

**Expand your world** 

FALL 2015 Course Catalog

Science and **Technology Public Affairs** Law, Politics and Science and Technology

#### **Board of Directors**

**Art Gosling** President Michael Morton Vice President David Rhoad Vice President Sharon Bisdee Secretary John Morton Treasurer

Bernie Alter Academic Programs Committee Co-chair Academic Programs Committee Co-chair Lee Nash

Fred Freme Class Aides Committee Co-chair Class Aides Committee Co-chair Ann Wolfe Richard Barton Community Advisory Council Chair

Information Technology Committee Co-chair Stephen Spangler Information Technology Committee Co-chair Sam Schaen

Paula Kaufman Membership Committee Co-chair Membership Committee Co-chair Ed Rader Publications Committee Co-chair Mary Crosby Jody Goulden **Publications Committee Co-chair** Kris McLaughlin Special Events Committee Chair Stephen Hopper Volunteer Committee Chair

#### Staff

Marjorie Varner **Executive Director** Molly Geary Administrator

#### **Community Advisory Council**

Robert H. Brink Deputy Commissioner for Aging Services, Virginia Dept. of Aging

> & Rehabilitative Services Retired COO, WETA

Joseph B. Bruns Barbara Favola Member, Virginia State Senate Jay Fisette Member, Arlington County Board

Past President, Virginia State Board of Education David M. Foster

Member, Virginia House of Delegates Patrick A. Hope Director, Arlington County Library Diane Kresh

Kris Martini Director, Career, Technical & Adult Education,

Arlington Public Schools

Christine T. Milliken Past President, Arlington Community Foundation

Patrick K. Murphy Superintendent, Arlington Public Schools

Director, Regional Campuses, George Mason University Una M. Murphy Wanda L. Pierce Executive Director, Arlington Community Foundation

**Edward Rhodes** Professor, School of Public Policy, Government and International

Affairs, George Mason University

President and CEO, Arlington Chamber of Commerce Kate Roche

President, Marymount University Matthew D. Shank

Commonwealth's Attorney for Arlington County and Theo Stamos

the City of Falls Church

Member, Virginia House of Delegates Rip Sullivan Emma Violand-Sanchez Member, Arlington County School Board Mary Margaret Whipple Member, Virginia Board of Health

#### **Affiliations**

George Mason University

Arlington Public Schools Career, Technical and Adult Education Program

Arlington County Office of Senior Adult Programs

Marymount University

Road Scholar Institute Network

# **FALL 2015 Course Catalog**



**Expand Your World** 

#### **Encore Learning**

2110 Washington Blvd. Arlington, VA 22204 Phone: (703)228-2144

Email: info@EncoreLearning.net Website: www.EncoreLearning.net

Encore Learning is a 501(c)(3) nonprofit organization.

A special thank you to all those who worked on the Encore Learning Fall 2015 Course Catalog

Managing Editor: Becky Reddick

Keyboarders: Kathy LaPier, Margaret Susank

Copy Editors: Jerry Hoganson, Jill Neuville, Maureen Quinn, Barbara Sakamoto, Martha Walters Proofreaders: Don Campbell, Kevin Connors, Frank Halligan, David Harris, Noreen Quill

Final Proofreader: Ann Kurzius
Graphic Design Services: Buckeye Graphics

The courses in this catalog have been developed by Encore Learning's Academic Programs Committee.

Copyright © 2015 Encore Learning. All Rights Reserved.

# **Table of Contents**

Board of Directors	Inside Front Cover
Staff	Inside Front Cover
Community Advisory Council	Inside Front Cover
Course Preview	3
Fall 2015 Course Offerings	5
General Information	6
Course Descriptions	
Fine Arts, Theater & Music	9
Health & Wellness	9
History	12
Law, Politics & Public Affairs	15
Literature & Writing	21
Science & Technology	23
Social Sciences	25
Volunteer	28
Join, Renew & Register Online	29
Volunteer as a Class Aide	32
Membership Application and/or Course Registration Form	33
Notes	34
Special Events for Members	35
Clubs at Encore Learning	36
Transportation	37
Locations and Maps of Encore Learning Course Sites	38
Courses by Calendar View	Inside Back Cover



# Fall 2015 course preview

Saturday, September 12, 2015

The doors open at 9 a.m.
The program runs from 9:30 a.m. to Noon.

**GMU-Arlington, Founders Hall, Auditorium** 3351 Fairfax Dr., Arlington, VA

# Open to current and prospective members. Bring friends, relatives and neighbors!

Encore Learning instructors give five-minute briefs on our academic courses

— you hear directly from the source.

Members, instructors and guests mingle before and after the program.

Latest news on our clubs, special events and volunteer possibilities is available, along with coffee, tea and light snacks.

# Join Us!

Call the Encore Learning office at **703-228-2144** for specific directions or any questions.

# **Course Preview Parking**

#### ON THE STREET

Limited metered/zoned/free parking is available on the streets surrounding the campus.

#### IN FOUNDERS HALL GARAGE

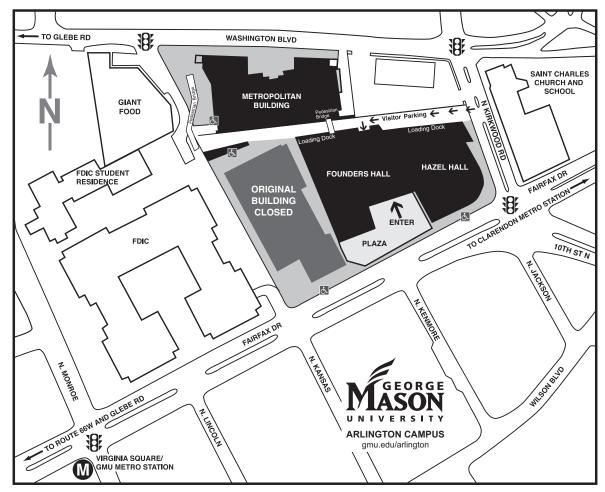
Enter from N. Kirkwood Rd. (on the block between Washington Blvd. and Fairfax Dr.). Take a parking ticket, enter the garage and follow PARK signs (do not follow Hazel Hall sign) to park your car. Take the garage elevator to the ground floor and follow the signs to the Encore Learning event.

For this specific occasion, you may purchase a discounted parking validation card from Encore Learning at the course preview.\*

When exiting the garage, insert the parking ticket and then the validation card to open the gate.

\*If you do not purchase a validation at the event, you must pay with a credit card to exit the garage.

Note: Lost tickets subject to maximum charge.



Limited metered/zoned/free parking is available on the streets surrounding the campus.

# **Fall 2015 Course Offerings**

Category	Course # and Short Name	Instructor	Day	Dates	Starts	Ends	Site
Fine Arts, Theater	152 - Listening in 3-D	Wood	Th	Oct 08-Oct 29	2:00 PM	3:30 PM	GMU
& Music	153 - Richard Wagner and the Bayreuth Festival	Niles	F	Oct 09-Nov 13	Noon	1:30 PM	GMU
Health & Wellness	202 - Estate Planning: Basics and Beyond	Parks/Patton	М	Oct 05-Oct 26	10:00 AM	11:30 AM	FCC
	228 - A User's Guide to the Brain	Beckerman	М	Oct 12-Nov 09	2:00 PM	3:30 PM	GMU
	231 - Mindful and Aware	Rodgers	Th	Nov 05-Dec 17	Noon	1:30 PM	GMU
	232 - Managing Chronic Pain	Heit	М	Oct 19-Nov 09	10:00 AM	11:30 AM	GMU
	235 - Recent Advances in Medicine	Connally	Т	Oct 06-Nov 24	10:00 AM	11:30 AM	GMU
History	358 - History of the Holocaust	Pick	Т	Oct 06-Nov 17	2:00 PM	3:30 PM	GMU
	359 - Plains of Manassas	Stone	Th	Oct 08-Nov 12	2:00 PM	4:00 PM	SEC
	360 - The Rise of Conservatism	Heymsfeld	W	Oct 28-Nov 18	Noon	1:30 PM	GMU
	361 - US Political Parties	Anderson	Т	Oct 13-Nov 10	10:00 AM	11:30 AM	GMU
	362 - America and East Asia	Miller	М	Nov 09-Dec 07	10:00 AM	11:30 AM	GMU
	363 - Ancient Greece, Part 1	Wukitsch	F	Oct 09-Dec 18	9:30 AM	11:30 AM	GMU
Law,	419 - Notable Court Cases	Various	W	Oct 21-Nov 18	2:00 PM	3:30 PM	GMU
Politics & Public	462 - The Balkans: 20 Years After	Kauzlarich	М	Oct 05-Oct 26	Noon	1:30 PM	GMU
Affairs	463 - Belarus, Ukraine and Moldova	Phlipot	Т	Oct 06-Dec 08	Noon	1:30 PM	GMU
	464 - China — Inside and Out, Part 1	Keegan	М	Nov 02-Nov 23	2:00 PM	3:30 PM	GMU
	465 - Sustainable Global Future	Stern	W	Oct 07-Nov 11	10:00 AM	11:30 AM	GMU
	466 - College: Affordable, Accessible, Attainable	Hauptman	W	Nov 04-Dec 09	10:00 AM	11:30 AM	GMU
	467 - Chinese Philosophy and Modern Life	He/Wang	Th	Nov 19-Dec 17	10:00 AM	11:30 AM	GMU
Literature & Writing	514 - Robert Frost: Love Poet	Francis	F	Oct 09-Nov 13	10:00 AM	11:30 AM	FCC
& Willing	542 - Shake's Peers	Alter	F	Nov 06-Dec 18	2:00 PM	3:30 PM	GMU
	543 - Intro to Joyce's Ulysses	Owens	М	Nov 02-Nov 30	2:00 PM	3:30 PM	GMU
Science	622 - Large Hadron Collider	Metzler	Th	Oct 15-Nov 12	10:00 AM	11:30 AM	GMU
& Tech	627 - Culture, Organizations and Technology	Ruth	Th	Nov 19-Dec 17	2:00 PM	3:30 PM	GMU
	628 - Watershed Explorations	Egenrieder	Т	Oct 13-Nov 10	2:00 PM	3:30 PM	SEC
	630 - Brain Gain	Giordano	W	Oct 14-Nov 04	2:00 PM	3:30 PM	GMU
Social	748 - Human and Divine Forgiveness	Goldman	W	Oct 07-Nov 04	10:00 AM	11:30 AM	FCC
Sciences	749 - Entrepreneurship in Emerging Markets	Jones	Th	Oct 08-Nov 12	10:00 AM	11:30 AM	GMU
	750 - The Great Recession	Heriot	М	Oct 05-Nov 23	Noon	1:30 PM	FCC

#### **General Information**

#### WHAT IS ENCORE LEARNING?

Encore Learning is a nonprofit educational organization founded in 2002 that offers a wide variety of day-time college-level noncredit courses, clubs, special events and activities to help meet the continuing educational and social interests of anyone over age 50, regardless of residence location. Encore Learning is governed, supported and financed by its members.

Our volunteer instructors — retired or working professionals and scholars — create a stimulating learning environment through an exciting array of academic subjects. There are no tests or prerequisites, but possibly some suggested reading. Members explore new ideas and develop new friendships inside and outside of classrooms.

Encore Learning obtains classroom space and other assistance through its association with George Mason University, the Arlington Public Schools Adult Education Program and Arlington County's Senior Adult Program.

#### **CONTACT ENCORE LEARNING**

Communicating with Encore Learning is easy.

- Use the website: www.EncoreLearning.net Click on Contact Us under Quick Links
- Email us: info@EncoreLearning.net
- Call us: 703-228-2144
- Write to us: 2110 Washington Blvd., Arlington, VA 22204

#### **VOLUNTEER AT ENCORE LEARNING**

Volunteer work at Encore Learning is performed in two ways: through standing committees headed by board members and through individual activities, e.g., instructors and class aides. Committees recruit new instructors and develop courses each semester; seek exhibits, speakers and performances for our special event offerings; write, edit and distribute our catalog; recruit new members and coordinate our clubs; organize Encore Learning's social functions; and recruit, train and support our class aides. The member-elected Board of Directors governs the organization while the part-time staff serves as its administrative arm. Volunteer-run committees and other volunteer activities are our lifeblood, but for the most part do not

require extensive time commitments. Consider offering your talents today. See page 28.

