

ALRI

**Spring 2009
Course Catalog**

(703) 228-2144

www.ArlingtonLRI.org



Arlington Learning in Retirement Institute

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**George Mason University • Arlington County Senior Adult Programs
Arlington Public Schools Career, Technical and Adult Education Program
Sunrise Senior Living at the Jefferson • Marymount University
Elderhostel Institute Network**
ALRI is a 501(c)(3) nonprofit organization.

ALRI



Spring 2009 Course Catalog

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2801 Clarendon Boulevard, Suite 306
Arlington, VA 22201
Phone: (703) 228-2144
Email: ALRI@ArlingtonLRI.org
Website: www.ArlingtonLRI.org

ALRI Course Catalog

Spring Term 2009

Table of Contents

Board of Directors	Inside Front Cover
Community Advisory Council.....	Inside Front Cover
Course Offerings by Category and Number	3
General Information	4
Spring Term Courses.....	7
Fine Arts, Theater and Music	7
Health and Wellness	8
History	11
Law, Politics and Public Affairs	16
Literature and Writing	22
Science and Technology.....	24
Social Sciences.....	25
Membership Application and Course Registration Form	29
Online Registration Instructions.....	30
Open House Announcement.....	32
Special Events	32
Volunteering with ALRI	34
Volunteering as a Class Aide	34
Clubs.....	35
Building Sites and Transportation	37
Locations, Maps and Directions to ALRI Course Sites	38
Courses by Calendar View	Inside Back Cover

Arlington Learning in Retirement Institute Course Offerings—Spring 2009

Category	Course's Short Title	Day	Start Date	End Date	Start Time	End Time	Site	Course No.
Fine Arts, Theater & Music	Northern Renaissance Painting	Monday	March 9	April 27	1:00 PM	2:30 PM	GMU	117
	Verdi: Revolutionary and Patriot	Wednesday	March 18	April 22	1:00 PM	2:30 PM	JEF	121
	Architecture Today	Thursday	March 12	April 16	1:30 PM	3:00 PM	GMU	131
Health & Wellness	The American Health Care Mess	Friday	March 27	May 15	10:30 AM	12:00 PM	GMU	210
	Solving the Medicare Puzzle	Tuesday	April 7	April 28	10:00 AM	11:30 AM	GMU	215
	Natural Approaches to Wellness	Friday	March 13	April 24	2:30 PM	4:00 PM	GMU	216
History	Pompeii and Vesuvius	Monday	March 9	May 11	10:00 AM	12:00 PM	GMU	303
	Arlington History	Thursday	April 9	May 21	3:00 PM	4:30 PM	Various	305
	Foods from SE Asia	Tuesday	April 7	May 12	1:30 PM	3:00 PM	CEC	307
	The Battles for Richmond	Tuesday	March 24	May 12	2:00 PM	3:30 PM	WRC	319
	Civil War Selected Topics	Friday	April 3	May 8	9:30 AM	11:00 AM	GMU	320
	The Middle Ages	Wednesday	March 18	April 15	10:00 AM	11:30 AM	MAD	321
	U-Boats	Monday	March 9	May 11	1:00 PM	3:00 PM	GMU	326
	Geopolitics of the Ancient ME	Thursday	March 12	April 16	1:00 PM	2:30 PM	CEC	327
	The "Troubles" in N Ireland	Wednesday	March 18	May 13	9:00 AM	11:00 AM	MU	329
Law, Politics & Political Affairs	Bill of Rights	Thursday	March 12	April 16	1:30 PM	3:00 PM	MAD	402
	Solving World's Biggest Problems	Wednesday	April 15	May 20	10:00 AM	11:30 AM	JEF	404
	Global Hot Spots	Thursday	March 19	May 14	10:00 AM	11:30 AM	GMU	412
	The United States Congress	Tuesday	April 7	May 12	10:30 AM	12:00 PM	CEC	414
	China	Wednesday	April 15	May 20	10:00 AM	11:30 AM	GMU	420
	Conflicts in Africa	Monday	March 23	April 20	2:00 PM	3:30 PM	CEC	425
	Church-State Issues	Monday	March 30	May 4	10:30 AM	12:00 PM	GMU	430
	Debating Administration Policies	Thursday	April 16	May 21	10:00 AM	11:30 AM	MAD	432
Literature & Writing	Art in Shakespeare	Wednesday	March 11	May 6	1:00 PM	2:30 PM	WRC	506
	Writing about Your Life	Wednesday	March 18	April 22	10:00 AM	12:00 PM	WETA	515
	Bible Heroes and Villains	Tuesday	April 7	May 12	1:00 PM	2:30 PM	GMU	526
Science & Technology	A Naturalist's Tour	Wednesday	March 25	April 29	1:30 PM	3:30 PM	Various	603
	Global Warming & Sustainability	Monday	March 9	March 30	10:00 AM	11:30 AM	CEC	604
Social Sciences	The Washington Post	Tuesday	March 17	May 5	10:00 AM	11:30 AM	GMU	703
	How Arlington Works	Thursday	March 26	May 14	10:30 AM	12:00 PM	CEC	712
	Islam	Thursday	April 16	May 7	1:30 PM	3:00 PM	CEC	714
	Philosophical Aesthetics	Tuesday	April 7	May 12	1:00 PM	3:00 PM	CEC	724

GENERAL INFORMATION

WHAT IS ALRI?

The Arlington Learning in Retirement Institute (ALRI) is a 501(c)(3) nonprofit volunteer organization offering a wide variety of college-level noncredit courses, lectures, special events and activities to help meet the continuing educational and social interests of anyone over age 50 regardless of residence location. ALRI is governed, supported and financed by its members.

Our volunteer instructors—retired or working professionals—create a stimulating learning environment through an exciting array of subjects. No tests, no requirements. Members explore new ideas and develop new friendships inside and outside of classrooms.

ALRI obtains classroom space and other assistance through its association with George Mason University, Marymount University, the Arlington Public Schools Adult Education Program, Arlington County's Senior Adult Program, Sunrise Senior Living at the Jefferson and WETA. It is also affiliated with The Elderhostel Institute Network.

VOLUNTEER OPPORTUNITIES

COMMITTEES

Member involvement is essential to ALRI, an open, all-volunteer organization. While participation is certainly not mandatory, members are encouraged to join any of ALRI's committees to help plan future events and lectures, to develop ideas for courses and/or to teach courses themselves and to support our administration. The fellowship and accomplishments from these volunteer activities are self-enriching and benefit the entire membership.

CLASSROOM AIDES

Classroom aides provide an essential interface between other ALRI volunteers, instructors, the ALRI Administrator and class attendees. By serving in this capacity for a course, members

also gain an excellent opportunity to participate in ALRI affairs. In recognition of this tremendously important responsibility, ALRI covers aides' parking expenses while they assist their classes. Class aide functions include communicating ALRI information to the instructors and their fellow class participants and assisting instructors with their equipment and copying needs. There is space on the Membership/Registration form to volunteer for this activity. See page 29.

BECOMING A FRIEND OF ALRI

Members, friends and organizations can support ALRI with financial gifts. All contributions will go toward building a solid underpinning for the Institute. These funds help ALRI acquire classroom equipment—and may help acquire space in the future. Since ALRI is a nonprofit 501(c)(3) organization, any donation is a charitable contribution deductible from income taxes to the full extent permitted by law.

ALRI ACTIVITIES

SEMESTER-LONG COURSES

Classes are scheduled Monday through Friday, 9 to 5. Classes meet once a week for 1 1/2 to 2 hours and the courses last from 4 to 10 weeks. Class sizes generally range from 8 to 25 although some classes may be larger. Courses take place at several Arlington locations as listed later in this catalog. Refer to the maps and locations in the back of this catalog for transportation and parking options.

OPEN HOUSE

ALRI holds an open house before each semester where many of the instructors describe their course material. It's a great opportunity to choose courses for the new term. Nonmembers with a possible interest in joining are invited. See page 32 for more information.

SPECIAL EVENTS

Special events for ALRI members throughout the year include tours, lectures, concerts and other activities. They offer opportunities to join in small-group excursions and to expand intellectual and cultural experiences in the DC area. Advance announcements allow members to coordinate their schedules. See pages 32/33 for upcoming activities.

For the most up-to-date information and to register for member-only events, go to the ALRI website: www.ArlingtonLRI.org.

CLUBS

ALRI encourages establishing educational and social clubs within the organization as a means of promoting lifelong learning and personal growth. Club membership is open to all ALRI members in good standing. There are currently seven active clubs: Breakfast, Book, Bridge, Cinema, Current Issues, Ethnic Lunch and Travel. More information is on page 35. Visit the ALRI website for details.

ANNUAL MEMBERSHIP MEETING

ALRI holds an annual membership meeting, normally in June, to elect Board members from a slate of candidates prepared annually by the Nominating Committee and to discuss future courses and events.

ALRI MEMBERSHIP

ALRI membership is \$55 per year beginning the first month in which the dues are paid. The membership fee is nonrefundable. All memberships are individual: each family member must join separately. ALRI is a nonprofit 501(c)(3) organization. The membership fee is a charitable contribution deductible from income taxes to the full extent permitted by law. Only ALRI members may register for a course, special event or club.

ALRI encourages the use of its website for online membership processing. See page 30.

However, for those who prefer to mail in or to hand deliver their checks or credit card information, a printable Membership/Registration Form is available on our website and on page 29 of this catalog.

COURSE REGISTRATION PROCEDURES

Only ALRI members may register for a course. The fee for each course is \$45. See page 30 for information on using the online process. Unless registering online, the membership and registration form accompanied by check or credit card information should be mailed or delivered to the address on the form.

Acceptances will begin February 9 for both online and paper registrations. The online course registration fields will be locked until 10 AM on February 9. Course registration requests may be mailed as soon as the spring catalog is online. Registration requests received prior to February 9 will be processed randomly that day. Requests received thereafter will be processed in the order received. No phone registrations are accepted. Late registration may be possible with the permission of the instructor. Current registration levels are posted on the Course Availability page on the ALRI website: www.ArlingtonLRI.org.

NOTIFICATION AND REFUNDS

Notification

Members who register online receive an immediate confirmation message on the payment screen along with a confirming email notification. Registration acceptance letters will be sent to those who mail or deliver their course registrations.

Refunds and Transfers

The course fee for any oversubscribed or otherwise closed course or for a course for which ALRI makes a schedule or location change that prevents or limits the student's attendance will be refunded in full or applied to an alternate course at the member's option.

Members desiring to withdraw from a course may enroll in an alternate course in which there is an opening or receive a full refund of the course fee if a written request (mail or email) is received by ALRI at least one week before the course begins. For withdrawal requests received after this time, but within two working days after the first class meeting of the course, the member may apply the course fee to an alternate unfilled course or have it refunded minus a \$10 service charge.

If withdrawals from a class occur after the class has begun and result in fewer than 8 participants, the class will be cancelled unless the instructor agrees to continue it.

INCLEMENT WEATHER POLICY – OTHER SPECIAL CLOSINGS

Cancellation policies related to inclement weather or other civil emergencies vary from site to site. In general, classes scheduled to begin after delayed site openings will take place as scheduled. Your class aide can provide further information at the outset of each course.

To learn the most up-to-date information:

- Listen to the radio or watch television
- View Arlington Cable
- Go to www.arlington.k12.va.us
- Call the APS toll-free hotline at 1-866-322-4277
- Call GMU at 703-993-1000 or access www.gmu.edu

Other rare cancellations or postponements because of special circumstances such as instructor difficulties will be announced by email (and telephone if necessary) in advance of the class.

ADA COMPLIANT FACILITIES

All ALRI sites have facilities that meet ADA standards. If a member experiences disability-related difficulties in class participation or has other concerns, he or she should contact the classroom aide or call ALRI.

VISITOR POLICY

Visitors who meet ALRI's membership requirements will be allowed to attend a single course session if the requests meet the following criteria:

- The visitor is not already a member of ALRI;
- The course is not fully subscribed;
- The instructor agrees; and
- The request is made in advance to the ALRI Administrator.

DISCRIMINATION AND ACADEMIC FREEDOM

In membership, employment, and its educational programs or activities, the Arlington Learning in Retirement Institute does not discriminate on the basis of age, sex, race, color, religion, disabilities or national origin. As a learning organization, ALRI subscribes to the American Association of University Professors (AAUP) principle of academic freedom: All views should be respected, regardless of their conformance with generally or currently accepted views.

PRIVACY POLICY

The Arlington Learning in Retirement Institute (ALRI) is committed to protecting member privacy and to ensuring the security of personal information collected. ALRI does not sell or lend member information. A complete ALRI Privacy Policy Statement is available from the ALRI Administrator and on the ALRI website at www.ArlingtonLRI.org.

While strictly adhering to this policy, ALRI urges all members to provide email addresses for internal use. The email addresses in the ALRI database are especially valuable for communicating last-minute scheduling changes, as well as special event announcements. Members are urged to keep ALRI's administration informed when their email addresses or phone numbers change.

Members can update their own contact information, including email address, using the Online Transactions/Edit Membership Record function on the ALRI website.

Spring Term Courses—2009

Fine Arts, Theater and Music

117 - Northern Renaissance Painting

Instructor: John Schnorrenberg

Mondays, 1:00—2:30
March 9—April 27
GMU
8 Sessions
Maximum of 30, minimum of 8 participants

The Renaissance of Northern European painting that occurred from about 1400 to 1475 transformed visual perception and painting technique as much as the contemporary Italian Renaissance. This course will focus on seven great masters: Jan van Eyck, Rogier van der Weyden, Hieronymus Bosch and Pieter Bruegel the Elder in the Netherlands; Jean Fouquet in France; and Albrecht Dürer and Hans Holbein the Younger in Germany. A number of other painters will be briefly considered.

After the eight scheduled lectures the instructor will offer an optional guided tour at the National Gallery of Art to see paintings by some of the artists studied in the course.

Recommended Reading: *Northern Renaissance Art* by James Snyder. Either the first (1985) or revised (2004) edition can be used.



John M. Schnorrenberg taught art and architectural history for 41 years at the University of North Carolina at Chapel Hill and at the University of Alabama at Birmingham. He has taught classes for ALRI since spring 2003. The author of three books, he is now working on a fourth.

121 - Verdi: Revolutionary and Patriot

Instructor: John Edward Niles

Wednesdays, 1:00—2:30
March 18—April 22
JEF
6 Sessions
Maximum of 50, minimum of 8 participants

The great Italian opera composer Giuseppe Verdi (1813-1901) was revered by the people of his country not only for his melodic and passionate music but also for his support of nationalism at a critical point in Italian history. Contending with censors and editors, he managed to express that nationalism in a number of his works. After the reunification of Italy, Verdi was persuaded to serve as a representative to the national parliament and as a senator.

