



This semester includes courses taught virtually on Zoom (19), courses that will be offered in-person (21), and 2 hybrid courses which will be simultaneously taught virtually and in-person. In-person courses will follow all health and safety guidelines required by the host facility. Information about requirements will be provided to students enrolled in an in-person class two days before the first class session.

 Virtual Classes are noted with the Zoom icon.

 In-Person Classes are noted with the people icon.

Register Online at: <https://encorelearning.asapconnected.com/#CourseIndex>

## Fine Arts, Theater & Music

### 1002.41 Theater Appreciation: The Educated Audience

Instructor: D Ohlandt

Tuesday, 12:00 PM – 1:30 PM

Mar 7 - Apr 25 (No class Apr 4)

7 Sessions

Location: Fairlington

Maximum 25 participants

Do you enjoy evenings at the theater but want to know more about what you are seeing? Have you ever wondered if knowing about the historical context of a play, a theater company or a style would help you better enjoy a production? If so, this is the class for you.

Through a series of readings and guided discussions, we will educate ourselves as audience members for three productions put on by three different local theater companies. First we will discuss each play from a literary, dramatic and historical point of view. We will then see the production on our own, and, in the following week's class session, we will explore what we saw, considering performance style, technique and production values. Discussion of the plays and the productions will be facilitated by an instructor trained in theater history and dramatic theory, and experienced as a director and dramaturg. Planned productions for spring 2023 will include: *Pacific Overtures* at Signature Theater, *The Jungle* at Shakespeare Theater (co-production with Woolly Mammoth) and *Angels in America, Part I* at Arena Stage.

*Recommended Readings:* Please acquire for yourself the following scripts to participate fully in class discussion: *Pacific Overtures*, Stephen Sondheim; *The Jungle*, Joe Murphy and Joe Robinson; *Angels in America, Part I*, Tony Kushner.

**D Ohlandt** holds a PhD in theater studies from the University of Michigan and has more than 15 years of experience directing in community, university and regional theaters. She has taught theater history and practice to students from preschool through adult in a range of settings, including classrooms, summer camps and outdoor team-building courses, and she has taught this course for Encore Learning since 2009.

### 1038.41 Princes (and Princesses) of Renaissance Art

Instructor: Tom Manteuffel

Monday, 12:00 PM – 1:30 PM

Apr 10 - May 1

4 Sessions

Location: Zoom

Maximum 75 participants

Dukes, cardinals, queens and princes (and one emperor) often played an outsize role in subsidizing Renaissance art. The Medici are the best known among the ruling families during this period, although – with the exception of Cosimo – their contributions are often overstated. There were many more well known for their avid collecting habits. This class will look at Renaissance art

anew through the lens of politics, war, sieges, famines, plague and marriages. We will cover not just Italy but also France, the Low Countries, Germany, Spain and Austria.

**Tom Manteuffel** has taught courses on the Renaissance in Florence, the Northern Renaissance and Caravaggio. He holds graduate degrees in philosophy from the University of Chicago and computer science from the University of North Carolina at Chapel Hill.

### 1039.41 Timing Is Everything: Secrets of a Professional Percussionist

**Instructor: Julie Boehler**

**Tuesday, 10:00 AM – 11:30 AM**

**Mar 7 - Mar 28**

**4 Sessions**

**Location: Fairlington**

**Maximum 20 participants**

Have you ever wondered what makes that sound? Why do the percussionists seem to play so little compared to string players? Or, I would love to hit that! Well then, you have found the right course. Through hands-on learning, you will discover why percussionists need an arsenal of sticks and beaters, not just one mouthpiece. You will have the opportunity to create a soundtrack with your classmates that can be used to entertain or terrorize your family and friends. But, most importantly, you will learn why “timing is everything!”

*Recommended materials:* Any recommended listening will be available via videos found on the Internet. Earplugs are suggested.

*Optional Field Trip:* If the class would like to attend a performance, we will pick a concert at one of the many fabulous music venues in the Metro D.C. area.

**Julie Boehler** retired as the principal timpanist of the U.S. Army Band “Pershing’s Own” after twenty-three years of service. She continues to perform in the Metropolitan D.C. area, as a timpanist with The Brass Band of Battle Creek and as a percussionist with the Maryland Symphony.

### 1040.41 Geniuses of Film: A Selection of Greats

**Instructor: Dan Sherman**

**Wednesday, 2:00 PM – 4:00 PM**

**Mar 8 - May 3 (No class Mar 22)**

**8 Sessions**

**Location: Hybrid**

**Maximum 65 hybrid participants / 65 in-person participants**

Motion pictures have been a central part of world culture for more than a century and feature a huge body of directors, actors and others who have created films that we remember so well. This course will present a selective view of films and their creators in separate classes that will cover the lives of film greats and present samples of their work in context of the larger history of film. Among the individuals covered are Charlie Chaplin, Orson Welles, writer/director Billy Wilder, Fred Astaire and Ginger Rogers, Katharine Hepburn, the real-life couple Humphrey Bogart and Lauren Bacall, and director Alfred Hitchcock. The course, which will include many film excerpts, will profile the individuals and define the context in which they worked.

**Dan Sherman**, an economist with a PhD from Cornell University, has taught many courses on musical theater, film musicals, film music and film for various adult learning and social groups, including Encore Learning. He has long been interested in stage and film, with a special interest in their history and music. He uses a multimedia approach that closely integrates relevant background with clips of great performances.

# Health and Wellness

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## 2003.41 Estate Planning

Instructor: Sarah Parks

Tuesday, 10:00 AM – 11:30 AM

Mar 28 - Apr 18

4 Sessions

Location: Fairlington

Maximum 25 participants

Do you have questions regarding the various elements of estate planning? If so, this is the course for you! Class sessions will cover the following:

1. **Overview:** Estate planning and taxes, the probate process, the use of a last will and testament, and powers of attorney.
2. **Trusts:** What is a trust, how it is used and benefits it offers; different types of trusts for different needs.
3. **Funding a Living Trust:** A trust is effective only for assets transferred to the trust. How does one make sure the correct assets are funded in the correct way?
4. **Advanced Health Care Directives:** End-of-life health-care decisions are difficult. Making such decisions yourself reduces the possibility of conflict between family members with differing opinions. Find out how to make your wishes known.

**Sarah Parks** is an attorney who limits her practice to estate planning, with the goal of creating estate plans that are understandable and tailored to the clients' needs and wishes. Her firm is Custom Estate Planning, which she has been operating since 1995. She has a JD degree from the George Mason School of Law and an LLM from the Georgetown University Law Center.

## 2012.41 Walk Four Mile Run

Instructor: Marty Suydam

Tuesday, 10:00 AM – 11:30 AM

Apr 11 - May 16

6 Sessions

Location: Offsite

Maximum 40 participants

Get outside, get your exercise and learn about our local surroundings. This six-week class will

offer 90-minute walks along two-mile circuits with discussion about history, nature, and other information about Arlington's Four Mile Run waterway from the Potomac River to East Falls Church. The walks will start and stop at the same location, with ample free parking. We will be walking mostly on flat terrain, will cross few streets with cars, and we will avoid trails with speeding bike riders. The course will be guided by Marty Suydam's book *Walk Four Mile Run* (2nd ed.).

**Marty Suydam**, a long-time Arlington resident, has had careers in the government, military and industry, in addition to working as a consultant and professor. He has published articles in *The Arlington Historical Magazine* and has written two local history books: *Walks with Charley* (three editions) and *Walk Four Mile Run* (two editions) as well as four memoir books.

## 2016.41 The Psychology of Aging

Instructor: Dorothy Neumann and Kay Yong

Wednesday, 12:00 PM – 1:30 PM

Mar 1 - Apr 5 (No class Mar 22)

5 Sessions

Location: GMU

Maximum 65 participants

The changes wrought by aging can engender psychological struggles: the loss of lifelong friends and partners, fears of diminished physical strength and cognition, health challenges and the knowledge that the end of life is approaching. All of these may leave us wondering how to maintain optimism and a sense of well-being.

Guest speakers each week will address aspects of aging and how to confront them. They will include a professor of medicine at George Washington University, a retired professor of women's studies at the University of Maryland, and a professional at Insight Memory Care Center, a day program for patients with Alzheimer's disease. Lectures will address reframing ageism, approaches and practices for changing perspectives on aging, ingredients for future well-being, the pernicious influence of internalized aging, and the importance of socialization.

Kay Yong is a certified dementia practitioner and has been a medical administrator for 20 years. She joined Insight Memory Care Center as the education & outreach coordinator after her father was diagnosed with dementia in 2020. Insight is a nonprofit adult day health and resource center providing specialized care, support and education for individuals with Alzheimer's disease and other memory impairments, their families, caregivers and the community.

**Dorothy Neumann** is a pioneer in the small professional theatre circuit, having directed in the Washington area for more 34 years. Her interest in aging issues grew out of her own limited mobility experience.