#### SUPPORT ENCORE LEARNING

Encore Learning is a 501(c)(3) nonprofit organization. Any donation is a charitable contribution deductible from income taxes to the full extent permitted by law. Donations may be made by check or online. Members, friends and organizations wishing to support Encore Learning may direct their contributions to our scholarships or to our general fund.

As a partner in Arlington's education community, Encore Learning sponsors two scholarship funds supporting graduates of Arlington public schools attending George Mason University or Marymount University. Another fund supports graduate students at Mason's School of Policy, Government and International Affairs. Encore Learning also contributes to a scholarship that helps Arlington residents seeking to improve their job skills through the Arlington Public Schools Adult Education program. Our general contribution fund helps Encore Learning build a solid financial underpinning and allows us to acquire needed office and classroom equipment.

#### **ACTIVITIES**

#### **SEMESTER-LONG COURSES**

Classes are scheduled weekdays between 9:30 a.m. and 4:30 p.m., but most take place between 10 a.m. and 3:30 p.m. Classes meet once a week for 1.5 to 3 hours, and each course lasts from four to 10 weeks. Class sizes range from eight to 70; 30 is the average size. Courses take place at several Arlington locations, as listed in the back of this catalog. Refer to the maps and locations there for transportation and parking options. Parking costs are the responsibility of the student.

#### **CLUBS**

Encore Learning's clubs are open to all current Encore Learning members. There are eight clubs: Breakfast, Bridge, Cinema, Current Issues Discussion, Ethnic Lunch, Nonfiction Book, Travel and the Mindful Awareness Society. See catalog page 36 and our website for more information.

#### **SPECIAL EVENTS**

Special events for Encore Learning's members throughout the year include tours, lectures, concerts

#### General Information continued

and other activities. They offer opportunities to join in small group excursions and to enjoy intellectual and cultural experiences in the DC area. Email announcements of available special events are issued periodically. See page 35 for more information. For current information and to register for member-only events, see our website, www.Encore Learning.net.

#### **COURSE PREVIEWS**

Encore Learning's spring and fall course previews offer an opportunity to hear the instructors describe their courses before course registration begins and to socialize with other members. Nonmembers with an interest in joining are also invited. See page 3 for more information.

#### MEMBERSHIP MEETING

Encore Learning holds an annual membership meeting in June to elect Board members from a slate of candidates recruited by the Nominating Committee and to discuss the state of the organization.

#### **ENCORE LEARNING MEMBERSHIP**

Membership in Encore Learning costs \$55 per year and begins on the first day of the month in which the nonrefundable membership fee is paid. The mailing address label on your catalog indicates the expiration date of your membership. All memberships are individual. Encore Learning is a 501(c)(3) nonprofit organization and our membership fee is a charitable contribution deductible from income taxes to the full extent permitted by law. Only current Encore Learning members may register for our courses and special events or may attend our club activities.

Encore Learning encourages the use of its website, www.EncoreLearning.net, for membership processing. No password is required. See page 29. For those who prefer to mail their check, a printable Membership/Registration Form is available on our website and on page 33 of this catalog. Please note that credit cards are accepted online only.

#### **COURSE ENROLLMENT**

#### REGISTRATION

Only current Encore Learning members may register for a course. The fee for each course is \$45. There is no minimum or maximum number of courses for which you may register. Encore Learning prefers and encourages the use of its website for course registration. No password is required. See page 29. If unable to use online registration, mail a paper course registration form (page 33) with check to the Encore Learning office at the address on the form. Please note that credit cards are accepted online only. Neither phone registration nor cash is accepted.

Course registration for the fall 2015 semester begins at 10 a.m. Monday, September 14, 2015. *All* registrations are first-come, first-reserved. Online registration is preferable, but paper registrations are accepted. See page 31, Frequently Asked Questions, for more information.

Late registration is generally allowed if space is available. Waiting lists for filled courses are NOT maintained. A current list of space available in courses is on the website; under QUICK LINKS, click on Course Availability.

#### **NOTIFICATION**

Members who use the online registration process for courses receive an immediate confirmation message on the payment screen, along with a confirming email notification. Course registration acceptance letters are mailed to those who mail their course registration form.

#### **REFUNDS AND TRANSFERS**

Members successfully registered in a course may choose between full refund of the course registration fee or transfer to an alternate open course in the following cases:

- The selected course is cancelled for any reason:
- The course's published schedule or location is changed prior to the course's start date, and the member is unable to attend because of the change; or
- Encore Learning receives a written withdrawal request (mail or email) from the member at least one week before the course's start date.

Courses that do not meet their minimum enrollment at least one week prior to the course start date will be cancelled. Withdrawal requests received less than one week before the course start date but within two working days after the first class meeting of the

#### General Information continued

course may specify either refund of the course fee minus a \$10 service charge or transfer to an alternate open course; no refund or transfer is available after that period. If withdrawals occurring after the course start date result in enrollment below the indicated minimum, the course may be cancelled.

# INCLEMENT WEATHER POLICY AND OTHER SPECIAL CLOSINGS

Cancellation policies for inclement weather or civil emergencies vary from site to site. In general, classes scheduled to begin after delayed openings will take place as scheduled. Your class aide can provide further information at the outset of each course. To learn the most up-to-date information:

- · Listen to the radio or watch television.
- View Arlington Cable.
- Go to www.apsva.us.
- Call the APS toll-free hotline: 1-866-322-4APS (-4277).
- Call GMU at 703-993-8999 or access www.gmu.edu.

Other rare cancellations or postponements because of special circumstances, such as instructor difficulties, will be announced by the class aide by email (and telephone if necessary) in advance of the class whenever possible.

#### **ADA COMPLIANT FACILITIES**

All Encore Learning sites have facilities that meet Americans with Disabilities Act regulations and standards. If a member experiences disability-related difficulties in class participation or has other concerns, he or she should discuss them with the class aide or contact the Encore Learning office.

#### **VISITOR POLICY**

Encore Learning's visitor policy is designed to attract new members. Anyone eligible to join Encore Learning may attend a single course session if he/she has *never* been a member of Encore Learning and the request to attend a specific session is approved in advance by the Encore Learning Administrator (info@ EncoreLearning.net). Criteria include agreement from the instructor and space availability (i.e., no visitors are allowed in courses that have met their maximum enrollment).

# DISCRIMINATION AND ACADEMIC FREEDOM

Encore Learning does not discriminate on the basis of sex, race, color, religion, disability or national origin. As an educational organization, Encore Learning subscribes to the American Association of University Professors (AAUP) principle of academic freedom: All views should be respected, regardless of their conformance with generally or currently accepted views.

#### PRIVACY POLICY

Encore Learning is committed to protecting member privacy and to ensuring the security of personal information collected. Encore Learning does not sell or lend member information. A complete Encore Learning Privacy Policy Statement is available from the Encore Learning Administrator and on our website. While strictly adhering to this policy, Encore Learning does urge all members to provide email addresses for internal use. The email addresses in the Encore Learning database are especially valuable for communicating last-minute scheduling changes and special event announcements. Members are urged to notify Encore Learning of any changes to their contact information (email, phone, postal address).

#### **ENCORE LEARNING OFFICE**

**Location:** Arlington Public Schools, Syphax Education Center, 2110 Washington Blvd., Arlington, VA 22204

**Hours during academic year:** 10 a.m. to 2 p.m., Monday through Thursday. Closed Friday.

**Contact staff:** Email: info@EncoreLearning.net. Phone: 703-228-2144. Please call ahead if you wish to meet with staff.

#### **VOLUNTEER AS A CLASS AIDE**

Do Your Part As a Member! What benefits will I have?

- Get free parking while attending the class.
- Get to know your classmates and the instructor.
- · Get to be an integral part of Encore Learning.

See page 32 for details

#### **FALL 2015 CLASSES**

# Fine Arts, Theater & Music/Health & Wellness

# 152 — Listening in 3-D: Hearing Detail in Music

**Instructor: Scott Wood** 

Thursdays, 2:00 PM - 3:30 PM

October 8 – October 29

Location: GMU 4 Sessions

Maximum 70, minimum 8 participants

We are surrounded by music and often do not give it our full attention. In this course you will sharpen your auditory focus on music as we listen to and examine four famous works — one each week. Initially the focus will be on the context of the music; then we will narrow it down until we are considering the smallest musical gesture.

Scott Wood is Music Director of the Arlington Philharmonic. He also leads the Amadeus Orchestra, the Washington Conservatory Orchestra, the Montgomery Symphony Orchestra and the National Cathedral School Orchestra. He has lectured at the Concurso de Canto Lirico in Peru, Strathmore in North Bethesda, MD, and the Goethe-Institut in Washington, DC.

# 153 — Richard Wagner and the Bayreuth Festival

**Instructor: John Edward Niles** 

Fridays, Noon – 1:30 PM October 9 – November 13

Location: GMU 6 Sessions

Maximum 30, minimum 8 participants

This course will present an in-depth examination of the Bayreuth Festival from its beginnings, including the death of Wagner and the rise of National Socialism and Adolf Hitler.

The relationship between the Wagner family and Adolf Hitler will be examined in detail, along with the extremely controversial history of the legacy of Richard Wagner and his family, and the social-political implications of the Nazi presence at the Festival.

The course will cover events from 1876 to the present time.

John Edward Niles is the musical director of Colvan Productions, Inc. USA and program director of the Evelyn Lear and Thomas Steward Emerging Singers Program of the Wagner Society of Washington, DC. For many years he was the artistic director and conductor of the Opera Theatre of Northern Virginia. From 1987 to 1998 he worked with European-American Productions in Hannover, Germany. He also has conducted at Prague Eurofest; ScanMus in Helsinki; WorldMusic, Inc. in Linz, Austria; and the Virginia Opera.

# 202 — Estate Planning: Basics and Beyond

Instructors: Sarah Parks, Robert J. Patton, Jr.

Mondays, 10:00 AM - 11:30 AM

October 5 - October 26

Location: FCC 4 Sessions

Maximum 30, minimum 8 participants

Are you confused about how to approach estate planning, write a will, or create an advanced health care directive? Then this is the class for you!

Class sessions will cover the following:

- Overview of Estate Planning: Current estate tax system, probate process, use of last will and testament, powers of attorney
- 2. Trusts: What a trust is, how it is used, benefits it offers, different types of trusts for different needs
- Differences between settling an estate under a will and under a trust
- 4. Advance Health Care Directives.

**Sarah Parks** is an estate planner with Custom Estate Planning, which she has operated in Fairfax since 1995. She is a graduate of the George Mason

#### Health & Wellness continued

University Law School and has an advanced law degree from Georgetown Law Center. She concentrates her practice solely on estate planning.

Robert J. Patton, Jr. is a private attorney in Virginia, practicing primarily estate law including probate. He retired in 2000 as deputy chief counsel of the Maritime Administration at the Department of Transportation. He practices with Custom Estate Planning and teaches adult continuing education courses on estate law.

#### 228 — A User's Guide to the Brain

Instructor: Norton S. Beckerman

Mondays, 2:00 PM - 3:30 PM October 12 - November 9

Location: GMU 5 Sessions

Maximum 30, minimum 8 participants

For centuries we believed that our brain is a fixed, genetic inheritance that stays the same throughout life. Unfortunately, that belief has caused us to take our brain for granted and has perpetuated the myth that aging causes cognitive decline. It does not. It was not until recently that advances in technology and research have shown that the human brain is constantly changing to reflect what we do and do not do.

This course is intended to provide the lay person with an understanding of the brain, how it functions and what we can do to regain, maintain and possibly expand a healthy, effectively functioning brain.

Recommended Reading: Reading list will be handed out at first class – no required reading.

**Norton S. Beckerman**, in an effort to resolve his own cognitive problems, has developed a functional understanding of the brain, how it works and what we can do to keep it working effectively, regardless of age. He writes about the brain and cognitive function, has his own informational website about the brain, stages presentations and workshops, appears on local cable TV as the "Brain Health Coach," periodically works with people having cognitive problems, is on the Arlington Public School Health Advisory Board and has recently published *A User's Guide to a Healthy Brain*.

