modern Europe.

April 15 - The First Philosophers of Ancient Greece (*Rose Cherubin*)

When one thinks of ancient Greek philosophy, one usually thinks first of Socrates, Plato, and Aristotle, the three great Athenian philosophers of the fifth and fourth centuries BCE. But these three saw themselves as continuing and expanding something that had been going on for some time. They acknowledged debts to philosophers whose

works are not as well-known today as they deserve to be.

April 22 - Classical Athens and Modern Democracy (*Randy Lytton*)

Classical Athens and Modern Democracy: Why and how did democracy develop in classical Athens? How did the other ancient Greek city-states view it, and what role did it play in the formation of modern democracies, especially our own?

April 29 - Sex and Gender in Ancient Greece: Philosophy, Poetry, and Drama (*Rose Cherubin*)

Ancient Greek societies had notions about sex differences, gender roles, and sexuality that are different from what is common today. Writers of poetry, tragedy, comedy, and philosophy portrayed and reflected on these views in ways that are illuminating today. This lecture will look at representations and ideas about sex and gender in vase painting as well as in the writings of Homer, Pindar, Parmenides, Aeschylus, Plato, Xenophon, and Aristotle.

May 6 - Alexander the Great (*Randy Lytton*)

Alexander the Great changed the direction of Greek civilization, opening up the eastern Mediterranean to the interaction of European and Asian cultures. He also became a model for Western imperialism.

Olga R. Arans holds a BA and MA in Classics and Folklore from the University of Petersburg, Russia and a PhD in Classical Philology from the University of Illinois at Urbana-Champaign. She is an Adjunct Professor of Classics at George Mason University, where she teaches a variety of courses in Greek and Roman culture.

Rose Cherubin is an Associate Professor of Philosophy at George Mason University and is also a member of the faculty in both African-American Studies and Women's Studies. She holds a Bachelor of Fine Arts degree from the School of Visual Arts, New York City, and received her PhD from the Graduate School of the City University of New York in 1996, with a dissertation on the philosopher Pythagoras (c.515 - c.450 BCE).

Randy Lytton is Associate Professor of History and Art History at George Mason University. He holds a PhD from Pennsylvania State University and has been teaching history at George Mason University since 1972. His teaching specialty is in ancient Greek and Roman history, especially the political development of classical Athenian democracy

and Roman republicanism and their relationship to modern political systems. His research interest is Alexander the Great.

314 The Gettysburg Campaign: An American Epic

Instructor: *Robert Stone*

- Thursdays, 3:00 – 4:30 pm
- March 10 – May 12
- CEC (see Map Sites on inside of back cover)
- 10 sessions

The battle of Gettysburg is considered by many historians as the turning point of the American Civil War. We will try to get inside the minds of the leaders on both sides as we explore this great American epic. Starting with the political and military situation in May 1862, we will study the actions of such men as Abraham Lincoln, Jefferson Davis, George G. Meade, Robert E. Lee, Daniel Sickles, James Longstreet, George Custer, JEB Stuart, and many others. Learn about the suffering of the citizens of Gettysburg and central Pennsylvania caused by this, the greatest battle fought on the North American continent. Discover the importance that civilians played. Follow along as Lee tries to get his defeated army back across the Potomac to safety in what many military historians think is one of the greatest logistical movements in American army history. Discuss the political and military situation that existed after this battle and why this may have been the turning point of the war and the Confederate "high tide." The course comprises nine lecture/discussions and an optional day-long field trip.

Recommended readings: *The Killer Angels*, Michael Shaara (Ballantine Books).

Optional field trip: Gettysburg Battlefield (cost to be determined).

Bob Stone has studied the Civil War extensively for over 40 years and has visited almost every major battlefield east of the Mississippi. Bob has also taken adults on tours of local battlefields. He has a BS from West Virginia University and has taught classes at the Northern Virginia Community College.

316 The Influence of Rasputin on the Imperial Russian Court

Instructor: *John Colozzi*

- Wednesdays, 11:00 am – 12:30 pm
- April 13 – May 11
- GMU (see Map Sites on inside of back cover)
- 5 sessions

The reign of Nicholas and Alexandra (1894-1917) is one of the most tragic episodes in modern history, both for Russia and western civilization generally. A great potential for positive change was lost when these two monarchs stubbornly clung to outdated concepts abandoned by their contemporary counterparts. What were the real factors behind the extraordinary events that ended this unfortunate dynasty and brought on the Russian Revolution? Was a singular person (the "Mad Monk" Rasputin) truly responsible for this awesome catastrophe, or was he, too, simply another victim in a drama of tragic players? While the usual dates and events will be presented, this will not be a "typical" history course of battles and politics. Instead, focus will be placed on the commentary of actual individuals who were present. Their lifestyles and points of view will be examined. Participants will receive a reading list of prominent witnesses and biographers, and class discussion will be encouraged.

John Colozzi is a retired professor of history and sociology. He received his BA from Boston University, his MA from the University of Rhode Island, and his PhD from Vanderbilt University. His specialized areas of expertise are Russian History, European History from the Renaissance and Reformation to the First World War, Sociology, and American Education. Following a teaching career in Rhode Island, Vermont, and Tennessee, he worked for fifteen years in the federal service in a number of countries in Western and Eastern Europe.

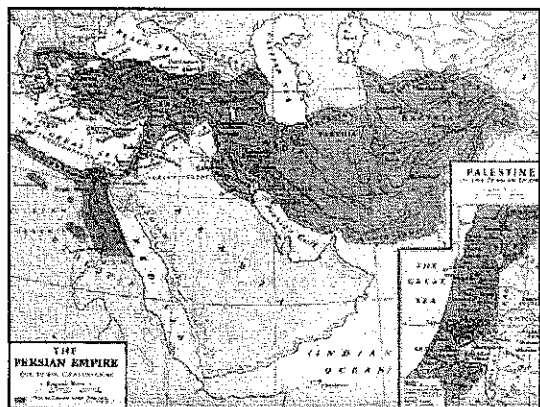
320 The United States and the Middle East, 1914 to the Present

Instructor: *Orval Hansen*

- Wednesdays, 11:00 am – 12:30 pm
- April 6 – May 11
- CEC (see Map Sites on inside of back cover)
- 6 sessions

The course will examine the role of the United States in the Middle East from the period of World War I and the breakup of the Ottoman Empire through the beginning of the 21st century. These will include the interwar period and World War II, the Cold War in the Middle East, the creation of the State of Israel, the Suez Canal Crisis and Arab nationalism, conflicts between Israel and its Arab neighbors and US diplomatic initiatives, the Iranian revolution and the hostage crisis, the energy crises of the 1970s, the Soviet invasion of Afghanistan, relations with the Kurds, the first Palestinian Intifada, the Gulf War, the Oslo Peace process, the "Road Map" and the aftermath of 9/11.

Orval Hansen earned a BA at the University of Idaho and a JD, LL.M., and PhD in Political Science at the George Washington University. He also pursued post-graduate studies at the London School of Economics. He served ten years in the Idaho Legislature and six years in the US House of Representatives. Upon retirement from Congress he founded and served as president of the Columbia Institute for Political Research, an organization devoted to public policy research and education.