This course will focus on Verdi's music while also assessing his role in Italian politics. We will trace the development of his music from his earliest opera, *Oberto*, through mid-career productions such as *Rigoletto* and *La Traviata*. Finally, we will see how the operas of his mature period, such as *Falstaff*, demonstrated significant changes in operatic form.

John Edward Niles is artistic director and conductor of the Opera Theater of Northern Virginia, musical director of Colva Productions, Inc. USA and program director of the Evelyn Lear and Thomas Stewart Emerging Singers Program of the Wagner Society of Washington, DC. From 1987 to 1998 he worked with European-American productions in Hanover, Germany. He also has conducted at the Prague Eurofest, ScanMus in Helsinki, WorldMusic, Inc. in Linz, Austria, and the Virginia Opera.



131 - Architecture Today

Instructor: David Varner

Thursdays, 1:30—3:00

March 12—April 16

GMU

6 Sessions

Maximum of 30, minimum of 8 participants

This course is an introduction to the diverse and complex practice of architecture—its art, science, business and politics. With a Washington-centric focus within an historical and contemporary global context, we will compare the cultural, technical and aesthetic agendas that shape our built environment. Participants will discuss the architectural questions facing society as a whole as well as issues unique to the DC area. We will consider the persistence of tradition, the need for growth, security in a post-9/11 culture, sustainability and the impacts of globalization. Together we will aim for a better understanding of how our communities are developed and redeveloped over time. A variety of local, national and international projects will be used as examples; architects from the instructor's firm, SmithGroup, will make guest appearances.

Assigned Readings: *From Bauhaus to Our House* by Tom Wolfe; *The Fountainhead* by Ayn Rand

Recommended Readings: *Complexity and Contradiction in Modern Architecture* by Robert Venturi and Denise Scott-Brown. *Worthy of the Nation: Washington, DC, from L'Enfant to the National Capital Planning Commission* by Frederick Gutheim and Antoinette J. Lee. Suggested film: *My Architect: A Son's Journey* by Nathaniel Kahn.

Websites: www.architecture2030.org; www.aia.org

Field Trip: If the class wishes, we'll travel to tour the Chesapeake Bay Foundation headquarters near Annapolis, the first building in the world to earn the US Green Building Council's platinum rating on its Leadership in Energy and Environmental Design (LEED) scale.

David J. Varner, AIA, LEED AP, holds a BA (1982) in Architecture and Art/Art History and a BArch (1984) from Rice University. He is a vice president of SmithGroup, a national architecture, engineering and planning company comprising 10 offices and 800 professionals. He leads the WorkPlace Studio in the Washington, D.C., office focusing his team of 40 professionals on commercial real estate and urban planning for office, retail and residential projects. With over 25 years of experience in the field, the instructor has worked on a wide variety of building types including offices, schools, hotels, recreational facilities, campus plans, historic preservation, high-security environments and sustainable design.

Health and Wellness

210 - The American Health Care Mess: How We Got Here and How We Get Out

Instructor: N. Thomas Connally

Fridays, 10:30—12:00

March 27—May 15

GMU

8 Sessions

Maximum of 50, minimum of 8 participants



Our health care system is seriously flawed—and the future implications for our economy are enormous. With no demonstrable increase in quality, health care costs more than twice as much per person in the US as in almost all other developed countries. And some 47 million Americans have no health insurance.

By reviewing the numerous causes and possible solutions for the health care mess, this course will give participants a sophisticated understanding of a complex topic that has become a very important part of our national economic and political dialogue. Topics to be addressed:

1. Health Care Costs and Quality: An Overview. A comparison of our system to those of other developed countries with a look at the implications for our economy if costs are not better controlled.

2. The Reasons We Spend (and Waste) So Much More than Any Other Country. These reasons include poor organization, incentives for physicians, massive waste on bureaucracy, excessive spending on pharmaceuticals, meager attention to prevention and a wasteful malpractice adjudication system.

3. The Collapse of Primary Care. In this age of medical specialists, we will discuss how primary care—the centerpiece of cost-effective health care—should be organized and why the number of general physicians, already too low, is declining rapidly.

4. The Increased Number of the Uninsured and Who Should Pay To Turn This Around. We will examine the plans of the new administration and what can be done to eliminate bureaucratic waste and devise insurance plans that are fair but reasonably priced. We may review plans used in other states.

5. The Pharmaceutical Business and What It Costs Us. This session will provide an overview of drug costs and the interactions of Big Pharma, government, private insurers, physicians and patients.

6. The Costs—Direct and Indirect—of Our Malpractice System. How does America's malpractice system work, and what are some proposals for systemic reform?

7. Prevention: When Is It Cheaper than Cure? With a look at the concept of QALYs (quality-adjusted life years), we'll review public and private issues in reducing disease and managing chronic conditions before they become expensive medical disasters.

8. Now the Hard Part. Should We, Can We or Will We Limit Certain Expensive End-of-Life Treatments? The moral and ethical concerns raised by possibly excessive and fruitless spending on the terminally ill.

N. Thomas Connally holds an MD from the University of Virginia (1962) with postgraduate training at the University of Rochester, the University of Virginia and NIH. He spent 32 years in private practice of internal medicine with clinical faculty appointments at George Washington and Georgetown. He is the author of *The Third Third* about health care after age 60. He is medical director of the Arlington Free Clinic and was recently designated a Master of the American College of Physicians for a lifetime of clinical excellence.

215 - Solving the Medicare Puzzle

Instructor: Martha Trunk

Tuesdays, 10:00—11:30

April 7—April 28

GMU

4 Sessions

Maximum of 25, minimum of 8 participants

The Medicare Modernization Act of 2003 created a Medicare Drug Benefit and a new delivery system for Medicare called Medicare Advantage plans. These changes and their implementation have resulted in many questions and options for both those who have had Medicare for a while and those who are new to Medicare.

The first session of this course will focus on Medicare Part A: benefits, gaps and what to look for in hospital discharge planning. The second session will concentrate on Medicare Part B: what is covered, who accepts assignments, how to handle preventive services and how to file an appeal. The third session will address Medicare Advantage plans and Medicare Supplemental Insurance (Medigap) plans. The fourth session will cover Medicare Prescription Drug Coverage including strategies for the “donut hole” and what to do if your plan does not cover a prescription. No product will be sold or recommended.

Martha Trunk, a certified Virginia Insurance Counseling Advocacy Program counselor through the Arlington Agency on Aging, has taught New to Medicare sessions in Arlington and Alexandria and has counseled many seniors on Medicare including the various Medicare Part D plans and drug manufacturers' programs to help lessen the impact of the “donut hole.” She is not an insurance salesperson and does not advocate a particular product or company.



216 - Natural Approaches to Wellness

Instructors: Penny R. Capps, Maureen McHugh, Larry Godwin, Toni Clark, Melanie Six, Dawn MacLear, Kerrie Martin

Fridays, 2:30—4:00
March 13—April 24
GMU
7 Sessions
Maximum of 30, minimum of 8 participants

Normal aging brings about changes in your health status. Chronic pain, negative effects of medications and activity limitations in aging can adversely affect your quality of life. If you are unhappy with the way you are aging and want to remain active and independent for as long as possible, let seven local healthcare practitioners empower you to make sound choices in nutrition, exercise, injury prevention and in developing a positive mental outlook. Their lectures will spotlight wellness strategies available in most communities and will enable you to take control of your health in a safe and natural way.

1. Therapeutic Massage (Penny R. Capps)
2. Neural Plasticity and Feldenkrais (Maureen McHugh)
3. Acupuncture (Larry Godwin)
4. Purpose Is Powerful Medicine (Dr. Toni Clark)
5. Chiropractic (Dr. Melanie Six)
6. Stretch and Strength (Dawn MacLear)
7. Nutrition (Kerrie Martin)

Penny R. Capps is a Certified Massage Therapist, Personal Trainer and Fitness Instructor with 20 years experience in these fields. She holds a Master's Degree in Engineering that supports her interest in the science and biomechanics of the human body. Penny's experience includes sports massage at many events, most notably the 2002 Winter Olympic Games in Salt Lake City. Penny maintains an office in Falls Church, VA, where she provides massage and personal training.

Maureen McHugh is a Guild Certified Feldenkrais Practitioner and a full time teacher of The Feldenkrais

Method for individuals and groups. The Feldenkrais Method focuses on therapy that improves and increases flexibility, balance and range of motion in body movement. Neural Plasticity focuses on the ability of the brain and/or nervous system to adapt to new conditions such as injury. Maureen is a graduate of the Washington, DC, Feldenkrais training program conducted at The American University from June 1988 to August 1991. She also holds an MBA from the University of Virginia.

Larry Godwin, MAc, Lac, is a licensed Acupuncturist certified by the Virginia Board of Medicine. He practices Five Element, Eight Principle and Sports (orthopedic) Acupuncture and the relief of chronic pain through the use of painless myofascial trigger-points therapy. Larry is an avid athlete, participating in six marathons per year as well as numerous shorter races, and he enjoys Olympic distance triathlon.

Toni Clark is a graduate of the Institute for Life Coach Training, a program accredited by the International Coaching Federation to train mental health professionals in coaching. She also holds a PhD in educational psychology from the University of Washington. She has worked many years in both mental health and corporate management education. She has also worked as a Life Coach since 2003.

Melanie Six, Doctor of Chiropractic, is a graduate of Palmer College of Chiropractic in Davenport, IA, and holds a BS in Biology from LeMoyne College, Syracuse, NY. She is certified by the national Board of Chiropractic Examiners and holds licenses in VA, NC and IL. She heads a private family chiropractic care and wellness center in Alexandria, VA. She is also an avid and longtime athlete and is experienced in acute and wellness care of the recreational and amateur athlete.

Dawn MacLear holds certificates from Evergreen Yoga, AFAA Aerobics, ACE Group Exercise and ACE Personal Trainer. She is the author of *Evolved Yoga*, an exercise video rated in the top nine exercise videos of 2004 by *Health Magazine*. Dawn has modified classic yoga per the guidelines of current exercise physiology to provide uncomplicated stretching that anyone can do. Dawn has also studied dance and martial arts and was a competitive athlete.

Kerrie Martin is a Certified Health Counselor and Transitions Weight Management Coach. Kerrie was trained at the Institute for Integrative Nutrition in New York City and is certified by the American Association of Drugless Practitioners and Columbia University Teachers College. She leads local workshops on nutrition, teaches weight management classes and

History

offers health and nutrition counseling to individuals. She is passionate about working with people and partnering with them to create healthy and balanced lifestyles.

History

303 - Pompeii, Vesuvius and All That

Instructor: Tom Wukitsch

Mondays, 10:00—12:00

March 9—May 11

GMU

10 Sessions

Maximum of 50, minimum of 8 participants

79 AD. Pliny the Elder, an acute observer of natural phenomena, had already noted the ripples on the surface of the wine in his glass; the earth was shaking under his naval headquarters on the northern edge of the Bay of Naples. Historians and naturalists had long warned of the fires under the volcano and described the charred rocks around its peak. Local mythology warned that a giant was buried under the mountain—the brother of the giant trapped under Mount Etna in Sicily—and that both were struggling to get out. There had been massive eruptions centuries and millennia before. The whole of the Bay of Naples is but one fourth of the huge caldera, and Vesuvius is only a small vent on its edge. But residents and tourists in Pompeii and the other towns clustered around the base of Vesuvius were not aware of the significance of the early warning signs. They had long forgotten their local mythology and religion and had turned to the worship of an Egyptian goddess, Isis, who apparently knew nothing of volcanoes.

On August 24, 79 AD, they briefly regretted what they had forgotten as gases from the volcano devastated the area. Thousands of bodies have been recovered. But many more thousands remain under thick layers of ash and clasts. We will look at the geology and history of the area around the Neapolitan caldera and at

the 79 AD eruption and its aftermath and explore the ruins and the recovered artifacts. We'll read the eyewitness description of the eruption written by Pliny the Younger, who declined to accompany Pliny the Elder on his fatal fact-finding and attempted rescue mission into the danger area and who fled the final paroxysmic pyroclastic flow that roared almost 20 miles across the Bay of Naples. Our exploration of this famous event will be tempered by the knowledge that Vesuvius is overdue for another major eruption.

Recommended Activity: Pompeii and the Roman Villa: Art and Culture around the Bay of Naples on exhibit at the National Gallery of Art through March 22, 2009.

Website:

<http://www.nga.gov/exhibitions/pompeiiinfo.shtm>

Tom Wukitsch's educational background is in archeology and ancient history. He served in the US Navy and as a member of the US Foreign Service in the Middle East and Western Europe. He was Division Chief for the Middle East Division and the Western Europe division in the State Department Bureau of Intelligence and Research. After retiring he studied and taught for four years in Rome. He is a board member of SMATCH (Scientific Methodologies Applied to Cultural Heritage), an international nonprofit organization, and has led ALRI Travel Club tours to Rome, Florence, Venice and Egypt.

305 - Arlington History

Instructor: N. Karl VanNewkirk

Thursdays, 3:00—4:30

April 9—May 21

Various Arlington locations

7 Sessions

Maximum of 15, minimum of 8 participants

While you have been living your daily life in Arlington, did you ever wonder who trod on this ground before you? This is a survey of the history of Arlington from the time before the arrival of European settlers to the present. Several historic buildings and neighborhoods will be visited. The course sessions will cover the following:

History

1. Overview and Guided Tour of the Arlington Historical Museum
2. Arlington before the Europeans
3. Eighteenth Century Arlington
4. Early Nineteenth Century and the Civil War
5. Some Arlington Black History
6. Reconstruction and the Beginning of Modern Arlington
7. Arlington in the Twentieth Century

Note: The first class will meet at the Arlington Historical Museum, 1805 S. Arlington Ridge Rd. (directions below). Locations and directions for subsequent sessions will be provided at the first class meeting. A moderate amount of walking will be involved in touring the historic Arlington locations.

Karl VanNewkirk is a past president of the Arlington Historical Society and has edited its annual magazine since 1992. He has been a member of the board of directors of the Arlington Black Heritage Museum since its inception, works as a volunteer for the archaeology department at Gunston Hall and is currently working on the genealogy of his family. He is a member of a variety of local historical, genealogical and archaeological organizations.