# 231 — Mindful and Aware: History, Science and Practice

**Instructor: Dwight Rodgers** 

Thursdays, Noon – 1:30 PM November 5 – December 17 (No Class, November 26)

Location: GMU 6 Sessions

Maximum 30, minimum 8 participants

Mindfulness practice is now recognized in the medical profession as an approach to managing both physical pain and stress. This course will examine the 2,500-year history of the practice as it arose among the followers of Buddha, as it has been used in Jewish and Christian traditions, and as it has emerged as a secular practice with benefits for students, military veterans, overstressed businesspeople, and especially those in the 50+ demographic.

The course will use material from the well-known Mindfulness-Based Stress Reduction program originally developed by Dr. Jon Kabat-Zinn at the University of Massachusetts Medical School, as well as a wide range of other mindfulness resources. Each weekly session will include 10-15 minutes of guided meditation. Participants will also be asked to practice a brief meditation daily for the six-week period to experience the benefits of mindfulness practice.

Classes will include lecture, discussion, occasional video and audio clips, and guest speakers. At the end of the six weeks, each participant should have a sense for how mindfulness practice can support reduced stress and tension in his/her individual circumstance. The course is suitable for both newcomers to and veterans of the techniques of awareness.

**Dwight Rodgers** majored in history at Amherst College and received a Master of Arts in Teaching degree from the University of Massachusetts-Amherst. He has been studying the history, science and practice of awareness and the body-brain-mind connections for several years and has explored the cognitive and emotional benefits of mindfulness practice.

#### Health & Wellness continued

#### 232 — Understanding and Managing **Chronic Pain**

Instructor: Howard A. Heit

Mondays, 10:00 AM - 11:30 AM October 19 - November 9

Location: GMU 4 Sessions

Maximum 30, minimum 8 participants

Pain is the most common complaint brought to a health care office. Unfortunately, if acute pain evolves into chronic pain, the patient may have a difficult time describing his or her symptoms to the health care professional – especially if that professional has not been educated to evaluate and treat this most common problem.

The four sessions of this course, featuring interactive class discussion, will cover the following topics:

- The instructor's journey from practicing as a clinical gastroenterologist to becoming an addiction and pain expert; the different types of pain and their specific characteristics.
- Basic terminology and definitions, such as the difference between addiction and physical dependence; the negative effects of chronic pain and why it is undertreated.
- The responsibilities of the doctor to the patient and of the patient to the doctor, especially if a prescription medication, such as an opioid, is needed to treat moderate to severe chronic pain; how patients should evaluate the health care professional who is treating them.
- Treatment options, ranging from over-thecounter medication through prescription medication (including potent medication such as opioids) to complementary and alternative medicine

Recommended Website: May be provided during the course if attendees are interested

Howard A. Heit is board certified in internal medicine and gastroenterology and is a diplomate in addiction medicine. He is a fellow of the American College of Physicians and the American Society of Addiction

Medicine. An assistant clinical professor of medicine at Georgetown University, he has also lectured both nationally and internationally and published extensively on pain and addiction medicine.

#### 235 — Recent Advances and Future of 21st Century Medicine

**Instructor: Thomas Connally** 

Tuesdays, 10:00 AM - 11:30 AM October 6 - November 24

Location: GMU 8 Sessions

Maximum 70, minimum 8 participants

Medical science is changing rapidly, with new discoveries offering much improved treatment possibilities. At the same time public policy regarding health care delivery is changing. This course will explore these concerns, as well as the latest in scientific breakthroughs, especially in genomic medicine, neuroscience and surgical techniques. We will examine the ways medicine and health care influence our world, including international health and population control. Participants will consider new Alzheimer's treatments and concerns about the costs of providing health care for a population that is aging dramatically.

The instructor draws on a lifetime of medical knowledge, work in health-related public policy and philosophical concerns as he researches these topics for his new book. The course will continue his dialogue with members and provide fresh insight on future medical, cultural and philosophical issues facing our society.

Topics for the class sessions will include the following:

- 1. Personalized Medicine in the Genome Era
- 2. Latest Advances in Diagnoses and Treatments: Particularly for cancer, autoimmune diseases and degenerative diseases
- 3. Why American Health Care Costs So Much
- 4. Reorganization of Health Insurance and the **Delivery System:** Patient-centered medical

# Health & Wellness continued / History

homes for primary care, bundled payments and accountable care organizations for hospitals and specialists

- **5. Preventive Health Care in the US:** Role of schools, the media, government and the doctor-patient relationship
- 6. Health, Societal and Philosophical Problems Brought About by Our Aging Population: Age statistics, potential anti-aging drugs and related economic problems
- 7. Psychiatry and Brain Science in the Coming Century
- 8. World Health, Population, Infectious Disease Resistance and Epidemics: New thoughts and new discoveries on treatment and prevention
- Philosophical and Societal Issues Raised by Health Care Dilemmas in the Coming Century: Classic issues in medical ethics plus new ones such as anti-aging drugs.

Assigned Reading: Four- to six-page handouts for each session will be available at the first class.

Thomas Connally, MD, MACP, received a BA in philosophy and an MD from the University of Virginia. He was an officer in the US Public Health Service at the NIH for two years and practiced internal medicine in Washington, DC, for 32 years. He is the author of a book on health care for seniors and a former member of the board of trustees for CareFirst BlueCross BlueShield. Active in medical professional organizations at the state and federal levels, he also volunteers at the Arlington Free Clinic and has taught numerous health-related courses at Encore Learning.



#### 358 — History of the Holocaust

**Instructor: George Pick** 

Tuesdays, 2:00 PM - 3:30 PM October 6 - November 17

Location: GMU 7 Sessions

Maximum 30, minimum 8 participants

If you have ever wondered how the Holocaust unfolded, this course will cover the horrific history from its historic background to its grim development and outcome. It will explain the complex evil web woven by the Nazis and events during Hitler's rise to power from 1923 to 1939. The development of anti-Jewish and racial laws, the ghettos, concentration and death camps, the harnessing of an ever larger number of slave laborers, the "medical" experiments and methods of mass murder on an industrial scale will be discussed.

The targeted people included the Jews first of all, but other groups as well. We will follow the evolution of the plan to systematically debase, economically crush, intern and murder all targeted people, but foremost the Jews in Europe. The course will end with a discussion of the Holocaust in Hungary, where the Jews were relatively well protected until March 1944 when the Nazi army occupied the country. Within an astonishingly short time the majority of Hungarian Jews (437,000) were deported and murdered in Auschwitz. We will discuss what led the Hungarian governor to halt these deportations at the start of the deportation of the Jews of Budapest. A pro-Nazi putsch resulted in the resumption of deportation and the ghettoization of the remaining Jews. The ghetto was liberated in January 1945.

Recommended Readings: The Holocaust: A History of the Jews of Europe During the Second World War, Martin Gilbert. The Holocaust: The Fate of European Jewry, 1932-1945, Leni Yahil. The Origins of the Final Solution: The Evolution of Nazi Jewish Policy, September 1939-March 1942, Christopher Browning. Ideology of Death: Why the Holocaust Happened in Germany, John Weiss. The Destruction of the European Jews (abridged edition), Raul Hilberg. The Politics of Genocide: The Holocaust in Hungary,

# **History** continued

Randolph Braham. Night, Elie Wiesel. Survival in Auschwitz, Primo Levi.

George Pick, a retired space engineer, is a Holocaust survivor and a published author of several essays involving the Holocaust. He has been a volunteer docent at the Holocaust Memorial Museum for over 20 years. He has made several hundred presentations on the history of the Holocaust and his own family's tragedy during that dark period of 1938-45. He participates in scholarly discussions among experts online and at the Center of Advanced Holocaust Studies of the US Holocaust Memorial Museum.

#### 359 — The Plains of Manassas

Instructor: Bob Stone

Thursdays, 2:00 PM - 4:00 PM October 8 – November 12

Location: SEC 6 Sessions

Maximum 30, minimum 8 participants

In July 1861, the village of Manassas Junction and The Plains of Manassas were the scene of the first largescale battle of the Civil War. Thirteen months later, the same area experienced one of the biggest battles of the war when Robert E. Lee's Confederate Army of Northern Virginia defeated John Pope's Union Army of Virginia. This victory in August 1862 convinced Lee to invade Maryland and, perhaps Pennsylvania. At the Second Battle of Manassas the Confederate forces first displayed the strengths they became famous for: organization, cohesion and high morale.

The instructor will use pictures and maps, lectures and discussions to explore these interesting campaigns on Virginia soil. An optional field trip will be offered the week following the last class session (11/19/15).

Field Trip: Class members will be offered a field trip to Manassas Battlefield Park, and any associated costs will be divided equally among participants.

**Bob Stone** has been an instructor for Encore Learning on Civil War topics since 2005. He has a BS in Education from West Virginia University and served as an administrator in the Arlington County government for more than 30 years before retiring. He has studied the American Civil War since childhood and enjoys taking adult groups on tours of Civil War battlefields.

#### 360 — The Rise of Conservatism from the New Deal to Ronald Reagan

Instructor: David Heymsfeld

Wednesdays, Noon - 1:30 PM October 28 - November 18

Location: GMU 4 Sessions

Maximum 30, minimum 8 participants

This course will examine the rise of the U.S. conservative movement from 1945 to 1980. At the start of this period, American politics was dominated by a consensus accepting the New Deal's economic approach. During the 1960s, conservatism began its rise to power and expanded its focus to include social, religious and national security issues. Conservatives nominated Barry Goldwater for president in 1964 and elected Ronald Reagan in 1980. Since then conservatism has been a major force in the Republican Party.

The course will consider the intellectual, political and economic causes of the rise of conservatism, particularly the following:

- Development of an intellectual case for economic and social conservatism, including the works of Frederick Von Hayek, Ayn Rand, William F. Buckley, Whittaker Chambers, Barry Goldwater and Phyllis Schlafly.
- Non-economic issues, including civil rights and affirmative action, abortion, religion in the schools, feminism, student demonstrations, crime, welfare and other government assistance programs.
- Poor economic conditions in the 1970s, including the energy crisis and "stagflation," which created support for a new conservative approach.

# **History** continued

 Foreign policy developments, including the loss of Vietnam, détente, the Panama Canal and the Iran hostage crisis.

Recommended Readings: Invisible Hands: The Making of the Conservative Movement from the New Deal to Reagan, OR Invisible Hands: The Businessmen's Crusade Against the New Deal, Kim Phillips-Fein. White Protestant Nation: The Rise of the American Conservative Movement, Allan J. Lichtman.

**David Heymsfeld** served on the professional staff of the House Transportation Committee for 35 years and was staff director of the committee's Democratic professional staff from 1995 to 2010. He has had a lifelong interest in modern history, has published reviews of history books in legal periodicals and is a volunteer guide at the Newseum.

# 361 — The History of US Political Parties

Instructor: Michael G. Anderson

Tuesdays, 10:00 AM – 11:30 AM October 13 – November 10 (No Class, November 3)

Location: GMU 4 Sessions

Maximum 45, minimum 8 participants

This four-part course will trace the evolution of US political parties from 1790 to the present. We will consider four periods: 1790-1828, 1828-1860, 1860-1932 and 1932 to the present. Each period produced new political alignments and parties that reflected the changing nature of the US electorate and the challenges facing the nation. Our aim will be to understand how today's political parties came into being, their relevance compared to parties of the past and how the roles of political parties have changed over the years. We will also focus on how the mechanics of politics have changed, in response to changes in the laws and as a result of technological innovations. Finally, we will address the question: Are parties and their philosophies really important, or is US politics first and foremost about competing personalities?

Recommended Readings: Empire of Liberty: A History of the Early Republic, 1789-1815, Gordon S. Wood. The Rise of American Democracy: Jefferson to Lincoln, Sean Wilentz. The Age of Jackson, Arthur M. Schlesinger, Jr. To Make Men Free: A History of the Republican Party, Heather Cox Richardson. Unreasonable Men: Theodore Roosevelt and the Republican Rebels Who Created Progressive Politics, Michael Wolraich.