Law, Politics, and Political Affairs

402 The Bill of Rights: Its History, Current Interpretations, and Future

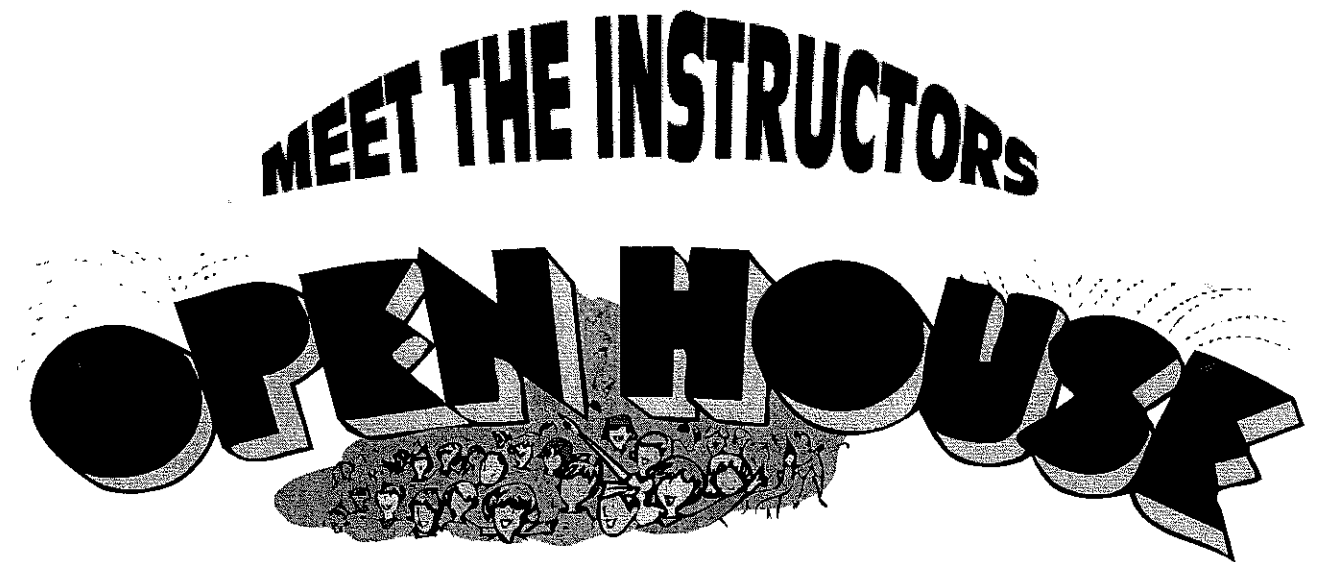
Instructor: *Robert L. Weinberg*

- Thursdays, 1:00 – 2:30 pm
- April 14 – May 12
- GMU (see Map Sites on inside of back cover)
- 5 sessions
- Maximum of 20 participants

This course will present an overview of the rights guaranteed Americans by the first ten amendments to the Constitution of the United States. The class will also consider how the Supreme Court has interpreted a number of the specific provisions of the *Bill of Rights*, including free speech, free exercise of religion, the right to bear arms, security against unreasonable searches and seizures, the privilege against self-incrimination, the prohibition against double jeopardy, the guarantee of due process of law, the right of the accused to indictment by a grand jury and a speedy trial in public by a petit jury, the right to assistance of counsel and to bail, and the prohibition against cruel and unusual punishment. Finally, the course will consider the extent to which the provisions of the *Bill of Rights* – which were adopted as limitations upon the federal government – have been made binding upon the states by virtue of the Fourteenth Amendment. Recommended reading: *The Bill of Rights: Creation and Reconstruction* by Akhil Reed Amar.

Robert Weinberg received his Bachelor's and Law Degrees from Yale and his PhD in Economics from the London School of Economics. He is a retired founding partner of the Washington, DC, law firm of Williams and Connolly, formerly headed by the famous advocate Edward Bennett Williams. He has litigated constitutional issues for over thirty-five years, specializing in the defense of the accused in criminal cases. He is now Adjunct Professor at the George Washington University School of Law and Visiting Lecturer at the University of Virginia Law School.

NOTE:
Course Descriptions Continue on
Page 21.



Friends or Relatives Interested in
Exploring ALRI Membership are Welcome!!

Friday, February 11

9 am - 12 noon

at GMU-Arlington



ALRI Membership Form

(Please use one per person)

OFFICE USE ONLY ...check
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Name

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Preferred First
or Nickname..... Title..... Suffix.....
Sex: ☐ Male ☐ Female

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(Complete only if new member, or updating information.)

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Phone: Home or Cell (.....).....
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Information Sharing:

Check no if information is not to be shared in member directory. A blank is assumed to be "yes."

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Annual Membership Fee: \$55.00 per person

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Spring 2005

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Information Sharing

Your eMail and phone number will be available to class members unless you check "No"
eMail ☐ No Phone Number ☐ No

Requested Courses List the names and numbers of each course. If you are willing to be a class aide, write "A" in the Aide column.

Course Name (Use short name)	Course #	Aide

Payment Information

Mail F **Adult Education/ALRI**
2801 Clarendon Blvd. Room 306
Arlington VA 22201

☐ \$45 (1 course) ☐ \$90 (2 courses) ☐ \$135 (3 courses) ☐ \$180 (4 courses) ☐ \$225 (5 courses)

Payment Method

(Credit card preferred for ease of processing.)

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Card Number
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Specials

Don't Miss these Special Events for Members!
(more details in our Special Events section)

TEN UNKNOWNNS

Join us for 5 session on the Ten Unknowns, a Washington Premier about an obscure artist living in Mexico who finds his work suddenly hip in NY. Our series begins on Tuesday, February 17th at 5 pm in the Signature Theatre with a presentation by Director Rick DesRochers and his design team presenting their approach to this production: selecting the play; the script, from the page-to-stage.

MILLICENT FENWICK

Find out more about the colorful Millicent Fenwick (1910-1992; after whom Lacey in Doonesbury was modeled). Come to our Author Event with Amy Shapiro at 3 pm at the Arlington Central Library as Amy discusses her book about NJ Congresswoman Millicent Fenwick. Here's what the NY Times said of her in its obituary:

In a debate over equal rights for women, she once recalled, a male legislator said: "I just don't like this amendment. I've always thought of women as kissable, cuddly, and smelling good." Her reply was classic Fenwick: "That's the way I feel about men, too. I only hope for your sake that you haven't been disappointed as often as I have."

See the full schedule of events in our
Special Events section.

Spring Term Courses (Continued)

406 Fundamentals of Terrorism

Instructors: *Potomac Institute for Policy Studies Faculty*

- Tuesdays, 11:00 am – 12:30 pm
- March 29 – May 10
- PI (see Map Sites on inside of back cover)
- 7 sessions

Fundamental to countering terrorism is a solid understanding of its core underpinnings. This course provides an introduction to terrorism by examining briefly its history (as we know it), its causes, its methods, and its likely trends. Through lectures and class participation, the course will help develop an understanding of the forms of terrorism, both conventional and the so-called super-terror domains of biological, chemical, cyber (computer-network-based), and nuclear-radiological.

Included in the study will be an introduction to various emerging technological means of addressing terrorism (from vaccines to data mining), with equal consideration for the protection of individual privacies that Americans expect but which may be threatened by the use of technology, especially by the government. The course is academic; it is not aimed at provoking a sense of nationalism or ideological superiority. The presentations are provided by faculty from the Potomac Institute for Policy Studies, which includes the International Center for Terrorism Studies (ICTS), the National Security Health Policy Center (NSHPC), and the Potomac Research and Analysis Division, which conducts Project Guardian: Maintaining Civil Liberties in the Information Age.

This course has been presented in three previous ALRI terms; some of the prior faculty members were:

Yonah Alexander [Historical Aspects of Terrorism] has published over 90 books on the subjects of international affairs and terrorism in his 35 years of experience. He is Director of the Inter-University Center for Terrorism Studies and Co-Director of the Inter-University Center for Legal Studies and is the former Director of Terrorism Studies at

The George Washington University and the State University of New York.

Daniel Gallington [Terrorism and Its Impact on Your Privacy and Civil Liberties], former Special Assistant for Special Operations and Combating Terrorism to Under Secretary of Defense for Policy and former Chief Counsel to the National Commission for the Review of the National Reconnaissance Office.

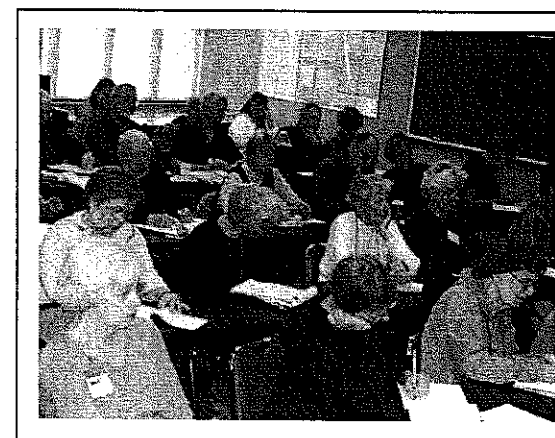
David Kay [Nuclear Terrorism], former UN Chief Weapons Inspector and former Secretary General of the Uranium Institute.

Dennis McBride [Psychology of Terrorism], former Program Manager at DARPA, ONR, Navy Medical R&D Command. He has held faculty positions in Arts and Sciences, Engineering, and Neurosciences, chaired panels at the National Academy of Sciences, and is Adjunct Professor at Georgetown Public Policy Institute.

Stephen Prior [Biological Terrorism], former CEO of a vaccine company and a leader in the field of medical defense against the threat posed by biological weapons.