Arlington Historical Society Directions: From North Arlington take Arlington Boulevard or Washington Boulevard to their intersection. Follow Washington Boulevard (Rte. 27) toward the Pentagon and I-395. Just past Columbia Pike, follow the signs to Ridge Road. After crossing the bridge turn right at the yield sign; the Arlington Historical Museum is 200 yards on the left. From South Arlington take Columbia Pike east (toward the Pentagon). Take the ramp to Washington Boulevard and I-395, but DO NOT merge; instead, take the SECOND (left) exit from the ramp to Ridge Road. After crossing the bridge, turn right at the yield sign; the museum is 200 yards on the left. From Crystal City, take 23rd Street west (up the hill). At the traffic light at the top of the hill, turn right on Arlington Ridge Road; the museum is 0.4 mile on the right.

307 - The World's Pantry: Foods from Southeast Asia

Instructor: Herbert Weinstein

Tuesdays, 1:30—3:00

April 7—May 12

CEC

6 Sessions

Maximum of 20, minimum of 8 participants

What are we having for dinner tonight? The answer is often some kind of ethnic food usually prepared with basic ingredients and simple spices found in most American kitchens. Too many of us fail to appreciate the many opportunities we have here in northern Virginia to select foods originating in more exotic parts of the world. Whether we eat at an ethnic restaurant or gather ingredients from specialty shops to assemble our own authentic dishes, we should be curious about and appreciate the ingredients and preparation of these ethnic delicacies. What are the origins of the ingredients, and how has the preparation of these succulent dishes evolved over time? How did once exotic fares become available in our local markets and restaurants?

This course will explore the origins, history and development of foods from Southeast Asia focusing on the typical native cuisines of that region and the effects that other countries have had on them. Among the examples to be discussed: the influence of France on Vietnamese cuisine, the United States on Filipino cuisine, China on Thai cuisine and Holland on Indonesian cuisine. We will also consider the historical events that have altered Southeast Asians' diets and eating habits.

The instructor will supply the class with reading materials and electronic files he has used in the preparation of the lectures.

This course should be of particular interest to the ALRI Ethnic Lunch Club, whose members visit a different local ethnic restaurant each month. As an additional, optional lecture (session #7) and at each student's cost, the instructor will organize a group luncheon at a

History

local Asian restaurant where dishes that were discussed during the course can be tasted, experienced and discussed. (Minimum number of luncheon participants will be determined during the course.)

Herbert (Herb) Weinstein earned his chemical engineering degree from the Universidad Nacional Autonoma de Mexico and his MS and PhD in Food Science and Technology from MIT. Having worked at General Foods (now Kraft Foods) and Unilever, he has more than 37 years of industrial experience in most technical aspects of food manufacturing, distribution, logistics, product development, quality control, quality assurance and management. Today he is a consultant and has taught ALRI courses.



319 - The Battles for Richmond: The 1862 Peninsula Campaign

Instructor: Robert Stone

Tuesdays, 2:00—3:30
March 24—May 12
WRC
8 Sessions
Maximum of 20, minimum of 8
participants

In the first year of the American Civil War, the standard war cry of the Northern press and many Union government officials was "On to Richmond!" This simplistic idea that capturing the capital of the Confederacy would end the war led to the 1862 Peninsula Campaign, the largest campaign of the war. On the Virginia Peninsula between the York and James rivers, more men and supplies were assembled than for any other operation in the war.

The campaign was the grand scheme of Union General-in-Chief George B. McClellan, a classically trained West Point graduate who while studying the wars of Europe earned the

nickname "The Little Napoleon." McClellan's thought processes in this campaign are memorialized in daily letters to his wife that were published by the family after the war.

McClellan's campaign to capture Richmond was successful up to June 1, 1862, when everything changed because of a decision by Confederate President Jefferson Davis to name General Robert E. Lee as commander of the Army of Northern Virginia. In a series of engagements called the Seven Days Battles, Lee drove McClellan's Army of the Potomac away from the gates of Richmond and completely changed the dynamics of the war in the East.

The instructor will use pictures, maps, lectures and discussions to explore the many separate actions that made up this very interesting campaign on Virginia's soil.

Recommended Reading: *To the Gates of Richmond: The Peninsula Campaign* by Stephen W. Sears.

Field Trip: The instructor will offer an optional field trip to Richmond the week following the last class of the session, with the cost being shared equally among the class members making the trip.

Bob Stone has a BS in Education from West Virginia University. He worked for the Arlington County government for more than 36 years and also taught classes at Northern Virginia Community College as a visiting lecturer. He has studied the American Civil War extensively for over 50 years and has experience taking adult groups on tours of eastern battlefields. This class continues an ALRI series on great Civil War campaigns that Bob started four years ago.

320 - American Civil War: Little-Known Topics

Instructor: Keith Young

Fridays, 9:30—11:00
April 3—May 8
GMU
6 Sessions
Maximum of 30, minimum of 8
participants

History

As Virginians we are familiar with the famous historic sites associated with the Civil War in our region. These battlefields are important, but the war was far broader. This course will explore several lesser-known Civil War topics:

1. Patriotism and Propaganda. Pictorial envelopes provide reflections of the war as seen from the home front.

2. Fort Massachusetts. This fort is situated on low, sandy Ship Island, one of the Mississippi Gulf Coast barrier islands. The stories of the fort and the island are tightly linked. The fort has a rich Civil War history and special significance for US Colored Troops.

3. The Civil War in the Far West—The War in Arizona and New Mexico. This section examines a fascinating and little-known 1862 campaign conducted by a few troops under very trying conditions and for large stakes. Part 1 examines the reasons for the campaign and traces the progress of the contending forces through the first significant battle, Valverde. Part 2 carries the story on to the climactic confrontation at the battle of Glorieta Pass and the withdrawal of the Confederate forces from New Mexico.

4. Building Bridges with the Army of the Potomac. We will look at the Engineer Corps and their important function of providing pontoon bridges to allow the armies to cross rivers and streams. The presentation uses the Army of the Potomac as the example but also discusses engineer units in other theaters of war and in the Confederate Army.

5. Sending the Word—The Signal Corps in the Civil War. We will explore how the US Army's Signal Corps got its start just before the Civil War and how both sides used signaling during the war. Topics will include the contest between competing telegraphic systems and their supporters, signaling equipment, the Beardslee telegraph and the use of codes and ciphers during the war.

Keith Young has a very active interest in American history and has traveled extensively to visit Civil War sites. He is a past president of the Bull Run Civil War Round Table and was a contributor to the *Library of Congress Civil War Desk Reference* published in 2002. As an active lecturer on Civil War topics, he has addressed many Civil War round tables, community organizations, educational institutions and Civil War descendants' groups.

321 - Our Legacy from the Middle Ages

Instructor: Mary Lee McIntyre

Wednesdays, 10:00—11:30

March 18—April 15

MAD

5 Sessions

Maximum of 25, minimum of 8 participants

What comes to mind when you hear the term "Middle Ages"? Do you picture a chaotic, barbarous period when life was short and brutish and culture was confined to a few scattered monasteries? Or do you have a more romantic vision of chivalrous knights and castles?

The twelve centuries from 300 AD to 1500 AD featured all of these elements but so much more. In this course we will examine the remarkable legacy that the modern world received from this period in terms of institutions such as the church, representative government, capitalism and the university as well as ideas such as rationalism, nationalism and the scientific method. We will trace the development of architecture, art, literature, trade and methods of conducting warfare. Finally, we will meet some of the fascinating men and women who contributed to the richness of medieval life.

Recommended Reading: Handouts will be provided in class.

Mary Lee McIntyre developed her interest in medieval history during a long career of teaching and lecturing here and abroad. After receiving an AB in History from Washington College and an MA from SAIS at Johns Hopkins University, she taught at both the high school and university levels in the Washington area and in India, Pakistan and Lebanon. She also served with USAID in India, Pakistan and Bangladesh.



History

326 - World War II U-Boats: The German Experience

Instructor: R. Keith Young

Mondays, 1:00—3:00

March 9—May 11

GMU

10 Sessions

Maximum of 30, minimum of 8 participants

Did you know that German U-boats frequently came within sight of the mid-Atlantic coast and even landed spies in the US during World War II? This course will present and interpret the exploits and activities of the German navy's submarine force during World War II. Because certain popular aspects of the Battle of the Atlantic and the U-boat mystique are myth—created by wartime propaganda or nationalistic pride—we'll examine some of the more popular myths about U-boats.

The course will cover the intense conflict that took place for control of the Atlantic Ocean's sea lanes during the war and the continuing efforts of the Allies to improve their anti-submarine capabilities and equipment. The efforts of both the U-boats and their adversaries were profoundly influenced by their leaders, their countries' alliances, and the economic, scientific and technical capacities available to each side. Topics to be addressed include the U-boat war, anti-submarine warfare (surface and air), the effects of grand strategy on conduct of the U-boat war, aspects of strategic bombing, logistics, leader personalities, equipment and technical developments, intelligence and code breaking, training, anecdotes and unusual events.

The course will take more than one term to complete. This Spring 2009 course is Part One and will cover the period from the start of WW II in September 1939 to the turning point in the course of the U-Boat war in late 1942/early 1943.

Keith Young served on four submarines. He is a former submarine commanding officer and a retired US Navy captain. He has long had a deep interest in military history and is a lecturer on many subjects in the field. His special areas of interest are the American Civil War and World War II. He taught the

ALRI course *America's Submarine War: US Submarines in WW II* in the spring of 2008.

327 – The Geopolitics of the Ancient Middle East

Instructor: Dave Rudgers

Thursdays, 1:00—2:30

March 12—April 16

CEC

6 Sessions

Maximum of 20, minimum of 8 participants

After the ancient Hebrews became aware of themselves as a people with their own identity, their history was a turbulent one. Relatively few in number and living in a tumultuous geopolitical neighborhood since the beginning of recorded history, they were in almost constant conflict with powerful neighbors, threatened by hostile nomads, divided among themselves and frequently subordinate to foreign conquerors. This course tells that story and describes their relationship with the Egyptians, Assyrians, Babylonians, Persians, Seleucid Greeks, Romans and Muslims. It will also detail the changing power relationships in the ancient Middle East, culminating in the Muslim conquests of the seventh century.

Although this course deals with biblical themes and personalities, it is not a course in religion. Events will be examined and interpreted in an entirely secular context. The course also will attempt to link the events of the ancient Middle East to a contemporary context. There is no required text, but an extensive bibliography will be provided.

Dave Rudgers is an independent scholar and a retired civil servant. After working as an archivist at the National Archives, he was employed primarily as an editor and analyst at the Central Intelligence Agency for 22 years. He holds a doctorate in history from The George Washington University and is an award-winning author.



329 - The “Troubles” in Northern Ireland

Instructor: Rosemary O'Neill

Wednesdays, 9:00—11:00
March 18—May 13
MU
9 Sessions
Maximum of 30, minimum of 8
participants

This course will focus on the violence that took place in Northern Ireland from the civil rights movement in the late 1960s until the IRA ceasefires in the mid-1990s. Ms. O'Neill will describe the secret talks between the British, the IRA and others that eventually culminated in the Good Friday Agreement of 1998. She will analyze the political parties, paramilitary militias, factions and leaders in Northern Ireland and will discuss the evolutionary roles of the British and Irish governments, as well as the US role in encouraging a peaceful resolution of the “Troubles.” Finally there will be a description of developments from the 1998 Good Friday Agreement to the establishment of a Northern Ireland Executive ruled by Ian Paisley's Democratic Unionist Party and Sein Fein. Ms. O'Neill will invite guest speakers who participated in the Northern Ireland peace process to address the class and engage in discussion.

Assigned Reading: There will be handouts including treaties that the students will be expected to read.

Recommended Reading: The instructor will provide a bibliography of suggested readings.

Rosemary O'Neill served 37 years with the US Foreign Service before retiring in 2003. She has followed developments in Northern Ireland for more than 30 years and traveled extensively throughout the island of Ireland. She served in 2001 as an advisor to Ambassador Richard Haass, the Bush Administration point person for Northern Ireland. She has worked with representatives of all the political parties, journalists, academics, women's groups, youth groups, community organizers, human rights workers, religious leaders, security officials and government leaders to try to promote peace and reconciliation in Northern Ireland.

Law, Politics and Public Affairs

402 - The Bill of Rights: Its History, Current Interpretations and Future

Instructor: Robert L. Weinberg

Thursdays, 1:30—3:00
March 12—April 16
No class meeting April 9
MAD
5 Sessions
Maximum of 20, minimum of 8
participants

How well do you understand your Constitutional rights? This course will present an overview of the rights guaranteed Americans by the first ten amendments to the US Constitution. The class will also consider how the Supreme Court has interpreted several specific provisions of the Bill of Rights including free speech, free exercise of religion, the right to bear arms, security against unreasonable search and seizure, the privilege against self-incrimination, the prohibition against double jeopardy, the guarantee of due process of law, the right of the accused to indictment by a grand jury and a speedy trial in public by an impartial jury, the right to assistance of counsel and to bail, and the prohibition against cruel and unusual punishment. Finally, the course will consider the extent to which the provisions of the Bill of Rights—which was adopted as limitations upon the federal government—have been made binding upon the states by virtue of the Fourteenth Amendment.

Recommended Reading: *The Bill of Rights: Creation and Reconstruction* by Akhil Reed Amar

Robert L. Weinberg received his bachelor and law degrees from Yale and his PhD in Economics from the London School of Economics. He is a retired founding partner of the Washington, DC, law firm of Williams and Connolly, which was formerly headed by famous advocate Edward Bennett Williams. Weinberg has litigated constitutional issues for over 35 years, specializing in the defense of the accused in criminal cases. He is now Adjunct Professor at the George Washington University School of Law and Visiting Lecturer at the University of Virginia Law School.

404 - Solutions for the World's Biggest Problems

Instructor: Bruce Britton

Wednesdays, 10:00—11:30

April 15—May 20

JEF

6 Sessions

Maximum of 15, minimum of 8 participants

The world's biggest problems include malnutrition and hunger, global warming, subsidies and trade barriers, education, women and development, air pollution and terrorism. For each of these there are possible solutions, but they can be expensive, and some of the solutions may cause other problems. This course will consider the problems listed above as well as those that may arise from class discussion. No reading is required. One recommended source of information, however, is the Copenhagen Consensus 2008 materials (all on the Internet) in which experts offer their interpretations of the problems we will discuss, some solutions, and the benefits and costs of each solution. This makes it possible for us to compare the approaches and value of solving each problem. At the last course session, students are invited to prioritize the problems and identify their choices of solutions.