*Michael G. Anderson* is a retired foreign service officer (1973-2002) and has a PhD in history from the University of Chicago. Since retiring he has taught US history and Western civilization at Northern Virginia Community College (NVCC) and at George Mason University. He also teaches classes for the Lifetime Learning Institute at NVCC.

# 362 — America and East Asia in Historical Perspective

Instructor: John H. Miller

Mondays, 10:00 AM - 11:30 AM November 9 - December 7

Location: GMU 5 Sessions

Maximum 45, minimum 8 participants

Why does the Obama administration want to "pivot to Asia"? What is the "rise of China" all about? Is China a "threat"? What do its leaders want? What is causing the recurrent flare-ups in the East China Sea (Senkaku Islands)? Should we be worried? What ever happened to Japan the mighty superpower? Is it a reliable ally? Why can the Japanese not resolve their "history problem"? Should we be concerned about their "militaristic" tendencies? Why do so many South Koreans dislike and distrust Japan? Why are the North Koreans so bellicose? Are they "crazy"? What is behind the wrangling in the South China Sea (Spratly Islands)? What does it mean for the United States? What is ASEAN (the Association of Southeast Asian Nations), and what role does it play in the region?

These are just some of the questions we will address in this course. The operating assumption of the instructor is that we cannot begin to understand the

# History continued / Law, Politics & Public Affairs

present and future of East Asia (here defined to include Southeast Asia) without some grasp of its past. So we will look at the evolution of East Asia over the past 170 years. Sessions will deal with "East Asia Before the Western Intrusion," "The Imperialist and Colonial Era in East Asia," "World War II and East Asia." "The Cold War in East Asia" and "Post-Cold War East Asia."

Recommended Readings: Modern East Asia: An Introductory History, John H. Miller.

John H. Miller is a former foreign service officer who served in Japan. Korea and the Philippines. More recently he taught at the Asia Pacific Center for Security Studies in Honolulu and the Foreign Service Institute in Arlington. He holds a PhD in Japanese history from Princeton University and is the author of American Political and Cultural Perspectives on Japan: From Perry to Obama, and Modern East Asia: An Introductory History.

#### 363 — Ancient Greece, Part 1: **Prehistory to Persian Wars**

Instructor: Tom Wukitsch

Fridays, 9:30 AM - 11:30 AM October 9 - December 18 (No Class, November 27) Location: GMU 10 Sessions Maximum 45, minimum 8 participants

This is the first of two courses to be offered in consecutive semesters. The study of ancient Greek history is hobbled by the fact that almost everything in the Greek "historical record" (what we have long thought we "know") comes from Athenian sources. There is mounting archeological evidence that fills in some of the gaps in Greek history, culture, art, architecture and philosophy.

This course starts with the geography and prehistory of the Balkan Peninsula, then goes through predecessor cultures, early Greece, the "dark age," the revival and remaking of Greek civilization, the archaic

age and city-states, 5th century BC strife between Athens and Sparta, and the grand Greek alliance that confronted and defeated Persia.

Ancient Greece, Part 2 will continue with the post Greco-Persian War Athenian "Golden Age," the Peloponnesian War and its aftermath, the rise of Macedonian power and the Helenization of the ancient known world. Course material for Ancient Greece. Parts 1 and 2 will be available online at http://www.mmdtkw.org/ALRItkwPages.html.

Recommended Website: http://www.mmdtkw.org/ ALRItkwPages.html

Tom Wukitsch served in the US Navy in aviationand archaeology-related positions and then had a career as a member of the US Foreign Service serving in the Middle East and Italy. After retiring he studied and taught for four years in Rome. He is a member of the board of Scientific Methodologies Applied to Cultural Heritage (SMATCH). He has led Encore Learning Travel Club tours to Rome, Florence, Venice, Pompeii and Egypt.

#### 419 — Notable Court Cases

Instructors: Robert Corn-Revere, Jerry Stouck, Lisa Sockett, Elizabeth L. Wildhack, Jean S. Moore

Wednesdays, 2:00 PM - 3:30 PM October 21 - November 18 Location: GMU 5 Sessions Maximum 70, minimum 8 participants

Much of the drama of history and national life is played out in court trials and in the decisions of the US Supreme Court. The outcomes dispose of the particular cases but often fail to end debate and discussion of their vital issues. These five lectures will illuminate the backgrounds of major controversies. the competing arguments, the decisions and their aftermaths.

FCC v. Pacifica Foundation, Inc. (Robert Corn-Revere). The Federal Communications Commission licenses radio and television stations in the US but is prohibited by both the First Amendment and Section 326 of the Communications Act from exerting "the power of censorship" over broadcast licensees. At the same time, federal law and FCC rules prohibit the broadcast of "obscene, indecent and profane" material. In 1978 the Supreme Court addressed this seeming paradox in a case involving George Carlin's "seven dirty words" and upheld the FCC's authority, within limits. Those limits have been tested by fleeting utterances and "wardrobe malfunctions" in recent years in cases that have returned to the Supreme Court. Where do things stand now?

Pennsylvania Coal Company v. Mahon (1922) and Its Progeny (Jerry Stouck). In Pennsylvania Coal, the Supreme Court ruled that a regulatory act can constitute a taking of property requiring just compensation if it sufficiently diminishes the value of the property being regulated. Since then the court has struggled with defining how far is "too far," such that compensation is owed. Beginning in 1978 with Penn Central and continuing with three later decisions in *Lorreto* (1982), Lucus (1992) and Lingle (2005), the Supreme Court set the modern boundaries of the regulatory takings doctrine, championed by property rights advocates and disdained by those who would give government greater latitude to regulate property for the common good. A recent court of appeals decision in Lost Tree Village Corp. v. United States (2013) may give the Supreme Court a chance to speak further to the issue. But consider if it was your property that was being severely restricted through regulation!

National Cable & Telecommunications Association v. Brand X Internet Services (Lisa Sockett). In this 2005 Supreme Court case, the

iustices debated whether Internet service was more like a car dealership offering "cars" (an integrated product) or a pizza delivery service offering two distinct products — pizza and delivery. Seriously! This battle of analogies between the majority and the dissent led the majority to declare that "federal telecommunications policy in this technical and complex arena [should] be set by the [Federal Communications] Commission, not by warring analogies." After winning this case, the FCC spent the next 10 years struggling over whether and how to impose "net neutrality" rules on Internet service providers (ISPs), culminating in the FCC's decision in February 2015 to treat ISPs like common carriers who must offer their services on a nondiscriminatory basis to all comers (consumers and content providers alike).

Bourke v. Beshear & Love v. Beshear (Kentucky), Obergefell v. Hodges & Henry v. Hodges (Ohio) (Elizabeth Wildhack). In April 2015, the Supreme Court heard arguments in monumental same-sex marriage cases that arrived at the justices' doorstep faster than expected, but were also a long time coming. The first set of arguments addressed what is known as the marriage question, that is, whether states are required by the US Constitution to grant marriage rights to same-sex couples. The second set dealt with what is often called the recognition question, that is, whether states where gay marriage is illegal are required to recognize marriages performed in other states where such unions are permitted. While those on both sides of the debate are eager for the court to rule definitively whether states must recognize gay and lesbian marriages, many also look toward how such a ruling could affect future battles over LGBT rights.

King Edward I of England and the Rule of Law (Jean Moore). Was King Edward, as some historians



claim, one of the great medieval kings who reestablished the Magna Carta, created Parliament and developed the rule of law in England? Or was he a petty tyrant, who controlled his barons, brutally conquered Wales and Scotland and expelled the Jews from England, all the while seeking the protection of the Pope by joining the Crusaders? Find out in our journey back to the troubled times of England, Scotland and Wales in the 13th century.

Robert Corn-Revere is a partner at Davis Wright Tremaine LLP in Washington, DC, where he practices First Amendment and communications law. A former chief counsel to Chairman James H. Quello of the FCC, in private practice he has litigated high-profile First Amendment cases in the Supreme Court and US courts of appeals, including a successful challenge to an FCC fine imposed on CBS for the 2004 Super Bowl "wardrobe malfunction" involving Janet Jackson and Justin Timberlake.

Jerry Stouck is a lawyer at Greenberg Traurig, LLP, in Washington, DC, specializing in litigation against federal agencies. He has a JD from the New York University School of Law and a BA from Wesleyan University. Over the past 30 years he has handled a number of important government liability cases, including litigation over the government's responsibility for spent nuclear fuel from commercial reactors. He represents Lost Tree Financial Corp. in its pending lawsuit against the United States.

*Lisa Sockett* is an adjunct professor of law at George Mason University's School of Law in Arlington, where she teaches communications law and legal writing. She worked at the FCC in various positions, including deputy chief of the office of plans and policy and assistant bureau chief of the Common Carrier Bureau. and at the National Telecommunications and Information Administration of the Department of Commerce. She is a graduate of the Harvard Law School and the University of Pennsylvania.

Elizabeth L. Wildhack is a partner at the firm of Thompson Wildhack, PLC, and focuses her practice primarily in the areas of elder law and estate planning/administration. She has served since 2008 as assistant commissioner of accounts for the 17th Judicial Circuit (Arlington County and the City of Falls Church). A summa cum laude graduate of the Washington College of Law at American University, she is admitted to practice in both Virginia and the District of Columbia. She currently serves as an officer of the Virginia Academy of Elder Law Attorneys and as board secretary of the Arlington Retirement Housing Corporation (Culpepper Garden), a nonprofit housing provider for low-income seniors. She has received the Arlington County Human Rights Commission's James B. Hunter Human Rights Award for her pro bono work on behalf of the elderly and disabled.

Jean S. Moore received a law degree summa cum laude from Ohio State University and joined the Honors Program of the US Department of Justice and later the White House Office of Special Counsel as staff assistant to the president. After specializing in international litigation and arbitration, she is now a retired partner of the Washington law firm of Hogan Lovells and serves on the boards of several corporations and nonprofit organizations.

#### 462 — The Balkans: 20 Years After **Dayton and Srebrenica**

Instructor: Richard Kauzlarich

Mondays, Noon - 1:30 PM October 5 - October 26

Location: GMU 4 Sessions

Maximum 70, minimum 8 participants

Some anniversaries we want to forget. It is hard to believe that we are two decades from the greatest mass murder in Europe since WWII. In 1995 over 8,000 Bosniaks were killed in and around the town of Srebrenica in Bosnia and Herzegovina. It is also two decades since the greatest diplomatic success in war termination in Europe since WWII – the General Framework Agreement for Peace in Bosnia and Herzegovina (or the Dayton Peace Accords). As complex as the world seemed in 1995, that was a pale shadow of the complexities we face today. The Balkans – and Bosnia and Herzegovina – are a fading memory to most Americans. But to forget them would be a mistake.

Learn about the past and future of ethnic conflict in the Balkans and the South Caucasus. Also explore lessons learned about peacemaking and peace building in Bosnia and Herzegovina. We will discuss how energy figures into the geopolitics of the region – and how the US, the EU and Russia are being drawn back into the region.

Recommended Reading: To End a War, Richard Holbrooke.

**Richard Kauzlarich** is co-director of the Center for Energy Science and Policy and as an adjunct professor teaches courses on energy security and public policy communications at the School of Policy, Government and International Affairs at George Mason University. He is also a non-resident senior fellow at the Brookings Institution's Center on the United States and Europe. He is the former US Ambassador to Azerbaijan, as well as to Bosnia and Herzegovina. After 32 years in the Foreign Service, he spent almost eight years as national intelligence officer for Europe at the National intelligence Council. He also served as director of the Special Initiative on the Muslim World at the US Institute of Peace.

#### 463 — Grey Zone or Black Hole: **Building National Identity in Belarus, Ukraine and Moldova**

**Instructor: Connie Phlipot** 

Tuesdays, Noon - 1:30 PM October 6 - December 8

Location: GMU 10 Sessions

Maximum 25, minimum 8 participants

The nationality policies of the Russian Empire and the Soviet Union distorted the national and ethnic identities of their constituent parts, especially those along the western and southern borders, in order to strengthen Russian control. Although nominally the major national groups had their own republics in the Soviet Union, ethnic Russians held power. The

collapse of communism and the Soviet Union created independent countries and the need to build genuine. national institutions. For those new countries that had weak national or ethnic identities, or contained sizable populations of those who did not identify with the titular nationality, nation-building has been troubled.