## 2017.41 Aging: An Empowered Approach

**Instructor: Christine Crawford**

**Wednesday, 2:00 PM – 3:30 PM**

**Apr 5 - May 3 (No class Apr 19)**

**4 Sessions**

**Location: GMU**

**Maximum 34 participants**

This course aims to increase awareness and knowledge of key aging concepts to help facilitate a shift in our thinking and behavior as we age. The intent is to provide tools and strategies for addressing misconceptions, common concerns and frequently asked questions. In its 2020-2030 action plan, *Decade of Healthy Aging*, the World Health Organization stated: "A longer life is an incredibly valuable resource. It provides the opportunity for rethinking not just what older age is, but also how our whole lives might unfold." With the older population quickly becoming one of the largest demographic groups not only in the United States but across the globe, it is incumbent upon us to educate and empower this population on both an individual and societal level.

Course segments will address:

- Concepts of Longevity: lessons from inspirational seniors and shared traits of super-agers.
- Mental Health: underreporting of illness

due to stigma, factors unique to the aging population and evidence-based strategies to improve mental health as we age.

- Aging in Place: a review of common inhibiting factors, strategies to increase the ability to stay in one's home longer, and considerations such as finances and mobility.
- Exercise: evidence-based correlations between physical activity and longevity, along with factors to consider when starting or re-starting an exercise program (cardiovascular fitness; frequency, type and intensity of exercise; access to and familiarity with equipment).

**Christine Crawford** is a licensed and registered occupational therapist specializing in the area of neurologic diagnoses. She has worked in the Rehabilitation Department at the Virginia Hospital Center Health System for the past six and a half years and is studying for her doctorate in occupational therapy at Marymount University. Her passion is health promotion, chronic disease prevention, and management and recovery. She is a certified brain injury specialist.

## 2018.41 Spanish Food: A Cooking Adventure

**Instructor: Cressida McKean**

**Tuesday, 2:00 PM – 3:30 PM**

**Apr 4 - Apr 25**

**4 Sessions**

**Location: Zoom**

**Maximum 50 participants**

This class will consist of lectures and cooking videos covering Spanish *tapas*, seafood, poultry and meat and vegetables, with each dish introduced in the context of the culture and region where it originated. It is not a hands-on cooking class.

The instructor's appreciation for food with Hispanic roots dates to the 1970s when she studied in Chile and later worked in Chile, Peru, Ecuador, Bolivia, Colombia, El Salvador, Guatemala, Honduras and the Dominican Republic. She started cooking food that she loved and took classes from local chefs. Later, she traveled to Spain and learned directly from

the cookbooks of Chef José Andrés, who shared his love of Spanish food with Americans when he offered tapas at his first restaurant here in 1993. What began as *pinchos* (bar snacks pinched together with a toothpick in Basque country) became a way of life. But Spanish cuisine is much more than *tapas* – it is simple comfort food from ingredients caught or raised in Spain’s diverse regions or along its coastline.

*Recommended Reading: Made in Spain: Spanish Dishes for the American Kitchen, José Andrés; Tapas: A Taste of Spain in America, José Andrés; Curate: Authentic Spanish Food from an American Kitchen, Katie Button; The Food of Spain, Claudia Roden; Basque Country: A Culinary Journey through a Food Lover’s Paradise, Marti Buckley;*

Grape, Olive, Pig, Matt Goulding. A recipe packet and demonstration videos will be available in the class.

**Cressida McKean** is a cooking instructor with Arlington Community Learning. She grew up cooking from the family garden and traveling with food-obsessed parents. A graduate of Stanford University and the London School of Economics, she worked as an economist in Latin America and Asia, where she explored local foods. In 2014, she completed a year-long Masters class at CulinAerie, a DC-based cooking school in addition to taking classes with local chefs. In 2016, she began teaching seasonal cooking, fish and seafood and Mediterranean cuisine. She aims to help people cook for flavor and wellness.

## History

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### 3003.41 Arlington History

Instructor: Karl VanNewkirk

Thursday, 3:00 PM – 4:30 PM

Mar 30 - May 18

8 Sessions

Location: Offsite

Maximum 15 participants

While criss-crossing the 26 square miles of Arlington, have you ever wondered who trod this ground before you? Join us to travel in the steps of Arlington history. This course surveys the history of Arlington from before the arrival of European settlers to the present. Each session will take place in a different historic building or neighborhood. The course will begin with an overview and guided tour of the Arlington Historical Museum. Subsequent sessions will look at:

- Arlington before the Europeans
- 18th century
- Early 19th century and the Civil War
- Black history

- Reconstruction and the beginnings of modern Arlington
- Evolution to a unified community
- The modern era

The Arlington Historical Museum is located at 1805 S. Arlington Ridge Road. The locations and directions for subsequent sessions will be provided. Participants will need to provide their own transportation to each class site. Some walking is required.

**Karl VanNewkirk** served four terms as president of the Arlington Historical Society; he recently retired from its board of directors after 30 years of service. He has been a docent at the Arlington Historical Society since the early 1990s and was editor of the Society’s annual magazine from 1992-2015. He is a former member of the board of directors of the Arlington Black Heritage Museum and has been a long-term volunteer for the archeology department at Gunston Hall. He belongs to a variety of historical, archeological and genealogical organizations.

## 3017.41 America in the 1920 and '30s:

### The Turbulent Years

Instructor: David Heymsfeld

Thursday, 10:00 AM – 11:30 AM

Apr 13 - May 4

4 Sessions

Location: Zoom

Maximum 50 participants

In the years between the two world wars, Americans dealt with issues that have not been fully resolved to this day. The 1920s were a period of strong economic growth and improved standards of living, but the benefits were not equally shared and income inequality increased. Major cultural divisions appeared in the battles over prohibition, anti-immigration legislation, the Red Scare, the rise of the national Ku Klux Klan, Henry Ford's antisemitism and the Scopes trial. The depression of the 1930s led to major reforms, giving the federal government a much greater role in the economy. However, the reforms did not succeed in ending the depression. Divisive issues also arose in labor disputes, the rise of radical movements on the right and left, the fight over the appropriate role of the Supreme Court and the long and bitter battle between isolationists and internationalists over U.S. entry into World War II.

**David Heymsfeld**, a retired member of the congressional professional staff, has taught several American history courses for Encore Learning. He served as a volunteer guide at the former Newseum.

## 3044.41 The Jews of Spain: A Thousand Years of Success and Hardship

Instructor: Jeff Gorsky

Monday, 2:00 PM – 3:30 PM

Mar 20 - Apr 17 (No class Apr 3)

4 Sessions

Location: Zoom

Maximum 45 participants

In this course, we will study the thousand-year history of Jews in Spain from the Visigoth era and Muslim Spain to the Inquisition and the Expulsion of 1492 and the aftermath in Portugal, Holland,

and the New World. Twenty percent of Jews today are descended from Sephardic Jews. The Sephardic Jews created significant works in religion, literature, science and philosophy. We will look at these cultural works and the works of the great Jewish philosopher Moses Maimonides and Moses de Leon, author of the *Zohar*, the core text of the *Kabbalah*.

The Sephardic Jews also endured considerable hardship. Fundamentalist Islamic tribes drove them from Muslim to Christian Spain. In 1391, thousands were killed and more than a third were forced to convert by anti-Jewish rioters. A century later the Spanish Inquisition began, accusing thousands of these converts of heresy. By the end of the fifteenth century, Jews had been expelled from Spain and forcibly converted in Portugal and Navarre. After almost a millennium of harmonious existence, what had been the most populous and prosperous Jewish community in Europe ceased to exist on the Iberian Peninsula.

*Recommended Reading: Exiles in Sepharad: The Jewish Millennium in Spain*, Jeffrey Gorsky.

**Jeffrey Gorsky** is retired from the Department of State, where he served as vice consul in Bilbao, Spain, and as an Iberian intelligence analyst. He was senior counsel for a law firm that is nationally recognized in immigration law. He is the author of *Exiles in Sepharad: The Jewish Millennium in Spain*.

## 3052.41 The Plains of Manassas

Instructor: Robert Stone

Thursday, 12:00 PM – 2:00 PM

Mar 9 - Apr 13

6 Sessions

Location: Zoom

Maximum 50 participants

This course will cover two early Civil War battles, fought just over a year apart. They occurred in the same area, just down the road from the Union seat of government. While the Union named battles after natural features (in this case, a small river, Bull Run), the Confederates used nearby towns to identify battles (hence, Manassas). Thus these battles go by two names – Bull Run and

Manassas. Most of the troops involved were not seasoned in warfare; both sides learned lessons for the future.

In July 1861 the village of Manassas Junction and the plains of Manassas were the scenes of the first large-scale battle of the Civil War, a Southern victory. After this demoralizing defeat, President Lincoln looked for a military commander who would turn things around and he tapped General George McClellan. Thirteen months later, the same area experienced one of the largest battles of the war, when Robert E. Lee and his Confederate Army of Northern Virginia defeated General John Pope's Union Army of Virginia. This victory in August 1862 convinced General Lee to invade Maryland and Pennsylvania. It was at the Second Battle of Manassas that the Confederate forces would first display the strengths for which they would become famous: organization, cohesion and high morale.

An optional field trip to places of interest related to these two battles will be offered after all class sessions are completed.

**Robert Stone** has taught 33 courses on Civil War matters for Encore Learning since 2005. He has a bachelor's degree in education from West Virginia University and served as an administrator in the Arlington County government for 35 years before retiring in 1996. He has studied the American Civil War since childhood, and he enjoys taking adult groups on tours to battlefields.