Recommended Reading: The instructor will present the papers on malnutrition and hunger, global warming, subsidies and trade barriers, education, women and development, air pollution and terrorism.

Bruce K. Britton is Professor Emeritus at the University of Georgia where he was a professor in the Department of Psychology as well as adjunct professor in the Department of Educational Psychology, a fellow of the Institute of Behavioral Research, a faculty fellow in the Artificial Intelligence Center and a member of the consultant faculty of the Mental Performance and Aging Laboratory. He has written numerous articles for professional journals and edited seven books on psychology.

412 - Global Hot Spots

Instructors: A. Elizabeth Jones, Steve Schlaikjer, James Dobbins, Robin Raphel, Michael Southwick, Peter Romero, Stephen F. Dachi, Phil Wilcox

Thursdays, 10:00—11:30

March 19—May 14

GMU

No class April 30

8 Sessions

Maximum of 50, minimum of 8 participants

The Cold War is history. Although the United States no longer faces that period's nuclear Armageddon, we are confronted by a more complex and still perilous world. Increasingly, we face a globe circled with dangerous hotspots, some flaring openly into violence, others simmering near the edges of our attention. This course, Global Hot Spots, taps the experience and perspective of leading diplomats and scholars to offer insights into what's at stake in eight of these critical areas.

1. Meeting the Challenge of a Resurgent Russia (A. Elizabeth Jones)

How should we evaluate Russia's severe overreaction in Georgia, its threats against Ukraine, its recalcitrance in undertaking reforms needed for WTO membership and its antidemocratic and corrupt society? What options might the new US president consider in dealing with the Putin/Medvedev Russia?

Recommended Reading: *Sale of the Century: Russia's Wild Ride from Communism to Capitalism* by Chrystia Freeland.

2. China's Place in the Global Economy (Steve Schlaikjer)

The lecture will review China's rapid economic growth and transformation; its impact on global trade, investment, and finance and the country's impact on worldwide energy consumption and our environment.

Recommended Reading: *China's Rise: Challenges and Opportunities* by C. Fred Bergsten, Charles Freeman, Nicholas R. Lardy and Derek J. Mitchell; "Blaming Deregulation" by

Sebastian Mallaby in the *Washington Post*, October 8, 2008.

3. America's Role in Nation Building (James Dobbins)

A review of what the United States has learned, or should have learned, through 60 years of nation building from post-WWII Germany and Japan to post-Cold War Somalia, Haiti, Bosnia and Kosovo to post-9/11 Afghanistan and Iraq.

Recommended Reading: *After the Taliban: Nation Building in Afghanistan* by James Dobbins.

4. US-Pakistan Relations: An Update (Robin Raphel)

This lecture will outline how US policy towards Pakistan has evolved over the last several years, analyzing what has worked, what has not and citing reasons for both. It will also review how the new administration is formulating an approach to this strategically placed country.

Recommended Reading: *Descent into Chaos* by Ahmed Rashid; *Crossed Swords: Pakistan, Its Army, and the Wars Within* by Shuja Nawaz; *Securing Pakistan's Tribal Belt* (Council Special Report No. 36) by Daniel Markey; *The Next Chapter: US and Pakistan* by CFR Pakistan Policy Working Group.

5. The Horror and the Hope of East Africa (Michael Southwick)

This lecture will emphasize the complexity of East Africa, a region afflicted with conflict, poverty and political instability, but also a region whose positive aspects can give hope for a better future.

6. Diversity in Latin America and the Challenge for US Foreign Policy (Peter Romero)

We, as Americans, generally think about Latin America in the broad sweep of stereotypes and commonalities among countries there. As a country, the United States will correctly engage with this region, and meet the challenges of a restive population only when we understand the rich social, cultural and historical diversity there, which in many ways mirrors our own ethnic and cultural heritage. In doing so, we North Americans should accept the tenet that we are all Americans!

7. Iran: Emerging Regional Power (Stephen Dachi)

Iran is a rapidly growing regional power. It is at the center of US interests due to the nuclear

nonproliferation issue, its role in Iraq and Afghanistan, its sponsorship of Hezbollah and its importance as a major holder of oil and natural gas reserves. These will be the topics covered.

8. Israel and Palestine: Peace or Historic Tragedy? (Phil Wilcox)

For 60 years Israelis and Palestinians have struggled, often violently, over the Holy Land to which both peoples have deep claims. The crisis has deepened as US and international peace efforts have failed, 500,000 Israelis have settled in lands occupied by Israel in 1967, and die-hard extremists on both sides have resisted a peaceful compromise based on two states and a shared Jerusalem. Are these two peoples doomed to perpetual conflict or could the next US administration help rescue them from a grim future?

Recommended Reading: *The Iron Wall* by Avi Schlam; *The Iron Cage* by Rashid Khalidi; *The Much Too Promised Land* by Aaron Miller.

A. Elizabeth Jones, Executive Vice President, APCO Worldwide, spent 35 years in the Foreign Service and retired as Career Ambassador. She served as Assistant Secretary of State, Europe and Eurasia; Ambassador to Kazakhstan; Deputy Chief of Mission, US Embassies Bonn and Islamabad. She has an MA from Boston University and a BA from Swarthmore College.

Steve Schlaikjer works as a senior analyst for CENTRA Technology, a private consulting and contracting firm headquartered in Massachusetts with a principal office in Arlington, Virginia. He retired from the Foreign Service in 2004 after a 30-year career focusing on Asia and economics. His overseas postings included Taipei, Islamabad, Shanghai, Guangzhou, Beijing, Geneva and Hong Kong. He served as Deputy Consul General in Hong Kong during the transition from British to Chinese administration (1995-1998) and as Director of Chinese and Mongolian Affairs in the State Department from 1998-2000.

James Dobbins directs RAND's International Security and Defense Policy Center. He has held State Department and White House posts, including Assistant Secretary of State for Europe, Special Assistant to the President for the Western Hemisphere, Special Advisor to the President and Secretary of State for the Balkans, and Ambassador to the European Community. He has handled a variety of crisis management assignments as the Clinton Administration's special envoy for Somalia,

Haiti, Bosnia and Kosovo and the Bush Administration's first special envoy for Afghanistan.

Robin L. Raphel is a career diplomat who served as Ambassador to Tunisia and Assistant Secretary of State for South Asian Affairs. In 2007 she also served as Deputy Inspector General in the Office of the Special Inspector General for Iraq Reconstruction. Before that, Ambassador Raphel was Coordinator for Iraq Reconstruction, a position she assumed after serving as Senior Advisor to the Ministry of Trade. She is currently a Senior Vice President at Cassidy & Associates, providing counsel to multinational corporations, foreign countries and other organizations.

E. Michael Southwick graduated from Stanford University with a degree in history. He entered the Foreign Service in 1967 and retired in 2003 after seven overseas tours, mostly in Africa where much of his work involved conflict prevention, political reform, economic development and humanitarian relief. He served as Ambassador to Uganda from 1994 to 1997. In his last six years in the State Department, he served at the Deputy Assistant Secretary level and concentrated on UN reform and human rights, leading the US team that successfully negotiated a treaty to ban the use of child soldiers.

Peter F. Romero is the President and CEO of Experior Advisory LLC, a Washington-based consulting firm that advises US and international clients on winning strategies and best practices in overseas markets. Ambassador Romero combines 32 years of problem solving in both the public and private sectors. He has extensive experience in Latin America as Assistant Secretary of State for Western Hemisphere Affairs, Ambassador to Ecuador and Chief of Mission in El Salvador.

Stephen Dachi is Professorial Lecturer on Political Islam and Global Energy Security at George Washington University; Chair, South Asia Area Studies, Foreign Service Institute, Department of State; and international consultant and lecturer. He has given courses at ALRI since 2004.

Philip C. Wilcox Jr. is President of the Foundation for Middle East Peace, a Washington, DC, based organization devoted to fostering peace between Israelis and Palestinians. Ambassador Wilcox retired from the Foreign Service in September 1997 after 31 years of service. His last overseas assignment was as Chief of Mission and Consul General, Jerusalem. Among his assignments in the Department of State were Ambassador at Large and Coordinator for Counter Terrorism, Deputy Assistant Secretary for

Middle Eastern Affairs, and Director for Israeli and Arab Israeli Affairs.

414 - The United States Congress: A Study of Sausage in the Making

Instructor: Richard Barton

Tuesdays, 10:30—12:00

April 7—May 12

CEC

6 Sessions

Maximum of 18, minimum of 12 participants

The recent election brought a sea change in the makeup of Congress as well as a new president, with huge challenges for both. This course will examine the evolution of congressional power since the first Congress in 1789, the way Congress works now and what we might expect in the coming year. The relationship between Congress and the president is crucial given the unforeseen development of the president as chief legislator. Lobbying also has become a staple of the legislative process as a complex interaction of well-organized Executive Branch pressures, special interests, public interest groups and campaign financing. We will discuss these topics and anything else the class considers fruitful and interesting. Expert guest speakers will assist the instructor in providing insight into the complexities of the American legislative process.

Assigned Readings: *Congress and Its Members*, 8th edition, by Roger H. Davidson and Walter J. Oleszek. *The Dance of Legislation* by Eric Redman.

Recommended Readings: Will be included in the syllabus.

Field Trips: Optional field trips during the course to explore the National Archives and to spend a day in Congress. Related costs: \$20 plus transportation.

Richard Barton spent 22 years as a lobbyist for the direct marketing industry and 13 years prior to that on the staff of the US House of Representatives where he served as staff director of three legislative subcommittees. He has taught courses on the bureaucracy in the political system and the history of

modern civilization at George Mason University and the University of North Carolina. He is currently a PhD candidate in public policy at George Mason.

420 - China: Behind the Headlines

Instructors: Madelyn Ross, Lawrence Daks

Wednesdays, 10:00—11:30

April 15—May 20

GMU

6 Sessions

Maximum of 50, minimum of 8 participants

The 2008 Olympics introduced many American TV viewers to China's impressive achievements. We now know China as a rising superpower whose booming economy is on track to surpass our own within a few decades—and as a nation of 1.3 billion potential customers for American goods. Yet half of China's population subsists on about \$440 per capita per year. There are also an estimated 220 million "surplus" workers in China's central and western regions. And another 320 million Chinese—outnumbering the entire US population—are under the age of 14.

This course will go behind the headlines to provide fresh perspectives from experienced analysts on important issues facing China and US-China relations. The instructors plan to invite government, industry and academic experts to share their own China experiences with the class.

Recommended Reading: A list of suggested readings will be distributed at the first session.

Madelyn Ross, Director of China Initiatives at George Mason University, first went to China as a teacher and student in 1979-80. She spent nine years at the US-China Business Council as editor of *The China Business Review* and has been a consultant to organizations including the US-China Policy Foundation and the National Committee on US-China Relations.

Lawrence Daks had a 30-year career with the US Information Agency that included four years in China and other assignments in Laos, Thailand and Taiwan. In recent years he has been a consultant to a variety of organizations implementing China-related projects.

425 - Conflicts in Africa

Instructor: Clement M. Aapengnuo

Mondays, 2:00—3:30

March 23—April 20

CEC

5 Sessions

Maximum of 50, minimum of 8 participants

Africa is often associated with such bad news as sickness, poverty, conflict, and corrupt or authoritarian governments. In the last twenty years the continent has experienced a number of tragic conflicts including those in Rwanda, Liberia, Sierra Leone, Ethiopia, Somalia and Sudan. Since 1970 more than 30 wars have been fought in Africa, the vast majority of them intrastate in origin. This strife has seriously undermined Africa's efforts to ensure long-term stability, prosperity and peace. What are often not reported are the root causes of these clashes or the efforts Africans themselves are making against all odds to resolve them and build peace.

To address the questions of why Africa is so conflict prone and what can be done about it, the course will present a bird's-eye view of the historical context of these African struggles. With the premise that a holistic understanding of African conflicts is key to their sustainable and peaceful resolution, we will briefly review the precolonial, colonial and postcolonial periods of African political history as well as the impact of those periods on the wars that Africa has experienced during the last 60 years.

Father Clement, a master's student at the Institute for Conflict Analysis and Resolution, was director of the Center for Conflict Transformation in Northern Ghana for six years. He holds an MA in social communications and postgraduate certifications in conflict analysis and resolution and in public administration. Father Clement also studied philosophy and theology at St. Victor's Major Seminary, Tamale, Ghana.



430 - Church, State, Education and the Constitution

Instructors: David Ackerman, James Stedman

Mondays, 10:30—12:00

March 30—May 4

GMU

6 Sessions

Maximum of 30, minimum of 15 participants

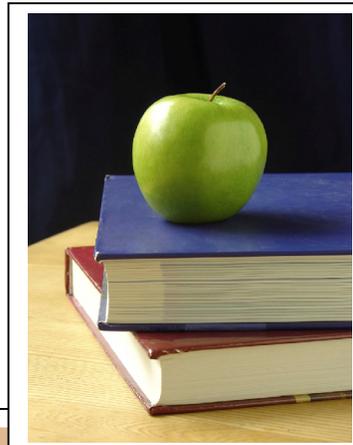
Few issues in American life have proven to be as controversial or as persistent as those involving matters of church and state. Such issues include religious exercises in the public schools, public aid to sectarian schools, the display of religious symbols on public property and the teaching of evolution and creationism. These and related issues continue to arouse strong emotions, precipitate numerous Supreme Court and lower federal court decisions and have demonstrable impact on elections and the course of judicial appointments. Moreover, virtually all of these issues have deep roots in American history and most are intertwined with the development of our public and private educational systems.

As a consequence, this course will examine a variety of church-state issues within a historical context. Attention will be given to salient events involving church and state from the earliest American colonies to the present, the addition of the establishment and free exercise clauses of the First Amendment to the Constitution, the development and nature of our public and private educational systems, the role of government in supporting and regulating those systems, and Supreme Court and pertinent lower federal court decisions interpreting the establishment and free exercise clauses in the context of particular controversies.

Assigned Reading: Will be given in class.

Dave Ackerman received a BA in history from Knox College and a JD from Georgetown Law School. Prior to retiring recently, he served for 30 years as a legislative attorney with the American Law Division of the Congressional Research Service providing legal analysis and assistance to members of Congress, committees and staff. The law of church and state was one of his areas of specialization. He also attended Chicago Theological Seminary and worked for six years in the Washington Office of the National Council of Churches.