Michael Swetnam [Cyber Terrorism], Member, Technical Advisory Group to the US Senate Special Select Committee on Intelligence; and Member, Defense Science Board Task Force on Countering Terrorism and the Task Force on Intelligence. He was Special Consultant to President Bush's Foreign Intelligence Advisory Board from 1990 to 1992.

Course location: Conference Room, Potomac Institute for Policy Studies, Ballston Metro Center Office Tower, Suite 200, 901 N Stuart St., Arlington, VA 22203. Located directly above the Ballston Metro Station and across from Ballston Mall. Please use Potomac Institute's mezzanine-level entrance accessed only by taking the building lobby's elevator up one level to the mezzanine level and then ringing the doorbell for admittance to the Potomac Institute.



411 International Relations Tour d'Horizon

Instructors: *Foreign Affairs Professionals*

- Mondays, 3:00 – 4:30 pm
- March 21 - May 9
- LV (see Map Sites on inside of back cover)
- 8 sessions

This new version of ALRI's most popular course of the past three terms features new subjects and, as the international and policy landscapes are ever-changing, presents updated approaches on previous areas of concern. Career foreign affairs professionals give insiders' perspectives on Brazil, Israel-Palestine, Iraq and the Arabian Peninsula, Cuba, Africa, Public Diplomacy, the Peace Corps and the current state of the US diplomatic establishment.

Iraq and the Arabian Peninsula

In March 1916, the British army had defeated the Ottoman Empire and marched into Baghdad as "liberators." Believing the natives not ready for self-government, they merged three disparate areas and peoples and tried to govern it themselves. That failing, they turned to the more educated Sunnis to run things and, in 1932, gave self-government to the country they had created. What does the past teach? With two-thirds of the world's oil reserves, the Arabian Peninsula and states bordering the Persian Gulf cast long shadows on US interests even before our armed intervention in the area. The area has evolved and US policy toward it is evolving in response to profound social and security dilemmas.

Stephen W. Buck served 39 years in the US Foreign Service at eight posts in the Arab world, including Deputy Chief of Mission in Baghdad during the Iran-Iraq war. As the Sultan Qaboos Fellow at the Middle East Institute, he co-directed a MacArthur Foundation-funded study that led to a book, *The Gulf, Energy and Global Security*.

American Diplomacy in a Post-September 11 World

Since September 11, the tools of traditional diplomacy have proven hardly sufficient to carry out the ambitious global agenda of the world's only superpower. Winning the war on terrorism and maintaining a leading role in international

affairs are goals that cannot be achieved with the help of governments and multinational institutions alone. It is vital to have support from ordinary people around the world, many of whom have never met an American and know little about the United States. Persuading foreign governments to do things they would not otherwise do remains a significant part of a diplomat's job. But the new demands on diplomacy require much broader engagement and more direct communication with the citizens of various countries, as well as stronger emphasis on advocating American values and policies.

Nicholas Kravlev is a diplomatic correspondent for *The Washington Times*. He is based at the Department of State and traveled with Secretary of State Colin L. Powell, as well as on individual assignments around the world. In 2003, he visited 41 countries on five continents. Author of an eight part series on the Foreign Service, *America's Other Army*, he is also a former writer for the weekend edition of *The Financial Times*, where his work focused on foreign policy and cultural issues.

The Peace Corps at 43

Throughout its history, the Peace Corps has adapted and responded to the issues of the times and the need to promote international understanding is more critical now than ever. Founded in 1961, and now with more than 169,000 Americans having served, the mission remains constant: promoting peace and understanding by providing volunteers to transfer technical expertise and skill training so that others may improve the quality of their own lives; and improving Americans' understanding about the world and its peoples. This overview will consider not only the challenges of four decades of Peace Corps volunteer programs but also the long-lasting friendships and effects on individuals and communities in many countries and on the volunteers.

Ellen M. Paquette served with the Peace Corps for more than 21 years, beginning as a volunteer in Liberia from 1972-78 and remaining there on staff until 1983. She returned to the Peace Corps in 1991 in Morocco as Training Director and Country Director. From 1997-2001 in Washington, DC, she was Regional Director for the largest region, Eastern Europe, the Mediterranean and Asia, overseeing programs in 24 countries.

Brazil: Global Player

The session is a status report on the politics, economics, and foreign policy of South America's largest and most populous country. Latin America in general has evolved from the traditional rhetoric of exploitation and dependency and nowhere more dramatically than under President Lula da Silva, who has dampened fears of his rise from a leftist labor background by leading Brazil pragmatically into the global economy. Its defeat of inflation has opened the economy to the US and others. Illustratively, Brazil is becoming an important trading partner of China, shipping aircraft, iron, soybeans, chicken, beef, and help in building nuclear reactors while receiving major investments in steel, construction, and port modernization. Oil at \$50 a barrel is making Brazil's production of ethanol from sugar cane a growth leader.

Stephen F. Dachi served as Peace Corps Director in Brazil, was Director for Latin American and the Caribbean for USIA and Consul General in Sao Paulo. As Visiting Senior Fellow at the Center for Strategic and International Studies, he carried out a two-year study of environmental, social, political, and economic issues in the Brazilian Amazon. While in Sao Paulo, he led the investigation which resulted in the definitive identification of the notorious Nazi war criminal Joseph Mengele.

Israel and Palestine – Is Peace Possible?

The former top American diplomat in the epicenter of Middle East turmoil, Jerusalem, will conduct an analysis of the Israeli-Palestinian conflict, examining domestic and international aspects and varied proposals for a solution. Is this an intractable conflict and a "zero sum game" for which there is no solution? Can and should the United States intervene more vigorously?

Philip C. Wilcox, during his 32 years in the US Foreign Service, served as United States Chief of Mission in Jerusalem and Ambassador at Large for Counterterrorism and as Deputy Assistant Secretary of State for Intelligence and Research, among other diplomatic assignments. He is currently President of the Foundation for Middle East Peace.

Cuba: The Enduring Anomaly

US policy during the administrations of 10 presidents has been to unseat Fidel Castro. "Perhaps the most striking thing about the policies has been the near-total disjuncture between stated objectives and means chosen to achieve them," says the head of a major think tank's Cuba Policy

Program. No other government supports US policy toward Cuba. The communist strongman has survived invasion, economic and travel embargoes, diplomatic pressure, and disastrous abandonment by his Soviet patrons. He has sent armies to Africa and doctors to poor neighbors, persecuted the church and welcomed the Pope, jailed dissidents, and rationed food and clothing while health and literacy indices have soared. What's going on and what might happen when Castro no longer rules his time-capsule island?

Wayne S. Smith is a Senior Fellow and heads the Cuba program at the Center for International Policy. He also is Adjunct Professor of Latin American Studies at Johns Hopkins and directs the University's academic exchange program with Cuba. During 25 years with the Department of State, he served in the Soviet Union, Argentina, Brazil, and Cuba, where he headed the US Interests Section (de facto embassy) before retiring after disagreements with US policy. Author and editor of various books on Latin America, he holds a PhD and three MA degrees.

Africa – How Involved Should We Be?

Africa has more than its share of poverty, corruption, ethnic violence, failed states, and HIV/AIDS. How should the United States deal with this vast, complex, and troubled continent? Former Senator Patrick Moynihan once suggested that the peoples of Africa might fare better were the United States, and others, to treat them with "benign neglect." What are US interests in Africa? How involved should we be? This lecture will explore some of the diplomatic lessons the instructor learned from his years of service in Africa.

Willard A. DePree is a retired diplomat whose assignments included Egypt, Ghana, Sierra Leone, the Department of State's Policy Planning Staff and Bureau of Intelligence and Research. A top State Department Africanist, he served as Ambassador to Mozambique. Since retiring, he has had assignments in Africa and lectured extensively. He is a graduate of Harvard and the University of Michigan.

Public Diplomacy: Telling America's Story to the World

"Why do they hate us?" was asked from the White House to Capitol Hill to the national media after 9/11. Answers were as varied as analyses of political Islam, unilateral foreign policy, globalization, and a host of possible contributing factors. But since the 1940s, the US government has been conducting programs to address the

importance of how foreign publics worldwide perceive the US. WWII and the Cold War definitively illustrated how foreign public opinion impacts on American national interests. Our response was the coordinated conduct of what came to be called public diplomacy: government sponsored programs intended to inform or influence public opinion abroad and conducted until 1999 by the US Information Agency. This was contrasted with traditional diplomacy's emphasis on relations with foreign governments and focused on the media and academic institutions and other entities which could impact on those governments and American interests generally. A seasoned field officer will provide perspective of how we have gone about this crucial task and examine both successes and limits of what can be done.