### 3053.41 History in the Cloud

Instructor: Peter Vaselopoulos

Wednesday, 10:00 AM – 11:30 AM

Mar 1 - Apr 12 (No class Apr 5)

6 Sessions

Location: GMU

Maximum 20 participants

The future of history is in the Cloud or online. The growing number of online historic collections is changing the way historians are conducting research and rediscovering the past. New information technologies are helping communities better preserve and interpret their local histories.

Hosted online platforms and social media are making private and museum collections more accessible and providing more opportunities for community collaboration and engagement.

History in the Cloud is an introductory course on the field of digital or public history that will provide a basic understanding of online digital technologies and how they are used to discover and collect historical research. We will discuss the instructor's graduate project, "Mapping the Civil War in Arlington," and its impact on local Civil War research.

This course will provide a forum to discuss the traditional role of local historians and how public engagement is changing the way communities are now able to participate in reinterpreting their histories. We will learn about popular online historic collections and the Cloud technologies that support them. The class will also focus on technology's impact on access to primary and secondary sources, the importance of core metadata and future trends in digital humanities.

**Peter Vaselopoulos** is a graduate of George Washington University and American University, with master's degrees in managing information systems and international communications. He recently completed a master's in digital humanities at George Mason University. He served as deputy chief information officer at the United States Agency for Global Media. He is on the board of the Alliance to Preserve the Civil War Defenses of Washington, DC, and vice president of the Third U.S. Infantry Reenactors. He was also a former member of Arlington County's Civil War Sesquicentennial Committee.

### 3054.41 Historic Places: Bearing Witness to Human Experience

**Instructor: Rob Nieweg**

**Tuesday, 2:00 PM – 3:30 PM**

**Apr 11 - May 2**

**4 Sessions**

**Location: Zoom**

**Maximum 95 participants**

This course is about culturally significant historic places and how they bear witness to singular moments in our ancestors' lives. The instructor will engage the class in the work of grassroots advocates and their allies to protect and interpret historic places in ways that help reach a more just and equitable future.

When historic places are well preserved and accessible to the public, their evocative stories help us in our quest for truth and meaning by affirming the facts of how disputed or near-forgotten events occurred, by fostering empathy for the sorrows and joys of others, and by relaying lessons learned so we all can benefit today. We will learn about the historic places, what these places mean to people who care about them and how the stewards of these places present them to visitors.

Together, we will study historic buildings, neighborhoods and cultural landscapes, some within driving distance of DC, to immerse ourselves in the essential narratives embedded in unique and irreplaceable cultural landmarks — from artists' homes and studios to Civil War battlefields, from Native American mission schools to Japanese American incarceration camps, as well as historic houses of worship and places of enslavement.

Guest speakers will focus on nationally important sites and landscapes, some of which have been neglected but merit our attention as we strive to embrace the full American story. Through virtual guided tours illustrated with historic and modern-day images, the cultural significance of these historic places and how they allow us to share the experiences of our ancestors will be illuminated. Class participants will be invited to contribute their own knowledge of historic places important to them.

*Recommended readings and websites will be shared by guest speakers.*

**Rob Nieweg** is senior vice president for Preservation Services & Outreach at the National Trust for Historic Preservation.

### 3055.41 20th Century African American History

**Instructor: Deneen Snow**

**Thursday, 2:00 PM – 3:30 PM**

**Apr 20 - May 18**

**5 Sessions**

**Location: Zoom**

**Maximum 50 participants**

African Americans in the twentieth century experienced trauma and triumph from Jim Crow to migration and urbanization, to civil rights, to new economic challenges. Students will examine the African American experience decade by decade. The course will touch on seminal events of the century including the 1921 Tulsa massacre, boxer Joe Louis's victory over Max Schmeling in 1938, the U.S. Supreme Court's school desegregation ruling in 1954, the murder of 14-year-old Emmett Till in 1955, the March on Washington in 1963, the assassination of Martin Luther King Jr. in 1968, the Rodney King beating by Los Angeles police officers in 1992. However, the dominant focus will be on lesser-known heroes and events that had a profound effect on African American experiences.

Deneen Snow, a northern Virginia native, recently retired from the Arlington Public Schools as a social studies educator. During her career, she taught a full spectrum of courses across middle and high school, including ancient and modern world history, Virginia and U.S. history, U.S. government and African American studies. She challenged her students to critically examine diverse perspectives, controversial topics and unsung heroes using primary and secondary sources. She is now a doctoral student at Fielding Graduate University.



### 3056.41 Rome by Shakespeare - Four Plays

Instructor: Thomas Wukitsch

Friday, 12:00 PM – 3:00 PM

Mar 3 - Apr 28 (No class Apr 7)

8 Sessions

Location: Zoom

Maximum 45 participants

This course will examine four Shakespeare plays in the order that their stories fit chronologically into Ancient Roman history:

- **Coriolanus:** very early Republic, ca. 500 BC
- **Julius Caesar:** 44 BC to 39 BC;
- **Antony and Cleopatra:** immediately following
- **Julius Caesar; and Titus Andronicus:** at an unspecified time late in the Roman Empire period

They were not written in that order: *Titus* was written first, in 1593; *Julius Caesar* in 1599; *Antony and Cleopatra* in 1606; and *Coriolanus* in 1607.

The stories and events already would have been familiar to the educated classes, having recently

been translated into English. Shakespeare's own annotated copy of the translation is still available.

The course also will examine ancient Roman history and mythology behind the four stories used by Shakespeare, transmission of the stories to Shakespeare's time, reception of the stories by British Elizabethans and Jacobean, and presentation and reception in our own time. We will view film versions of the four plays in class.

*Recommended Readings:* Links to recommended reading are available at <http://www.mmdtkw.org/ALRI-RomeShakespeare.html>. Students may also want to familiarize themselves with texts of the plays, which are online at <https://shakespeare.folger.edu>.

**Tom Wukitsch** started his schooling at age five, reading *National Geographic* at his grandma's house. He holds degrees in ancient languages, math, ancient history, archeometry and strategic intelligence. After retiring in 1998, he studied and taught in Rome and spent 26 years as a U.S. diplomat in Mediterranean countries and Washington. He has taught for ALRI/Encore Learning since 2003.

## Law, Politics & Public Affairs

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### 4004.41 Global Hot Spots

Instructor: Multiple

Thursday, 2:00 PM – 3:30 PM

Mar 2 - Apr 6

5 Sessions

Location: Zoom

Maximum 495 participants

This spring's Global Hot Spots class will focus on four regions of the world that have made headlines over the past year: Ukraine, Brazil, the Persian Gulf States and the Horn of Africa. Drawing on their high-level experience, former U.S. diplomats and a former military leader will offer insights into these regions and their conflicts.

**1. Can Brazil Get Its Mojo Back?** (Thomas Shannon 3/2) During Brazilian President Luiz Inacio Lula da Silva's term as president (2003-2010), Brazil was seen as one of the world's strongest emerging markets and a contributor to global growth. Symbolic of the country's rise, Brazil hosted the 2014 FIFA World Cup and 2016 Summer Olympic Games, the first ever held in South America. But corruption and political divisions that grew acute during the term of President Jair Bolsonaro (2019-2022) have left the country divided, as Lula again takes over.

**2. A Look at the Warfare in Ukraine – Weapons and Tactics** (Philip Breedlove 3/9) The instructor will discuss economic, military and political measures that Ukraine

has used to successfully, and surprisingly, counter Russian aggression. He will analyze the current political and military situation in Ukraine and how he sees it playing out in the future. He will also address the types of support the world's democracies might provide to ensure Ukrainian victory.

### **3. On the Edge: A Diplomatic Career**

**Interrupted** (Marie Yovanovitch 3/16) The instructor will discuss her foreign service career, which began in 1986 and ended with her resignation in January 2020 following her abrupt recall in May 2019 as U.S. Ambassador to Ukraine. Surrogates of President Trump claimed she was undermining efforts to pressure Ukraine to investigate his political rival, Joe Biden.

### **4. The Persian Gulf – A Permanent Hot Spot?**

(Allen Kieswetter 3/23) Despite attempts of U.S. policymakers to pivot away from the Persian Gulf, the region still demands near-constant policy attention. The compelling reasons include Iranian regional ambitions and nuclear programs, activist Saudi leadership, political instability in Iraq, civil war in Yemen, widespread human rights problems, the continued importance of Gulf oil to world markets and growing Great Power involvement in the region. What are the policy alternatives for the United States?

### **5. Perfect Storm in the Horn of Africa**

(Tibor Nagy 3/30) The Horn of Africa (Ethiopia, Eritrea, Sudan, Somalia, Djibouti and Somaliland) is one of the world's most strategic and most unstable regions. After decades of instability, the Horn seemed to be evolving from crises to hope. Ethiopian Prime Minister Abiy Ahmed Ali won the Nobel Peace Prize in 2019, while Sudan's long-term dictator was overthrown in a civilian-led mass revolt. Subsequently, however, hope turned to despair as a vicious civil war erupted in Northern Ethiopia.

*Recommended Readings:* *Lessons from the Edge*, Marie Yovanovitch.

**Thomas Shannon** spent nearly 35 years in the Foreign Service, where he served in a variety of senior positions, including under-secretary of state for Political Affairs, the third-highest

ranking position in the department and the highest-ranking position held by a career diplomat. He also served as counselor to Secretary of State John Kerry, Ambassador to Brazil (2010-2013), and assistant secretary for Western Hemisphere Affairs (2005-2009).