Jim Stedman received a BA in history from Middlebury College, an MA in history from Harvard University and an MAT from Johns Hopkins University. He was a specialist in social legislation for the Congressional Research Service from which he recently retired after 30 years of service. His areas of responsibility included elementary and secondary education reform, federal assistance to elementary and secondary education, and private education. He has also taught at the elementary school level in the Howard County, MD, public school system.



432 - Debating Administration Policies

Instructor: Bruce Britton

Thursdays, 10:00—11:30
April 16—May 21
MAD
6 Sessions
Maximum of 25, minimum of 8 participants

Do you enjoy a lively debate on timely issues? In this course we will start by identifying Obama-Biden administration policies we wish to debate (one for each class). Policies will then be chosen by majority vote based on timeliness, specificity and information value. Possibilities include policies on Iraq, Afghanistan, Guantanamo detainees, health care reform, energy, trade, the Employee Free Choice Act (card check), global warming, executive power limitations and many others.

At the end of each class, students may choose to volunteer as champions of one side or the other of the policy to be discussed at the following class—or as members of debate prep teams. The Lincoln-Douglas debate format will be used; in some cases outside experts may participate. The instructor will usually serve as moderator and timekeeper. Following each debate, class members will ask questions and general discussion will ensue.

Recommended Readings: Newspapers, magazines, electronic media and other sources relevant to issues chosen.

Bruce. K. Britton is Professor Emeritus at the University of Georgia where he was a professor in the Department of Psychology as well as adjunct professor in the Department of Educational Psychology, fellow of the Institute for Behavioral Research, faculty fellow in the Artificial Intelligence Center and member of the consultant faculty of the Mental Performance and Aging Laboratory. He has written numerous articles for professional journals and edited seven books on psychology.



Literature and Writing

506 - Finding the Art in Shakespeare's Plays: The Insider as Outsider

Instructor: Thomas Dunlap

Wednesdays, 1:00—2:30
March 11—May 6
No class April 8
WRC
8 Sessions
Maximum of 14, minimum of 8 participants

Have you ever been on the inside and suddenly found yourself thrust out? In four Shakespeare plays—*Richard III*, *Hamlet*, *Twelfth Night* and *King Lear*—characters who are insiders suddenly become outsiders. They have well defined roles within their societies; then circumstances change and they are alone in dangerous situations and have to rely on their inner resources. This testing of character makes for great drama. They are thrust into worlds of disguises, lies and poisoned toasts full of high praise. As one character says, he has friends and family members “whom I will trust as I will adders fanged.”

We will discuss these four intriguing plays in an informal seminar setting. The instructor will explore Shakespeare’s dramatic art through guided class discussions and brief lectures. The class is open to Shakespeare buffs and newcomers alike. “Come brush up your Shakespeare.”

Assigned Readings: *Richard III*, *Hamlet*, *Twelfth Night* and *King Lear*

Tom Dunlap holds a master's degree in English literature from the University of Michigan where he was a teaching fellow. He has had subsequent experience teaching adults in informal settings. Through working at the Folger Shakespeare Theatre and Arena Stage, he has gained insights into play production from backstage and from the audience's point of view. This will be the eleventh ALRI course he has taught.

515 - Writing about Your Life

Instructor: Cherie Toll Bottum

Wednesdays, 10:00—12:00
March 18—April 22
WETA
6 Sessions
Maximum of 15, minimum of 8
participants

Have you been meaning to write your memoirs? Now is a good time to celebrate and preserve your life and times. In this class you can begin to create a record of your stories—serious and funny—about encounters, family and reflections on the world around you that your family, friends and perhaps even historians can enjoy. (Or you might wish to write only for yourself). Guided by Zinsser's wise, practical and humorous book, we will consider many kinds of personal writing: memoirs, diaries, family histories, journals, letters, even poetry. We'll look at classic examples by writers such as Anne Frank, Russell Baker, Frank McCourt and Eudora Welty.

The class will be a semi-workshop, as we read and (gently) critique each other's work. It will feature practical exercises to help students get started and keep writing, organizing skills of selecting, focusing and keeping up a momentum. We'll look at integrity. As Zinsser says, "Use memoir to look for your humanity. Be as honest as you can." It's your chance to tell your story as only you can.

Recommended Reading: *Writing about Your Life: A Journey into the Past* by William Zinsser.

Cherie Toll Bottum is a writer, editor and teacher. She has published articles and essays in five different sections of the *Washington Post*, including humor on the op-ed page, and in *Good Housekeeping* and *Family Circle*. She has taught creative writing at the University of Virginia-Northern Virginia Center in Falls Church. She was managing editor of the academic journal *College Teaching* for 25 years.



526 - Lessons for Today from the Great Heroes and Villains of the Bible

Instructor: Stephen R. Ruth



Tuesdays, 1:00—2:30
April 7—May 12
GMU
6 Sessions
Maximum of 30, minimum of 8
participants

Are you interested in both Bible studies and public policy? This course examines the lives and policies of such famous Bible heroes as Abraham, Jacob, Moses, Joshua, David, Jesus, Peter and Paul—and also features the numerous traitors, villains and scoundrels found in scripture. The current political debate in the US often emphasizes "values-oriented," Biblically based approaches; we will go to the source to review appropriate chapters and verses in their political as well as religious context. Since many of these heroes and villains were counseled by great prophets, we will also read the soaring prose and practical advice of Elijah, Isaiah, Ezekiel, Jeremiah, Hulda, Ezra and many others. No religious background of any kind is needed.

Stephen Ruth is professor of public policy and technology management at George Mason University and director of the International Center for Applied Studies in Information Technology. A student of the Bible for many years, he frequently gives lectures and courses on biblical topics and offers a weekly program, *The Bible—A Public Policy Perspective*, on several Northern Virginia cable channels. He recently completed a book that reviews 73 Old and New Testament books.

Science and Technology

603 - A Naturalist's Tour of Arlington: Revealing a Living Planet

Instructor: Martin Ogle

Wednesdays, 1:30—3:30
March 25—April 29
Various Arlington locations
6 Sessions
Maximum of 16, minimum of 8 participants

How are the processes of our living planet seen through our small place on Earth? In six sessions that include two classroom sessions and four field trips, the Chief Naturalist of the Northern Virginia Regional Park Authority will introduce students to the interrelationships among the geology, biology and human history of Arlington. The course will open and close at Potomac Overlook Regional Park's Nature Center and will explore other locations during the intervening weeks: Chain Bridge, Fort C. F. Smith, Four Mile Run (in Shirlington) and Theodore Roosevelt Island. The sessions will examine the following:

- Class 1. Potomac Overlook Regional Park:** Classroom session on the Gaia Theory—the science of our living planet. Short walk.
- Class 2. Chain Bridge:** Exploring the fall line.
- Class 3. Fort C.F. Smith:** The impact of the Civil War on the land and people.
- Class 4. Four Mile Run:** Trees and birds.
- Class 5. Theodore Roosevelt Island:** Piedmont gives way to coastal plain.
- Class 6. Potomac Overlook Regional Park:** Short walk and wrap-up in nature center.

Note that the walking trails can be loose, uneven and covered with leaves and sticks. Some paths have intermediate inclines. Good walking shoes and a walking stick are recommended. This course is not handicapped accessible.

Martin Ogle has been the Chief Naturalist for the Northern Virginia Regional Park Authority since 1985. He earned a BS and an MS in Wildlife Biology from Colorado State University and Virginia Tech respectively. He has presented courses on biology and geology for school and public groups, universities, the Smithsonian Institution, the U.S. Department of Agriculture Graduate School and other groups and organizations.

604 - Global Warming and Sustainable Energy: What You Need to Know

Instructor: Raoul Drapeau

Mondays, 10:00—11:30
March 9—March 30
CEC
4 Sessions
Maximum of 20, minimum of 8 participants



Are you confused by the rhetoric and politics of global warming and the energy crisis? This timely and important subject is something about which we should all be informed. The class will first examine facts about conventional energy sources, illustrating how we got into the fix we are in and how serious it is.

The bulk of our time will be devoted to the state of the art in wind, solar, tidal, hydrokinetic, geothermal and wave energy generation. We'll learn about the advantages and shortcomings of many creative examples of renewable and sustainable energy sources that can help solve the earth's problems. The course will conclude with a discussion of what each of us can do to be part of the solution.

Intended for non-technical students, the course will be amply illustrated with photographs, video clips, a few cartoons, some personal opinions, and several charts and graphs to illustrate trends. There will be plenty of time for questions afterwards.

Science and Technology/Social Sciences

Recommended Readings: *The Home-owner's Guide to Renewable Energy* by Dan Chiras. *Energy Alternatives* edited by Barbara Passaro. *Renewable Energy* by Nigel Saunders, 2006 (for juveniles).

Recommended Websites: During the class the instructor will provide a list of useful websites and interesting energy projects that can be visited.

Raoul Drapeau's background includes his being a high-tech businessman, college professor, author, inventor and naval officer. He has a graduate degree in engineering and has published numerous articles on technical and historical subjects. He has also developed and taught adult education courses for many years.

Social Sciences

703 - The Washington Post: Behind the Headlines

Instructors: Washington Post Speakers Bureau

Tuesdays, 10:00—11:30
March 17—May 5
GMU
8 Sessions
Maximum of 50, minimum of 8 participants

Here's an opportunity to get the real "scoop" about what goes into making the headlines of the award-winning *Washington Post*. Reporters and editors from the *Post's* Speakers Bureau will once again provide an informative eight-session series on news coverage in the nation's capital. With President Obama in the White House and Democrats in the majority in the Congress, these history-making political changes will often be front-page news. But the speakers will also share their experiences and insights on the *Post's* coverage of the economy, the war and health care. They will review the editorial decision-making process and the guidelines used to select opinion pieces for the op-ed page.

As the speakers discuss how they gather information, select sources and make decisions on their stories, we will have an opportunity to talk with them about how First Amendment concerns and journalistic ethics affect print journalism in today's media-savvy world.

Instructors for this course will be drawn from the reporters and editors of the *Washington Post* Speakers Bureau who can be made available on the days when classes meet. Previous speakers have included Jeff Birnbaum, Jon Cohen, Tim Craig, Juliet Eilperin, Michael Fletcher, Chris Jenkins, Josh White and Jose Antonio Vargas. Appreciation goes to David Jones of the Speakers Bureau for setting this up.

712 - How Arlington Works: The Inside Story

Instructors: Arlington County Staff

Thursdays, 10:30—12:00
March 26—May 14
CEC
8 Sessions
Maximum of 20, minimum of 15 participants

Did you know that even though Arlington covers only 26 square miles it has more office space than downtown Los Angeles, Seattle or Atlanta? Or that it has a population density of 7,685 people per square mile? If you've ever wondered how we got here, where we are going and how things get planned in Arlington, this is the course for you. This course will give you an overview of Arlington's planning process and an introduction to what's required for a complex urban jurisdiction to function and thrive. The course will consist of eight sessions taught by representatives of Arlington County government and moderated by Bob Brosnan who has been the Planning Director for 17 years.

1. Plans and Planning in Arlington (Bob Brosnan)

In this introductory session Mr. Brosnan will provide an overview of the history of planning in Arlington. He will also discuss what planners do and introduce the Comprehensive Plan, the

Social Sciences

General Land Use Plan, zoning, planning processes and some of the planning tools used.

2. Who Are We and Where Are We Going? (Robert Ruiz)

This session focuses on understanding our demographics. It will include a slide show on Arlington demographics from 1900 to 2000, a "quiz" to test your knowledge of Arlington and an overview of some of the key information from the 2000 Census. It will also review how Arlington projects population growth to assist in planning and how Arlington's efforts fit into a regional planning context.

3. The Zoning Ordinance (Bob Brosnan)

In this session Mr. Brosnan will introduce the Zoning Ordinance. Starting with the State enabling legislation, he will discuss the details of Arlington's Ordinance. He will explain planner terms such as the difference between by-right and site plan development and what "FAR" means. He will also familiarize the class with development typical of each zoning district.

4. Housing and Neighborhoods (David Cristeal and Chris Nixon)

Arlington is facing a crisis of affordable housing availability. Presenters will discuss housing needs, affordable housing policies and programs as well as some of the current large issues being debated. Arlington also has a history of strong single-family neighborhoods. The presenters will provide an overview of the Neighborhood Conservation Program, Arlington's award-winning neighborhood planning program.

5. Transportation and Infrastructure (Jeff Harn and Mark Kellogg)

This session will be hosted at and include a tour of the Trades Center and the Waste Treatment Facility. The first part of the session will focus on the overall picture of transportation: who does what for federal, state, regional and local agencies and how funding works. The history of Arlington's transportation planning, its regional context, and future issues that will greatly affect Arlington will be included.

The second part of the session will discuss basic infrastructure such as drinking water (where it comes from, how it is distributed and quality issues), sanitary sewer (collection, treatment, standards, plant expansion and regional co-operation), storm sewer (current practices, past practices and new water quality initiatives) and

solid waste (refuse collection, recycling, leaf collection and earth products recycling).

Field Trip: Session 5 to Trades Center and Waste Treatment Facility.

6. Parks (David Miller, Dick Miller and Angela Adams)

This session provides a comprehensive overview of parks and open space planning as well as public art and urban forestry. The presenters will cover the Public Spaces, Public Art, and Urban Forestry Master Plans and review major park initiatives such as the North Tract. They will also discuss Arlington's partnerships with federal and regional agencies.

7. Economic Development and Budget (Cynthia Richmond and Mark Schwartz)

This session will answer the question of what Arlington economic development currently is and will introduce the influence of fiscal policies and budget constraints. Lastly, it will provide an introduction to the Capital Improvement Program.

8. Case Study and Course Wrap-up (Anthony Fusarelli)

This session will address in detail one or more cases involving the development of use exceptions which allow higher density in exchange for benefits to the county in the form of open space or affordable housing.

Bob Brosnan is the Planning Director, Arlington County. Mr. Brosnan has worked in Arlington for 27 years. He oversees the Development Review Process, Comprehensive Planning, Zoning Administration and Code Enforcement. He holds a master's degree in City and Regional Planning from Catholic University and a BA in Business Administration in Management from Georgetown University.

Mark Kellogg is bureau chief for planning in Arlington DOT. He has Civil Engineering degrees (BS and MS specializing in Transportation Planning) from Virginia Tech.

Chris Nixon is the coordinator of Arlington County's Neighborhood Conservation Program. Ms. Nixon spent over 20 years working for the State of Maryland in a variety of positions. An Arlington resident since childhood, she has an MA in Political Science from the University of Maryland.