Michael Canning is President of the United States Information Agency Alumni Association and, for 28 years, was a practitioner of public diplomacy in eight overseas posts on four continents. On Washington assignments, he served in senior positions in USIA's film and television service, personnel, and publications. In retirement, he has been called by the State Department as a consultant in public affairs.

412 Feeding the World's People

Instructor: Martin M. McLaughlin

- Mondays, 9:30 – 11:00 am
- March 14 – May 2
- CEC (see Map Sites on inside of back cover)
- 8 sessions
- Maximum of 12 participants

The chronic hunger suffered by about 800 million people around the world gives rise to a simple question: why, in a world that produces enough food to feed every person on the planet, are so many – fully one-seventh of the world's population – denied access to a normal human diet? This course will deal with that question by looking at the structure and dynamics of the global food system from a basically political point of view. The course will cover:

- An overview of the main processes and activities in the global food system – supply

and production, demand and distribution, and both bilateral and multilateral agricultural trade

- Specific items like the effects of food aid and food subsidies on the food security in food-deficit countries
- Food safety and the quality of diet in relation to food security
- Genetically modified foods – boon or bane?
- Food and agriculture as a subsector of the overall globalizing economy
- The US food system and US food policy

Martin McLaughlin has a BA from the University of Portland (Oregon) and his PhD from the University of Notre Dame. He was a federal executive for 25 years in the Department of State and USAID. He was Vice President of the Overseas Development Council and later chief consultant on food and economic policy to the US Catholic Conference. Martin's book, *World Food Security*, was published in 2002. He has testified before Congress, attended UN global meetings, and lectured on the global food situation and issues of global economic policy. Today he is at the Center of Concern in Washington, DC.

414 The United States Congress: How It Works – A Study of Sausage- Making

Instructor: Richard A. Barton

- Fridays, 1:00 – 2:30 pm
- March 11 – April 29
- GMU (see Map Sites on inside of back cover)
- 8 sessions

We read about Congress every day, but how many of us really know how it works? This course will begin with the constitutional origins and institutional development of Congress, including the complex rules that govern its behavior. We will then discuss the relationship between Congress and the presidency and the unforeseen development of the President as chief legislator. Finally, we will examine various theories (and actual practice) of the voting behavior of members of Congress, the role of lobbyists and interest groups, the factors that thrust legislation onto the decision-making track, and anything else the class thinks fruitful and interesting. Expert guest speakers will provide insight into the complexities of the American legislative process.

Assigned reading: *Congress and Its Members*, 8th ed., Roger H. Davidson and Walter J. Oleszek. *The Dance of Legislation*, by Eric Redman. Syllabus will be provided at the beginning of the class.

Recommended Website: <http://thomas.loc.gov/>

Richard Barton spent twenty-two years as a lobbyist for the direct marketing industry and thirteen years prior to that on the staff of the US House of Representatives, where he served as staff director of three legislative subcommittees. He has taught courses on the bureaucracy in the political system and the history of modern civilization at George Mason University and the University of North Carolina at Chapel Hill. He has an MA in Political Science from the University of North Carolina and is currently working toward a PhD in Public Policy from George Mason University.

417 What Citizens Should Know About the Correctional System: Myths and What Works!

Instructor: Alan Schuman

- Thursdays, 1:00 – 2:30 pm
- April 14 – May 12
- CEC (see Map Sites on inside of back cover)
- 5 sessions

Most citizens form their opinions about the correctional system through the sensationalism of the mass media and catchy sound bites. What would our corrections policies be like with an informed and educated public? Why is the state of Virginia proposing two additional correctional facilities? When should we choose community corrections over incarceration? What are some of the exciting program approaches that have been effective? This course will explore some of the dynamic programs that are cost effective, demonstrate positive results, and make our communities safer. Some subjects to be discussed are community corrections, probation and parole, the drug court movement and how it works, and how players in the justice system work together. Each session will be interactive, and all participants will be encouraged to ask questions about how corrections work or don't work.

Alan Schuman was the Director of Social Services for the Superior Court in the District of Columbia where for 22 years he directed the juvenile, family, and adult probation systems. Prior to that he served as the Director of Youth Services for the District of Columbia Department of Corrections. His responsibilities included serving as superintendent of a correctional institution and supervising parole for all Federal Youth Corrections Act offenders. Mr. Schuman served for two years as President of the American Probation and Parole Association and created a corrections consulting firm that has provided a myriad of services to 25 states over the past decade.



Literature and Writing

502 Poetry in Miniature

Instructor: Thurlow Wilson

- Thursdays, 11:00 am – 12:30 pm
- March 10 – March 31
- CEC (see Map Sites on inside of back cover)
- 4 sessions
- Maximum of 14 participants

The course focuses on the interpretation and enjoyment of poetry. The poems studied can be highly evocative — of images, of emotions, and sometimes of ideas about the meaning of life. The meaning of poems will be discussed by the class. The instructor will present information about the poets.

Japanese Haiku An example: "Dead my fine old hopes and dry my dreaming, but still – iris blue each spring." (Shushiki)

Comic poems – Nash and others

Example: "The Perfect Husband": "He tells her when she's got on too much lipstick and helps her with her girdle when her hips stick." (Ogden Nash) Other comics will include: Gilbert, Coward, Porter, and Hammerstein.

Emily Dickinson *The Belle of Amherst* will be shown with Julie Harris impersonating Emily Dickinson. Emily wrote: "This is my letter to the world that never wrote to me –

The simple news that nature told with tender majesty."

Emily Dickenson The life and poems of Emily Dickenson will be discussed. In a self-revealing poem Emily wrote: "I'm nobody. Who are you? Are you nobody too? Then there's a pair of us. Don't tell! They'd banish us you know. How dreadful to be somebody! How public, like a frog, to tell your name the live-long day to an admiring bog."

Thurlow Wilson earned a PhD in Social Psychology from Harvard and worked as a research psychologist and university professor. In retirement he is a volunteer for several organizations such as Arlington schools, the Museum of Natural History, Culpepper Gardens, Potomac Overlook Park, as well as ALRI. He has a lifelong interest and love of poetry: American, British, German, and Japanese.

506 Finding the Art in Shakespeare's Plays

Instructor: Tom Dunlap

- Wednesdays, 1:00 – 2:30 pm
- March 16 – May 4
- MAD (see Map Sites on inside of back cover)
- 8 sessions
- Maximum of 14 participants

Professor Harold Bloom notes that Shakespeare, through his range of lively characters, "has taught us to understand human nature." And, by implication, he teaches us to listen and understand ourselves. After 400 years, Shakespeare's fascinating characters are still alive on stages all over the Washington area. Newcomers and Shakespeare buffs alike are invited to see what all the excitement is about and to join the conversation. With curiosity and patience, a modern reader can become comfortable with Shakespeare's language in all of its variety. Once this "feast of language" is digested and understood, the reader can experience the art and subtlety that resonates in these plays. The characters come alive and worlds of comedy, tragedy and poetry open up. The class will examine the language, character and themes in four great plays: *Richard III*, *Hamlet*, *As You Like It* and *The Tempest* as the instructor explores

Shakespeare's art through guided discussions and brief lectures.

Assigned reading: *Richard III*, *Hamlet*, *As You Like It* and *The Tempest*, by William Shakespeare.

Tom Dunlap holds a Master's Degree in English Literature from the University of Michigan, where he was a Teaching Fellow. He has subsequent experience teaching adults in informal settings. Through working at the Folger Shakespeare Theatre and Arena Stage, he has gained insights into play production from backstage and from the audience's point of view.

508 Exploring the Self in the 18th & 19th Century European Literature

Instructor: Astrid Weigert

- Wednesdays, 9:00 – 10:30 am
- April 13 – May 18
- MU (see Map Sites on inside of back cover)
- 6 sessions

This course addresses one of the central questions posed in European literature of the 18th and 19th centuries: How can the individual shape his or her own destiny? We will start with a discussion of *Robinson Crusoe* by Daniel Defoe. This author has been called the "father of the English novel" and *Robinson Crusoe* (1719) is, as we will see, much more than just an adventure story. Next, we will examine the German tradition with Goethe's *Wilhelm Meister's Apprenticeship* (1795), whose protagonist embodies the notion of *Bildung*, i.e., education in the broadest sense. We will conclude with discussion of shorter excerpts of autobiographical texts such as letters, diary entries, and essays by German women writers of the time.