In this course, we will look at three such countries: Ukraine, Belarus and Moldova. We will survey their early history for roots of national identity, examine the impact of Tsarist and Soviet nationality policy and discuss the emergence of short-lived independence movements at the turn of the 20th century. The bulk of the course will be devoted to the issues these three nations face in the post-Soviet period, including relations with Russia.

Recommended Readings: The Reconstruction of Nations: Poland, Ukraine, Lithuania, Belarus, 1569-1999, Timothy Snyder. Postwar: A History of Europe Since 1945, Tony Judt.

Independent Reading: A Biography of No Place: From Ethnic Borderland to Soviet Heartland, Kate Brown.

Recommended Website: www.rferl.org; www.carnegieendowment.org; www.cepa.org; gmfus.org; country reports for Moldova, Ukraine and Belarus at http:// www.state.gov/p/eur/ci/md/; http://www.state.gov/p/ eur/ci/up; http://www.state.gov/p/eur/ci/bo

**Connie Phlipot** is a retired foreign service officer, specializing in economics, Central and Eastern Europe and economic/democratic transformation. She served as Deputy Chief of Mission at the US Embassy in Minsk, Belarus; Senior Diplomatic Advisor to the Community of Democracies (Warsaw, Poland); Senior Advisor on the Former Soviet Union with the State Department Policy Planning Staff; and in various positions in Moscow, Riga, Rangoon, Helsinki and Rome. She has taught international relations at the US Army War College and at private universities in Warsaw.

#### 464 — China – Inside and Out, Part 1

Instructor: David Keegan

Mondays, 2:00 PM - 3:30 PM November 2 – November 23

Location: GMU 4 Sessions

Maximum 70, minimum 8 participants

China will clearly be one of the leading global powers of this century. How the US works with China will help define China's future and our own. For that reason, if no other, we must understand China. This course will seek to understand China from the perspective of the priorities that the Chinese leadership has established.

The course will be divided into two four-session parts. The first part will be in the fall 2015 semester; the second part will be in spring 2016. This semester we will look at four domestic issues that preoccupy China's leaders: economic development, the environment, civil society and dissent, and the survival of the Communist Party. Next semester we will consider four external issues: regional neighbors, Taiwan, the search for global leadership, and relations with the US. Each of these issues poses major challenges for China. How China manages these issues will determine its future. This course will seek to understand and even anticipate how and whether China will succeed.

Independent Readings: Class participants will receive weekly readings by email.

David Keegan holds a PhD in Chinese history from the University of California, Berkeley. He was a US foreign service officer for 30 years serving in Korea, China, Taiwan, Singapore and New Zealand. He was deputy director of the American Institute in Taiwan and deputy chief of mission and chargé at the US Embassy in New Zealand. He also served as director in the office of Taiwan policy, the office of regional affairs for South and Central Asia and the office of strategic, proliferation and military affairs in the State Department bureau of intelligence and research. He has taught the China seminar at the State Department's Foreign Service Institute. He has also taught two courses on China for Encore Learning.

#### 465 — Prospects for a Sustainable Global Future

Instructor: Carlos Stern

Wednesdays, 10:00 AM - 11:30 AM

October 7 - November 11

Location: GMU 6 Sessions

Maximum 16, minimum 8 participants

The course offers an opportunity to discuss and debate an issue that is of vital concern for our society today and will be even more so in the future. The instructor will provide a 10-15 minute introduction at each session and then guide the discussion with the goal of encouraging all class members to participate in exploring the topic.

Addressing the issue of sustainability requires coming to terms with the fact that the Earth is a finite island in space, and that all life depends on its resources for continued existence. The challenge in this seminar is how to reconcile our finite resources with the drive for growth inherent in every culture, social and economic system from biblical times forward. How do we tackle this fundamental tendency and shift to an alternative recognizing that certain limits must not be exceeded?

Some topics for discussion include the following:

 Global climate change as a result of human activity. Many arguments against efforts to combat climate change are motivated by fears about economic consequences, especially for industries that produce fossil-based fuels and societies that rely on them. How can these be overcome?



- The lines on today's maps demarcating national borders might appear to be rational, ancient and sacrosanct to anyone not familiar with the history of when these lines were drawn, by whom and for what ends. We will discuss alternatives for dealing with today's nationalism, tribalism and religious fervors that stem directly from borders imposed a century ago, and options for a more peaceful future.
- Disparity of wealth within the United States and globally. Can anything be done?

Recommended Readings: Copies of articles will be provided.

Carlos Stern served as Deputy Assistant Secretary, US Air Force; Visiting Scientist, US Geological Survey; Associate Professor of Environmental Economics, University of Connecticut; and Director of Environmental Programs for the Chemical Manufacturers' Association, among other positions. He holds a PhD from Cornell University and a BS from the University of Cape Town.

# 466 — Making College More Affordable, Accessible and Attainable

**Instructor: Arthur Hauptman** 

Wednesdays, 10:00 AM - 11:30 AM

November 4 – December 9

Location: GMU 6 Sessions

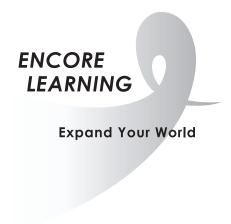
Maximum 30, minimum 8 participants

In recent years American higher education has come under increasing criticism for many reasons. An explosion in prices has made college unaffordable for too many Americans and has led to an excessive reliance on student loans; chronic inequities persist in the likelihood of low-income and minority students enrolling and continuing in higher education; and the US has fallen behind many other industrialized counties in the proportion of the population holding a college degree.

These criticisms have led many to suggest that the current system is broken and new ways of delivering higher education are required if the US is to regain its leadership position in the world. An opposing position is that America's colleges and universities remain the best in the world and what is needed is more funding and less regulation from governments. A third perspective is that the challenges of affordability, accessibility and attainability are real and that the best way to proceed is to fix these problems to make a very good system even better.

This class will take the third perspective. It will address and analyze many criticisms, including why college costs have grown so fast, why chronic inequities have not been lessened and why educational attainment rate growth has slowed. It will also focus on what the federal government, state governments and the institutions themselves should do to address and solve these challenges. The aims of reforms include slowing or reversing the growth in tuition and other college charges, reducing excessive reliance on loans, increasing higher educational opportunities for low-income and minority students and addressing concerns about slipping attainment.

Arthur Hauptman earned a BA from Swarthmore College and an MBA from Stanford University. Since 1981 he has been an independent public policy consultant, editor and author specializing in higher education financing issues in the US and many other countries.



# Law, Politics...continued / Literature & Writing

#### 467 — Traditional Chinese Philosophy and Modern Life in China

Instructors: Xiao He, Lihong Wang

Thursdays, 10:00 AM - 11:30 AM November 19 – December 17 (No Class, November 26)

Location: GMU 4 Sessions

Maximum 45, minimum 8 participants

Professors from the Confucius Institute at George Mason University will provide an overview of traditional Chinese philosophy and how this philosophy influences modern life in today's China. Two of the lectures will focus on Confucianism, discussing the teaching of Confucius (Kungzi) and then Mencius (Mengzi) as related to human relationships, principles of political governance and appropriate rituals. Another lecture will examine the key concepts of Taoism (Daoism) and the teachings of Lao Tzu (Laozi) and Chuang Tzu (Zhuangzi), two prominent figures of Taoist philosophy. The final lecture will discuss Legalism as outlined by Han Feizi and the influence that Legalism had on China's emperors starting with Qin Shi Huangdi, the First Emperor of the Qin dynasty.

Xiao He is an associate professor at Beijing Language and Culture University (BLCU). She is currently teaching ancient Chinese literature at the Confucius Institute at George Mason University. Before coming to the US, she taught Chinese at the Confucius Institute at McMaster University in Canada and taught English as an associate professor at BLCU. She received her master's from Sichuan University in China. She was a visiting scholar at the University of Toronto in 2001 and at the University of Pennsylvania in 2009. Her research interests lie mainly in second language acquisition and comparative study in Chinese and English literature.

**Lihong Wang** is an associate professor at Beijing Language and Culture University (BLCU). In 2011 she came to the US to serve as resident director of the Confucius Institute at George Mason University. She has her master's in linguistics from Jilin University in China and her PhD in intercultural communication and foreign language education from Durham University in the UK. She has taught general linguistics, English

lexicology, grammar, intensive reading, extensive reading, translation, and interpreting.

#### 514 — Robert Frost: Love Poet

Instructor: Lesley Lee Francis

Fridays, 10:00 AM - 11:30 AM October 9 - November 13

Location: FCC 6 Sessions

Maximum 20, minimum 8 participants

Join Robert Frost's granddaughter, Lesley Lee Francis, in a study of his work. Frost's epitaph on his gravesite in Old Bennington, Vt., reads "A Lover's Quarrel With the World"; under his wife Elinor's name is written "Wing to Wing and Oar to Oar" in recognition of their lifelong devotion. In his poems, the poet touches upon many different kinds of love; of country. of the land, of friendship and, of course, romantic love. The instructor brings her extensive publications on Frost and her personal experience to a discussion of the assigned readings.

Recommended Readings: Frost: Collected Poems, Prose, and Plays, edited by Richard Poirer and Mark Richardson.

Lesley Lee Francis is the granddaughter of Robert Frost. She received her AB degree from Radcliffe College and her PhD in Romance Languages from Duke University. She was a professor of Spanish language, literature and history at several colleges and universities and ran a summer program in Spain

#### **VOLUNTEER AS A CLASS AIDE**

Do Your Part As a Member! What benefits will I have?

- Get to be an integral part of Encore Learning.
- Get free parking while attending the class.
- · Get to know your classmates and the instructor.

See page 32 for details

# **Literature & Writing**

before joining the professional staff of the American Association of University Professors (AAUP) in Washington, DC. She continues teaching and writing and helps organize the annual Frost Symposium. She has lectured and published extensively on her grandfather, including her biographical study, *Robert Frost: An Adventure in Poetry, 1900-1918.* 

# 542 — Shake's Peers: An Introduction to Shakespeare's Contemporaries

Instructor: Iska Alter

Fridays, 2:00 PM – 3:30 PM November 6 – December 18 (No Class, November 27)

Location: GMU 6 Sessions

Maximum 30, minimum 8 participants

A theater season never goes by without someone somewhere producing one of Shakespeare's plays. But Shakespeare's preeminence has had serious unintended consequences: the works of his highly talented and performance-worthy contemporaries have faded from view in the classroom and on the stage. This course will serve as the beginning of an ongoing, if occasional, attempt to familiarize readers and theatergoers with the diverse, complex repertoire of early English drama. In six weeks we will examine John Webster's coruscating tragedy, *The Duchess of Malfi*; Ben Jonson's bitter and zany satire, *The Alchemist*; and Christopher Marlowe's unique history, *Edward II*.

Recommended Readings: The Duchess of Malfi, John Webster. The Alchemist, Ben Jonson. Edward II, Christopher Marlowe.

Iska Alter is emerita professor of English at Hofstra University. Her specializations are American literature, Shakespeare and English Renaissance drama. Her work has appeared in Modern Drama, Theatre History Studies and Shakespeare Survey. She is the author of The Good Man's Dilemma, an analysis of the fiction of Bernard Malamud. She received her BA from CCNY, an MA from Wisconsin and a PhD from NYU.

# 543 — An Introduction to James Joyce's *Ulysses*

Instructor: Cóilín Owens

Mondays, 2:00 PM - 3:30 PM November 2 - November 30

Location: GMU 5 Sessions

Maximum 30, Minimum 8 participants

Do not be afraid of James Joyce's *Ulysses*. If you have ever wanted to delve into this Irish epic, now is the time to get a taste of one of the most intriguing, and yes, funny modern novels. This classic, ostensibly the account of an ordinary day in the life of three Dubliners on June 16, 1904, addresses the spiritual, sexual, economic and social questions that arise from life in urban culture.

The five class sessions will explore why *Ulysses* is one of the western world's literary masterpieces and why — if you have not already — you should take the plunge. Each participant will receive a copy of the instructor's own study guide to *Ulysses*. This is a directed tour through the book observing the outline, technique and main ideas of each of its 18 episodes.