Social Sciences

Angela Adams is the Public and Community Art Administrator, Cultural Affairs, Department of Parks, Recreation and Cultural Resources. She is responsible for overseeing planning and implementation of the County's public and community art programs. She has a master's degree in the history of art from the University of Michigan and a BA in art history from The College of Wooster, Ohio.

Robert Ruiz was promoted in August 2008 to the position of Research Coordinator for the Planning Research and Analysis Team (PRAT). Prior to that, he worked for nearly three years as a Demographic Planner with PRAT. In that capacity he was responsible for producing the County's official population and household estimates and projections, providing general demographic information to citizens and County staff and overseeing the publication of the twice-yearly Arlington County Profile. Mr. Ruiz grew up in Miami, FL. He earned his bachelor's degree in Art History from Swarthmore College in Swarthmore, PA, and his Master of Regional Planning degree from Cornell University in Ithaca, NY.

Anthony Fusarelli is a Senior Planner on the Comprehensive Planning Team in Arlington's Planning Division. Mr. Fusarelli has been with the county for over two years and currently serves as project manager for the Crystal City Planning Process. After four years of planning and design experience with a planning and development consulting firm in southern New England, he started with the county as an Urban Design Planner.



714 - Islam 101

Instructor: Andrea Farsakh

Thursdays, 1:30—3:00

April 16—May 7

CEC

4 Sessions

Maximum of 50, minimum of 8 participants



Over the past decade Islam has been the object of intense, often emotional discussion. Many Americans hold very strong opinions about the nature of Islam and its impact on the world. But what do we really know about this religion? And how many of our opinions are based on misinterpretations and half-truths? Over the four weeks of the course we will try to gain a clearer, more knowledgeable understanding of Islam's historical and theological origins, practices and attitudes. Lectures will cover such topics as the life of the Prophet, the Qur'an, the Sunni Shi'a schism, the concept of holy war, the role of women and the history of relations with Christians and Jews.

Recommended readings: *Muhammad, A Prophet for our Time*; *Holy War*; and *Jerusalem: One City, Three Faiths*, all by Karen Armstrong. *Beyond the Veil* by Fatima Mernissi. *Peace Be Upon You* by Zachary Karabell.

Andrea Farsakh had a 25-year career in the Foreign Service serving all of her overseas tours in the Middle East. Among other assignments she was lead liaison officer to the PLO in Tunis after the 1993 Oslo Agreement and dealt with all Palestinian leaders at that time. Since her retirement, she has worked on Iraqi political and economic affairs at the Department of State and during the past year on democratic governance in Afghanistan, also at State. For many years she has lectured extensively in the Washington area and elsewhere in the US on Islamic topics and the Israeli-Palestinian conflict.

724 - Philosophical Aesthetics, or Art: Truth or Deception?

Instructor: Irmgard Scherer

Tuesdays, 1:00—3:00

April 7—May 12

CEC

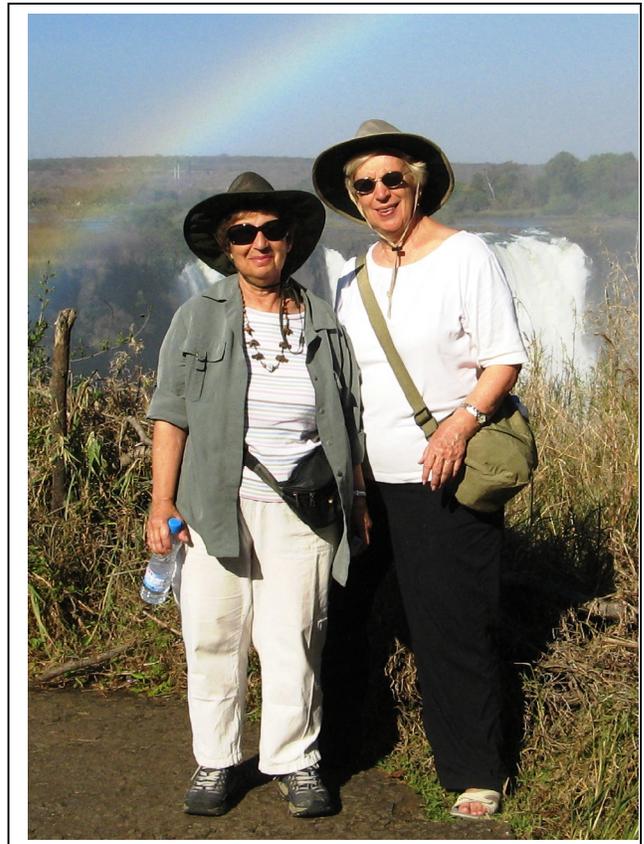
6 Sessions

**Maximum of 18, minimum of 8
participants**

What is philosophical aesthetics? It's an examination of the mind and emotions in relation to a sense of beauty. On the one hand we tend to believe there is no disputing taste; therefore, we take beauty as a subjective and personal matter. On the other hand we believe there are standards of beauty that can be demanded of all reasonable people; therefore, we *can* dispute taste. This course confronts the question of how our feelings and passions can be reconciled with understanding art from a conceptual point of view. Does art have standards or is it madness? Other topics will include art and nature, art and humor, art as teacher of humanity, inventing reality through art, the philosophy of music, the Apollonian and Dionysian art drives, beauty and love, and the human being as a work of art. We'll draw on some of the classic writers on aesthetics: Plato, Aristotle, Nietzsche, Kant, Hegel, Tolstoy, Schiller and Goethe.

Assigned readings: *Philosophies of Art and Beauty: Selected Readings in Aesthetics from Plato to Heidegger* edited by Hofstadter and Kuhns. In addition there will be handouts from time to time.

Irmgard Scherer, a US citizen born in Germany, is Associate Professor of Philosophy Emerita at Loyola University in Maryland. She taught core courses, honors seminars on ethics and elective courses in her areas of specialty: Immanuel Kant and 18th century aesthetic theory and topics in the history of ideas and science. She has published a book on Kant and articles in her areas of interest. She taught two previous popular ALRI courses, Science and Philosophy—Kissing Cousins and Great Thinkers on Ethics; and she lectured in another course, Great Thinkers Across the Ages.



African trip with ALRI Travel Club, Victoria Falls, "somewhere under the rainbow!"



Students enjoying a lighter moment in film class, fall 2008.



ALRI Membership and/or Registration Form

Spring 2009 (Please use one form per person)

**INSTEAD OF SENDING THIS FORM,
JOIN ONLINE AT www.ArlingtonLRI.org. Details on page 30.**

NAME (please print)

First _____ MI _____ Last _____

Preferred First or Nickname _____ Mr. Mrs. Ms. Other _____

Male Female

(Circle one)

CONTACT INFORMATION (Complete only if new member, or updating information.)

Street _____ Apt. _____

City _____ State _____ Zip _____ - _____

Home (_____) _____ -- _____ Cell (_____) _____ -- _____

Email _____

MEMBERSHIP (Membership fees and donations are tax deductible.)

Annual Fee is \$55 per person (non-refundable): New Renewal

Additional Donation (optional): \$ _____

Check the membership
expiration date on your
address label

COURSE REGISTRATION (\$45 per course)

If you are interested, place a checkmark in the Class Aide column. Class Aides receive free parking while assisting their class. See page 34 for explanation.

Course Name (Please use short title shown in Catalog tables)	Course #	Class Aide

Mail form to:

Adult Education/ALRI
2801 Clarendon Blvd., Suite 306
Arlington, VA 22201

Membership fee (\$55/yr) \$ _____

Course fees (# of courses x \$45) \$ _____

Donation (Optional) \$ _____

Check: Make payable to ALRI

Total check/charge amount: \$ _____

PAYMENT METHOD

VISA MasterCard

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Expires: Mo. Yr.

Sign your name as it appears on your credit card

Register and Pay Online!

Say goodbye to paper forms and stamps.

Are you concerned about being closed out of a popular class? With online registration you can register as soon as course registration opens on February 9 and without having to leave your home.

Have you ever wondered if you were accepted into a course you registered for by mail? Online registration brings instant notification if you have been accepted.

Worried about security? To maximize protection, your credit card information is encrypted and processed using the secure website run by VeriSign, the industry leader in payment processing and internet security. With online registration, your credit card information is never seen by anyone at ALRI.

Our online registration is easy, efficient, secure and fast. Just follow the directions below. If you are a current or past member of ALRI, start by getting a password. Not a member yet? You can join ALRI just as easily.

Join ALRI

If you have *never* been a member of ALRI and want to join:

1. Go to www.ArlingtonLRI.org and click on the *Online Transactions* option at the left side of the page.
2. Click the *Join ALRI* item in the list of available transactions. At the newly displayed membership screen, enter the information required.
3. Click the *Submit* button. You will be transferred to a secure website for entering your credit card information. Type your credit card number and expiration date. We accept Visa and MasterCard.
4. When complete, click the *I Authorize This Transaction* button. Your credit card account will be charged at this time.
5. A message will appear on the screen confirming your membership. An e-mail confirming the details of your membership

and payment is sent immediately. More membership material will arrive via first-class mail, but you are immediately eligible to register for available classes and events.

Register and pay for courses from your personal computer

Get a Password

Note that the password process works only if we have your current e-mail address in our database. Send any e-mail updates to us at ALRI@ArlingtonLRI.org prior to requesting a new password.

To get a password or if you've forgotten your password:

1. Go to www.ArlingtonLRI.org and click on the *Online Transactions* option at the left side of the page.
2. Click the *Get New Password* item in the list of available transactions. On the screen, enter your first name, last name and current e-mail address.
3. Click the *Submit* button. If we have your current e-mail address, a message will appear on the screen confirming that we are sending your User Name and a system-generated 8-digit password via e-mail. If your e-mail service provider is busy, it may take minutes or longer for our message to arrive. Please do not request another password – if the message appeared on your screen, the e-mail will eventually come. Going through the process again will change your password so that when the first password finally arrives it will no longer work.

And here's some advice: modify the assigned password to one of your choosing using the *Change Password* option. But if you find any password difficult to remember or if you have forgotten that clever password you just devised, just request a new one using the above steps each time you need to make a payment online for membership renewal or

course registration. It doesn't bother us! And if you share your computer with another ALRI member, you will find it helpful to close and reopen your Internet browser between registering the two persons. Also in this case, **don't** check the box asking ALRI to remember your password. Using this option forces your computer to recognize only one of you for payment transactions and may block the other.



Online Registration

With your User Name and Password, follow these simple steps to register online for classes once the fall semester registration begins after **10 AM on February 9**. We do recommend that you verify that your email address is up-to-date in our system and that you obtain a password prior to the busy first week of course registrations.

1. Go to www.ArlingtonLRI.org and click on the *Online Transactions* option at the left side of the page.
2. Click the *Register/Renew* item in the list of available transactions. On the screen, enter your User Name and Password.
3. Click the *Log In* button. The Online Payment Form will appear.
4. Select your desired courses from the drop-down list accessed by clicking the down arrows on the screen. Note: the drop-down list of courses is accessible only after 10 AM on February 9. Cancelled or filled courses do not appear on the drop-down list.

5. You can also choose to:
 - a. serve as a class aide in any or all of the classes selected;
 - b. renew your current or expired membership (\$55 per annum, tax-deductible);
 - c. make a tax-deductible donation.
6. Click the *Proceed to Checkout* button.
7. Review your payments and either:
 - a. select *Edit* if you wish to make any changes (which returns you to the Online Payment Form), or
 - b. select *Submit* (which transfers you to a secure website for entering your credit card information).
8. If you have selected *Submit*, type your credit card number and expiration date. Choose between Visa and MasterCard.
9. Click the *Continue* button. Review the information. (If necessary, you may cancel the transaction by closing the screen using the red X in the upper right corner.)
10. When satisfied with your billing information, click the *I Authorize This Transaction* button. Your credit card account will be charged at this time. A message will appear on the screen confirming your registration. Also, an e-mail is sent immediately confirming the details of your registration and payment. This email is your formal notice of course registration, so print it out for your records.

You are registered!!

View our detailed tutorial under the *OnLine Transactions* button to see all these steps illustrated. And if you have any questions, do not hesitate to contact our office between noon and 3 PM on Mondays, Tuesdays, Thursdays and Fridays at ALRI@ArlingtonLRI.org or 703-228-2144.

ALRI OPEN HOUSE

Meet the instructors and join us for light refreshments

Open to nonmembers!

Come to the Open House! Bring friends, relatives and neighbors who meet ALRI's basic age requirement and who have an interest in joining. The Open House gives you an opportunity to preview spring courses, chat with instructors and other ALRI members and learn more our clubs, special events and volunteer opportunities.

PLEASE JOIN US!

Saturday, February 7, 2009

9 AM – Noon

**At The Jefferson
900 North Taylor Street, Arlington**

Accessible from Ballston Metro Station.

Parking available at Ballston Mall garage, 2 blocks away.



SPECIAL EVENTS FOR ALRI MEMBERS

Thanks to the Special Events Committee, ALRI members looking for unique opportunities to supplement course offerings have a variety of attractions to choose from. The Committee does the hard work of getting group admissions lined up and notifying ALRI members of these opportunities. Some require a modest admission fee while others are free. Registration is required for events not scheduled at County libraries. Suggestions from members for future places of interest are always welcome as the greater Washington area is a treasure trove of opportunities, some of which—such as embassy visits—are otherwise normally private. Information on events is available in the semi-annual catalog and the quarterly newsletter, but members are encouraged to check the ALRI website for the most current listing. Members with email addresses on file with ALRI receive monthly reminders of upcoming events. —————>

Registering for a special event is simple and easy.

- ALRI members can register online at www.ArlingtonLRI.org. Click on the *Special Events* tab on the left side of the ALRI home page. Then click on the *Register* option to select the button beside the desired event. Enter your first and last name and click on *Make Reservation*. A notice will appear immediately indicating whether you are registered or waitlisted.
- Or you can email your selection to ALRI@ArlingtonLRI.org with "Special Event Registration" in the subject line, noting your full name and the event requested in the body of the email.
- The third way to register is to call the ALRI office at 703-228-2144 and leave a message including your full name, phone number and the event requested.

After your phoned or emailed request has been processed, ALRI volunteers will notify you during regular office hours of your registration status.

Events held at Arlington libraries require no registration and are open to the public. They are a good way to introduce your friends to ALRI and the caliber of its offerings. Events requiring registration are reserved for current members only. Your most recent catalog or newsletter address label includes your membership expiration date. Special events are popular, and those on the waiting list will appreciate your canceling your reservation if you are unable to attend an event. You may do this online or by contacting the ALRI office at the above number.