**Philip Breedlove** is a retired four-star general of the U.S. Air Force. He was commander of the U.S. European Command as well as 17th Supreme Allied Commander Europe at NATO Allied Command Operations from May 2013 until May 2016. He previously served in a number of senior positions, including the 36th vice chief of staff of the Air Force.

**Marie Yovanovitch** served as the U.S. Ambassador to Ukraine (2016-2019), the Republic of Armenia (2008-2011) and the Kyrgyz Republic (2005-2008). She also served as the dean of Language Studies at the Foreign Service Institute, the deputy commandant of the National Defense University, and principal deputy assistant secretary for the Bureau of European and Eurasian Affairs. She is the author of a *New York Times* best-selling memoir *Lessons from the Edge*.

**Allen Kieswetter**, a retired senior foreign service officer, is a scholar at the Middle East Institute, senior consultant at C&O resources and an adjunct professor at the University of Maryland. He has taught courses on Islam and the Middle East at the National War College and the National Defense Intelligence College. In his 36 years at the Department of State, he was deputy assistant secretary for Near Eastern Affairs and director of Arabian Peninsula Affairs in the Near East Bureau.

**Tibor Nagy**, professor emeritus at Texas Tech University, served as U.S. assistant secretary of state for Africa (2018-2021). For 15 years prior to that, he was vice provost for International Affairs at Texas Tech University. His years in academia followed a 32-year diplomatic career including eight African postings – Ambassador twice (in Ethiopia and Guinea) and Deputy Ambassador four times (in Seychelles, Togo, Cameroon and Nigeria). He came to the United States in 1956 as a refugee from Hungary.

## 4011.41 Justice, Public Safety, and Reentry

Instructor: Elizabeth Jones Valderrama

Tuesday, 12:00 PM – 1:30 PM

Mar 7 - May 9 (No class Apr 4)

9 Sessions

Location: Zoom

Maximum 45 participants

Television, newspapers and the Internet constantly remind us of the vast machinery devoted to enforcing our criminal code, but they explain very little about how it affects the individuals involved. Founded in 1974, OAR (Offender Aid and Restoration) of Arlington, Alexandria, and Falls Church, is a community-based nonprofit organization that envisions a safe and thriving community where those impacted by the legal system enjoy equal civil and human rights. Through upstream work, OAR is confronting and dismantling individual racism and racism in the legal and other systems. Downstream work allows OAR to be on the journey with individuals returning from incarceration and their families. OAR also offers alternative sentencing options (including community service) and diversion programs so individuals can avoid the trauma of incarceration and instead help the community thrive.

This class is an introduction to the criminal legal system, public safety, reentry and justice. Class participants will meet with Arlington County Police Department, County Sheriff's Department and Detention Facility, Commonwealth's Attorney Office of Arlington County, and the City of Falls Church and Arlington courts including Juvenile and Domestic Relations Court, Probation and Parole.

*Recommended Reading/Viewing: The New Jim Crow, Michelle Alexander; Emergent Strategy: Shaping Change, Changing Worlds, Adrienne Maree Brown; The Color of Law: A Forgotten History of How Our Government Segregated America, Richard Rothstein; Just Mercy: A Story of Justice and Redemption, Bryan Stevenson; Caste: The Origins of Our Discontents, Isabel Wilkerson; Stamped from the Beginning: The Definitive History of Racist Ideas in America, Ibram X. Kendi; Race to Incarcerate: A Graphic*

*Retelling, Marc Mauer; The Color of Justice: Racial and Ethnic Disparity in State Prisons, Ashley Nellis; Collateral Damage: America's Failure to Forgive or Forget in the War on Crime, National Association of Criminal Defense Lawyers; 21 Principles for the 21st Century Prosecutor, Brennan Center for Justice; Groundwater Approach, Racial Equity Institute.*

*Films: The Prison in Twelve Landscapes (2016) documentary; Crime + Punishment (2018) documentary; 13th (Netflix).*

*Websites: <https://www.oaronline.org/>; <https://www.sentencingproject.org/>*

*Potential field trips: jail tour, police ride along, courthouse, OAR office. Based on pandemic restrictions and program participants. Parking cost if needed. Will know more as time nears.*

**Elizabeth Jones Valderrama** is executive director of Offender Aid and Restoration (OAR) of Arlington, Alexandria, and Falls Church, where she has worked for 18 years. She is a graduate of then Washington Lee High School and the University of Virginia. She holds a master's degree in organizational management and development from the University of Phoenix and is a doctoral candidate for a degree in management and leadership.

## 4026.41 Affordable Housing: Myths and Realities in Arlington Today

Instructor: Nina Janopaul

Tuesday, 10:00 AM – 11:30 AM

Mar 7 - Mar 28

4 Sessions

Location: GMU

Maximum 35 participants

This four-week course will provide an overview of affordable housing, including:

- Why is affordable housing needed? Who lives in affordable housing? What does the data tell us about the need nationally, regionally and locally? How can investing in affordable housing impact employment, opportunity,

health, education and racial justice?

- How have our historic housing policies impacted affordability? What is the difference between public housing, subsidized and affordable housing? What are the major financing and land use tools for creating affordable housing? How have historic housing policies, including zoning, redlining and deed restrictions, impacted racial opportunity and wealth building?
- What is the local response to affordable housing? Why do elected officials, the faith community, business, community and philanthropic leaders care about housing affordability? What is the Arlington Affordable Housing Master Plan? What has Arlington done in recent years to provide more affordable housing? What is the Missing Middle Housing proposal and what does it hope to accomplish?
- What comes next for affordable housing? How is Amazon's HQ2 changing the housing landscape? What is under consideration for new federal, state and local housing policy? Can a concerned resident contribute to solutions?

The fourth week's class will be conducted on site at an affordable housing property, Gilliam Place, in Arlington. The property is home to 173 households, plus the Arlington Presbyterian Church and Kitchen of Purpose, a kitchen incubator, culinary training school and cafe.

*Recommended Readings:* The Arlington County Affordable Housing Master Plan: <https://www.arlingtonva.us/Government/Programs/Housing/Affordable-Housing/Master-Plan>; Metropolitan Washington Council of Governments Housing Policy: [www.mwcog.org/community/planning-areas/housing-and-homelessness/affordable-housing](http://www.mwcog.org/community/planning-areas/housing-and-homelessness/affordable-housing); Bipartisan Policy Center — Terwilliger Center for Housing Policy: <https://bipartisanpolicy.org/policy-area/housing-terwilliger/>; National Low Income Housing Coalition Policy Primer: <https://nlihc.org/explore-issues/housing-programs/primer>

**Nina Janopaul** retired in 2021 as president and CEO of the Arlington Partnership for Affordable Housing (APAH), an award-winning nonprofit that

provides more than 2,000 affordable homes, with another 1,500 in development. APAH also provides resident programs. She has been an active speaker on affordable housing at numerous conferences and workshops. Nina is a 40-year resident of Arlington, Virginia, where she raised her two children. She has served on a number of nonprofit boards, including Goodwin Living and Virginia Diocesan Homes, both affiliated with the Episcopal Church.

## 4035.41 A Jew in Gaza: Humanitarian Heartbreak, Hubris and Humility

**Instructor: Alonzo Wind**

**Thursday, 2:00 PM – 3:30 PM**

**Apr 13 - May 4**

**4 Sessions**

**Location: Zoom**

**Maximum 30 participants**

Claims of radical extremism, populist outcries, spasms of deadly violence followed by rapid rebuilding: these are the touchstones of life in Palestine, particularly for the 2.5 million people living in the Gaza Strip, isolated by a 15-year blockade. Since the Oslo accords of the 1990s, Palestine has received a significant amount of humanitarian assistance and foreign aid, but it has been shaped, scaled down and radically altered by US government rules and restrictive laws. The "Two-State Solution" seems as unlikely as ever, there are fears of a new Intifada and the United Nations once again rebukes Israel for "creating an apartheid regime."

The instructor, an American with a Jewish background residing in Gaza and East Jerusalem, will offer an unusual perspective building upon last spring's course on "Overcoming Foreign Aid Fads and Fancy." This time around, we will explore key ideas, concepts and debates in the conundrum of Palestine and the Gaza Strip; consider the consequences of a back-burner approach; and weigh the value and meaning of humanitarian assistance and international development in this troubled environment. Topics will include:

- A brief history of humanitarian assistance

and international development policy and architecture

- Corruption, accountability and impact, as well as the “No-Contact Policy” with respect to Designated Terrorist Organizations
- Public-private partnerships and enterprise-driven development
- Critiques and national security implications.

**Allan J. “Alonzo” Wind** is a retired senior foreign service officer of the US Agency for International Development who completed assignments in Peru, Nicaragua, Angola, Nigeria, Iraq, Afghanistan and South Africa. Before that, he worked for several non-governmental organizations (NGOs) in Ecuador, Bolivia, Dominican Republic and the UK. He began his career as a Peace Corps volunteer in public health in Ecuador. He is a graduate of the University of Chicago and serves on the boards of several NGOs. Since March 2022, he has resided in Gaza and East Jerusalem.