Each session will devote some time to examining in greater detail one or two selected passages that will enable participants to appreciate the penetrating intelligence and dense beauty of Joyce's masterful prose.

Class sessions will cover the following:

- 1. Joyce's life and work, and his schema for *Ulysses*
- 2. The morning of June 16, 1904
- 3. Lunch in the city: Shakespeare and music
- 4. History, sex and the unconscious
- 5. Men and women reconcile

Recommended Reading: Ulysses (Gabler Edition), edited by Hans Walter Gabler. Study Guide to be distributed to class members.

**Cóilín Owens**, Professor Emeritus, George Mason University, taught Irish literature for 29 years. He has edited or written books on Irish drama, fiction and the

# Science & Technology

Irish language. As a specialist on James Joyce, he has published two book-length studies of Joyce's stories since he retired: James Joyce's Painful Case (2008) and Before Daybreak: "After the Race" and The Origins of Joyce's Art (2013, paperback 2014). He is currently at work on a third.

#### 622 — The Large Hadron Collider: History, Science and Public Policy **Implications**

**Instructor: John Metzler** 

Thursdays, 10:00 AM - 11:30 AM October 15 – November 12

Location: GMU 5 Sessions

Maximum 30, minimum 8 participants

The Large Hadron Collider (LHC) is the world's largest scientific instrument. It is located near Geneva, Switzerland, at CERN, the European Laboratory for Particle Physics. This course will explore why the \$7-billion investment was made, how the LHC works, its potential scientific contributions and the international political context supporting this extraordinary achievement.

The five sessions will cover the following:

- 1. A brief overview of the LHC: To understand the rationale behind the investment, we will explore the history of the physics and the technologies that made the LHC construction possible, i.e., the evolution of the science and technology behind the atom-smashing "microscopes" of the 20th century.
- 2. The physics of the atom (the "Standard Model of Particle Physics and Forces"): We will explore what hadrons (and guarks) are and how matter is created out of energy. The goal is for nonphysicists to gain some understanding of the essence of the physics of the LHC.
- 3. Virtual tours of the LHC: This session will provide a feeling for the immensity of the LHC and explore the complex international ventures that are the LHC experiments.

- 4. How the LHC is pushing the scientific frontiers of physics and other scientific fields: We will also explore how CERN works as an international laboratory and as a potential model for other international organizations.
- **5. Public policy implications:** What are the implications of major investments in "Big Science," of which the LHC is a leading example?

John Metzler worked for the director of the Department of Energy's High Energy and Nuclear Physics program before retiring in 2007. In that capacity he focused on the international agreements for US participation in the LHC. He was also the international program manager for the Superconducting Super Collider and served as the executive director of the Energy Research Advisory Board, which reported directly to the secretary of energy.

#### 627 — Culture, Organizations and **Technology**

Instructor: Stephen R. Ruth

Thursdays, 2:00 PM - 3:30 PM November 19 – December 17 (No Class, November 26)

Location: GMU 4 Sessions

Maximum 30, minimum 8 participants

Some of the world's best known thought leaders are now reaching large audiences by making video lectures on important issues such as income inequality, cyberterrorism, the wisdom of crowds, the birth and death of organizations, the digital divide, culture vs. ethnicity, loss of social capital and many more.

Tomorrow's classroom will be far different from the ones you knew. Hoping to stimulate vigorous class discussion as well as to give you a taste of what teaching will be like in the future, the instructor will select about a dozen major issues and present, for each, both an expert's video lecture and his own spin.

# Science & Technology continued

**Stephen R. Ruth** is professor of public policy at George Mason University, specializing in technology issues associated with globalization, and is director of the International Center for Applied Studies in Information Technology, a grant-supported research center at GMU.

# 628 — Watershed Explorations — Understanding Smaller Ecosystems

Instructor: Jim Egenrieder

Tuesdays, 2:00 PM – 3:30 PM October 13 – November 10 (No Class, October 27) Location: SEC 4 Sessions

Maximum 30, minimum 8 participants

The class will identify and explore a watershed, develop a summary of the information and data we create or uncover, and share it in a suitable public format where it can be discovered and used by others. Class participants will learn a variety of online tools for exploring, mapping and monitoring watersheds while discussing growing concerns and issues related to stormwater and water resources. They will also learn how to document their findings using popular, free, online publishing and information-sharing tools. The class will study all of Northern Virginia's larger watersheds and all of Arlington's micro-watersheds. Participants will receive resources for independently exploring local watersheds.

Recommended Reading: A reading list will be provided.

Jim Egenrieder is an agricultural and environmental researcher specializing in watershed field research, wetlands design and development, stream restoration and freshwater ecosystems wildlife and vegetation. He teaches Watershed Systems Stewardship for Virginia Tech's Master's Program in Natural Resources and Environment and the South Branch Science Consortium.

# 630 — Brain Gain: Understanding the Basic Structure and Functions of the Brain

**Instructor: James Giordano** 

Wednesdays, 2:00 PM – 3:30 PM October 14 – November 4 Location: GMU 4 Sessions Maximum 45, minimum 8 participants

Recent advances in neurosciences have provided heretofore unparalleled access and understanding of the brain, yet in many ways the brain still remains enigmatic. This course provides participants with the most current information about the ways that brain structures and networks contribute to functions of consciousness, learning, memory, emotion, behavior and interactions with both the body and the environment (including others). Using an easy step-by-step approach, he will provide a basic overview of how the brain works, the possible nature of the mind, and what this means for humans and other species as well. No prior knowledge of brain science is required.

Independent Reading: Provided by instructor.

James Giordano is Professor of Neurology and Chief of the Neuroethics Studies Program at Georgetown University Medical Center, Washington, DC, and Clark Faculty Fellow of Neurosciences and Neuroethics at the Ludwig-Maximilians University, Munich Germany.



#### **Social Sciences**

#### 748 — Human and Divine Forgiveness

Instructor: Steven C. Goldman

Wednesdays, 10:00 AM - 11:30 AM

October 7 - November 4

Location: FCC 5 Sessions

Maximum 15, minimum 8 participants

This seminar will explore the scope, meaning and possible limits of forgiveness. Our principal text will be Simon Wiesenthal's classic book The Sunflower: On the Possibilities and Limits of Forgiveness. Issues for discussion include:

- Do we have the moral authority to forgive or ask forgiveness for those who commit crimes against others?
- · Are some crimes so serious that they should not be forgiven under any conditions?
- What do sacred texts of different religious traditions teach about God's willingness to forgive, and what do they say about the obligations of humans to forgive or to withhold forgiveness?

Each session will begin with a 20-minute introduction by the instructor, followed by a discussion involving all of the participants.

Recommended Reading: The Sunflower: On the Possibilities and Limits of Forgiveness, Simon Wiesenthal.

Steven C. Goldman serves as chair of the Religious Studies Program Planning Group at the Osher Lifelong Learning Institute (OLLI) at George Mason University and is a member of OLLI-George Mason's board of directors. He has taught numerous courses on alternative understandings of biblical doctrine.

#### 749 — Entrepreneurship in **Emerging Markets**

Instructor: Brian R. Jones

Thursdays, 10:00 AM - 11:30 AM

October 8 - November 12

Location: GMU 6 Sessions

Maximum 30, minimum 8 participants

This seminar course has two major sections. The first class will offer a primer on emerging market entrepreneurship, covering major knowledge areas, economics and policy considerations. The remaining classes will feature a collective examination and evaluation of case studies based on work performed in emerging markets.

There are an infinite number of business models and strategies used by entrepreneurs in emerging markets, both domestically and abroad. The instructor will describe the business strategies and processes of emerging market entrepreneurship while encouraging class members to examine the impact and benefits of private and institutionalized investments, people, and processes that are needed to succeed in emerging markets. Particular attention will be focused on several nations and regions including the US, Africa and the Middle East. The role of technical advisors, domestic and international financial institutions, private equity and funding teams will be analyzed, as will the impact of country-specific policy and regulatory programs.

The course format will be seminar rather than lecture. Therefore, each week's assignment should be read before class. As we will be discussing ongoing market trends, it will be important for participants to monitor new activities as they are relevant to the region of study.

Topics for the class sessions are as follows:

- Introduction and Primer: Emerging Markets' **Economic Considerations**
- United States

#### Social Sciences continued

- South America/Latin America
- Middle East
- Africa
- South Asia

Recommended Readings: Case studies with links to relevant articles on each week's topics will be sent to participants.

**Brian R. Jones** is co-founder and managing partner of The RAIL Group Consulting (TRG) and has over 12 years of experience in corporate strategic planning, management, leadership development, and business development. Prior to starting TRG he served as the business development vice president for a privately owned government contractor offering management and technical services consulting. He is currently an instructor on international innovation and entrepreneurship for the online MBA program at the D'Amore-McKim School of Business at Northeastern University.

#### 750 — The Great Recession: Why Was This One So Different?

Instructor: Julian (Jud) Heriot

Mondays, Noon - 1:30 PM October 5 – November 23

Location: FCC 8 Sessions

Maximum 35, minimum 8 participants

Seven years have passed since the collapse of Lehman Brothers, an event that heralded a deep financial crisis that quickly spread internationally and in short order plunged the US economy into a downturn that wiped out eight million jobs and \$19 trillion of household wealth.

We have not seen an economic collapse of this magnitude since the Great Depression of the 1930s. Over eight sessions we will delve into this economic crisis and attempt to answer some fundamental questions.

Many academic economists assured us that recessions like this were a thing of the past. So, how did this one happen? Why was this recession — now called the "Great Recession" — so deep and so prolonged when compared to all the post-World War II recessions that preceded it?

Is economic recovery really underway? We are now five years into a recovery that has been tepid by any standard. Why have fiscal and monetary policies the twin tools of economic management — been so ineffective in stimulating a more rapid recovery?

The Great Recession has caused us to ponder some issues for the long-term: How has this recession changed the structure of the US economy? Can our economy restore dynamic job and wage growth? Has the recession weakened the middle class and worsened the distribution of income and wealth in our country?

Recommended Reading: The Little Book of Economics, How the Economy Works in the Real World, Greg Ip.

Independent Reading: Readings from the economic and financial press and other material will be brought to your attention in class.

Julian (Jud) Heriot is a PhD economist who has worked for more than 20 years in the field of economic development. He has held positions at the Central Intelligence Agency, the US Agency for International Development and the Inter-American Development Bank. He has also taught economics at American University and the Federal University of Ceará in Brazil.

# **Encore Learning Facts** 2002 - 2015

- Encore Learning is a nonprofit, volunteer-run educational organization founded in 2002. It is governed, supported and financed by its members.
- Encore Learning (then known as Arlington Learning in Retirement Institute) offered its first courses in fall 2003, with a membership of 310. Current (June 2015) membership is 859, with a renewal rate of 78 percent. The organization's name changed in January 2013.
- Since 2003, Encore Learning has offered 819 different courses at 11 different (and donated) classroom locations, with 14,771 registrations.
- Currently, Encore Learning has eight special interest clubs, and volunteers have arranged 296 special events with 5,175 participants (since 2006).
- Forty-five people have served terms on the Encore Learning Board of Directors since 2003. Thirty-seven people — including 28 different community leaders have participated as part of the Community Advisory Council since its formation in 2006.

Don't forget!

# **Encore Learning Fall 2015 COURSE PREVIEW**

Saturday, September 12, 2015



See page 3 for details.

# **Volunteer at Encore Learning**

# MEMBERS, WE NEED YOU! Catch the spirit and join the fun!

Volunteer your talents, your interests and your support. Encore Learning has opportunities that can fit your schedule and time constraints. The benefits are mutual. You'll find rewards through your involvement, and Encore Learning prospers when members are involved.

Try something new this year: join a committee! It's a wonderful opportunity to meet people who share your interests, to develop new skills — or to use the skills you spent years developing. The members of our standing committees will welcome you warmly.

- Academic Programs seeks instructors, develops courses
- Class Aides recruits and trains class aides
- Information Technology researches and advises Encore Learning on technology
- **Membership** welcomes new members and plans social functions
- Publications writes, edits and distributes the course catalog
- Special Events identifies exhibitions, speakers, performances for one-time events

There are other opportunities to volunteer as well: assist the staff, lead a club, share your technology expertise or serve as a class aide. Once a year we welcome a select group to serve on our Nominating Committee, and they in turn recruit candidates for our Board of Directors. Of course, one of the best volunteer positions available is teaching an academic course.