Sample of Events Scheduled for Spring 2009

Friday, February 6, 10 AM Tour. Pompeii and the Roman Villa: Art and Culture around the Bay of Naples. National Gallery, East Wing.

Sunday, February 15, 3 PM. Eclipse Chamber Orchestra conducted by Music Director Sylvia Alimena will perform Ravel, Stamitz, Elgar, Vanhal, Grieg and Prokofiev with a pre-concert talk at 2:15 and a post-concert reception. Location: George Mason Masonic National Memorial. Reservations required. \$13 payable to the orchestra.

Monday, February 23, 3 PM. Renewable Energy Policy: US Energy Conflicts and Future Reform Potentials. Speaker: Dr. Frank Monheim (GMU). Location: Arlington Central Public Library.

Friday, February 27, 11:15 AM Tour. Timbuktu to Tibet: Beauty and Practicality with Cultural Functions. African, West Asian and Central Asia textiles. \$5 donation. The Textile Museum. Limited registration.

Remember to check the ALRI website for additional event dates.



WANTED: ALRI Volunteers!

ALRI wants YOU!

...to participate in the many activities in which we are involved—developing courses, putting together the catalog, writing and publishing the quarterly newsletter, recruiting new members, planning special events and many more.

It's a wonderful opportunity to meet people who share your interests, to develop new skills—or to use the skills you spent years developing.

ALRI members are a great community of people, and your participation would help to make it even greater—please call or email Ann Kelleran today at 703-228-2144 or e-mail at ALRI@ArlingtonLRI.org.

Do Your Part as a Member!

Volunteer to be a Class Aide!

What do I do?

- Take attendance and distribute/collect evaluations
- Photocopy class materials if instructor requests them
- Set up, with assistance if needed, any audiovisual equipment needed by instructor
- Communicate with the class in the event of schedule changes
- Announce important new ALRI developments needing immediate attention

What benefits will I have?

- Get to be an integral part of ALRI
- Get free parking while attending the class
- Get to know your classmates and the instructor

How do I volunteer?

- Check the “Class Aide” column when registering for a class
- Respond when contacted prior to beginning of semester by a Class Aide Coordinator who will provide details on aide training and specific audiovisual needs of class
- Attend the two-hour orientation/training session before classes start
- Review the take-home guide covering all aspects of the job

Virtually all classes have an aide and a backup—you will not be alone!

Questions about Class Aides? Contact Carolyn Gosling at ALRI@ArlingtonLRI.org or call 703-228-2144 and leave a message.

Clubs at ALRI

ALRI's special interest clubs are busy organizing events for their members. Come join in! If you're interested in movies, you can meet once a month with others to see a film. If you're looking for a bridge game, join the Bridge Club. The Current Issues Discussion Group meets once a month to consider a topic currently in the limelight, such as immigration reform. And there are more...

If you have a consuming interest and would like to engage other like-minded souls to participate in it with you, consider starting a club of your own. Contact Gary Lee at garyalee1@verizon.net to discuss your ideas.

Current clubs and their coordinators:

Book Club

The club meets from 1:30 to 3:00 PM on the second Monday of every other month. Meetings are held in the meeting room at the Arlington Central Library located on Quincy Street. For more information contact Marge Alia at Malia04@comcast.net (please enter ALRI Book Club in the subject area of your email).

Breakfast Club

Are you a morning person? If so, join the Breakfast Club for general conversation and social networking with other ALRI members. The Club meets every Wednesday at 8 AM at the Silver Diner, Clarendon. There is free parking in the Diner's back lot. For more information on the Club and location, contact coordinator Bruce Britton at bbrittonva@yahoo.com.



Both photos this page from Bridge Club

Bridge Club

The Bridge Club meets once a month on an irregular schedule at the homes of club members to play bridge. Either a meal or a snack is served, with each player paying the host \$5.00 to offset the cost of food and drink. The coordinator describes the sessions as "very social and probably not ideal for someone who wants to play very serious bridge." If you are interested in joining, please contact Bernice Foster at fosterbf@aol.com.



Cinema Club

If current cinema is your passion, join the Cinema Club, which meets monthly to see a movie. Dates are chosen as much as possible to accommodate participants' schedules. If you would like to be included in this group's activities, email Leanne Peters at PetersLP@aol.com or Janice Yeadon at jnyeadon@hotmail.com.

Current Issues Discussion Group

The ALRI Current Issues Discussion Group meets the third Tuesday of every month at 1:30 PM at the Lubber Run Community Center. Anyone interested in the group can get more information from Jim Walsh at walsh22204@aol.com or 703-920-1709.

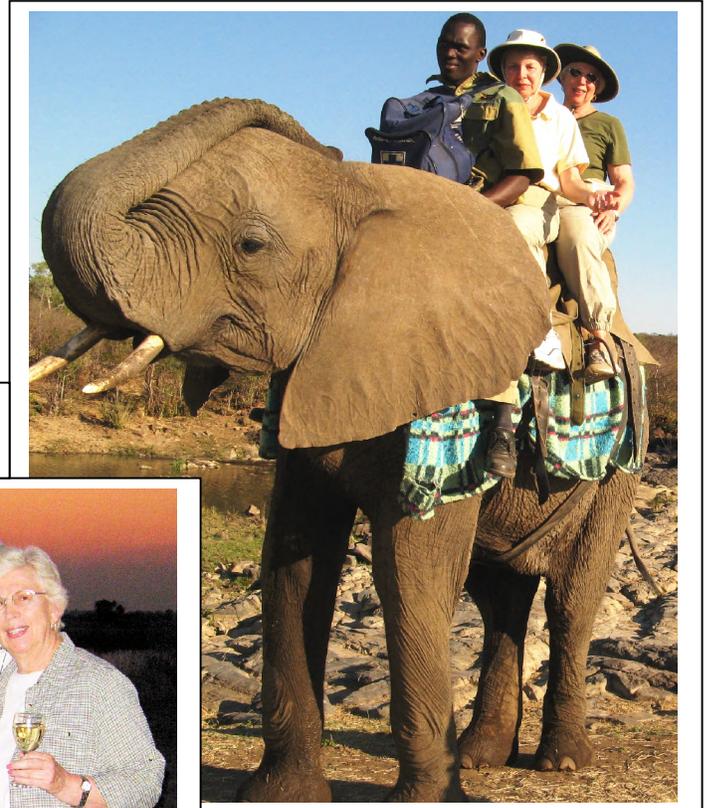
Ethnic Lunch Club

The Ethnic Lunch Club meets usually on the last Thursday of the month. To join, members may call the ALRI general line, choose the clubs option (5) and leave a message for the Ethnic Lunch Club. The coordinator will contact you.

Travel Club

The ALRI Travel Club meets the first Wednesday of each month at 2:30 PM at the Langston Senior Center. They enjoy presentations on various parts of the world and share information on trips taken or planned. All ALRI members are welcome. For more information call Sharon Schoumacher at 703-522-9014 or email her at sharon@earthwave.net.

Photos to right and below from the ALRI Travel Club's trip to Africa.



Special Events trip to the Library of Congress



ALL CLASSROOM BUILDING SITES ARE IN ARLINGTON	PARKING			METRORAIL STATION ❖ OR BUS ROUTE
	Nearby Pay Garage	Adjacent Free Lot	Meter On Street	
	Walking distance from parking lots			
CEC Clarendon Education Center 2801 Clarendon Boulevard	■ 200 ft or ½ block		■	Clarendon station walk 2/5 mile or 4 blocks
GMU George Mason University— Virginia Square 3401 N Fairfax Drive			■	VA Square station walk 1/10 mile or 2 blocks
JEF The Jefferson 900 N Taylor Street	■ 1/5 mile or 2 blocks from mall		■	Ballston station walk 1/6 mile or 2 blocks
MAD Madison Community Center 3829 N Stafford Street		■ 50 ft		ART53 bus near parking lot
MU Marymount University— Ballston 1000 Glebe Road		■ 50 ft		Ballston station walk 1/3 mile or 5 blocks
WRC Walter Reed Community Center 2909 16th Street South		■ 50 ft		ART74 bus and Metrobus 10B near parking lot
WETA WETA Public TV 26/ 90.9 FM 2775 S Quincy Street		■ 100 ft	■	ART82 bus & many Metrobus routes walk 50 ft



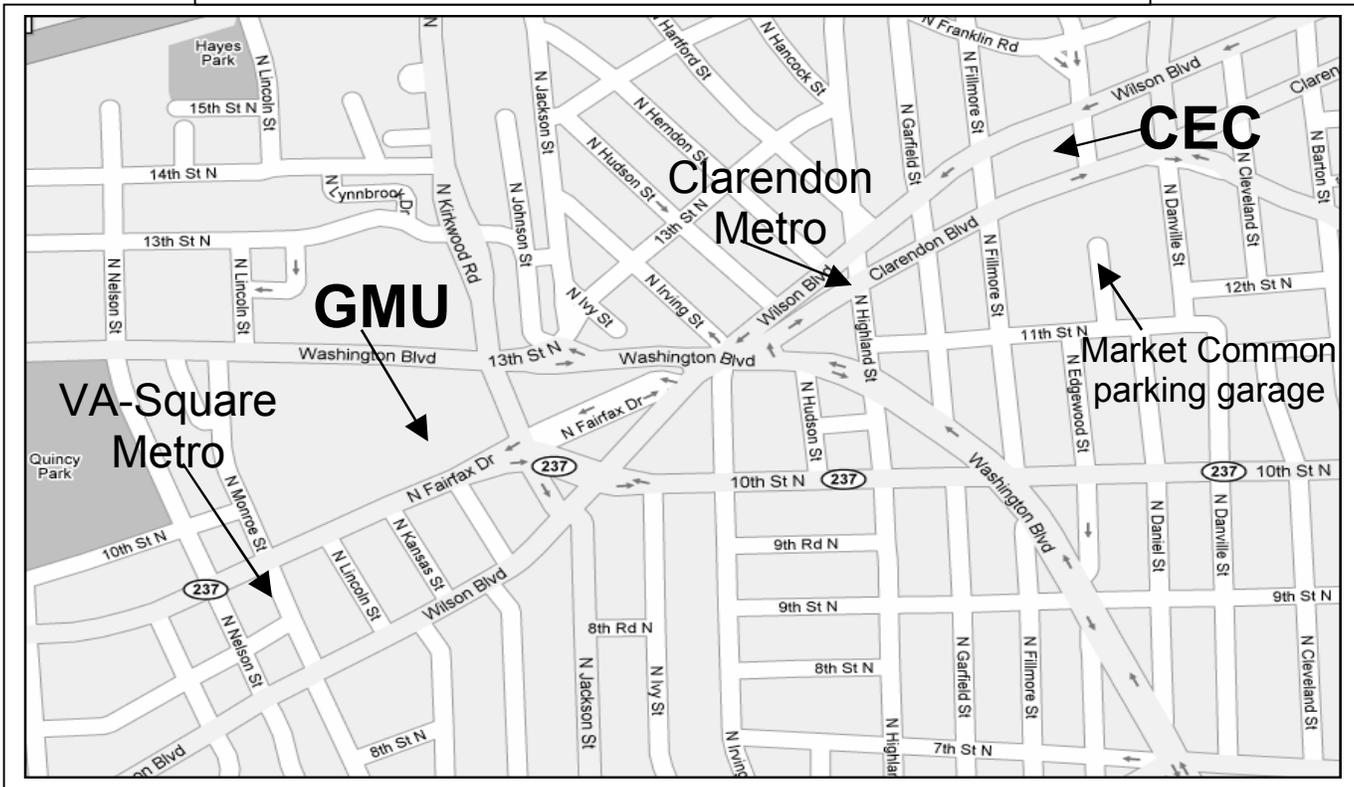
❖ **All Metrorail stations are on the ORANGE Line.**

Suggestion: Try using maps/google.com to get directions to class.

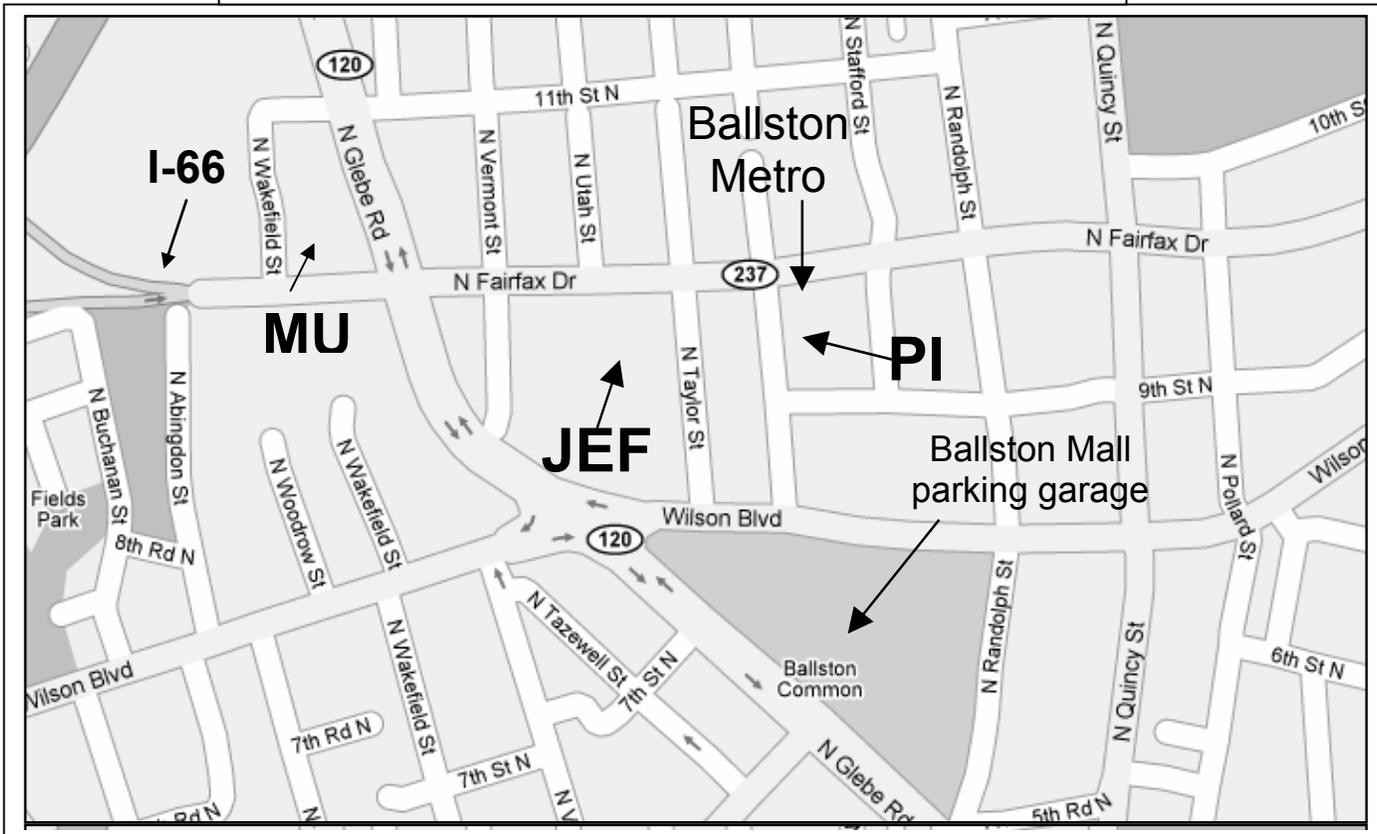
You can select your mode of transportation (walking or by car) and Google will provide a map, detailed directions, the distance in miles, and the transit time.