Assigned reading: *Robinson Crusoe*, by Daniel Defoe (any edition) and *Wilhelm Meister's Apprenticeship*, (Books I-VI) by J. W. von Goethe (any edition). A text package handout with excerpts of essays, letters, and diary entries by women writers will be provided in class.

Astrid Weigert received her PhD in German Literature from Georgetown University in 1999 with a dissertation on novel and drama in 19th century German literature. She has been a Visiting Assistant Professor in the Department of German at Georgetown University for five years.

510 Great Heroes and Villains of the Old Testament

Instructor: Stephen Ruth

- Mondays, 9:30 – 11:00 am
- March 21 – May 2
- GMU (see Map Sites on inside of back cover)
- 7 sessions

The cast of *Old Testament* characters numbers in the thousands – patriarchs, judges, kings, prophets, prostitutes, musicians, priests, farmers, merchants, generals, hunters, soldiers, and many more. This course will discuss some of the best known: heroic women like Sarah, Deborah, Huldah, Jael, Ruth, and Esther; the patriarchs from Abraham to Joseph; Moses and Joshua; the united monarchy under Saul, David, and Solomon; the good and bad kings (and one queen) of Judah and Israel during the divided monarchy; major and minor prophets; and post-exilic leaders like Ezra and Nehemiah. *New Testament* links to the *Old Testament* material will be noted. While the *New Revised Standard Version* will be drawn upon during some of the discussion, the purpose of the course is discussing and sharing, so everyone is encouraged to bring a *Bible* of their choice. The approach will be descriptive and historical, not doctrinal. The famous figures of the *Bible* will be examined in the context of their stories and themes. Persons from all faiths and traditions are welcome. For those who may not be aware of *Bible* resources on the Internet, there will be occasional examples of audio, text, and visual resources available on the World Wide Web.

Assigned readings: selections from the *Bible*. (Reading assignments for each session will be provided as the class proceeds.)

Stephen Ruth is a Professor in the School of Public Policy at George Mason University, specializing in technology diffusion in developing countries. He has been reading the full *Bible* every year for decades, and recently finished a book of reflections on the *Bible* titled *Granddaddy in Bibleland: Daily Readings and Reflections, a Layman's Guided Journey into the Complete Old and New Testament*. Ruth also teaches Bible themes in several local seminar groups and has a weekly program on Northern Virginia cable TV called *The Bible: A Public Policy Perspective*.

Instructor: S. Lillian Kremer

- Tuesdays, 10:30 am – 12:00 noon
- March 29 – May 3
- GMU (see Map Sites on inside of back cover)
- 6 sessions
- Maximum of 20 participants

2004 marked the 350th anniversary of Jewish life in America, an experience characterized by rich cultural exchanges and the bountiful contributions of Jewish American writers to our nation's literature. Saul Bellow, Bernard Malamud, Cynthia Ozick, Henry Roth, Philip Roth, and I. B. Singer are among the critically acclaimed authors whose works the class will read. These writers masterfully portray the social and cultural milieus in which their memorable ethnic characters live. Incorporating folkloric and literary influences from Yiddish and Hebrew texts, they represent, with great insight, the immigration experience, the tension between preservation of ethnicity and acculturation within American society, gender issues, as well as responses to Jewish history and religion.

Assigned reading: *The Ghost Writer* by Philip Roth. In addition, a packet of required readings will be distributed at the first class session.

S. Lillian Kremer, University Distinguished Professor, Emerita, taught American literature, ethnic and women's writing, and Holocaust literature and film at Kansas State University. Author of scores of scholarly articles, she wrote two books on Jewish American Holocaust literature; and she edited and contributed to the award-winning *Holocaust Literature: An Encyclopedia of Writers and Their Work*, published in 2003.



Noah

515 Creative Writing for Fun and Profit

Instructor: *Cherie Toll Bottum*

- Tuesdays, 9:00 – 10:30 am
- March 15 – May 3
- MU (see Map Sites on inside of back cover)
- 8 sessions
- Maximum of 20 participants

The development of writing skills, whether for journals, fiction, or non-fiction, can benefit from individual guidance from an experienced teacher. Taught in semi-workshop form, this course will include both lecture and discussion. There will also be some directed in-class writing during each session. Constructive criticism will aid in developing skills and confidence as the writers progress. Markets for publishing will be explored.

Topics will cover a wide range and will include *Getting Started: Ourselves as Writers*; *Persuasive Writing: Analyzing Articles and Essays*; *The Art of Interviewing*; *Query Letters*; and *Exploring Markets*. Fiction writing topics will cover *Essentials of Plot*, *Scene Planning/Contrasting Scenes*, *Lifelike Characters*, and *Dialog*.

Cherie Toll Bottum is a writer, editor, and teacher. She has published articles and essays in five different sections of the *Washington Post*, including humor on the op-ed page, and in *Good Housekeeping* and *Family Circle*. She has taught creative writing at the University of Virginia – Northern Virginia Center in Falls Church. Ms. Bottum was managing editor of the academic journal *College Teaching* for twenty five years. She has a BS (Ed.) from the University of Wisconsin, Madison, and an MA in English Literature from the Ohio State University.



Science and Technology

603 Naturalist's Tour of Arlington

Instructor: *Martin Ogle*

- Tuesdays, 1:30 – 3:00 pm
- March 22 – April 19
- Varied Arlington locations
- 5 sessions
- Maximum of 15 participants

[Note: The first class will meet at the Nature Center of Potomac Overlook Park (walk from end of Marcey Road, off Military Road). Subsequent locations and directions will be provided at the first meeting. A moderate amount of walking will be involved in touring the various locations.]

In five weekly field trips, the Chief Naturalist of the Northern Virginia Regional Parks Authority will introduce students to the varied ways nature has shaped and interacts with Arlington's environment, once basically rural, then essentially suburban, and now increasingly urban. The course will open on his home turf at the Nature Center of Potomac Overlook and will include sessions along Four-Mile Run, Roaches Run, Theodore Roosevelt Island and an urban-suburban walk. Meeting the instructor at the sites will be the responsibility of the students, who should wear comfortable shoes for non-taxing walks.

Martin Ogle has been Chief Naturalist for the Northern Virginia Parks Authority since 1985. He earned his BS and MS in Wildlife Biology from Colorado State University and Virginia Tech, respectively. He has given a naturalist's eye view of the region in courses and lectures for more than a decade, including sessions at the Smithsonian Institution, the US Department of Agriculture Graduate School and the Arlington Public Library.

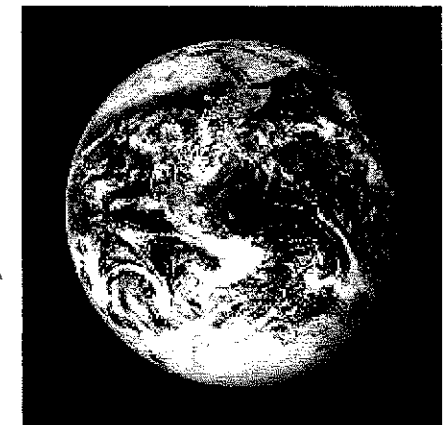
608 Food Science and Technology of Cooking

Instructor: *Herbert Weinstein*

- Wednesdays, 2:30 – 4:00 pm
- March 9 – April 13
- CEC (see Map Sites on inside of back cover)
- 6 sessions

Using as a text *What Einstein Told His Cook* by Professor Robert L. Wolke, Dr. Weinstein will explain in simple and understandable food science and technology terms what happens to our food, both before and after "preparation to ingest." The course will devote each of its six sessions to a different type of compound, the building blocks of our foods. We will learn how the compounds work and interact, their nutritional aspects, and what we can do to avoid rancidity and browning and other changes our foods suffer. One session will be dedicated to sugars and other carbohydrates. Fats and oils will be the subject of another session; yet another will talk about proteins, meats and other animal products. A fourth session will be devoted to micronutrients and their importance in the diet and what happens when we do not have or eat them. The fifth session will deal with all the chemicals that are used in cooking, including salt and all kinds of spices and herbs and why foods go "AWOL." The final session will deal with cooking processes such as microwaves, heat, and cold and with tools and technologies that are used in the modern kitchen.

Herb Weinstein earned his chemical engineering degree from the Universidad Nacional Autonoma de Mexico and his MSc and his PhD in Food Science and Technology from the Massachusetts Institute of Technology. He has 30+ years of industrial experience (General Foods {now Kraft Foods} and Unilever) in most technical aspects of food manufacturing, distribution, logistics, product development, quality control, quality assurance and management. Today he is a consultant.