## 4036.41 Freedom in the U.S. and Around the World

**Instructor: James Grefer**

**Friday, 1:00 PM – 2:30 PM**

**Mar 10 - Mar 31**

**4 Sessions**

**Location: GMU**

**Maximum 45 participants**

Many countries claim to be free. But few have made freedom as big a part of their story as has the U.S. Our very founding was based on freedom; our founding documents and songs tell us we are the land of the free. But what do we mean by freedom? As we have seen in recent years, with the 2007 financial crises, the 2020 COVID pandemic and today’s debates about the future of democracy, there are myriad viewpoints about freedom. How free is the U.S.? Are we freer than we used to be? Are we freer than most other countries? What makes one country free and another not free?

In this course, we will explore the history of freedom in America, from an economic history perspective and over a variety of ideological,

philosophical and political points of view. We will do a comparative analysis of freedom around the world. We will explore the relationship between democracy and freedom, between rule of law and freedom, between government size and freedom, and more. From studies of American history and government and analysis of international data on freedom, democracy and rule of law from countries all over the world, we will delve into the nature of freedom and explore and discover factors that make us more, or less, free.

**Jim Grefer** is retired from a career in economic research of the infrastructure, logistics, resources and labor markets for the U.S. Navy. An economist by vocation, he is a philosopher and historian by avocation. He will combine the two in ways to make the course interesting and provocative.

## 4037.41 International Tax Policy: Do Multinationals Pay Their Fair Share?

**Instructor: Andy Pike**

**Tuesday, 2:00 PM – 3:30 PM**

**Mar 14 - Apr 25 (No class Apr 4)**

**6 Sessions**

**Location: Zoom**

**Maximum 35 participants**

Have you ever wondered why many large U.S. companies have extremely high profits but seem to pay so little in taxes? This course will provide answers and insights. The course will give an overview of the taxation of multinational businesses. Our aim is to understand the “big picture,” illustrated with numerous amusing – and some think outrageous – examples. You are not expected to have a technical background in, or understanding of, tax issues. We will avoid getting immersed in technicalities.

The course will:

- Start with a brief examination of how the United States taxes domestic corporations.
- Consider how the United States taxes income earned outside of the country.
- Look at different models that other countries use to tax corporations doing business within their borders.

- Illustrate different ways that the world's countries prevent the same income from being taxed in multiple countries.
- Peer under the hood to see how multinational corporations have used different strategies to avoid paying their "fair share" of taxes – anywhere.
- Conclude with a discussion of the recent proposal by the Organization for Economic Cooperation and Development (OECD) to prevent worldwide tax avoidance by multinationals operating in the world's advanced economies.

**Andy Pike** is professor emeritus at American University's Law School. He taught a variety of tax courses for more than 30 years. Previously, he worked on legislative and regulatory matters for the United States Department of the Treasury, the Internal Revenue Service and the Congressional Joint Committee on Taxation. He also advised Ukraine, Kazakhstan, the Kyrgyz Republic and Russia on the reform of their tax laws and systems of tax administration. He has published law review articles in the leading tax law reviews.

### 4038.41 Peaceniks: Dissenters to the Rush to War

Instructor: **Arthur Amchan**

**Wednesday, 2:00 PM – 3:30 PM**

**Mar 8 - Apr 26 (No class Mar 15, Mar 29, Apr 12, and Apr 19)**

**4 Sessions**

**Location: Hybrid**

**Maximum 35 participants virtual / 35 participants in-person**

This class tells the story of several U. S. senators who took unpopular stands against American military action. In reverse chronological order:

- World War I: Robert La Follette Sr., George Norris and James K. Vardaman. The latter was a despicable racist who bravely committed political suicide.

We will discuss these politicians' careers generally, the atmospheres in which they took their anti-war stands and the personality quirks that inclined them to take unpopular stands. Before World War II, Nebraska Senator George Norris became the only U.S. senator to vote on war resolutions in 1917 and 1941. He broke ranks with many of his World War I compatriots when it came to confronting Hitler. We will also discuss how and why military actions that were popular in their time became less so with the passage of time.

*Recommended Reading:* Related books written by the instructor: *The Peaceniks: The Thankless Job of Trying to Keep America Out of War and Killed in Action: The Life and Times of SP4 Stephen Warner, Draftee, Journalist and Anti-war Activist* (about the last years of the Vietnam War as documented by the letters and notebooks of an anti-war activist who was drafted and killed there). Discounted copies may be purchased through the author.

**Arthur Amchan** is a lawyer/administrative law judge by profession, but reading about history is his primary hobby (other than bike-riding). He graduated from Wakefield High School in Arlington in 1963; graduated magna cum laude from Miami University, Oxford, Ohio, in 1967; and received a JD degree from Harvard Law School in 1972. In 1969, two-thirds of the way through law school, he was drafted into the army and served one year in Saigon with the Army Procurement Agency.

- Iraq: Arlington's own Paul Wellstone of Minnesota, a 1962 graduate of Yorktown High School.
- Vietnam: Wayne Morse and Ernest Gruening (the only two senators who voted against the 1964 Tonkin Gulf Resolution), George McGovern and Frank Church.

## Law, Politics & Public Affairs *continued*

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### 4039.41 The War in Ukraine: Some Significant Global Impacts

Instructor: Richard Kauzlarich

Wednesday, 10:00 AM – 11:30 AM

Apr 12 - May 3

4 Sessions

Location: Hybrid

Maximum 65 participants virtual / 65 participants in-person

February 24, 2023, will mark the first anniversary of Putin's invasion of Ukraine. There are no crystal balls to tell us what the world will look like, but we can confidently say that the attack on Ukraine will result in a fundamentally different geopolitical setting for the United States and Russia in 2023 and the years ahead. There will be consequences in other regions where U.S. and Russia's geopolitical interests collide. Without trying to predict the outcome, it is crucial to see how the disruptions caused by the war in Ukraine have affected the possibility of conflict or cooperation in adjacent

areas. We also will consider the role an expanded NATO will play and how Russia's disruptions affect energy security and the quest for clean energy.

The four sessions will delve into these issues, looking particularly at the South Caucasus, the Balkans, Iran, and the Arctic.

**Richard Kauzlarich** is a distinguished visiting professor at the Schar School of Policy and Government at George Mason University. He also serves as co-director of the Center for Energy Science and Policy. He teaches courses on the geopolitics of energy security, the theory and practice of public policy, and policy communication for executive leadership. He served as U.S. Ambassador to Bosnia and Herzegovina from 1997 to 1999 and Azerbaijan from 1994 to 1997. He was deputy assistant secretary of state for European Affairs from 1991 to 1993.

## Literature and Writing

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### 5003.41 The Novella: Here We Go Again

Instructor: Iska Alter

Friday, 2:00 PM – 3:30 PM

Mar 3 - Apr 7

6 Sessions

Location: GMU

Maximum 45 participants

In our six weeks together, we will return once more to that curious, even anomalous literary genre, the novella, a narrative form that seems neither fish nor fowl as it attempts to tell a story. Not expansive enough to be a novel, yet longer than ordinary short fiction, this peculiar model of tale-telling is now undergoing a resurgence of interest among authors and readers alike. We will examine what this story form does and how it works. What kinds of fictive accounts can it tell?

To uncover some of these answers, we will be reading the following texts:

Charles Dickens, *A Christmas Carol* (yes, it is off season, and yes, it is all too familiar, but how many of you have actually read it?)

Franz Kafka, *In the Penal Colony*

Stefan Zweig, *The Chess Game* (aka *The Royal Game*)

Edith Wharton, *Madame de Treymes*

Claire Keegan, *Foster*

*Recommended Reading:* *A Christmas Carol*, Charles Dickens; *In the Penal Colony*, Franz Kafka; *The Chess Game* (aka *The Royal Game*), Stefan Zweig; *Madame de Treymes*, Edith Wharton; *Foster*, Claire Keegan.

**Iska Alter** is emerita professor of English at Hofstra University. Her specializations are American literature, Shakespeare and English Renaissance drama. Her work has appeared in

*Modern Drama*, *Theater History Journal*, and *Shakespeare Survey*. She is the author of an analysis of the fiction of Bernard Malamud titled *The Good Man's Dilemma*. She earned her BA at City College of New York, an MA at the University of Wisconsin, and a PhD at New York University.

## 5004.41 Writing a Memoir

**Instructor:** Marty Suydam

**Wednesday, 10:00 AM – 11:30 AM**

**Mar 1 - Apr 5**

**6 Sessions**

**Location: Zoom**

**Maximum 20 participants**

Everyone has a story and here is your chance to tell yours — even if your offspring are the only ones who read it. Guided by Marty Suydam's book, *Writing a Memoir*, the class will be a lecture/discussion/workshop. Students will write, read their work, and gently give and receive critiques. Weekly writing practice will help students get started in memoir writing and learn to write in different styles and genres. But the course is more than that. It covers many subjects that are not covered in most memoir writing books, such as those elements that prevent writers from being able to publish. We will discuss research, organizing, story writing, copyright/permissions, and how to get published.

*Recommended Reading: Writing About Your Life: A Journey into the Past*, William Zinsser.

**Marty Suydam** has had careers in government, military and industry, in addition to working as a consultant and professor. He has published articles in *The Arlington Historical Magazine* and has written four memoir books: *Let's Go Camping*, *Writing a Memoir* (2nd ed.), *Building Memories*, and *Our Montclair Times: Growin' Up in the 1940s-1960s*, as well as two local history books.