Use www.wmata.com for public transit information, directions, timetables, etc.

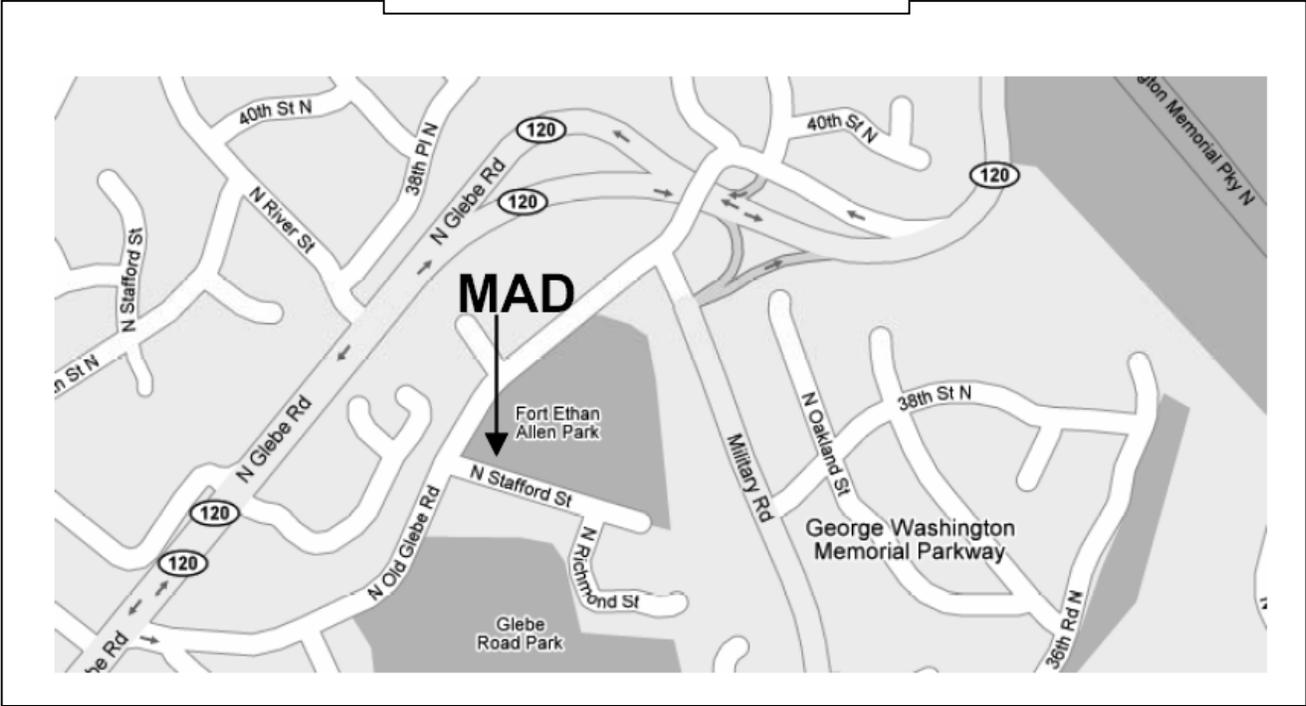
Va Square Metro, Clarendon Metro, GMU, CEC



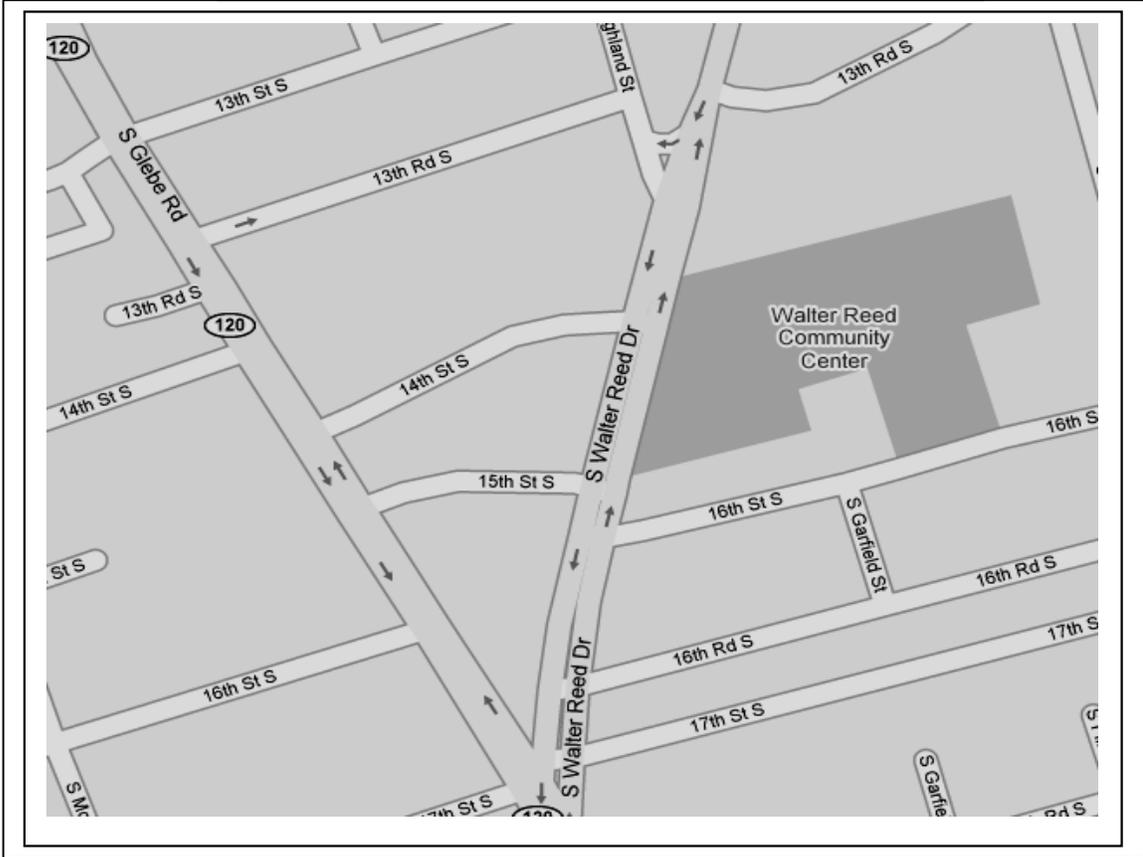
Marymount, Ballston Metro, JEF, PI Locations



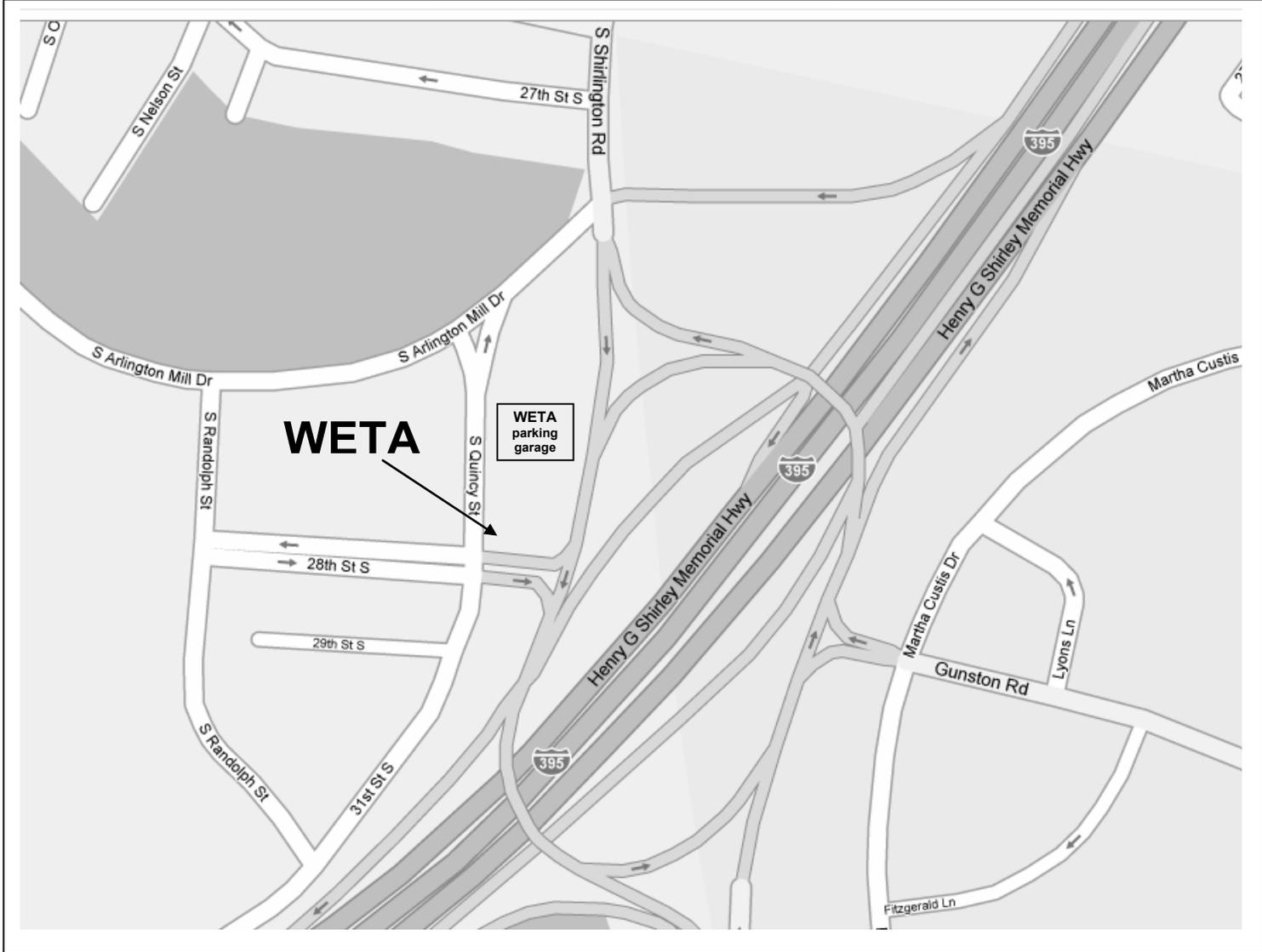
Madison Center Location



Walter Reed Community Center Location



WETA Location



Courses by Calendar View

	Monday	Tuesday	Wednesday	Thursday	Friday
MORNING			<p>9:00-11:00 MU 329 The "Troubles" in Northern Ireland 3/18-5/13</p>		<p>9:30-11:00 GMU 320 Civil War Selected Topics 4/3-5/8</p>
			<p>10:00-12:00 WETA 515 Writing about Your Life 3/18-4/22</p>	<p>10:00-11:30 GMU 412 Global Hot Spots 3/19-5/14</p>	
	<p>10:00-12:00 GMU 303 Pompeii and Vesuvius 3/9-5/11</p>	<p>10:00-11:30 GMU 703 <i>The Washington Post</i> 3/17-5/5</p>	<p>10:00-11:30 MAD 321 The Middle Ages 3/18-4/15</p>	<p>10:00-11:30 MAD 432 Debating Administration Policies 4/16-5/21</p>	<p>10:30-12:00 GMU 210 The American Health Care Mess 3/27-5/15</p>
	<p>10:00-11:30 CEC 604 Global Warming & Sustainability 3/9-3/30</p>	<p>10:00-11:30 GMU 215 Solving the Medicare Puzzle 4/7-4/28</p>	<p>10:00-11:30 JEF 404 Solving World's Biggest Problems 4/15-5/20</p>		
<p>10:30-12:00 GMU 430 Church-State Issues 3/30-5/4</p>	<p>10:30-12:00 CEC 414 US Congress 4/7-5/12</p>	<p>10:00-11:30 GMU 420 China 4/15-5/20</p>	<p>10:30-12:00 CEC 712 How Arlington Works 3/26-5/14</p>		
AFTERNOON	<p>1:00-2:30 GMU 117 N. Renaissance Painting 3/9-4/27</p>	<p>1:00-2:30 GMU 526 Bible Heroes and Villians 4/7-5/12</p>	<p>1:00-2:30 WRC 506 Art in Shakespeare 3/11-5/6</p>	<p>1:00-2:30 CEC 327 Geopolitics of the Ancient Middle East 3/12-4/16</p>	
		<p>1:00-3:00 CEC 724 Philosophical Aesthetics 4/7-5/12</p>	<p>1:00-2:30 JEF 121 Verdi: Revolutionary and Patriot 3/18-4/22</p>	<p>1:30-3:00 GMU 131 Architecture Today 3/12-4/16</p>	
	<p>1:00-3:00 GMU 326 U-Boats 3/9-5/11</p>	<p>1:30-3:00 CEC 307 Foods from SE Asia 4/7-5/12</p>	<p>1:30-3:30 Various 603 A Naturalist's Tour 3/25-4/29</p>	<p>1:30-3:00 MAD 402 Bill of Rights 3/12-4/16</p>	
	<p>2:00-3:30 CEC 425 Conflicts in Africa 3/34-4/20</p>	<p>2:00-3:30 WRC 319 The Battles for Richmond 3/24-5/12</p>		<p>1:30-3:00 CEC 714 Islam 4/16-5/7</p>	<p>2:30-4:00 GMU 216 Natural Approaches to Wellness 3/13-4/24</p>
			<p>3:00-4:30 Various 305 Arlington History 4/9-5/21</p>		

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