610 Environment: Exploring the Links between Environmental Management and Sustainable Development

Instructor: *Ezedine H. Mabrouk*

- Tuesdays, 11:00 am – 12:30 pm
- April 19 – May 24
- CEC (see Map Sites on inside of back cover)
- 6 sessions

Good environmental management has become a requirement for sustainable development and an integral part of everyday management by both the public and private sectors at all levels. The course is designed to provide an overview of the main environmental management concepts, policies, and practices within the framework of sustainable development. The course will also review the key actors in the public and private sectors and the main environmental management systems and initiatives used by the local, regional, national, and international/global levels.

Lectures, discussions, case studies, and role-plays will be used during the course. By the end of the course, participants would have gained an understanding the main concepts, principles, and tools of environmental management and sustainable development.

Ezedine H. Mabrouk is an internationally known environmental specialist, having worked world-wide on environmental projects with the World Bank, UNESCO/UNDP, and the government of Tunisia. He is the founder of MEDCITIES, an environmental network of Mediterranean coastal cities. He retired from the World Bank after twenty years and is now an international environmental consultant.



Social Sciences

705 Globalization! What's the Future?

Instructors: *Arlene Wilson, Margaret Goodman, Daniel B. Quinn*

- Wednesdays, 10:00 – 11:30 am
- March 16 – April 27 (no class on April 6)
- MAD (see Map Sites on inside of back cover)
- 6 sessions

Globalization has become a controversial subject. This course is an opportunity to discuss the pros and cons of globalization from several perspectives. It begins with an historical overview of world trade and an explanation of why countries trade with each other. Then there will be a session on evaluating the benefits and cost of international trade along with the role of the WTO (World Trade Organization) and regional trade agreements. In addition there will be several class discussions of the impact of globalization on traditional societies, e.g., when the primary breadwinner must leave the farm to improve his economic prospects in the city or another country. A question to ponder: how do workers and governments respond to the challenge of increased imports and outsourcing? Finally, the environmental effects of globalization will be addressed by the following questions. How can countries that are trying to increase their standard of living improve environmental protection? Can the Nature Conservancy help mitigate the adverse effect of globalization?

Arlene Wilson was a specialist in international trade and finance at the Congressional Research Service for 23 years, where she conducted major studies, briefings, and seminars for Members of Congress and Congressional staff. She earned a PhD in economics at New York University and taught economics at George Mason University for three years.

Margaret Goodman worked at the Inter-American Development Bank where she did project management studies and led evaluations of social programs across Latin America and the Caribbean. She holds a PhD from Columbia University and has taught at the City University of New York and the University of Hawaii.

Daniel B. Quinn is now in the Marketing and Philanthropy Department of the Nature Conservancy, which collaborates with governments, non-governmental organizations, business, and local communities in its mission to conserve the planet's biological diversity. He holds degrees in zoology, education, and environmental resources administration.

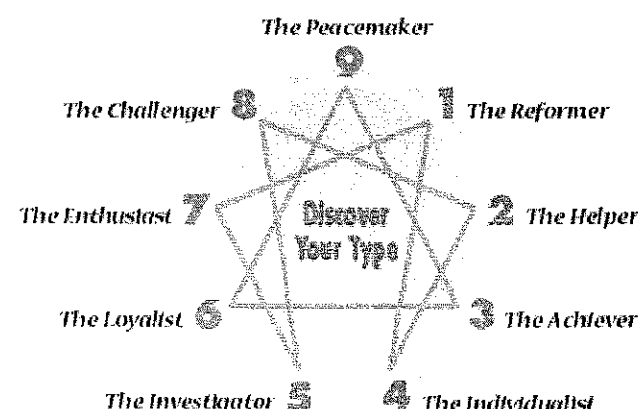
711 The Enneagram: A Guide to Understanding Yourself and Others in Your Life

Instructor: *Marilyn F. Williams*

- Tuesdays, 1:00 – 2:30 pm
- March 29 – May 17
- CEC (see Map Sites on inside of back cover)
- 8 sessions

The *Enneagram* has been described as a more in-depth *Myers-Briggs* personality inventory that enables people to identify their personality type, but more importantly, helps them uncover the motivating factors that produce their behaviors. This course is designed to help you discover and understand life patterns and places where you are stuck and to map new and effective strategies to maximize your potential. This is a dynamic and lively course where students both participate and learn from one another. Recommended text: *The Enneagram in Love and Work*, by Helen Palmer.

Marilyn Williams, LCSW, is a professional psychotherapist, consultant, and speaker. As a certified Enneagram teacher, she uses this tool to help people identify their personality types and uncover what motivates their action or inaction.



From the Enneagram Institute

SPECIAL EVENTS FOR ALRI MEMBERS

Special Events Team members are constantly working with various organizations to prepare special events for ALRI members throughout 2005. Look for updates in the ALRI quarterly newsletter, at the February 11, 2005 Open House, and on the ALRI website. As time for registering for an event nears, information about that event will be added to the website and to the Special Events option on the ALRI telephone system, 703-228-2144.

Mark Your Calendar!



MEET THE AUTHOR SERIES

Join other members as ALRI hosts literary events scheduled throughout the year, featuring noted authors as they read and discuss recently published books. The first in the series is scheduled for:

February 7, 2005 at 3:00 pm at the Arlington Central Library

Featuring Amy Schapiro, Author of *Millicent Fenwick: Her Way*, the feisty Congresswoman from New Jersey who was elected to Congress in 1974 at the age of 64 and served there until 1982 and was appointed as UN ambassador during the Reagan administration. Affectionately remembered as the pipe-smoking grandmother who served as the model for Garry Trudeau's "Doonesbury" character Lacy Davenport, Fenwick defied simplistic expectations to become, in the words of Walter Cronkite, "the conscience of the Congress."

THE SIGNATURE THEATRE SERIES

Lecture and theater sessions built around the Washington Premiere of the play *Ten Unknowns* by Jon Robin Baitz, a powerfully intense play that presents the challenge of bringing the art world and the canvases of abstract expressionism to the stage. Featuring Rick DesRochers, Signature

Associate Artistic Director and Marcia Gardner, Education Director.

- Tuesday, February 15, 5:00 pm at the Signature Theatre. Introduction to Signature and *Ten Unknowns*. Director Rick DesRochers and his design team present their approach to mounting the production: selecting the play; the script, from the page-to-stage.
- TBD - One hour discussion focusing on the steps in the process of mounting the production: casting, design meetings, rehearsals, and technical rehearsals.
- Sunday, March 13, 7:00 pm - Invitation to final dress rehearsal, the last rehearsal before previews and opening of *Ten Unknowns*.
- Wednesday, March 30, 7:30 pm - Attend performance of *Ten Unknowns*, followed by discussion with the cast led by Rick DesRochers. Discounted ticket price: \$29
- Monday, April 4, 7:00 pm at the Arlington Central Library - Hour long discussion with Rick DesRochers about Jon Robin Baitz' *Ten Unknowns*.



SPECIAL EVENTS - continued

OTHER SCHEDULED SPECIAL EVENTS

- **February 17, 9:30 am** – National Symphony Orchestra Open Rehearsal.
- **March 16, 7:00 pm** at the Arlington Central Library — Martin Ogle, Chief Naturalist for the Northern Virginia Regional Park Authority, examines the intersections of biology and geology and the resultant *Gaia Theory*, which holds that the earth is alive as an active, interrelated, self-regulating system.
- **March 25, 2:00 pm** — National Museum of Women in the Arts Tour.

SPECIAL EVENTS IN PREPARATION

Spring (Dates to be announced):

- **April 19** — Supreme Court Tour
- **May 13, 2:00 pm** — Lecture: *The Future of Getting Older* with Thomas Connally, MD at the Arlington Central Library
- **May** — Spring Birding Field Trip: A two-hour birding trip for the spring migration. Experienced birding field trip leaders will help identify the many species of birds that migrate through Arlington, taking advantage of the high canopies of Arlington's beautiful old-growth trees. Beginning-to-advanced birding enthusiasts are welcome on this field trip. Participants should bring binoculars and appropriate clothing and shoes for a walk in the woods. Phone reservation will begin in March 2005.