## 5031.41 Novels of the 1890s: The Darker Side

**Instructor:** John Pfordresher

**Wednesday, 12:00 PM – 1:30 PM**

**Mar 15 - May 10 (No class Apr 5)**

**8 Sessions**

**Location: Zoom**

**Maximum 70 participants**

The 1890s were rich years for literature. In this eight-week course, we will study four classic novels from the last decade of the 19th century. All four examine the darker angles of the human condition. The course will cover:

- *The Picture of Dorian Grey* by Oscar Wilde (1890), a witty and Gothic tale of a man who watches himself grow old.
- *Tess of the D'Urbervilles* (1891), Thomas Hardy's tragic tale of a young woman victimized by Victorian mores.
- *The Spoils of Poynton* (1897), Henry James' account of the widowed Adela Gareth's struggle to hold onto her prized household possessions.
- *Heart of Darkness* (1892) by Joseph Conrad, a work widely viewed as a critique of European colonial rule in Africa.

We will explore the social and literary role of these novels.

*Recommended Reading:* Penguin editions of all four novels.

**John Pfordresher** is emeritus professor of English at Georgetown University. His most recent book is *The Secret History of Jane Eyre: How Charlotte Brontë Wrote Her Masterpiece* (2017). This will be his fourth course for Encore Learning.



## 5032.41 David Copperfield: Dicken's First Autobiographical Novel

Instructor: Jane Friedmann

Wednesday, 2:00 PM – 3:30 PM

Mar 8 - Mar 29

4 Sessions

Location: GMU

Maximum 25 participants

Of the 37 major novels the Victorian novelist Charles Dickens (1812-1870) wrote, his first autobiographical novel, *David Copperfield*, was his favorite. In this work, he explores the nature of childhood, the problem of parents, marriage, money, friendship and what he finds so funny about all of this. The four class sessions will consist of discussion and laughter.

*Recommended Reading: David Copperfield*, Penguin edition. Bring a copy to class.

**Jane Friedmann** taught English at Northern Virginia Community College for many years. She enjoys visiting England as often as possible.

## 5033.41 Cather's Death Comes for the Archbishop

Instructor: Jenny Sullivan

Tuesday, 12:00 PM – 1:30 PM

Apr 4 - May 2

5 Sessions

Location: GMU

Maximum 40 participants

Willa Cather, a native of Winchester, Virginia, and author of many renowned novels and short stories, frequently visited and loved the American Southwest in the early 20th century. She said, "I felt the story of the Catholic Church in that country was the most interesting of all its stories ... but I hadn't the remotest idea of writing about it." Then Cather, not a Catholic or even a religious person, came across a biography of Denver's first bishop and used it as a springboard for her widely hailed book, *Death Comes for the Archbishop*.

If you like good stories about people persevering

in challenging conditions and stories about the American West in the 19th century, then you will enjoy Cather's book and our look at the historical work upon which it is based.

*Recommended Reading: Death Comes for the Archbishop*, Willa Cather. (I personally will be using the 1993 Modern Library edition.)

*Independent Reading: Life of the Right Reverend Joseph P. Machebeuf*, W.J. Howlett.

**Jenny Sullivan** had a long career teaching literature and composition, primarily at Northern Virginia Community College. She has enjoyed speaking at professional conferences and writing essays for professional journals and in-house publications. She has also written four books: two academic texts, a novel, and a children's book in verse.

## 5034.41 American Women Writers 1890-1920

Instructor: Janet Auten

Friday, 10:00 AM – 11:30 AM

Apr 14 - May 12

5 Sessions

Location: Zoom

Maximum 35 participants

At the turn of the 20th century, American women were a dominant force in literature, with such authors as Edith Wharton (fiction about New York City society) and Willa Cather (stories and novels set in her native Nebraska) winning Pulitzer Prizes. Women were also writing about the home front in World War I. But the new century brought new voices, new landscapes and new perspectives: Sui Sin Far's tales of Chinese immigrants, Edna Ferber's fiction about working women and Mary Austin's stories set in the American Southwest. Mary Antin wrote about her Russian-Jewish immigrant experience, and Zitkala-Ša told tales from her Sioux heritage. *Avant garde* poets like Amy Lowell and Gertrude Stein made experimental art. Pauline Hopkins, an influential African American magazine editor, was a prolific author as well. Susan Glaspell (another Pulitzer Prize winner) wrote plays and short

stories such as “A Jury of Her Peers” based on her best-known play *Trifles*, which spoke to the growing sense of a female-male cultural conflict.

This course will begin with the era of the New Woman in the 1890s and end in 1920, as women are given the right to vote. We will look at fiction and poetry of the new century and through the tumultuous time of the First World War I and the flu pandemic, including works from the anthologies listed below.

In this virtual class, the instructor will encourage sharing via chat, and each session will include time at the end set aside for discussion.

*Recommended Readings: The Vintage Book of American Women Writers*, Elaine Showalter, ed.; *Short Story Masterpieces by American Women Writers*, Clarence Strowbridge, ed.

**Janet Auten** taught literature and composition courses and directed the Writing Center during 25 years at American University. She also developed and taught a course for the Women’s Studies Program called “Women’s Voices Through Time.” She holds a PhD in rhetoric/composition and American literature and an MA in journalism. Her publications include articles on 19th century women writers.

## 5035.41 Great Bible Stories for the Silver Screen

Instructor: **Stephen Ruth**

**Monday, 12:00 PM – 1:30 PM**

**Apr 10 - May 1**

**4 Sessions**

**Location: Zoom**

**Maximum 45 participants**

Some may remember the famous movie portrayals of Samson by Victor Mature and Moses by Charlton Heston in thrilling stories transferred from the Bible to the silver screen. This course will cover dozens of stories that did not quite qualify for full Hollywood treatment yet are so poignant that they deserve box office status. Achsah, daughter of Caleb, boldly demanded a better dowry at great personal risk – and got it.

Elijah, all alone against the 450 priests of Baal, won his bet in a thunderous, winner-take-all scene. In *Acts of the Apostles*, Paul works an amazing miracle in Malta. In a death-defying moment, Queen Esther risks everything as she challenges the evil Haman. Nearing the end of his life, King David is warned that his son Adonijah has already superseded him as king. Can he turn things around? In the *Book of Judges*, the great Deborah sees her people about to be conquered. What can a woman do? Hollywood likes happy endings and, surprisingly, the *Book of Job* ends joyfully. There are so many more, lesser-known but fascinating accounts like these in both the Old and New Testaments, each fully capable of entertaining theater audiences today. Of course, we will also cover several stories of Jesus that have particularly powerful cinematic values.

If you have an interest in the *Bible* and also like movies, consider this course.

**Stephen Ruth** is a professor of public policy at the Schar School of Policy and Government and director of the International Center for Applied Studies in Information Technology. He is the author of *One Year Trip Through the Bible: A Layman’s Fresh View of the Complete Old and New Testaments*, which examines 73 books of the Hebrew Tanakh and the New Testament.

## 5036.41 Shakespeare: History and Tragedy

Instructor: **Michael Collins**

**Thursday, 10:00 AM – 11:30 AM**

**Mar 9 - May 11 (No Class Mar 16, Mar 30, Apr 6, and Apr 20)**

**6 Sessions**

**Location: Zoom**

**Maximum 50 participants**

We will read and discuss two of Shakespeare’s most popular plays — *Henry IV, Part 1*, and *Hamlet*. We shall first consider *Henry IV, Part 1*, to understand how Shakespeare used history to create engaging and entertaining plays that, at the same time, addressed political questions of his era (and ours). We shall also look briefly at the other three history plays that are part of

## Literature and Writing *continued*

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the story Shakespeare tells. We will then discuss *Hamlet* from three interrelated points of view, considering (a) the differing versions of each play, (b) the way in which significant moments in the play might be acted on the stage, and (c) what the play — for all its complexity and indeterminacy, for all our inability to agree on its ultimate meaning — might say about the human condition. We will devote three 90-minute classes to each play.

Participants will be encouraged to read a modern edition of each play carefully. A list of recommended video productions (available online or on DVD) will also be provided. Some supplemental material will be provided for each play, and the

discussions during the class will at times be illustrated with video clips of relevant scenes.

**Michael Collins** is teaching professor of English and dean emeritus at Georgetown University. He is editor of *Shakespeare's Sweet Thunder: Essays on the Early Comedies* (1997), *Reading What's There: Essays on Shakespeare in Honor of Stephen Booth* (2014), and (with Michael Scott) *Christian Shakespeare: Question Mark* (2022). He has published numerous essays on Shakespeare and regularly reviews productions for *Shakespeare Bulletin*. He has taught courses for secondary school teachers at the Folger Shakespeare Library and Shakespeare's Globe in London. He received the Bunn Award for teaching.

## Science & Technology

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### 6004.41 Information Technology Safety and Ethics

**Instructor: David Bain**

**Thursday, 12:00 PM – 1:30 PM**

**Apr 13 - May 18**

**6 Sessions**

**Location: Zoom**

**Maximum 45 participants**

The expansion of information technology can be overwhelming and confusing. In this course, we will discuss (in true participatory fashion) the impacts of the latest information technologies and the frameworks through which we may understand and qualify their risks and risk mitigations. Beyond sharing useful and interesting developments, the course aims to share the mindset and strategies for safe, ethical use of technologies, including some of those used in everyday life.