Our Volunteer Committee Chair, Stephen Hopper, spearheads our renewed emphasis on the proper placement and recognition of volunteers. Contact him through the Encore Learning office at 703-228-2144 or info@EncoreLearning.net to submit your preferences.

Encore Learning members make up a great community of people, and your participation will help to make our organization even greater.



# Join, Renew & Register Online

#### **MEMBERSHIP: TO JOIN**

#### FOR NEW MEMBERS ONLY

If you have never been a member of Encore Learning,

- Go to www.EncoreLearning.net.
- Under QUICK LINKS, choose Join Encore Learning.
- · Choose Join Online.
- · Enter required information and click on Submit.
- Enter Visa or MasterCard information and click on Continue.
- · Review the transaction. To proceed, click on I Authorize this Transaction.
- Reconfirm the transaction by clicking Submit Transaction for Processing.
- A pop-up message will confirm your payment and a confirmation email should arrive shortly.
- · Please save or print for your records.
- · Your membership material will be mailed to you.

#### MEMBERSHIP: TO RENEW

#### FOR CURRENT OR PAST MEMBERS

If you are now or have ever been a member of Encore Learning,

- · Go to www.EncoreLearning.net.
- Under QUICK LINKS, choose Renew Membership.
- · Choose Renew Online.
- Enter your First Name and Last Name. Click on **Sign In**. (Note: If your name is similar to another member's, you may be requested to enter the last four digits of your phone number to verify your identity.)
- Check the **Renew Membership** box and click on Proceed to Checkout.
- Enter Visa or Mastercard information and click on Continue.
- Click on I Authorize this Transaction.
- Reconfirm the transaction by clicking Submit Transaction for Processing.
- A pop-up message will confirm your payment and a confirmation email should arrive shortly.
- · This email is your formal notice. Please save or print for your records.

Once you have joined or renewed, you are immediately eligible to register for Special Events scheduled through the new expiration date of your membership, and – if course registration has begun for the semester – to register for courses.

For more information about Encore Learning's Special Events, see page 35.

# Join, Renew & Register Online continued

#### COURSE REGISTRATION

#### **ONLY MEMBERS MAY REGISTER**

- Fall course registration opens at 10 a.m. on Monday, September 14, 2015.
- · Go to www.EncoreLearning.net.
- Under QUICK LINKS, choose Course Registration.
- · Choose Register online.
- · Enter your name and click on Sign In.
- · Select your desired courses from the dropdown list within the Register for Courses box. Cancelled or filled courses do not appear on the drop-down list. You may register for up to five courses, at \$45 per course, in one payment transaction.
- You may also choose to do any of the following in this transaction:
  - Serve as a class aide in any or all of the classes you have selected.
  - Renew your current or expired membership.
  - Make a tax-deductible donation to Encore Learning.
- · Click on Proceed to Checkout.
- Review your payment and choose either Edit to make any changes or Submit to continue.
- · Enter Visa or Mastercard information. To proceed, click on Continue.
- · Review the transaction. To proceed, click on I Authorize this Transaction.
- Reconfirm the transaction by clicking on **Submit Transaction for Processing.**

A pop-up message will confirm your payment. A confirmation email containing your course schedule and other details should arrive shortly. This email is your formal notice. Please save or print for your records.



- No password required. Simply type your name to log in. If your name is similar to another member's, you may be asked to enter the last four digits of your phone number to verify your identity.
- Use our secure credit card payment processor. We do not store your credit card information in our database.
- · Receive instant confirmation of your transaction and a follow-up email.
- · Register for classes as soon as registration opens at 10 a.m. on September 14, 2015.
- Control the timing of your transaction. unhampered by staff availability.
- Use any computer with an Internet connection — on vacation, at the library or at home.

# Join, Renew & Register Online continued

#### FREQUENTLY ASKED **QUESTIONS**

Q: How do I make my registration day as smooth as possible? I want to get into my favorite class!

A: Take action before September 14, 2015. Set up your browser to accept pop-ups from us. Go through the renewal process to get familiar with the screens. Contact staff with any issues days in advance of the registration period. Then register online with confidence at 10 a.m. sharp on September 14, 2015. Do not delay. Some classes fill by 10:05!

Q: I cannot see all the courses I want on the dropdown list. Where are they?

A: DO NOT log in before 10 a.m. on registration day. The course database is locked until registration opens at 10 a.m. September 14, 2015. If you are in the database before 10 a.m., the course listing will not automatically appear at 10 a.m.; you will need to exit and sign back in to get to the listings. When a course reaches its maximum enrollment, it no longer appears on the list of available courses. There are no wait-lists for courses.

Q: Why can't I see whether or not my transaction was successful?

A: To confirm online transactions and to alert you to transaction issues, Encore Learning uses "pop-up" technology. We never post ads on our site. If you block all pop-ups on your browser, you will not see our transaction messages. Check your browser's tools and add www.EncoreLearning.net as an allowed website or temporarily allow all pop-ups.

Q: I share my computer and I can't seem to switch out of my account. Help!

A: Your computer might be saving data that you enter, making transitions difficult. Try closing your browser before you log in another member.

**Q**: I prefer to register for membership or courses by mail. How do I do this and what are the implications?

A: To join, renew your membership or register for courses, you may choose to use the form on page 33 of this catalog. Complete the form and mail with your check to the Encore Learning address on the form. You may send in your form and payment as early as you wish but those forms received by September 14 will be entered in random order by our staff beginning at 10 a.m. on September 14. Confirmation is mailed. This method is **NOT** recommended for those who wish to know immediately if they have been registered or for those who anticipate that a desired course will fill quickly.

#### **MORE QUESTIONS?**

Call or email the Encore Learning office:

- 703-228-2144
- Info@EncoreLearning.net

Currently, the office is staffed during the academic year Monday through Thursday from 10 a.m. to 2 p.m. Summer hours are posted on the website. Members will be alerted to any changes in office hours.

# **Volunteer as a Class Aide**



# Do Your Part As a Member! Volunteer to be a Class Aide



#### What do I do?

- Attend the orientation/training session before classes start.
- Review the take-home guide covering all aspects of the job.
- Serve as interface between instructors, class attendees and Encore Learning staff.
- Take attendance and distribute/collect evaluations.
- Forward supplemental material to class members by email or at class.
- Set up, with assistance if needed, any audiovisual equipment needed by instructor.
- · Communicate with the class in the event of schedule changes.

#### What benefits will I have?

- · Get free parking while attending the class.
- Get to know your classmates and the instructor.
- Get to be an integral part of Encore Learning.

#### How do I volunteer?

- Check off the "Class Aide" box when registering for a class online or on our paper registration form.
- Respond when contacted prior to beginning of semester by a Class Aide coordinator who will provide details on aide training and specific audiovisual needs of the class.

Usually all classes have an aide and a backup — you will not be alone!

Questions about Class Aides? Contact Fred Freme or Ann Wolfe at Info@EncoreLearning.net or call 703-228-2144 and leave a message.

#### **ENCORE LEARNING**

# **Membership and/or Course Registration**



(Please use one form per person)

NAME (Please print) First	MI	Las	st		
Preferred First or Nickname(Ci	rcle One) Mr.	Mrs.	Ms. D	Or. Other	
□ Male □ Female					
CONTACT INFORMATION (Complete only if new men	mber or updat	ing info	ormatic	on.)	
Street				Apt	
City	State	_Zip _			
Home ( Cell (					
Email					
MEMBERSHIP (Membership fees and donations are t	ax-deductible.	)			
Non-refundable Annual Fee is \$55: ☐ New ☐ Renew	val				bership expiration talog address label
Optional Donation: \$ ☐ General ☐ Scho	larship				
COURSE REGISTRATION (\$45 per course)  If you are interested, place a checkmark ✓ in the Class while assisting their class. See 'The Volunteer Page' for Course Name (Please use short title shown in Catalog to Course Name)	or details.	. Class		receive free p	Class Aide?
Course Name (Flease use short title shown in Catalog t	.abies)			Course #	Class Alue:
Make your check payable to ENCORE LEARNING and mail to:  Membership fee (\$55/yr)					\$
Encore Learning  Course fees (# of				ourses x \$45)	\$
2110 Washington Blvd. Arlington, VA 22204	Donation (Optional) \$  TOTAL CHECK AMOUNT: \$			\$	
Use our website at www.EncoreLearning.net to pay by VISA or MasterCard.				\$	
How did you hear about Encore Learning?					

# Notes

# **Special Events for Members**

Encore Learning's Special Events provide a variety of activities to complement the course offerings. Some require an admission fee while others are free. Reservations are required except for those events scheduled at Arlington County libraries.

Members with email addresses on file with Encore Learning receive monthly reminders of the upcoming events, but members are encouraged to check the website for the most current listings.

Suggestions from members for future places of interest are always welcomed by the Special Events Committee as the greater Washington area is a treasure trove of opportunities, some of which — such as embassy visits are otherwise normally private. Contact Special Events Chair Kris McLaughlin via the Encore Learning office at 703-228-2144 or info@EncoreLearning.net.

#### TO REGISTER FOR SPECIAL EVENTS

Choose your preferred method.

#### RESERVE ONLINE:

Go to www.EncoreLearning.net. Under QUICK LINKS, click on Reserve a Space in a Special Event. Select event, click on Reserve, enter your name, and click on Make a Reservation. Unless your pop-up blocker is activated, a pop-up notice will appear indicating whether you are registered or on the waiting list.

#### **RESERVE BY EMAIL:**

Email your Special Event choice to info@EncoreLearning.net. Put "Special Event Reservation" in the subject line. Put your full name and the event requested in the body of the email. Encore Learning staff or a volunteer will process the request and confirm your status during office hours.

#### **RESERVE BY PHONE:**

Call the Encore Learning office at 703-228-2144 and leave a message including your full name, phone number and your event choice. Encore Learning staff or a volunteer will process the request and confirm your status during office hours.

Special events are popular, and those on the waiting list will appreciate your cancelling your reservation if you are unable to attend an event.

Events held at Arlington libraries require no registration and are open to the public. They are a good way to introduce your friends to Encore Learning and the caliber of its offerings. Events requiring reservations are for members only and require membership active through the event date. Your most recent catalog address label includes your membership expiration date.

Remember to check www.EncoreLearning.net for Special Events information!

# **Clubs at Encore Learning**

Encore Learning's special interest clubs are busy organizing activities for their members. Join Encore Learning and add club activities to your calendar at no extra cost. If you're interested in movies, you can meet monthly with the Cinema Club to see a film and discuss it over coffee afterwards. If you enjoy a friendly bridge game, join the Bridge Club. Share your ideas on timely topics with the Current Issues Discussion Group. Discuss nonfiction literature selections with the Nonfiction Book Club. Or explore your international interests through the Ethnic Lunch Club or Travel Club. Check our newest clubs too!

To learn more about a particular club or to join or form a new club, contact staff at: info@EncoreLearning.net or 703-228-2144. Note which club(s) you are interested in and your contact information. The appropriate club coordinator will contact you directly.

#### BREAKFAST CLUB

Are you a morning person? If so, join the Breakfast Club for conversation and social networking with other Encore Learning members. We meet Wednesday mornings from 8 to 9 a.m. at La Madeleine, a low-key, Parisian-style breakfast and coffee place in Bailey's Crossroads near the intersection of Columbia Pike and Leesburg Pike (Rte. 7). Club coordinator is Karen Cavanaugh.

#### **BRIDGE CLUB**

The Bridge Club meets once a month on an irregular schedule to play bridge at the homes of club members. Either a meal or a snack is served, with each player paying the host \$5 to offset the cost of food and drink. The coordinator describes the sessions as "very social and probably not ideal for someone who wants to play very serious bridge." Club coordinator is Sharon Bisdee.

#### CINEMA CLUB

If current cinema is your passion, join the Cinema Club, which meets monthly to see a movie. Dates are chosen as much as possible to accommodate

participants' schedules. Club coordinators are Leanne Peters and Janice Yeadon.