Summer and Fall (Dates to be announced):

- **Mid June (Week of June 13)** — ALRI Potomac River Boat Trip
- **Mid July (Tentatively July 13)** — National Building Museum Tour, Luncheon and Special Exhibit
- **August** — WETA Volunteer Night
- **August** — Tour of the Udvar-Hazy Center of the National Air and Space museum
- **September** — Tour of the Octagon House
- **October** — National Women in the Military Museum
- **October** — The Arlington House
- **November** — DAR Museum
- **December** — Music Event

The Special Events Team invites you to join its monthly planning meetings and welcomes your suggestions for new events. Leave a message at the ALRI number, 703-228-2144, and a team member will enthusiastically respond.

Alphabetical List of Courses

SHORT TITLE	DAY	TIME	START	SITE*	COURSE NO.**
Arlington History	Mon	3:00	Apr 11	Varies	305
Art in Shakespeare	Wed	1:00	Mar 16	MAD	506
Bible Heroes and Villains	Mon	9:30	Mar 21	GMU	510
Bill of Rights	Thur	1:00	Apr 14	GMU	402
British Art and History	Wed	1:00	Mar 16	MAD	112
Correctional System	Thur	1:00	Apr 14	CEC	417
Creative Writing	Tue	9:00	Mar 15	MU	515
Cuba	Mon	1:00	Mar 14	GMU	308
Enneagram	Tue	1:00	Mar 29	CEC	711*
Environmental Management	Tue	11:00	Apr 19	CEC	610
Estate Planning	Thur	11:00	Mar 10	MAD	202
Exploring the Self	Wed	9:00	Apr 13	MU	508
Feeding the World's People	Mon	9:30	Mar 14	CEC	412
Food Science	Wed	2:30	Mar 9	CEC	608
Gettysburg : American Epic	Thur	3:00	Mar 10	CEC	314
Globalization	Wed	10:00	Mar 16	MAD	705
Greece - The Birthplace	Fri	11:00	Apr 1	GMU	310
How Your Body Works	Tue	9:00	Mar 15	CEC	206
Inspiration in the Arts	Thur	2:30	Mar 24	GMU	108
International Relations	Mon	3:00	Mar 21	LV	411
Jewish American Fiction	Tue	10:30	Mar 29	GMU	511
Medieval Rome	Thur	10:00	Mar 10	MAD	303
Naturalist's Tour	Tue	1:30	Mar 22	Varies	603
Opera — Divas	Tue	1:00	Mar 15	CEC	107
Poetry in Miniature	Thur	11:00	Mar 10	CEC	502
Rasputin	Wed	11:00	Apr 13	GMU	316
Terrorism	Tue	11:00	Mar 29	PI	406
US Congress	Fri	1:00	Mar 11	GMU	414
US and Middle East	Wed	11:00	Apr 6	CEC	320
World Theater	Wed	10:00	Mar 9	GMU	110

* Explanations of site codes appear inside back cover.

** Course numbers appear sequentially in the catalog together with full titles, descriptions and instructor information.

Courses by Start Date

SHORT TITLE	START DATE	DAY	TIME	SITE*	COURSE NO.**
World Theater	Mar 9	Wed	10:00	GMU	110
Food Science	Mar 9	Wed	2:30	CEC	608
Medieval Rome	Mar 10	Thur	10:00	MAD	303
Estate Planning	Mar 10	Thur	11:00	MAD	202
Poetry in Miniature	Mar 10	Thur	11:00	CEC	502
Gettysburg : American Epic	Mar 10	Thur	3:00	CEC	314
US Congress	Mar 11	Fri	1:00	GMU	414
Feeding the World's People	Mar 14	Mon	9:30	CEC	412
Cuba	Mar 14	Mon	1:00	GMU	308
How Your Body Works	Mar 15	Tue	9:00	CEC	206
Creative Writing	Mar 15	Tue	9:00	MU	515
Opera – Divas	Mar 15	Tue	1:00	CEC	107
Globalization	Mar 16	Wed	10:00	MAD	705
British Art and History	Mar 16	Wed	1:00	MAD	112
Art in Shakespeare	Mar 16	Wed	1:00	MAD	506
International Relations	Mar 21	Mon	3:00	LV	411
Bible Heroes and Villains	Mar 21	Mon	9:30	GMU	510
Naturalist's Tour	Mar 22	Tue	1:30	Varies	603
Inspiration in the Arts	Mar 24	Thur	2:30	GMU	108
Jewish American Fiction	Mar 29	Tue	10:30	GMU	511
Terrorism	Mar 29	Tue	11:00	PI	406
Enneagram	Mar 29	Tue	1:00	CEC	711
Greece - The Birthplace	Apr 1	Fri	11:00	GMU	310
US and Middle East	Apr 6	Wed	11:00	CEC	320
Arlington History	Apr 11	Mon	3:00	Varies	305
Exploring the Self	Apr 13	Wed	9:00	MU	508
Rasputin	Apr 13	Wed	11:00	GMU	316
Bill of Rights	Apr 14	Thur	1:00	GMU	402
Correctional System	Apr 14	Thur	1:00	CEC	417
Environmental Management	Apr 19	Tue	11:00	CEC	610

* Explanations of site codes appear inside back cover.

** Course numbers appear sequentially in the catalog together with full titles, descriptions and instructor information.

Instructor & Course

INSTRUCTOR	NO.	SHORT TITLE
Olga R. Arans	310	Greece - The Birthplace
Richard A. Barton	414	US Congress
Lawrence H. Berlin	308	Cuba
Cherie Toll Bottum	515	Creative Writing
Stephen W. Buck	411	International Relations
Michael Canning	411	International Relations
Rose Cherubin	310	Greece - The Birthplace
John Colozzi	316	Rasputin
Tom Connally	206	How Your Body Works
Stephen F. Dachi	411	International Relations
Rick Davis	110	World Theater
Warren A. DePree	411	International Relations
Marion Deshmukh	108	Inspiration in the Arts
Tom Dunlap	506	Art in Shakespeare
Ken Elston	110	World Theater
Ed Gero	110	World Theater
Margaret Goodman	705	Globalization
Orval Hansen	320	US and Middle East
Kristin Johnsen-Neshati	110	World Theater
Dan Joyce	108	Inspiration in the Arts
Nicholas Kralev	411	International Relations
S. Lillian Kremer	511	Jewish American Fiction
Roger Lathbury	108	Inspiration in the Arts
Jim Lepore	108	Inspiration in the Arts
Randy Lytton	310	Greece - The Birthplace
Ezedine H. Mabrouk	610	Environmental Management
Martin M. McLaughlin	412	Feeding the World's People
John Edward Niles	107	Opera – Divas
Martin Ogle	603	Naturalist's Tour
Cóilin Owens	110	World Theater
Ellen M. Paquette	411	International Relations
Sarah Parks	202	Estate Planning
Potomac Institute Faculty	406	Terrorism
Daniel B. Quinn	705	Globalization
Stephen Ruth	510	Bible Heroes and Villains
Wayn S. Smith	411	International Relations
Barbara Schnorrenberg	112	British Art and History
John Schnorrenberg	112	British Art and History
Alan Schuman	417	Correctional System
Robert Stone	314	Gettysburg : American Epic
Daniele C. Struppa	108	Inspiration in the Arts
W. Karl VanNewkirk	305	Arlington History
Astrid Weigert	508	Exploring the Self
Robert L. Weinberg	402	Bill of Rights
Herbert Weinstein	608	Food Science
Marilyn F. Williams	711	Enneagram
Phillip C. Wilcox	411	International Relations
Arlene Wilson	705	Globalization
Thurlow Wilson	502	Poetry in Miniature
Tom Wukitsch	303	Medieval Rome