Session 1: History of the impact of technology and risk management; rubrics for discussing the impact of technology on people, society and nature; wireless communications, smartphones and apps.

Session 2: Autonomous Vehicles/Drones

Session 3: Blockchain and Distributed Ledgers

Session 4: Quantum Information Technologies

Session 5: Artificial Intelligence

Session 6: Course Review Discussion and Voting for Champions of Technology Integrity

**David Bain** is a former tech entrepreneur currently serving with two nonprofits: the Technology Integrity Council (for safe and ethical use of technology) and the International Committee for IT Standards. He is passionate about the impact of technology on people, society and nature.

## 6005.41 Spring in Arlington Parks

Instructor: Multiple

Session 1: Monday, 10:00 AM – 11:30 AM, Apr 17 - May 15

Session 2: Wednesday, 10:00 AM – 11:30 AM, Apr 19 - May 17

5 Classes per Session

Location: Offsite

Maximum 20 participants per session

Enjoy spring with a nature blast! Learn, walk, do, savor. This course, to be offered as a Monday or a Wednesday series, will offer a seasonal view of Arlington nature focusing on its flora, fauna and birds. Take a look at how our area changes with the seasons and enjoy the richness. Sessions will be held in various locations. Dress for the weather.

4/17 and 4/19: Participants will be introduced to the local biodiversity found in the spring in Arlington parks. We will discuss the educational, environmental and health benefits that natural areas provide and will also consider some challenges to managing natural resources in an urban area. Meet at Gulf Branch Nature Center, 3608 Military Rd., Arlington. Parking is limited at the center so consider parking on Military or 26th Rd. N.

4/24 and 4/26: Issues Facing the Arlington Watershed: Learn about challenges facing Arlington's streams, such as storm water runoff and flooding, and how the county is addressing them. Learn what you can do to protect water quality. Meet at the entrance on the playground side of Lubber Run Community Center, 300 N. Park Dr., Arlington.

5/01 and 5/03: This session will cover the problem of invasive, non-native plants in our parks and what can be done in the spring to stop their spread and manage those that have already become established. Meet at the far end of Giant Food parking lot at Lyon Village shopping center, 3150 Langston Blvd., Arlington, then we will walk to Thrifton Hill Park. Bring gloves if you want to remove invasives after class.

5/08 and 5/10: Spring is the peak time to

observe many species of birds as they migrate north from their breeding grounds in Central and South America. Learn to identify different species by sight and sound and find out about apps on your phone that can help you identify birds when you are on your own. Bring binoculars if you have them. Meet at Fort C. F. Smith, 2411 24th Street N, Arlington.

5/15 and 5/17: Arlington's 33 miles of perennial streams are an important part of the beginnings and development of the county. As in most urban areas, streams and creeks appear very different than in the past. The old natural water conduits have been relocated, piped underground, siphoned off for irrigation or disappeared. The session will provide a spring overview with a focus on Four Mile Run. Meet at 3700 Commonwealth Avenue, Alexandria, which is a parking area between two baseball fields.

*Recommended Readings:*

4/24/2023- <https://www.arlingtonva.us/Government/Programs/Sustainability-and-Environment/Stormwater>

5/8/2023- Cornell Lab of Ornithology: free Merlin and Ebird apps, AllAboutBirds site; <https://www.audubon.org/gear/binocular-guide>

**Ken Rosenthal** is a park naturalist at Gulf Branch Nature Center and Park in Arlington. Previously, he was a naturalist in Cleveland, OH; Evansville, IN; Golden, CO.; and Reston, VA. Ken earned certification as an interpretive guide through the National Association for Interpretation. In his spare time, he enjoys birding, although he finds that insects and herps (herpetofauna, better known as amphibians and reptiles) distract his focus.

**Aileen Winquist** has 20 years of experience in environmental communications and engagement. She has a master's degree in environmental science from the University of Virginia. She manages engagement for Arlington's storm water program and pond restoration projects, storm system capacity projects and green streets. She also manages outreach and education on water pollution, flood resilience and stream volunteer programs.

**Jennifer Soles** is a natural resources specialist in Arlington's Department of Parks and Recreation, where she coordinates the Invasive Plants Program. She has been with the county for over a decade and was formerly a naturalist leading environmental education programs and invasive removal events at Arlington's nature centers. She has a degree in environmental science from the University of Virginia.

**Colt Gregory**, a member of the Audubon Society of Northern Virginia and Northern Virginia Bird Club, is an Arlington Regional Master Naturalist since 2017 and served on the Training Committee. He co-leads the weekly Sunday bird walks for the National Park Service at Great Falls and leads a sector in our area's Christmas bird count. He is often seen pulling invasive plants to restore bird habitat and balance in our local parks where he would like to see more common yellow-throated warblers.

**Kurt Moser** is co-founder and president of the Four Mile Run Conservatory Foundation, an organization that promotes nature, culture, and community at lower Four Mile Run in Alexandria and Arlington, and an independent researcher/ecologist. He currently serves on the boards of the Northern Virginia Conservation Trust and NoVA Outside and is co-chair of Alexandria's Open Space Steering Committee. He has a master's degree in environmental science and policy from George Mason University, where his thesis and publications focused on ecosystem function in natural and mitigation wetlands.

## 6024.41 Electric Vehicles: The Future is Now!

**Instructor:** Barry Ginsberg

**Thursday, 10:00 AM – 11:30 AM**

**Mar 2 - Mar 30**

**5 Sessions**

**Location: GMU**

**Maximum 45 participants**

Sustainability experts say driving an electric vehicle (EV) is one of the best steps we can take to help reduce our carbon footprint. Auto manufacturers are gearing up to convert manufacturing plants to produce EVs rather than

gasoline-powered ones. Naturally such a dramatic change in the market for a new means of transportation raises questions. This course will compare internal combustion automobiles with electric vehicles and examine engines and batteries, driving range, efficiency, and new safety and self-driving features. In addition, we will discuss where and how EV owners can charge vehicles; how to use your EV to meet power needs in your home; and the realities of the burgeoning EV market, including features, pricing, government incentives, and availability.

**Barry H. Ginsberg** developed a strong personal interest in electric vehicles during the pandemic and spent hundreds of hours learning about them. He is a MD with a PhD in molecular biology, trained at the Albert Einstein College of Medicine, Harvard and the NIH. He was a professor of medicine at the University of Iowa College of Medicine and a VP of Worldwide Medical Affairs for Becton Dickinson. He has been consulting on diabetes technology for 15 years.

## 6025.41 A History of Computers

**Instructor:** Leslie Tierstein

**Thursday, 12:00 PM – 1:30 PM**

**Mar 2 - Mar 23**

**4 Sessions**

**Location: Zoom**

**Maximum 50 participants**

The course will offer an overview of the history of computers, with a very broad definition of "computer" encompassing how we all use electronic devices today. The instructor will introduce technical terms and concepts, emphasizing how they currently affect, and will affect, the everyday life of non-techies. Topics are divided roughly into four sessions.

### **1. The birth of the electronic computer and programming:**

Computer predecessors and the first computer application and the hardware it ran on (the Electronic Numerical Integrator and Computer or ENIAC).


Two individuals whose achievements are paramount are Alan Turing (for artificial intelligence and "The Turing Test") and Grace Hopper (for programming).

**2. Mainframes and mini-computers:** The commercialization of computers and the realization that there was a market for them. This market was bigger than originally envisioned but still limited to corporations and universities with considerable amounts of money, space and resources. Networking became critical, as well as hardware and software issues that we are familiar with today including security, user interfaces and storage.

**3. PCs and laptops:** The computer became a consumer option, first to techno-nerds who did not mind assembling and debugging (see the TRS-80 microcomputer launched in 1977 and sold by Tandy Corporation through Radio Shack); then to others both for personal and corporate use. Here is where the field will start to become familiar to most of us. We will review software, the proliferation of early attempts at artificial intelligence; Natural Language Processing; local and wide-area networking; gaming; personal identification, browsers and other topics.

**4. The Internet and the IoT (Internet of Things):** We now have computerized intelligence all over the house and the car and the road and ... you get the idea. Are these things a "computer"? Strictly speaking, they are not. However, when hooked together over a network with connected input and output devices, they certainly act like one.

**Leslie Tierstein** has worked in computer technology for several multinational companies. Her duties have included delivering computer-based training to audiences in Europe, Australia, Asia and North America; developing computer-programming languages and "low-code" development environments; and implementing ITMS (IT Management Services) and logistics applications. She served as the technical editor of several books on computer programming and methodologies.

 6026.41 Science, Data and Data Science  
Instructor: Michael Stutts

Wednesday, 12:00 PM – 1:30 PM  
Apr 5 - May 3 (No class Apr 19)  
4 Sessions  
Location: GMU  
Maximum 65 participants

This course aims to help participants become more informed and discerning consumers of the results of scientific and other data-driven studies with which the media bombards us, particularly since the onset of the Covid pandemic. The instructor is neither a mathematician nor a statistician – there will be no equations! – but a retired academic clinical psychologist trained in the "scientist-practitioner" model. He has directed a dozen doctoral dissertations and conducted his own research. Participants will gain a working knowledge of the scientific method, terms and techniques associated with data analysis, and an understanding that things can sometimes go awry. They will emerge with the healthy skepticism at the core of good science.