#### CURRENT ISSUES DISCUSSION GROUP

The Current Issues Discussion Group meets the third Tuesday of every month at 1:30 p.m. at the Lubber Run Community Center. The group's acting coordinators are George Pick and Peter Taylor.

#### **ETHNIC LUNCH CLUB**

The Ethnic Lunch Club, a group of "foreign foodies," usually meets on the last Thursday of the month to explore and enjoy the area's great ethnic food. Club coordinator is Arlene Kigin.

#### MINDFUL AWARENESS SOCIETY

The Mindful Awareness Society is for people who want to be more aware of the ongoing experiencing of their life as it is being lived. The group practices techniques to free the mind from daydreaming. dwelling in memories and repetitive thinking. The group meets weekly from Noon to 1 p.m. on Wednesdays at the Lubber Run Community Center. Coordinators are Bruce Britton and Dwight Rodgers.

#### **NONFICTION BOOK CLUB**

Meetings are held from 1:30 to 3 p.m. on the second Monday of January, March, May, July, September and November in the meeting room at Arlington Central Library. Club coordinators are Pat Chatten and Carter Vaden.



#### **TRAVEL CLUB**

The Travel Club meets the first Wednesday of each month at 2:30 p.m. at the Langston Senior Center to enjoy presentations on various parts of the world and share information on trips taken or planned. Any schedule changes will be noted on the Encore Learning website. All Encore Learning members are welcome. Club coordinator is Sharon Schoumacher.

# **Transportation**

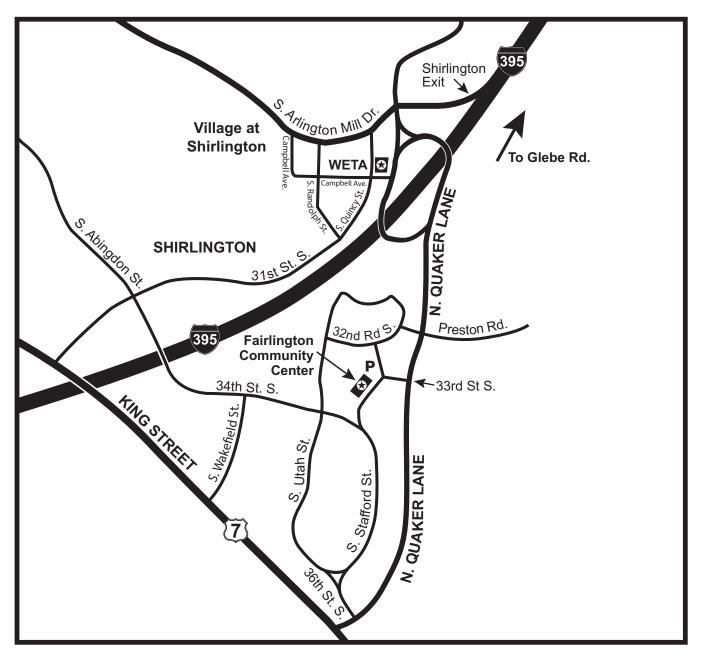
	PARKI		
ALL CLASSROOM BUILDING SITES ARE IN ARLINGTON	Public Garage or Lot	Street Parking (restricted parking zones listed)	PUBLIC TRANSPORTATION
FCC Fairlington Community Center 3308 S. Stafford St., 22206	Free lot adjacent	Free and Zone 11	Metrobus
<b>GMU</b> George Mason University - VA Sq 3351 Fairfax Dr., 22201	Pay garage at GMU Founders Hall — entrance on N. Kirkwood Rd.	Metered	Metrorail and Metrobus
SEC Syphax Education Center 2110 Washington Blvd., 22204  For GPS navigating, you may need to use 100 Walter Reed Dr., 22204	Free garage adjacent	Metered	ARTbus and Metrobus
WETA Public Television & Radio 3939 Campbell Ave., 22206	Free garage adjacent	Metered	ARTbus and Metrobus

#### Suggestions:

- Try using www.maps.google.com to get directions to class. You can select your mode of transportation (walking, public transit or by car) and Google will provide a map, detailed directions, the distance in miles, and the transit time.
- · Use www.wmata.com for public transit information, directions, timetables, etc. for Metrorail, Metrobus and ARTbus. A Trip Planner tool is on their home page.
- Use www.ParkArlington.com for metered parking information and maps.
- · Use www.capitalbikeshare.com to locate short-term bike rental stations in the metro area. Capital Bikeshare has locations at GMU and near WETA.

Note: Arlington residents 55+ who are registered with the Arlington County Office of Senior Adult Programs may take a taxi ride to the Fairlington Community Center from their homes for \$2.50 each way; call 703-228-4744 for applications and further information. Arlington residents 70+ may purchase \$20 books of taxi coupons for \$10; call 703-228-1700 for details.

# Fairlington Community Center (FCC) WETA

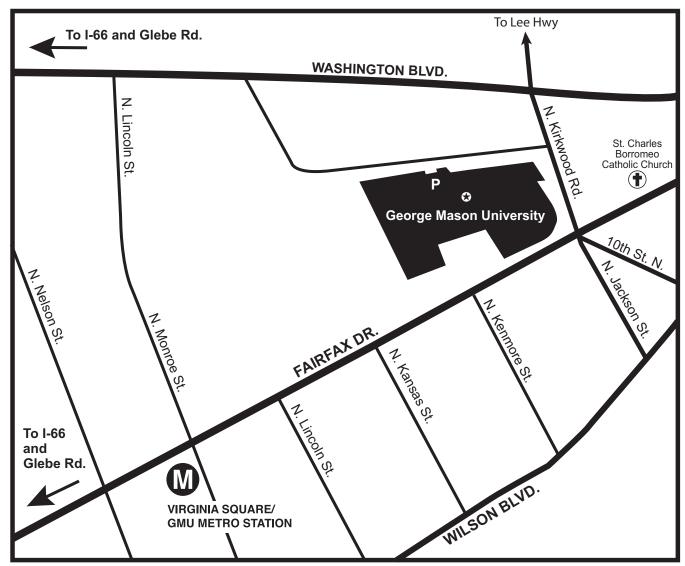


**FAIRLINGTON COMMUNITY CENTER**—3308 South Stafford St., 22206 Free parking on adjacent lot.

**WETA**—3939 Campbell Ave., 22206. Free parking is available in nearby garages and on some streets. Check signs for time restrictions.

PARKING COSTS ARE THE RESPONSIBILITY OF THE STUDENT

# **George Mason University (GMU)**

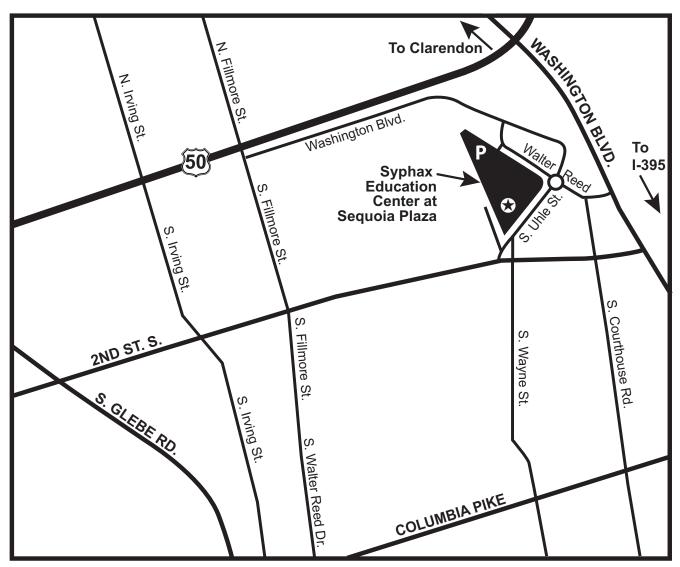


GEORGE MASON UNIVERSITY, ARLINGTON CAMPUS — 3351 Fairfax Dr., 22201

Enter the garage from N. Kirkwood Rd. Four-hour metered parking is available along the median on Fairfax Dr. near St. Charles Church and on N. Lincoln St. One- and two-hour metered parking is available on other surrounding streets.

PARKING COSTS ARE THE RESPONSIBILITY OF THE STUDENT

# **Syphax Education Center (SEC)**



SYPHAX EDUCATION CENTER at SEQUOIA PLAZA — 2110 Washington Blvd., 22204

#### PARKING COSTS ARE THE RESPONSIBILITY OF THE STUDENT

Note to GPS users: for SEC some mapsites need a different address, including 100 Walter Reed Dr. 22204

The parking garage is free, but visitors should park on Levels B-1 and B-2. Members in classes scheduled for the SEC building will receive information from the class aides regarding directions, parking and classroom location.

# **Courses by Calendar View**

	Monday	Tuesday	Wednesday	Thursday	Friday
(J)	10:00-11:30 AM/FCC 202 Estate Planning Parks/Patton 10/05-10/26	10:00-11:30 AM/GMU 235 Recent Advances in Medicine Connally 10/06-11/24	10:00-11:30 AM/GMU 465 Sustainable Global Future Stern 10/07-11/11	10:00-11:30 AM/GMU 467 Chinese Philosophy & Modern Life He/Wang 11/19-12/17 (skip 11/26)	9:30-11:30 AM/GMU 363 Ancient Greece, Part 1 Wukitsch 10/09-12/18 (skip 11/27)
MORNING	10:00-11:30 AM/GMU 232 Managing Chronic Pain Heit 10/19-11/09	10:00-11:30 AM/GMU 361 US Political Parties Anderson 10/13-11/10 (skip 11/03)	10:00-11:30 AM/GMU 466 College: Affordable, Accessible, Attainable Hauptman 11/04-12/09	10:00-11:30 AM/GMU 622 Large Hadron Collider Metzler 10/15-11/12	10:00-11:30 AM/FCC 514 Robert Frost: Love Poet Francis 10/09-11/13
Ž	10:00-11:30 AM/GMU <b>362 America &amp; East</b> <b>Asia</b> Miller 11/09-12/07		10:00-11:30 AM/FCC 748 Human & Divine Forgiveness Goldman 10/07-11/04	10:00-11:30 AM/GMU 749 Entrepreneurship in Emerging Markets Jones 10/08-11/12	
NO	Noon-1:30 PM/GMU 462 Balkans: 20 Years After Kauzlarich 10/05-10/26	Noon-1:30 PM/GMU 463 Belarus, Ukraine & Moldova Phlipot 10/06-12/08	Noon-1:30 PM/GMU 360 Rise of Conservatism Heymsfeld 10/28-11/18	Noon-1:30 PM/GMU 231 Mindful & Aware Rodgers 11/05-12/17 (skip 11/26)	Noon-1:30 PM/GMU 153 Wagner & Bayreuth Festival Niles 10/09-11/13
NOON	Noon-1:30 PM/FCC 750 Great Recession Heriot 10/05-11/23				
NO	2:00-3:30 PM/GMU 228 User's Guide to Brain Beckerman 10/12-11/09	2:00-3:30 PM/GMU 358 History of the Holocaust Pick 10/06-11/17	2:00-3:30 PM/GMU 419 Notable Court Cases Various 10/21-11/18	2:00-3:30 PM/GMU <b>152 Listening in 3-D</b> Wood 10/08-10/29	2:00-3:30 PM/GMU <b>542 Shake's Peers</b> Alter 11/06-12/18 (skip 11/27)
FERNO	2:00-3:30 PM/GMU 464 China-Inside & Out, Part 1 Keegan 11/02-11/23	2:00-3:30 PM/SEC 628 Watershed Explorations Egenrieder 10/13-11/10 (skip 10/27)	2:00-3:30 PM/GMU <b>630 Brain Gain</b> Giordano 10/14-11/04	2:00-4:00 PM/SEC 359 Plains of Manassas Stone 10/08-11/12	
AFTE	2:00-3:30 PM/GMU 543 Intro to <i>Ulysses</i> Owens 11/02-11/30			2:00-3:30 PM/GMU 627 Culture, Organizations & Technology Ruth 11/19-12/17 (skip 11/26)	

Encore Learning 2110 Washington Blvd. Arlington, VA 22204

RETURN SERVICE REQUESTED

Registration Begins at 10 am September 14, 2015