Course & Instructor

SHORT TITLE	NO.	INSTRUCTOR
Arlington History	305	W. Karl VanNewkirk
Art in Shakespeare	506	Tom Dunlap
Bible Heroes and Villains	510	Stephen Ruth
Bill of Rights	402	Robert L. Weinberg
British Art and History	112	Barbara Schnorrenberg
British Art and History	112	John Schnorrenberg
Correctional System	417	Alan Schuman
Creative Writing	515	Cherie Toll Bottum
Cuba	308	Lawrence H. Berlin
Enneagram	711	Marilyn F. Williams
Environmental Management	610	Ezedine H. Mabrouk
Estate Planning	202	Sarah Parks
Exploring the Self	508	Astrid Weigert
Feeding the World's People	412	Martin M. McLaughlin
Food Science	608	Herbert Weinstein
Gettysburg : American Epic	314	Robert Stone
Globalization	705	Margaret Goodman
Globalization	705	Daniel B. Quinn
Globalization	705	Arlene Wilson
Greece - The Birthplace	310	Olga R. Arans
Greece - The Birthplace	310	Rose Cherubin
Greece - The Birthplace	310	Randy Lytton
How Your Body Works	206	Tom Connally
Inspiration in the Arts	108	Marion Deshmukh
Inspiration in the Arts	108	Dan Joyce
Inspiration in the Arts	108	Roger Lathbury
Inspiration in the Arts	108	Jim Lepore
Inspiration in the Arts	108	Daniele C. Struppa
International Relations	411	Stephen W. Buck
International Relations	411	Michael Canning
International Relations	411	Stephen F. Dachi
International Relations	411	Warren A. DePree
International Relations	411	Nicholas Kralev
International Relations	411	Ellen M. Paquette
International Relations	411	Wayn S. Smith
International Relations	411	Phillip C. Wilcox
Jewish American Fiction	511	S. Lillian Kremer
Medieval Rome	303	Tom Wukitsch
Naturalist's Tour	603	Martin Ogle
Opera – Divas	107	John Edward Niles
Poetry in Miniature	502	Thurlow Wilson
Rasputin	316	John Colozzi
Terrorism	406	Potomac Institute Faculty
US and Middle East	320	Orval Hansen
US Congress	414	Richard A. Barton
World Theater	110	Rick Davis
World Theater	110	Ken Elston
World Theater	110	Ed Gero
World Theater	110	Kristin Johnsen-Neshati
World Theater	110	Cóilin Owens

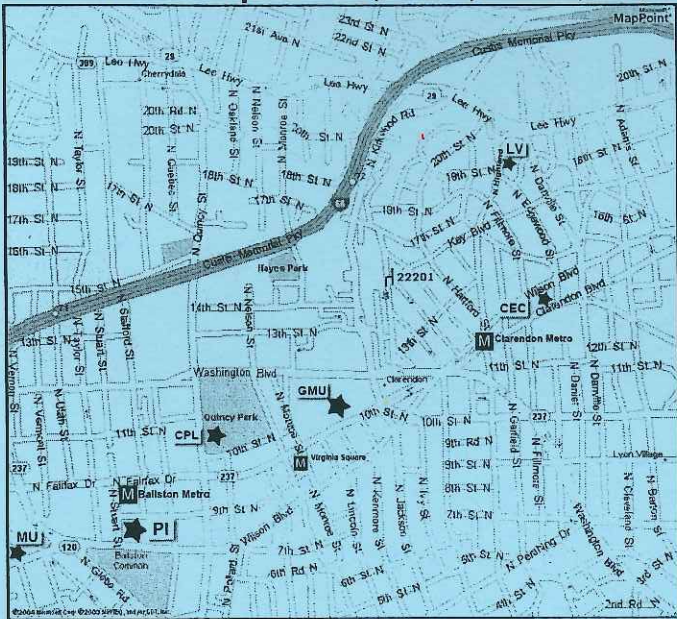
Courses by Calendar View

	Monday	Tuesday	Wednesday	Thursday	Friday
M O R N I N G	9:30 CEC (412) Feeding the World's People 3/14-5/2	9:00 CEC (206) How Your Body Works 3/15-5/24	9:00 MU (508) Exploring the Self 4/13-5/18	10:00 MAD (303) Medieval Rome 3/10-5/12	
	9:30 GMU (510) Bible Heroes and Villains 3/21-5/2	9:00 MU (515) Creative Writing 3/15-5/3 10:30 GMU (511) Jewish American Fiction 3/29-5/3	10:00 MAD (705) Globalization 3/16-4/27 (no class 4/6) 10:00 GMU (110) World Theater 3/9-4/20 (9:30 on 4/6)		
M I D D A Y		11:00 PI (406) Terrorism 3/29-5/10 11:00 CEC (610) Environmental Management 4/19-5/24	11:00 GMU (316) Rasputin 4/13-5/11 11:00 CEC (320) US and Middle East 4/6-5/11	11:00 MAD (202) Estate Planning 3/10-4/14 11:00 CEC (502) Poetry in Miniature 3/10 - 3/31	11:00 GMU (310) Greece - The Birthplace 4/1-5/6
A F T E R N O O N	1:00 GMU (308) Cuba 3/14-5/2	1:00 CEC (107) Opera - Divas 3/15-4/19 1:00 CEC (711) Enneagram 3/29-5/17	1:00 MAD (112) British Art and History 3/16-5/4 1:00 MAD (506) Art in Shakespeare 3/16-5/4	1:00 CEC (417) Correctional System 4/14-5/12 1:00 GMU (402) Bill of Rights 4/14-5/12	1:00 GMU (414) US Congress 3/11-4/29
	3:00 Varies (305) Arlington History 4/11-5/23	1:30 Varies (603) Naturalist's Tour 3/22-4/19	2:30 CEC (608) Food Science 3/9-4/13	2:30 GMU (108) Inspiration in the Arts 3/24-4/28	
	3:00 LV (411) International Relations 3/21-5/9			3:00 CEC (314) Gettysburg: American Epic 3/10-5/12	

Course numbers in brackets
SITE CODES IN BOLD

MAPS AND DIRECTIONS

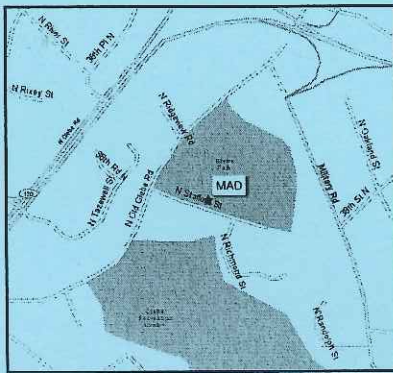
Metro Corridor Map - CEC, CPL, GMU, LV, MU, PI



Arlington Historical Museum (AHM)



Madison Rec Center (MAD)

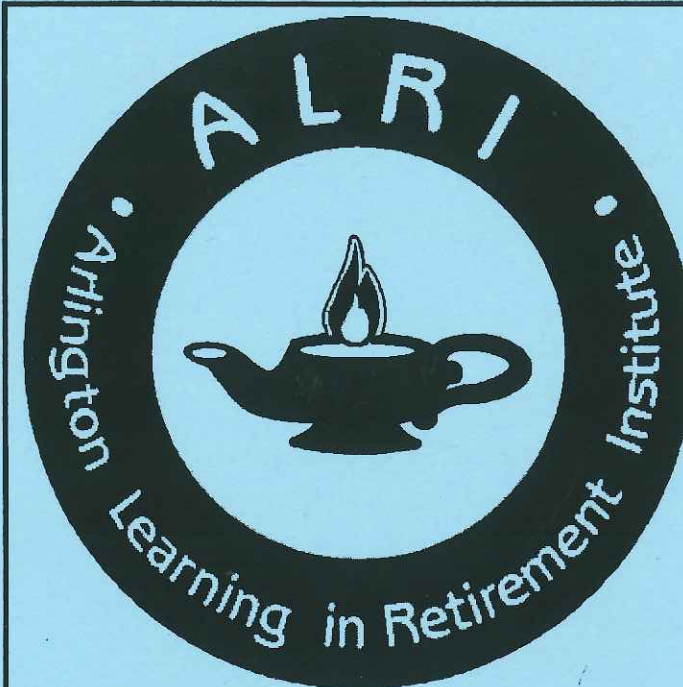


ALRI MAP SITES

SITES	PARKING			METRORAIL STATION OR BUS ROUTE
	Pay Lot	Free Lot	Metered Street	
AHM Arlington Historical Museum 1805 S Arlington Ridge Rd		■		None
CEC Clarendon Education Center 2801 Clarendon Blvd	■		■	Clarendon station - walk 3 blocks
CPL Central Public Library 1015 N Quincy St		■		VA Sq / Ballston stations - walk 3 blocks
GM George Mason University - VA Sq 3401 N Fairfax Dr			■	VA Square station - walk 3 blocks
LV Lyon Village Community House 1920 N Highland St		■	Some free	Metrobus 3A,B,E; - walk 2 blocks Clarendon station - walk 6 blocks
MAD Madison Community Center 3829 N Stafford St		■		ART53 bus - near parking lot
MU Marymount University - Ballston 1000 Glebe Rd		■		Ballston station - walk 4 blocks
PI Potomac Institute 901 N Stuart St	■		■	Ballston station - above station

❖ All on Orange Line

Arlington Learning in Retirement Institute
2801 Clarendon Blvd., Suite 306
Arlington, VA 22201



Connecting
People, Community,
and Knowledge

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Course Catalog
Spring Term 2005: March 9 - May 27**