The lecture topics are as follows:

- **The Scientific Method and Process:** a look at hypothesis development and testing that is the foundation of scientific inquiry and study.
- **Data and Statistics:** an overview of basic statistical concepts and terms.
- **Data Analysis:** a discussion of how scientific data is analyzed, interpreted and presented.
- **When Science Gets It Wrong:** examples of how bias, human error and other pitfalls can lead to erroneous findings and conclusions and inaccurate decision-making. We will discuss the Nobel-winning work of psychologist Daniel Kahneman and his colleague, the late Amos Tversky, in behavioral economics.

*Recommended Reading: Pitfalls in Human Research: Ten Pivotal Points, Theodore Barber; The Structure of Scientific Revolutions, Thomas Kuhn; The Undoing Project: A Friendship that Changed Our Minds, Michael Lewis.*

**Mike Stutts**, a neuropsychologist, retired as professor emeritus after more than 30 years on the faculty of Eastern Virginia Medical School. He is a fellow of the National Academy of

Neuropsychology and the Virginia Academy of Clinical Psychologists, and he serves on the editorial review board of the *journal Perceptual and Motor Skills*.

## Social Sciences

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### 7020.41 Reason, Mysticism and Faith: The Epistemology of Religious Experience

**Instructor:** Emmett Holman

**Wednesday, 12:00 PM – 1:30 PM**

**Mar 8 - May 3 (No class Apr 5)**

**8 Sessions**

**Location:** GMU

**Maximum 35 participants**

Religious belief is not held in high repute nowadays in the scientific community in particular or the intellectual community in general. For example, a survey taken several times throughout the 20th century consistently showed that only 40 percent of American scientists believe in a personal God, and there are no indications that things have changed since the turn of the century. Anecdotal evidence suggests that comparable figures hold for other intellectuals. Still, there are two ways one might argue that the religious skeptics have underestimated the epistemic credentials of religious belief: (1) the way of natural religion, according to which religious belief can be validated using the same kind of evidence from the natural world and the same kind of reasoning that the sciences use; and (2) the way of a special religious way of knowing, according to which we have a special cognitive faculty (or faculties) different from that used by the natural sciences, which gives us access to religious/spiritual knowledge.

In this course, we will examine the pros and cons of the second strategy, drawing from readings from a variety of religious and philosophical figures (e.g., Tertullian, William James, Alvin Plantinga).

**Emmett Holman** earned a BS in physics from Penn State University and a PhD in philosophy from the University of Maryland. He taught

philosophy at George Mason University for 45 years and retired in 2016 with emeritus status. While at GMU, he taught courses in various subjects, including the history of the sometimes vexed relationship between science and religion in the modern age. He has published numerous articles on epistemology, metaphysics and philosophy of science.

### 7024.41 Personality's Strange Bedfellows: Freud, Hitchcock, Frankl, JFK, Clark Griswold, and Others

**Instructor:** Janice McLean

**Tuesday, 12:00 PM – 1:30 PM**

**Mar 7 - Apr 18 (No class Mar 21)**

**6 Sessions**

**Location:** GMU

**Maximum 65 participants**

Was Freud a genius, a pervert, psychotic? Regardless of prevailing views, Freud's theory of personality endures. This class will look at its real-world demonstrations in the famous, infamous and ourselves. We will explore Alfred Hitchcock's obsession with Freud along with his own "the child is the father of the man" experiences that made him the master of films involving repressed memories, sexual urges and rage. We will also learn why Freud banished Alfred Adler and Carl Jung from his orbit, and how their theories led to outcomes as diverse as Alcoholics Anonymous and world peace-making. Topics will include the impact of our culture, genes, chemistry, locale, family structure and multiple other factors (think being the best-looking or heaviest or smartest kid in middle school). After assessing your scores on "The Big 5" personality profile, you will also consider other personal influences that make you "you." Finally, we will consider

the Holocaust-era humanists' influence on research in optimism, kindness, workplace practices and the search for meaning (think endless "Be Kind" retail paraphernalia and the younger generation's new focus on work-family balance.) By the end of the course, you will develop your own view of Freud and other personality theorists, but I predict that one conclusion will be "fascinating."

**Janice McLean**, PhD, is a retired clinical psychologist who taught at Ohio State University for 20 years. She practiced for 35 years in multiple settings with a cognitive-behavioral orientation. She is co-author of *Phobics and Other Panic Victims: A Guide for Those Who Help Them* and a contributor to *The Successful Medical Student and The Counseling Sourcebook*.

### 7025.41 Getting Along: Understanding Ourselves and Others

**Instructor:** Kate McCauley

**Friday, 12:00 PM – 2:00 PM**

**Mar 24 - Apr 28 (No class Apr 7)**

**5 Sessions**

**Location: GMU**

**Maximum 30 participants**

An African proverb says, "If you want to go fast, go alone. If you want to go far, go together."

Did you know:

- Medical research consistently identifies two keys to longevity: deep connections and a life with purpose and meaning. Healthy relationships are fundamental to both.
- Living in healthy relationships requires a series of skills that anyone can develop.
- Healthy relationships help bring meaning to life. They are, in fact, the secret to happiness.

This class will explore the ways that we are the same and different from others. We will consider how to apply that understanding to practical ways to engage with the people we encounter in our lives.

**Kate McCauley** has been teaching for more than 30 years. Early in her career, she taught at the elementary, middle and high school levels. From 1994 to 2017, she taught psychology at Marymount University. In 2013, she began teaching a course called Relationship Health at George Mason University. She has taught two other relationship-related courses for Encore Learning.

### 7026.41 Our Local Melting Pot - Immigration Stories

**Instructor:** Lloyd Wolf

**Tuesday, 2:00 PM – 3:30 PM**

**Mar 7 - Mar 28**

**4 Sessions**

**Location: GMU**

**Maximum 25 participants**

The Washington Metropolitan Area is home to thousands of immigrants from around the world. Immigrants have formed strong communities that preserve cultures left behind within local jurisdictions. In Arlington County's public schools, 19 percent of students come from homes in which neither English nor Spanish is the first language. Arlington's Columbia Pike neighborhood is one of America's most ethnically diverse areas, with families who hail from South American, Central American, European, Asian and African countries. Since 2006 the Columbia Pike Documentary Project has collected and shared oral histories and photos of Arlington immigrants.

In this course the instructor will share material collected by his documentary team and introduce representatives of several immigrant communities who will share first-person accounts of why they came to the United States, what brought them to our local area, and how life here compares with life in their native countries. Participants will learn how they celebrate their native cultures, what challenges they face as residents in our community, and what life in our community is like for them.

*Recommended Reading: Transitions and Living Diversity* by the instructor.



**Lloyd Wolf** is a commercial and editorial photographer and leader of the Columbia Pike Documentary Project, which, since 2006, has collected photos and stories about the ethnically diverse neighborhoods surrounding Arlington's Columbia Pike. He has taught photography at Northern Virginia Community College, George Mason University, Shepherd College, Arlington Public Schools, the National Cathedral School and American University. He is the author of five books of photography and a recipient of grants from the National Endowment for the Arts and Virginia Humanities.

### 7027.41 Parks in the City: Great New Urban Greenery

Instructor: **Peter Harnik**

**Thursday, 12:00 PM – 1:30 PM**

**Mar 9 - Mar 30**

**4 Sessions**

**Location: GMU**

**Maximum 40 participants**

Even though it is the national park that guards and celebrates the great landscapes and stories of the nation, it is the city park where we spend most of our park time - toddling as babies, competing as children, hanging out as teens, courting, bringing families, taking visitors, and sitting on benches when exhausted. We go to them, walk through them, play in them, dream of them. And the greatest parks, from Golden Gate Park in San Francisco to Forest Park in St. Louis to Fairmount Park in Philadelphia to the Common in Boston become the very symbols of their cities. Since most city land is already spoken for, creating new urban parks is not easy. But it can and is being done through innovative thinking and bold redevelopment, even in crowded places like Seattle, Chicago, Atlanta, New York, and - yes - Arlington.

This course looks at a wide array of new parks including decks over highways, community gardens, rail-trails, parks built on old landfills, parks sharing land with storm water ponds, schoolyard parks, even cemeteries-as-parks and rooftop public gardens. The course will cover not only

the physical development of the parks but also the behind-the-scenes coalition-building and often intense politics undergirding the successful (and the instructively unsuccessful) campaigns. The course will reference many different American cities and look specifically at possibilities for creating new city parks in Arlington and the Washington area.

*Recommended Reading: Urban Green: Innovative Parks for Resurgent Cities*, Peter Harnik

*The Humane Metropolis: People and Nature in the 21st Century City*, Rutherford Platt, ed.

*Recommended Websites:*

<https://pops.arlingtonparks.us/#2>

<http://arlingtonparks.us/psmp/main/mobile/index.html>

**Peter Harnik** is an environmental activist, urban enthusiast and writer. He founded and directed the Center for City Park Excellence at the Trust for Public Land until his retirement in 2016. Before that, he cofounded and served as vice president of the Rails-to-Trails Conservancy. His books include *Inside City Parks*, *Urban Green: Innovative Parks for Resurgent Cities* and, most recently, *From Rails to Trails*. He lives in Arlington.